

CONTINUING
STUDIES@UVIC

Calendar

SEPT - DEC 2022

Find your
UNIQUE
Perspective

See course and program
listings inside



University
of Victoria

continuingstudies.uvic.ca/calendar

CONTINUING STUDIES@UVIC

Find your unique perspective

It's never too late to set your sights on learning something new. The world is full of opportunities for you to grow as an individual and achieve your goals. No matter where you are in life, the pursuit of knowledge can be rewarding, valuable and eye opening.

At Continuing Studies at the University of Victoria, we offer an ever-evolving selection of courses and programs each term, exploring the latest in a wide range of topics, taught in small class and online learning environments. Find your unique perspective this fall and start envisioning what your future could look like.

STAY CONNECTED



/uviccontinuingstudies



/ContinuingstudiesCa

Find the calendar online!

The calendar is available online in an interactive format—nothing to download, just flip the pages and click on a course title to register.

continuingstudies.uvic.ca/calendar



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Introducing our new topics

At Continuing Studies, we've re-grouped our topic areas to better showcase the diversity of our offerings and to help you find what you're looking for quicker. For a full breakdown, visit the website.

continuingstudies.uvic.ca/topics



ARTS

Through the arts, you can see the world from a different perspective. Learn how the great masterpieces of painting, photography, music, theatre and literature were created, or start working on a masterpiece of your own.



BUSINESS AND MANAGEMENT

Courses designed to help you learn the most current business and management practices and technologies, so you can set yourself up for personal and professional success.



DATA, COMPUTING AND TECHNOLOGY

These days, to succeed in almost any profession you need to know how to use and manage technologies. From data analytics to computing and technology skills, we can help guide you.



HEALTH, WELLNESS AND SAFETY

Enhance your personal and professional growth with general health, wellness and safety courses, as well as professional development training for those in the industry.



HUMANITIES AND SOCIAL SCIENCES

Continue to shape your view of our changing world and better understand the big questions in life. Learn about the origins of civilizations, politics, philosophy and human behaviour.



LANGUAGES

Experience what the world has to offer by learning to speak a new language or improving your existing language skills. With multiple languages offered each term and four levels to choose from, it's easy to start building your confidence.



MUSEUMS, HERITAGE AND INDIGENOUS CULTURE

If you're passionate about celebrating diversity of culture, heritage or Indigenous languages, these practical skills training opportunities are designed just for you.



SCIENCE AND THE ENVIRONMENT

Explore the environment and the world around you. Learn how to identify birds and marine life, restore natural ecosystems, work with native plant species, and more.



TEACHING, LEARNING AND DEVELOPMENT

As an educator, you understand the value of lifelong learning. Stay up to date on the latest advances and techniques in education for both children and adults.

CONTINUING STUDIES@UVIC



Visualizing new perspectives...

Arts

ART HISTORY



NEW Canadian Women Artists: The Beaver Hall Group

In 1920, both the Group of Seven and the Beaver Hall group were formed. The Group of Seven was comprised of men only, whereas the Beaver Hall Group was primarily women artists. You will examine the lives and works of these women and trace their impact on Canadian art history. Each lecture is accompanied by abundant images of the artists' work from public and private collections.

Instructor: Kerry Mason, (MA)

Delivery style: Face to Face

Date: Thursdays, Nov. 10 to Dec. 15

Time: 1 to 3 pm

Register by: Wednesday, Nov. 2

Duration: 6 sessions

Fee: \$119 plus \$5.95 GST

Code: ASHA149 2022F C01

FOR MORE INFORMATION:

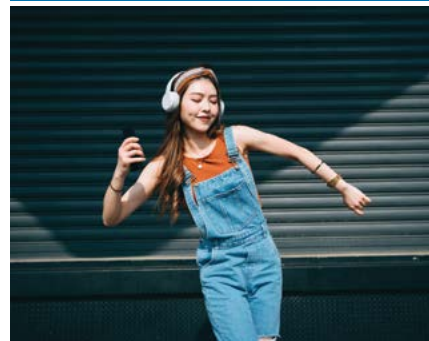
Art History

250-721-7797

lacadmin@uvic.ca

continuingstudies.uvic.ca/art-history

MUSIC



Let's Sing! Level 1

This is a course for anyone wanting to learn to sing. We will concentrate on the fundamentals of vocal technique, and work on developing good breath control and proper placement of the voice. The goal of this course is to develop a good understanding of basic vocal technique, which will, in turn, help produce a well-supported, stable voice. There will be opportunities to work on different genres of music: folk songs, ballads, art songs, as well as basic harmony through the use of canons and rounds. No previous music knowledge is required.

Instructor: Debra Laprise

Delivery style: Face to Face

Date: Wednesdays, Sept. 14 to Nov. 30

Time: 6:30 to 8 pm

Register by: Tuesday, Sept. 6

Duration: 12 sessions

Fee: \$170 plus \$8.50 GST

Code: ASMU204 2022F C01

Let's Sing! Level 2

This course follows *Let's Sing Level 1*. We will continue to build on basic vocal techniques, and we will learn how to take and support breath correctly, and use resonance to improve vocal quality. Different genres of music in solo and choral works will be explored.

Instructor: Debra Laprise

Delivery style: Face to Face

Date: Thursdays, Sept. 15 to Dec. 1

Time: 6:30 to 8 pm

Register by: Wednesday, Sept. 7

Duration: 12 sessions

Fee: \$170 plus \$8.50 GST

Code: ASMU310 2022F C01

Opera in High Definition

From the comfort of your home, enjoy getting to know opera through five spectacular works. You will learn about the background of five different works of opera. You will compare the different stagings and listen to great singers bring each role to life. A variety of opera styles will be explored including Verdi's *Sicilian Vespers*, Massenet's *Thaïs*, and Donizetti's *Roberto Devereux*. Two of the works we study will be broadcast live in Cineplex Odeon Theatres from the Metropolitan opera: Cherubini's *Medea* and a new telling of the Orpheus legend in Aucoin's *Eurydice*. So dress up or dress down, and get ready to enjoy a night in at the opera.

Instructor: Mikki Reintjes, (MMus)

Delivery style: Online Synchronous

Date: Sept. 15 to Nov. 24

Time: Thursdays, Sept. 15 and 29; Oct. 27; Nov. 10 and 24, 7 to 9 pm

Register by: Wednesday, Sept. 7

Duration: 5 sessions

Fee: \$105 plus \$5.25 GST

Code: ASMU452 2022F D01

NEW Those Who Enable Music

The work of creative and recreative musicians alike answers the call of art for art's sake. There is an inner drive that impels musicians to fashion beauty out of sound. Yet, collaboration, sponsorship, insistence and necessity often underpin musical inspiration. You will explore the stories of collaboration in the world of classical music and music making. No prior experience with music is required.

Instructor: Mary Byrne, (PhD)

This is a multi-access course where instruction is offered face to face and remotely simultaneously. Choose one of the two options below to register, depending on how you will access the class.

Delivery style: Face to Face

Date: Mondays, Sept. 19 to Nov. 14
No class Oct. 10

Time: 9:30 to 11:30 am

Register by: Sunday, Sept. 11

Duration: 8 sessions

Fee: \$150 plus \$7.50 GST

Code: ASMU468 2022F C01

Delivery style: Online Synchronous

Date: Mondays, Sept. 19 to Nov. 14
No class Oct. 10

Time: 9:30 to 11:30 am

Register by: Sunday, Sept. 11

Duration: 8 sessions

Fee: \$150 plus \$7.50 GST

Code: ASMU468 2022F D01

Music for the Soul: The Story of Gospel Music

Did you know that Elvis sold more gospel records than pop records? We will re-trace the history of gospel music from its beginnings in the Southern United States in the 1800s, to its present-day blend of soul and R&B. We'll look at artists such as Mahalia Jackson and The Dixie Hummingbirds, Sam Cooke, the Reverend Al Green and Aretha Franklin.

Instructor: John Mitchell

Delivery style: Online Synchronous

Date: Tuesdays, Sept. 20 to Oct. 25

Time: 11 am to 1 pm

Register by: Monday, Sept. 12

Duration: 6 sessions

Fee: \$119 plus \$5.95 GST

Code: ASMU457 2022F D01

The History of the Blues

You will explore the folk blues in the Mississippi Delta and in the Chicago scene of the 1950s. You will also learn about the British and Canadian blues explosions that followed. You will discover who the key women and men were who made this music an enduring part of musical culture around the world. Your instructor is a master of blues piano, and will include live demonstrations of style and repertoire.

Instructor: Jan Randall, (BMus)

Delivery style: Face to Face

Date: Wednesdays, Sept. 21 to Oct. 26

Time: 2:30 to 4:30 pm

Register by: Tuesday, Sept. 13

Duration: 6 sessions

Fee: \$119 plus \$5.95 GST

Code: ASMU449 2022F C01

NEW Beginner Guitar 1

Would you like to be able to strum a few chords at the beach with friends? Do you have a dream of becoming a shred virtuoso? Or do you really want to play in a classic rock band on the weekends? You will learn to develop the basic guitar skills to set you on the path of achieving your musical goals.

Bring your guitar to each session.

Textbook: *Simple Songs: The Easiest Easy Guitar Songbook Ever*, App: *iReal Pro*, available for ios, OSX or Android

Instructor: Patrick Walters, (BMus)

Delivery style: Face to Face

Date: Thursdays, Oct. 6 to Nov. 24

Time: 6 to 8 pm

Register by: Wednesday, Sept. 28

Duration: 8 sessions

Fee: \$150 plus \$7.50 GST

Code: ASMU469 2022F C01

Introduction to Music Theory: Level I

The aim of music theory is to understand how music works. You will be introduced to the basics of music theory through history. What is rhythm, melody, and harmony? Whether you sing or play an instrument, the enjoyment of music is enhanced when you understand the written form. If you would like to know how music is structured and how to understand it, this course is for you.

Workbook: *Music Theory, Ear Training, and History Workbook*, Ryan Nowlin and Bruce Pearson

Instructor: Debra Laprise

Delivery style: Face to Face

Date: Tuesdays, Oct. 18 to Dec. 6

Time: 6:30 to 8 pm

Register by: Monday, Oct. 10

Duration: 8 sessions

Fee: \$119 plus \$5.95 GST

Code: ASMU422 2022F C01

The 60s: Talkin' 'bout My Generation



The 60s was a decade of cultural and societal revolution, changes that have reverberated to the present day, and the soundtrack of that decade was the seed containing so much of the music that followed. Was it just because the largest demographic, the Baby Boomers, lived it and loved it or was it truly great music? We will go back and take a closer look at the different genres that dominated the music of the 60s and make our own determinations. We'll ask the question "Does art in the form of music change society or does it merely reflect the times?"

Instructor: John Mitchell

Delivery style: Online Synchronous

Date: Tuesdays, Nov. 8 to Dec. 13

Time: 11 am to 1 pm

Register by: Monday, Oct. 31

Duration: 6 sessions

Fee: \$119 plus \$5.95 GST

Code: ASMU455 2022F D01

History of Jazz Piano

In this course, we will explore the recordings and styles of history's famous artists like Diana Krall, Oscar Peterson, Mary Lou Williams, Bill Evans, Chick Corea and Marion McParland. In-class demonstrations will be conducted by instructor and pianist Jan Randall. No musical knowledge is required.

Instructor: Jan Randall, (BMus)

Delivery style: Face to Face

Date: Wednesdays, Nov. 9 to Dec. 14

Time: 2:30 to 4:30 pm

Register by: Tuesday, Nov. 1

Duration: 6 sessions

Fee: \$119 plus \$5.95 GST

Code: ASMU465 2022F C01

FOR MORE INFORMATION:

Music

250-721-7797

lacadmin@uvic.ca

continuingstudies.uvic.ca/music

PHOTOGRAPHY



Photography Plus: Understand Your Camera and Improve Your Photos

Do you love photography, but aren't always happy with your photographs? This course—for those new to photography or their camera—will cover the basics of camera use and composition, and how to improve the photographs you want to take. You'll learn how to operate your camera, take part in creative exercises, and create some new images!

Please bring your camera, which should have a manual control setting, and a notebook and pen to each class.

Instructor: Donald Denton

Delivery style: Face to Face

Date: Tuesdays, Sept. 20 to Nov. 8

Time: 6:30 to 9 pm

Register by: Monday, Sept. 12

Duration: 8 sessions

Fee: \$200 plus \$10 GST

Code: ASVA085 2022F C01

Introduction to Digital Photography



Learn how to get the best possible photographs from your digital camera and find out what all those mysterious buttons and settings really do! We'll cover topics like basic exposure theory, colour temperature of light and lens selection. Learn about visual design and composition. This is a course for the complete novice or beginners wanting to increase their understanding of digital photography.

Instructor: Tony Bounsall, (BAPA)

Delivery style: Online Hybrid

Date: Wednesdays, Sept. 21 to Oct. 26

Time: 6:30 to 9 pm

Register by: Tuesday, Sept. 13

Duration: 6 sessions

Fee: \$165 plus \$8.25 GST

Code: ASVA127 2022F D01

NEW Landscape Photography

The sea, mountain, and urban surroundings of the west coast offer amazing locations for landscape photography. No matter your skill level, challenging our techniques help us learn and create new imagery. You will develop confidence by experimenting with various camera settings. You will learn to achieve excellent exposures and sharpness. You will explore compositional elements, camera techniques, and the magic of light to capture dynamic images.

Instructor: Andrea Sirois

Delivery style: Online Hybrid

Date: Thursdays, Sept. 22 to Nov. 24

Time: 6:30 to 9 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$240 plus \$12 GST

Code: ASVA172 2022F D01

Travel and Street Photography Basics

How do I learn to overcome shyness when photographing people? Why are my landscape photos pale and lifeless? How do I select photos for Instagram or travel photo books? Pro-photographer Andrew Kielbowicz will answer those and other essential photography questions. You will also learn: what gear is best for street and travel photography; how to set up your camera for fast shooting; how to use composition rules and lighting for natural vistas or cityscapes; and how to capture the genuine emotion of people.

We will analyze masters of photography for inspiration and take a photo walk in downtown Victoria.

Please visit this course page on our website for a full list of equipment and software requirements.

Instructor: Andrew Kielbowicz

Delivery style: Face to Face

Date: Sept. 22 to Oct. 20

Time: Thursdays, Sept. 22 - Oct. 20, 6 to 8:30 pm (classroom sessions); Saturday, Oct. 1, 10:30 am to 1 pm (field trip)

Register by: Wednesday, Sept. 14

Duration: 6 sessions

Fee: \$165 plus \$8.25 GST

Code: ASVA133 2022F C01

NEW The Artful Photographer

"Think analog, act digital" is the rallying cry of this creative photography course. You will examine new methods of modulating tone, focus and composition – each which can be achieved in-camera without extensive post-editing. Creative techniques such as ICM (Intentional Camera Movement) will also be explored. After eight evenings and seven in-camera photo assignments, your eye for capturing creative images will be challenged!

Instructor: Gerry Schallié

Delivery style: Online Hybrid

Date: Thursdays, Oct. 6 to Nov. 24

Time: 7 to 9 pm

Register by: Wednesday, Sept. 28

Duration: 8 sessions

Fee: \$170 plus \$8.50 GST

Code: ASVA170 2022F D01

NEW Introduction to Adobe Lightroom for Photographers

Adobe Lightroom is the most full-featured software for photographers. It has a built-in database to help manage a very large catalog of images and incredibly sophisticated, non-destructive development tools for enhancing images. This course will provide an overview of the application and explore the efficient ways to organize and enhance images. This class will help you get the most out of your digital photos.

Please visit this course page on our website for a full list of equipment and software requirements.

Instructor: Don Craig, (BA)

Delivery style: Face to Face

Date: Mondays, Oct. 17 to Nov. 7

Time: 6 to 8 pm

Register by: Sunday, Oct. 9

Duration: 4 sessions

Fee: \$100 plus \$5 GST

Code: ASVA177 2022F C01

Image Transfer

You will learn a range of techniques to transfer your photographs onto a prepared hardboard surface. You will discover how to incorporate them into your paintings, collage or mixed media artwork. You will learn how to blend, distress and create composite images by hand. Artists, photographers and anyone interested in photo-based mixed media will find this workshop of interest. A supply list will be attached to your receipt.

Instructor: Tony Bounsall, (BAPA)

Delivery style: Online Synchronous

Date: Saturday, Oct. 22

Time: 1 to 4 pm

Register by: Friday, Oct. 14

Duration: 1 session

Fee: \$38 plus \$1.90 GST

Code: ASVA106 2022F D01

Cashing in on Your Photography

Photography is a fun and enjoyable hobby, but it can be a potential way to make money as well. Learn how your photo skills can translate into a side gig or even a full-time business. This course will outline many of the possible photo markets—art, nature, wedding/portrait, editorial and commercial/industrial—and explain how to create a business around each market. We'll discuss realistic business plans and expectations, and how to market your business using both traditional methods and social media.

Instructor: Donald Denton

Delivery style: Online Hybrid

Date: Saturdays, Nov. 5 to 19

Time: 10 am to 1 pm

Register by: Friday, Oct. 28

Duration: 3 sessions

Fee: \$110 plus \$5.50 GST

Code: ASVA140 2022F D01

Taking Great Travel Photos with Your iPhone/iPad

Your iPhone/iPad is an essential photographic tool for travel photography. This course covers which apps to use and when, how to plan your itinerary with specific photo destinations, produce stunning 360 degree panoramas and create watercolour style artwork images for cards. Learn how and where to sell your travel images, how to control perspective for architectural photos, how to create travel books for family and friends, plus much more.

Instructor: Tony Bounsall, (BAPA)

Delivery style: Online Hybrid

Date: Wednesdays, Nov. 9 to Dec. 14

Time: 6:30 to 9 pm

Register by: Tuesday, Nov. 1

Duration: 6 sessions

Fee: \$165 plus \$8.25 GST

Code: ASVA162 2022F D01

FOR MORE INFORMATION:

Photography
250-721-7797
lacadmin@uvic.ca
continuingstudies.uvic.ca/photography

THEATRE



NEW Contemporary Theatre: Reading Award-Winning Canadian Plays

You will have the opportunity to encounter some of Canada's most celebrated playwrights by reading their work aloud. You will learn to analyze each play's meaning and relevance.

Scripts are expanded by articles, videos and interviews to help illuminate the writer's work and the world in their plays. You will read plays about community, love, wisdom of elders and the relationship between art and politics. No acting experience is necessary, the lively text does the work for you.

Instructor: Rachel Ditor, (MFA)

Delivery style: Online Hybrid

Date: Tuesdays, Oct. 4 to Nov. 22

Time: 6:30 to 8:30 pm

Register by: Monday, Sept. 26

Duration: 8 sessions

Fee: \$170 plus \$8.50 GST

Code: ASTH660 2022F D01

FOR MORE INFORMATION:

Theatre
250-721-7797
lacadmin@uvic.ca
continuingstudies.uvic.ca/theatre

VISUAL ARTS



Drawing for Absolute Beginners

Have you always wanted to draw, but weren't sure where to start? In this fun, hands-on course, Victoria artist Trace Nelson will give you a working knowledge of drawing introducing a variety of different techniques and materials. Drawing from life, and from the imagination, this course will provide an opportunity for participants to use colour, line, texture and composition to explore their own creative vision. This course is designed for beginners or those who want to restart their drawing practice. A list of required materials will be explained in the first class.

Instructor: Trace Nelson, (MFA)

Delivery style: Face to Face

Date: Wednesdays, Sept. 14 to Nov. 2

Time: 6 to 8:30 pm

Register by: Tuesday, Sept. 6

Duration: 8 sessions

Fee: \$200 plus \$10 GST

Code: ASVA165 2022F C01

Introduction to Portrait Drawing with Graphite

In this introductory course, we will explore the complex topic of portrait drawing and break it down into manageable concepts. With easy-to-follow exercises, we'll examine the face in sections and focus on understanding how to get more accurate proportions, how to draw eyes, nose and mouth and how to put it all together in a well-proportioned drawing. A supply list will be attached to your receipt.

Instructor: Jeannette Sirois, (MEd)

Delivery style: Online Hybrid

Date: Saturdays, Sept. 24 to Oct. 22

Time: 9:30 am to 12:30 pm

Register by: Friday, Sept. 16

Duration: 5 sessions

Fee: \$165 plus \$8.25 GST

Code: ASVA138 2022F D01

Instructor: Jeannette Sirois, (MEd)

Delivery style: Online Hybrid

Date: Sundays, Nov. 6 to Dec. 4

Time: 9:30 am to 12:30 pm

Register by: Saturday, Oct. 29

Duration: 5 sessions

Fee: \$165 plus \$8.25 GST

Code: ASVA138 2022F D11

NEW Monoprinting with Acrylics

This class will introduce you to a painterly printing technique called monoprinting. Monotypes get their name because you make one individual print at a time, which offers a lot of opportunity for experimentation. You will learn how to incorporate mixed media such as inks, pencil crayon and collage layering in printed surfaces. Create painterly monotypes, collage papers and acrylic transfers suitable for mixed media paintings. A supply list will be attached to your receipt.

Instructor: Tony Bounsall, (BAPA)

Delivery style: Online Synchronous

Date: Saturday, Sept. 24

Time: 1 to 4 pm

Register by: Friday, Sept. 16

Duration: 1 session

Fee: \$38 plus \$1.90 GST

Code: ASVA173 2022F D01

Introduction to Collage

This course will inspire you, whether you are just discovering the medium of collage or would like to add to your knowledge and skills. We will cover different approaches to collage using colour, surface treatments, typographic elements, photographs, found objects, ephemera and image transfer. We'll also explore various media and techniques used to augment finished pieces. Each class will involve demonstrations in a relaxed, fun and creative environment. No experience is required, just your enthusiasm! A supply list will be attached to your receipt.

Instructor: Tony Bounsall, (BAPA)

Delivery style: Online Hybrid

Date: Mondays, Sept. 26 to Dec. 5

No class Oct. 10

Time: 6:30 to 9 pm

Register by: Sunday, Sept. 18

Duration: 10 sessions

Fee: \$240 plus \$12 GST

Code: ASVA056 2022F D01

NEW Designing Fabric Patterns

We will begin with a brief history of well-known design movements of the last 150 years throughout various cultures, particularly looking at England, Scandinavia and Japan. Exercises will familiarize you with continuous pattern design, colour theory and printing of textures through stencils and stamps. You will create your own patterns that can be applied to clothing, wallpaper and more.

You are welcome to use any media you wish for exercises, such as drawing materials, collage, painting, stencils, stamps or digital media.

Instructor: Karen Hibbard, (MFA)

Delivery style: Face to Face

Date: Mondays, Oct. 17 to Nov. 21

Time: 7 to 9 pm

Register by: Sunday, Oct. 9

Duration: 6 sessions

Fee: \$140 plus \$7 GST

Code: ASVA174 2022F C01

NEW Voice Of The Drum Workshop



In this online workshop you will learn how to make your own drum using the supplies provided. Well-known drum maker Darren Charlie, from the Coast Salish tribe of Sts-ails, weaves teachings and the meaning of the drum along with instruction. He explains what drums are used for, shares songs, and shows how drum-making is not just a craft, but is medicine for the people. All supplies are included. They must be picked up on campus in the week before the class.

Instructor: Darren Charlie

Delivery style: Online Synchronous

Date: Wednesday, Oct. 19

Time: 6:30 to 8:30 pm

Register by: Wednesday, Oct. 5 (no refund after this date)

Duration: 1 session

Fee: \$109.50 plus \$5.48 GST (includes materials) Optional \$10 fee for supplies to be mailed.

Code: ASVA176 2022F D01

Watercolour for Beginners Workshop

This course introduces novice painters to watercolour painting. You will learn everything from the correct side of the paper to use, to how to hold a brush, how to clean your brushes, how to mix pigments together to create an abundance of colour choices, and washes. Expect to have fun and learn through still-life and abstract painting! A supply list will be attached to your receipt.

Instructor: Joanne Thomson, (MAEd)

Delivery style: Face to Face

Date: Oct. 21 to 23

Time: Friday Oct. 21, 7 to 9 pm;
Saturday Oct. 22, 9 am to 4 pm;
and Sunday Oct. 23, 1 to 5 pm.

Register by: Thursday, Oct. 13

Duration: 3 sessions

Fee: \$160 plus \$8 GST

Code: ASVA019 2022F W01

Instructor: Joanne Thomson, (MAEd)

Delivery style: Face to Face

Date: Nov. 18 to 20

Time: Friday Nov. 18, 7 to 9 pm;
Saturday Nov. 19, 9 am to 4 pm;
and Sunday Nov. 20, 1 to 5 pm.

Register by: Thursday, Nov. 10

Duration: 3 sessions

Fee: \$160 plus \$8 GST

Code: ASVA019 2022F W11

Creating the Personal Archive



If you are a family historian, artist, photographer or collector, you probably have a body of work that needs to be organized and protected. This course will cover: deciding what your archive is, what is important to keep, and what you might edit out. We'll also explore how to add value to your archive, and organizing and protecting your work. Finally, we'll discuss the value of archives and why it is important to make long range plans for the future.

Instructor: Donald Denton

Delivery style: Online Hybrid

Date: Wednesdays, Oct. 26 to Nov. 30

Time: 6:30 to 9 pm

Register by: Tuesday, Oct. 18

Duration: 6 sessions

Fee: \$165 plus \$8.25 GST

Code: ASVA132 2022F D01

NEW Cedar Weaving Workshop

Indigenous people have been cedar bark weaving in the Pacific Northwest for thousands of years. You will learn the many uses of cedar bark, the history of cedar bark weaving and the Indigenous protocols for harvesting the cedar bark. You will also learn about the different contemporary uses of the cedar bark and will complete a hands-on project.

All supplies are included.

Instructor: Karla Point

Delivery style: Face to Face

Date: Wednesday, Nov. 2

Time: 7 to 8 pm

Register by: Tuesday, Oct. 25

Duration: 1 session

Fee: \$60 plus \$3 GST (includes materials)

Code: ASVA175 2022F W01

Basic Observational Drawing with Graphite

Knowing the fundamental methods of observational drawing is an important tool for successfully and accurately depicting a subject. Using graphite, you will explore the elements of drawing through mark making, line, shape, texture and volume. We'll study basic perspective, work towards understanding positive and negative space and understand how light and shade is applied on various forms and surfaces. This course is for people who are new to drawing or who want to work on improving their basic observational drawing skills. A supply list will be attached to your receipt.

Instructor: Jeannette Sirois, (MEd)

Delivery style: Online Hybrid

Date: Saturdays, Nov. 5 to Dec. 3

Time: 9:30 am to 12:30 pm

Register by: Friday, Oct. 28

Duration: 5 sessions

Fee: \$165 plus \$8.25 GST

Code: ASVA141 2022F D01

Delivery style definitions

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.

Multi-access – Instruction is offered face to face and remotely simultaneously.

Eyes Wide Shut: Drawing What We Imagine

We have all experienced the desire to portray an idea, concept or image we have in our minds and turn it into a sketch. Through workshops, lectures, discussions and practice, the scope of drawing will be explored. We will experiment with different creative approaches and learn basic drawing techniques.

This workshop also welcomes those with diminished eye-sight.

Instructor: Hermann Valentin Schmitt

Delivery style: Face to Face

Date: Saturdays, Nov. 19 to Dec. 3

Time: 1 to 4 pm

Register by: Friday, Nov. 11

Duration: 3 sessions

Fee: \$125 plus \$6.25 GST (includes materials)

Code: ASVA135 2022F C01

FOR MORE INFORMATION:

Visual Arts
250-721-7797
lacadmin@uvic.ca
continuingstudies.uvic.ca/visual

WRITING AND LITERATURE



Writing for Children: Releasing the Child Within

Do you long to write picture books for children or stories for young adults, but don't know where to start? Join us in exploring the delicate art of writing compelling stories in few words. Activities and discussion will focus on techniques for building character, setting, plot and perspective, and crafting an exciting story for young audiences. We will practice writing techniques, examine successful children's books and discover why it is important to be aware of the child as audience.

You will also learn what editors look for in a cover letter, and how manuscripts should be formatted for submissions to a publisher. Come with enthusiasm and bring your ideas.

Instructor: Carol Ann Sokoloff, (BA (Hons.))

Delivery style: Face to Face

Date: Wednesdays, Sept. 14 to Oct. 19

Time: 6:30 to 9 pm

Register by: Tuesday, Sept. 6

Duration: 6 sessions

Fee: \$165 plus \$8.25 GST

Code: ASWL041 2022F C01

NEW Editing Your Words

Editing your own writing can be difficult. Our own eyes often overlook the mistakes and missing pieces. In this course we will review the five major types of editing: content and developmental editing, structural editing, copy editing, line editing, and proofreading. You'll learn what each editing type means and how to apply them to your manuscript. This course will help you improve your writing by developing editing knowledge and skills. Bring a completed chapter or story to class to work on.

Instructor: Darcy Nybo

Delivery style: Online Hybrid

Date: Tuesdays, Sept. 20 to Nov. 1

Time: 6:30 to 8:30 pm

Register by: Monday, Sept. 12

Duration: 7 sessions

Fee: \$160 plus \$8 GST

Code: ASWL121 2022F D01

Fabulous Fiction

Did you know that there are over 140 types of fiction? In this course, you'll learn which type best suits your ideas. These six interactive classes will offer a trove of information to take your ideas from flop to fabulous, with assignments that range from simple iambic pentameter to writing hooks and creating surreal settings. By the end of the course, you'll have a solid understanding of what goes into your novel of choice, and how to create a novel that readers will love.

Instructor: Darcy Nybo

Delivery style: Online Hybrid

Date: Thursdays, Sept. 22 to Oct. 27

Time: 6:30 to 8:30 pm

Register by: Wednesday, Sept. 14

Duration: 6 sessions

Fee: \$140 plus \$7 GST

Code: ASWL114 2022F D01

Chronicling the Stories of Your Life

Your life is a singular reflection of an unparalleled human journey that begs to be recalled. This workshop will encourage you to examine significant experiences and central themes in your life. Through presentations, writing exercises and group discussions, you will sharpen your memories of pivotal events in your life. You will share your stories and explore options for the continuance of your life story journey.

Instructor: Faye Ferguson, (MA, MSc)

Delivery style: Face to Face

Date: Saturdays, Sept. 24 to Oct. 29

Time: 10 am to noon

Register by: Friday, Sept. 16

Duration: 6 sessions

Fee: \$140 plus \$7 GST

Code: ASWL089 2022F C01

NEW How to Write a How-to Book

Are you an expert, or well-versed in a topic that you'd like to share? Then this course could be for you. How-to books cover everything from cookbooks to real estate tips to origami, meditation, painting and more. If you can think it, there could be a how-to book in your future. This five-part course will take you from ideas to outline and beyond.

Instructor: Darcy Nybo

Delivery style: Online Hybrid

Date: Saturdays, Oct. 1 to 29

Time: 9:30 to 11:30 am

Register by: Thursday, Sept. 22

Duration: 5 sessions

Fee: \$120 plus \$6 GST

Code: ASWL122 2022F D01

NEW Writing a Memoir – Step by Step

You will learn the step by step process to write a successful memoir. The course contains eight lessons that will prepare your mind, organize your thoughts and motivate you to write. Through each lesson you will craft portions of your memoir by writing drafts of 500 - 1000 words, and receiving thoughtful feedback. You will develop new skills for creating a memoir and grow as a writer.

The intended timeline for the course is eight weeks, but students may have access to the course for six months.

Instructor: Karen Barnstable

Delivery style: Online Asynchronous

Date: Oct. 3 to Nov. 28

Duration: 8 weeks

Fee: \$230 plus \$11.50 GST

Code: ASWL125 2022F D01

NEW Helen Keller and Mark Twain: Creativity Reimagined

Writer, poet and activist Helen Keller fought back against the pervasive view that deafblindness made her incapable of genuine understanding and thought. Writer and humourist Mark Twain used his legendary wit to satirize the uninformed views of Keller's critics. Through readings and discussions, we will explore how Twain and Keller's views on creativity teach us to reimagine the world we live in.

Instructor: Stefan Sunandan Honisch, (PhD)

Delivery style: Online Hybrid

Date: Tuesdays, Oct. 4 to Nov. 1

Time: 2 to 4 pm

Register by: Monday, Sept. 26

Duration: 5 sessions

Fee: \$120 plus \$6 GST

Code: ASWL123 2022F D01

NEW The Playwriting Workshop

Whether you're new to playwriting, an experienced writer, or simply a theatre lover, this course has lots to offer. You will develop the tools to create fully dimensional characters, dynamic dialogue and strong narrative structure. You will also gain a deeper understanding of conflict, action, comedy, drama, theme and plot. You will get a chance to hear your own writing read aloud and receive professional feedback.

Instructor: Rachel Ditor, (MFA)

Delivery style: Face to Face

Date: Thursdays, Oct. 13 to Nov. 17

Time: 6:30 to 8:30 pm

Register by: Wednesday, Oct. 5

Duration: 6 sessions

Fee: \$140 plus \$7 GST

Code: ASWL124 2022F C01

Writing From Photographs

The photographs we keep or admire can offer rich material for non-fiction writers. Photographs can be used as writing prompts, story-telling devices or evidence of the past. You will look at various writers who use photographs to tell their stories. We will discuss why photographs are important to these writers and how you can apply their techniques to inspire your own work.

Students are encouraged to bring along a selection of their own photographs for each of the six in-class writing exercises. The course is suitable for creative non-fiction writers at all levels.

Instructor: Alex Bertram, (PhD)

Delivery style: Face to Face

Date: Thursdays, Oct. 13 to Nov. 17

Time: 7 to 9 pm

Register by: Wednesday, Oct. 5

Duration: 6 sessions

Fee: \$140 plus \$7 GST

Code: ASWL116 2022F C01

NEW Writing Words that Dance Across the Page

Even though the art of writing requires hours of sitting, it involves so much movement from our surroundings. How should you describe a fall off a chair, a saunter down a street or an explosion of anger? In this course, you will learn the connection between our bodies and language. Through active exploration, you will develop a richer appreciation for writing with descriptive language.

Instructor: Laurie Montemurro (MA)

Delivery style: Face to Face

Date: Thursdays, Oct. 13 to Nov. 17

Time: 6 to 8 pm

Register by: Wednesday, Oct. 5

Duration: 6 sessions

Fee: \$140 plus \$7 GST

Code: ASWL126 2022F C01

The Poetry Workshop

This five-week poetry workshop will equip you with the foundational tools of the craft through in-class writing exercises, readings, discussions, and workshops. In this supportive writing community, your creative talents will flourish by approaching language at an artistry level. Receive in-depth feedback on your poetry, and learn how to offer thoughtful feedback to peers. This workshop will inspire you to develop your inner-editor and trust your creative voice.

Instructor: Amanda Merritt, (MFA)

Delivery style: Online Hybrid

Date: Mondays and Wednesdays,
Oct. 17 to Nov. 16

Time: 6 to 7:30 pm

Register by: Sunday, Oct. 9

Duration: 10 sessions

Fee: \$165 plus \$8.25 GST

Code: ASWL098 2022F D01

Writing Historical Fiction

Are you a fan of historical fiction? We will explore stories from the past that are destined to become compelling historical fiction. You will learn about the challenges and joys of research, the creation of world-views, the development of believable dialogue, and the role of setting and writing style. By the end of the course you will have either written a full short story or a first chapter of a novel.

Instructor: Claire Mulligan, (MFA)

Delivery style: Face to Face

Date: Tuesdays, Oct. 18 to Nov. 22

Time: 6:30 to 9 pm

Register by: Monday, Oct. 10

Duration: 6 sessions

Fee: \$165 plus \$8.25 GST

Code: ASWL094 2022F C01

Writing Your Sacred Story

This class provides an opportunity for writers at all levels to engage in the practice of spiritual memoir. Through writing exercises, reading from well-known works of spiritual memoir, and group dialogue we will explore how the ordinary experiences of our lives— triumphs, trials, confusions, longings, and so-called mistakes— are part of the patterned fabric of a sacred story.

Instructor: Jane Dawson, (PhD)

Delivery style: Online Hybrid

Date: Saturdays, Oct. 22 to Nov. 26

Time: 10 am to noon

Register by: Friday, Oct. 14

Duration: 6 sessions

Fee: \$140 plus \$7 GST

Code: ASWL102 2022F D01

Write Now! A Creative Writing Survey

This course gives both new and experienced writers the opportunity to examine and experiment with a variety of literary forms. There will be in-class writing and suggested weekly assignments to nurture the writing genie! New writers will investigate numerous genres as they develop voice and style, exploring poetry, fiction, non-fiction, drama and songs. Experienced writers will find renewed creativity from trying new approaches.

Instructor: Carol Ann Sokoloff, (BA (Hons.))

Delivery style: Face to Face

Date: Wednesdays, Nov. 2 to Dec. 7

Time: 6:30 to 9 pm

Register by: Tuesday, Oct. 25

Duration: 6 sessions

Fee: \$165 plus \$8.25 GST

Code: ASWL064 2022F C01

Navigating the Novel

If you want to write a novel but are unsure of how to pull it all together, this course will guide you through everything you need to know to complete your first draft. Discover how to: create plausible plots and subplots; build charming, compelling characters; and keep the reader interested with tension, conflict and curiosity. We'll also focus on finding assistance from editors, proofreaders and graphic designers, and how to snag an agent/publisher or to self-publish.

Classes are interactive with take-home assignments. Group participation is encouraged.

Instructor: Darcy Nybo

Delivery style: Online Hybrid

Date: Thursdays, Nov. 3 to Dec. 8

Time: 6:30 to 8:30 pm

Register by: Wednesday, Oct. 26

Duration: 6 sessions

Fee: \$140 plus \$7 GST

Code: ASWL115 2022F D01

Short Shorts

Writing short stories is an art unto itself. You need to develop characters, create a plausible plot, throw in a twist and entertain your reader thoroughly, all in just a few words. This course focuses on micro, flash and short shorts from 100 to 2,000 words. You'll also learn where to submit your short stories. This is an interactive class with sharing and critique.

Instructor: Darcy Nybo

Delivery style: Online Hybrid

Date: Tuesdays, Nov. 15 to Dec. 13

Time: 6:30 to 8:30 pm

Register by: Monday, Nov. 7

Duration: 5 sessions

Fee: \$120 plus \$6 GST

Code: ASWL117 2022F D01

FOR MORE INFORMATION:

Writing and Literature

250-721-7797

lacadmin@uvic.ca

continuingstudies.uvic.ca/writing



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Drawing from a new perspective

with instructor Jeannette Sirois



Artwork:
Jeannette Sirois

Just steps away from Jeannette Sirois' house on Salt Spring Island is her art studio—her home away, but not too far from home. "Art is always on my mind; I can't go a day without making art of some kind," says Jeannette, an art instructor with Continuing Studies at UVic. Drawing botanicals and portraits using coloured pencils is Jeannette's specialty. Coloured pencils are like her magic wand, giving her the power to perfect every wrinkle on a face or flower petal.

She has a Bachelor of Fine Arts, and both a certificate and master's in art education. Collections of her work can be found across Canada, Europe, New Zealand, Australia and the United States. She has been a finalist twice for the Kingston Prize, an award that recognizes portraits by Canadian artists. In Jeannette's portraits, she addresses the importance of mental health and represents diverse people and cultures.

Since the beginning of 2020, Jeannette has been teaching art with Continuing Studies. "The staff are amazing and are always willing to listen and support me," she confirms. She teaches observational drawing, a fundamental course for students of all skill levels. Seeing her students' creativity blossom is a huge privilege for her. "I love seeing my students' passion in art grow, and helping them improve their skills," she adds.

"Observational drawing is about looking at something like a running shoe or a spoon and understanding all the elements. You learn to break down subjects into easier shapes," she explains. She demonstrates how to draw realistic compositions by creating value and form through shading techniques. "[Drawing] forces you to open your eyes and see everyday objects from a different perspective."

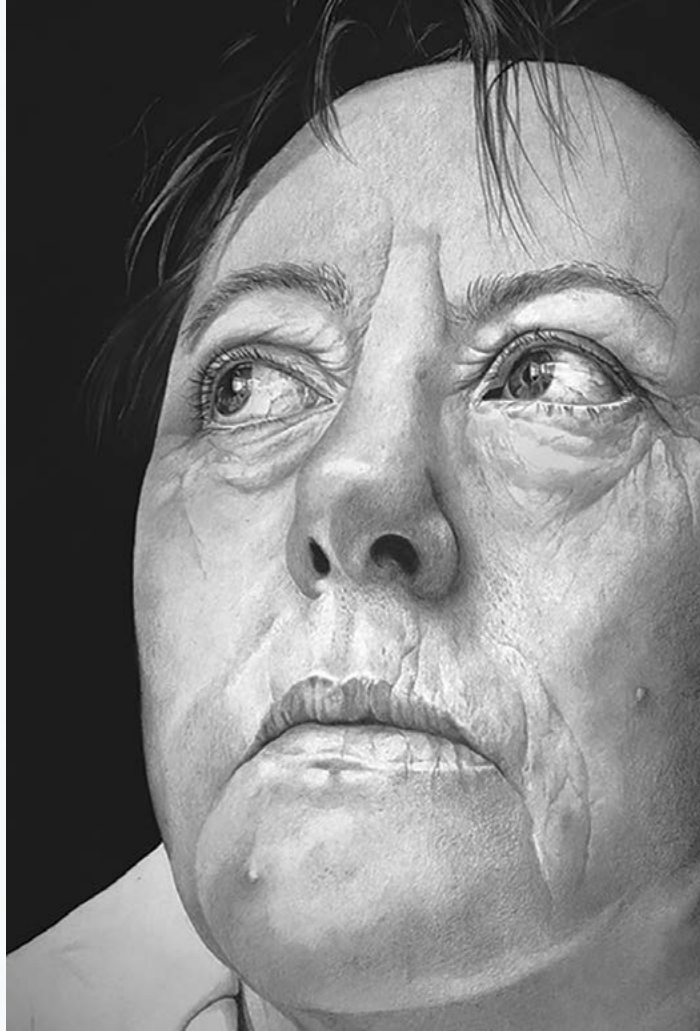
Teaching online was a positive change for Jeannette. "It is great to engage with students outside my community." You may think an art class wouldn't work online, but she easily adjusted art to an online format. "In each class, I give a drawing demonstration where students can choose to follow along," Jeannette points out. Her online classes allow students to work in the comfort of their own home and to submit their classwork by sending Jeannette pictures. "All my students receive my feedback on their work through an in-depth video review," she continues. "The majority of my students love the online format."

Showcasing art from diverse artists is very important to Jeannette. "Galleries and museums should display more art by women, the LGBTQ community and people of colour," she suggests. Jeannette cares about viewing art from all over the world, by all kinds of artists. "It's extremely important to me to learn about what artists are doing with their artwork."

Drawing empowers Jeannette to release her creative energy, but it also allows her to speak to issues of equality and discrimination that are close to her heart. She loves to teach others art, but she also loves to continue learning about art herself. For Jeannette, drawing is more than seeing everyday objects from a new perspective, but seeing our world differently too.



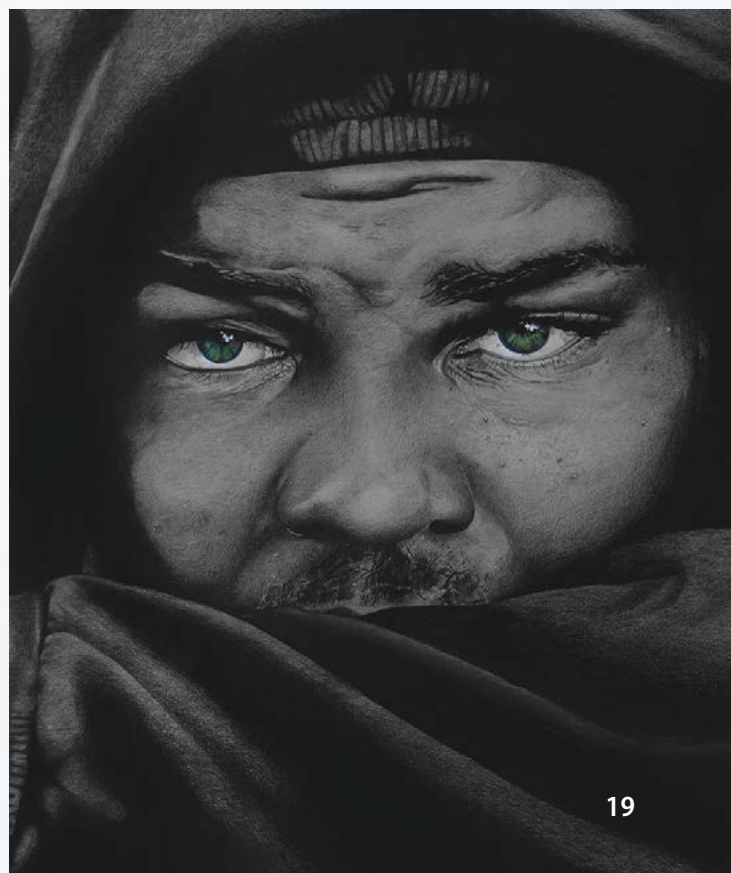
This fall, Jeanette Sirois is teaching: Introduction to Portrait Drawing with Graphite, and Basic Observational Drawing with Graphite. To register, visit continuingstudies.uvic.ca/visual.



Artwork:
Jeannette Sirois

”

[Drawing] forces you to open your eyes and see everyday objects from a different perspective.



CONTINUING STUDIES@UVIC

Collaborating on new perspectives...

Business and Management

LEADERSHIP AND MANAGEMENT



Emergency Management for Business Continuity

Designed for non-specialists, this course takes a systematic approach to emergency management as it relates to business continuity planning. Concepts include hazard and risk assessment, impact analysis, mitigation, emergency preparedness and response, and

psychosocial impact of crisis. Examine a range of tools for planning and training, and consider the ethical issues, opportunities and challenges overlaying emergency management. You will work in groups on case studies to apply course concepts in developing and presenting business continuity recommendations.

Instructor: Scott Manning (MPA, MSc, DSc)

Delivery style: Online Asynchronous

Date: Sept. 26 to Dec. 16

Duration: 12 weeks

Fee: \$695 plus \$34.75 GST

Code: HPPD600 2022F D01

NEW Organizational Preparedness and Adaptability

This course will equip you to improve your organization's ability to operate through the crises and disruptions many describe as the new normal. The course is designed for non-specialists, to enable staff across organizations in all sectors to prepare for and adapt to our highly unpredictable environment. We will

explore risk assessment and impact analysis, mitigation, business continuity planning, emergency preparedness and response, leadership and organizational culture and crisis communications.

Instructor: Paul Breed (MSc, MBCI/CBCI, CSyP, FSyl, FCMI)

Delivery style: Online Asynchronous

Date: Oct. 17 to Nov. 25

Duration: 6 weeks

Fee: \$495 plus \$24.75 GST

Code: HPPD650 2022F D01

FOR MORE INFORMATION:

Leadership and Management
250-721-8558
hsadmin@uvic.ca

continuingstudies.uvic.ca/leadership

ADDITIONAL TOPICS

Continuing Studies at UVic offers a number of engaging courses throughout the year in addition to those listed in this calendar. Those courses may be offered under the following topics:

- **Accounting and Finance**
- **Business and Career Essentials**
- **Communications and Public Relations**
- **Entrepreneurship and Business Development**
- **Human Resources**
- **Marketing**

FOR MORE INFORMATION:

Business and Management
continuingstudies.uvic.ca/business

Is your organization ready for a crisis?

TAKE A SHORT QUIZ TO FIND OUT:
surveymonkey.ca/r/CrisisReady

CONTINUING STUDIES@UVIC

Become your own editor

By instructor Darcy Nybo

Editing your own work is not an easy task. You've written it down, think it's brilliant, or at least passable, and now it's time to edit. It's difficult to edit your own work for several reasons.

When we try to edit our own work, we see what we believe we wrote. Our eyes play tricks on us. We read right over typos that we normally would catch in other people's writing. Self-editing is difficult, but it's a necessary skill to have.

Read full article at:

continuingstudies.uvic.ca/own-editor

Register for one of our upcoming writing and literature classes:

continuingstudies.uvic.ca/writing



University
of Victoria



CONTINUING STUDIES@UVIC

UVic's Continuing Studies prove popular with seniors

Popularity of online courses has increased since start of pandemic

Some people would be intimidated by trying something new – especially in the midst of a pandemic – but that wasn't the case for senior students at the University of Victoria's Continuing Studies division, where a majority of students are over 55 years old.

"When the pandemic hit, we had a lot of seniors taking online courses for the first time," said Jo-Anne Clarke, dean of the Division of Continuing Studies. "What we found, interestingly enough, was that we have a huge appetite from people who found they really enjoy learning from their own home."

Read full article at:

continuingstudies.uvic.ca/popular-with-seniors



University
of Victoria



THE FARQUHAR AT UVIC

Watch for our new presenting series
launching September 9, 2022

VOICES IN CIRCLE Amplifying Indigenous Cultural Voices

JOSEPHINE

A Burlesque Cabaret Dream Play

Harris, in her one woman show, sings and tells
Josephine Baker's life story to perfection, with
not a note, vowel or pout out of step all night.

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SATURDAY
OCT 15
7:00 PM

uvic.ca/farquhar

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UVicFarq



@UVicFarquhar

BEING FEARLESS: FULFILLING AN APPETITE FOR LEARNING

with alumna and Order of Canada
appointee Janis Dunning, CM



By Sarah Androsoff, Marketing Services

“Don’t give up if it’s in your heart. It’s exciting what can happen when you just try,” advises Continuing Studies alumna Janis Dunning C.M. She believes that there is no expiration date to learn something new.

In 2021, Janis was appointed to the Order of Canada in recognition of her contributions to the performing arts and Canada as a nation.

In her teens, she apprenticed with the Royal Winnipeg Ballet and had a principal role in *Anne of Green Gables* in London’s West End. Janis performed musical theatre across Canada, and she directed and starred in over 300 episodes of national CTV kids shows. Dancing, singing, acting and Canadian pride fill up her heart. In 1990, she created the Spirit of a Nation national touring program, and in 1998, co-founded the Canadian College of Performing Arts (CCPA) to provide opportunities for emerging artists.

At this point in her career, Janis’ accomplishments were many, but she started to notice a new craving inside. She decided to feed her curiosity by going back to school. She first became a student with Continuing Studies in 1997. At age 47, she took the Business Administration Fast Track program so she could improve her business acumen and apply it to her work as head of the CCPA.



”
Continuing Studies is open to everyone. No matter your education or career journey, there is a place for you here.

Since then, Janis has become a champion of lifelong learning and she encourages everyone to try it. “A lifelong learner has everything to do with curiosity,” she explains.

Learning another language was also of interest to Janis, so in 2019, she enrolled in Spanish courses with the university. Sitting in a classroom again felt easy for Janis because of the inclusive environment the teachers and students formed. She felt comfortable to ask questions and interacted with classmates from different backgrounds. “Neither the teachers, nor the students had an ego. We were all engrossed in the classwork and found fulfillment in the learning,” she adds.

The equilibrium at Continuing Studies was something she noticed instantly. She appreciated the positive atmosphere that motivated her to get past her fears and put in the work. "Never once did I have a teacher notice my age. Continuing Studies is open to everyone," she says. "No matter your education or career journey, there is a place for you here."

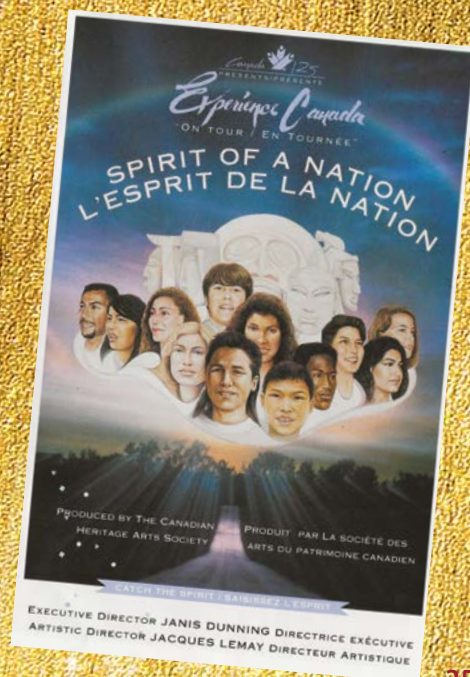
Age really is just a number to Janis, and she firmly believes that taking classes later in life needs to be normalized. "No matter your age, learning helps you grow as a person. Whether you go into teaching, business, languages or photography, Continuing Studies is there for you to seek knowledge and achieve your goals at any time in your life," she emphasizes.

Janis is a living example that feeding your curiosity opens doors. "When you're struggling, it's hard to believe your dream profession is possible. You need to remember that nobody enters any profession from the same door," she advises. "Get the learning, love the work and be fearless."

— CS —



Janis Dunning, CM is a Continuing Studies alumna and was appointed to the Order of Canada in 2021.



CONTINUING STUDIES@UVIC

Analyzing new perspectives...

Data, Computing and Technology

COMPUTING AND INFORMATION SYSTEMS



IT Security and Privacy

Concerned about IT security issues? Want to understand how your privacy may be at risk? Assess the risks and understand the available tools to provide a secure environment in the office and on your personal devices. An industry expert will lead you through this course, employing a variety of activities including news

stories to inform and illustrate how IT security and privacy can be managed—with a plan. In this course, you will complete case studies and self-assessment exercises for reinforcement and self-evaluation of the concepts presented.

Instructor: Melina Luxrue

Delivery style: Online Asynchronous

Date: Sept. 12 to Dec. 11

Duration: 13 weeks

Fee: \$695

Code: TECH325 2022F D01

Microsoft Office Bootcamp

Knowing the features of Microsoft Office is an important tool to successfully and accurately organize, manage, present documents, data, and figures in home, office, and schools. This course will accelerate your existing Office skillset through a mix of online instruction and self-study where you'll go from basic to advanced skills in Excel, Word, PowerPoint, and more in a matter of weeks.

Please visit this course page on our website for a full list of equipment and software requirements.

Instructor: Gritt Hoffmann, (PhD, MA LAT, MPA, CPHR)

Delivery style: Online Hybrid

Date: Mondays, Sept. 12 to Oct. 28
No class Oct. 10

Time: 6 to 8 pm

Register by: Thursday, Sept. 8

Duration: 6 sessions

Fee: \$695

Code: TECH130 2022F D01

FOR MORE INFORMATION:

Computing and Information Systems
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/computing

CREATIVE TECHNOLOGY AND DESIGN



Online Art and Design Courses

The Division of Continuing Studies, in partnership with the Ontario College of Art and Design University (OCAD), is pleased to offer online educational opportunities for interested, creative professionals. Registrants will have the added bonus of networking with other learners across the country who share your interest in art and design. Note: all courses are offered online.

A sample of the courses that may be offered this term include:

- Interior Design Fundamentals
- Intermediate Adobe Photoshop
- Introduction to 3D Animation with Blender
- Introduction to Adobe Illustrator
- Introduction to Adobe InDesign
- Introduction to Adobe Photoshop
- Introduction to SketchUp
- Introduction to Video Editing

For the full list of course offerings visit continuingstudies.uvic.ca/OCAD, email artscoord@uvic.ca or call 250-721-8827 for more information.

FOR MORE INFORMATION:

Creative Technology and Design
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/creative-tech

DATA ANALYTICS



Data Visualization and Reporting

Develop your skills in Data Visualization and Reporting. Learn how to use common industry reporting and visualization tools such as Excel and Tableau. You will also learn how to evaluate strengths and weaknesses of various data visualization techniques and the fundamentals of dashboard design for various types of reporting.

Instructor: Philip North, (MSc, BSc (Hons))

Delivery style: Face to Face

Date: Tuesdays and Thursdays, Nov. 1 to Dec. 8

Time: 6 to 9 pm

Register by: SOLD OUT! Call 250-472-7272 to be waitlisted

Duration: 12 sessions

Fee: \$695

Code: BIDA404 2022F C01

NEW Machine Learning Fundamentals

You will explore the fundamental concepts and components of machine learning. You will learn about regression, classification and clustering. You will also discover the essential tools of modern data visualization to fully understand the field of machine learning. You will get hands-on practice building your own models through exercises and real life examples.

Delivery style: Online Hybrid

Date: Saturdays and Sundays, Nov. 5 to Dec. 11

Time: 9 am to noon

Duration: 12 sessions

Fee: \$695

Code: BIDA407 2022F D01

FOR MORE INFORMATION:

Data Analytics
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/data

Delivery style definitions

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.

Multi-access – Instruction is offered face to face and remotely simultaneously.



CONTINUING STUDIES@UVIC

Nurturing new perspectives...

Health, Wellness and Safety

COMMUNITY HEALTH AND WELLNESS



Investing for Financial Wellness

Financial wellness is about more than just finances, it is a primary contributor to overall wellness because financial stress can have adverse effects on your physical and mental well-being. Over four sessions, this interactive and engaging course will examine ways to manage your finances and investments that can help you reduce stress, feel secure about your financial future and enjoy life more. Guided

by an experienced chartered financial analyst, you will explore the attributes that lead to successful investing, learn to recognize common psychological pitfalls that might undermine your investing decisions, look at big picture investment themes and learn strategies that will help you preserve capital and achieve peace of mind, even in turbulent markets.

Instructor: Ian Johnson (CFA)

Delivery style: Online Synchronous

Date: Tuesdays, Oct. 4 to 25

Time: 6:30 to 9 pm

Duration: 4 sessions

Fee: \$100 plus \$5 GST

Code: HPHE279 2022F D01

NEW Biology of Aging: A Focus on Cellular Senescence

In 1961, it was discovered that human cells could not reproduce indefinitely and eventually entered a dormant state called senescence. Senescent cells are viable but have permanently lost the ability to reproduce. They accumulate in aging tissues and are considered a key contributor to

aging and, consequently, to the development of age-associated chronic diseases. Recent research advances have led to the development of interventions designed to slow the aging process and to promote healthier aging by specifically targeting senescence. These include therapies, particularly the promising experimental agents known as senolytic drugs. You will learn about these promising agents as well as the importance of specialized dietary practices.

Instructor: Ed Ishiguro (PhD)

Delivery style: Face to Face

Date: Wednesday, Oct. 12

Time: 6:30 to 8:30 pm

Duration: 1 session

Fee: \$65 plus \$3.25 GST

Code: HPHE318 2022F C01

Dementia and Alzheimer's Disease – Current Research and Early Detection Methods

Dementia is not a natural part of aging. It is an umbrella term that encompasses all types of neurodegenerative diseases that affect memory, judgement, and cognitive skills severely enough to impact daily life. Alzheimer's disease is the most common form of dementia and comprises nearly 70% of all cases. During this course you will find out what researchers currently know about the disease as well as new methods for early detection.

Instructor: Jamie Knight (MSc)

Delivery style: Online Synchronous

Date: Tuesday, Nov. 1
Time: 6:30 to 8:30 pm
Duration: 1 session
Fee: \$40 plus \$2 GST
Code: HPHE307 2022F D01

NEW Pain Management

The science of pain has grown significantly over the past 20 years. Our current understanding in the scientific community can sometimes be at odds when compared to what is more generally known within the community; this can ultimately cause greater suffering. In this course, we will explore the complexity of pain and gain insights that could lead to easing our suffering when we have a pain experience.

Instructor: Richard McIlmoyle (BSc, DC, PgCPain)

Delivery style: Online Synchronous

Date: Wednesday, Nov. 2
Time: 6:30 to 8:30 pm
Duration: 1 session
Fee: \$40 plus \$2 GST
Code: HPHE321 2022F D01

Forgiveness: Escaping Your Own Alcatraz

Although on paper, forgiveness seems like a wonderful, virtuous thing to do, in reality, it can be an extremely difficult and lengthy process. This course is meant to broaden the way you think about forgiveness by providing a brief introduction to interpersonal forgiveness and providing clarity around what is and isn't forgiveness. While learning how to forgive takes more than a single session, tools to help you will be shared. Topics will include misconceptions of forgiveness and why they're dangerous, factors that increase the likelihood you will forgive, and health benefits of forgiveness.

Instructor: Jessica Rourke (PhD)

Delivery style: Online Synchronous

Date: Tuesday, Nov. 15
Time: 6:30 to 8:30 pm
Duration: 1 session
Fee: \$40 plus \$2 GST
Code: HPHE290 2022F D01

NEW Nutrition During the Stages of Menopause

There is so much information available to us about metabolism in middle age, but what does the scientific literature say? In this session, we will break down the current scientific evidence regarding the different stages of menopause and metabolism. In addition, we will cover what impact nutrition has during this stage of life. You will leave the session feeling more confident in your food choices.

Instructor: Kristen Yarker (MSc, RD)

Delivery style: Face to Face

Date: Wednesday, Nov. 16
Time: 6:30 to 8:30 pm
Duration: 1 session
Fee: \$65 plus \$3.25 GST
Code: HPHE319 2022F C01

Resiliency and Flourishing

This two-part course will help you develop skills to help manage life's tougher challenges. Part one will teach you the practical skills of cultivating everyday mindfulness, navigating emotions and managing negative cognitive filters. In part two, you will learn advanced techniques to cope with challenging situations that may impact resiliency levels. Completion of part one is recommended prior to taking part two.

Instructor: Jason Cressey (PhD)

Delivery style: Online Synchronous

Date: Saturdays, Nov. 19 to 26
Time: 9 to 11 am
Duration: 2 sessions
Fee: \$65 plus \$3.25 GST
Code: HPHE309 2022F D00

Resiliency and Flourishing – Part 1

A garden full of flowers can only reach its full beauty if the weeds are controlled and the soil is healthy. Resilience works the same way in our lives. You will practice the skills to help you flourish in challenging times. You will learn how to cultivate everyday mindfulness, navigate emotions and manage negative thoughts. This course will help boost your sense of well-being and optimism.

Instructor: Jason Cressey (PhD)

Delivery style: Online Synchronous

Date: Saturday, Nov. 19
Time: 9 to 11 am
Duration: 1 session
Fee: \$40 plus \$2 GST
Code: HPHE309 2022F D01

Resiliency and Flourishing – Part 2: Advanced Techniques

In part 2 of this course, we will explore the idea that resiliency is built through ongoing conscious choices, and requires both skill and vigilance to maintain. We will discuss how we are sometimes our 'own worst enemies' and get stuck in repetitive negative thought patterns and habits. Expect a dynamic, insightful, research-focused and sometimes humorous approach to developing skills to manage some of life's challenges.

Instructor: Jason Cressey (PhD)

Delivery style: Online Synchronous

Date: Saturday, Nov. 26
Time: 9 to 11 am
Duration: 1 session
Fee: \$40 plus \$2 GST
Code: HPHE309 2022F D11

Addressing Climate Anxiety and Ecological Grief

Human wellbeing is often framed as separate from the natural world and other species. However, humans are inextricably linked to their environment and to countless other animals. Human health is threatened by pervasive global challenges, including: zoonotic viruses, extreme heat and wildfires, flooding, displacement, and substantial losses to biodiversity. The environment has a growing impact on our mental health, especially climate anxiety. Session 1 will cover evidence-based material about mental health impacts of climate change and environmental degradation. Session 2 will put these impacts in the context of health care systems, and explore resilience in the face of climate anxiety.

Instructor: Liz Williams (MSc)

Delivery style: Online Synchronous

Date: Tuesday and Thursday, Nov. 22 to 24

Time: 6:30 to 8:30 pm

Duration: 2 sessions

Fee: \$65 plus \$3.25 GST

Code: HPHE314 2022F D01

NEW Mindfulness Meditation and Epigenetics: What's the Connection and Latest Research?

Meditation is said to be beneficial for many reasons, but how can it have these beneficial effects? In session 1 you will learn about the current research explaining the benefits of mindfulness and meditation for mental and physical health and wellbeing, as well as its impact on aging. You will learn some simple tools to help implement mindfulness into your life.

Can meditation alter the expression of our genes? Can meditation reduce burnout, and if so, is it through changes to the epigenetic profile in our genomes? Session 2 will help explain some of these questions. We will discuss the world of epigenetics, the research and current information available, as well as how mindfulness and meditation may influence our genomes through altering the chemical tags associated with the epigenetic mark.

Instructor: Jane Gair (PhD)

Delivery style: Online Synchronous

Date: Tuesday and Thursday,
Nov. 29 to Dec. 1

Time: 6:30 to 8:30 pm

Duration: 2 sessions

Fee: \$65 plus \$3.25 GST

Code: HPHE320 2022F D01

FOR MORE INFORMATION:

Community Health and Wellness
250-721-8558

hsadmin@uvic.ca

continuingstudies.uvic.ca/health-wellness

HEALTH AND SAFETY



Professionals who identify health risks, prevent accidents and maintain safety regulations in the workplace are in high demand. Environmental and occupational health courses offered through our online certificate program focus on the latest dynamics of employee health and safety needs and the environmental impact of the workplace. You will explore topics related to risk assessment and management, occupational and health law, occupational health hazards, safety program management, and health protection technology.

FOR MORE INFORMATION:

Health and Safety

250-721-6129

eohprogram@uvic.ca

continuingstudies.uvic.ca/health-safety

PROFESSIONAL DEVELOPMENT FOR HEALTH PRACTITIONERS



Canadian Fall Prevention Curriculum

This online course helps health professionals working with older adults to take an evidence-based approach to preventing falls and related injuries. Learn to design, implement and evaluate a fall-prevention program by defining the problem, assessing risk, selecting prevention strategies, understanding social and policy contexts, applying a program-planning model and evaluating effectiveness.

Textbook: *Fall Prevention Programming (2nd ed.)*, by Dr. Vicky Scott (required)

Instructor: Philip Groff (PhD)

Delivery style: Online Asynchronous

Date: Sept. 23 to Oct. 28

Duration: 5 weeks

Fee: \$310 plus \$15.50 GST

Code: HPCF215 2022F D01

Palliative Care Pharmacy

This online course equips community and hospital pharmacists with specialized knowledge in palliative care to support patients and families, as well as others in the multidisciplinary team, including community-care nurses and GPs. Newly updated in 2022, topics include the pharmacist's role, pain management, use of opioids and cannabis in palliative care, symptom management and drug-related adverse effects.

Instructor: Kimberley Caouette (BScPharm, RPharm, ACPR)

Delivery style: Online Asynchronous

Date: Oct. 14 to Nov. 25

Duration: 6 weeks

Fee: \$495 plus \$24.75 GST

Code: HPPD400 2022F D01

Strategies and Actions for Independent Living (SAIL)

Practical fall-prevention training for home health care aides who provide day-to-day in-home care for frail older adults or persons with disabilities. Use case studies, videos, discussion and interactive assessments to learn to apply practical tools to help clients live at home more safely. Features the popular SAIL home-exercise program videos. Optional ongoing access to the SAIL tools and videos also available, with guidance on implementing a SAIL program.

Instructor: Bobbi Symes (MA)

Delivery style: Online Asynchronous

Date: Oct. 14 to Nov. 7

Duration: 3 weeks

Fee: \$210 plus \$10.50 GST
Optional SAIL resources: \$50 plus \$2.50 GST for individual fee (call 250-721-8558 for group discounts)

Code: HPCF200 2022F D01

NEW High-Risk Foot, Level II

Expand your skills in assessing and managing complex conditions of the high-risk foot and lower limb, including diabetic foot, Charcot foot and neuropathy. This course is designed for foot-care nurses, community nurses, RNs and LPNs in other areas, physiotherapists, occupational therapists and others. Build your knowledge and skills through slide presentations, videos, preparatory readings and case studies. Completion of High-Risk Foot Level I is recommended but not required.

Instructor: Misty Stephens (BSN, RN, NSWOC)

Delivery style: Online Synchronous

Date: Saturday, Oct. 15

Time: 2 to 5 pm

Duration: 1 session

Fee: \$175 plus \$8.75 GST

Code: HPPD295 2022F D01

Wound Management for Health Professionals Level I

This recently revised online course equips health professionals with the knowledge and skills to practice evidence-based wound assessment and management within an interprofessional team. Build your skill set using high-resolution images, videos, case studies and collaborative discussion. Concepts include prevention, assessment, product selection, healing, infection and patient-professional collaboration.

Textbook: *Acute and Chronic Wounds (5th ed.)*, by Ruth Bryant and Denise Nix

Instructor: Sue Bolton (MSN, RN, NSWOC)

Delivery style: Online Asynchronous

Date: Oct. 21 to Dec. 2

Duration: 6 weeks

Fee: \$525 plus \$26.25 GST

Code: HPPD257 2022F D11

Wound Management for Health Professionals Level II



Learn about pain and nutrition, arterial and venous insufficiency, ulcer management, high-risk foot, lymphedema, lipedema, burns, palliative and surgical wounds, and key therapies. You will develop critical thinking skills for advanced wound management and professional skills for evidence-based practice. You will learn through case studies, videos, detailed picture guides, and an online workshop.

Textbook: *Acute and Chronic Wounds (5th ed.)*, by Ruth Bryant and Denise Nix

Instructor: Misty Stephens (BSN, RN, NSWOC)

Delivery style: Online Hybrid

Date: Sept. 23 to Nov. 18

Mandatory one-day workshop:
Saturday, Nov. 26, 2022

Duration: 8 weeks

Fee: \$625 plus \$31.25 GST

Code: HPPD258 2022F D01

FOR MORE INFORMATION:

Professional Development for
Health Practitioners
250-721-8558
hsadmin@uvic.ca
continuingstudies.uvic.ca/health-prod



CONTINUING STUDIES@UVIC

Connecting new perspectives...

Humanities and Social Sciences

ANTHROPOLOGY, ARCHAEOLOGY AND SOCIOLOGY



NEW Conspiracies and Radicalization in the “Post-truth” Era

What happens when a society begins to equate opinion with fact or when our collective ideas about what’s true—like the shape or age of the earth, or the reality of COVID—are challenged by beliefs that undermine the very idea of truth as a concept? We will explore the emergence of what

some are calling the “post-truth” era, where the foundations of the modern age—observation, empiricism, and a recognition of the existence of a shared reality—have begun to crumble. We will examine contemporary social media and knowledge-production landscapes to better understand the rapid spread of conspiratorial thinking and extremist ideologies.

Instructor: Edwin Hodge (PhD)

Delivery style: Face to Face

Date: Thursdays, Oct. 6 to 27

Time: 6:30 to 8:30 pm

Duration: 4 sessions

Fee: \$83 plus \$4.15 GST

Code: ASH1791 2022F C01

NEW Generations: An Intro to Cultural Anthropology and Korean Studies

Korea is a rapidly aging society that has experienced at least two major financial crises since the late 1990’s. You will explore cultural anthropology and contemporary South Korea through the concept of generations. You will learn the entangled person and thing approach

and the lineage and cohort approaches to defining generations. You will apply these concepts through guided discussions and activities, which will encourage connections to various people and places around the world.

Instructor: Amy Levine (PhD)

Delivery style: Online Hybrid

Date: Wednesday and Monday,
Sept. 21 to 26

Time: 10 to 11:30 am

Duration: 2 sessions

Fee: \$44 plus \$2.20 GST

Code: ASH1782 2022F D01

NEW “Nerdology”: The Sociology of Video Games and Digital Media

Are video games political? Just a fun way to pass time? What can the stories, mechanics, and development of video games teach us about our cultural values? You will explore the social, political and moral dimensions of video games in contemporary Canadian and American societies. You will learn how video games have become sites of intense social discourse about everything from class to race, gender and sexuality.

Instructor: Edwin Hodge (PhD)

Delivery style: Online Hybrid

Date: Thursdays, Nov. 17 to Dec. 8

Time: 6:30 to 8:30 pm

Duration: 4 sessions

Fee: \$83 plus \$4.15 GST

Code: ASHI793 2022F D01

FOR MORE INFORMATION:

Anthropology, Archaeology and Sociology
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/anthropology

EQUITY, DIVERSITY AND INCLUSION



Intercultural Communication in the Workplace

As a global citizen, an understanding of cultural difference and the ability to communicate effectively with diverse communities is critical for work in both local and international settings. Learn how power imbalances can impact interactions, discover practical tools to strengthen inclusivity, and develop the interpersonal communication skills required to develop constructive relationships in a diverse workplace.

Instructor: Crystal Nykilchuk

Delivery style: Face to Face

Date: Tuesdays and Thursdays,
Sept. 8 to Dec. 1
No class Nov. 10

Time: 4:30 to 5:50 pm

Register by: Thursday, July 28

Duration: 26 sessions

Fee: \$595

Code: ISP110 2022F C01

Instructor: Moussa Magassa (PhD, MA, BA
(Hons))

Delivery style: Online Asynchronous

Date: Sept. 12 to Dec. 11

Register by: Monday, Aug. 1

Duration: 13 weeks

Fee: \$595

Code: ISP110 2022F D01

FOR MORE INFORMATION:

Equity, Diversity and Inclusion
250-721-8457
cmpasst@uvic.ca
continuingstudies.uvic.ca/equity

HISTORY, POLITICAL SCIENCE AND CONTEMPORARY ISSUES



Artificial Intelligence and You

Artificial intelligence (AI) has been called “the new electricity” because it is reshaping our lives. How will AI do that? Find out as we separate fact from hype. We’ll learn its history and applications from medicine to self-driving cars. We’ll discuss privacy, bias, and influences powering its advance. Finally, we’ll explore today’s impact on careers and its amazing future consequences for humanity.

Instructor: Peter Scott (MA)

Delivery style: Face to Face

Date: Wednesdays, Sept. 21 to Oct. 26

Time: 6:30 to 8:30 pm

Duration: 6 sessions

Fee: \$119 plus \$5.95 GST

Code: ASHI722 2022F C01

Secrets of Ancient Egypt’s Lost Turquoise Mines

Many have heard of King Solomon’s Mines, but few know of the turquoise mines of Serabit el-Khadim. High above the Sinai Desert in Egypt lie the ruins of a mysterious temple dating back to the 12th Dynasty. Using maps, photographs,

and artifacts, we explore the connection between its rare gems, the landscape and the goddess Hathor. The site also exhibits evidence of an extensive ancient trading network, and a proto-sinaitic language with links to our modern alphabet. Most fascinating of all, Serabit el-Khadim may have been known to early Hebrew slaves, and offers tantalizing clues about the story of Moses and ideas about the Bible.

Instructor: Paul G. Chamberlain (PhD)

Delivery style: Face to Face

Date: Tuesday, Sept. 27

Time: 6:30 to 8:30 pm

Duration: 1 session

Fee: \$23 plus \$1.15 GST

Code: ASHI775 2022F C01

Industrial Victoria

Within recent memory Victoria was a major industrial city, boasting busy railways, docks and factories. In the 1800s and early 1900s Victorians basked in the prosperity they hoped would result from industrial enterprises. Everything seemed to be manufactured here: lumber, shingles, textiles, rope, carriages, iron products, coal gas, beer, wine, vinegar, cigars and opium. What led to the growth of these firms? What caused their decline? You will learn about Victoria’s lost industries, the people who owned them and the workers who toiled for them.

Instructor: John Adams

Delivery style: Online Synchronous

Date: Wednesday, Oct. 5

Time: 1 to 3 pm

Duration: 1 session

Fee: \$23 plus \$1.15 GST

Code: ASHI410 2022F D01

NEW Haunted Victoria

Stories of hauntings reach a seasonal peak at Halloween, but in Victoria the phenomenon never fully fades away during the rest of the year. Throughout the year, ghost stories are the popular subjects of downtown walking tours, new publications, blogs and YouTube posts. John Adams, well-known ghost storyteller, analyzes the trend and will include some of his classic stories.

Instructor: John Adams

Delivery style: Online Synchronous

Date: Wednesday, Oct. 26

Time: 1 to 3 pm

Duration: 1 session

Fee: \$23 plus \$1.15 GST

Code: ASHI786 2022F D01

Chinese Victoria: History of Victoria's Chinatown

Victoria's Chinatown is the oldest, permanent and urban Chinese community in Canada, dating back to the 1858 Gold Rush on the Fraser River. By the end of the 19th century, Chinatown occupied almost eight city blocks. There were negative stereotypes of gambling, opium and slave girls pervading the columns of local newspapers. You'll discover the true story behind these reports and learn about the history of Victoria's Chinese community.

Instructor: John Adams

Delivery style: Online Synchronous

Date: Monday, Nov. 7

Time: 1 to 3 pm

Duration: 1 session

Fee: \$23 plus \$1.15 GST

Code: ASHI735 2022F D01

NEW Rockland History and Architecture

The Rockland neighbourhood in Victoria became the city's first prestigious address after the 1858 gold rush. The business elite began building elegant homes on the ridge that provided stunning views over the Olympic Mountains. Craigdarroch Castle was luxurious and its extensive grounds became a fashionable enclave of smaller mansions. You will learn the history of the neighbourhood and explore some of its homes and families.

Instructor: John Adams

Delivery style: Online Synchronous

Date: Wednesday, Nov. 30

Time: 1 to 3 pm

Duration: 1 session

Fee: \$23 plus \$1.15 GST

Code: ASHI788 2022F D01

NEW A Journey through Iran

Long before Marco Polo travelled through Persia, the country was admired in many ways. Visitors were in awe of the country's bustling bazaars, ancient monuments, parched deserts, snow capped mountains and legendary hospitality. We will use photographs, artifacts, and maps to explore Iran's exciting history and rich diversity.

Instructor: Paul G. Chamberlain (PhD)

Delivery style: Face to Face

Date: Thursday, Dec. 8

Time: 2 to 4 pm

Duration: 1 session

Fee: \$23 plus \$1.15 GST

Code: ASHI789 2022F C01

RELIGION, PHILOSOPHY AND PSYCHOLOGY



NEW Creating our Tomorrows

What is your vision for the future? How do we create a positive tomorrow for everyone? Buddhist teachings can help us believe in something better when faced with personal obstacles and societies' troubles. If we cannot imagine a better future, we won't be able to attain it. You will learn how to manifest an extraordinary future grounded in the truth of love's power to transform.

Instructor: Gen Kelsang Zopa

Delivery style: Face to Face

Date: Saturdays, Sept. 10 to Oct. 1

Time: 10 am to noon

Duration: 4 sessions

Fee: \$83 plus \$4.15 GST

Code: ASHI783 2022F C01

NEW On the Cannibals: Wondering about Eurocentrism

After travellers returned to Europe with tales of Indigenous tribes in the region of what is now Rio de Janeiro, describing so-called 'savages' who went naked and consumed war captives in ritual meals, Michel de Montaigne responded with his 1580 essay *On the Cannibals*, a skeptical exploration of the European travellers' presumptions of superiority. The essay was revised and expanded in 1588 and in *On Coaches*, he offered further reflections inspired and appalled by the Spanish conquests of Cuzco and Mexico. In this discussion seminar we will study Montaigne's developing lines of thought, illustrated by 16th century images and narratives, and with reference to Montaigne's ancient sources.

Instructor: Doug Hutchinson (DPhil)

Instructor: Hélène Cazes (PhD)

Delivery style: Face to Face

Date: Mondays and Thursdays, Oct. 3 to 20

No class on Oct. 10

Time: 3 to 5 pm

Duration: 5 sessions

Fee: \$149 plus \$7.45 GST

Code: ASHI790 2022F C01

NEW The Emptiness of Identity

We all have negative ideas of ourselves and feelings of insecurity. These perceptions can become so stuck in our minds that they dictate everyday thoughts and choices. Buddha taught that the ordinary self is like an illusion, having no more substance than a thought. You will explore Buddha's wisdom teachings on the true nature of the self and learn to let go.

Instructor: Gen Kelsang Zopa

Delivery style: Online Synchronous

Date: Saturdays, Oct. 8 to 29

Time: 10 am to noon

Duration: 4 sessions

Fee: \$83 plus \$4.15 GST

Code: ASHI784 2022F D01

NEW The Myths that Plato Told – Part One

Plato was a great storyteller, and in several works he conveyed his message with stories rather than philosophical arguments. In this discussion seminar we select two of these stories, connecting Plato's treatment with other ancient sources and interpreting the myths in terms of Plato's own philosophy. In his *Protagoras*, Plato tells a version of the Prometheus myth to explain why only humans have technology and social norms. In his *Timaeus and Critias*, Plato invents a new story out of old elements, the myth of a remote island civilization called Atlantis, to explain the human tendencies towards greed, corruption, and aggression.

Instructor: Doug Hutchinson (DPhil)

Delivery style: Face to Face

Date: Tuesdays and Thursdays,

Oct. 25 to Nov. 10

Time: 2:30 to 4:30 pm

Duration: 6 sessions

Fee: \$119 plus \$5.95 GST

Code: ASHI792 2022F C01

NEW The Wisdom of Proverbs

Along with Job and Ecclesiastes, the Book of Proverbs is one of the key Wisdom books of the Hebrew Bible/Old Testament. It is often approached as a random collection of sayings with practical advice about the good life. However, when examined as a whole, Proverbs offers a richer understanding of wisdom throughout the Bible and in our own lives.

Instructor: Jane Dawson (PhD)

Delivery style: Online Hybrid

Date: Mondays, Oct. 31 to Nov. 28

Time: 7 to 9 pm

Duration: 5 sessions

Fee: \$109 plus \$5.45 GST

Code: ASHI785 2022F D01

NEW Purify your Mind

The Buddhist path can be seen as a path of purification and transformation. You will learn about the practices of purification and gain the ability to unlock new levels of happiness. Rather than searching for happiness, we learn to create it. You will learn about the law of karma and different methods of purification to change your experience of the present.

Instructor: Gen Kelsang Zopa

Delivery style: Online Synchronous

Date: Saturdays, Nov. 12 to Dec. 3

Time: 10 am to noon

Duration: 4 sessions

Fee: \$83 plus \$4.15 GST

Code: ASHI787 2022F D01

FOR MORE INFORMATION:

Religion, Philosophy and Psychology
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/religion

IN PURSUIT OF KNOWLEDGE SERIES

Series Registration

This series of daytime lectures will acquaint you with UVic faculty and their many areas of interest. You may register for individual sessions or receive a discount for the series registration.

Delivery style: Online Hybrid

Date: Tuesdays and Thursdays,
Sept. 20 to Dec. 1

Time: 9:30 to 11:30 am

Register by: Monday, Sept. 19

Duration: 4 sessions

Fee: \$87 plus \$4.35 GST

Code: ASPT006 2022F D00

The Russian Invasion of Ukraine: Understanding the Deeper Causes

This lecture will reveal the deeper reasons behind Russian aggression beyond the often-cited but misleading security concerns. It will focus on the diametrically opposite political trajectories of post-Soviet Ukraine and Russia, in particular on the development of civil society and the process of coming to terms with the Stalinist past. The lecture will also discuss the two countries' images of each other, and connect Russia's military setbacks to the Putin administration's belief in its own propaganda. We will also analyze the reasons behind the Ukrainians' resilience and the war's implications for the world.

Instructor: Serhy Yekelchuk (PhD)

Delivery style: Online Synchronous

Date: Tuesday, Sept. 20

Time: 9:30 to 11:30 am

Register by: Monday, Sept. 19

Duration: 1 session

Fee: \$25 plus \$1.25 GST

Code: ASPT006-1 2022F D01

Dead (Wo)men Do Tell Tales: The Archaeology of Death

The dead are all around us, but they are not silent. They are invoked and recycled in daily life, present in the world around us, and yet, what can the funerary practices of a society tell us about the living? The first burials in the history of humanity may herald the origins of symbolism and ritual, but is burial any more than a practical means of disposing of a body? We will explore themes in mortuary archaeology, followed by an in-depth exploration of the evidence for the treatment of the dead from the Viking world.

Instructor: Erin McGuire (PhD)

Delivery style: Online Synchronous

Date: Thursday, Oct. 20

Time: 9:30 to 11:30 am

Register by: Tuesday, Oct. 18

Duration: 1 session

Fee: \$25 plus \$1.25 GST

Code: ASPT006-2 2022F D01

Energy Pathways to Just and Resilient Communities

Transforming our energy systems away from fossil fuels is essential to mitigate climate change. What is less clear is how we should transform them: what energy sources should we rely on? What policy levers should we use to make these changes? How quickly should we act? This lecture will focus on these key questions, exploring the importance of how we make these changes to the future flourishing of our communities and the ecosystems we depend upon.

Instructor: Karena Shaw (PhD)

Delivery style: Online Synchronous

Date: Tuesday, Nov. 15

Time: 9:30 to 11:30 am

Register by: Sunday, Nov. 13

Duration: 1 session

Fee: \$25 plus \$1.25 GST

Code: ASPT006-3 2022F D01

How Do We Manage a Just Energy Transition?

How can we manage a just transition to more sustainable and ecological industries, support green jobs and develop resilient communities? This is a central governance challenge facing our polity at every scale. You will learn about the approaches that are being adopted in diverse countries to manage such transitions and consider the extent to which they are in fact 'just'.

Instructor: Tamara Krawchenko (PhD)

Delivery style: Online Synchronous

Date: Thursday, Dec. 1

Time: 9:30 to 11:30 am

Register by: Tuesday, Nov. 29

Duration: 1 session

Fee: \$25 plus \$1.25 GST

Code: ASPT006-4 2022F D01

FOR MORE INFORMATION:

In Pursuit of Knowledge Series
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/know-fall

SAGE STUDY GROUPS

The most active component of SAGE (Stimulate, Advance and Guide Education) is our study groups. Study groups are not taught by instructors; rather, a facilitator assists in coordinating the presentations of group members and in moderating the discussions. An important aspect of study groups is their small size. Group members quickly get to know each other, and learning takes place in a relaxed, friendly atmosphere.

There is a limited number of fee waivers available for all study groups. Study groups happen through your initiative, so if there is a subject you would love to learn more about and you are willing to facilitate a group next term, please contact Amy Errington at 250-721-8827.

NEW SAGE Study Group at UVic

Are you seeking opportunities to stimulate that grey matter? This peer learning group will allow you to explore a topic of interest and facilitate discussions in an informal and supportive environment. Topics have included critical thinking, stoicism, prairie immigration, memory and impacts of exponential change. The only prerequisites are a desire to learn, share and engage in stimulating discussions!

Facilitator: Judy Baldwin

Delivery style: Face to Face

Date: Thursdays, Oct. 6 to Nov. 10

Time: 10 am to 12:30 pm

Duration: 6 sessions

Fee: \$85 plus \$4.25 GST

Code: ASSG187 2022F C01

FOR MORE INFORMATION:

SAGE Study Groups
250-721-7797
lacadmin@uvic.ca
continuingstudies.uvic.ca/SAGE

UNIVERSITY 101

University 101 is a program that offers free, non-credit, academic courses for people who have faced significant barriers to post-secondary education. Courses are by application only, please contact the University 101 Program if you are interested in learning more. Topics covered include a wide range of subjects in the Humanities and Social Sciences.

FOR MORE INFORMATION:

University 101 Program
250-721-6516
uni101@uvic.ca
uvic.ca/uni101

UVIC ON THE PENINSULA SERIES

Each term we offer a selection of lectures and short courses in Sidney, most of which take place at the Mary Winspear Centre. If you wish to receive the flyer that we mail out each August and December, please call 250-721-7797 or email lacadmin@uvic.ca.

Here are just a few of the lectures and courses that we're offering this term:

- Peninsula Pursuits
- Are We Alone?
- Dirty Money, Secret Sex: Political Scandals in Canada
- Fighting Fire with Fire
- Green is the New Grey – Seniors and Medical Cannabis
- Petty Traitors and Domestic Tyrants: Spouse Murder in England, 1660-1800
- Why Did the Computer Do That? Explaining Software in a Probabilistic World
- SAGE Study Group – Transitions

FOR MORE INFORMATION:

UVic on the Peninsula Series
250-721-7797
lacadmin@uvic.ca
continuingstudies.uvic.ca/peninsula

Delivery style definitions

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid – A combination of synchronous and asynchronous learning.

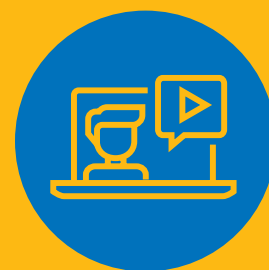
Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.

Multi-access – Instruction is offered face to face and remotely simultaneously.

Deans' Lecture Series

FREE | ONLINE



Research is continually reshaping the way we live and think. In these free online lectures, you'll hear from distinguished members of the faculties at the University of Victoria and learn about their research interests. New lectures are added regularly, and you can join our mailing list to be notified when they become available. There is no need to register. Simply visit the website for more information.

continuingstudies.uvic.ca/deans-lectures

A SAMPLE OF WHAT'S COMING UP



FINE ARTS

Trumpet Around the Sun, BY **MERRIE KLAZEK**

In this talk, review a recent recording project which highlights the presenter's experience as a professional trumpet player in settings of music from around the globe, in collaboration with over 24 artists specializing in different styles.



HUMANITIES

Rethinking Resilience, BY **SIMI KANG**

This talk focuses on the Vietnamese and Cambodian American coast-dependent fishers in southeast Louisiana who have often been called "resilient" for surviving US war in Vietnam and now, compounding disaster at home.



SCIENCE

Neural Computation in the Retina, BY **GAUTAM AWATRAMANI**

Understanding how the brain computes information requires a deep understanding of how the inhibitory and excitatory neuronal types within specified circuits are connected, as well as a detailed description of their functional properties. Learn more in this talk.

The Division of Continuing Studies presents this series in partnership with the faculties of Education, Engineering and Computer Science, Fine Arts, Graduate Studies, Human and Social Development, Humanities, Law, Science and Social Sciences; and the Greater Victoria Public Library.



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PUBLIC LIBRARY**

CONTINUING STUDIES@UVIC

Forming new perspectives...

Languages

FRENCH LANGUAGE



Join the 275 million people who proudly speak French around the world! French is a young, vibrant, international language. In fact, it is the only language other than English to be spoken on all five continents. Whether you have a child in French Immersion, are planning a trip to a French-speaking nation, or are looking to brush up on your working knowledge of Canada's other official language, our French language courses have just what you need to communicate

confidently with fellow Francophiles and Francophones alike. All French language courses offered by Continuing Studies are subject to enrollment. Please register early and invite a friend to join you!

COMPREHENSIVE FRENCH

Improve your overall French language proficiency with our new comprehensive French courses. This non-credit series is open to adults of all levels of competency. It is designed to meet the needs of a wide audience from working professionals, to lifelong learners, to people who are new in Canada—anyone wanting to confidently and competently develop fluency in French. It features four levels, each aligned with the internationally recognized DELF benchmarks A1, A2, B1 and B2. Upon successful completion of each level, students will receive a Certificate of Completion.

You can start as a beginner and register in FREN100, but if you already know some French we offer an assessment to determine which level is appropriate for you. To book your French language level assessment please call 250-721-8630 or e-mail languages@uvic.ca.

Comprehensive French – Level 1

This is the introductory level of our series of four comprehensive courses for complete beginners, focusing on all four language competencies: listening, speaking, reading, and writing.

Classes feature a balance of structural and communicative activities. No experience or initial assessment is necessary for September entry. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.

Textbook: *Défi A1 - Student Book Online Premium Edition* (required) - instructions on how to purchase your "Espace Virtuel" account and get connected to the textbook and workbook will be provided separately.

Delivery style: Online Hybrid
Date: Mondays and Wednesdays,
Sept. 12 to Dec. 12
No class Oct. 10
Time: 6:30 to 8:30 pm
Register by: Wednesday, Aug. 31
Duration: 26 sessions
Fee: \$549
Code: FREN100 2022F D11

Comprehensive French – Level 2

This is the beginner level of our series of four comprehensive courses focusing on all four language competencies: listening, speaking, reading and writing.

Classes feature a balance of structural and communicative activities. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.

Textbook: *Défi A2 - Student Book Online Premium Edition* (required) - instructions on how to purchase your “Espace Virtuel” account and get connected to the textbook and workbook will be provided separately.

Delivery style: Online Hybrid
Date: Tuesdays and Thursdays,
Sept. 13 to Dec. 8
Time: 6:30 to 8:30 pm
Register by: Wednesday, Aug. 31
Duration: 26 sessions
Fee: \$549
Code: FREN200 2022F D11

Comprehensive French – Level 3

This is the intermediate level of our series of four comprehensive courses focusing on all four language competencies: listening, speaking, reading and writing.

Classes feature a balance of structural and communicative activities and an important cultural content to optimize learning. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.

Textbook: *Défi B1 - Student Book Online Premium Edition* (required) - instructions on how to purchase your “Espace Virtuel” account and get connected to the textbook and workbook will be provided separately.

Delivery style: Online Hybrid
Date: Mondays and Wednesdays,
Sept. 12 to Dec. 12
No class Oct. 10

Time: 6:30 to 8:30 pm
Register by: Wednesday, Aug. 31
Duration: 26 sessions
Fee: \$549
Code: FREN300 2022F D11

Comprehensive French – Level 4

This is the advanced level of our series of four comprehensive courses focusing on all four basic language competencies: listening, speaking, reading and writing.

Classes feature a balance of structural and communicative activities and an important cultural content to optimize learning. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.

Textbook: *Défi B2 - Student Book Online Premium Edition* (required) - instructions on how to purchase your “Espace Virtuel” account and get connected to the textbook and workbook will be provided separately.

Delivery style: Online Hybrid
Date: Tuesdays and Thursdays,
Sept. 13 to Dec. 8
Time: 6:30 to 8:30 pm
Register by: Wednesday, Aug. 31
Duration: 26 sessions
Fee: \$549
Code: FREN400 2022F D11

FRENCH LANGUAGE CONVERSATION CLASSES

If you are looking to hone your spoken French in a casual but dynamic setting, you'll love our French Language Conversation Classes. With these classes there is no rush to get to the next level—you and your teacher work together to decide when you are ready to move up. The main themes will vary from one session to the next so you can register in a given level multiple times to solidify your skills.

French Language Conversation Classes: Introductory

This course is intended for complete beginners and is normally only taken once. In this class, you will become familiar with the sounds of French and gain confidence in pronunciation, and you'll acquire basic “survival” skills in French such as greetings and thanks. **Register for this level** if you have no previous knowledge or experience with French, or can recognize a few French words.

Delivery style: Online Hybrid
Date: Thursdays, Sept. 22 to Nov. 24
Time: 6:30 to 8:30 pm
Register by: Wednesday, Sept. 7
Duration: 10 sessions
Fee: \$245
Code: FLCC051 2022F D11

French Language Conversation Classes: Beginner

This course is intended for students at the Beginner level who would like to practice their oral French at a level in which they are comfortable. It can be taken as many times as you like as themes will vary from one term to the next. This course is **not** meant to prepare you for the next level. Students who wish to take courses that will allow them to progress steadily all the way to an advanced level should register in our Comprehensive French courses.

Register for this course if you have taken the Introductory course, or if you know how to: count up to 20, spell your name, give your address and phone number, speak about yourself, your family, your work, the weather, time and date, identify basic shapes and colours, ask and answer basic yes or no questions.

Delivery style: Face to Face
Date: Tuesdays, Sept. 20 to Nov. 22
Time: 9:30 to 11:30 am
Register by: Wednesday, Sept. 7
Duration: 10 sessions
Fee: \$245
Code: FLCC101 2022F C01

Delivery style: Online Hybrid
Date: Tuesdays, Sept. 20 to Nov. 22
Time: 6:30 to 8:30 pm
Register by: Wednesday, Sept. 7
Duration: 10 sessions
Fee: \$245
Code: FLCC101 2022F D11

French Language Conversation Classes: Intermediate

This course is intended for students at an Intermediate level who would like to practice their oral French at a level in which they feel comfortable. Here, you'll gain more fluency in using your French in a variety of everyday situations, such as speaking about likes and dislikes, making comparisons and telling a story in the past. It can be taken as many times as you like, as themes will vary from one term to the next. This course is **not** meant to prepare you for the next level. Students who wish to take courses that will allow them to progress steadily all the way to an advanced level should register in our Comprehensive French courses.

Register for this course if you already know how to: speak on the telephone, ask for and give directions and other information (such as say where it hurts), make reservations, give a definition, clarify a statement, tell whether a sentence is in a past, present or future tense.

Delivery style: Face to Face
Date: Wednesdays, Sept. 21 to Nov. 23
Time: 9:30 to 11:30 am
Register by: Wednesday, Sept. 7
Duration: 10 sessions
Fee: \$245
Code: FLCC301 2022F C01

Delivery style: Online Hybrid
Date: Wednesdays, Sept. 21 to Nov. 23
Time: 6:30 to 8:30 pm
Register by: Wednesday, Sept. 7
Duration: 10 sessions
Fee: \$245
Code: FLCC301 2022F D11

French Language Conversation Classes: Advanced

This course is intended to maintain and build your language skills for a broad variety of situations, such as nuancing an opinion, identifying features of different regional varieties of French and using various registers of French. It can be taken as many times as you like, as themes will vary from one term to the next.

Register for this course if you already know how to: express the relation of time between various events in the past, present and future, make hypotheses, express emotions (disappointment, empathy, surprise etc.), give advice, disagree with someone, use different registers in different contexts, identify accents from various parts of the Francophone world.

Delivery style: Face to Face
Date: Fridays, Sept. 23 to Dec. 9
 No class Sept. 30 and Nov. 11
Time: 9:30 to 11:30 am
Register by: Wednesday, Sept. 7
Duration: 10 sessions
Fee: \$245
Code: FLCC501 2022F C01

FOR MORE INFORMATION:
 French Language
 250-721-8630
languages@uvic.ca
continuingstudies.uvic.ca/french



Our portfolio of world language courses is constantly evolving to meet a growing demand for more languages and more levels. Honing your skills in another language is like doing yoga or becoming proficient on a musical instrument: it can take a bit of practice. In our world language courses, there is no pressure to move up from one level to the next: you can repeat the same level as many times as you'd like to build your confidence, and our instructors will keep the content fresh and interesting for you each time. If you're interested in a course where more than one level is offered, but aren't sure about your level, please contact us and we would be happy to work with you.

All language courses offered by Continuing Studies are subject to enrollment. Please register early and invite a friend to join you!

ARABIC

Arabic: Introductory

This course is a very basic introduction to the Arabic language (اللغة العربية). You will learn "survival" words and phrases, as well as how to read and write both words and practical sentences in the Arabic alphabet. Note: We recommend that you bring a recording device to class.

Textbook: *Read and Speak Arabic for Beginners*, by Mahmoud Gaafar and Jane Wightwick, from McGraw-Hill (optional)

Instructor: Nooshi Saberi

Delivery style: Face to Face
Date: Tuesdays, Sept. 27 to Nov. 29
Time: 5 to 7 pm
Register by: Wednesday, Sept. 14
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA098 2022F C11

Arabic: Beginner

If you have previously taken an introduction to colloquial (informal) Arabic course or have completed *Arabic: Introductory* and would like to express yourself in a wider variety of everyday situations, this course will help you gain confidence in speaking. You will be encouraged to fine-tune your pronunciation, reinforce your basic knowledge and develop your communication skills. Additional material will also be introduced to expand your vocabulary. Knowledge of the Arabic alphabet is required to register for this level.

Note: We recommend that you bring a recording device to class.

Textbook: *Read and Speak Arabic for Beginners*, by Mahmoud Gaafar and Jane Wightwick, from McGraw-Hill (required)
Mastering Arabic 1, Activity book by Mahmoud Gaafar and Jane Wightwick, from McGraw-Hill (required)

Instructor: Nooshi Saberi

Delivery style: Face to Face
Date: Saturdays, Sept. 24 to Nov. 26
Time: 2 to 4 pm
Register by: Wednesday, Sept. 14
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA298 2022F C01

DUTCH

Dutch: Introductory

Did you know that Dutch is not spoken just in the Netherlands? It is actually the most spoken language in Belgium and the official language of Suriname. In addition, a modified form of Dutch is one of the official languages in South Africa. This introductory conversation course will familiarize you with the pronunciation of Dutch and will introduce basic vocabulary and grammar. The emphasis will be on understanding the spoken language and simple texts, as well as engaging in basic conversation in Dutch.

Textbook: *Colloquial Dutch: A Complete Language Course, 2016 edition*, by Bruce Donaldson (required)

Delivery style: Online Hybrid

Date: Tuesdays, Sept. 27 to Nov. 29
Time: 6:30 to 8:30 pm
Register by: Wednesday, Sept. 14
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA037 2022F D11

Dutch: Beginner

This beginner course will reinforce the basics learned in *Dutch: Introductory* and build on it by introducing new vocabulary and giving you the opportunity to further develop your conversation skills.

Textbook: *Colloquial Dutch: A Complete Language Course, 2016 edition*, by Bruce Donaldson (required)

Delivery style: Online Hybrid

Date: Wednesdays, Sept. 28 to Nov. 30
Time: 6:30 to 8:30 pm
Register by: Wednesday, Sept. 14
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA237 2022F D11

Dutch: Intermediate

This intermediate course is designed for those who have some basic knowledge of Dutch. Whether you have completed *Dutch: Beginner* or have an equivalent knowledge level, this course is for you. The focus of this course is to help you become comfortable communicating in Dutch, to continue to enrich your vocabulary, and to strengthen your language structure skills. Special attention will also be given to reading comprehension.

Textbook: *Colloquial Dutch: A Complete Language Course*, by B. Donaldson (required)

Delivery style: Online Hybrid

Date: Thursdays, Sept. 29 to Dec. 1
Time: 6:30 to 8:30 pm
Register by: Wednesday, Sept. 14
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA337 2022F D11

GERMAN

German: Introductory

Students do not need any previous knowledge of German to take this course, just a love of the language. This course will help you develop your basic German language skills and build up confidence when communicating in the language. You will also gain a solid foundation of German grammar.

Instructor: Joanna Schaller, (MA (pedagogy))

Delivery style: Online Hybrid

Date: Tuesdays, Sept. 27 to Nov. 29
Time: 6:30 to 8:30 pm
Register by: Wednesday, Sept. 14
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA016 2022F D11

German: Beginner

If you have completed *German: Introductory* or have equivalent grammar and conversation skills, this course will build on that foundation. Through role-playing, simulations and other exercises, you'll continue to build your essential vocabulary and your knowledge of structures, idioms and cultural etiquette.

Instructor: Joanna Schaller, (MA (pedagogy))

Delivery style: Online Hybrid

Date: Wednesdays, Sept. 28 to Nov. 30
Time: 6:30 to 8:30 pm
Register by: Wednesday, Sept. 14
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA216 2022F D11

German: Intermediate

If you have previously studied German or have completed *German: Beginner* and would like to refresh your knowledge at an intermediate level, this course is ideal for you. This course will strengthen your foundation in grammar, enrich your vocabulary, and improve your conversational skills and listening comprehension. Lessons are enhanced by fun videos and fascinating cultural facts.

Instructor: Joanna Schaller, (MA (pedagogy))

Delivery style: Online Hybrid

Date: Thursdays, Sept. 29 to Dec. 1
Time: 6:30 to 8:30 pm
Register by: Wednesday, Sept. 14
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA316 2022F D11

German: Advanced

This course, conducted entirely in German, promotes fluency in the language at an advanced level. It features discussions, presentations, storytelling, or reading, as well as some written assignments. Students will feel more confident interacting with native German speakers, expressing their opinions, and will understand the language of the media more easily.

Instructor: Joanna Schaller, (MA (pedagogy))

Delivery style: Online Hybrid

Date: Mondays, Sept. 26 to Dec. 5
No class Oct. 10
Time: 6:30 to 8:30 pm
Register by: Wednesday, Sept. 14
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA416 2022F D11

ITALIAN

Italian: Introductory

If you have no previous knowledge of Italian and want to learn basic conversation, reading and writing skills, this course is for you. You will learn about Italian language and culture through short lectures and videos, and you will speak Italian in every class, preparing you for conversations and travel experiences in Italian.

Instructor: Estelle Kurier

Delivery style: Face to Face

Date: Tuesdays, Sept. 20 to Nov. 22

Time: 12:15 to 2:15 pm

Register by: Wednesday, Sept. 7

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA049 2022F C01

Italian: Beginner

This beginner course is intended for those who have completed *Italian: Introductory* or who already have some basic skills. Videos and cultural discussions will enhance your learning and strengthen your basic knowledge in a fun and interactive atmosphere.

Instructor: Estelle Kurier

Delivery style: Online Hybrid

Date: Tuesdays, Sept. 20 to Nov. 22

Time: 6 to 8 pm

Register by: Wednesday, Sept. 7

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA249 2022F D11

Italian: Intermediate

This intermediate course is intended for those who have completed *Italian: Beginner* or who feel confident with the basics and wish to explore the language further. You will advance your conversation skills and further develop your listening and reading comprehension skills while continuing to learn about various cultural topics.

Instructor: Estelle Kurier

Delivery style: Online Hybrid

Date: Thursdays, Sept. 22 to Nov. 24

Time: 6 to 8 pm

Register by: Wednesday, Sept. 7

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA349 2022F D11

Italian: Advanced

This course is for students who have completed the *Italian: Intermediate* course or for those who have high intermediate experience with the Italian language and are comfortable having conversations in different verb tenses. Classes will focus on further developing speaking, listening, and reading skills, and optional assignments will encourage building written skills.

Instructor: Estelle Kurier

Delivery style: Online Hybrid

Date: Fridays, Sept. 23 to Dec. 9

No class Sept. 30 and Nov. 11

Time: 12:15 to 2:15 pm

Register by: Wednesday, Sept. 7

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA449 2022F D01

JAPANESE

Japanese: Introductory

Whether you are hosting a Japanese visitor or planning a trip to Japan, let's learn to speak Japanese! This course is designed for those who have no previous knowledge of Japanese and are eager to take up a new challenge. In addition to learning "survival" words and phrases, you'll be introduced to the "hiragana" and "katakana" characters, as well as the basics of Japanese grammar. You'll also focus on developing practical conversation skills and will be introduced to cultural aspects of life in Japan.

Delivery style: Face to Face

Date: Tuesdays, Sept. 27 to Nov. 29

Time: 6 to 8 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA008 2022F C11

Japanese: Beginner

This course is designed for those who have completed *Japanese: Introductory* or who have some prior knowledge of the language. You will gain proficiency in the understanding, speaking, reading and writing of Japanese in practical situations. You will also learn more about Japan's culture and people.

Instructor: Nozomi Franco Cea

Delivery style: Online Hybrid

Date: Mondays, Sept. 26 to Dec. 5

No class Oct. 10

Time: 6 to 8 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA208 2022F D11

Japanese: Intermediate

If you have completed *Japanese: Beginner* or have strong knowledge of the language with recognition of "hiragana" and "katakana" letters, this course is for you. *Japanese: Intermediate* further develops grammatical and conversation skills, while allowing you to further explore prominent aspects of Japanese culture.

Instructor: Nozomi Franco Cea

Delivery style: Online Hybrid

Date: Thursdays, Sept. 29 to Dec. 1

Time: 6 to 8 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA308 2022F D11

Japanese: Advanced Part 1

This course is designed for those who have completed *Japanese: Intermediate* or who have a high-intermediate knowledge of the language. It will further develop your speaking, listening and reading skills. Hiragana and katakana characters will be used in the class to strengthen your writing.

Textbook: *Marugoto: Elementary 2 (A2) Katsudoo* by Japan Foundation (required)

Instructor: Keiko Tachibana

Delivery style: Online Hybrid

Date: Thursdays, Sept. 29 to Dec. 1

Time: 6 to 8 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA408 2022F D11

Japanese: Advanced Part 2

This course is designed for those who have completed *Japanese: Advanced* numerous times or who have a high ability to understand Japanese used in everyday situations. The aim is to become able to talk in some detail, and have conversations in Japanese about topics that you are interested in. Students interested in enrolling in this section are invited to contact us beforehand for a level assessment.

Textbook: *Marugoto: Intermediate 1 (B1)* by Japan Foundation (required)

Instructor: Keiko Tachibana

Delivery style: Online Hybrid

Date: Mondays, Sept. 26 to Dec. 5
No class Oct. 10

Time: 6 to 8 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA408 2022F D21

KOREAN

Korean: Introductory

Have you been interested in learning about “한류” (Hallyu or the Korean Wave)? If you’re interested in learning about the Korean language and culture, you’ll love this course. Here, you’ll learn to read and write “Hangul”, the Korean alphabet, “survival” words, and daily expressions in modern Korean culture. By the end of the course, you will be able to carry on basic conversations on topics such as dining out and shopping.

Textbook: *Active Korean 1*, by Seoul National University Language Education Institute, Two Ponds publishing (required)

Active Korean 1 Workbook, Two Ponds publishing (optional)

Instructor: Hailey Ceong

Delivery style: Face to Face

Date: Tuesdays, Sept. 27 to Nov. 29

Time: 7 to 9 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA009 2022F C11

Korean: Beginner

This fun and interactive course is a continuation of *Korean: Introductory*. It is designed for people with some written and oral communication skills in the Korean language. Expand your fluency for communicating in Korean in daily life. Learn how to set up your own appointments, ask for and follow directions, and make a phone call in Korean. We will also explore, and gain an appreciation for Korean modern pop culture.

Textbook: *Active Korean 1*, by Seoul National University Language Education Institute, Two Ponds publishing (required)

Active Korean 1 Workbook, Two Ponds publishing (optional)

Instructor: Jaerang Lee

Delivery style: Online Hybrid

Date: Wednesdays, Sept. 28 to Nov. 30

Time: 7 to 9 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA209 2022F D11

Korean: Intermediate

This course is for those who have already completed *Korean: Beginner*, or who have some basic communication skills, vocabulary and sentence patterns. In this course, you will deepen your understanding of basic grammar and sentence construction, and expand your vocabulary to be able to: make inquiries about public transportation, make reservations for hotels or restaurants, and more. You will also broaden your understanding of Korean modern pop culture.

Textbook: *Active Korean 2*, by Seoul National University Language Education Institute, Two Ponds publishing (required)

Active Korean 2 Workbook, Two Ponds publishing (optional)

Instructor: Jaerang Lee

Delivery style: Online Hybrid

Date: Thursdays, Sept. 29 to Dec. 1

Time: 7 to 9 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA309 2022F D11

MANDARIN

Mandarin: Introductory

This course is a very basic introduction to the Mandarin language. You will learn “survival” words and phrases, and receive ear training for Mandarin tones to become aware of how the meaning of words change in Mandarin.

Textbook: *Practice Makes Perfect: Basic Chinese, Premium Second Edition*, from McGraw-Hill (required)

Instructor: Dawn Yuan

Delivery Style: Face to Face

Date: Tuesdays, Sept. 27 to Nov. 29

Time: 7 to 9 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA013 2022F C11

Mandarin: Beginner

If you already have a basic knowledge of Mandarin tones and “survival” Mandarin, this course will help you master simple sentences for easy conversations. Connected to the reality of daily life, you will learn basic Chinese characters useful for email or WeChat messages.

Textbook: *Practice Makes Perfect: Basic Chinese Premium Second Edition*, from McGraw-Hill (required)

Instructor: Dawn Yuan

Delivery style: Online Hybrid

Date: Wednesdays, Sept. 28 to Nov. 30

Time: 7 to 9 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA213 2022F D11

Mandarin: Intermediate

This course is for those who have already completed *Mandarin: Beginner* (or the equivalent). Here, you’ll take your basic knowledge of Chinese characters and developed tone recognition and expand your ability to build longer sentences, while continuing to learn about the culture through Chinese songs, poems, movies, and other art forms.

Textbook: *Practice Makes Perfect: Basic Chinese Premium Second Edition*, from McGraw-Hill (required)

Instructor: Dawn Yuan

Delivery style: Online Hybrid

Date: Thursdays, Sept. 29 to Dec. 1

Time: 7 to 9 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA313 2022F D11

RUSSIAN

Russian: Introductory

This interactive course will help you to learn simple introductory concepts of Russian vocabulary and grammar, as well as how to make full sentences. You will actively learn basic level Russian through four skills: listening, speaking, reading, and writing. Through a communicative approach, you will learn many historical facts about Russia and its culture, as you watch videos and participate in classroom activities.

Instructor: Galina Sanaeva, (PhD)

Delivery style: Online Hybrid

Date: Mondays, Sept. 26 to Dec. 5
No class Oct. 10

Time: 6 to 8 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA004 2022F D11

Russian: Beginner

This course is intended for students who have completed *Russian: Introductory* or the equivalent. *Russian: Beginner* will help you to build confidence in your Russian language communication skills using a variety of real-life scenarios (asking for directions, occupation, hobbies, small talk). We will also cover more complex aspects of Russian grammar and syntax, and use online course materials and various resources related to Russian culture to further enrich your learning.

Instructor: Galina Sanaeva, (PhD)

Delivery style: Online Hybrid

Date: Thursdays, Sept. 29 to Dec. 1

Time: 6 to 8 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA204 2022F D11

Russian: Intermediate

In this intermediate course, you will strengthen your conversation skills and expand your understanding of Russian grammar. We will also take advantage of online, audio and video materials to further optimize your learning. Participants are expected to have some proficiency in Russian or to have completed *Russian: Beginner* (or the equivalent).

Instructor: Galina Sanaeva, (PhD)

Delivery style: Online Hybrid

Date: Tuesdays, Sept. 27 to Nov. 29

Time: 6 to 8 pm

Register by: Wednesday, Sept. 14

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA304 2022F D11

SPANISH

Spanish: Introductory

This introduction to Spanish is designed for those who have no previous knowledge of the language. Here, you will acquire basic pronunciation, vocabulary, and grammar, as well as conversation skills through practice in pairs and small groups. Videos and audiovisual materials will enrich the content of your classes and teach important aspects of culture.

Textbook: *Complete Spanish Step-by-Step*, by Barbara Bregstein with McGraw-Hill (required)

Instructor: Alicia Brown, (BA)

Delivery style: Face to Face

Date: Mondays, Sept. 19 to Nov. 28
No class Oct. 10

Time: 7 to 9 pm

Register by: Wednesday, Sept. 7

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA025 2022F C11

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Online Hybrid

Date: Tuesdays, Sept. 20 to Nov. 22

Time: 7 to 9 pm

Register by: Wednesday, Sept. 7

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA025 2022F D11

Spanish: Beginner

This course is for those who have completed *Spanish: Introductory*, or have a basic knowledge of the language and wish to improve their written and speaking skills. This course gives you the opportunity to participate in class and strengthen your oral skills in a friendly atmosphere. Essential grammar points will also be covered.

Textbook: *Complete Spanish Step-by-Step*, by Barbara Bregstein with McGraw-Hill (required)

Instructor: Alicia Brown, (BA)

Delivery style: Face to Face

Date: Wednesdays, Sept. 21 to Nov. 23

Time: 7 to 9 pm

Register by: Wednesday, Sept. 7

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA225 2022F C11

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Online Hybrid

Date: Wednesdays, Sept. 21 to Nov. 23

Time: 7 to 9 pm

Register by: Wednesday, Sept. 7

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA225 2022F D11

Spanish: Intermediate

Do you have a basic knowledge of Spanish and are looking to progress further? Or have you recently completed *Spanish: Beginner*? This intermediate course will help you improve your speaking abilities by giving you opportunities to practice conversation. An increased emphasis on grammar will also be practiced to strengthen your writing skills.

Textbook: *Complete Spanish Step-by-Step*, by Barbara Bregstein with McGraw-Hill (required)

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Face to Face

Date: Thursdays, Sept. 22 to Nov. 24

Time: 9:15 to 11:15 am

Register by: Wednesday, Sept. 7

Duration: 10 sessions

Fee: \$222 plus \$11.10 GST

Code: ASLA325 2022F C01

Delivery style: Online Hybrid
Date: Thursdays, Sept. 22 to Nov. 24
Time: 7 to 9 pm
Register by: Wednesday, Sept. 7
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA325 2022F D11

Spanish: Advanced

This advanced conversation class is intended for those who have completed *Spanish: Intermediate* or have a high intermediate to advanced level. This class is geared to help you maintain your fluency, further enrich your vocabulary, and introduce you to the Spanish culture. Typical activities will include oral presentations and discussion of current events.

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Online Hybrid
Date: Wednesdays, Sept. 21 to Nov. 23
Time: 1 to 3 pm
Register by: Wednesday, Sept. 7
Duration: 10 sessions
Fee: \$222 plus \$11.10 GST
Code: ASLA425 2022F D01

FOR MORE INFORMATION:

World Languages
250-721-8630
languages@uvic.ca
continuingstudies.uvic.ca/world-languages

Delivery style definitions

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.

Multi-access – Instruction is offered face to face and remotely simultaneously.

KEEP IN TOUCH!

If you are a UVic grad, you are also a member of the UVic Alumni Association. You will receive the *UVic Torch Alumni Magazine* free of charge and monthly electronic news, including event invitations. You can also access benefits and services exclusive to UVic alumni. **Be sure to update your contact information and stay connected!**



Are you looking to broaden your cultural experiences?

What if you could do it from your very own home?

UVic Homestay is accepting new hosts!

We offer...

- **Excellent support services** – including orientation and community-building opportunities
- **Updated policies and guidelines** – that continue to keep both host and student safety a top priority
- **Increased compensation** – to match rising costs of living (receive \$1,095/month; and \$1,260/month starting Jan. 1, 2023)

Host an international student with UVic Homestay and start broadening your cultural experiences.

250-472-4268 | homestaysupport@uvic.ca

continuingstudies.uvic.ca/elc/new-host

WHO WE ARE

UVic's English Language Centre (ELC) has been offering award-winning English language programs since 1970, and is one of the largest on-campus English schools in Canada. The COVID pandemic has brought many challenges to international education over the past two years. It has also reminded us of the importance and value of social interaction and cultural exchange. This fall, we are delighted to welcome back many international learners who are travelling to Victoria in order to pursue their academic, professional and personal goals. For these learners, the opportunity to study in Victoria is a transformative experience in their lives.

Want to get involved?

VOLUNTEER WITH US

We welcome new volunteers to help our students develop their English skills and adjust to life in Canada.

Learning Centre volunteers

- Chat with students to help them build their confidence with English conversation
- Practise language skills that students are learning in class
- Help students with homework assignments, such as reading, vocabulary and presentations

International Conversation Club volunteers

- Share conversation with students and discuss Canadian culture
- Participate in sessions which can include conversation games, fun workshops, and cultural or holiday-themed treats

Classroom volunteers

- Take part in student activities under the guidance of experienced EAL teachers
- Meet people from different parts of the world and learn about other cultures

250-721-8469 | elcinfo@uvic.ca

continuingstudies.uvic.ca/elc/volunteer



CONTINUING STUDIES@UVIC

Discovering new perspectives...

Museums, Heritage and Indigenous Culture

For over 30 years, the Cultural Resource Management unit in the Division of Continuing Studies has been offering educational opportunities for emerging and mid-career professionals working in the museum, heritage and cultural sector. This currently includes a Diploma in Cultural Resource Management, a Professional Specialization Certificate in Collections Management, and a Professional Specialization Certificate in Visitor and Community Engagement. Individual courses can also be accessed on a credit or non-credit basis as a form of professional development.

This fall, we are proud to launch a new micro-credential in Digital Planning for the Cultural Sector supported by the BC Ministry of Advanced Education and Skills Training. This new learning opportunity will provide just-in-time training for cultural professionals to develop the critical competencies and skills needed to make informed decisions around the future of digital technologies for their organization.

LEARN MORE

Continuing Studies at UVic offers a number of engaging courses throughout the year which may be offered under the following topics:

- **Museum and Heritage Studies**
- **Indigenous Language and Culture**

FOR MORE INFORMATION:

Museums, Heritage and Indigenous Culture
continuingstudies.uvic.ca/culture

Delivery style definitions

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.

Multi-access – Instruction is offered face to face and remotely simultaneously.



Accepting the possibility of the impossible

with instructor Dr. Skye Goksenin Sen

“I’ve seen it in James Bond movies and in mattress companies,” laughs Continuing Studies at UVic instructor Dr. Skye Goksenin Sen. “Businesses use the word ‘quantum’ to make their products sound cooler.” There is no doubt that concepts of quantum mechanics are complex for the average person, but Goksenin brings these misrepresented ideas back to earth. She strives to show that quantum physics is relevant to our everyday lives when correctly understood.

Goksenin received her undergraduate degree in Turkey, a master’s degree in Germany and her doctorate in Canada. She has been an instructor at Continuing Studies for three years and loves every minute of it. “It’s like family, the staff are amazing and very supportive,” she remarks. “I appreciate the accepting, visionary and open-minded structure.” Her background in physics engineering and her PhD in curriculum development in science education have given her the tools to share her passion with learners of all ages.

After offering courses at the university and high school level, Goksenin developed innovative curricula and started offering educational programs in quantum physics, first for elementary, then for kindergarten students along with teacher training programs in how to teach quantum physics. “Kids enter learning without negative preconceptions. They are open to these magical concepts,” she explains. Through hands-on activities, games and age-appropriate teaching strategies, she successfully taught kindergarten students the concepts of quantum physics. Goksenin applies this same approach to teaching our community learners in her course *Down the Rabbit Hole – Quantum Physics for Nonphysicists*.

”
If there was a magic switch in human perception, I would turn it on so everyone could go beyond their humanly limitations.

The student engagement at Continuing Studies never ceases to amaze Goksenin. Everyone comes from different walks of life and has something different to offer. “Each student’s perception of my classes is different; it’s fun to engage with everyone’s unique perspective when it comes to the counter-intuitive.”

When the pandemic hit, Goksenin had to adapt to online learning. Making the shift from teaching in the classroom to online allowed her to reach well beyond geographic borders and increase her student demographic. “It was enriching to teach curious minds across Canada and the world.”

In Goksenin’s mind, quantum physics is not only the study of our universe, but also a perspective by which we can better understand the nature of reality. She encapsulates the essence of quantum physics in two key concepts: miniscule subatomic scales and counterintuitive thinking. “The counter-intuitive nature of quantum physics sounds impossible, like being at the beach and the office at the same time.” She believes that in order to engage with the concepts of quantum physics, one must step out of their comfort zone and allow the idea of improbable. “It’s about having an open mind and accepting the strangeness of a quantum reality that co-exists with our own,” she states.

Goksenin suggests that the study of quantum physics enhances our view of the world and the understanding of our place in the universe. Learning the concepts of quantum physics fosters scientific and technological literacy, helping people form informed decisions in everyday life. It promotes critical and creative thinking that widens our perspectives. Quantum physics is based on a probabilistic way of thinking; there is no one right single answer, which contradicts the right or wrong dichotomy we live by.

For Goksenin, quantum physics is more than a scientific theory—it’s the foundation of reality. She integrates the philosophical framework of quantum physics into her everyday life and she is eager to share these transformative concepts with others. “If there were a magic switch to perceive the true nature of reality, I would turn it on, so everyone could go beyond their humanly limitations,” she says. Whether she is teaching at Continuing Studies or sailing on the ocean in her spare time, Goksenin’s magic switch is certainly turned on.

— CS —



*This fall, Dr. Skye Goksenin Sen is teaching: *Down the Rabbit Hole – Quantum Physics for Nonphysicists*. To register, visit continuingstudies.uvic.ca/general-science.*



Cultivating new perspectives...

Science and the Environment

ECOLOGICAL RESTORATION



Green Shores™ Training

Protecting shorelines in the face of climate change and sea level rise has largely focused on building seawalls and dikes. While these structures provide protection in the short term, they're expensive and often contribute to erosion and habitat loss at other locations along the shoreline. As an alternative to hard armoured solutions like seawalls, the Green Shores program provides practical strategies for shoreline design and management, and the promotion of healthy shoreline environments. Open to homeowners

and shoreline professionals, these one- and two day workshops provide information about the Green Shores program, including its rationale, benefits and application. Topics covered include shoreline ecology and governance, Green Shores credits and ratings systems, and a visit to local shorelines to consider the concepts in a practical setting.

Visit greenshores.ca or send an email to: ecorestoration@uvic.ca for information about upcoming workshops.

Ecosystems for the Future

The world's climate is out of balance and is driving ecosystem changes that few of us have seen in our lifetime. What is the scale of these changes? How will this affect our way of life? How can we adapt? The practice of ecological restoration can point the way to ground level positive actions. This course will bring into focus the practice of ecosystem restoration at the local and regional level through a series of presentations delivered by faculty from UVic's School of Environmental Studies, First Nations speakers and Elders, and professionals whose work intersects with ecology in diverse ways.

Instructor: Thomas Munson

Delivery style: Online Asynchronous

Date: Oct. 17 to Nov. 4

Duration: 3 weeks

Fee: \$275 plus \$13.75 GST

Code: ER800 2022F D01

NEW Conservation Conflict Transformation: Processes and Principles

In the current age of unprecedented environmental degradation, protecting ecosystems conflict with other human activities, resulting in consequences for humans and wildlife. You will learn an exciting tool to address these challenging conflicts known as Conservation Conflict Transformation. We will explore conservation conflicts and their transformation at community, national, and international levels when it comes to facing the conflicts that will arise in human conservation endeavors.

Instructor: Lauren Eckert

Delivery style: Face to Face

Date: Thursday and Friday, Nov. 3 and 4

Time: 4 to 6 pm

Duration: 2 sessions

Fee: \$48 plus \$2.40 GST

Code: ASSC324 2022F C01

Danger Trees and Wildlife Trees

A wildlife tree is defined as “any standing dead or live tree with specific characteristics that provide valuable habitat for the conservation or enhancement of wildlife.” Yet, many wildlife trees, especially in urban areas, are cut down for safety reasons. Learn what makes a wildlife tree special for habitat, and learn what makes a tree dangerous—maybe the same tree! And learn how to assess and classify wildlife trees as a valuable ecological component of local ecosystems. The presenter is a certified wildlife tree – danger tree assessor.

Instructor: Thomas Munson

Delivery style: Face to Face

Date: Saturday, Nov. 5

Time: 10 am to noon

Duration: 1 session

Fee: \$28 plus \$1.40 GST

Code: ASSC312 2022F C01

FOR MORE INFORMATION:

Ecological Restoration
250-721-8458
artssci1@uvic.ca
continuingstudies.uvic.ca/ecology

GENERAL SCIENCE AND MATH



Introduction to Biology and Natural History

This online self-study course is for people looking to gain foundational, scientifically sound, knowledge in biology and natural history. It is organized into 11 study modules outlining the general principles by which plants and animals interact with each other and their surroundings. Our course will guide you, self-paced, through each module so that you can attain a certificate of completion on successfully passing.

Delivery style: Online Asynchronous

Date: Sept. 1 to June 30, 2023

Register by: Tuesday, Nov. 1

Duration: Up to 43 weeks

Fee: \$85 plus \$4.25 GST

Code: ER099 2022F D01

Introduction to Mycology

This online self-study course will enable you to gain foundational, scientifically sound, knowledge in the field of Mycology – the study of fungi. Developed by two experts in the field, Bryce Kendrick and Shannon Berch, this course will guide you independently at your own pace through 10 units so that you can attain an understanding of the features of fungi and the roles they play in pathology, nutrient cycling, agriculture, biological control, food, medicine, forests and our urban environments. You will receive a Certificate of Completion on successfully passing the course.

Textbook: The Fifth Kingdom: An Introduction to Mycology 4th ed. By Bryce Kendrick. Available for purchase online through various booksellers.

Delivery style: Online Asynchronous

Date: Sept. 1 to June 30, 2023

Register by: Tuesday, Nov. 1

Duration: Up to 43 weeks

Fee: \$65 plus \$3.25 GST

Code: ER098 2022F D01

Introduction to Chemistry

This online tutorial course is designed to provide background for those who intend to enrol in a university-level introductory chemistry course. If you do not have the equivalent of *Chemistry 12*, you may be allowed to use this course to fulfill that prerequisite.

Prerequisites: Prerequisites for this course include successful completion of *Principles of Mathematics 12* or *Pre-Calculus 12*, and *Chemistry 11*, or their equivalents.

Transcripts must be provided to the Division of Continuing Studies to show completion of these courses before permission to register is granted.

Instructor: Monica Reimer

Delivery style: Online Asynchronous

Date: Sept. 12 to Dec. 11

Register by: Friday, Sept. 9

Duration: 13 weeks

Fee: \$182.50 plus \$9.13 GST

Code: ASCH091 2022F D01

Fusion and Fission: A Nuclear Physics Crash Course

Most of us are familiar with the vocabulary of nuclear science: fission, fusion, half life, alpha, beta and gamma rays. In this course, we will learn the origin and meaning of these terms. We'll examine the discoveries and developments which shaped the science throughout the 20th century, and we'll meet the people who made it happen, while gaining a deeper understanding of the nuclear world. Our approach will be conceptual, not computational, so you can leave your scientific calculator at home!

Instructor: Peter Hopkinson

Delivery style: Face to Face

Date: Wednesday, Sept. 14 to Oct. 5

Time: 9:30 to 11:30 am

Duration: 4 sessions

Fee: \$126 plus \$6.30 GST

Code: ASSC320 2022F C01

Down the Rabbit Hole – Quantum Physics for Nonphysicists

What does this word “quantum” even mean? Sounds daunting, doesn't it? Forget about everything you have learned about the nature of reality and be prepared for a fun ride down the rabbit hole! We will explore the key concepts of quantum physics, such as the elementary particles, the fundamental forces, the dual nature of matter, non-locality, superposition, quantum tunneling, and the mystery of dark matter. These concepts provide a liberating lens to perceive the world around you differently. Once you enter this magical world, you will be astounded by the possibilities!

Instructor: Skye Sen (PhD)

Delivery style: Face to Face

Date: Wednesdays, Sept. 28 to Nov. 2

Time: 7 to 9 pm

Duration: 6 sessions

Fee: \$140 plus \$7 GST

Code: ASSC284 2022F C01

NEW Dinosaur Evolution

Dinosaurs thrived for nearly 170 million years and over that time underwent considerable evolutionary changes. At least three extinction events during this time changed the course of dinosaur evolution. This course examines the evolution of Dinosauria in general as well as some high-profile species such as Tyrannosaurs-Rex, Triceratops, and Brontosaurus.

Instructor: Donald Macdonald, (BSc, MSc)

Delivery style: Face to Face

Date: Tuesdays, Oct. 4 to 11

Time: 10 am to noon

Duration: 2 sessions

Fee: \$85 plus \$4.25 GST

Code: ASSC328 2022F C01

Heat Waves and Droughts

In today's world, it's important to be aware of the dangers related to heat waves and to be prepared to take actions that could save your life or the life of a loved one. In this course, you will learn about arid climates, like deserts, and how human activities are expanding these regions through activities like overgrazing livestock and deforestation. Other topics of discussion will include: drought regions; changes in large-scale global winds, ocean temperatures and ocean circulation patterns; and global warming and its impact on global wind patterns.

Instructor: Donald Macdonald, (BSc, MSc)

Delivery style: Face to Face

Date: Tuesday, Oct. 18

Time: 10 am to noon

Duration: 1 session

Fee: \$30 plus \$1.50 GST

Code: ASSC319 2022F C01

FOR MORE INFORMATION:

General Science and Math
250-721-8481
artssc2@uvic.ca

continuingstudies.uvic.ca/general-science

HORTICULTURE AND NATURE



NEW The New Garden Border

It's a gardeners dream to have long sweeping herbaceous perennial borders stuffed with flowering plants that all bloom in unison. However, the reality is that most of us cultivate small or awkward spaces and don't have enough time to spend in the yard. Join Jeff de Jong to discover how to create a luscious, year round border using tips from his travels to gardens around the world.

Instructor: Jeff de Jong

Delivery style: Face to Face

Date: Saturday, Sept. 24

Time: 2 to 4 pm

Duration: 1 session

Fee: \$28 plus \$1.40 GST

Code: ASSC325 2022F C01

Gardens in History: Japanese Gardens

Throughout garden history, Japanese gardens have been revered for their flawless design details and inspirational compositions—properties which have elevated them from mere gardens to havens of peace, serenity and introspection. Explore the history, philosophy, horticulture and design elements of Japanese gardens through local Victoria and Vancouver examples. This course will also provide practical knowledge and inspiration to create your own magnificent garden sanctuary, whether in a pot, patio or a yard.

Instructor: Susan Hawkins, (MA, BA (Hons))

Delivery style: Face to Face

Date: Saturdays, Oct. 1 to 15

Time: 10 am to noon

Duration: 3 sessions

Fee: \$75 plus \$3.75 GST

Code: ASSC311 2022F C01

NEW Introduction to Fruit Tree Pruning

We will look at pruning techniques for fruit trees for the upcoming winter months, along with some discussion on summer pruning. Apple and pear tree pruning will be the main focus but we will also look at pruning other fruit trees. Pruning concepts will be looked at with particular reference to *why* we make the particular types of pruning cuts, along with some pruning myth busting.

Instructor: Gordon Mackay

Delivery style: Face to Face

Date: Saturday, Oct. 1

Time: 10 am to noon

Duration: 1 session

Fee: \$28 plus \$1.40 GST

Code: ASSC322 2022F C01

Birding Basics II: Waterbirds

Fall and winter are the time to enjoy waterbirds in Victoria: most waterbirds breed elsewhere and return to coastal waters to spend the winter feeding, socializing and building up reserves for the next breeding season. In this series of four lectures and three field trips, you will learn the skills necessary to find and identify local waterbirds, including geese, swans, ducks, gulls and terns. Lectures will include slide and video presentations, and field trips will visit local birding hotspots.

Instructor: James Clowater, (BSc, MSc)

Delivery style: Face to Face

Date: Oct. 6 to Nov. 3

Time: Thursdays, Oct. 6 to Nov. 3 (4 lectures); and Sundays, Oct. 16 to Oct. 23 (3 field trips)
Thursdays 7 to 9 pm and
Sundays 9 to 11 am

Duration: 7 sessions

Fee: \$125 plus \$6.25 GST

Code: ASSC227 2022F C01

NEW Floriade 2022: International Garden Festival

Join Jeff de Jong for a once in a decade experience: Floriade! Every ten years a garden festival and expo takes place in the Netherlands where countries from around the world share ideas for a greener future. This year's theme is "Growing Green Cities". Jeff will share his first hand experience at Floriade through slides and lectures. Discover Floriade and learn how our own cities and back gardens will move forward in the future of all that is green.

Instructor: Jeff de Jong

Delivery style: Face to Face

Date: Saturday, Oct. 8

Time: 2 to 4 pm

Duration: 1 session

Fee: \$28 plus \$1.40 GST

Code: ASSC326 2022F C01

Mushrooms of Greater Victoria

Join Andy MacKinnon and Kem Luther for an exploration of mushrooms found locally in the Greater Victoria Area. An evening presentation on wild mushrooms, fungus groups and identification will be followed by a full day in the field and classroom collecting, sorting and identifying. Breaks will be provided and students should bring a bag lunch. Andy and Kem are cofounders of the Metchosin Biodiversity Project (metchosinbiodiversity.com). They are both enthusiastic participants, speakers and field trip leaders for various mushroom festivals in southwestern BC each autumn.

Please visit the course page on our website for a full list of items and equipment to bring for the day.

Instructor: Andy MacKinnon

Instructor: Kem Luther, (PhD)

Delivery style: Face to Face

Date: Oct. 19 and 20

Time: Wednesday Oct. 19, 7 to 9 pm
Thursday Oct. 20, 9 am to 4 pm

Duration: 2 sessions

Fee: \$140 plus \$7 GST

Code: ASSC314 2022F C01

Instructor: Kem Luther, (PhD)

Instructor: Andy MacKinnon

Delivery style: Face to Face

Date: Oct. 28 and 29

Time: Friday Oct. 28, 7 to 9 pm
Saturday Oct. 29, 9 am to 4 pm

Duration: 2 sessions

Fee: \$140 plus \$7 GST

Code: ASSC314 2022F C11

Instructor: Andy MacKinnon

Instructor: Kem Luther, (PhD)

Delivery style: Face to Face

Date: Nov. 12 and 13

Time: Saturday Nov. 12, 2 to 4 pm
Sunday Nov. 13, 9 am to 4 pm

Duration: 2 sessions

Fee: \$140 plus \$7 GST

Code: ASSC314 2022F C21

NEW Welcoming Water in the Garden

Water in the garden can have lasting impact. It need not be a roaring fountain or enormous pond, but can be subtle and sparing. Either way, water will bring your garden to life and create a soothing oasis of sound and wildlife. This class will discuss several simple DIY options for the home owner to introduce a water element.

Instructor: Jeff de Jong

Delivery style: Face to Face

Date: Saturday, Oct. 22

Time: 2 to 4 pm

Duration: 1 session

Fee: \$28 plus \$1.40 GST

Code: ASSC327 2022F C01

NEW Discover the Chocó!

Have you ever wanted to visit one of the wettest places in the Western Hemisphere? Take an old-fashioned 'slide show' to the jungles of the Chocó in western Colombia. Explore the capital of Quibdó, the Río San Juan and the Río Baudó. The presenter spent two years there working with Indigenous peoples on an environmental impact assessment project for the Pan American Highway. Discover the Chocó!

Instructor: Thomas Munson

Delivery style: Face to Face

Date: Saturday, Nov. 19

Time: 10 am to noon

Duration: 1 session

Fee: \$28 plus \$1.40 GST

Code: ASSC323 2022F C01

FOR MORE INFORMATION:

Horticulture and Nature
250-721-8458
artssci1@uvic.ca
continuingstudies.uvic.ca/horticulture

ADDITIONAL TOPICS

Continuing Studies at UVic offers a number of engaging courses throughout the year in addition to those listed in this calendar. Those courses may be offered under the following topics:

- **Marine Science**
- **Sustainability**

FOR MORE INFORMATION:

Science and the Environment
continuingstudies.uvic.ca/science

PROGRAMS

Looking to refresh your skills or to develop new ones for our changing world? The future of your career is in your hands—set yourself apart with a certificate, diploma or micro-credential from Continuing Studies at UVic.

Visit: continuingstudies.uvic.ca/programs

MICRO-CREDENTIALS

| Program (A-Z) | Delivery | Credential |
|--|-------------------------------|---|
| Administrative Technology | Blended, Online | Professional Development Certificate |
| Borders in Globalization: Cross-Border Management in a Comparative Perspective | Blended | Professional Development Certificate |
| Borders in Globalization: Trade and Customs Borders in the 21st Century | Blended | Professional Development Certificate |
| Business Communication | Blended, Face to Face, Online | Professional Development Certificate |
| Business Intelligence and Data Analytics | Online | Professional Development Certificate |
| Canadian Fall Prevention Curriculum | Online | Professional Development Certificate |
| Collections Management | Blended, Online | Professional Specialization Certificate |
| Community Fishers Training | Face to Face | Professional Development Certificate |
| Current Concepts in Dentistry | Face to Face | Certificate of Participation |
| Customized International Education Programs | Face to Face | Professional Development Certificate |
| Digital Planning for the Cultural Sector | Online | Professional Development Certificate |
| Ecological Restoration | Online | Professional Specialization Certificate |
| Emergency Management for Organizational Continuity | Online | Professional Development Certificate |
| English as a Medium of Instruction | Face to Face | Professional Development Certificate |
| Essential Soft Skills Training | Online | Professional Development Certificate |
| French Immersion Teacher Mentorship | Online | Professional Development Certificate |
| Green Shores™ Training | Face to Face | Professional Development Certificate |
| Health Terminology Standards | Online | Professional Development Certificate |
| La Maison Française | Face to Face | Certificate of Completion |
| Online Pedagogy and Internationalization | Online | Professional Development Certificate |
| Organizational Preparedness and Adaptability | Online | Professional Development Certificate |
| Palliative Care Pharmacy | Online | Professional Development Certificate |
| Population Health Data Analysis | Online | Professional Specialization Certificate |
| Strategies and Actions for Independent Living | Online | Professional Development Certificate |
| Teaching English as a Foreign Language – PDC | Online | Professional Development Certificate |
| Teaching English as a Foreign Language – PSC | Blended | Professional Specialization Certificate |
| Teaching English Language Learning | Online | Professional Development Certificate |
| Unity® in Interactive Storytelling for Creative Technology | Online | Professional Development Certificate |
| Visitor and Community Engagement | Blended, Online | Professional Specialization Certificate |
| Wound Management for Health Professionals | Online | Professional Development Certificate |

CERTIFICATES AND DIPLOMAS

| Program (A-Z) | Delivery | Credential |
|--|-------------------------------|-------------|
| Adult and Continuing Education | Blended, Online | Certificate |
| Business Administration – Certificate | Blended, Face to Face, Online | Certificate |
| Business Administration – Diploma | Blended, Face to Face, Online | Diploma |
| Business Administration – Fast Track | Face to Face | Certificate |
| Canadian Studies | Blended | Diploma |
| Cultural Resource Management | Blended, Online | Diploma |
| Environmental and Occupational Health | Online | Certificate |
| Foundations in Indigenous Fine Arts | Face to Face | Certificate |
| General Studies | Blended, Face to Face, Online | Certificate |
| Indigenous Language Revitalization | Face to Face | Certificate |
| Intercultural Studies and Practice | Blended, Face to Face | Diploma |
| Public Relations | Online | Diploma |
| Restoration of Natural Systems – Certificate | Blended | Certificate |
| Restoration of Natural Systems – Diploma | Blended | Diploma |
| Social Justice Studies | Face to Face | Diploma |

New programs are coming soon...

We're working on a number of exciting new programs exploring the latest in a wide range of topics, taught in small-class and online learning environments. Join our email lists and we'll let you know once details become available.

Visit: continuingstudies.uvic.ca/coming-soon



JUST ANNOUNCED:

- Advanced Business Intelligence and Data Analytics
- Amateur Landscape and Garden Design
- Business Finance
- Designing Learning in a Hybrid Workplace
- Equity, Diversity, Inclusion and Accessibility (EDIA) in the Workplace
- Marketing Communication Essentials
- GIS Technology
- Indigenous Cultural Stewardship
- Mapping with Drones
- Small Business and Professional Practice Development and Management
- Supervisory Skills
- Transformative Climate Action

CONTINUING STUDIES@UVIC

Building new perspectives...

Teaching, Learning and Development

TEACHER PROFESSIONAL DEVELOPMENT



Teaching English as a Foreign Language (TEFL)

This 120-hour non-credit course is intended for people with little or no EFL teaching experience. It provides a survey of fundamental theoretical and practical concepts related to teaching English as a foreign language. By the end of the course, you will have acquired knowledge, skills, strategies and cultural awareness, and be

familiar with the following: methodology for teaching English language skills (reading, writing, listening, speaking, grammar and vocabulary); second language acquisition theory; classroom organization, teaching and assessment techniques; understanding cultural diversity; teaching learning strategies to maximize learning in the classroom; empowering learners to manage their own learning process.

Prerequisites: Previous teaching experience is not required. While not a formal prerequisite, we recommend that participants have previously completed a program of undergraduate study. Students who are not native speakers of English must meet the following language proficiency requirements or pass a TEFL entrance interview:

TOEFL(iBT) score: 94
IELTS score 7.0

Textbook: *Learning Teaching: An Essential Guide to English Language Teaching, Third Edition*, by Jim Scrivener

Instructor: TBA

Delivery style: Face to Face

Date: Sept. 13 to Dec. 13

Time: Tuesday and Thursday evenings from 6:15pm to 9:15pm AND every second Saturday (full days) 9 am to noon and 1 pm to 4 pm

Register by: Sept. 13

Duration: 34 sessions

Fee: \$1,150 plus \$57.50 GST

Code: EDTE125 2022F C01

FOR MORE INFORMATION:

Teacher Professional Development
250-472-4747
tefl@uvic.ca

continuingstudies.uvic.ca/teacher-prod

ADDITIONAL TOPICS

Continuing Studies at UVic offers a number of engaging courses throughout the year in addition to those listed in this calendar. Those courses may be offered under the following topics:

- **International Teaching and Education**
- **Workplace Learning**

FOR MORE INFORMATION:

Teaching, Learning and Development
continuingstudies.uvic.ca/teaching

Delivery style definitions

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.

Multi-access – Instruction is offered face to face and remotely simultaneously.



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General information

CAMPUS SERVICES

Academic accommodations

At Continuing Studies at UVic, we want to support all of our students towards achieving success. Sometimes this means providing academic accommodations to reduce barriers and provide different ways of meeting essential course or program requirements. Of course, fulfilling these requirements remains the responsibility of learners, but there are things that we can do to help. Some barriers could include:

- Mobility challenges
- Visual impairment (low vision/blind)
- Learning disability, ADHD
- Deaf or hard of hearing
- Chronic pain
- Anxiety

Learners with long-term or chronic medical issues and learners with disabilities are encouraged to contact our student support coordinator as early as possible to see how we can best support their learning.

FOR MORE INFORMATION

Student Support Coordinator:
250-721-8473 | sscoord@uvic.ca
continuingstudies.uvic.ca/campus-info

The Farquhar at UVic

The Farquhar at UVic is the largest performing arts venue located on campus, presenting high profile music, theatre, dance and performances by many local community groups. It is also home to all UVic convocation ceremonies. Student Rush Tickets (\$10) are available with a valid ONECard two weeks in advance of select Farquhar Presents events. Follow the venue on social media for event information and updates.

FOR MORE INFORMATION

250-721-8480 | uvic.ca/farquhar

University Food Services

University Food Services (UNFS) operates the following:

- Arts Place, Fine Arts Building
- BiblioCafé, McPherson Library
- Mac's, MacLaurin Building
- Mystic Market, Jamie Cassels Centre (9 outlets)
- Nibbles & Bytes Café, Engineering Lab Wing
- SciCafé, Bob Wright Building
- The Cove, New Student Residence

Degrees Catering: Our catering department offers a variety of diverse menu options for pick up and delivery for events and meetings on campus. Orders may be placed online at uvic.ca/food or by phone 250-721-8603.

ONE Card Dining Discount: When students, faculty and staff use their ONECard Flex Funds at any UNFS outlet, they receive a 5% discount on their purchase. Please note that purchases made at the General Store are exempt from this discount. Campus guests may obtain a GUESTCard from the ONECard Office that also provides 5% off purchases at all UNFS outlets.

You may add Flex Funds to your ONECard at uvic.ca/food or in person at the ONECard or UNFS Office.

FOR MORE INFORMATION

250-472-4777 | eat@uvic.ca | uvic.ca/food

University of Victoria Legacy Art Galleries

At the University of Victoria Legacy Art Galleries, art works to promote dialogue around issues that matter. Our exhibitions and programs activate research and learning through university and community collaborations. Mentorship is critical to Legacy's operations while providing real-life museum and collection work experience enabling students to be better prepared for future careers.

Legacy has three main sites for rotating exhibitions including the Legacy Art Gallery Downtown, on campus at the Legacy Maltwood, and in the First Peoples House. Additionally, more than 2,000 works from the collection are on display in buildings across campus and in the community, underlining the educational and community-building roles of art. All free to enjoy!

The Legacy Art Gallery Downtown is UVic's primary gallery space. It is a lively and engaging centre for arts that is easily accessible to the community and features rotating exhibitions. The Legacy Downtown is also a site for public programs, and both university and community events.

Legacy Maltwood (at the Mearns Centre – McPherson Library on campus) is located on the lower level of the McPherson Library. Gallery hours are the same as the library. The Legacy Maltwood features rotating exhibitions and is a storage and reference facility.

FOR MORE INFORMATION

Legacy Art Gallery Downtown, 630 Yates Street
250-721-6562 | uvic.ca/legacygalleries
10 am–4 pm, Wednesday–Saturday
Free and open to the public.

UVic Alumni Association

The UVic Alumni Association represents all graduates of the University of Victoria, including graduates of diploma and certificate programs. We bring alumni together to connect, learn, volunteer and support each other and our world-class university.

The association offers a host of benefits and services that link alumni with their university. Visit us at alumni.uvic.ca and learn about our events, programs and services. The *UVic Torch Alumni Magazine* is mailed or emailed free of charge and we distribute a monthly electronic newsletter to all alumni who provide us with their email address.

FOR MORE INFORMATION

250-721-6000 | alumni@uvic.ca | alumni.uvic.ca

UVic Bookstore / Blink Print / Computer Store / Starbucks

The Bookstore offers a variety of items essential to academic success, including new and used texts and digital versions when available. All textbooks requested by faculty are stocked in store. The Bookstore's general book department carries a comprehensive selection of both academic and general titles. Textbook listings are available online three weeks before the beginning of each term.

The Bookstore also handles regalia rentals for graduates, offers a wide selection of contemporary UVic crested clothing, school and stationery supplies, and has a unique gift section.

Blink Print is a wide format print shop located on the lower level of the Bookstore. They offer the most affordable large format printing on campus which includes presentation posters, signs, banners, decals and more. Blink's services are open to the public as well as the campus community.

The Computer Store carries a wide selection of refurbished laptops, hardware, cables, connectors and other accessories.

There is a Starbucks located on the lower level of the Bookstore.

FOR MORE INFORMATION

UVic Bookstore: 250-721-8311 | uvicbookstore.ca
See up-to-date hours on website.

Blink Print: 250-472-4590 | blinkprt@uvic.ca
uvic.ca/print

Computer Store: 250-721-7643

UVic Libraries

The Mearns Centre for Learning – McPherson Library and the Priestly Law Library provide comfortable, positive and welcoming learning environments for students. Continuing Studies students taking any non-credit course are eligible to borrow library materials. Contact the Ask Us Desk to set up your community card and start exploring the libraries' resources and borrowing privileges.

FOR MORE INFORMATION

UVic Libraries Ask Us Desk: 250-721-8230
askus@uvic.ca | uvic.ca/library

Students residing outside Victoria, contact Distance Learning and Research:
250-721-6488 | info@uvic.ca
uvic.ca/library/info@uvic.ca

VISITING CAMPUS

The University of Victoria encourages visitors to use sustainable transportation to get to campus: transit, walking, cycling and carpooling. For detailed information on travel choices available, please visit: uvic.ca/sustainability/topics/transportation/drivingalternatives.

Buses

The campus bus terminal is located beside the Campus Services Building, Finnerty Road. The campus is served by the following bus routes:

- 4 UVic/Downtown via Hillside, Douglas, Fairfield and Gorge
- 7 UVic/Downtown via Douglas, Fairfield, May and Foul Bay
- 9 Royal Oak/UVic via Interurban, Burnside, Gorge and Hillside
- 11 Tillicum Centre/UVic via Gorge, Fort, Oak Bay and Cadboro Bay
- 12 University Heights/UVic via Garnet, Kenmore and San Juan
- 13 Ten Mile Point/UVic via Cadboro Bay and Arbutus

- 14 Vic General/UVic via Oak Bay Junction, Yates, Craigflower and Victoria General Hospital
- 15 Esquimalt/UVic via HMC Dockyard, Esquimalt, Fort, Oak Bay and Foul Bay
- 16 Uptown/UVic via McKenzie and Carey
- 26 Dockyard/UVic via McKenzie, Saanich Road, Tillicum and HMC Dockyard
- 39 Westhills/Interurban/Royal Oak/UVic via Shelbourne, Royal Oak, Interurban, Watkiss Way, Island Hwy and Goldstream
- 51 Langford Exchange/UVic via McKenzie, Glanford and Island Hwy
- 76 Swartz Bay/UVic via McKenzie, Pat Bay Hwy and Swartz Bay Ferry Terminal

FOR MORE INFORMATION

BC Transit: 250-382-6161 | bctransit.com
For up-to-date route changes, visit the website or use Next Ride Trip Planner.

Campus safety

Campus Security Services is committed to promoting a safe and welcoming environment to enhance the well-being of students, staff, faculty and visitors, and to protect all university property. Campus Security Services is open 24 hours a day, seven days a week. A "safe haven" is located just inside their front doors should you need help at any time. SafeWalk services are available any time to anyone wanting an escort within campus boundaries. Campus Alone is available 24 hours a day for individuals who work/study in isolated areas on campus and are concerned about their personal safety. Security Officers act as First Responders trained to handle all medical emergencies. Crime prevention, personal safety information and workshops are available.

Reminders:

- Be alert and aware of your surroundings
- Trust your instincts
- Plan your route and vary it, if possible
- Park in well-lit areas
- Keep your vehicle locked
- Wallets and purses are attractive targets to thieves—don't leave unattended
- Have your keys ready before you get to your vehicle
- Check interior of vehicle before entering

FOR MORE INFORMATION

Campus Security Services / SafeWalk Services:
250-721-7599 | web.uvic.ca/security

Personal Safety Coordinator: 250-721-8981

Emergency procedures

Although major emergencies on campus are unlikely, it's a good idea to be prepared. Here are a few tips to help you respond when the unexpected happens.

- Download the UVic SafetyApp and sign up for UVic E Alerts. Visit uvic.ca/alerts.
- Use texting, not voice calls, to tell people you're safe.
- Medical emergency? Call 911 and Campus Security Services: 250-721-7599. Provide the location of emergency.
- Fire? Pull the fire alarm and get out of the building—follow the instructions of the building emergency coordinators wearing safety vests.
- Earthquake? Drop, Cover and Hold On. Do not leave the building until the shaking stops. Head towards the playing fields behind CARSA and stay away from the buildings.
- Threat of violence? Protect yourself by getting out, hiding, or as a last resort—fight.
- If you evacuate a building, take your wallet, keys and cell phone with you.

FOR MORE INFORMATION

uvic.ca/services/emergency

Parking

Pay parking is in effect Monday to Saturday, 24 hours. Pay by Licence (PBL) is in effect on campus, visitors are required to enter their licence plate at the parking dispenser at the time of purchase. Parking permits may be purchased at any of the parking permit dispensers located in lots outside Ring Road or in advance online at parking.uvic.ca. Parking can also be paid for using the Honk app. Go to honkmobile.com.

These permits are valid only in the General Parking areas in numbered lots only, not at parking meters or Reserved Parking areas. The lots inside Ring Road are for Reserved permit holders until after 5 pm weekdays, at which time General permit holders may park. The "after 5 pm" rule for General Parking permits does not apply to the areas marked "24-hour Reserved." Dispensers accept both coin and credit cards.

There are a number of short-term parking meters provided for visitor use.

FOR MORE INFORMATION

Campus Security Services
250-721-6683 | uvic.ca/security/parking

How to register

Online registration

VISIT: continuingstudies.uvic.ca/register

To register online, please follow the secure registration process on our website. Search for a course by name or by topic and then follow the instructions for purchase via our Shop Cart.

Walk-in registration

Register at the Continuing Studies Building (see campus map on back page). Office hours are weekdays 8:30 am to 4:30 pm.

University of Victoria
3800 Finnerty Road
Continuing Studies Building
(Corner of Ring and Gabriola Roads)
2nd Floor Reception
Victoria, BC V8P 5C2

Phone registration

CALL: 250-472-4747

Weekdays 8:30 am to 4:30 pm

Mail registration

Print and fill out the registration form found online at continuingstudies.uvic.ca/RegForm and mail to:

University of Victoria
Division of Continuing Studies
PO Box 1700 STN CSC
Victoria, BC V8W 2Y2

Registration reminders

- Provide account number, CVD number, expiry date and signature if paying by credit card.
- Notify us of an address change.
- Make cheques payable to University of Victoria.
- If a course is full, your registration will be placed on a waiting list.

Registration process

To avoid disappointment, register as soon as possible. Many courses fill up quickly while others will be cancelled one week prior to the start date if they do not meet their minimum enrolment. If we are unable to register you in a course because it is full, you will be placed on a waiting list and contacted if a space becomes available. Your payment will not be processed unless space is available for you in the class.

Registration payment

All registrations must be accompanied by full payment: cash/debit card (in person only), cheques, money orders, Visa, MasterCard and American Express. Phone/online registrations are by credit card only.

Goods and Services Tax

Some Continuing Studies courses are subject to Goods and Services Tax (GST). If GST is payable, it is indicated alongside the tuition fee in the course description.

Confirmation and classroom location

After you register, you will receive a confirmation receipt with the classroom location, date and time (Note: no location is listed for online courses). If you have not received your confirmation receipt by the day before your start date, please call 250-472-4747 for help locating the classroom.

Scents and perfumes

In consideration of others, please refrain from using scented products in classrooms.

Use of educational technologies

Instructors in some courses may use a variety of educational technology in a course including, internet-based applications, cloud services and social media. The use of this technology is intended to enhance and deliver education to students and is part of student engagement at the university. Some of these technologies may collect, use, disclose and store students' personal information outside of Canada. If students do not want their personal information stored or accessed outside of Canada, instructors will try to provide privacy-protective options (such as using an alias or nickname to register). However, in some instances, courses may not be available to students if they do not consent to the disclosure of their personal information outside of Canada. If the course is required for the completion of a credential, alternatives will be provided.

Tuition fee tax deductions

Keep your confirmation receipt as it is your official income tax receipt. Your tuition fees may be tax deductible if the total fees paid to UVic in a calendar year exceed \$100. You may combine the fees of more than one course so their total exceeds the \$100 minimum.

Cancellations, withdrawals and refunds

The Division of Continuing Studies reserves the right to cancel/reschedule courses or other offerings without notice, and to establish

special regulations for admission to non-degree programs or courses. If a course or offering is cancelled/rescheduled, the liability of the Division of Continuing Studies is limited to a refund of your course fee, or, if desired, transfer to another offering.

To withdraw from a course, please let us know in person, by phone (250-472-4747) or by email (uvcsreg@uvic.ca):

- At least seven days prior to the first meeting of a short-term, intensive course, workshop or conference, with limited enrolment.
- Prior to the second class when a course meets once or twice weekly over a period of several weeks.

Depending on your method of payment, a refund will be either mailed to you or credited to your credit card.

If you withdraw from a course, an administrative fee may be charged for processing. The amount may vary according to the type of course, but will be a minimum of \$15.

Note: Some programs have special refund policies as printed in their individual course descriptions.

Bursary program

Each term the Division of Continuing Studies offers bursaries totalling \$1,000 to assist learners in furthering their education. Bursaries will be awarded to learners who can display evidence of a commitment to lifelong learning and who can demonstrate financial need.

Applications are available on our website at continuingstudies.uvic.ca/bursary or in person:

University of Victoria
3800 Finnerty Road
Continuing Studies Building
(Corner of Ring and Gabriola Roads)
2nd Floor Reception
Victoria, BC V8P 5C2

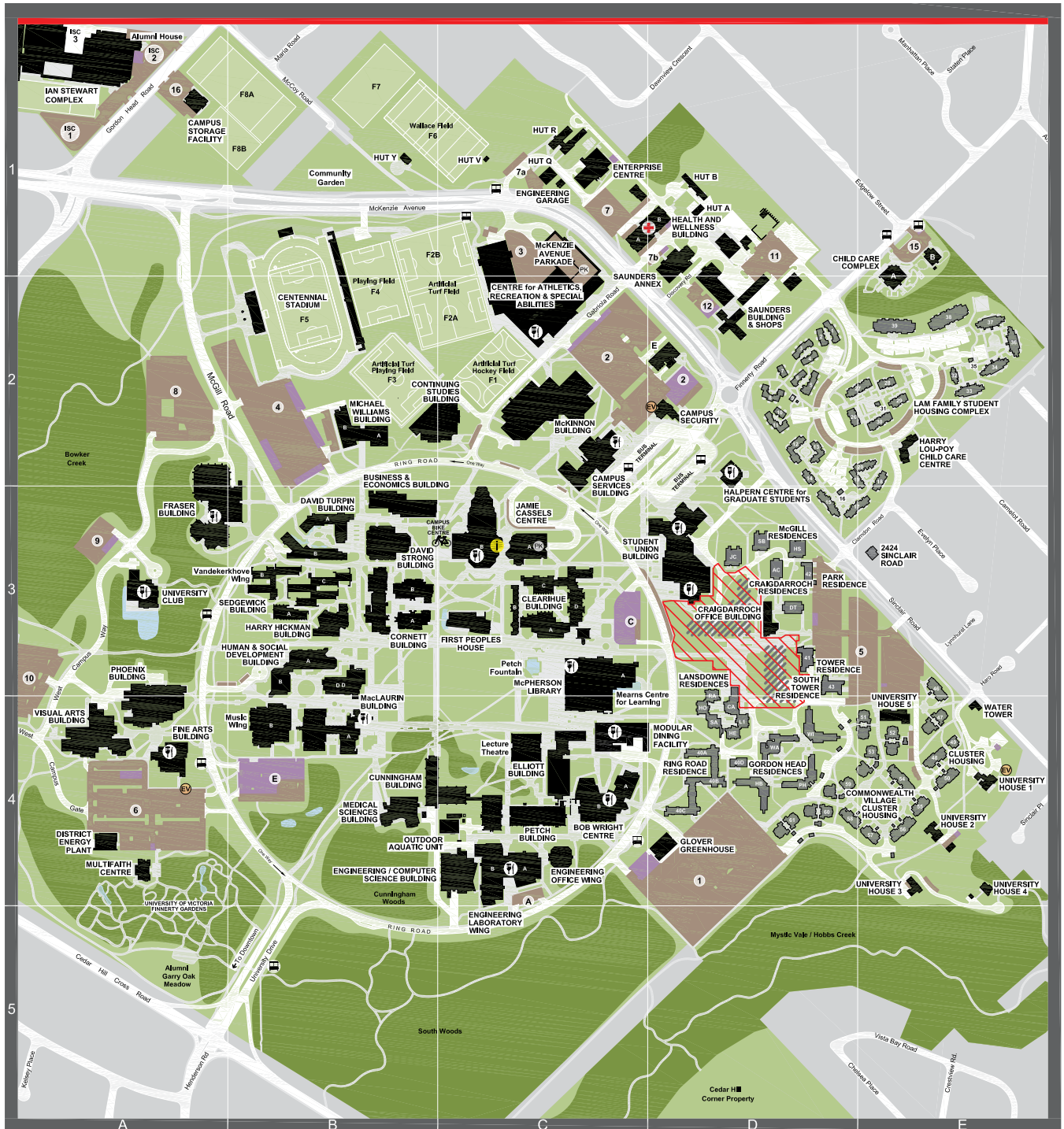
Term application deadlines:
Jan. 15 and Aug. 15













HOLIDAY CLOSURES

The University of Victoria is closed on statutory holidays and from Dec. 25 to Jan. 1 (inclusive). You may still register online during the holiday periods. Unless otherwise noted, classes will not be held on statutory holidays.

FOR GENERAL INQUIRIES
CALL 250-472-4747

Campus map – University of Victoria



- | | | |
|--|---|---|
|  Buildings |  General Pay Parking |  Welcome Centre |
|  Residences |  Reserved Parking |  Student Wellness Centre |
|  Buildings Under Construction |  Construction Zone |  Food Service Outlet |
| | |  Bus Stop |
| | |  Parkade |
| | |  EV Charging Station |



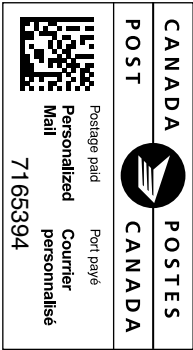
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