Where fresh perspectives are launched.

Ever feel like you’re living in a bubble, isolated and sheltered in the routine of the familiar? Lifelong learning gives us the opportunity to blast off from the everyday and explore new horizons of knowledge and understanding.

At Continuing Studies at the University of Victoria, we offer a galaxy of fascinating content to lifelong learners in small-class settings. With over 200 courses and programs available each term, a universe of opportunities await for you to launch into fresh perspectives.

We're online too!
The calendar is available online in an interactive format—nothing to download, just turn the pages and click on a course title to register:
continuingstudies.uvic.ca/calendar

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Marc Chagall: The Stained Glass

Date: Wednesdays, Sept. 25 to Oct. 16
Time: 2:30 to 4:30 pm
Duration: 4 sessions
Fee: $80 plus $4 GST
Code: ASHA140 2019F C01

Marc Chagall came to create stained glass only when he was in his seventies, but there was no diminution of his powers; in fact, he reached new heights. His imagination, sense of colour and tone, his ability to “place” the light, to use it to full advantage in illuminating the glass, and the quality of the glass itself, added up to achievements so fine that he is considered to be the greatest stained-glass artist of the twentieth century. This course will begin with a short history of stained glass from medieval times forward and will examine Chagall’s religious and secular masterpieces in this medium.

Instructor: John Lucas (PhD)

John Lucas is a teacher, actor, singer and director.

Classics of Film Noir

Date: Wednesdays, Oct. 2 to Nov. 6
Time: 7 to 8:30 pm
Duration: 6 sessions
Fee: $90 plus $4.50 GST
Code: ASHA141 2019F C01

What is film noir and why are we still fascinated by it? You will view clips from 6 classic film noir films from the key era of 1944 to 1958, starting with “Double Indemnity”, “The Killers”, “Gilda”, “The Big Sleep”, “Out of the Past”, and ending with Orson Welles’ film, “The Touch of Evil,” all considered key films of the classic period. The course will provide an opportunity to analyze and discuss elements that make up film noir, and discover how a brief period of mostly B-movies—derided at the time by American movie critics—became one of the most influential movements in film history.

Instructor: Peter Sandmark

Peter Sandmark is the Executive Director of MediaNet, a non-profit independent film centre in Victoria, since 2005. Over the past ten years he has also been a sessional instructor at the University of Victoria, teaching courses in the Fine Arts Faculty such as The Economy of Art and Culture, The History of Comic Book Art, Creative Being, and Art and Digital-media Technology. He has taught Video Art, and Comic Art at the Vancouver Island School of Art, and was a part-time film production and cinematography teacher at Concordia University, between 1985 and 2004. Sandmark has directed over 20 short films, with works showing in numerous festivals, and on TV, and also draws a comic strip, ROACTOWN, for the Fernwood Village Vibe paper.
Emily Carr in France

How and when, will form the framework of this course. Attention will also be paid to the leading artists and movements which constituted the Modern Art of Paris in Carr's time. Each lecture will provide many examples of Carr's artwork from private as well as public collections.

Instructor: Kerry Mason (MA)

Kerry Mason is an instructor of art history, teaching at the University of Victoria, the Victoria College of Art, and the University of Colorado. She is also a curator, author and art consultant. Since 2001, Kerry has enjoyed teaching a range of courses on topics such as First Nations (especially Northwest Coast art and culture), Emily Carr, The Group of Seven, Georgia O'Keeffe, Frida Kahlo, and survey courses of BC Art History and Canadian Painting. She regularly leads Continuing Studies Travel Tours.

FOR MORE INFORMATION:
Art History
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/art-history

Let's Sing! Level I

Date: Wednesdays, Sept. 11 to Dec. 11
Time: 6:30 to 8 pm
Duration: 14 sessions
Fee: $190 plus $9.50 GST
Code: ASMU204 2019F C02

This course is designed for those who have already taken Let's Sing! Levels 1 and 2. You will develop and take your vocal skills to a higher level and improve your confidence in performing different genres of music. Share the joy of singing with like-minded people in a positive atmosphere!

Instructor: Debra Laprise

Let's Sing! Level 2

Date: Thursdays, Sept. 12 to Dec. 12
Time: 12:30 to 2 pm
Duration: 14 sessions
Fee: $190 plus $9.50 GST
Code: ASMU310 2019F C02

This course follows Let's Sing Level 1. We will continue to build on basic vocal techniques and learn how to take and support breath correctly and use resonance to improve vocal quality. Different genres of music in solo and choral works will be explored. Prerequisite: Let's Sing Level 1.

Instructor: Debra Laprise

Let's Sing! Level 3

Date: Tuesdays, Sept. 10 to Dec. 10
Time: 12:30 to 2 pm
Duration: 14 sessions
Fee: $190 plus $9.50 GST
Code: ASMU421 2019F C01

This course is designed for those who have already taken Let's Sing! Levels 1 and 2. You will develop and take your vocal skills to a higher level and improve your confidence in performing different genres of music. Share the joy of singing with like-minded people in a positive atmosphere!

Instructor: Debra Laprise

MUSIC

Emily Carr in France

Modern Art in Paris in 1910 had a profound effect on Emily Carr. Her trips to various locations in France and her encounters with Impressionist, Post Impressionist, Fauve and Cubist art inspired and stimulated Carr to create using an entirely new visual vocabulary, technique and palette. We will consider her sketches, oils on canvas, watercolours and her writing as well. Where Carr went, who she studied with, as well as the why, went, who she studied with, as well as the why,
Overcoming Vocal Difficulties

Date: Tuesdays, Sept. 10 to Oct. 15
Time: 5 to 6:30 pm
Duration: 6 sessions
Fee: $90 plus $4.50 GST
Code: ASMU386 2019F C01

Many people experience problems with their voice, times when sound is difficult to produce. Aging, misuse of voice, health issues (such as tremor, laryngeal dystonia), stuttering and self-doubt can often affect the voice. In this course, we will study the general rules of good vocal health. We will seek solutions to vocal problems by using voice techniques that focus on controlling the breath (diaphragmatic breathing) and using the breath to make the most of the voice.

Instructor: Debra Laprise

Symphonic Masterpieces

Date: Sept. 19, 2019 to May 14, 2020
Time: Thursdays Sept. 19, Oct. 3, Nov. 7 and Dec 5, 2019; Jan. 30, March 5, Apr. 2 and May 14, 2020: 7:15 to 9:15 pm
Duration: 8 sessions
Fee: $150 plus $7.50 GST
Code: ASMU212 2019F C01

This course is designed to help students develop their listening skills and appreciation of classical symphonic music. Each lecture corresponds with a different concert selected from the Victoria Symphony's 2019-20 Masterworks series. Through guided listening and class discussion, you will learn how to listen to the form, instrumentation and style of the selected works. By learning what to listen for, your enjoyment during concerts will increase significantly. This year's program includes much-loved solo concerts including Mendelssohn's violin concerto and Rachmaninoff's 3rd piano concerto. Symphonic highlights include Tchaikovsky's Pathétique Symphony, Sibelius' ecstatic 5th Symphony, and Mahler's 3rd Symphony. All levels of listeners – from novice to knowledgeable – are welcome.

Instructor: Mikki Reintjes (MMus)

How to Listen to Classical Music

Date: Tuesdays, Sept. 24 to Oct. 29
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU400 2019F C01

Are you a non-musician wondering if you are missing something when you listen to classical music? The truth is that no two people hear the same thing when they listen to music, and even when you listen to the same recording twice in a row, you can hear different things. This course offers an in-depth tour of the workings of harmony, rhythm, melody, form and more, in easy-to-understand language for people without musical training. Learn why different chords and rhythms trigger different emotions, and unlock the mysteries of the styles of the masters. Your instructor will demonstrate concepts live at the piano.

Instructor: John Anderson (MA, Musicology)

Barrel House, Boogie Woogie, Honky Tonk and Stride

Date: Thursdays, Sept. 26 to Oct. 31
Time: 2:30 to 4:30 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU391 2019F C01

What is the difference between swing and Harlem stride? Did it all evolve from ragtime? Who were the greatest boogie woogie piano players of all time and where did that rocking rhythm come from? Find out this and more with this series of lectures that illustrate the rich history and evolution of early popular piano styles dating back to the beginnings of the twentieth century. Featuring live piano performances of the music of Fats Waller, Scott Joplin and Dr. John and more.

Instructor: Jan Randall (see bio under How to Listen to Classical Music)

Opera Live and in High Definition

Date: Sept. 26, 2019 to May 7, 2020
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU381 2019F C01

Go beyond Pacific Opera Victoria’s season and explore four of the Metropolitan Opera’s 2019-20 high definition theatre broadcasts. This course includes lectures on two productions from Pacific Opera Victoria plus four operatic masterpieces presented in Cineplex theatres. September and October are devoted to two Puccini masterpieces, Turandot and Il Trittico, a trilogy of one-act operas, in turn bleak, heart wrenching, and comedic. We then head into the Egyptian desert for Philip Glass’s Akhnaten, the story of a Pharaoh daring to create a new religion. The New Year highlights a star-studded cast in Gershwin’s Porgy and Bess, followed by POV’s production of Jonathan Dove’s Flight, a modern story, both humorous and profound, of a refugee stranded in an airport. Finally, dueling queens vie for the affections of the same man in Donizetti’s Maria Stuarda, presented in theatres in May. In each class, you will be presented with the story and background of each opera, and listen to and watch great moments in audio and video examples, all to prepare you to attend and enjoy a live performance. Beginners and opera aficionados are equally encouraged to attend this entertaining and informative course.

Instructor: Mikki Reintjes (MMus)
Flight, October. In the New Year, Gershwin’s remarkable wrenching, and comedic - opens the season in Puccini’s trilogy of one-act operas – bleak, heart enjoyable. Pacific Opera Victoria’s production of season and one from the Metropolitan Opera’s productions from Pacific Opera Victoria’s 2019-20 Join your instructor and special musical guests 20th centuries. Paris Conservatoire during the 19th and and performance practice of the flutists at the University of Victoria, specializing in pedagogy and intertwine to create music that is unique to within it almost endless possibility for creation of musical sound. It is both uniquely suited to performance of grand symphonic forms and perfectly capable of striking a supporting role in non-symphonic settings.

Yet, the ensemble defies absolute definition and has meant no single thing to history’s great composers, conductors, and impresarios. In this class we will explore the evolution and rise of the symphony orchestra through its music and its performers from the 17th century to the present day. No prior experience in music is required.

Instructor: Mary Byrne (PhD)

Mary Byrne is an active teacher, adjudicator, lecturer, recorded artist and published author. With the Victoria Conservatory of Music, Camosun College and her own Piccolino Studio, she boasts thriving studios and classrooms of students at all ages and stages of musical interest. She is a regular performer with the Victoria Symphony. She earned her BMus (Flute Performance and Music Education) and MMus (Flute Performance) degrees from the University of Michigan, and her PhD (Musicology) from the University of Victoria, specializing in pedagogy and performance practice of the flutists at the Paris Conservatoire during the 19th and 20th centuries.

Rise of the Symphony Orchestra

NEW

Date: Mondays, Sept. 30 to Dec. 2
(no class Oct. 14 and Nov. 11)
Time: 9:30 to 11:30 am
Duration: 8 sessions
Fee: $185 plus $9.25 GST (includes refreshments)
Code: ASMU439 2019F C01

A symphony orchestra is a wonder, arguably the premier ensemble of classical music. It contains within it almost endless possibility for creation of musical sound. It is both uniquely suited to performance of grand symphonic forms and perfectly capable of striking a supporting role in non-symphonic settings.

Saturday Mornings at the Opera

Date: Oct. 12, 2019 to Feb. 15, 2020
Time: Saturdays, Oct. 12, 2019; Jan. 25 and Feb. 15, 2020, 9:30 to 11:30 am
Duration: 3 sessions
Fee: $62 plus $3.10 GST
Code: ASMU382 2019F C01

Join your instructor and special musical guests for another season of this popular course. Two productions from Pacific Opera Victoria’s 2019-20 season and one from the Metropolitan Opera’s Live in HD series have been chosen for you to enjoy. Pacific Opera Victoria’s production of Puccini’s trilogy of one-act operas – bleak, heart wrenching, and comedic - opens the season in October. In the New Year, Gershwin’s remarkable Porgy and Bess fills the screen in Cineplex theatres in high definition. In April, POV is staging Flight, a modern story both humorous and profound, of a refuge stranded in an airport. Together, we will study the story and background of these three operas, learn about their composers, and listen to and watch great moments in audio and video, all to prepare you to attend and enjoy a live performance of these operas. Beginners and opera aficionados are equally encouraged to attend this entertaining and informative course.

Instructor: Mikki Reintjes (MMus)

Baroque Music

NEW

Date: Wednesdays, Oct. 16 to Nov. 20
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU417 2019F C01

Baroque music represents outrageously expressive and epic forms of communication. Join us as we tour Europe at a time when the pomp and splendor of Baroque music unfolds amid the glory of tension between two opposing masses: poverty-luxury, idealism-oppression. Meet some of the main revolutionaries, who bolstered music to new heights of virtuosity and opulence – bold in gesture and conception, vigorous, decorative, and monumental. Through a series of easy and fun exercises, we examine how the novel development of musical elements (rhythm, melody, harmony), and the creation of important new musical forms – the opera, the instrumental sonata, and the concerto – unfold and intertwine to create music that is unique to the Baroque spirit.

No previous musical knowledge necessary.

Instructor: Allison Star (PhD)

Dr. Allison Star is an internationally recognized classical pianist, adjudicator and a published musicologist. She has served as Professor of Music on faculty with the School of Music at Brandon University; Dominican University of San Rafael (San Francisco Bay); and is currently a lecturer at the University of Victoria. She has performed widely across North America and is active as a researcher who specializes in French Romanticism and Beethoven. She is a long-time senior examiner and member of the College of Examiners of the Royal Conservatory of Music. As a nationally certified music teacher, and an executive member of the BC Registered Music Teachers Victoria branch, Dr. Star also runs a flourishing private studio.

Introduction to Music Theory: Level I

NEW

Date: Tuesdays, Oct. 22 to Nov. 26
Time: 6:30 to 8 pm
Duration: 6 sessions
Fee: $90 plus $4.50 GST
Code: ASMU422 2019F C01

This course will cover the basic rudiments of classical music theory, dealing with rhythm, time signatures, clefs and staff notation, scales and keys. You will learn basic music theory, relating it to our musical perceptions and that, if properly used, music theory can give us a greater appreciation of music.

Instructor: Debra Laprise

Stephen Sondheim

NEW

Date: Wednesdays, Oct. 23 to Dec. 11
Time: 2:30 to 4:30 pm
Duration: 8 sessions
Fee: $150 plus $7.50 GST
Code: ASMU440 2019F C01

Stephen Sondheim is thought of by major critics as now the greatest and possibly best-known artist in the American musical theatre. His list of legendary shows is astonishing: West Side Story, Gypsy, A Little Night Music, Follies, Company, Sweeney Todd, Sunday in the Park with George, Into the Woods and many more. This course will examine the Sondheim phenomenon both on and off the stage, and his work with Oscar Hammerstein, Leonard Bernstein, Jule Stein, and Arthur Laurents. Film clips, recordings and live performances will be featured.

Instructor: John Lucas (see bio under Marc Chagall: The Stained Glass)

How to Listen to Jazz

Date: Tuesdays, Nov. 5 to Dec. 10
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU437 2019F C01

Ever wonder why your favorite jazz songs and artists might be different from the opinions of your friends and family? Do you think a deeper understanding of jazz might enhance your enjoyment of the music? Learn about the different layers of experience in music with this listening survey of jazz from swing to modern. This course includes demonstrations of the workings of jazz styles with samplings from dixieland, swing, bebop and beyond. Includes group discussions and listening to excerpts of recordings. No musical experience or knowledge required.

Instructor: Jan Randall (see bio under How to Listen to Classical Music)
Two Legendary Jazz Women

Date: Thursdays, Nov. 7 to Dec. 12
Time: 2:30 to 4:30 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU438 2019F C01

Two rival big bands with two legendary singers. Billie Holiday and Ella Fitzgerald were at the top of their game and though their styles were polar opposites, the two became friends. Here is an in-depth look at the recordings and the history of these two amazing women.

January 16, 1938 and the Savoy Ballroom in New York City hosts a “jazz battle”. Count Basie with bluesy diva Billie versus scat virtuoso Ella. Who will be declared a winner?

This course offers samplings of their recordings with live deconstruction of the music at the piano with your instructor.

Instructor: Jan Randall (see bio under How to Listen to Classical Music)

FOR MORE INFORMATION:
Music
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/music

Photography

NEW
The 8-Week Photo Club v 3.0

Date: Thursdays, Sept. 26 to Nov. 14
Time: 7 to 9 pm
Duration: 8 sessions
Fee: $170 plus $8.50 GST
Code: ASVA125 2019F C01

This course is aimed at photographers of intermediate to advanced skill levels in search of creative stimulus. Those who have taken earlier versions of this course will be undertaking entirely new weekly photo assignments; first time participants are at no disadvantage as such. In place of the prior “photographic master as mentor” model, the third iteration of this course will examine a diverse array of photographic themes allowing participants added creative “breathing space.”

The course thrives on non-stop weekly assignments, kicking off with an “open category” single image submission our very first evening.

Each session opens with 45–60 minutes studying examples of a specific genre of photography followed by in-class viewing/critique of student images in a prepared PowerPoint presentation. The challenge will be to integrate stylistic elements examined during the previous week’s lecture portion into the coming week’s image assignment.

Basically hands-on application with a liberal dose of photographic art appreciation, the goals of this course will be to explore as well as put into practice new forms of creative visualization. Registrants would ideally be familiar with menus on their camera or Smartphone.

Instructor: Tony Bounsall (BAPA)

Tony has been shooting photographically for 30 years and is a photo arts graduate from Ryerson Polytechnical University. He currently teaches Photo-Based Mixed Media, Collage and Printmaking at The Vancouver Island School Of Art in Victoria. Tony has also taught workshops in alternative based photography, collage, mixed media and encaustics at The Coast Collective, The Denman Island Arts Centre, The Old School House in Qualicum Beach, MISSA and Red Deer College Series Summer Art School and Camosun College Continuing Studies in Victoria BC. Over the last 15 years, Tony has worked in several different mediums, including iphonography, digital artwork, alternative based photography, mixed media, printmaking and encaustics. His work draws inspiration from his travels, the environment, topographic mapping, medical imagery and vintage photographic imagery. He exhibits and sells his own fine art prints and mixed media work throughout North America. He is one of the founding members of “The Imagists”, a Victoria-based artists’ group.

For More Information:
Photography
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/music

NEW
Introduction to Digital Photography

Date: Tuesdays, Sept. 24 to Oct. 29
Time: 6:30 to 9 pm
Duration: 6 sessions
Fee: $165 plus $8.25 GST
Code: ASVA127 2019F C01

Learn how to get the best possible photographs from your digital camera and find out what all those mysterious buttons and settings really do! We will cover such topics as basic exposure theory, colour temperature of light and lens selection. Learn about visual design and composition. Participants should bring their camera, a note pad and paper and the camera manual to class. This is a great course for the complete novice or beginners wanting to increase and deepen their understanding of digital photography.

Instructor: Tony Bounsall (BAPA)

Tony has been shooting photographically for 30 years and is a photo arts graduate from Ryerson Polytechnical University. He currently teaches Photo-Based Mixed Media, Collage and Printmaking at The Vancouver Island School Of Art in Victoria. Tony has also taught workshops in alternative based photography, collage, mixed media and encaustics at The Coast Collective, The Denman Island Arts Centre, The Old School House in Qualicum Beach, MISSA and Red Deer College Series Summer Art School and Camosun College Continuing Studies in Victoria BC. Over the last 15 years, Tony has worked in several different mediums, including iphonography, digital artwork, alternative based photography, mixed media, printmaking and encaustics. His work draws inspiration from his travels, the environment, topographic mapping, medical imagery and vintage photographic imagery. He exhibits and sells his own fine art prints and mixed media work throughout North America. He is one of the founding members of “The Imagists”, a Victoria-based artists’ group.

For More Information:
Photography
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/music
Over the six two-hour sessions we will cover:

- Choosing (evaluating interest level) and fine tuning your topic
- Editing and sequencing of your photographs
- Incorporating typography plus graphic layout basics
- Outputting options – book or paperless (PDF)
- Finding an audience for your photo project
- Completion and peer review of a “micro-project”

One of the overriding objectives of this course will be creating a purpose for your photographs, offsetting the trend—to paraphrase technology writer Om Malik—of “photographing everything and looking at nothing.” All that is required is a pen and notepad, a handful of related photographs plus some preparation between classes nearing the end of the six weeks.

Instructor: Gerry Schallié (see bio under The 8-Week Photo Club v 3.0)

### iPhone/iPad Artography

- **Date:** Tuesdays, Nov. 5 to Dec. 10
- **Time:** 6:30 to 9 pm
- **Duration:** 6 sessions
- **Fee:** $165 plus $8.25 GST
- **Code:** ASVA128 2019F W01

Learn to create amazing pieces of fine art on your iPhone/iPad from your photographs. By combining or stacking certain apps and layering images with handmade textures the possibilities are endless. If you like the look of plastic camera low-fi images, digital paint treatments, grunge, distressed images or complete experimental abstracts this class is for you. It’s an instantaneous sharing of ideas, organic discovery process of simple apps and ability to intuitively remix fine art, photography, illustration and computer graphics all with a device that fits in the palm of your hand. No experience required, just a familiarity with your mobile device.

Participants must bring their iPhone # 5-10 and/or an iPad, and have an iTunes account set up so they can download the required apps from iTunes before coming to the first class. Instructions on which apps to download will be sent out before the workshop.

Instructor: Tony Bounsall (see bio under Introduction to Digital Photography)

### Acting for Change

- **Date:** Tuesdays, Oct. 1 to 29
- **Time:** 6:30 to 9 pm
- **Duration:** 5 sessions
- **Fee:** $125 plus $6.25 GST
- **Code:** ASTH657 2019F W01

This course is designed for beginning actors and those who are interested in theatre in general. You’ll learn warm-up exercises, improvisation, movement, voice and scene work. These basic acting techniques can positively change the way you feel about yourself and how you relate to others. The course is designed to be experiential and fun. Respect for privacy in a supportive, non-threatening atmosphere is assured.

Instructor: Lina de Guevara

Lina de Guevara was born in Chile, where she received most of her professional training at the University of Chile. Lina is a director, actor, storyteller and specialist in Theatre of the Oppressed, Transformational Theatre and Commedia dell’Arte. In 1988, Lina founded Puente Theatre in Victoria to express through theatre the experiences of immigrants and diverse minorities in Canada. She was Puente’s artistic director for 23 years. At present, Lina freelances as a theatre director, teacher, performer and facilitator, and she’s conducted several applied theatre projects for the Intercultural Association of Greater Victoria. Recently, she directed “River of Time” for the 2016 UNO Festival and she is currently playing the role of Alice in Bell Arte’s production of “Alice’s Gift.”

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**Image Transfer**

- **Date:** Saturday and Sunday, Oct. 19 and 20
- **Time:** 10 am to 5 pm
- **Duration:** 2 sessions
- **Fee:** $160 plus $8 GST
- **Code:** ASVA106 2019F W01

Learn a range of techniques to transfer your photographs onto printmaking paper, acrylic skins and other surfaces that can be incorporated into your paintings, collage or mixed media artwork. Discover how to blend, distress and create composite images by hand (as opposed to through a digital process). Artists, photographers and anyone interested in photo-based mixed media will find this workshop of interest (please note that oil of wintergreen is used in one of the transfer processes). All materials included although you should bring photocopies of your images to work with to the workshop. No experience necessary.

Materials fee of $30 per person is payable in cash to the instructor at the beginning of class.

Instructor: Tony Bounsall (see bio under Introduction to Digital Photography)

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**Multiple Exposures: Your Photographic Project**

- **Date:** Tuesdays, Oct. 22 to Nov. 26
- **Time:** 7 to 9 pm
- **Duration:** 6 sessions
- **Fee:** $135 plus $6.75 GST
- **Code:** ASVA126 2019F C01

The adage “anyone can take a good photograph” inches ever closer to truth with constantly improving imaging technologies. But can anyone imagine and create a good (and compelling) photographic project?

This course is for photographers working on long-term projects as well as anyone wishing to pull together the myriad personal photographs that inevitably accumulate over time. Very often, photographic projects become an exercise in visual story telling.

FOR MORE INFORMATION:

Photography
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/photography
Kevin McKendrick is an actor, director, and stage combatant. He has taught Shakespeare and contemporary scene study at the University of Calgary, Mount Royal University, Red Deer University, and University of Alberta. Additionally, Kevin has taught Shakespeare and contemporary scene study at the University of Calgary, Mount Royal University, Red Deer University, and University of Alberta.

**Story Telling Workshop**

**Date:** Saturday, Oct. 19  
**Time:** 9 am to 1 pm  
**Duration:** 1 session  
**Fee:** $40 plus $2 GST  
**Code:** ASTH655 2019F W01

The oldest art form can be practiced by all! Learn how to tell stories and where to find them. Improve your articulation, expression and connection with the audience. Practice telling stories to small and large groups. In this workshop, you will discover how to develop personal stories and what to look for in traditional ones. Learn to prepare for a storytelling session: memorizing, pacing, creating characters, adding props and music, and exploring all avenues to create a great story. Learn how stories can be a powerful tool in education, research and healing.

_Instructor: Lina de Guevara (see bio under Acting for Change)_

**NEW S’Blood, I’m Speaking Shakespeare!**

**Date:** Wednesdays, Oct. 23 to Nov. 6  
**Time:** 11:30 am to 1:30 pm  
**Duration:** 3 sessions  
**Fee:** $65 plus $3.25 GST  
**Code:** ASTH658 2019F C01

Shakespeare’s plays should be fun. Shakespeare was an author who wrote for actors. His plays were meant to be seen and heard, not read. In this course we will embrace techniques designed to unlock the mysteries surrounding how to actually make sense of Shakespeare. We will also explore a number of the better-known passages from such plays as _Romeo and Juliet_, _Hamlet_, _Macbeth_ and _Othello_. Both the soliloquy and the scene will be examined. By the end of the course you will know more about how to actually speak Shakespeare’s words, and know what they mean (e.g. S’Blood=God’s Blood).

_Instructor: Kevin McKendrick_

A recent transplant from Calgary, Kevin has spent his entire working life in the arts. For over 40 years he has served as an educator, performer, administrator, and stage director. Kevin was the 2015 recipient of the Harry And Martha Cohen Award given to an individual who demonstrated a significant and sustained contribution to theatre in the city of Calgary. Kevin has been nominated by critics and his peers, for over a dozen awards in directing or stage fighting. He has directed professional productions in Vancouver, Kamloops, Prince George, Calgary, Edmonton, Saskatoon, Winnipeg, and Toronto.

**Introduction to Collage**

**Date:** Mondays, Sept. 23 to Dec. 9  
(no class Oct. 14 and Nov. 11)  
**Time:** 6:30 to 9 pm  
**Duration:** 10 sessions  
**Fee:** $275 plus $13.75 GST (includes basic supplies)  
**Code:** ASVA129 2019F W01

This course will inspire you, whether you are just discovering the medium of collage or would like to add to your knowledge and skills. We will cover different approaches to collage using colour, surface treatments, typographic elements, photographs, found objects, ephemera and image transfer. We’ll also explore various media and techniques used to augment finished pieces. Each class will involve demonstrations in a relaxed, fun and creative environment. No experience is required, just your enthusiasm!

_Instructor: Tony Bounsall (see bio under Introduction to Digital Photography)_

**NEW Exploring Relief Printmaking**

**Date:** Wednesdays, Oct. 2 to Nov. 6  
**Time:** 6:30 to 9 pm  
**Duration:** 6 sessions  
**Fee:** $165 plus $8.25 GST  
**Code:** ASVA129 2019F W01

Printmaking is an art form using transference of an image as its mode of expression. It has a rich tradition that continues to this day with contemporary materials, techniques and themes. This course will offer a few types of relief printing, such as linocut using a soft carving block, stencilling and monoprinting using gelli pads. Students will learn to edition as well as create serials from their images. Some of the offshoots that we will encounter include: rainbow rolls, chine collé, and ghost printing. The good news is that you don’t need a press to print. Your instructor will offer possible themes to explore. There will be lectures on the history of print media as well as a focus on interesting contemporary practitioners.

This course is for all skill levels from beginner to advanced. Materials to purchase will include various printmaking paper, inks as well as a linocut block. Some linocut tools and gelli pads will be available for students to share although you are welcome to bring along or purchase your own. We will discuss materials in the first class.

By the end of the course students will have a portfolio of prints. For the last class, we will share our printing efforts with one another through group discussion about process, technique and conceptual development.

_Instructor: Karen Hibbard_

Karen Hibbard is a contemporary visual artist/illustrator with 15 years of teaching experience at various universities and colleges. She is currently employed at the University of Victoria, teaching a variety of art studio courses. She completed her Masters in Visual Arts Studio at Concordia University with a specialty in print media. She is also a published illustrator and her most recent publication is _NiMoshom and His Bus_ by author Penny M. Thomas, Portage & Main Press. She is a member of both CWILL and SODRAC. Her visual art work is included in many collections including Bio-Diversity Museum, UBC and MOMA, Artist Book Collection. Her video work is distributed by Video Pool, Winnipeg.
Joanne Thomson is a full-time visual artist specializing in watercolour for illustration and fine art. Her quiet and contemplative approach to art making is evident in her landscapes, illustrations and in her new 'mason jar' series. Joanne holds a masters degree in Adult Education and is active in various art forms at UVic for many years. She also teaches and lectures in Britain and other parts of Canada. Her specialty is working with traditional and innovative forms of printmaking, which includes her proprietary process of works on metal.

**Watercolour for Beginners Workshop**

| Date: | Oct. 4 to 6 |
| Time: | Friday Oct. 4, 7 to 9 pm; Saturday Oct. 5, 9 am to 4 pm; and Sunday Oct. 6, 1 to 5 pm |
| Duration: | 3 sessions |
| Fee: | $160 plus $8 GST |
| Code: | ASVA019 2019F W01 |

This course introduces novice painters to watercolour painting. We will review everything from the correct side of the paper to use, to how to hold a brush, how to clean your brushes, how to mix pigments together to create an abundance of colour choices, and washes (wet on dry and wet on wet). Joanne is an experienced watercolour teacher and offers students individual attention during her workshops, as well as numerous demonstrations and re-demonstrations to help students learn basic techniques. By completion of this course, participants will be much better able to work from YouTube videos and library books to further advance their skills. Expect to have fun and learn through still-life and abstract painting. After you complete your registration, a supply list will be attached to your receipt. Please bring a bag lunch or use UVic Food Services on the Saturday.

Please note: this course is limited to 10 students.

Instructor: Joanne Thomson (MAdEd)

Joanne Thomson is a full-time visual artist specializing in watercolour for illustration and fine art. Her quiet and contemplative approach to art making is evident in her landscapes, illustrations and in her new 'mason jar' series. Joanne holds a masters degree in Adult Education and is active in the community as an artist advocate, mentor and facilitator.

**Watercolour Pencil Crayons and Water-soluble Pigment Bars**

| Date: | Saturday, Oct. 5 |
| Time: | 10 am to 5 pm |
| Duration: | 1 session |
| Fee: | $95 plus $4.75 GST (includes partial materials provided by instructor) |
| Code: | ASVA088 2019F W01 |

The watercolour pencil crayons offer the best of both worlds - both wet and dry medium in one!

The water-soluble pigment bars offer additional variety. Art background or not, be guided with ease through a great variety of creative alternatives using this two-dimensional medium.

In easy-to-follow steps, this introductory course covers three components:

- Creating imagery onto wet paper, drawing the image, using colour pencil crayons and then adding a water component to vary the imagery.
- Discovering unique options such as spatter colour combinations, embossing, burnishing and adding fine marker applications. These techniques will be demonstrated and readily available to explore during the workshop.
- Explore the basics of how to approach colour, while rendering images using various mark-making techniques.

Instructor: Jennifer Whitford Robins (see bio under Watercolour Pencil Crayons and Water-soluble Pigment Bars)

Jenn is an award-winning artist who has taught various art forms at UVic for many years. She also teaches and lectures in Britain and other parts of Canada. Her specialty is working with traditional and innovative forms of printmaking, which includes her proprietary process of works on metal.

**Yes, You Can Draw! Level 1**

| Date: | Oct. 17 to Nov. 2 |
| Time: | Thursdays, Oct. 17 to 31, 1:30 to 3:30 pm; Saturdays, Oct. 26 and Nov. 2, 10 am to 4:30 pm; and Sunday, Oct. 27, 10 am to 4:30 pm |
| Duration: | 6 sessions |
| Fee: | $240 plus $12 GST (includes partial supplies provided by instructor) |
| Code: | ASVA069 2019F C01 |

Whether you doubt you could ever draw, or feel you have limited drawing abilities, this course offers you the opportunity to learn to draw with confidence and achieve the accuracy you wish for while developing your own natural style. The course is designed to empower you to bring out the hidden artist.

The course provides a deeper understanding of how to create the successful illusion of depth and three-dimensionality on the flat two-dimensional surface. As with Level 1, individual instruction is part of the course.

Instructor: Jennifer Whitford Robins (see bio under Watercolour Pencil Crayons and Water-soluble Pigment Bars)

**Yes, You Can Draw! Level 2**

| Date: | Oct. 17 to Nov. 7 |
| Time: | Thursdays, Oct. 17, 24, 31 and Nov. 7, 10:30 am to 12:30 pm, additional session Nov. 7, 1:30 to 3:30 pm; Saturday, Oct. 19 and Sunday, Oct. 20, 10 am to 4:30 pm |
| Duration: | 7 sessions |
| Fee: | $230 plus $11.50 GST (includes partial materials) |
| Code: | ASVA110 2019F C01 |

This course offers the opportunity for you to stretch your creative muscle. As this course builds on the drawing principles taught in Yes, You Can Draw, participants should have completed the initial course prior to registering for Level 2.

We'll touch again on the elimination of pre-programmed, left brain response and re-explore the art of "seeing what is truly there" while building and expanding confidence and ability.

The course provides a deeper understanding of how to create the successful illusion of depth and three-dimensionality on the flat two-dimensional surface. As with Level 1, individual instruction is part of the course.

Easy-to-follow projects will offer you the chance to explore options that create expression. Varying the intensity of light in relation to dark, adding colour to background and experimenting with modified mark-making, all add rhythm and mood to arrive at your own personal creative expression. We'll dabble with new materials too!

An individual extended drawing project—landscape, portraiture, still life, or whatever your choice—is a major part of the course.

A list of supplies will be sent to you prior to the start of the course, many of which are those used in Level 1.

Instructor: Jennifer Whitford Robins (see bio under Watercolour Pencil Crayons and Water-soluble Pigment Bars)
Illustration: Marrying Image to Text

| Date:          | Thursdays, Oct. 24 to Nov. 28 |
| Time:         | 6:30 to 9 pm                  |
| Duration:     | 6 sessions                    |
| Fee:          | $165 plus $8.25 GST           |
| Code:         | ASVA130 2019F W01             |

In this introductory studio course, we will delve into aspects of illustration through drawing exercises that involve contemporary themes, styles, and techniques. While there are many genres you are welcome to explore, your instructor will focus on two types in particular: illustrating children's books and editorials for magazines. You will learn a bit about the industry and marketplace, however, this is primarily a studio course.

Your instructor will offer an analysis of illustration styles through PowerPoint lectures featuring contemporary illustrators, one-on-one discussion and critique, demos and in-class drawing exercises meant to expose your individual interests and to develop imagery.

While this class is designed for beginners, it can accommodate all skill-levels. We will begin with several exercises to build confidence and develop our drawing skills. Materials are the choice of the student but please bring along your favourite media to class, such as, pencil, marker, paper, pen & ink or watercolour. Course materials can be as inexpensive as you wish. Our first demo/workshop will begin with frottage/mixed media/collage.

Over the six classes, you will learn to appreciate how illustrators interpret text by enhancing or exposing meaning using visual language. It is a marriage of both text and image when successfully accomplished and it is the illustrator’s job to help entice a potential reader.

Instructor: Karen Hibbard (see bio under Exploring Relief Printmaking)

Exploring Colour

| Date:          | Saturdays, Oct. 26 to Nov. 9 |
| Time:         | 1 to 4 pm                    |
| Duration:     | 3 sessions                   |
| Fee:          | $145 plus $7.25 GST (includes materials) |
| Code:         | ASVA105 2019F W01            |

We take colour for granted in everyday living. It helps us identify objects and products, it orients us in our environment and enhances our sense of beauty. But colour is also a medium to create new images and to express thoughts and emotions. Working with crayons, watercolours, oils, pastels and pigments, we will use a variety of colours to create art that conveys our thoughts and emotions. To deepen our understanding of this medium, we’ll compare and contrast the results of our work.

Some basic supplies are included in the cost of the course, however, please bring something to work on (paper, cardboard, canvas, wood) and, if you wish, whatever sources of colour you have used before.

Please note: this course is limited to 10 students.

Instructor: Hermann Schmitt

Hermann Valentin Schmitt has been producing art since the early 1960s in his native Germany and is founder of the Art and Media Institute Berlin.

The Fascinating World of Stencil Imagery

| Date:          | Sunday, Nov. 3               |
| Time:         | 10 am to 5 pm                |
| Duration:     | 1 session                    |
| Fee:          | $105 plus $5.25 GST (includes materials) |
| Code:         | ASVA093 2019F W01            |

Designed for inquisitive minds with an artistic bent, this one-day workshop will introduce you to the world of the stencil print...with an added flair!

Try your hand at a type of stencil printmaking that originated in Japan, known as the Kappazuri print, and was adopted and adapted by famed Inuit printmakers.

We’ll add a dash of southern imagery and flavour, experiment with inks and unique brushes, to create imagery on exquisite paper. You’ll also learn the art of creating subtle gradations in two to three colours, adding an “other worldliness” to your art.

You’ll be guided with ease, while exploring this diverse process, which is ideal for the home-based studio as elaborate equipment is not required.

The course also explores a version of chine collé, where delicate paper is applied to the matrix paper prior to applying the image.

All supplies and equipment included in the course fee. All you need to bring is a bag lunch, a notebook and pencil.

Instructor: Jennifer Whitford Robins (see bio under Under Watercolour Pencil Crayons and Water-soluble Pigment Bars)

Exploring Colour: Level II

| Date:          | Saturdays, Nov. 16 to 23     |
| Time:         | 1 to 4 pm                    |
| Duration:     | 2 sessions                   |
| Fee:          | $110 plus $5.50 GST (includes basic supplies) |
| Code:         | ASVA109 2019F W01            |

In this course, we will continue building on our experience working with colours. We will look at three historical and modern artists’ use of colour as subject matter for our discussion and analysis of their artwork. Through comparisons and exercises we will develop a more differentiated perception necessary for expressing our own intentions and explore new ways to create intensity. By experimenting with colours, we will identify how a picture comes “alive”. With structured exercises, we will deepen our knowledge about different colour techniques.

Course activities include: short presentations, discussions, experimenting and working with colours.

Some basic supplies are included in the cost of the course, however, please bring something to work on (paper, cardboard, canvas, wood) and, if you wish, whatever sources of colour you have used before.

Please note this course is limited to 10 students.

Instructor: Hermann Schmitt (see bio under Exploring Colour)

Watercolour: Easy Mini Paintings

| Date:          | Saturday, Nov. 9             |
| Time:         | 10 am to 4 pm                |
| Duration:     | 1 session                    |
| Fee:          | $85 plus $4.25 GST (includes materials) |
| Code:         | ASVA116 2019F W01            |

Very small watercolours are easier to create than large ones. This one-day workshop creating mini watercolour paintings is designed for the absolute beginner. It will crack the myth that watercolour is the most difficult of the painting mediums. In some cases it is the easiest. Instructor Joanne Thomson will draw on her 30 years of experience teaching watercolour painting to guide you through what watercolour loves to do. Paintings will be 2x3 inches, created with a limited number of colours and unlimited variations. All materials supplied. A fun day of play and learning.

Instructor: Joanne Thomson (see bio under Watercolour for Beginners Workshop)
Contemporary Chinese Brush Painting

Date: Saturday, Dec. 7
Time: 10 am to 4 pm
Duration: 1 session
Fee: $70 plus $3.50 GST
Code: ASVA005 2019F W01

This workshop is designed for people who are interested in the oriental painting medium. Both traditional and contemporary techniques of Chinese brush painting will be introduced. You will learn about Chinese ink, rice paper, colour, texture, composition, and the aesthetic principles of Chinese brush painting. You will also learn technical skills, such as loading the brush with ink and water, and dry and wet brush stroke control, through the instructor’s demonstrations, in-class discussions and hands-on practice.

This workshop will focus on creative exploration of the brush painting medium and expanding your visual vocabulary. You will be encouraged to explore contemporary styles by using this ancient art medium. Some experience in painting is helpful, but not necessary.

Please bring a bag lunch. A supply list will be sent to you prior to the first session. Cost of materials is approximately $75.

Instructor: Andy Lou (MFA)

Andy Lou, a renowned working artist in Victoria, BC was born in China and educated in the United States. He received his MFA degree from the University of North Texas in 1988, majoring in painting and drawing. After his graduation, he has been offering contemporary Chinese brush painting workshops throughout Canada, the US and China. In his paintings, Andy adapts a variety of techniques and thoughts from the West, but emphasizes his oriental originality. Employing Chinese brushes, rice paper and ink, mixing with watercolour, gouache and acrylic, Andy creates visual statements of the landscapes of North America. Vibrant colour plays an important role in his art. He blends the old and the new to forge a contrast between ink and colour, between the ancient traditions of Chinese painting and the rapidly-changing world of Western art. Andy's mixed media, cross-cultural paintings have been exhibited and collected worldwide and he has received numerous awards. Andy is also a writer; he is the author and the co-author of total of four books on Chinese brush painting.

NEW Online Art and Design Courses

The Division of Continuing Studies, in partnership with the Ontario College of Art and Design University (OCAD), is pleased to offer online educational opportunities for interested, creative professionals. Registrants will have the added bonus of networking with other learners across the country who share similar interests in art and design. For more information, please contact Janet McDonald at 250-721-8827.

THE FOLLOWING COURSES ARE BEING OFFERED THIS TERM:

- Introduction to Web Art and Design (Sept. 17 to Oct. 22)
- Introduction to Adobe Photoshop (Sept. 26 to Oct. 17)
- Introduction to Video Editing (Nov. 7 to Dec. 12)

FOR MORE INFORMATION:
Visual Arts
250-721-7797
to@uvic.ca
continuingstudies.uvic.ca/visual

NEW Children’s Poetry

Date: Thursdays, Sept. 19 to Oct. 10
Time: 6:30 to 9 pm
Duration: 4 sessions
Fee: $120 plus $6 GST
Code: ASWL108 2019F W01

Children love poetry and good poetry plays an important role in the child’s acquisition of literacy. Despite its simplicity, children’s poetry is challenging to write well, yet children deserve excellent poetry to help them grow and learn. Reading together the best loved poems for children from nursery rhymes to Dr. Seuss to A.A. Milne and Shel Silverstein, we explore those elements that contribute to successful and enduring children’s poems. Participants will engage in exercises to work with rhyme, rhythm, form and content and share their work with the class so all benefit from the experience of developing and refining work.

Instructor: Carol Ann Sokoloff (BA, English language and literature)

Carol Ann Sokoloff, recipient of the Peabody Award for educational radio, is a poet, author, editor and songwriter. Author of two picture books and editor of the Cherubim Books imprint, she enjoys sharing the imaginative world of children’s literature and the excitement of the writing process.

The Poetry Workshop

Date: Thursdays, Sept. 26 to Nov. 21
(no class Oct. 10)
Time: 6:30 to 8:30 pm
Duration: 8 sessions
Fee: $160 plus $8 GST
Code: ASWL098 2019F W01

This course is a collaborative, community-forming space open to anyone who is looking for guidance with their poetry. Whether working on a long-standing project, or on the hunt for
Continuing Studies

Instructor: Amanda Merritt

Amanda Merritt completed her Bachelor of Arts degree in creative writing at the University of Victoria, her hometown. Recently, she completed her Master of Fine Arts degree in poetry at the University of St. Andrews, Scotland. Her book titled *The Divining Pool* was published by Wundor Editions in October 2017. Amanda’s work has also been published in journals such as *Descant, Prairie Fire, Qwerty, Stand, Grain and Aesthetica.* Amanda teaches creative writing in all four genres in community and continuing education settings throughout Victoria.

**NEW** Writing the Next Great Novel

| Date: | Tuesdays, Oct. 1 to Nov. 5 |
| Time: | 6:30 to 9 pm |
| Duration: | 6 sessions |
| Fee: | $155 plus $7.75 GST |
| Code: | ASWL106 2019F C01 |

Would you like to learn how to write a romance, mystery, adventure or SciFi novel? This course will provide new and intermediate writers with an in-depth understanding of the writing skills, tools and techniques needed to produce a commercially viable novel and help you develop those skills. We will study the novel’s core structure, how to develop as a writer, sources of inspiration, styles, plots, characters, viewpoints, dialogues, world building, writing tools and more. Learn the latest insights and tips into what makes a NYT Bestseller.

Instructor: Stephen Norton

Stephen started his professional life as a marine biologist, worked in IT systems management for many years and is now a full time author and publisher. He has published sixteen books to date, including 4 full length novels in 2 genres, and a variety of how-to-books. His books are available internationally on major book seller sites, including Amazon, Apple, B&N, Kobo and others. He has taught a course on Self Publishing at Royal Roads annually since 2014, and has run his own publishing company since 2010.

**Chronicling the Stories of Your Life**

| Date: | Fridays, Oct. 11 to Nov. 15 |
| Time: | 10 am to noon |
| Duration: | 6 sessions |
| Fee: | $135 plus $6.75 GST |
| Code: | ASWL089 2019F C01 |

“Our stories are bigger than ourselves. *Future generations will have lots of sources for the official history… But to understand the way people experienced that history, they need our stories.*” — Paul Wilcocks

Your life represents an incomparyably unique story. It is a singular reflection of an unparalleled human journey that begs to be recalled and documented. This workshop will encourage you to examine experiences and central themes in your life. Through short presentations, guided writing exercises, and small group discussions, you will have an opportunity to:

- Sharpen your memories of pivotal and interesting events in your life
- Share your stories with others in ways that encourage exploration and understanding
- Begin the documentation of key aspects of your life story
- Have fun learning, writing and sharing
- Explore options for the continuedim of your life story journey

Please note: this course is limited to 10 students.

Instructor: Faye Ferguson (BSc, MA, MSc)

Faye Ferguson has been assisting individuals and groups interested in life-story writing since 2011. Prior to this, she had a successful career in healthcare and adult education, as well as being a freelance writer for local and regional magazines. Her experience has shown her that every life is experienced that history, they need our stories. "

**Writing Historical Fiction**

| Date: | Tuesdays, Oct. 15 to Nov. 19 |
| Time: | 6:30 to 9 pm |
| Duration: | 6 sessions |
| Fee: | $155 plus $7.75 GST |
| Code: | ASWL094 2019F C01 |

Do you know of an unsung hero from the past? Is your family history ripe for a fictional retelling? Are you a fan of historical fiction and long to create your own narratives? In this course we will focus on finding stories from the past that are destined to become compelling historical fiction. We will learn about the challenges and joys of research, the creation of world-views, the development of believable dialogue, and the role of setting and writing style in creating your own unique vision of the past. For inspiration we will look at the various genres of historical fiction: thrillers, mysteries, literary novels, YA, Supernatural, and even steampunk. Classes will be divided into lectures, discussion, in class prompts, and the work-shopping of one page assignments that will lead towards the final assignment of the completion of a short story or the first chapter of a novel.

Instructor: Claire Mulligan

Claire Mulligan is the author of two novels of historical fiction—*The Reckoning of Boston Jim* (Giller Prize and BC Book Prize nominee) and *The Dark* (Canadian Author Award nominee). Her award-winning short stories have been published in over a dozen literary magazines such as *Writers Magazine, The Hourglass, The Tulane Review, The Antigonish Review,* and *Grain.* Claire recently completely MFA in screen-writing and adaptation. She is at work on her first short film.

**Dancing With Jane Austen**

| Date: | Saturdays, Oct. 19 to Nov. 23 |
| Time: | 10 am to noon |
| Duration: | 6 sessions |
| Fee: | $160 plus $8 GST |
| Code: | ASWL099 2019F W01 |

Ever thought of dance as an integral element in Jane Austen’s novels? Ever wanted to dance like Miss Elizabeth Bennet and Mr. Darcy? Readers in Austen’s time would have known instinctively about the conventions and customs of Regency society. In examining the six novels of Jane Austen, we will learn to appreciate the subtleties inherent in her descriptions of characters and events. In each session, we will explore how dance and etiquette are essential components in advancing the plot. A portion of our sessions will be devoted to learning Regency rules of conduct, as well as some simple Regency dances. No prior knowledge of the novels or dancing experience required.

Instructors: Charlotte Hale, Rosemary Lach

Charlotte Hale is a life member of the Jane Austen Society of North America. Her interest and research into Jane Austen’s novels, life and times has motivated her to give lectures on various topics including music, fashion and dance. Charlotte is also a member of the Victoria English Country Dance Society.

Rosemary Lach has been dancing all her life and teaching English country dancing in the Pacific Northwest for more than 15 years. She regularly calls dances at the Jane Austen Festival in Port Alberni, and is the founder of the Victoria English Country Dance Society.
Writing for Children: Advanced

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For those who have completed the Writing for Children course, this advanced level course offers a deeper exploration focusing on language, style, content, character and conflict, as well as the editing and submission processes. Develop and polish ongoing projects, whether picture or chapter books, in a supportive atmosphere with in-class writing and suggested assignments to keep the creative juices flowing. You’ll be assisted in setting goals, organizing your work, researching publication prospects and preparing book submissions.

Instructor: Carol Ann Sokoloff (see bio under Children’s Poetry)

NEW Write Now Again!

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You’ve taken the Write Now! course and you are ready to Write Now Again! The course will focus on fiction primarily, looking deeper into character, action, place, structure and pace – techniques and elements that translate well to other genres. Poetry and non-fiction genres will be re-visited according to the interest of participants. In-class writing exercises and suggested assignments will be featured and participants will be expected to share their work and comment on the work of others.

Instructor: Carol Ann Sokoloff (see bio under Children’s Poetry)

FOR MORE INFORMATION:
Writing and Literature
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/writing

Learning a new language can help you gain a deeper, more authentic travel experience.

Our portfolio of world language courses is constantly evolving. Check out the languages we’re offering this term: Arabic, Dutch, Finnish, French, German, Italian, Japanese, Korean, Mandarin, Polish, Russian and Spanish.

See pg. 52
The English Language Centre (ELC) has been offering award-winning English language programs at UVic since 1970, and is now one of the largest on-campus English schools in Canada.

Each year, about 2,500 students from over 35 countries attend ELC programs to pursue their academic, professional and personal goals. Our staff is dedicated to creating a supportive, challenging and fun environment for students to learn English and experience Canadian culture.

## Want to get involved?

### Become a homestay host

Take advantage of this wonderful opportunity to learn about another culture while supporting a student’s efforts to improve his/her English language skills.

We’re interviewing now to find new hosts! As a UVic Homestay host, you’ll have a unique opportunity to share your perspective on a Canadian lifestyle with young people from other countries. Make new friends, learn about other cultures, and join a very special group of people who want to make a difference in the world.

Our award-winning program staff support you every step of the way and qualifying hosts can receive up to $950/month. Contact us today and find out how to qualify.

Our hosts:

- Live within 60 mins. of UVic campus by public transit
- Provide an immersive English environment
- Offer students private furnished rooms

### Volunteer with us

We welcome new volunteers to help our students develop English skills and adjust to life in Canada.

**Classroom volunteers** participate in activities with international students under the guidance of experienced EAL teachers. This is an ideal opportunity to meet people from different parts of the world and learn about other cultures.

**Learning Centre volunteers** can expect to chat with students and help them with homework assignments including reading, vocabulary and presentations. The conversation and cultural exchange that our Canadian volunteers offer provides a very special and memorable experience for our ELC students.

**International Conversation Club volunteers** will share English conversation and discuss Canadian culture with students from our English Language programs. Each drop-in session includes planned activities, conversation games, fun workshops and cultural or holiday-themed treats.

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**PROGRAMS**

- Intensive English (ELPI)
- Monthly English
- Summer Language and Culture
- Foundations in Business English
- English for Professional Communication
- University Admission Preparation
- UVic Pathways
- TOEIC and IELTS Preparation (part-time only)
- Jason's World / Judy's World (self-study)

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**Contact us:**

UVIC HOMESTAY
250-472-4268
HomestaySupport@uvic.ca
uvic.ca/elc/homestay

VOLUNTEER
250-721-8469
elcinfo@uvic.ca
uvic.ca/elc/volunteer

ENGLISH LANGUAGE CENTRE
250-721-8469
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uvic.ca/elc

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uvic.ca/elc

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Mary Byrne was at home with her four month old son when she got a phone call from Continuing Studies at UVic asking if she would be interested in teaching a course on Gustav Mahler after the original instructor fell through.

“I had just finished my PhD and the music school had said, ‘Why don’t you ask Mary?’ and the rest is history!” she laughs. Mary started teaching a couple of weeks later.

That baby is now 26 and over the years Mary has taught 51 unique courses with Continuing Studies, only repeating the same course one time in all those years.

“It’s really a nice group of students. Lots of repeat students—probably 80-90 per cent—so it’s become a bit of a community. They end up socializing together and gardening together. We’ve even had a couple of marriages come out of the class!”

“There’s a big part of me that feels like we’re all in it together, which is awfully nice for me. When I’m selecting a topic, I intentionally select something that I don’t feel I know enough about. It gives me a chance to hunker down for a couple of months and really just do some of my own private study with it to expand my knowledge base. It’s one of the reasons I continually come back to something new instead of repeating the same course. It keeps it interesting!”

“I have one student who swears I’ve never used the same piece of music twice in all those years. I’m not sure she’s right, I’m pretty sure I must have, but she swears I haven’t. But that’s the thing, music has such a huge trajectory, thousands of years of history, so there’s an endless amount to explore.”

Mary took up playing the flute when she was in grade six and discovered her passion. Today she is a respected teacher, lecturer, recorded artist, published author and also a regular performer with the Victoria Symphony.
Mary enjoys teaching in a variety of settings and formats, including teaching with the Victoria Conservatory of Music’s post-secondary program. “Those students are trying to make a career of music so there is an intensity in that. Continuing Studies is different in that the students genuinely want to earn more, learn something new and unfamiliar. There’s no grand design that has to be followed. It’s like we’re taking a journey together. I get really excited about what I can share with them and I try to bring them in to that same space.”

Her goal is to inspire people to “turn off our headphones and go to more concerts. I really think we should be experiencing things live, as much as possible. Which is not to say there is no place for that, but we don’t go to enough concerts, listen to music live and get that whole body experience from the sound of the bass drums or the tuba. Same for theatre. We tend to make our experiences small on our phones and screens. Don’t just say ‘I wish I could go there’. Book the ticket!”

Mary discovered her passion for the flute at an early age. Travelling is one of Mary’s other great passions in life.
OUR BUSINESS, MANAGEMENT AND LEADERSHIP

Our business courses have a proven track record for providing the essentials and credentials to make you and your organization an even greater success. Whether you are an employee or an employer, or whether you want to specialize or acquire a broader understanding of business practices, we can help you achieve your goals, anticipate problems and opportunities, and prepare for change. The following courses can be taken on an individual basis or as part of the certificate or diploma programs in Business Administration (CBA or DBA). Specific business courses are accredited by the Canadian Institute of Management (CIM).

Financial Accounting

- **Date:** Tuesdays, Sept. 3 to Nov. 26
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMBA140 2019F C01

This course introduces you to the essential accounting principles and techniques used in reporting and analyzing the financial aspects of a business. Particular emphasis is placed on developing a practical understanding of the preparation and interpretation of financial statements.

Textbook: Required textbook

Instructor: Betty Weber (BA, BCom, MBA)

Business Administration

- **Date:** Mondays, Sept. 9 to Dec. 16
  (no class Oct. 14 and Nov. 11)
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMBA100 2019F C01

- **Date:** Wednesdays, Sept. 11 to Dec. 4
  (no class Oct. 14 and Nov. 11)
- **Time:** 7 to 10 pm
- **Register by:** Call 250-472-7272 to be waitlisted
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMBA100 2019F C01A

This course introduces you to the nature and scope of decision making in business, and provides an overview of the functional areas of management, finance, marketing and organizational behaviour.

Using a business case approach, you will develop a personal framework for defining and analyzing business problems and developing solutions and plans of action.
Note: We strongly recommend you take this certificate course first in your program of studies.

Textbook: BMBA100 C01 Fall 2019 Business Administration Course Readings coursepack (required)

Instructor: Kelly Dorin (Sept. 9)
Instructor: J. M. Ledet (Sept. 11)

**Business Writing**

- **Date:** Sept. 9 to Dec. 6
- **Duration:** 13 weeks
- **Fee:** $595
- **Code:** BMBA110 2019F D01

This course provides an overview of Canadian micro and macro economics. Topics include:

- the theory of supply and demand
- competitive markets
- costs curves
- production choices and costs
- characteristics of monopolies and oligopolies
- economic efficiency in the allocation of resources and markets, national output and determinants of gross national product
- investment, money, prices and inflation
- goals of economic policy international trade

A repeatable writing process and strategic planning guides for specific applications will be introduced and practised through in-class learning activities. Peer support and feedback will be emphasized.

Business communication formats covered will include letters, memos, business reports and email.

Note: this is not a remedial English language course and students are expected to have a good grasp of secondary school composition skills.


Instructor: Tim Mitchell (Sept. 9)
Instructor: Misty Cozac (Sept. 10)

**Economics**

- **Date:** Sept. 9 to Dec. 13
- **Duration:** 13 weeks
- **Fee:** $595
- **Code:** BMBA230 2019F D01

This course provides an overview of Canadian micro and macro economics. Topics include:

- competitive markets
- costs curves
- production choices and costs
- characteristics of monopolies and oligopolies
- economic efficiency in the allocation of resources and markets, national output and determinants of gross national product
- investment, money, prices and inflation
- goals of economic policy international trade

No text required for this course. Course materials will be available online upon course start-up.

Instructor: Laurie Phipps (BA, MA (Econ), MA (Distributed Learning))

**Finance**

- **Date:** Mondays, Sept. 9 to Dec. 16
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMBA360 2019F C01

This course introduces issues that face financial managers and describes the environment in which they must operate (organizational, legal, social and financial). You have the opportunity to study business finance problems in depth in order to acquire a deeper understanding of financial management.

Note: Required textbook Finance for Non-Financial Managers (7th Ed) by Bergeron.

Textbook: Coursepack (required)
Instructor: Ari Vainionpää (BA, MBA)

**Management Practices**

- **Date:** Sept. 9 to Dec. 6
- **Duration:** 13 weeks
- **Fee:** $595
- **Code:** BMBA250 2019F D01

This course provides managers and students who aspire to management positions with an opportunity to assess and enhance their own use of contemporary management techniques and practices. Based on the extensive use of simulations in a workshop setting, the course focuses on strategic management, decision making, leadership and supervision, group process, conflict resolution, employee development and performance planning and review.

Instructor: Rhordon Wikramatilleke (BA, MPA, PhD)

**Negotiation Skills**

- **Date:** Monday to Friday, Sept. 9 to 13
- **Time:** 9 am to 4:30 pm
- **Duration:** 5 sessions
- **Fee:** $495 (plus $40 for textbook)
- **Code:** BMBA320 2019F C01

This course will enable you to develop more effective negotiation skills in your work settings. It is particularly suitable for managers who would like to improve the negotiating aspect of their work, or who are becoming more actively involved in negotiating roles. You will explore stages of negotiation and a variety of negotiation techniques, as well as alternatives to negotiation through activities, including case studies and scenarios.

The course is suitable for persons in all types of organizations, including for profit and non-profit (government, not for profits, crown corporations and agencies, education, etc.).

The course will be of high interest to: all levels of managers in large organizations; persons who have a management role in smaller organizations; organizations seeking to improve team working relationships; and any person who wants to improve their personal negotiations skills.

Textbook: Textbook will be handed out in class.

Instructor: Peter Johnston
## Organizational Behaviour

- **Date:** Mondays, Sept. 9 to Dec. 16 (no class Oct. 14 and Nov. 11)
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMBA130 2019F C01

This course focuses on the human dimension of management and is intended to provide you with an understanding of how human behaviour influences the development and operation of organizations.

Topics include motivation, leadership, power, group behaviour, decision making and the dynamics of interpersonal relations in an organizational setting.

Textbook: Required textbook

Instructor: Cheryl Thomas (MS, BSc)

## Management Computing

- **Date:** Tuesdays, Sept. 10 to Dec. 3
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $590 (plus $25 for BMBA 200 course pack)
- **Code:** BMBA200 2019F C01

This course enables managers, professionals and business people to become educated users of computers.

During the course, you will have the opportunity to develop computer applications based on word processing, spreadsheet and presentation software that you may use both in your day-to-day business activities and in other courses in the Certificate in Business Administration program.

In hands-on lab sessions you will learn to use Word for Windows, Excel for Windows and PowerPoint.

Textbook: Course booklet distributed in class

Instructor: Dave Bakken

## Business Ethics

- **Date:** Wednesdays, Sept. 11 to Dec. 4
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMBA440 2019F C01

The objective of this course is to explore, from an ethical point of view, the relations of a corporation to its stakeholders. We'll examine a corporation's ethical responsibilities to its employees, customers and the global market place. Course delivery includes short lectures, case studies and several appropriate movies.

Textbook: Required coursepack

Instructor: Sheryl Karras (BA, MEd)

## Business Law

- **Date:** Wednesdays, Sept. 11 to Dec. 11 (no class Nov. 13)
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMBA300 2019F C01

During your business career you will undoubtedly be faced with many legal issues about which all managers should be knowledgeable. This course will expose you to several legal concepts such as the Canadian legal system, civil dispute resolution including alternative dispute resolution processes, negligence and professional liability, fiduciary relationships, contract law, agency law, employment and labour law, forms of business organization (proprietorships, general partnerships, limited partnerships and corporations) and directors' and officers' liability. Course components will include readings, cases, class discussion, experiential exercises and lectures.

Textbook: Required custom text

Instructor: Mark Bridge

## International Marketing

- **Date:** Wednesdays, Sept. 11 to Dec. 4
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMIT130 2019F C01

In this course you will learn to recognize marketing issues and problems; analyze research information; apply diagnostic tools; perform research for international marketing plans; participate in the development, implementation, and management of an international marketing plan; and evaluate an organization's marketing efforts and strategies to enhance value, and attract and retain customers.

Textbook: No textbook required

Instructor: Doug Taylor (BA, MSc, CITP)

## Marketing

- **Date:** Thursdays, Sept. 12 to Dec. 5
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMBA240 2019F C01

Marketing has two essential functions: to identify and to satisfy a buyer's needs. In this introduction to marketing management, you will examine the concepts and techniques used by business to perform these functions. Topics include: target market definition; buyer behaviour; demand forecasting; product, pricing, communications, and distribution strategies; marketing research; and market planning and organization.

Textbook: Required textbook

Instructor: Joan Yates (BA, CertPR, APR)

## Strategic Leadership

- **Date:** Thursdays, Sept. 12 to Dec. 5
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMBA410 2019F C01

The objective of this course is to create an awareness of what constitutes the process of leadership and the skills needed to effectively lead in a complex and constantly changing environment. This course is competency based, and emphasizes five essential elements: taking charge; strategic visioning; communications; and teamwork and integrity.

A variety of approaches are used in the delivery of the course. Selected movies bring to life in the classroom different leaders from a variety of backgrounds. In addition to discussing these leaders, short lectures develop in more depth the elements of leadership. Role-playing and other experiential exercises demonstrate some of the skills that are required to lead effectively.

Textbook: Coursepack (required)

Instructor: Reg Beniac (BA Econ, MBA, CMA)
Managing in the Digital Economy

Date: Monday to Friday, Sept. 23 to 27
Time: 9 am to 4:30 pm
Duration: 5 sessions
Fee: $495
Code: BMBA470 2019F C01

The impact of the digital economy on today’s business, government and other forms or organizations has fast become both an opportunity and a threat. It is an opportunity for those organizations that embrace it and spend the appropriate resources on both technology and the workforce. The ever changing fast pace of information technology and innovation is having a major impact on how organizations compete for markets and human resources. Technology such as data analytics, robotics, digitization and artificial intelligence impact many facets of organizations both in line and staff functions. The technology generally outpaces the human development to go with it. Managerial understanding and leadership will need to improve in human knowledge and expertise for organizations and the work force to take advantage of potentially unprecedented opportunities and benefits. Those organizations left behind will likely not keep up with the competition.


Instructor: Nav Bassi (MBA, PMP)

FOR MORE INFORMATION:
Business, Management and Leadership
250-472-5040
bmpcoord1@uvic.ca
continuingstudies.uvic.ca/business

Human Side of Information Systems

Date: Sept. 9 to Dec. 6
Register by: Friday, Sept. 6
Duration: 13 weeks
Fee: $695
Code: TECB402 2019F D01

How is information technology changing our workplaces, homes, and society as a whole?

Complement your technical knowledge by examining how computing and communication technologies are transforming business, education, health care, government and everyday life. Engage with your instructor and fellow learners in discussing current topics in privacy, security, intellectual property, global development and community management.

Textbook: Web-based readings

Instructor: Tim Mitchell (BA, MFA)

Computing Concepts

Date: Sept. 9 to Dec. 6
Register by: Friday, Sept. 6
Duration: 13 weeks
Fee: $695
Code: TECJ100 2019F D01

Tune up your toolkit – deepen your understanding of hardware, operating systems, productivity software and basic website design. Boost your productivity by using advanced functions of tools including Word, Excel, Access, and PowerPoint. Work with an engaged instructor who provides timely and constructive feedback on applied assignments.


Instructor: Nav Bassi (MBA, PMP)

FOR MORE INFORMATION:
Business, Management and Leadership
250-472-5040
bmpcoord1@uvic.ca
continuingstudies.uvic.ca/business
IT Security and Privacy

Date: Sept. 9 to Dec. 6
Register by: Friday, Sept. 6
Duration: 13 weeks
Fee: $695
Code: TECJ425 2019F D01

Concerned about IT security issues? Want to understand how your privacy may be at risk? Assess the risks and understand the available tools to provide a secure environment in the office and on your personal devices. An industry expert will lead you through this course, employing a variety of activities including news stories to inform and illustrate how IT security and privacy can be managed—with a plan.

Complete case studies and self-assessment exercises for reinforcement and self-evaluation of the concepts presented in the course.

Prerequisites: Required equipment/software:
- Personal computer and Internet access
- Microsoft Windows, Vista edition or newer
- Web browser

For Windows computers:
- Internet Explorer: versions 8.0 or later
- Mozilla Firefox: latest version
- Google Chrome: latest version

For Apple computers:
- Mozilla Firefox: latest version
- Apple Safari: latest version
- Google Chrome: latest version

Textbook: Web-based readings only

Instructor: Steve Gidden (BA)

Steve Gidden is the director of Enterprise Architecture and Standards Development for the Government of British Columbia. In his current role, Steve and his team are responsible for working with stakeholders from across government to architect enterprise IMIT solutions. Most recently, his focus has been on the impact of emerging technologies, such as ubiquitous wireless networks and cloud computing, on the future of government services. Steve brings over 15 years of progressive IMIT experience. He has been with the BC government for seven years and before that was with BC Ferries for just over eight years. Steve is a graduate of UVic’s Application and Management of Information Technology Program (a precursor of the CBIS) as well as the Certificate Program in Business Administration (CBA).

Networks and Network Management

Date: Sept. 9 to Dec. 6
Register by: Friday, Sept. 6
Duration: 13 weeks
Fee: $695
Code: TECJ420 2019F D01

How does a computer network function and support users every day on the job?

In this course, you will work with an industry expert to gain an understanding of how networks fit into the information system of an organization. This foundational course will explore computer networks, their implementation, operation and management. You will cover topics such as:
- network technology
- architecture
- management
- operating systems
- security
- reliability
- maintenance
- interconnectivity user interface and support

Prerequisites: Required equipment/software:
- Personal computer and Internet access
- Microsoft Windows, Vista edition or newer
- Web browser

For Windows computers:
- Internet Explorer: versions 8.0 or later
- Mozilla Firefox: latest version
- Google Chrome: latest version

For Apple computers:
- Mozilla Firefox: latest version
- Apple Safari: latest version
- Google Chrome: latest version


Instructor: Steve Gidden (see bio under IT Security and Privacy)

Project Management

Date: Sept. 9 to Dec. 6
Register by: Friday, Sept. 6
Duration: 13 weeks
Fee: $695
Code: TECJ410 2019F D01

Get a handle on your project. Whatever your area of expertise, learn and apply the fundamental concepts of effective project management. A seasoned PMP designated professional will work with you throughout a project management cycle: initiating, planning, executing, monitoring, controlling and closing. You will learn how to maximize the use of MS Project software throughout this project cycle.

You will learn: how to maximize the use of MS Project software; the concepts and methodologies needed to plan, manage and track performance over a complete project life cycle; cost–benefit analysis; change control management; quality control; risk management; performance tracking and corrective action.

The online format of the course lets you study from anywhere, anytime.

Prerequisites: Microsoft Project 2013 or Microsoft Project 2016. Students are responsible for obtaining their own software.

MS Project is not compatible with the Mac OS.

Instructor: Terri Cheeseman (BSc, PEng, PMP)

Terri Cheeseman is a principal in JRC Associates Inc., a consulting company specializing in program and project management training. She has managed a variety of projects including the design and implementation of automated systems and videoconferencing facilities, and the development of new telecommunications products and services.

FOR MORE INFORMATION:
Computing and Technology
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/computing
Capitalize on your initiative and foresight. The following five courses in Business Intelligence and Data Analytics will give you the edge with the applied knowledge and skills for jobs that are in demand.

**NEW Business Intelligence and Data Analytics Fundamentals**

<table>
<thead>
<tr>
<th>Date</th>
<th>Saturdays, Sept. 7 to Oct. 12</th>
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<tbody>
<tr>
<td>Time</td>
<td>9 am to 4 pm</td>
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<td>Duration</td>
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<td>Code</td>
<td>BIDA301 2019F D01</td>
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Become proficient in fundamentals of Business Intelligence and Data Analytics. This course will provide the framework for you to understand, use and evaluate a variety of techniques and skills in analyzing data sets and making appropriate interpretations of the data.

Upon completion of this course, you will be able to:

- Explain the fundamentals of business intelligence and data analytics
- Describe the abilities and limitations of Excel in Data Analytics
- Evaluate different techniques and tools that can be used in Business Intelligence and Data Analytic activities
- Describe the differences and applications of descriptive and inferential statistics
- Appropriately apply fundamental statistical logic to data interpretation
- Apply fundamental data analytic heuristics
- Effectively make insights from data

**NEW Data Analytics Coding Fundamentals**

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<tr>
<th>Date</th>
<th>Saturdays, Nov. 2 to Dec. 7</th>
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<tr>
<td>Time</td>
<td>9 am to 4 pm</td>
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This course will explore the fundamentals of coding and scripting for Data Analytics. You will develop the ability to script and code for basic tasks in Data Analytics in common data analytic tools such as R, Python, and Excel. This will allow you to import and export data appropriately and perform fundamental data manipulations and to automate basic analysis elements.

Upon completion of this course, you will be able to perform the following basic tasks in R, Python, and Excel:

- Perform basic data manipulations
- Create variables
- Apply key concepts of variables, constants and functions
- Calculate descriptive statistics
- Perform basic logical formula functions
- Group and ungroup data
- Data Importing
- Data Exporting
- Extract and combine data
- Create what-if scenarios

**FOR MORE INFORMATION:**
Business Intelligence and Data Analytics Series  
250-721-8481  
artssci2@uvic.ca  
continuingstudies.uvic.ca/BIDA

Today’s public relations professionals are required to serve the needs of their own organization and those of its public. PR courses offered through our online diploma program will provide you with the knowledge, skills and practical applications you need to succeed in this in-demand field.

**FOR MORE INFORMATION:**
Public Relations  
250-721-6129  
prprogram@uvic.ca  
continuingstudies.uvic.ca/publicrelations
Encouraging new perspectives...

Culture, Museums and Indigenous Studies

HERITAGE AND MUSEUM STUDIES
FOR MORE INFORMATION: Heritage and Museum Studies continuingstudies.uvic.ca/culture

INDIGENOUS LANGUAGE AND CULTURE
FOR MORE INFORMATION: Indigenous Language and Culture continuingstudies.uvic.ca/CALR

INTERCULTURAL STUDIES AND PRACTICE

Settlement, Integration and Belonging in Canada
Date: Tuesdays, Sept. 10 to Dec. 3
(no class Nov. 12)
Time: 6 to 9 pm
Duration: 12 sessions
Fee: $569.63
Code: ISP420 2019F C01
This course focuses on the global movement of people and on issues of migration (voluntary and forced, of immigrants and refugees). You will challenge your personal understanding of the field of immigration studies and examine international legal definitions and categorizations of different populations. The course introduces a social justice intervention model in addressing the settlement, integration and adaptation issues of these populations, and analyzes new trends in immigration studies and global population movement. It will conclude with an exploration of a personal competency framework development for working with immigrants and refugees in Canada.


Instructor: Moussa Magassa

Moussa Magassa is the Human Rights Educator at the University of Victoria, where he focuses on enhancing understanding of and commitment to the university’s human rights and equity goals, increasing diversity and creating a fair and inclusive work and study environment at UVic.

FOR MORE INFORMATION:
Intercultural Studies and Practice
250-721-8457
cmpasst@uvic.ca
continuingstudies.uvic.ca/ISP
Teaching English as a Foreign Language (TEFL)

Date: Sept. 3 to Dec. 5
Time: Tuesday and Thursday evenings from 6:15 to 9:15 pm AND every second Saturday (full days) from 9 am to noon and 1 to 4 pm
Register by: Wednesday, Sept. 4
Duration: 34 sessions
Fee: $1150 plus $57.50 GST
Code: EDTE125 2019F C01

This 120-hour non-credit course is intended for people with little or no EFL teaching experience. It provides a survey of fundamental theoretical and practical concepts related to teaching English as a foreign language. By the end of the course you will have acquired knowledge, skills, strategies, and cultural awareness, and be familiar with the following:

- methodology for teaching the four skills (Reading, Writing, Listening, Speaking);
- second language acquisition theory;
- classroom organization, teaching, and assessment techniques;
- understanding cultural diversity;
- teaching learning strategies to maximize learning in the classroom;
- empowering learners to manage their own learning process.

COURSE OBJECTIVES:

- teach classes of all sizes and all ages;
- teach the four skills (Reading, Writing, Listening, Speaking), plus Grammar, Vocabulary, and Pronunciation;
- teach different levels of English, such as Beginner, Intermediate, Advanced;
- create meaningful activities;
- develop task and situation-specific lesson plans and curriculum;
- select a course-appropriate textbook.

Participants will have access to UVic’s Netlink and Library facilities. A Division of Continuing Studies Certificate of Completion and Transcript will be issued upon completion.

Prerequisites: Previous teaching experience is not required. While not a formal prerequisite, we recommend that participants have previously completed a program of undergraduate study.
Students who are not native speakers of English must meet the following language proficiency requirements or pass a TEFL entrance interview:

- TOEFL(iBT) score: 94
- IELTS score 7.0


Instructor: Mark Roper

Mark Roper has taught ESL/EAL since 1997. He has worked in both public and private sectors, primarily with adults, in the areas of General, Academic and Business English, in Scotland, Italy, Russia, Poland and Canada. He also worked for a number of years as a teacher trainer, and as Head of ESL Teacher Training in a language school in Edinburgh, Scotland, where he also gained a Master of Arts degree in Modern European Languages (Russian and French, language and literature) from The University of Edinburgh. He has worked at UVic since 2009.

FOR MORE INFORMATION:
International Education
250-472-4507
cmpasst2@uvic.ca
continuingstudies.uvic.ca/TEFLcourse

FOR MORE INFORMATION:
Teacher Professional Development
continuingstudies.uvic.ca/teacherprod

FOR MORE INFORMATION:
Training and Adult Education
continuingstudies.uvic.ca/training

February 1–7 | 2020
ALUMNI WEEK

Thinkers, changers, difference-makers
Celebrate UVic grads and their impact in Victoria and around the world.

alumni.uvic.ca  |  @UVic_Alumni  |  #UVicAlumniWeek
Brain-Based Changes in Aging

Date: Tuesday, Oct. 1
Time: 7 to 9 pm
Duration: 1 session
Fee: $65 plus $3.25 GST
Code: HPHE278 2019F C01

Are you curious about how the brain changes as we age? Usually changes in our brain and behaviour fall within the normal realm of aging, however sometimes people experience change beyond healthy aging. This course will highlight the effects of aging on our brain and our behaviours. It will also address how recent advances in neuroimaging techniques can be applied to the study of normal brain changes in aging as well as changes experienced with dementia, such as Alzheimer’s Disease.

Instructor: Chantel Mayo (MSc)

Chantel Mayo is currently pursuing her doctorate at the University of Victoria, specializing in Clinical Neuropsychology. Her research uses brain-imaging techniques such as magnetic resonance imaging to examine how the brain is affected by healthy aging as well as neurodegenerative conditions such as Alzheimer’s Disease and Multiple Sclerosis.

Investing for Financial Wellness

Date: Wednesdays, Oct. 2 to 23
Time: 6:30 to 9 pm
Duration: 4 sessions
Fee: $150 plus $7.50 GST
Code: HPHE279 2019F C01

Financial wellness is about more than just finances. Over four sessions, this interactive and engaging course will examine multiple layers of healthy investing. Guided by an experienced Chartered Financial Analyst, you will explore values and goals related to security and freedom, psychological pitfalls and opportunities, investing for health care and social responsibility, and the value of diversification. Upon completion of the course, you will be able to create an investment plan, understand the impact of investment decisions, discuss current trends and optimize taxation for a holistic financial portfolio.
Ian Johnson has extensive theoretical and hands-on experience implementing investment strategies in an increasingly complex environment, having actively managed multiple portfolios for some of Canada’s most sophisticated institutional investors, including Ontario Teachers’ Pension Plan and the Jim Pattison Foundation. One of the investment funds that Ian helped create and which he co-managed was nominated by Morningstar as “Best Opportunistic Hedge Fund” in 2012.

**NEW** Perceived Safety: Conversations about Using Marijuana

**Date:** Tuesday, Oct. 8  
**Time:** 6:30 to 9 pm  
**Duration:** 1 session  
**Fee:** $75 plus $3.75 GST  
**Code:** HPHE287 2019F C01

Current substance use legislation concerning youth sets the age of legal use, restricts driving while intoxicated, and criminalizes sales to youth. Changes in access, attitudes, patterns of use, or harms related to marijuana and alcohol by youth relate to the commercialization of marijuana in adolescence and young adults. These changes create opportunities for conversations that help us to identify, prevent, and mitigate substance use related harms to youth. This short workshop is designed to give adults and youth access to recent research about youth substance use and its consequences. It will also help open conversations between adults and the young people they care about.

**Instructor:** Bonnie Leadbeater (PhD)

Bonnie Leadbeater is a Professor in Psychology at UVic, where she has been since 1997. She holds degrees in Nursing and Educational Psychology from the University of Ottawa and in Developmental Psychology from Columbia University, NY. She is the lead investigator of the Victoria Healthy Youth Survey which followed 662 youth across a decade from adolescence to young adulthood (2003 to 2013). Her recent research explores the different ways that youth use substances like alcohol and marijuana and their consequences for mental health and development. She is working with the Vancouver Island Health Authority to create a large scale public health approach to assist youth transitioning to young adulthood and their parents in talking about substance use.

**NEW** Sleep Fitness: New Horizons in Sleep Health

**Date:** Wednesday, Oct. 16  
**Time:** 6 to 9 pm  
**Duration:** 1 session  
**Fee:** $75 plus $3.75 GST  
**Code:** HPHE284 2019F C01

A good night’s sleep! We all want it and need it, but often something prevents us from getting it. Current research demonstrates how overall health, productivity and performance are connected to our sleep fitness. Learn the difference between “sleep health” and “sleep sickness”, as well as how sleep changes with aging. This course identifies common sleep stressors and presents evidence-based strategies to improve sleep quality and sleep quantity. The course also provides guidance on how to be an educated consumer of tools and services that address sleep health.

**Instructors:** Annelise Thornton (MHSc), Rolf Maijer (DDS, D. Ortho, FRCD(C))

Annelise Thornton is the founder and CEO of Population Sleep, a company that develops and implements health promotion and health management programs to proactively address employee fatigue and mitigate the impact of fatigue in the workplace.

Rolf Maijer is a Victoria-based orthodontist who limits his clinical practice to the prevention and treatment of conditions that compromise sleep health, including snoring, sleep apnea and craniofacial pain. He also serves as the Clinical Director of ETP Systems, a Performance Consulting Company that works with elite and professional athletes to improve sleep and optimize athlete recovery.

**NEW** Health or Hype? The Science of Nutritional Trends and (Fad) Diet

**Date:** Tuesday, Oct. 22  
**Time:** 6 to 9 pm  
**Duration:** 1 session  
**Fee:** $75 plus $3.75 GST  
**Code:** HPHE286 2019F C01

This course will explore several popular diet types and nutrition trends often referenced in the media, like the ketogenic diet and intermittent fasting. The key facets, foods and macronutrient breakdown will be presented along with the barriers and potential nutrient deficiencies that could result. Current research and scientific evidence on these various diets will be explored as well as the target population that is predominantly affected. Finally, key takeaway messages will be presented to guide participants’ food decisions.

**Instructor:** Nicole Fetterly (RD)

Nicole Fetterly is passionate about helping people make the best food choices they can for their health and for a sustainable food system. Nicole completed a BA in Anthropology at UVic and a BSc in Food, Nutrition and Health (Dietetics) at UBC. She is currently working towards a MSc in Kinesiology with a focus on Public Health. Nicole has experience in clinical work, private practice, retail and food services as well as resource development, including the BC Healthy Eating for Seniors Handbook, the YMCAs Healthy Eating After School Program and is a Master Trainer for the provincial program Appetite to Play.

**NEW** More Than Money: Making the Most of Retirement

**Date:** Thursdays, Oct. 17 to 24  
**Time:** 6 to 8 pm  
**Duration:** 2 sessions  
**Fee:** $85 plus $4.25 GST  
**Code:** HPHE281 2019F C01

Are you ready to retire? You may have a financial plan but have you prepared for the shift in focus from work to leisure? Do you know what it takes to achieve and sustain a healthy and engaged retirement? In the first of two sessions, we will explore the non-financial side of retirement planning: identifying competencies for physical, emotional and psychological wellness as well as how to negotiate for some of the pitfalls one may face in retirement. In session two we will build and refine a plan that helps get to work right away on making the most of your retirement.

**Instructor:** John Meldrum (BRec, MBA, PhD)

John Meldrum is an Assistant Professor and the Director, School of Exercise Science, Physical and Health Education at the University of Victoria. His research includes understanding human relationships and the attachment to people, places and activities in health, leisure, sport or community contexts.

**NEW** Boundaries 101: Where You End and I Begin

**Date:** Tuesday and Thursday, Nov. 19 to 21  
**Time:** 6 to 8 pm  
**Duration:** 2 sessions  
**Fee:** $85 plus $4.25 GST  
**Code:** HPHE245 2019F C01

The most important relationship you’ll ever have is the one with yourself. Healthy boundaries are essential, both to one’s sense of self and in having quality relationships with others. Yet for many, the concept of boundaries is foreign or confusing and it can be difficult to know where to begin. Traditional
approaches to learning about boundaries often focus on assertiveness training—come and learn about boundaries through the exploration of yourself and adult development. Learn how to “grow up” and to differentiate and, in the process, develop and enforce healthy boundaries in your life. Ultimately, come prepared to learn more about yourself in this skill-building session.

Instructor: Maryse Neilson (MSW, RSW)

Maryne Neilson has worked for over 20 years as a social worker developing, facilitating and implementing programs that promote and foster change in individuals, groups and communities. She is a counsellor in private practice where she helps individuals, couples and youth develop the insight, understanding and skills to lead happy and healthy lives. She also works as the Health Promotion Manager for CFB Esquimalt.

FOR MORE INFORMATION:
General Health and Wellness
250-721-8558
uvchshsc@uvic.ca
continuingstudies.uvic.ca/healthgeneral

HEALTH PROFESSIONAL DEVELOPMENT

Canadian Fall Prevention Curriculum©

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<tr>
<td>Sept. 20 to Oct. 25</td>
<td>5 weeks</td>
<td>$295 plus $14.75 GST</td>
<td>HPCF215 2019F D01</td>
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<tr>
<td>Oct. 18 to Nov. 22</td>
<td>5 weeks</td>
<td>$295 plus $14.75 GST</td>
<td>HPCF215 2019F D11</td>
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For health professionals who work with older adults, this online course will help you to acquire the knowledge and skills needed to apply an evidence-based approach to the prevention of falls and fall-related injuries. In this recently updated course, you will learn to: define the scope and nature of the problem of falls; identify and assess for fall risk; use evidence-based practice to identify prevention strategies; understand social and policy context; apply a program planning model; and evaluate the effectiveness of a fall prevention program.

Textbook: Fall Prevention Programming (2nd ed.), by Dr. Vicky Scott (required)

Instructor: Bobbi Symes (MA) (Sept. 20)
Instructor: Philip Groff (PhD) (Oct. 18)

Wound Management for Health Professionals Level I

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<tr>
<td>Sept. 20 to Nov. 1</td>
<td>6 weeks</td>
<td>$425 plus $21.25 GST</td>
<td>HPPD257 2019F D01</td>
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<tr>
<td>Oct. 18 to Nov. 29</td>
<td>6 weeks</td>
<td>$425 plus $21.25 GST</td>
<td>HPPD257 2019F D11</td>
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Multidisciplinary health care professionals are provided with essential tools and strategies to confidently address wound management in this comprehensive online course. Course concepts include prevention, assessment, healing, infection, dressings and pain management.

Textbook: Acute and Chronic Wounds (5th ed.), by Ruth Bryant and Denise Nix

Instructor: Jennifer Dunlop (RN, MSN, ONC(C), NP(P)) (Sept. 20)
Instructor: Sylvia Kempers (RN) (Oct. 18)

Wound Management for Health Professionals Level II

Date: Sept. 20 to Nov. 15 (mandatory one-day workshop on campus: Saturday, Nov. 23)
Duration: 8 weeks
Fee: $525 plus $26.25 GST
Code: HPPD258 2019F D01

This blended learning course continues to develop your clinical skills and knowledge of advanced practice wound care. During eight weeks of online instruction, you will focus on pressure and vascular ulcers, VAC usage, debridement, high risk foot, lymphedema, surgical wounds, burns and oncology. The on-campus workshop enables you to learn more about debridement, demonstrate your skills and present information on a wound care product you researched during the online component of the course.

Prerequisites: HPPD257 OR HPPD333 - Wound I or Challenge exam, Y

Textbook: Acute and Chronic Wounds (5th ed.), by Ruth Bryant and Denise Nix

Instructor: Misty Stephens (BSN, RN, NSWOC) (see bio under The High Risk Foot)

NEW Building Resiliency for Families of Trauma Exposed Workers

Date: Saturday, Oct. 19
Time: 9:30 am to 12:30 pm
Duration: 1 session
Fee: $95 plus $4.75 GST
Code: HPPD290 2019F C01

Individuals who are repeatedly exposed to traumatic events in their work are not alone. Many of them have spouses, partners, and children. These Trauma Exposed Worker Families (TEWF’s) are unique in that they can be both a tremendous support for the worker and can also suffer from the effects of post-trauma in the home. While treatments for trauma abound, focus on the family has lagged behind. Join Dr. Tim Black, one of Canada’s leading specialists in Post Traumatic Stress Disorder and founder of the Wounded Warriors Canada - Couples Overcoming PTSD Every Day (COPE) Program to learn how families can be affected by trauma and how they can build resilience in the face of trauma-related challenges in the home. This is a professional development course designed for family members and trauma exposed workers of all kinds including but not limited to: Police, Fire, Ambulance, Search and Rescue, 911 dispatchers, emergency management volunteers, and front line workers in shelters and clinics.

Instructor: Tim Black (PhD, RPsych)

Tim Black is a trauma specialist and has worked with military and civilian trauma survivors for 20 years. He has co-created multiple programs focusing on trauma recovery, teaches trauma counselling in the UVic Graduate Counselling Psychology Program and is the co-founder of the Trauma Informed Campus Initiative at UVic.
NEW  Palliative Care Pharmacy

Date:  Oct. 21 to Nov. 29
Duration:  6 weeks
Fee:  $400 plus $20 GST
Code:  HPPD400 2019F D01

Pharmacists serve as integral members of multidisciplinary teams to deliver optimum palliative care for individuals in final stages of life. As more patients wish to remain at home for the end of life, there is an increasing need for palliative care pharmacy expertise outside of institutional settings. This online course is designed for the learning needs of pharmacists to acquire specialized knowledge to support palliative care patients, family, health and community care nurses and general practitioners. Topics covered include: the pharmacist’s role in a palliative care team; principles of pain management; use of opioids and cannabis in palliative care; symptom management and drug related adverse effects.

Instructor: TBA

The High Risk Foot

Date:  Friday, Nov. 22
Time:  10 am to 3 pm
Duration:  1 session
Fee:  $150 plus $7.50 GST
Code:  HPPD285 2019F C01

In British Columbia, there are approximately 50,000 people diagnosed and treated with diabetes and an additional 700,000 diagnosed as pre-diabetics. Foot ulcers affect nearly 8,500 diabetics each year making it the 3rd leading cause of hospitalization and 20% of these cases result in amputation. Early recognition of a high risk foot in high risk patient populations is vital to optimize preventative care including proper assessment, education and foot care. In this session you will learn the anatomy of the foot, recognize common presentations that may increase risk, identify the patient with a high risk foot, and acquire knowledge and skills to respond effectively.

Instructor: Misty Stephens (BSN, RN, NSWOC)

Misty Stephens has been a registered nurse for 12 years. She graduated from Douglas College Bachelor of Nursing program and started in surgical services and trauma care. Misty is the chair of the BC Provincial Skin and Wound Value Analysis team and the Provincial Ostomy Value Analysis team. She is also a member of the Provincial Nursing Skin and Wound Committee, Ostomy Committee, and Ostomy and Therapeutic Surface Committees. She has developed and opened two hospital ostomy outpatient clinics in Fraser Health and is currently the wound clinician for the White Rock outpatient wound clinic. Her current position is working at Peace Arch Hospital covering the consultation services for wound, ostomy and continence for the acute care site, residential sites and community outpatient clinic.

FOR MORE INFORMATION:
Health Professional Development
250-721-8558
uvchshsc@uvic.ca
continuingstudies.uvic.ca/healthprod

DENTAL PROFESSIONAL DEVELOPMENT

You give your best to your patients. Now allow the University of Victoria to treat you to the best of dental continuing education. Current Concepts in Dentistry is one of the foremost offerings in the field of dental continuing education. Each year, we provide guest lecturers who are outstanding leaders in their fields of expertise. The sessions are focused on current issues and advances you need to know about. This year’s program (Nov. 9 to 12) presents the following sessions:

• Restorative Update 2019: Materials and Clinical Techniques by Dr. Stevenson
• Endodontic Failures: How to Avoid, How to Diagnose and How to Treat by Dr. Coil
• Managing the Medically Compromised Patient or How to Prevent Medical Emergencies by Dr. Malamed
• Anxiety Control – the Art of Oral and Inhalational Adult Minimal Sedation by Dr. Donaldson

FOR MORE INFORMATION:
Dental Professional Development
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healthprograms@uvic.ca
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OCCUPATIONAL HEALTH AND SAFETY

Professionals who identify health risks, prevent accidents and maintain safety regulations in the workplace are in high demand. Environmental and occupational health courses offered through our online certificate program focus on the latest dynamics of employee health and safety needs and the environmental impact of the workplace. You will explore topics related to risk assessment and management, occupational and health law, occupational health hazards, safety program management, and health protection technology.

FOR MORE INFORMATION:
Occupational Health and Safety
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eohprogram@uvic.ca
continuingstudies.uvic.ca/EOH

POPULATION HEALTH DATA ANALYSIS

FOR MORE INFORMATION:
Population Health Data Analysis
continuingstudies.uvic.ca/popdata

HEALTH, WELLNESS AND SAFETY
Easing into retirement means Rena now has more time for gardening, travel and concerts.
A good education is the key that will open many doors to a good career and a bright future. These are the words Rena (Ravinder) Hayes remembers her grandfather saying to her as a young girl. A sentiment that was echoed by her father, who used to tell her, “It’s important to get a good education and not to forget your roots, your culture, and where your ancestors came from.

Rena’s parents grew up in India before immigrating to Canada in the late 1950s.

“My mother’s cousin and my father were on the same flight when they immigrated to Canada in 1959, and the two became good friends. My mother’s cousin believed that it would be a good match for my mother and father to get married.” Sure enough, they married in Victoria in 1960. A few years later, Rena was born. Rena’s grandfather was well educated and, after he came to Canada, he used to help other new immigrants with their paperwork and translated documents for them. He valued his education, and it’s a value he passed along to Rena.

Since high school, Rena had been interested in pursuing a career in the legal system, so as a young woman, she enrolled in a legal office administration program at Camosun College, to help her reach her goal of working in the courts. “I just really enjoyed dealing with the law, working with lawyers and other legal professionals, preparing the documents.” And she acknowledges, “Knowing how to write legalese does come in handy in many circumstances.”

I just really enjoyed dealing with the law, working with lawyers and other legal professionals.

Her first job in the courts had her processing the paperwork for civil suits and small claims. She recalls, “Across the hall was the criminal section, and the staff there always appeared to be enjoying their work and having fun.” So when an opportunity came up to move to the criminal section, she took it.

“I learned so much, working with the justices of the peace, the police officers, judges and other people who worked within the justice system; and I dealt with people who were charged with offences and saw them go through the system.”

After working in the court registry as a clerk and in the courtroom as a court clerk, an opportunity came up at the Criminal Justice Branch for the Court of Appeal Legal Secretary.

“That was only supposed to be for three months. Twenty-eight years later I was still there.” She reflects, “We dealt with some pretty horrific major crime cases. There was a lot of pressure for sure, but at the end of the day, it was rewarding work.”

It was around this time that she took her first course with Continuing Studies at UVic. “My manager had recommended a course in leadership. From there, I started checking out other courses in the calendar and found ones that I thought were relevant to my work or that piqued my interest, such as mental health and social justice.”

Later in her career, Rena took a position at Emergency Management BC. She remembers thinking, “Oh, this will be a nice position where I will be able to ease into retirement”—but then came the wildfires of 2017. “[We were] dealing with a lot of people who were very distraught, they had lost everything.”

She signed herself up for the Resilience on the Front Line course. “That was totally relevant to the work I was doing. In fact I saw people there from search and rescue agencies across the province, firefighters, etc.” She recalls there was a crew from a local fire department sitting at the back of the classroom when, at one point, their alert systems went off. “Suddenly, all the crew members stood up and walked out of the classroom to respond to the call. That course was very interesting.”

“I look forward to the new calendar when it comes out. I feel that the courses are very relevant, especially the one that I’m taking right now, the Forensic Anthropology course. The instructor is amazing; the energy that she has and the time that she puts into her lectures and labs are conducive to my learning.”

When asked what it is about Continuing Studies courses that keeps her coming back, she answered, “I really enjoy the interactions with the other students. I also appreciate the professionalism, knowledge and expertise that the instructors have. And just the enjoyment of learning, even when you think you know it all,” she laughs.
Our certificate and diploma programs are an ideal way to earn the credential you need to succeed. Our online and blended delivery formats are designed to fit your busy life, and with many of our programs leveraging UVic faculty, industry and community partnerships and recognitions, you can feel confident that you are earning a credential that is respected in your field.

Visit [continuingstudies.uvic.ca/programs](http://continuingstudies.uvic.ca/programs) to learn more.

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Explore the world and history from the comfort of Amica at Somerset House, located at 540 Dallas Road, Victoria. You may register for individual sessions or receive a discount for the full series registration.

**A History of the James Bay Neighbourhood**

Date: Wednesday, Sept. 25  
Time: 1 to 3 pm  
Location: Amica at Somerset House  
Duration: 1 session  
Fee: $23 plus $1.15 GST  
Code: ASHI594 2019F E01

In this session, illustrated with maps, paintings and photographs, you will learn about the history of James Bay—Victoria's oldest residential district—from the 1840s to today. This visual tour will include the first government buildings and surrounding homes, and the introduction of industry to the area including shipyards, grain elevators and chemical plants. You will learn about First Nations' extensive use of the shoreline and the Hudson's Bay Company's establishment of company homes and Beckley Farm. The neighbourhood developed a rough reputation by the mid-20th century, but now James Bay is a vibrant area combining heritage streetscapes, seaside parks, deep-sea docks, commercial and tourism nodes nestled beside the Parliament Buildings.

Instructor: John Adams

John Adams is an historian, author and heritage consultant well known for his historical walking tours around Victoria.

**A History of Israel**

Date: Wednesday, Oct. 9  
Time: 1 to 3 pm  
Location: Amica at Somerset House  
Duration: 1 session  
Fee: $23 plus $1.15 GST  
Code: ASHI559 2019F E01

In the first part of this lecture we will take a glimpse at the sweeping history of the Israelites from the time of Abraham to the destruction of Jerusalem during the first century CE. In the second part, we will focus our attention on the modern state of Israel by exploring some of the
crucial events that have shaped the region in the past century. Maps, photographs and artifacts will be used to illustrate the discussion.

Instructor: Paul Chamberlain (PhD)

Paul G. Chamberlain is a historical geographer who has lived and travelled widely through the area; he specializes in Middle East studies and has a special interest in history, comparative religion, and current political events in the region.

NEW | Sin in the City: Victoria Unbuttoned

Date: Wednesday, Oct. 23
Time: 1 to 3 pm
Location: Amica at Somerset House
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI744 2019F E01

“They are here now... have been here for years, and we must keep them here.” In 1910 Judge Peter Lampman made this statement about the city’s prostitutes as part of his inquiry into allegations that Victoria Police Commissioners were engaged in corruption. This inquiry, among other things, was about the pitfalls of establishing a restricted district for prostitution, something explored and tried in several large cities throughout the world with varying success. Victoria, like many western coastal cities at the time, was dealing with the ebb and flow of “undesirables” in search of lucrative money-making activities. Some were drifters passing through, others were in search of opportunities to establish businesses. In this session you will learn about the lives of women and men who attempted to make a living, and in some cases a fortune, from the business of prostitution in Victoria in the early 20th century.

Instructor: Linda Eversole

Linda Eversole worked in the museum and heritage field for over forty years and is the author of Stella: Unrepentant Madam.

NEW | Monasteries and Manuscripts – An Austrian Odyssey

Date: Wednesday, Nov. 13
Time: 1 to 3 pm
Location: Amica at Somerset House
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI742 2019F E01

Austrian monasteries are not just architectural masterpieces on the outside, they are also amazing repositories of knowledge on the inside. These monasteries and abbeys house vast libraries of manuscripts (hand-written books) and incubula (early printed books) that preserved the knowledge of the ancients through the troubles and turmoil of Church and State. Medieval manuscripts were revered as art as expressed by the trials and tribulations, blood and sweat, of the men who made the paper, copied the books and guarded them with their lives for God and future generations. To do their job properly in God’s Eyes, the monks also collected and studied natural science and natural history specimens and artifacts, and many of the monasteries also contained “Cabinets of Curiosities” that were the precursors of modern scientific research. In this session, we’ll explore these masterpieces of art, as well as the scriptoria where the monks toiled through the darkness – both physical and social – to preserve this “knowledge as art” deep in the landscape and culture of medieval Austria.

Instructor: Christian Mundigler (ACA, BA)

Christian Mundigler is an archaeologist, ethnographer, explorer and photographer who’s spent his career working, researching, teaching and leading tours and expeditions around the world to bring ancient and medieval history alive. Christian’s work has taken him through the Middle East, North Africa, Europe, Asia, North and South America, and beyond to Easter Island and Antarctica. His work has been published with National Geographic, numerous foreign news agencies, as well as many scholarly books, journals and websites.

NEW | Chinese Victoria

Date: Wednesday, Nov. 27
Time: 1 to 3 pm
Location: Amica at Somerset House
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI735 2019F E01

In this session, you’ll learn about the history of Victoria’s Chinese community. Victoria’s Chinatown is the oldest permanent urban Chinese community in Canada, dating to the beginnings of the 1858 gold rush on the Fraser River, when Chinese people came to get rich in the goldfields along with thousands of other people from all over the world. Many were labourers, but a number were merchants with businesses on the streets north of what is now Pandora Avenue. By the end of the nineteenth century, Chinatown occupied almost eight city blocks and the Chinese were not confined to that quarter. They established market gardens and greenhouses and worked in brickyards, fisherries and sawmills throughout the Greater Victoria area. Close to the city centre, there were many Chinese-owned businesses extending beyond Chinatown. Discrimination was very real and made life difficult for most Chinese people. Negative stereotypes of gambling, opium and slave girls in secret tunnels under Chinatown pervaded the columns of local newspapers. In this session, discover the true story behind these reports.

Instructor: John Adams

John Adams is a local historian who wrote a book called Chinese Victoria, that looks at a wide range of topics related to the Chinese in the Greater Victoria area. His book and this session cover the myths and realities of life in the Chinese community in Chinatown and beyond.

FOR MORE INFORMATION:
Amica at Somerset House Series
250-721-7589
hsscoord@uvic.ca
continuingstudies.uvic.ca/amica-fall

BERWICK ROYAL OAK SERIES

We are very sorry to announce that due to high frequency of resident-only events and the extreme shortage of available, convenient parking for our students, Berwick Royal Oak is no longer able to offer space for our courses. We have been searching for viable alternative venues in the Royal Oak area, but to date we have not been successful.

This fall, Faye Ferguson’s course, Chronicling the Stories of Your Life, will be held at the UVic campus (see pg. 17).
Why study Canada? A country as vast, diverse and ever-changing as Canada offers near limitless opportunities for study and reflection. Multicultural and multilingual, with a unique political, economic and social history, Canada defies easy definitions and continues to fuel debate about its identity as a nation.

Courses are designed for anyone who wants to broaden their knowledge and understanding of Canada. We offer face-to-face and online courses in Canadian culture, Canadian contemporary issues, Canadian environmentalism, and this fall a new online course in the cultural study of poverty and homelessness. Register in one of our courses and challenge yourself and your ideas about Canada.

FOR MORE INFORMATION:
Canadian Studies
250-721-8458
csdp@uvic.ca
continuingstudies.uvic.ca/CSDP

The Formation of Putin's Russia
Date: Wednesdays, Sept. 4 to Oct. 9
Time: 6 to 8 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASHI720 2019F C01

In lecture format, this course will introduce you to the history of Russia leading up to the current political and economic system of the contemporary Russian Federation. We will look at the historical, cultural and economic history of Russia as well as the political systems of pre-Communist, Communist and post-Communist Russia. We will examine the formation of a mafia state, under the leadership of Vladimir Putin, and its phased transformation from the embryonal democracy of the early '90s to the comprador dictatorship of today. We will also explore what could have been done by the Russian people and the international community in order to follow alternative patterns of both economic and political development. Additionally, we will gain some perspective on Russia's aggressive international politics towards its neighbours. The first four sessions will cover the history of Russia and the final two sessions will focus on the recent past and present.

Instructor: Andrew Andersen (PhD)

Dr. Andrew Andersen is a political scientist and historian whose research focuses on communist and post-communist studies, international and inter-ethnic conflicts, territorial disputes and ideological clashes.

Artificial Intelligence and the Future of Employment and Humanity
Date: Mondays, Sept. 9 to Oct. 7
Time: 6:30 to 8:30 pm
Duration: 5 sessions
Fee: $99 plus $4.95 GST
Code: ASHI722 2019F C01

Artificial intelligence (AI) has exploded over the news, provoking great optimism, pessimism, and confusion. Do thinking machines precipitate Utopia or Armageddon? What do you make of half the workforce being automated into unemployment, or a future AI destroying us? We will unpack these issues to understand what AI is, isn't, and what it might become. No understanding of computers required.

In this course, we will cover the history of AI through recent developments including self-driving cars, look at AI in the news, and explore the positions of figures such as Elon Musk, Stephen Hawking, and Ray Kurzweil. We will review studies of employment automation to see who will be most affected, and how to protect careers.

We will also discuss what will happen when a computer even appears to be thinking and explore the implications for psychology, philosophy, and our survival. Will we need to evolve along a transhumanist path in symbiosis with AI?

Instructor: Peter Scott (MA)

Born in the United Kingdom, Peter Scott received a master's degree in Computer Science from Cambridge University and went to NASA's Jet Propulsion Laboratory (JPL) in Pasadena, California, helping advance our exploration of the solar system. Since 1999 he has worked independently, continuing to serve JPL but also writing and speaking. He also works in the “soft” fields of human development. Bridging these disparate worlds positions him to envisage a delicate solution to the existential threats facing humanity arising from exponential technology progress.

An Introduction to Neuroscience
Date: Tuesdays, Sept. 10 to Oct. 15
Time: 6:30 to 8:30 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASHI612 2019F C01

Advances in neuroscience have provided insight into all aspects of our daily lives. In this course, you will learn the basics of neuroscience. Topics will include: neurons, sensory perception, vision, motor control, attention and memory. The course will be grounded in recent neuroscience research so you can see how your brain creates the world around you, how it helps you and
how it can hinder you. Part of each class will focus on a specific neural impairment such as dementia, Parkinson's, and ALS to further your understanding of these conditions. We will also explore research methodologies in neuroscience so you can learn how the tools used by neuroscientists work, and also when they don't work.

Instructor: Olav Krigolson (PhD)

Olav Krigolson is associate director, Centre for Biomedical Research and Associate Professor in the Neuroeconomics Laboratory at UVic.

NEW Freedom From Painful Emotions

Date: Saturdays, Sept. 14 to Oct. 12 (no class Sept. 28)
Time: 10 am to noon
Duration: 4 sessions
Fee: $85 plus $4.25 GST
Code: ASH740 2019F C01

We can often feel trapped by our unhappy feelings and emotions, struggling to see a way out. As long as uncontrolled desire dominates our mind we remain vulnerable to intense suffering when our wishes are not fulfilled, especially in relationships. In this course, we will explore Buddhist methods for identifying within our mind the causes of our grief, anxiety, stress and worry. We will discover our unique ability to choose which thoughts to follow, so that we can change our feelings and actions. In this way we will come to experience a deep, satisfying emotional freedom, becoming the person we wish to be – joyful, confident and loving.

Instructor: Gen Kelsang Zopa

Gen Kelsang Zopa has been an ordained Buddhist monk since 1996. Since 2007, he has been Resident Teacher at Bodhichitta Kadampa Buddhist Centre in Victoria, teaching meditation classes on Vancouver Island. Renowned for the clarity and depth of his teachings, his warmth and practicality bring to life the ancient art of meditation.

NEW Translating God: The Five Languages of the Bible

Date: Wednesdays, Sept. 18 to Oct. 16
Time: 10 am to noon
Duration: 5 sessions
Fee: $99 plus $4.95 GST
Code: ASH739 2019F C01

Modern readers of the English Bible may encounter four other languages in a historical study of texts. The first two are the languages found in the Hebrew Scriptures: Ancient Hebrew and Aramaic. The third is the language of the books of the New Testament: Hellenistic Greek. The fourth is Latin, the universal language of the church for over a millennium. The sessions of this course will look at how non-religious and religious versions of these five languages arose. We will also look at how specific religious texts coded in these languages both shape the languages and have been shaped by the languages. Along the way, we will discuss the roles of religious language and issues that arise around literal and loose translations of religious texts. No familiarity with linguistics or any language except English is assumed. Class handouts will be provided.

Instructor: Doug Hutchinson (DPhil)

Doug Hutchinson studied at Queen's University and Oxford University (BPhil 1978 and DPhil 1983). He then spent most of his 37-year career teaching ancient philosophy at the University of Toronto. Doug is associate editor of Plato: Complete Works (1997) and editor/translator of Carlo Natali's Aristotle: His Life and School (2013).

NEW The Death of Socrates: You Are There!

Date: Thursday, Oct. 3
Time: 10 am to noon
Duration: 1 session
Fee: $29 plus $1.15 GST
Code: ASH746 2019F C01

The famous death of Socrates was re-created for a television ‘mockumentary’ broadcast by CBS in its series You Are There! on May 3, 1953. This award-winning episode featured new and respected Hollywood film-makers, including news anchor Walter Cronkite and director Sidney Lumet, actors E.G. Marshall, Robert Culp, and John Cassavettes (as Plato in his first known role), and a screenplay produced in secret by the blacklisted Communist screenwriter Arnold Manoff. In this 2-hour illustrated lecture, we compare this American television account of the death of Socrates with the ancient documents on which historians still rely. We will explore some of the ways in which ancient and modern ideology shaped the telling of this electrifying and still somewhat mysterious historical event.

Instructor: Mikhail Molchanov (PhD)

Mikhail A. Molchanov taught political science at several Canadian universities before coming to Victoria. He is the author of several books and dozens of articles on postcommunist transitions and international relations in Eastern Europe and Eurasia. He has offered classes and guest lectures in Ukraine, Kazakhstan, USA and Japan, where, between several research stays and visits, he has spent near three years of his life altogether.

NEW Politics of North-East Asia: Past and Present

Date: Saturdays, Sept. 21 to Oct. 26
Time: 10 am to noon
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASH708 2019F C01

This course is devoted to a study of the political systems and international relations of North-East Asian states, namely Japan, China, Russia, Republic of Korea (South Korea) and the Democratic People's Republic of Korea (North Korea). Through lectures and class discussion you will learn about politics in the region, taken as not only the sum total of its constituent states but also as a regional order in the making and a part of the global system of international relations. Our key concern is international and regional security and therefore we will explore the evolving role of the United States as a security guarantor for Japan and South Korea, as well as China’s ongoing dispute with Vietnam, the Philippines, Taiwan, Malaysia, and Brunei over the Spratly Islands.

Instructor: Mikhail Molchanov (PhD)

Mikhail A. Molchanov taught political science at several Canadian universities before coming to Victoria. He is the author of several books and dozens of articles on postcommunist transitions and international relations in Eastern Europe and Eurasia. He has offered classes and guest lectures in Ukraine, Kazakhstan, USA and Japan, where, between several research stays and visits, he has spent near three years of his life altogether.

NEW Journeys on the Camino de Santiago

Date: Saturday, Sept. 21
Time: 10 am to 12:30 pm
Duration: 1 session
Fee: $29 plus $1.45 GST
Code: ASH761 2019F C01

The Camino de Santiago has gone from a series of little-known pilgrim trails across Spain to a fairly popular excursion. In this session, Olav Krigolson—who has walked the Camino twice—will take you on a visual and descriptive tour, including an historical overview of the Camino, his thoughts on the journey from a neuroscientist's perspective, and practical tips for those considering making the journey themselves.

Instructor: Olav Krigolson (see bio under An Introduction to Neuroscience)
Stories in Stone: Rock Art Around the World

Date: Saturday, Oct. 5
Time: 9:30 am to 12:30 pm
Duration: 1 session
Fee: $39 plus $1.95 GST (includes coffee, tea and muffins)
Code: ASHI660 2019F C01

For thousands of years, paint and stone have been used all over the world to make art. From painting on rock surfaces, to meticulous grinding of pigments and stone, rock art in the form of pictographs and petroglyphs is one of the most intriguing cultural expressions. Techniques, designs and meaning vary between cultures and between sites. This introductory class will examine rock art as a worldwide phenomenon, and then focus on the rock art of First Nations on the Central Coast of BC. There will be a hands-on component where we will try some of the techniques discussed, so be sure to wear old clothes. We will get messy! In addition to learning about some of the famous European rock art sites (such as Lascaux Cave in France), this session will highlight that pictographs and petroglyphs are made worldwide in diverse cultural contexts.

Instructor: Aurora Skala (MA)

Aurora Skala is an Archaeologist who received her MA in Anthropology from the University of Victoria while working with the Heiltsuk and Wuikinuxv Nations to document their rock art. She has examined submerged rock art sites and excavated underwater to record ship wrecks, in addition to excavating at terrestrial sites. She wild crafts a wide variety of Native plants, and in conjunction with her archaeological work has interviewed many First Nations Elders on topics such as land management strategies and plant technology.

NEW Doing Philosophy is Learning to Die

Date: Mondays and Wednesdays, Oct. 7 to 23
(no class Oct. 14)
Time: 2:30 to 4:30 pm
Duration: 5 sessions
Fee: $149 plus $7.45 GST
Code: ASHI745 2019F C01

In 1580 the French philosopher Michel de Montaigne wrote his essay “Doing Philosophy is Learning to Die,” recycling many passages and ideas from his favourite Latin philosophers, especially Lucretius and Seneca. Expanded new versions of this essay were published in 1588 and 1595, showing the results of Montaigne’s continual reflections on the topic of death and how to die like a philosopher. In this discussion seminar we ask ourselves and each other what would count as a respectable or desirable or wise demise, applying our individual philosophies to our own mortal predicaments. In this investigation we will be guided by the experience of two instructors: a retired physician and cancer specialist, and a specialist in ancient philosophy who will illuminate the Latin sources of Montaigne’s essay, as well as its historical context and his ways of thinking and writing.

Instructor: Doug Hutchinson (see bio under The Death of Socrates: You Are There)
Instructor: Paula Donahue (MD)

Paula Donahue is an internal medicine specialist with a special interest in medical oncology. She is semi-retired and divides her time between St. Thomas, Ontario and Victoria, BC.

NEW The World of Russian Culture

Date: Thursdays, Oct. 10 to Nov. 14
Time: 2 to 4 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASHI748 2019F C01

In this course you will explore the world of Russian culture from its early classic art-form to today’s modern digital era. We will look at major cultural events and the most significant works by Russian writers, composers, painters and dancers. We will navigate through the masterpieces of Andrey Rublev, Mark Shagal, an anonymous 12th century epic poem “The Tale of Igor’s Campaign,” the philosophy in Dostoyevsky’s novels, the world of 21st century literature, the folk song Kalinka, and the genius of Tchaikovsky and Shostakovich. You will experience Russian culture and traditions by exploring the major Russian architectural styles, a variety of painting genres, and the most significant artists, composers, writers, and film directors shown through a historical perspective. We will also explore the beauty of traditional Russian crafts and art including the ancient art of icon painting, Khokhroma patterns, blue and white gzhel porcelain, and much more. Lectures will be supplemented by a wide range of audio and visual resources and list of references for self-study will be distributed in class.

Instructor: Galina Sanaeva (PhD)

Galina Sanaeva was born and raised in Russia and moved to Canada in 2010. In Russia, she chose an academic career and completed her MA in Languages, Literature and Education and then acquired a PhD at A.M. Gorky Institute of World Literature in the Russian Academy of Sciences in Moscow.

Everything Arctic

Date: Thursdays, Oct. 17 to 24
Time: 7 to 9 pm
Duration: 2 sessions
Fee: $45 plus $2.25 GST
Code: ASHA133 2019F C01

Take an armchair exploration of some of the wonders of the arctic. Visit a landscape as richly diverse as its seasons: flat sweeping vistas of the western arctic, gentle rolling hills of Cape Dorset and the glorious fiords of Baffin Island. We’ll also visit Greenland to discover its icy beauty. These illustrated talks offer the rare opportunity to meet the hardy, yet gentle, Inuit of the arctic and catch a glimpse of their way of life. This two-lecture series is rich in description and visuals, while short on historic dates. Some cultural treasures of the north will be introduced: the original hand-pulled prints of the Canadian arctic and their makers, along with the historical backdrop of the printmaking tradition. An important aspect of the art of the Canadian north. We’ll “meet” people who took the route north: Rae and Franklin, Hudson Bay factors such as Maud Watt and Duncan Pryde. We’ll also meet some of the unsung heroes and heroines of the north.

Instructor: Jenn Whitford Robins (BFA)

Jenn Whitford Robins has completed many visits to the arctic, on occasion, providing extended workshops in Inuit traditional printmaking, by invitation of the communities. She has been artist in residence at the Uqqurmiut Centre for the Arts in Pangnirtung, Baffin Island and recently lectured on the inaugural cruise through the North-West Passage, in the capacity of Inuit Art Advisor. She has a degree in visual arts and is an award-winning artist. Jenn teaches at the University of Victoria and gives lectures in both Canada and the United Kingdom. Her artwork is in private and public permanent collections around the globe.

A History of Israel

Date: Tuesday, Oct. 22
Time: 1 to 3 pm
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI559 2019F C01

In the first part of this lecture we will take a glimpse at the sweeping history of the Israelites from the time of Abraham to the destruction of Jerusalem during the first century CE. In the second part, we will focus our attention on the modern state of Israel by exploring some of the crucial events that have shaped the region in the past century. Maps, photographs and artifacts will be used to illustrate the discussion.

Instructor: Paul Chamberlain (see bio under same course title, pg. 39-40)
Who were the first Buddhist women? What do we know of their lives? In this course, we will travel back in time to the world of Ancient India, to the time of the Buddha, when the first Buddhist nuns were ordained. Though they came from many different walks of life, the nuns formed communities in which they could flourish as teachers and practitioners. We will explore the historical and religious context in which these women lived as well as the role of women in contemporary religions. Our source material is the Therigatha, or Verses of the Elders, a collection of poetry by these first Buddhist nuns. These poems, many of them anonymous, give clues to the circumstances of these women's lives. We will also meet queens and servants who were devoted disciples of the Buddha's teachings, though they never entered the monastic order.

Instructor: Margo McLoughlin (MDiv)

Margo McLoughlin is well-known in Victoria as a storyteller and meditation teacher. A student of Pali and Sanskrit, she has been translating and retelling stories from the Buddhist tradition for more than twenty years. She holds a Master of Divinity from Harvard Divinity School and in 2012 she was the Artist-in-Residence at the Centre for Studies in Religion and Society at the University of Victoria. Her translations have been published in Parabola magazine and other publications.

A Brief History of Eastern Europe

Throughout the turbulent history of the East European nations, from the early Middle Ages to the modern and contemporary eras, the people of the region fought to establish their own statehood, identity, forms of community and paths of development in opposition to various degrees of external domination. Some of them managed to create their own empires; The Habsburg, Ottoman, German and Russian empires dominated the region in the 18th and 19th centuries, while Nazi Germany and the Soviet Union contended for it in the 20th. Eastern Europeans have also had to confront internal divisions, as the boundaries of modern and historical states in the region have rarely coincided, not to mention that some of the nations did not exist before the end of World War I. In lecture format in this broad survey course, we will examine the issues of nations and national minorities and address other social and political developments. We will devote significant time to the issue of “national memory” and its role in shaping identity for these peoples in the “Lands Between” past and present European powers. The course will conclude with events following the fall of the Berlin Wall and the progress of Eastern Europe to something that could be defined as relative normalization.

Instructor: Andrew Andersen (see bio under The Formation of Putin’s Russia)
inside. These monasteries and abbeys house vast libraries of manuscripts (hand-written books) and incunabula (early printed books) that preserved the knowledge of the ancients through the troubles and turmoil of Church and State. Medieval manuscripts were revered as art as expressed by the trials and tribulations, blood and sweat, of the men who made the paper, copied the books and guarded them with their lives for God and future generations. To do their job properly in God’s Eyes, the monks also collected and studied natural science and natural history specimens and artifacts, and many of the monasteries also contained “Cabinets of Curiosities” that were the precursors of modern scientific research. In this session, we’ll explore these masterpieces of art, as well as the scriptoria where the monks toiled through the darkness – both physical and social – to preserve this “knowledge as art” deep in the landscape and culture of medieval Austria.

Instructor: Christian Mundigler (see bio under same course title, pg. 40)

FOR MORE INFORMATION:
Humanities and Social Sciences
250-721-7589
hsscoord@uvic.ca
continuingstudies.uvic.ca/humanities

IN PURSUIT OF KNOWLEDGE SERIES

SERIES REGISTRATION

Date: Thursdays, Sept. 26 to Oct. 24
Time: 9:30 to 11:30 am
Duration: 3 sessions
Fee: $64 plus $3.20 GST
Code: ASPT006 2019F C00
This series of daytime lectures will acquaint you with UVic faculty and their many areas of interest. You may register for individual sessions or receive a discount for the series registration. Coffee and/or tea is included.

Coral Reefs and Climate Change

Date: Thursday, Sept. 26
Time: 9:30 to 11:30 am
Duration: 1 session
Fee: $25 plus $1.25 GST
Code: ASPT006-2 2019F C01
Thermal stress from the 2015-2016 El Niño triggered the worst global coral bleaching and mass mortality event on record. In this talk, Dr. Baum will highlight the ecological surprises and transformation found at the thermal stress hot spot in her long-term field site in the central equatorial Pacific, Kiritimati (Christmas Island). The field site was the epicenter of this event, experiencing ten straight months of anomalously high temperatures. Dr. Baum will present the challenges and discoveries that came from attempting to study resilience at the ecosystem-scale during this event and what has happened since as her team has studied the aftermath of the event over the past three years.

Instructor: Julia Baum (PhD)
Julia Baum is a professor in the Department of Biology.

The Spectre of Populism: A Threat to Liberal Democracy?

Date: Thursday, Oct. 17
Time: 9:30 to 11:30 am
Duration: 1 session
Fee: $25 plus $1.25 GST
Code: ASPT006-2 2019F C01
Western democracies are confronted with the rise of populist parties that are fueled by strong anti-establishment sentiments. In particular right-wing, nationalist forces have gained considerable support with their anti-immigrant agenda and changed the landscape of party politics throughout Europe and North America. What we have witnessed with the surge of right-wing populism is a profound weakening of democratic processes and institutions (constitutional division of power, free press, and independent judiciary). This talk will consider the driving forces behind the electoral success of right-wing populism and the effects it has on liberal democracy.

Instructor: Oliver Schmidtke (PhD)
Oliver Schmidtke is a professor in the Departments of Political Science and History. He also holds the Jean Monnet Chair in European History and Politics and serves as the director of the Centre for Global Studies.

FOR MORE INFORMATION:
In Pursuit of Knowledge Series
250-721-7589
hsscoord@uvic.ca
continuingstudies.uvic.ca/know-fall

Global Migration Governance and the New Global Compacts

Date: Thursday, Oct. 24
Time: 9:30 to 11:30 am
Duration: 1 session
Fee: $25 plus $1.25 GST
Code: ASPT006-3 2019F C01
In December 2018, the international community agreed to two new Global Compacts to manage migration: the Global Compact for Safe, Orderly, and Regular Migration and the Global Compact for Refugees. Both agreements faced significant backlash, from anti-immigrant groups concerned with protecting state sovereignty, as well as from migrant advocacy groups concerned the agreements offered no new binding obligations on states. This talk will examine what these Global Compacts set out to achieve, how they differ from one another and from the international treaties that preceded them, and concludes with a discussion of the likelihood of success in achieving their stated goals.

Instructor: Scott Watson (PhD)
Scott Watson is an associate professor in the Department of Political Science and serves as chair of the department.
SAGE: Stimulate, Advance and Guide Education

The most active component of SAGE is our study groups. Study groups are not taught by instructors; rather, a facilitator assists in coordinating the presentations of group members and in moderating the discussions.

An important aspect of study groups is their small size (maximum 15 participants). Group members quickly get to know each other, and learning takes place in a relaxed, friendly atmosphere.

There is a limited number of fee waivers available for all study groups. Study groups happen through your initiative, so if there is a subject you would love to learn more about and you are willing to facilitate a group next term, please contact Janet McDonald at 250-721-8827.

THE FOLLOWING STUDY GROUP IS BEING OFFERED THIS TERM:

Something I Want to Share...

Date: Tuesdays, Oct. 1 to Nov. 19
Time: 10 am to noon
Duration: 8 sessions
Fee: $85 plus $4.25 GST
Code: ASSG180 2019F C01

This new SAGE study group offers an attentive audience for your presentation on a topic you find fascinating. You may want to share unique experiences along with related research or you may be looking for an excuse to do new research. Your topic could be anything: the history of cheese, Canada’s role in international development, Victorian women adventurers, technology’s impact on the performing arts, artificial intelligence and human morality… the possibilities are virtually endless! Presentations will stimulate discussion in a welcoming and supportive environment.

Facilitator: Judy Baldwin

FOR MORE INFORMATION:
SAGE Study Groups
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/SAGE

UNIVERSITY 101

The University 101 Program makes knowledge more accessible to those who have faced significant barriers to education. There are no tuition fees, however applicants must apply and be accepted into the program. Application deadlines are mid-November for the January course and Mid-August for the September course.

The program is sponsored by the faculties of Humanities and Social Sciences and the Division of Continuing Studies, and it receives essential support from the Office of the Vice-President Academic and Provost and other UVic faculties and divisions, as well as from the Students’ Society, Graduate Students’ Society, and many individual and business donors. In 2017, the program also benefited from a generous grant from the Victoria Foundation.

University 101

A desire to learn is all you need for University 101. This non-credit course in the humanities is for you if your economic and social circumstances normally pose obstacles to university education (e.g., low income, mental health challenges, single parenthood, homelessness). Classes are presented by UVic instructors and include topics such as critical thinking, philosophy, creative writing, local and world history, classics of English literature and an introduction to art history, along with additional topics.

FOR MORE INFORMATION:
University 101 Program
250-721-6516
uni101@uvic.ca
uvic.ca/uni101

UVIC ON THE PENINSULA SERIES

Each term we offer a selection of lectures and short courses in Sidney, most of which take place at the Mary Winspear Centre. If you wish to receive the flyer that is mailed out each August and December, please contact us.

HERE ARE JUST A FEW OF THE COURSES BEING OFFERED THIS TERM:

• Palaces of the Islamic World
• Monasteries and Manuscripts: An Austrian Odyssey
• Mayan Civilization: Art, Architecture and Writing
• Art Conservation for the Collector
• Marine Birds
• A History of Israel
• Mightier than the Sword – SAGE Study Group

FOR MORE INFORMATION:
UVic on the Peninsula Series
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/peninsula
Deans' Lunchtime Lecture Series

Research is reshaping the way we live and think. Meet distinguished members of the faculties at the University of Victoria and learn about their research interests. Find out what kind of fascinating work is being done as you gain a fresh perspective.

All lectures 12:30–1:45 pm | Greater Victoria Public Library, 735 Broughton Street, Victoria, BC

**What’s New in Engineering?**
Artificial Intelligence for Machine Vision
- Date: Friday, Sept. 6
- Code: ASDS281-1 2019F E01
- Instructor: Kwang Moo Yi, PhD, Department of Computer Science

**What’s New in Human and Social Development?**
Factors that Influence Quality of Life in Older People
- Date: Friday, Sept. 13
- Code: ASDS282-1 2019F E01
- Instructor: Anastasia Mallidou, PhD, School of Nursing

**What’s New in Education?**
Aesthetics at Work
- Date: Friday, Sept. 20
- Code: ASDS280-1 2019F E01
- Instructor: Wanda Hurren, PhD, Department of Curriculum and Instruction

**What’s New in Science?**
Building Artificial Cells on a Chip
- Date: Friday, Sept. 27
- Code: ASDS268-1 2019F E01
- Instructor: Katherine Elvira, PhD, Department of Chemistry

**What’s New in Fine Arts?**
Writing the Disasters of War
- Date: Friday, Oct. 18
- Code: ASDS267-1 2019F E01
- Instructor: Deborah Campbell, MFA, Department of Writing

**What’s New in Grad Studies?**
Indigenous Language Revitalization: Why and How?
- Date: Friday, Nov. 1
- Code: ASDS279-1 2019F E01
- Instructor: Nicki Benson, PhD candidate, Department of Indigenous Education

**What’s New in Humanities?**
Arguing Piety, Class and Romance in Muslim Southeast Asia
- Date: Friday, Nov. 15
- Code: ASDS259-1 2019F E01
- Instructor: Richard Fox, PhD, Department of Pacific and Asian Studies

**What’s New in Social Sciences?**
Economic Inequality: Causes, Consequences and Remedies
- Date: Friday, Nov. 29
- Code: ASDS240-1 2019F E01
- Instructor: Marco Cozzi, PhD, Department of Economics

For more information:
Deans’ Lunchtime Lecture Series
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/deans-lectures

Admission to these popular lectures is free, but you must register to reserve your seat. If you are unable to attend, please let us know so that we can offer your seat to someone on the waitlist.
Parking is available underground and you are welcome to bring a bag lunch. This series is presented by Continuing Studies at UVic in partnership with the Greater Victoria Public Library, and the faculties of Education, Engineering, Fine Arts, Graduate Studies, Human and Social Development, Humanities, Law, Science and Social Sciences.
Since his early 20s, Doug Hutchinson has been living a life of philosophy and scholarship. Now, as a retired university professor with roughly 45 years of post-secondary study, post-doctorate research and teaching under his belt, he still enjoys doing philosophy with students. But apart from that, he acknowledges “the students, taxpayers, benefactors, grants and fellowships that have invested a lot in funding my studies and researches. It’s my karma … I’ve got to pay this back.”

To Doug, Continuing Studies at UVic is the perfect place to pay a return on that investment.

“What I’m enjoying about giving courses in Continuing Studies is doing something like teaching—I’m not sure if it’s teaching—but it’s something like teaching, without evaluating people, without evaluating performances, without ranking.”

He goes on to say, “A lot of my students are actually older than I am, and there’s nothing required, there’s no essays or deadlines and they’re taking it because they’re interested—and if they’re not interested, they don’t show up. It’s a very different game, which is why I say it’s something like teaching, but it’s so different from what teaching is usually like at a university or even high school. Apart from being the one at the front of the class, I have no authority in the class; I can’t make them do anything, I can’t make them read anything, the only thing I can do is make them more interested or more bored. So it’s a very pure challenge. And very fun.”

Today, Doug is a renowned expert in the area of ancient philosophy, and the works of Aristotle in particular. But it wasn’t always so. Doug started his academic career as a pre-medicine student, studying hard sciences, but his roommate at Queens was taking a first-year philosophy course and after discussing the issues and paradoxes with him, he realized, “this is so much fun, I’ll do it for a while. The serious business of medical school can wait.”

The next thing Doug knew, he was a 20 year old Rhodes Scholar, studying—and eventually teaching—at Oxford University in the UK. For the next 40 years, he led a colourful and adventurous life of a scholar, eventually gaining acclaim for proving the authenticity of fragments of a lost work of Aristotle’s, called Protrepticus, a dialogue intended to motivate readers to become philosophers (visit protrepticus.info for more on that).

“Of all the periods in the history of philosophy, the one that seems to be the most relevant to people wanting to live as a philosopher is the ancient period, from roughly the fifth century BCE to the 5th century AD. It had a kind of freshness and a kind of generality and a kind of directness to people’s lives. Philosophy in this early period was somewhere between subject matter and a religion—but it wasn’t a cult, it was an invitation to think.”

And he’s found, “It’s not just young people searching for themselves who are interested in philosophy as a way of life; it turns out that a lot of people my age are too. There’s something about a particular way of doing philosophy and a particular period of philosophy where it can be a way of life, where you’re thinking about how you understand the nature of friendship, about mortality, why does time speed up as you get older, this kind of stuff.”

He has two courses coming up next term, one on the death of Socrates, the other on the Montaigne essay Doing Philosophy is Learning to Die. Why these courses? “Because they are drawn from the same material that my undergraduates found so interesting, and also because they deal with old age and death and this is what any normal thoughtful person would think about when re-organising their life and facing a more limited horizon.”

Now as he settles into his own retirement, feeding his chickens amidst the firs and cedars that tower overhead on his peninsula property, he reflects, “I’ve never lost the promise that philosophy is a way of life. When you take it onboard deeply, your vision is not the same; it’s not as if it’s better but it’s got a new colour. You’re seeing with wisdom-tinted lenses instead of looking through rose-coloured glasses.”
I've never lost the promise that philosophy is a way of life.
Join the 275 million people who proudly speak French around the world! French is a young, vibrant, international language. In fact, it is the only language other than English to be spoken on five continents. Whether you have a child in French Immersion, are planning a trip to a French-speaking nation, or are looking to brush up on your working knowledge of Canada’s other official language, our French language courses have just what you need to communicate confidently with fellow Francophiles and Francophone alike. All French language courses offered by Continuing Studies are subject to enrolment. Please register early and invite a friend to join you!

FRENCH LANGUAGE CONVERSATION CLASSES (FLCC)
If you are looking to hone your spoken French in a casual but dynamic setting, you’ll love our French Language Conversation Classes. With these classes there is no rush to get to the next level—you and your teacher work together to decide when you are ready to move up. The main themes will vary from one session to the next so you can register in a given level multiple times to solidify your skills.

FLCC: Introductory
- Date: Thursdays, Sept. 26 to Nov. 28
- Time: 9:15 to 11:15 am
- Register by: Sunday, Sept. 15
- Duration: 10 sessions
- Fee: $245
- Code: FLCC051 2019F C01

This course is intended for complete beginners and is normally only taken once. In this class, you will become familiar with the sounds of French and gain confidence in pronunciation, and you’ll acquire basic “survival” skills in French such as greetings and thanks.

Register for this level if you have no previous knowledge or experience with French, or can recognize a few French words.

Textbook: No textbook required

FLCC: Beginner
- Date: Tuesdays, Sept. 24 to Nov. 26
- Time: 9:15 to 11:15 am
- Register by: Sunday, Sept. 15
- Duration: 10 sessions
- Fee: $245
- Code: FLCC101 2019F C01
This course is intended for students at the Beginner level who would like to practice their oral French at a level in which they are comfortable. It can be taken as many times as you like as themes will vary from one term to the next. This course is not meant to prepare you for the next level. Students who wish to take courses that will allow them to progress steadily all the way to an advanced level should register in our Comprehensive French courses.

Register for this course if you have taken the Introductory course, or if you know how to: count up to 20, spell your name, give your address and phone number, speak about yourself, your family, your work, the weather, time and date, identify basic shapes and colours, ask and answer basic yes or no questions.

Textbook: No textbook required

FLCC: Intermediate

Date: Wednesdays, Sept. 25 to Nov. 27
Time: 9:15 to 11:15 am
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $245
Code: FLCC301 2019F C01

This course is intended for students at an Intermediate level who would like to practice their oral French at a level in which they feel comfortable. Here, you’ll gain more fluency in using your French in a variety of everyday situations, such as speaking about likes and dislikes, making comparisons and telling a story in the past. It can be taken as many times as you like, as themes will vary from one term to the next. This course is not meant to prepare you for the next level. Students who wish to take courses that will allow them to progress steadily all the way to an advanced level should register in our Comprehensive French courses.

Register for this course if you already know how to: speak on the telephone, ask for and give directions and other information (such as say where it hurts), make reservations, give a definition, clarify a statement, tell whether a sentence is in a past, present or future tense.

Textbook: No textbook required

COMPREHENSIVE FRENCH (formerly French Language Diploma)

Improve your overall French language proficiency with our new Comprehensive French courses. This non-credit series is open to adults of all levels of competency. It is designed to meet the needs of a wide audience from working professionals, to lifelong learners, to people who are new in Canada—anyone wanting to confidently and competently develop fluency in French. It features four levels, each aligned with the internationally recognised DELF benchmarks A1, A2, B1 and B2. Upon successful completion of each level, students will receive a Certificate of Completion.

NEW Comprehensive French - Level 1

Date: Mondays and Wednesdays, Sept. 16 to Dec. 18
(no class Oct. 14 and Nov. 11)
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 26 sessions
Fee: $549
Code: FREN100 2019F C11

This is the introductory level of our series of four comprehensive courses for complete beginners, focusing on all four basic language skills: listening, speaking, reading, and writing. Classes feature a balance of structural and communicative activities. No experience or initial assessment is necessary for September entry. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.

NEW Comprehensive French - Level 2

Date: Tuesdays and Thursdays, Sept. 17 to Dec. 12
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 26 sessions
Fee: $549
Code: FREN200 2019F C11

This is the second level of our series of four comprehensive courses focusing on all four basic language skills: listening, speaking, reading, and writing. Classes feature a balance of structural and communicative activities. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.

NEW Comprehensive French - Level 3

Date: Mondays and Wednesdays, Sept. 16 to Dec. 18
(no class Oct. 14 and Nov. 11)
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 26 sessions
Fee: $549
Code: FREN300 2019F C11

This is the intermediate level of our series of four comprehensive courses focusing on all four basic language skills: listening, speaking, reading, and writing. Classes feature a balance of structural and communicative activities and an important cultural content to optimize learning. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.
NEW | Comprehensive French - Level 4

Date: Tuesdays and Thursdays, Sept. 17 to Dec. 12
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 26 sessions
Fee: $549
Code: FREN400 2019F C11

This is the advanced level of our series of four comprehensive courses focusing on all four basic language skills: listening, speaking, reading, and writing. Classes feature a balance of structural and communicative activities and an important cultural content to optimize learning. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.

FOR MORE INFORMATION:
French Language
250-721-8630
languages@uvic.ca
continuingstudies.uvic.ca/french

ARABIC

Arabic: Introductory

Date: Saturdays, Sept. 28 to Nov. 30
Time: 2 to 4 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $247 plus $12.35 GST (includes Required manual)
Code: ASLA098 2019F C01

This course is a very basic introduction to the Arabic language. You will learn “survival” words and phrases, as well as how to read and write both words and practical sentences in the Arabic alphabet. Note: We recommend that you bring a recording device to class.

Textbook: Course manual will be provided in class (mandatory); Read and Speak Arabic for Beginners, by McGraw-Hill (optional)

Instructor: Nooshi Saberi

Nooshafarin Saberi was born in Kuwait to a Persian family and grew up speaking, reading and writing Persian and Arabic. She also became fluent in English after spending a year in England, followed by 22 years in Luxembourg, where she added another three languages to her palette. Nooshafarin and her family came to Canada in 2002, and she has enjoyed teaching at Continuing Studies since 2006.

FINNISH

Finnish: Beginner

Date: Wednesdays, Sept. 25 to Nov. 27
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA239 2019F C11

Beginners Finnish will help you to build your confidence in your Finnish language communication skills using a variety of real-life scenarios (asking for directions, occupation, hobbies, small talk). You will also cover more complex aspects of Finnish grammar and syntax. We will use a “role play” model for much of our lessons. In this interactive course students will be encouraged to come up with practical everyday or travel scenarios to effectively use their language skills.

Textbook: Suomea Suomeksi 1, by Olli Nuutinen (mandatory)

Instructor: Ari Vainionpää (BA, MBA)

Ari Vainionpää has been an instructor in Continuing Studies Business and Management Fast Track and International Programs at the University of Victoria since 2006. He was born in Vaasa, Finland and moved to a multi-cultural town in Northern Ontario where Finnish speakers had a close and active community. Although business became his vocational choice, he retains a love for his Finnish heritage.

DUTCH

Dutch: Introductory

Date: Tuesdays, Sept. 24 to Nov. 26
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA037 2019F C11

Did you know that Dutch is not spoken just in the Netherlands? It is actually the most spoken language in Belgium and the official language of Suriname. In addition, a modified form of Dutch is one of the official languages in South Africa. This introductory conversation course will familiarize you with the pronunciation of Dutch and will introduce basic vocabulary and grammar. The emphasis will be on understanding the spoken language and simple texts, as well as engaging in basic conversation in Dutch.


Instructor: Catherine Verhaegen

Catherine Verhaegen worked as a language teacher in Brussels for 10 years before moving to Canada in early 2014. Education and language training have always been her passion. She uses a conversational approach in her classes and is always keen on sharing her culture with others.

GERMAN

German: Introductory

Date: Thursdays, Sept. 26 to Nov. 28
Time: 5 to 7 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $247 plus $12.35 GST (includes Required manual)
Code: ASLA016 2019F C11

Students do not need any previous knowledge of German to take this course, just a love of the language. This course will help you develop

WORLD LANGUAGES

Our portfolio of world language courses is constantly evolving to meet a growing demand for more languages and more levels. Honing your skills in another language is like doing yoga or becoming proficient on a musical instrument: it can take a bit of practice. In our world language courses, there is no pressure to move up from one level to the next: you can repeat the same level as many times as you like to build your confidence, and our instructors will keep the content fresh and interesting for you each time. If you’re interested in one of our courses where more than one level is offered, but aren’t sure about your level, please contact us and we’ll be happy to work with you. All language courses offered by Continuing Studies are subject to enrolment. Please register early and invite a friend to join you!
your basic German language skills and build up confidence when communicating in the language. You will also gain a solid foundation of German grammar.

Textbook: Course manual will be provided in class (mandatory).

Instructor: Joanna Schaller (MA [pedagogy])

Joanna Schaller has a passion for languages and cultural awareness. She completed her master's degree in German language and literature, as well as in pedagogy. She worked as an interpreter, tour guide and language teacher in Germany and Poland before moving to Canada in 2004. In Victoria, Joanna has been teaching German, translating, interpreting and tutoring.

German: Beginner

Date: Thursdays, Sept. 26 to Nov. 28
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $247 plus $12.35 GST (includes Required manual)
Code: ASLA216 2019F C11

If you have completed German: Introductory or have equivalent grammar and conversation skills, this course will build on that foundation. Through role-playing, simulations and other exercises, you'll continue to build your essential vocabulary and your knowledge of structures, idioms and cultural etiquette. We encourage students to participate in our language courses more than one time in order to truly learn the material taught over 10 lessons. It also gives you additional exposure to varying activities within each topic.

Textbook: Course manual will be provided in class (mandatory).

Instructor: Joanna Schaller (see bio under German: Introductory)

German: Intermediate

Date: Tuesdays, Sept. 24 to Nov. 26
Time: 5 to 7 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $247 plus $12.35 GST (includes Required manual)
Code: ASLA316 2019F C11

If you have previously studied German or have completed German: Beginner and would like to refresh your knowledge at an intermediate level, this course is ideal for you. This course will strengthen your foundation in grammar, enrich your vocabulary, and improve your conversational skills and listening comprehension. Lessons are enhanced by fun videos and fascinating cultural facts. We encourage students to participate in our language courses more than one time in order to truly learn the material taught in only 10 lessons. It also gives you additional exposure to varying activities within each topic.

Textbook: Course manual will be provided in class (mandatory).

Instructor: Joanna Schaller (see bio under German: Introductory)

Italian: Introductory

Date: Fridays, Sept. 27 to Nov. 29
Time: 12 to 2 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA049 2019F C01

If you have no previous knowledge of Italian and want to learn basic conversation, reading and writing skills, this course is for you. Here, you'll learn about Italy and Italian culture through short lectures and videos, and there will be plenty of opportunities to speak in Italian. Oral participation is encouraged.

Textbook: Information sheets will be provided in class.

Instructor: Estelle Kurier

Estelle Kurier enjoys communicating in many different languages and particularly loves teaching people about Italian language, travel, and culture. She is an experienced instructor, translator, and tutor of Italian, Spanish, and French, and she is currently pursuing a PhD in Hispanic and Italian Studies at UVic, focusing on comparative aspects of Dante's Divine Comedy. Estelle looks forward to helping you expand your language abilities and feel confident communicating in Italian to prepare you for travel or to fulfill a lifelong dream of learning Italian.

Italian: Beginner

Date: Thursdays, Sept. 26 to Nov. 28
Time: 6 to 8 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA249 2019F C11

This beginner course is intended for those who have completed Italian: Introductory or who already have some basic skills. Videos and cultural discussions will enhance your learning and strengthen your basic knowledge in a fun and interactive atmosphere.

Textbook: Information sheets will be provided in class.

Instructor: Estelle Kurier (see bio under Italian: Introductory)

Japanese: Introductory

Date: Mondays, Sept. 23 to Dec. 9
(no class Oct. 14 and Nov. 11)
Time: 1 to 3 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $247 plus $12.35 GST (includes Required manual)
Code: ASLA008 2019F C01

Whether you are hosting a Japanese visitor or planning a trip to Japan, let's learn to speak Japanese! This course is designed for those who have no previous knowledge of Japanese and are eager to take up a new challenge. In addition to learning “survival” words and phrases, you'll be introduced to the “hiragana” and “katakana” characters, as well as the basics of Japanese grammar. You'll also focus on developing practical conversation skills and will be introduced to cultural aspects of life in Japan.

Textbook: Course manual will be provided in class (mandatory).

Instructor: Keiko Tachibana (BA [Linguistics])

Keiko Tachibana was born in Osaka, Japan. She came to Canada in 1995 and studied linguistics at UVic, where she started working as a teaching assistant when she was a graduate student. She genuinely cares about her students and their learning, providing them with an encouraging environment to learn Japanese. She has enjoyed teaching at Continuing Studies since 2007.
Japanese: Beginner
Date: Tuesdays, Sept. 24 to Nov. 26
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $247 plus $12.35 GST (includes Required manual)
Code: ASLA208 2019F C11

This course is designed for those who have completed Japanese: Introductory or who have a high-intermediate knowledge of the language. You will gain proficiency in the understanding, speaking, reading and writing of Japanese in practical situations. You will also learn more about Japan’s culture and people.

Textbook: Course manual will be provided in class (mandatory).
Instructor: Keiko Tachibana (see bio under Japanese: Introductory)

Korean: Introductory
Date: Wednesdays, Sept. 25 to Nov. 27
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA009 2019F C11

Have you been interested in learning about “한·영” (Hallyu or the Korean Wave)? If you’re interested in learning about the Korean language and culture, you’ll love this course. Here, you’ll learn to read and write “Hangul”, the Korean alphabet, “survival” words, and daily expressions in modern Korean culture. By the end of the course, you will be able to carry on basic conversations on topics such as dining out and shopping.

Textbook: Active Korean 1, by Language Education Institute, Seoul National University, from Moonjinmedia publishing (mandatory)
Mastering Conversational Korean: Korean for Beginners, by Kyubyong Park & Henry J Amen IV, from Tuttle Publishing (optional)

Instructor: Jaerang Lee
Jaerang Lee has over 15 years’ experience as a teacher in the public school system in South Korea. Since immigrating to Canada, she has completed her MEd in Leadership Studies at UVic. Jaerang loves teaching and believes that education is life itself. She also loves to share her culture with her students and learn from others.

Korean: Intermediate
Date: Tuesdays, Sept. 24 to Nov. 26
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA309 2019F C11

This course is for those who have already completed Korean: Beginner, or who have some basic communication skills, vocabulary and sentence patterns. In this course, you will deepen your understanding of basic grammar and sentence construction, and expand your vocabulary to be able to: make inquiries about public transportation, make reservations for hotels or restaurants, and more. You will also broaden your understanding of Korean modern pop culture.

Textbook: Active Korean 2 Workbook, by Moonjinmedia publishing (optional)
Active Korean 2 Workbook, by Moonjinmedia (optional)

Instructor: Jaerang Lee (see bio under Korean: Introductory)

Mandarin: Introductory
Date: Tuesdays, Sept. 24 to Nov. 26
Time: 7 to 9 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA013 2019F C11

This course is a very basic introduction to the Mandarin language. You will learn "survival" words and phrases, and receive ear training for
Mandarin tones to become aware of how the meaning of words change in Mandarin.

**Textbook:** Practice Makes Perfect: Beginning Chinese (book and CD-ROM set - for Windows), by Live ABC (mandatory)

**Instructor:** Dawn Yuan

Ye (Dawn) Yuan has reached her goal in making Mandarin learning easy, fun and educational for her students. In China, Dawn taught as part of the International Baccalaureate Program team at an international school. In Canada, she has taught Mandarin for both adults and families at UVic and at community centres.

### Mandarin: Beginner

- **Date:** Wednesdays, Sept. 25 to Nov. 27
- **Time:** 7 to 9 pm
- **Register by:** Sunday, Sept. 15
- **Duration:** 10 sessions
- **Fee:** $222 plus $11.10 GST
- **Code:** ASLA213 2019F C11

If you already have a basic knowledge of Mandarin tones and “survival” Mandarin, this course will help you master simple sentences for easy conversations. Connected to the reality of daily life, you will learn basic Chinese characters useful for email or WeChat messages.

**Textbook:** Living Language Chinese – Complete Edition, by Living Language (mandatory)

**Instructor:** Dawn Yuan (see bio under Mandarin: Introductory)

### Mandarin: Intermediate

- **Date:** Mondays, Sept. 23 to Dec. 9 (no class Oct. 14 and Nov. 11)
- **Time:** 7 to 9 pm
- **Register by:** Sunday, Sept. 15
- **Duration:** 10 sessions
- **Fee:** $222 plus $11.10 GST
- **Code:** ASLA313 2019F C11

This course is for those who have already completed Mandarin: Beginner (or the equivalent). Here, you’ll take your basic knowledge of Chinese characters and developed tone recognition and expand your ability to build longer sentences, while continuing to learn about the culture through Chinese songs, poems, movies, and other art forms.

**Textbook:** Living Language Chinese – Complete Edition, by Living Language (mandatory)

**Instructor:** Dawn Yuan (see bio under Mandarin: Introductory)

### Mandarin: Advanced

- **Date:** Thursdays, Sept. 26 to Nov. 28
- **Time:** 7 to 9 pm
- **Register by:** Sunday, Sept. 15
- **Duration:** 10 sessions
- **Fee:** $222 plus $11.10 GST
- **Code:** ASLA413 2019F C11

This course is geared to students who have completed Mandarin: Intermediate (formerly “Conversant”) or are functionally conversant in the language. While conversations are kept simple, they will be enriched with a variety of daily life topics, at once broadening your cultural knowledge while building your communication skills. You will also get to expand your written skills by focusing on constructing paragraphs.

**Textbook:** Living Language Chinese – Complete Edition, by Living Language (mandatory)

**Instructor:** Dawn Yuan (see bio under Mandarin: Introductory)

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**Russian**

### Russian: Introductory

- **Date:** Mondays, Sept. 23 to Dec. 9 (no class Oct. 14 and Nov. 11)
- **Time:** 5:30 to 7:30 pm
- **Register by:** Sunday, Sept. 15
- **Duration:** 10 sessions
- **Fee:** $222 plus $11.10 GST
- **Code:** ASLA004 2019F C11

This interactive course will help you to learn simple introductory concepts of Russian vocabulary and grammar, as well as how to make full sentences. You will actively learn basic level Russian through four skills: listening, speaking, reading and writing. Through a communicative approach, you will learn many historical facts about Russia and it’s culture, as you watch videos and participate in classroom activities.


**Instructor:** Galina Sanaeva

Galina Sanaeva was born and raised in Russia and moved to Canada in 2010. In Russia, she chose an academic career and completed her MA in Languages, Literature and Education and then acquired a PhD at A.M. Gorky Institute of World Literature in the Russian Academy of Sciences in Moscow. Galina also holds a certificate in Training Methods of Teaching Russian as a Foreign Language from the Peoples’ Friendship University of Russia.

### Russian: Intermediate

- **Date:** Mondays, Sept. 23 to Dec. 9 (no class Oct. 14 and Nov. 11)
- **Time:** 7:30 to 9:30 pm
- **Register by:** Sunday, Sept. 15
- **Duration:** 10 sessions
- **Fee:** $222 plus $11.10 GST
- **Code:** ASLA304 2019F C11

In this intermediate course, you will strengthen your conversation skills and expand your understanding of Russian grammar. We will also take advantage of online resources to further optimize your learning. Participants are expected to have some proficiency in Russian or to have completed Russian: Beginner (or the equivalent).
Alicia Brown was born in Mexico, where she worked as a civil engineer and a tutor before she came to Canada in 1992. Her involvement at UVic began in 1993, when she started as a lab monitor for the Hispanic and Italian Studies Department. She has been teaching Spanish at Continuing Studies since 1998.

Instructor: Alicia Brown (BA) (Sept. 23, 7 pm)

Spanish: Beginner

Date: Tuesdays, Sept. 24 to Nov. 26
Time: 9:15 to 11:15 am
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA225 2019F C01

This course is for those who have completed Spanish: Introductory, or have a basic knowledge of the language and wish to improve their written and speaking skills. This course gives you the opportunity to participate in class and strengthen your oral skills in a friendly atmosphere. Essential grammar points will also be covered.


Instructor: Maria Elena Cuervo-Lorens (Sept. 24)

Spanish: Intermediate

Date: Tuesdays, Sept. 24 to Nov. 26
Time: 6 to 8 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA325 2019F C11

This advanced conversation class is intended for those who have completed Spanish: Intermediate (formerly “Conversant”) or have a high intermediate to advanced level. This class is geared to help you maintain your fluency and further enrich your vocabulary. Typical activities will include oral presentations and discussion of current events.

Textbook: No textbook required

Instructor: Gabriela McBee, PhD (Sept. 24)

Spanish: Advanced

Date: Wednesdays, Sept. 25 to Nov. 27
Time: 1 to 3 pm
Register by: Sunday, Sept. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA425 2019F C01

This course is for those who have completed Spanish: Beginner? Do you have a basic knowledge of Spanish and are looking to progress further, or have you recently completed Spanish: Beginner? This intermediate course will help you improve your speaking abilities by giving you ample opportunities to practise conversation. An increased emphasis on grammar will also strengthen your writing skills.


Instructor: Maria Elena Cuervo-Lorens (Sept. 25)

FOR MORE INFORMATION:
World Languages
250-721-8630
languages@uvic.ca
continuingstudies.uvic.ca/languages
TRAVEL TOURS

DISCOVER THE WORLD WITH OUR GUIDED EDUCATIONAL TOURS

Uncover the pleasures of learning while you explore fascinating and spectacular areas of the world where you and a small group of fellow travellers are led by academic guides, who share their knowledge of and enthusiasm for the destinations.

What makes our Travel Tours unique?

- Each tour is accompanied by an academic guide who is an expert in his/her field
- Pre-tour classes where you’ll learn about your tour’s focus, get answers to all your practical questions and meet your travel companions
- Small groups – maximum of 25 passengers per tour
- An experienced tour coordinator travels with you to ensure that everything runs smoothly
- Gratuities to drivers and guides are included in the tour price

Our Travel Study program offers educational travel to destinations around the globe. Itineraries are chosen carefully to offer a safe and comprehensive way to explore history, culture, nature and the arts through visits to sites not usually available to travellers and to those well-known sites.

Join us! We welcome all interested persons, regardless of educational background – you don’t need a prerequisite for this university program! These tours will appeal to you if you want more from your travel experience than standing in lines or shopping for souvenirs.

Included in your tour:

- Return airfare and comfortable land transportation
- Accommodation
- All admissions and excursions
- Many meals, as indicated in tour itinerary
- Baggage handling at hotels, where available

Free Preview: 2020 Travel Study Program

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<tr>
<th>Date:</th>
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Whether you’re curious about travel study or are a seasoned participant in our programs, you will enjoy this preview of our tours for 2020. Educational travel extends your imagination, life experience and appreciation of different cultures. During the afternoon you will have the chance to discuss upcoming tours with our academic specialists, watch fascinating presentations about each destination and learn more about the Travel Study program. Refreshments will be served. We hope to see you there!
From Mexico City to Oaxaca: Art and Food
April 21 to May 10, 2020
From the architecture of ancient civilizations to the galleries of modern design, this tour will take you on an exciting adventure through Mexico to experience highlights of its rich artistic heritage and award-winning cuisine. On this 20-day tour, participants will be guided through the museums of Mexico City, from the impressive Museum of Anthropology and the elegant Museo de Bellas Artes, to Frida Kahlo’s charming Casa Azul. We will then travel by bus to the beautiful towns of Puebla and Cholula, with its famed 365 churches (one for each day of the year), talavera ceramics, and culinary specialties like mole poblano; San Miguel de Allende, known for its active artists’ colonies; and Guanajuato, one of the most vibrant and colourful towns in the Americas. From there, we will fly to the southern state of Oaxaca to experience the diverse regional cuisine and production of mezcal, while exploring the workshops of local tapestry, black ceramic and alebrije artisans.

Co-Academic Resources: Christine Forster is a continuing sessional instructor in the Department of Hispanic and Italian Studies at Uvic. Rosa Stewart is an assistant teaching professor in the Department of Hispanic and Italian Studies at Uvic.

From Paris to Bayeux and the Loire Valley
May 26 to June 13, 2020
On this 19-day travel tour of la Belle France, we will discover three of its beautiful regions. Our first destination will be the medieval city of Bayeux, in Normandy. Here we will view the extraordinary Bayeux Tapestry, and the nearby historic World War II sites, focusing particularly on Juno Beach, site of the Canadian landings, and honouring our fallen at the very moving Canadian cemetery. From there we will head to the lovely Loire Valley, where we will explore several jewels of Renaissance architecture, such as the castles at Chenonceau, Chambord, Amboise et Blois. We will end our trip with five days in Paris, enjoying both the most popular tourist hotspots, such as the Musée du Louvre, as well as some lesser-known Parisian treasures, such as an evening classical concert at the Sainte Chapelle, with its dazzling stained-glass windows, and an entertaining tour of the famous and infamous residents of Père Lachaise Cemetery. In every city we will enjoy the regional wines, cheeses and culinary specialties. You will also have some free time to explore on your own. Our pre-trip classes will offer historical and cultural insights that will deepen and enrich your travel experience. Join us for a memorable exploration of French history, wine, food and joie de vivre!

Academic Resource: Betty-Joan Traverse, MA, Professor Emerita, University of the Fraser Valley

London – with visits to Oxford, Stratford-upon-Avon and Bath
June 15 to 30, 2020
On this leisurely 16-day tour to London and surrounding cities, we will enjoy a combination of theatre and historical and cultural tours.
Upon arrival we will board our coach and head straight to Oxford for a three-night stay. During our time here we’ll have a walking tour of Oxford University and visit the Bate Collection of musical instruments and the Oxford Botanical Gardens, the UK’s oldest, founded in 1621. From Oxford we travel to Stratford-upon-Avon, the birthplace of William Shakespeare and home to the Royal Shakespeare Company. We plan to attend a play and also enjoy an excursion to Coventry Cathedral. We then take a scenic drive through the Cotswolds to the UNESCO World Heritage city of Bath, where we will enjoy an architectural walking tour, including a visit to the Roman Baths. Our final stop for five nights is London, where we will attend a play and a musical in the West End, visit the Victoria and Albert Museum and take a boat trip on the Thames to Greenwich. Also included will be a day excursion to the seaside resort town of Brighton.

**Academic Resource:** Robert Holliston is an accompanist and chamber player, and is currently keyboard department head and a vocal coach at the Victoria Conservatory of Music, as well as curator, public engagement at Pacific Opera Victoria.

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**Art History of our Northwest Coast: Emily Carr and First Nations**

**Aug. 6 to 18, 2020**

Leave the big cities behind and join this exciting 13-day exploration of Northwest Coast art and culture and the life and works of Emily Carr. Tracing Carr’s 1912 and 1928 journeys to vibrant communities of contemporary carvers and ancient village sites, we experience the rich history and warm hospitality of various First Nations communities.

Beginning with a visit to Campbell River and Cape Mudge on Quadra Island, we continue to Alert Bay on Cormorant Island to witness the legacy of internationally renowned Kwakwaka’wakw carvers Willie Seaweed and Mungo Martin and visit the U’Mista Cultural Centre, with its impressive collection of masks, baskets, coppers, and canoes.

After we cruise the splendid inside passage from Port Hardy to Prince Rupert and the ancestral home of the Tsimshian people, we travel inland by coach along the Skeena River to the home of the Gitxan. We will also visit the Kitselas Cultural Centre and the Nisga’a Museum in the Nass Valley.

We then return to Prince Rupert and transfer by ferry to Haida Gwaii, to visit some remote Haida villages, as well as carving studios and museums, including the Cultural Centre in Qay’Iningaay (Skidegate). We also have time to relax and marvel at the pristine natural beauty of Haida Gwaii, with its diversity of flora and fauna and miles of unbroken pristine beaches.

**Academic Resource:** Kerry Mason is an art historian and author who lectures at the University of Victoria in the Department of History in Art and for the Division of Continuing Studies. Her courses focus on various topics of Canadian and BC art history with a particular emphasis on Emily Carr and Northwest coast art. Kerry has led four previous tours to Northern British Columbia and two to Georgia O’Keeffe’s New Mexico.

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**Journey to Israel**

**Nov. 16 to Dec. 5, 2020**

A journey to Israel is an unforgettable experience that encompasses the promised land of the Jews, the birthplace of Christianity and some of the holiest sites in Islam. But whether you come for religious, political or hedonistic reasons this beautiful, troubled land is undoubtedly going to challenge your preconceptions.

Our journey begins with a three day tour of Jerusalem that will include a visit to the City of David, the Temple Mount and the Church of the Holy Sepulchre, the traditional site of the crucifixion.

Then it’s off to Bethlehem and Jericho for two days, before travelling along the shores of the Dead Sea where we will visit Qumran and take a ride in a gondola to the top of Masada.

After this we will have a rest stop in Eilat, Israel’s favourite beach resort. From here we plan to include an overnight excursion to Petra, Jordan and then we’ll make our way back to Beersheba to Abraham’s well before moving north to Tel Aviv to sample Israel’s most modern and vibrant city. We will complete our tour with a three day visit to Nazareth and the Sea of Galilee, a tranquil setting where Christians believe Jesus multiplied the loaves of bread, delivered the Sermon on the Mount and walked on water.

On our way back to Tel Aviv we’ll stop at Haifa to visit the Baha’i gardens and enjoy a panoramic view of the Mediterranean, before our journey home.

**Academic Resource:** Dr. Paul G. Chamberlain is a historical geographer who teaches at the University of Victoria; he specializes in Middle East studies and has a special interest in the history, comparative theology and current political events in the region. He has travelled extensively throughout Israel three times.

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**FOR MORE INFORMATION:**
Travel Tours
250-721-8827
artscoord@uvic.ca
continuingstudies.uvic.ca/travel

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**DO THESE TOURS INTEREST YOU?**

The following tours are being considered for 2021:

- **Highlights of the Andes: Colombia, Peru and Northern Argentina**
  – May 2021

- **New York, New York “Start Spreadin’ the News…”**
  – May 2021

- **Jews of the Habsburgs: Prague, Vienna, Budapest**
  – May/June 2021

- **Art History of Newfoundland: 500 Years of inspiration and Creativity**
  – June 2021

- **Highlights of Scandinavia, with an Excursion to St. Petersburg**
  – June 2021

- **Georgia O’Keeffe in New Mexico**
  – September 2021

**LET US KNOW IF YOU’RE INTERESTED:**
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/upcoming-tours
Birding Basics II: Waterbirds

Date: Oct. 10 to Nov. 3
Time: Thursdays, Oct. 10 to 31, 7 to 9 pm (4 lectures); and Sundays, Oct. 20 to Nov. 3, 9 to 11 am (3 field trips)
Duration: 7 sessions
Fee: $125 plus $6.25 GST
Code: ASSC227 2019F C01

Winter is the time to enjoy waterbirds in Victoria: most waterbirds breed elsewhere and return to coastal waters to spend the winter feeding, socializing and building up reserves for the next breeding season. In this series of four lectures and three field trips, you will learn the skills necessary to find and identify local waterbirds, including geese, swans, ducks, gulls and terns. Lectures will include slide and video presentations, and field trips will visit local birding hotspots.

Instructor: James Clowater (BSc, MSc)

James Clowater is an ornithologist who specializes in the behavioural ecology of marine birds.

FOR MORE INFORMATION:
Bird Identification and Behaviour
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/bird
**Green Shores™ Training**

Protecting shorelines in the face of climate change and sea level rise has largely focused on building seawalls and dikes. While these structures provide protection in the short term, they’re expensive and often contribute to erosion and habitat loss at other locations along the shoreline. As an alternative to hard armoring solutions like seawalls, the Green Shores program provides practical strategies for shoreline design and management, and the promotion of healthy shoreline environments. Open to homeowners and shoreline professionals, these one- and two-day workshops provide information about the Green Shores program, including its rationale, benefits and application. Topics covered include shoreline ecology and governance. Green Shores™ credits and ratings systems, and a visit to local shorelines to consider the concepts in a practical setting. Visit greenshores.ca or send an email to: ecorestoration@uvic.ca for information about upcoming workshops.

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**Ethnobotany Series**

This series consists of four stand alone sessions that introduce students to the related subjects of ethnobotany, native food plant cultivation, the ethical forager, and basic seed saving. Sessions consist of class time and field trips.

### New Ethnobotany 101

- **Date:** Wednesday and Thursday, Oct. 2 and 3
- **Time:** 4 to 7 pm
- **Duration:** 2 sessions
- **Fee:** $58 plus $2.90 GST
- **Code:** ASSC292 2019F C01

This course will provide students with an introduction to ethnobotany, which is the study of the relationship between humans and plants. Using examples from First Nations, European and other cultures, students will learn about key traditional plant management practices as well as the philosophical foundations such as reciprocity and stewardship. The field portion of this course will identify key native species and show students first-hand how culturally important plants such as cattail, willow, nettle, camas and others were traditionally cultivated to enhance production and health. Learning in both sections of this course will be hands-on and experiential. This course, while standing on its own, is designed to be the first in a series of 4 hands-on courses that will introduce students to the related subjects of ethnobotany, native food plant cultivation, the ethical forager and basic seed saving.

Instructor: Fiona-Grace Hamersley Chambers

Fiona Hamersley Chambers is an ethnobotanist whose research focuses on traditional foods and how northwest coast First Peoples managed and co-evolved with their plant resources. Her PhD work on B.C.’s Central Coast, working collaboratively with the Heiltsuk First Nation and supervised by renowned ethnobotanist Dr. Nancy J Turner, investigates how key berry plants were cultivated and owned in ‘gardens’. Fiona is a long-time organic farmer and commercial seed grower specializing in food plants and soft fruit production. She holds an MA from the University of Victoria (French and Environmental Studies), an MSc from Oxford (Environmental Change and Management), and a Masters in Environmental Design from the University of Calgary. She has authored or co-authored numerous field guides, including Wild Berries of BC, and owns and operates Metchosin Farm, a small organic operation on Southern Vancouver Island specializing in heritage and locally-adapted seeds as well as a wide variety of soft fruits.

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**The Ethical Forager**

- **Date:** Thursday and Saturday, Oct. 10 to 12
- **Time:** Thursday, Oct. 10, 6 to 9 pm (lecture); and Saturday, Oct. 12, 10 am to 1 pm (field day in Metchosin). Note: Transportation is not provided.
- **Duration:** 2 sessions
- **Fee:** $58 plus $2.90 GST
- **Code:** ASSC293 2019F C01

Imagine if you could leave your favourite berry bushes and medicinal tea plants healthier, stronger and with a larger and more stable population than if you had not done your harvesting? This course goes beyond conventional foraging practice to introduce the concepts of gratitude, stewardship and reciprocity. Many traditionally-managed plants respond well to human interactions if these are done purposefully and respectfully. Indeed, left to grow ‘naturally’, these plants can have higher levels of disease and lower health than if they are being regularly picked and tended. Today, culturally-important plants such as springbank clover, camas and nettle are all on the decline, and the ethical forager can help to reverse this trend. Using a number of traditionally-managed plants in both Europe and BC such as willow, cattail and nettle, you will learn about the ethics of stewardship as well as practices such as pruning and transplanting to assist the plants you are harvesting from.

Instructor: Fiona-Grace Hamersley Chambers (see bio under Ethnobotany 101)
**NEW** Native Plant Food Cultivation in the Home Garden

**Date:**  Tuesday and Wednesday, Oct. 15 and 16  
**Time:**  Tuesday, Oct. 15, 6 to 9 pm (lecture); and Wednesday, Oct. 16, 10 am to noon (campus walk).  
**Note:** Please dress appropriately for the weather.  
**Duration:** 2 sessions  
**Fee:**  $58 plus $2.90 GST  
**Code:**  ASSC294 2019F C01

First Nations practiced extensive cultivation and landscape management practices to enhance key food plant species throughout what we now think of as British Columbia. This was not a wilderness, and these stewardship practices are not recognized or known today to the extent that they should be. Through the description of culturally-important plants such as camas, cattail, nettle, willow and others, this course will describe how First Nations cultivated important resources and even changed landscapes as a result. Many of these key species also have a long tradition of management and usage in Europe and Asia, where they also grow and were important historically. The lecture portion of this course will be followed by hands-on field time where students will learn how to prune, fertilize, propagate and otherwise care for these plants.

Instructor: Fiona-Grace Hamersley Chambers (see bio under Ethnobotany 101)

**NEW** Introduction to Seed Saving

**Date:**  Thursday and Saturday, Oct. 17 to 19  
**Time:**  Thursday, Oct. 17, 6 to 9 pm (lecture); and Saturday, Oct. 19, 10 am to 1 pm (field day in Metchosin). Note: Transportation is not provided.  
**Duration:** 2 sessions  
**Fee:**  $58 plus $2.90 GST  
**Code:**  ASSC291 2019F C01

In this course students will be introduced to key concepts in seed saving, with the goal of supporting them in growing and successfully harvesting their own garden seed. Topics will be covered in a hands-on way by focusing on 4 key seed crops: lettuce, kale, tomatoes and squash. Students will gain a basic understanding of relevant plant biology and reproduction, soil and plant health, isolation distances and the concept of minimum population numbers. This course will also cover the processing methods for wet (fermenting) and dry (threshing) seeds as well as successful storage requirements. Students will each be given locally grown and certified organic seeds of squash, kale, lettuce and tomato varieties from Metchosin Farm with which to practice their newfound seed-growing skills.

Instructor: Fiona-Grace Hamersley Chambers (see bio under Ethnobotany 101)

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**Introduction to Chemistry**

**Date:**  Sept. 4 to Dec. 4  
**Duration:** 13 weeks  
**Fee:**  $182.50 plus $9.13 GST  
**Code:**  ASCH091 2019F D01

This online tutorial course is designed to provide background for those who intend to enrol in a university-level introductory general chemistry course. If you do not have the equivalent of Chemistry 12, you may be allowed to use this course to fulfill that prerequisite.

**Prerequisites:** Prerequisites for this course include successful completion of Principles of Mathematics 12 or Pre-Calculus 12, and Chemistry 11, or their equivalents. Transcripts must be provided to the Division of Continuing Studies to show completion of these courses before permission to register is granted.

Instructor: Monica Reimer

Monica Reimer is a senior lab instructor with the Department of Chemistry, UVic.

**NEW** Down the Rabbit Hole - Quantum Physics for Nonphysicists

**Date:**  Thursdays, Sept. 19 to Oct. 24  
**Time:**  7 to 9 pm  
**Duration:** 8 sessions  
**Fee:**  $140 plus $7 GST  
**Code:**  ASSC284 2019F C01

**What does this word “quantum” even mean? Sounds daunting, doesn’t it? Forget about everything you have learned about the nature of reality and be prepared for a fun ride down the rabbit hole! We will explore the key concepts of quantum physics, such as the elementary particles, the fundamental forces, the dual nature of matter, non-locality, superposition, quantum tunneling, and the mystery of dark matter. These concepts provide a liberating lens to perceive the world around you differently. This course is not limited to the classroom – we will also explore some hands-on aspects through field trips at UVic. Once you enter this magical world, you will be astounded by the possibilities!**

Instructor: Skye Sen (PhD)

Skye Goksenin Sen holds a PhD in science education and curriculum studies with a background in physics engineering and 20 years of teaching experience with people from ages 7-77. Her doctoral studies focused on how middle school teachers learn and teach the concepts of quantum physics. She is a facilitator who has a passion for working with the conceptual understanding of quantum mechanics to promote opportunities for critical and creative thinking.
NEW Turn Up the Heat! Physics of Fire, Furnaces and Nuclear Fission

Date: Tuesdays, Sept. 24 to Oct. 15
Time: 9:30 to 11:30 am
Register by: Monday, Sept. 23
Duration: 4 sessions
Fee: $80 plus $4 GST
Code: ASSC286 2019F C01

Have you ever wondered why your bare feet feel warm on the mat but cold on the tiles next to it? Or why ice forms from the surface of a lake and not from the bottom? We’ll answer these questions and many more.

In this introduction to thermodynamics, we will examine how heat and temperature are measured, how heat energy is transferred, and how heat affects different materials. The emphasis will be on concepts rather than computation, with lots of engaging demonstrations to clarify the physics and keep things lively.

Instructor: Peter Hopkinson

Peter Hopkinson taught introductory physics to adults for many years at Vancouver Community College and has recently taught physics courses with Continuing Studies at UVic. He promotes an understanding of the underlying concepts rather than traditional computation.

NEW Mathematical Skills

Date: Mondays and Thursdays, Sept. 30 to Nov. 28
(no class Oct. 14 and Nov. 11)
Time: 5:30 to 7:30 pm
Duration: 9 weeks
Fee: $325 plus $16.25 GST
Code: ASMA099 2019F C01

This non-credit preparatory course provides a review of the fundamental concepts and problem-solving skills taught prior to Grade 12. Topics include fractions, ratios and proportions; shape, space and geometry; right triangle trigonometry; exponents; lines, polynomials and factoring; functions; co-ordinate systems; graphing functions and solving equations and inequalities.

If you successfully complete this course, you may apply to the UVic Department of Mathematics and Statistics for permission to take Math 120, Math 151 or Math 161.

NEW Life’s Emergence and Evolution

Date: Thursday, Sept. 12
Time: 10 am to noon
Duration: 1 session
Fee: $29.95 plus $1.50 GST
Code: ASSC285-1 2019F C01

Join us in exploring how life got going on Earth nearly 3.8 billion years ago and the mechanisms by which it continues to evolve. Scientists now believe that organic life arose out of inorganic material in a complex series of chemical interactions. Once simple cells emerged, biological evolution started up and has been guiding the development of life ever since.

Instructor: Donald Macdonald (see bio under Life’s Emergence and Evolution)

NEW Extinction Events on Earth

Date: Thursday, Sept. 19
Time: 10 am to noon
Duration: 1 session
Fee: $29.95 plus $1.50 GST
Code: ASSC285-2 2019F C01

Global mass extinction events have occurred at least five times in the geological past and are the result of often-complicated and interconnected causes. In this course we will focus on how these mass extinction events severely knocked life back and thereby altered the trajectory of biological evolution. The death of the dinosaurs and the rise of mammals 66 million years ago is a familiar example, but is not the only example we will study.

Instructor: Donald Macdonald (see bio under Life’s Emergence and Evolution)
The impact of human activities on the Earth system are becoming so great that scientists have coined a new geological epoch: The Anthropocene. The Anthropocene is also resulting in a sixth great mass extinction event of hundreds of species and in turn, is changing the direction of biological evolution on Earth. We will examine how over the past 20,000 years, humans instigated a major large mammalian faunal extinction. We will also study how in the past 150 years or so, human impacts to the land, oceans, ice, atmosphere and the climate system are radically changing Earth’s systems and its inhabitants.

Instructor: Donald Macdonald (see bio under Life’s Emergence and Evolution)

FOR MORE INFORMATION:
Evolution and Extinction Series
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/evolution

NEW The Anthropocene Extinction
Date: Thursday, Sept. 26
Time: 10 am to noon
Duration: 1 session
Fee: $29.95 plus $1.50 GST
Code: ASSC285-3 2019F C01

NEW Garden Design for Beginners
Date: Saturday, Oct. 5
Time: 1:30 to 4:30 pm
Duration: 1 session
Fee: $46 plus $2.30 GST
Code: ASSC288 2019F C01

Do you have a love for gardening and plants, but have never tried to create a garden design on paper? If you have a desire to get your ideas onto paper then this is the class for you! Developing an understanding of the importance of creating a landscape design has made it possible to plan and build many beautiful and successful gardens. This class will show you the basic tools and techniques that designers use, and will provide you with essential information and practical skills. Jeff de Jong has taught garden design for several years and can help you understand the process. Through this introduction to garden design, you will be able to move on to a more advanced class in the future.

Instructor: Jeff de Jong

Jeff de Jong has been teaching gardening classes for over 20 years in Canada and abroad, and hosts Victoria’s only radio gardening program on CFX, Gardening 101. He writes for numerous gardening magazines and leads garden tours throughout the world.

NEW Gardens in History: Victorian and Edwardian Gardens
Date: Saturdays, Oct. 5 to 26
Time: 10:30 am to 12:30 pm
Duration: 4 sessions
Fee: $85 plus $4.25 GST
Code: ASSC287 2019F C01

If gardens could speak, what stories would they tell? Gardens involve plants, design, exploration, innovation, wealth, politics and empire. Many of these characteristics can be seen in two of the most vibrant and important eras in the history of the British Empire and its colonies: the Victorian (1837-1901) and Edwardian (1901-1910) ages. These were times of rapid and tumultuous change and the garden styles reflected many of those changes. In Gardens in History: Victorian & Edwardian Gardens, we will explore these garden styles through the ‘lens’ of some of the most important historical and beautiful gardens of Victoria.

Join art historian and master gardener Susan Hawkins as we explore and visit some of the gardens of Victoria and examine their place in the history of gardens. We will survey such notable gardens as: Royal Roads Hatley Park, Gertrude Jekyll inspired Samuel McClure landscapes, Finnerty Gardens, Beacon Hill Park, Japanese gardens, and Government House, which we will also visit.

Instructor: Susan Hawkins

Susan Hawkins completed both her BA and MA in Art History and Visual Studies at the University of Victoria, where she also completed a program in Heritage Landscapes & Gardens. She is a landscape horticulturalist, master gardener, garden designer and garden historian, and has worked on the restoration of the gardens at Government House, St. Ann’s Academy, and the Japanese Shinto Tea Garden at the Art Gallery of Greater Victoria.

NEW Small Plants with Big Impact
Date: Wednesday, Oct. 23
Time: 7 to 9 pm
Duration: 1 session
Fee: $28 plus $1.40 GST
Code: ASSC275 2019F C01

This autumn is your chance to make a fresh start on creating a striking and extraordinary garden! You might think that planting bulbs is a lot of work with little reward. This is the furthest thing from the truth. Jeff de Jong is going to transform bulb planting into a fun and enjoyable activity and build many beautiful and successful gardens.

Instructor: Jeff de Jong (see bio under Garden Design for Beginners)

NEW More Bulbs for Your Buck
Date: Wednesday, Oct. 30
Time: 7 to 9 pm
Duration: 1 session
Fee: $28 plus $1.40 GST
Code: ASSC276 2019F C01

This autumn is your chance to make a fresh start on creating a striking and extraordinary garden! You might think that planting bulbs is a lot of work with little reward. This is the furthest thing from the truth. Jeff de Jong is going to transform bulb planting into a fun and enjoyable activity and build many beautiful and successful gardens.

Instructor: Jeff de Jong (see bio under Garden Design for Beginners)

NEW 4 Seasons X 10 Plants = One Amazing Landscape!
Date: Wednesday, Oct. 30
Time: 7 to 9 pm
Duration: 1 session
Fee: $28 plus $1.40 GST
Code: ASSC277 2019F C01

Four seasons and a total of ten plants in each season can be the foundation to a marvelous garden! The PNW Garden can certainly have excitement in every season. Trees, shrubs,
perennials, annuals, bulbs and vines – the choices seem endless and at times cause confusion for the gardener rather than joy. Jeff de Jong and David Whiting will join forces to help you discover some unusual and exciting plants along with some exceptional new cultivars of old favourites. David and Jeff have recently created a new garden and want to share what plants a year-round garden should have. This will be a class filled with banter and fun, helping us all to grow a better and healthier landscape!

Instructor: Jeff de Jong (see bio under Garden Design for Beginners)

NEW Botanical Watercolour Illustration

| Date:            | Saturday, Nov. 2 |
| Time:            | 1:30 to 3:30 pm  |
| Duration:        | 1 session        |
| Fee:             | $63 plus $3.15 GST  |
| Code:            | ASSC290 2019F C01 |

Long before cameras were invented explorers used illustrations to log the flora and fauna they discovered. Botanical illustration was not considered an Art as much as it was considered for practical information. The drawings were painted to mirror the plants color and size. They were also labeled with the correct botanical name. Today we can see how stunning these illustrations can be. Jeff de Jong will guide a class to paint their own illustration. If you want to explore your inner artist then this class is a great place to start!

NOTE: This class is designed for the novice and the price includes all the materials needed.

Instructor: Jeff de Jong (see bio under Garden Design for Beginners)

Nature Explorations at Yellow Point Lodge

“The leaders, the laughter, the environment: this has been one of the most enriching weeks of my life.” – Past participant

This popular program will be back for its 35th year from April 20 to 24, 2020. Registration will begin after the Jan–Aug 2020 Calendar is mailed out in early December.

Coordinator: Anne L. Fraser

FOR MORE INFORMATION:
Horticulture and Nature Tours
250-721-8458
artsci1@uvic.ca
continuingstudies.uvic.ca/HORT

FROM WAR TO WELFARE: FUNGI AND PLANTS SERIES

SERIES REGISTRATION

| Date:       | Wednesdays, Oct. 9 to 23, and Saturday, Nov. 2 |
| Time:       | Weekly lectures 1:30 to 3:30 pm; Saturday field trip 10 am to noon |
| Duration:   | 4 sessions |
| Fee:        | $87 plus $4.35 GST  |
| Code:       | ASSC253 2019F C01 |

This series consists of three stand-alone sessions and a field trip. You may register for a single session or receive a discount if you register for the entire series.

What Does It Mean?: Mycorrhizas, Mushrooms and Plants

| Date:       | Wednesday, Oct. 9 |
| Time:       | 1:30 to 3:30 pm  |
| Duration:   | 1 session        |
| Fee:        | $24 plus $1.20 GST  |
| Code:       | ASSC253-1 2019F C01 |

An overview of the world of mycorrhizal mushrooms, focusing on the major types of fungal symbiosis and examining the networks that fungi establish with and between plants.

Instructor: Kem Luther (PhD)

Kem Luther is a Victoria-based writer and naturalist. His new book Boundary Layer explores the stegnon, the curious world of fungi, mosses, lichens and plants that live along the ground in Pacific Northwest ecosystems.

How Fungi Attack Our Food Plants

| Date:       | Wednesday, Oct. 16 |
| Time:       | 1:30 to 3:30 pm  |
| Duration:   | 1 session        |
| Fee:        | $24 plus $1.20 GST  |
| Code:       | ASSC253-6 2019F C01 |

A fairly large number of fungi attack various parts of our food plants and threaten harvests.

FOR MORE INFORMATION:
Fungi and Plants Series
250-721-8463
resscipc@uvic.ca
continuingstudies.uvic.ca/fungi-series

We are trying to breed resistant crop varieties, and to develop new fungicides that protect our domesticated plants. One of the best of these is produced by a saprobic fungus.

Instructor: Bryce Kendrick (PhD, DSc Mycology)

Bryce has published more than 300 research papers, and written or co-authored several books, including the widely used university text The Fifth Kingdom. He taught and researched at the University of Waterloo for 30 years before retiring to BC in 1994.

Parasites and Companions: The Life of Mycoheterotrophic Plants

| Date:       | Wednesday, Oct. 23 |
| Time:       | 1:30 to 3:30 pm  |
| Duration:   | 1 session        |
| Fee:        | $24 plus $1.20 GST  |
| Code:       | ASSC253-3 2019F C01 |

Most of the non-photosynthesizing plants we once called saprophytes, under the assumption that they lived directly on decaying matter, are now known to depend on fungal partnerships.

Instructor: Andy MacKinnon (MSc, DSc)

Instructor: Andy MacKinnon, whose graduate research was in mycology, is the co-author of six guidebooks to BC plants. He recently retired from a 30-year career as a forest ecologist with the BC Forest Service.

Field Trip: Strange Partnerships of Fungi and Plants

| Date:       | Saturday, Nov. 2 |
| Time:       | 10 am to noon    |
| Duration:   | 1 session        |
| Fee:        | $24 plus $1.20 GST  |
| Code:       | ASSC253-5 2019F C01 |

Join some of the instructors on a field trip to view mycorrhizal mushrooms and some of their plant symbionts.
We all grew up with nature shows showing animals from Africa and other countries, but so little do people realize what’s right here,” says James Clowater, a lifelong naturalist and longtime instructor with Continuing Studies at UVic. “What I like to do is get people excited about the animals and nature that are in our own back yard.”

In 1998, upon returning to Victoria after completing his masters degree at Simon Fraser University, James developed his first course, Marine Birds, for Continuing Studies. “I originally designed it for the tourism industry, so when they didn’t see whales, they could talk about marine birds. I would, at the time, get just about every park naturalist, ranger or eco-tourism worker in Victoria coming to take my course.”

But soon enough he noticed his demographic expanding to include lots of regular people who just wanted to know more about the birds and wildlife they were seeing around Victoria. So he started adding additional courses to meet the interests of his students.

People get most excited about the songbirds course, where I teach beginners how to listen to birds and learn how to identify them by their song. I have a technique where I help people compartmentalize the kind of sounds that they’re hearing,” He explains, “When you’re listening to the dawn chorus in the morning, and there’s so many birds singing all at once, it can be a bit bewildering, but if you learn some skills to separate the different types of songs, then it’s easier to identify them.”

While James’ passion for nature began with solitary adventures as a young boy, it soon grew to be something he enjoyed sharing with others. “As a child, about seven or eight, I remember going out into the bush and spending all day in the woods, building forts and cutting trails, by myself.”

“Then as a young man, a naturalist who was learning about all the plants and such, I would share [my knowledge] with anyone who cared to learn. After all, that’s how I had first learned, going out with the Natural History Society in Comox.”

By Therese Eley, Marketing Services
And he still enjoys it. “Almost every outing something really special happens—I often see something I’ve never seen before. But you have to be open to perceiving what’s going on around you.”

He goes on to say, “I don’t think people really appreciate the natural environment and they don’t understand that without valuing and looking after it, it will be human life that will be endangered. If you don’t look after nature, the human race isn’t going to survive, and we’re seeing some of those effects now. So my philosophy is, for every person that I can excite about nature, I am doing my part to ensure that both humans and the natural environment will be here for future generations.”

This is why James goes out of his way to explore topics that people just don’t know about. His latest personal project, *Trees of Victoria* has already spawned a new course about the identification of native and exotic conifers in the city.

“The idea struck me as I was walking around Victoria and I looked up and I saw this tree and I wondered ‘what is that?!’ because I know it’s not from here. But how do you look that up? Your local field guides won’t have them because trees planted in the urban environment can be from anywhere in the world.” So he spends hours scouring through scant resources, photographing characteristics, identifying trees, and compiling it into a web site and database so comprehensive, he’s not sure if it will be completed in his lifetime.

“So it is my own interest in learning about nature that leads to producing more courses. I’m retired now but this has allowed me to combine my personal passion with my own learning opportunities and be able to share it with others. It’s like my own continuing education.”

“get people excited about the animals and nature that is in our own back yard.”
General information

CAMPUS SERVICES

Academic accommodations
At Continuing Studies at UVic, we want to support all of our students towards achieving success. Sometimes this means providing academic accommodations to reduce barriers and provide different ways of meeting essential course or program requirements. Of course, fulfilling these requirements remains the responsibility of learners, but there are things that we can do to help. Some barriers could include:

- Mobility challenges
- Visual impairment (low vision/blind)
- Learning disability, ADHD
- Deaf or hard of hearing
- Chronic pain
- Anxiety

Learners with long-term or chronic medical issues and learners with disabilities are encouraged to contact our student support coordinator as early as possible to see how we can best support their learning.

FOR MORE INFORMATION
Student Support Coordinator
250-721-8473 | sscoord@uvic.ca
continuingstudies.uvic.ca/campus-info

Mearns Centre for Learning – McPherson Library
The Mearns Centre for Learning – McPherson Library provides a comfortable, positive and welcoming learning environment for students and allows cold food and covered drinks in most areas. Continuing Studies students taking any non-credit course are eligible to borrow library materials. Visit the Loan Desk to set up your free community card and start exploring the libraries' resources with borrowing privileges.

FOR MORE INFORMATION
UVic Libraries, borrowing and resources:
Loan Desk: 250-721-8230 | loandesk@uvic.ca
uvic.ca/library

Students residing outside Victoria, contact Distance Learning and Research (Infoline):
250-721-6488 | infoline@uvic.ca

The Farquhar at UVic
The Farquhar at UVic is the largest performing arts venue located on campus, presenting high profile music, theatre, dance and performances by many community groups. It is also home to all UVic convocation ceremonies. $10 Student Rush Tickets are available with a valid ONECard two weeks in advance of select Farquhar Presented events. Students are encouraged to follow The Farquhar at UVic’s Facebook and Twitter feeds for more information on upcoming shows and on Student Rush Tickets availability (facebook.com/UVicFarq and twitter.com/UVicFarquhar).

FOR MORE INFORMATION
250-721-8480 | uvic.ca/farquhar

University Food Services
University Food Services (UNFS) operates the following:
- Arts Place, Fine Arts Building
- BiblioCafé, McPherson Library
- Cap’s Bistro & Village Market, Cadboro Commons
- Commons Kitchen, Cadboro Commons
- Court Café, Fraser Building
- HalfTime, CARSA
- Mac’s, MacLaurin Building
- Mystic Market, University Centre (10 outlets)
- Nibbles & Bytes Café, Engineering Lab Wing
- SciCafé, Bob Wright Building
- Village Greens, Cadboro Commons

When students, faculty and staff use their ONECard Flex Funds at any UNFS outlet*, they receive a 5% discount on their purchase. Campus guests may obtain a GUESTCard from the ONECard Office that also provides 5% off purchases at all UNFS outlets*.

You may add Flex Funds to your ONECard at uvic.ca/food or in-person at the ONECard or UNFS Office.

*Please note that purchases made at the Village Market or General Store are exempt from the 5% discount.

Food Services also has a registered dietitian on staff who oversees menu development, teaches cooking classes, and coaches students and the campus community on various dietary needs. To provide feedback or book a complimentary appointment with the dietitian, email eat@uvic.ca.

FOR MORE INFORMATION
250-472-4777 | eat@uvic.ca | uvic.ca/food

University of Victoria Legacy Art Galleries
The Legacy Art Gallery Downtown is UVic’s primary gallery space and is free and open to the public. The gallery presents rotating exhibitions and programs that focus on the university’s remarkable art collection. Teaching and research spaces have been added to the facility, which continues to showcase the Michael C. Williams collection, as well as other material from the university’s rich and diverse collections. The Legacy Art Gallery is a lively and engaging centre for art that is easily accessible to the community and enables students to study both art and curatorial practice.

Legacy Maltwood (at the Mears Centre—McPherson Library on campus) is located on the lower level of the McPherson Library. Gallery hours are the same as the library. This gallery is a storage, reference and exhibition facility dedicated to the permanent collection of works of art on paper. Exhibitions draw from the permanent Collection and rotate regularly. The Legacy Maltwood Gallery is free and open to the public.

FOR MORE INFORMATION
Legacy Art Gallery Downtown, 630 Yates St, Victoria
10 am–4 pm; Wednesday–Saturday
250-721-6562 | legacy.uvic.ca

UVic Alumni Association
The UVic Alumni Association represents all graduates of the University of Victoria, including graduates of diploma and certificate programs. We encourage active, lifelong involvement in the university’s teaching, research and community outreach efforts.

The association offers a host of benefits and services that link alumni with their university. Visit us and learn about our events, programs and services. The **UVic Torch Alumni Magazine** is mailed free of charge twice each year and we distribute a monthly electronic newsletter to all alumni who provide us with their email address.

FOR MORE INFORMATION
250-721-6000 | alumni@uvic.ca | alumni.uvic.ca

UVic Bookstore/Blink Print/Computer Store
A variety of items essential to academic success are on hand. We stock new and used texts, as well as digital versions when available. All textbooks requested by faculty are stocked in the store. Textbook listings are available in-store and online, three weeks before the beginning of each term. At the beginning and end of each term, the Bookstore buys back used texts at up to 50% of the new retail price if they are in demand. Texts in demand are listed on our website.
The Bookstore’s general book department carries a comprehensive selection of both academic and general titles and can special order any book currently in print that is not currently stocked. The Bookstore also handles regalia rentals for graduates, offers a wide selection of contemporary UVic Crested clothing, school and stationery supplies, and has a unique gift section.

Blink Print is a wide format print shop located on the lower level of the Bookstore. They offer the most affordable large format printing on campus which includes presentation posters, signs, banners, decals and more. Blink’s services are open to the public as well as the campus community.

The Computer Store carries a wide selection of laptops, hardware and accessories.

FOR MORE INFORMATION
Bookstore/Computer Store: Monday–Friday, 8:30 am–5:30 pm; Saturday, 11 am–5 pm
250-721-8311 | uvicbookstore.ca

VISITING THE UVIC CAMPUS

The University of Victoria encourages visitors to use sustainable transportation to get to campus: transit, walking, cycling and carpooling. For detailed information on travel choices available to you, please visit: uvic.ca/sustainability/topics/transportation/drivingalternatives.

Buses

The campus bus terminal is located beside the Campus Services Building, Finnerty Road. The campus is served by the following bus routes:

17 Cedar Hill Special—Mon. to Fri.
McKenzie, Pat Bay Highway to Uptown
36X Limited Stop Service—UVic/Uptown via McKenzie, Pat Bay Highway to Uptown
17 Cedar Hill Special—Mon. to Fri.
26 UVic/Dockyard via McKenzie, Saanich Road, Boleskine, Harriet, Burnside, Tillicum, Lampson and Esquimalt Road
11 UVic/Tillicum Mall via Arbutus, Uplands, Henderson
7 UVic/Downtown via Fairfield, Foul Bay and Henderson
51 UVic/Langford Exchange via McKenzie, Trans Canada Hwy, Old Island Hwy and Kelly Road
33 UVic from James Bay via Fort, Richmond and Cedar Hill X Road—when UVic is in full session
39 UVic/Royal Roads via McKenzie, Shelbourne, Mt. Doug Park, Royal Oak, Interurban, Helmcken, Wilkinson, Old Island Highway and Western Exchange—-evening and weekend trips to Royal Oak Exchange only
51 UVic/Langford Exchange via McKenzie, Trans Canada Hwy, Old Island Hwy and Kelly Road
76x Swartz Bay Express: UVic/Swartz Bay Ferry Terminal via McKenzie and Pat Bay Highway—early Fri. afternoon from UVic, and late Sun. afternoon and evening from Swartz Bay only. Operates only when UVic is in full session

FOR MORE INFORMATION
BC Transit: 250-382-6161 | bctransit.com
For the most current changes to routes, visit the website and use Google trip planner.

Campus safety

Campus Security Services is committed to promoting a safe and welcoming environment to enhance the well-being of students, staff, faculty and visitors, and to protect all university property. Campus Security Services is open 24 hours a day, seven days a week. A “safe haven” is located just inside their front doors should you need help at any time. SafeWalk services are available any time to anyone wanting an escort within campus boundaries. Campus Alone is available 24 hours a day for individuals who work/study in isolated areas on campus and are concerned about their personal safety. Security Officers act as First Responders trained to handle all medical emergencies. Crime prevention, personal safety information and workshops are available.

Reminders:
• Be alert and aware of your surroundings
• Trust your instincts
• Plan your route and vary it, if possible
• Park in well-lit areas
• Keep your vehicle locked
• Wallets and purses are attractive targets to thieves—don’t leave unattended
• Have your keys ready before you get to your vehicle
• Check interior of vehicle before entering

FOR MORE INFORMATION
Campus Security Services / SafeWalk Services: 250-721-7599 | web.uvic.ca/security
Personal Safety Coordinator: 250-721-8981

Emergency procedures – just in case

Although major emergencies on campus are unlikely, it’s a good idea to be prepared. Here are a few tips to help you respond when the unexpected happens.
How to register

Online registration
VISIT: continuingstudies.uvic.ca/register
To register online, please follow the secure registration process on our website. Search for a course by name or by topic and then follow the instructions for purchase via our Shop Cart.

Walk-in registration
Register at the Continuing Studies Building (see campus map on back page). Office hours are weekdays, 8:30 am to 4:30 pm.
University of Victoria
3800 Finnerty Road
Continuing Studies Building
(Corner of Ring and Gabriola Roads)
2nd Floor Reception
Victoria, BC V8P 5C2

Phone registration
CALL: 250-472-4747
Weekdays 8:30 am to 4:30 pm

Mail registration
Print and fill out the registration form found online at continuingstudies.uvic.ca/RegForm and mail to:
University of Victoria
Division of Continuing Studies
PO Box 1700 STN CSC
Victoria, BC V8W 2Y2

Registration reminders
- Provide account number, CVD number, expiry date and signature if paying by credit card.
- Notify us of an address change.
- Make cheques payable to University of Victoria.
- If a course is full, your registration will be placed on a waiting list.

Registration process
To avoid disappointment, register as soon as possible. Many courses fill up quickly while others will be cancelled one week prior to the start date if they do not meet their minimum enrolment. If we are unable to register you in a course because it is full, you will be placed on a waiting list and contacted if a space becomes available. Your payment will not be processed unless space is available for you in the class.

Registration payment
All registrations must be accompanied by full payment: cash/debit card (in person only), cheques, money orders, Visa, MasterCard and American Express. Phone/online registrations are by credit card only.

Goods and Services Tax
Some Continuing Studies courses are subject to Goods and Services Tax (GST). If GST is payable, it is indicated alongside the tuition fee in the course description.

Confirmation and classroom location
After you register, you will receive a confirmation receipt with the classroom location, date and time. Most courses are held on campus. If you have not received your confirmation receipt by the day before the class begins, please call 250-472-4747 for help locating the classroom.

Scents and perfumes
In consideration of others, please refrain from using scented products in classrooms.

Tuition fee tax deductions
Keep your confirmation receipt as it is your official income tax receipt. Your tuition fees may be tax deductible if the total fees paid to UVic in a calendar year exceed $100. You may combine the fees of more than one course so their total exceeds the $100 minimum.

Cancellations, withdrawals, refunds
The Division of Continuing Studies reserves the right to cancel/reschedule courses or other offerings without notice, and to establish special regulations for admission to non-degree programs or courses. If a course or offering is cancelled/rescheduled, the liability of the Division of Continuing Studies is limited to a refund of your course fee, or, if desired, transfer to another offering.
To withdraw from a course, let us know in person or by phone (250-472-4747), at least:
1. Seven days prior to the first meeting of a short-term, intensive course, workshop or conference, with limited enrolment.
2. Prior to the second class when a course meets once or twice weekly over a period of several weeks.

Depending on your method of payment, a refund will be either mailed to you or credited to your credit card. The Canada Revenue Agency requires that we request the return of your original receipt.
If you withdraw from a course, an administrative fee may be charged for processing. The amount may vary according to the type of course, but will be a minimum of $15.
Note: Some programs have special refund policies as printed in their individual course descriptions.

Bursary program
Each term the Division of Continuing Studies offers bursaries totalling $1,000 to assist learners in furthering their education. Bursaries will be awarded to learners who can display evidence of a commitment to lifelong learning and who can demonstrate financial need.
Applications are available on our website at: continuingstudies.uvic.ca/bursary or in person:
University of Victoria
3800 Finnerty Road
Continuing Studies Building
(Corner of Ring and Gabriola Roads)
2nd Floor Reception
Victoria, BC V8P 5C2

Term application deadlines:
Jan. 15 and Aug. 15

HOLIDAY CLOSURE
The University of Victoria is closed on statutory holidays and from Dec. 25 to Jan. 1 (inclusive). You may still register online during the holiday periods.

Unless otherwise noted, classes will not be held on statutory holidays.

FOR GENERAL INQUIRIES
CALL 250-472-4747
Campus map – University of Victoria