# continuing Calendar Studies Calendar

**JAN-AUG 2022** 

# Experience a new Perspective



# CONTINUING STUDIES WILL

## Experience a new perspective.

It's a new world. It's a new year. It's time to experience a new perspective. The world has perhaps never seen a time of such rapid change. From technology to the environment to health and business, the world

At Continuing Studies at the University of Victoria, we offer an ever-evolving selection of courses and programs each term, exploring the latest in a wide range of topics, taught in small-class and online learning environments. Experience a new perspective and keep evolving with a course in your area of interest this spring.

### STAY CONNECTED



/uviccontinuingstudies



▶ /ContinuingstudiesCa

### Find the calendar online!

continuingstudies.uvic.ca/calendar



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# Courses by start date

Culture, Museums and

# **JANUARY**

**Arts** 

### Navigating the Novel Jan. 14 ...... 15 Introduction to Digital Photography Jan. 15 ..... Of Its Time, Before Its Time Jan. 17 ......9 A Night at the Opera Jan. 20 ......9 Introduction to Collage Writing Historical Fiction Jan. 20 ...... 16 Chronicling the Stories of Your Life Jan. 22 ...... 16 **Basic Observational Drawing with Graphite** Jan. 25 ...... 13 Documentary Photography: Creating the Personal Project Jan. 25 ......11 The History of the Blues Jan. 25 ......9 The Roots and History of The Beatles Jan. 25 ......9 Alfred Hitchcock's Notorious Jan. 26 ......8 Get Paid to Write What You Love Jan. 27 ...... 16 History of Jazz Piano Jan. 27 ...... 10 Digital Photography...Without Boundaries Jan. 30 ......11 **Business, Technology and Public Relations Business Intelligence and Data Analytics Fundamentals** Jan. 8......19 **Data Analytics Coding Fundamentals** Computing Concepts Jan. 10 ...... 18 IT Privacy and Security Project Management Microsoft Office Bootcamp

Indigenous Studies
Facilitating Intercultural Relationships Jan. 10
Intercultural Communication in the Workplace Jan. 1023
Education, Learning and Development
<b>Teaching English as a Foreign Language (TEFL)</b> Jan. 18
Health, Wellness and Safety
Canadian Fall Prevention Curriculum Jan. 2830
Wound Management for Health Professionals Level I
Jan. 28
<b>Level II</b> Jan. 2831
<b>Humanities and Social Sciences</b>
Healing Our Past Experience
Jan. 22
Secrets of Ancient Egypt's Lost Turquoise Mines
Jan. 25
A History of Ross Bay Cemetery
Jan. 26
Languages and Travel
Comprehensive French - Level 1 Jan. 1042
Comprehensive French - Level 3
Jan. 10
Jan. 11
<b>Arabic: Beginner</b> Jan. 1244
German: Introductory
Jan. 1245 Spanish: Beginner
Jan. 1751
French Language Conversation Classes: Beginner Jan. 18
Spanish: Introductory
Jan. 18
Intermediate
Jan. 1944

<b>Spanish: Advanced</b> Jan. 1951
Spanish: Beginner
Jan. 1951
Spanish: Introductory
Jan. 19
French Language Conversation Classes:
Introductory Jan. 2043
<b>Spanish: Intermediate</b> Jan. 2051
French Language Conversation Classes:
Advanced
Jan. 21
Dutch: Intermediate
Jan. 24
German: Advanced
Jan. 2446
Japanese: Advanced Part 2
Jan.24
Japanese: Beginner
Jan. 24
Mandarin: Intermediate
Jan. 2449
Russian: Introductory
Jan. 24 50
Italian: Introductory
Jan. 2546
Italian: Beginner
Jan. 2546
Japanese: Introductory Jan. 2547
Korean: Introductory  Jan. 2548
Mandarin: Beginner
Jan. 25
Russian: Beginner
Jan. 25
Dutch: Beginner
Jan. 26
German: Beginner
Jan. 26
Korean: Beginner
Jan. 26
Mandarin: Introductory
Jan. 26
Dutch: Introductory
Jan. 27
German: Intermediate
Jan. 2746
Italian: Intermediate
Jan. 2747

Jan. 17 ...... 19

Japanese: Advanced Part 1	Health, Wellness and Safety	Screenwriting
Jan. 27	Palliative Care Pharmacy	March 2
Japanese: Intermediate	Feb. 431	Taking Great Travel Photos with Your
Jan. 27	Strategies and Actions for Independent Living	iPhone/iPad
Russian: Intermediate	(SAIL)	March 212
Jan. 27 50	Feb. 4	Self-publishing Your Book
Italian: Advanced	<b>Emergency Management for Business Continuity</b>	March 517
Jan. 2847	Feb. 7 31	Write Now! A Creative Writing Survey
Calculation of Early sites   Death and in	Operational Resilience	March 1017
Science and Ecological Restoration	Feb. 7 31	Travel and Street Photography Basics
Introduction to Biology and Natural History	More Than Money: Making the Most	March 1412
Jan. 1057	of Retirement	Draw Like a Surrealist
Introduction to Mycology	Feb. 8	March 1914
Jan. 1057	Taking Risks and Embracing Change	Forest Drawing
Landscape Design for the Pacific Northwest	Feb. 1528	March 1914
Jan. 1958	Canadian Fall Prevention Curriculum	Joni Mitchell and Leonard Cohen
	Feb. 25	March 2210
FEDDUADV		Aretha Franklin and Ray Charles
FEBRUARY	Wound Management for Health Professionals Level I	March 2410
	Feb. 25	Forest Drawing
Arts	Teb. 23	March 2714
Starting Right in Screenwriting	Humanities and Social Sciences	March 27
Feb. 3		Business, Technology and
Creating Unique Art Books	Conspiratorial Thinking in the Age of COVID	Public Relations
Feb. 8	Feb. 3	
Film Noir Classics: The Deviant Genre	The Storm Rises: Qanon as Conspiracy and	Business Intelligence and Data
Feb. 88	Quasi-religious Movement	Analytics Fundamentals
S'Blood, I'm Speaking Shakespeare!	Feb. 10	March 5 19
Feb. 8	Neoliberalism in Canada: Its Origins, Impact	Data Analytics Coding Fundamentals
Writing From Photographs	and Future	March 520
Feb. 8	Feb. 1039	Predictive Data Analytics and Modelling
Chasing Your Vision	Reconnecting to Ourselves and Others	March 520
Feb. 9	Feb. 1237	II Id Will I I C C .
Introduction to Music Theory: Level I	China's Belt and Road Initiative:	Health, Wellness and Safety
Feb. 9 10	Multiple Perspectives	Personalized Medicine: Epigenetics
Strips to Graphic Novels: The History of Comics	Feb. 1538	March 128
Feb. 108	Emily Carr's James Bay	Resiliency and Flourishing
	Feb. 1638	March 529
<b>Garden Photography</b> Feb. 1511	Social Networks: How Conspiracy Theories Move	Parasitic Worms: Infection Can Alter Our
	in Dinital Consess	Susceptibility to Other Diseases
The Other Vancouver Photographers	Feb. 1737	March 1029
Feb. 15	Skepticism and Critical Thinking in the	Understanding the Risks of COVID on the Brain
The Music Makers of the Movies (1930-1960)	21st Century	March 1629
Feb. 16	Feb. 24	Addressing Climate Anxiety and Ecological Grief
Contemporary Chinese Brush Painting		March 23
Feb. 19	Science and Ecological Restoration	Allergies: Undesirable Activities of the
Creative Writing: The Writer's Craft	Future Explorations	Immune System
Feb. 21	Feb. 5 57	March 3029
Exploring Colour	Fusion and Fission: A Nuclear Physics	
Feb. 22	Crash Course	<b>Humanities and Social Sciences</b>
The Group of Seven in Western Canada	Feb. 16 57	Fairfield History
Feb. 229	700. 10	March 2
Drawing for Absolute Beginners		
Feb. 2414	MARCH	How Can a Scoop of Water Protect At-Risk Species?
Romancing the Keyboard		March 1040
Feb. 24	Arts	Inner Balance – Inner Peace
D : T	Fundamentals of Perspective Drawing	March 1238
Business, Technology and	March 1 14	
Public Relations	Short Shorts	A History of the James Bay Neighbourhood
Podcasting	March 1 17	March 1638
Feb. 24		

Forensic Anthropology of the Human Skeleton March 16	Languages and Travel	Gardens in History: Ecological Gardens That Engage with Nature
Doing Philosophy is Learning to Die	Dutch: Intermediate	April 259
March 2139	April 645	Heat Waves and Droughts
Troy Revisited	Japanese: Advanced Part 2	April 1458
March 25	April 1148	Fcosystems for the Future
Ecclesiastes and the Meaning of Life	Japanese: intermediate	April 2557
March 3139	April 1148	·
Troy Revisited	Russian: beginner	- AA AV
March 3139	April 1150	► MAY
	Spanish: Intermediate	
<b>Science and Ecological Restoration</b>	April 1151	Arts
The Science of Happiness	Japanese: Beginner	Keeping a Sketchbook for Travel and Fun
March 457	April 1247	May 14 15
Gardens in History: History, Art and Design of	Russian: Intermediate	
Kitchen Gardens	April 1250	Business, Technology and
March 1259	Mandarin: Intermediate	Public Relations
	April 1349	Digital Communication
ADDII	Spanish: Advanced	May 3 19
▶ APRIL	April 1351	, 2
	Spanish: Beginner	Education, Learning
Arts	April 1351	and Development
Deflowering MacBeth	Japanese: Advanced Part 1	•
April 513		Teaching English as a Foreign Language (TEFL)
The Music of the '70s	Mandarin: Beginner	May 1024
April 5	April 1449	Health Wallmass and Cafatu
Stepping into Mystery	Spanish: Intermediate	Health, Wellness and Safety
April 6	April 1451	Canadian Fall Prevention Curriculum
Writing Your Sacred Story	German: Beginner	May 630
April 1217	Amii 10	Wound Management for Health Professionals
	Italian: Beginner	Level I
iPhone/iPad Artography	April 10	May 630
April 1312	Italian: Intermediate	Wound Management for Health Professionals
Let's Sing! Level 1	April 1947	Level II
April 1310	Korean: Beginner	May 631
Let's Sing! Level 2	A :110	High-Risk Foot, Level I
April 1411	French Language Conversation Classes:	May 1431
Introduction to Portrait Drawing with Graphite	Intermediate	Crisis Communications
April 19 15	April 2044	May 1632
B : # 1 1 1	German: Intermediate	IT Security
Business, Technology and	April 2046	May 16
Public Relations	Korean: Intermediate	
Data Visualization and Reporting	April 2049	Science and Ecological Restoration
April 3	Dutch: Beginner	Introduction to Chemistry
	April 2145	May 958
Health, Wellness and Safety	French Language Conversation Classes: Beginner	Birding Basics I: Songbirds
Advanced Investing for Financial Wellness	April 2143	May 1256
April 729		
Personalized Nutrition and Metabolism:	April 2146	_ IIIME
Harnessing it for Cancer Prevention	French Language Conversation Classes: Advanced	JUNE
April 1330	April 2244	C. In I. In I. In I.
	Italian: Advanced	Science and Ecological Restoration
Humanities and Social Sciences	April 2247	Trees of Victoria I: Conifers
How to be Fairly Cheerful	7.prii 2247	June 959
April 7	Science and Ecological Restoration	
Beyond Debt: Islamic Experiments in	Engage with Nature	NIIIV
Global Finance	April 259	JULY
April 2140		C. In I. In I. In I.
7.p. 11 2 1 40	The Metaphysics of Quantum Physics April 658	Science and Ecological Restoration
	7-prii 0	Introduction to Chemistry
		July 458

# Welcome to Online Learning

HOW IT WORKS — Three online delivery styles to suit different learning needs

### 

When a group of students are engaging in learning at the same time, at a specific time.

### 

When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

### Hybrid (2)

A combination of synchronous and asynchronous learning.

### WHAT YOU WILL NEED

- An Internet-connected computer running Windows or macOS
- 2 Speakers or a headset
- 3 A web browser with JavaScript and cookies enabled

### RECOMMENDED WEB BROWSERS







Edge

PLUS, if the course includes online video-conferencing, you will need a webcam with microphone

### **MOBILE DEVICES:**

Not all required course features are available on tablets or smartphones.

### TIPS TO GET STARTED



### **GET ORGANIZED**

Keep a calendar, weekly chart or list of all course work. Create a regular study and assignment schedule.



### **MAKE TIME**

Give yourself extra time to complete assignments. Start assignments right away, so if issues come up, you have time to seek clarification.



### **LEARN THE TECHNOLOGY**

Read course guides for technology requirements. Watch for instructor emails and course site announcements.



### **STAY IN TOUCH**

Use your instructor's virtual office hours, email or phone; and use classroom discussion forums to build community with your classmates.



### **BE ACCOUNTABLE**

Set goals and check in with yourself weekly. Or pair up with a fellow classmate as accountability partners.



### **GET HELP**

Don't wait until the last minute to reach out. Contact vour instructor or a classmate. For technical issues, contact the TIL Support Desk.



## **MULTI-TASKING**

Multi-tasking often ends up causing us to take longer to complete projects. Focus on one task at a time.



### TAKE BREAKS

Take regular breaks from sitting, by standing, stretching or walking. Unplug for periods during the day to keep a healthy balance.



### **ART HISTORY**



### **NEW** Alfred Hitchcock's Notorious

Notorious (1946)—though overshadowed by some of Hitchcock's other films—is a great film noir, and on many levels, a real breakthrough in the art of the beloved director. There is a new maturity of approach and theme, and for the first time Hitchcock creates a fully-developed love story which he heightens by the sensitive casting of two transcendent romantic stars, Cary Grant and Ingrid Bergman. The film is a story of intrigue and betrayal just after WWII. In this course, we

will study the background of the film, discuss film noir and look at a documentary on the project.

Instructor: John Lucas (PhD)

**Delivery style:** Face to Face

Date: Wednesdays, Jan. 26 to Feb. 9

Time: 2:30 to 4:30 pm **Duration:** 3 sessions

Fee: \$65 plus \$3.25 GST Code: ASHA143 2022S C01

### NEW Film Noir Classics: The **Deviant Genre**

What is film noir and why are we still fascinated by it? Seen as a counter-tradition to Hollywood movies, '40s and '50s film noir incorporated various influences, from hard boiled detective fiction and German expressionism to Freudian pop psychology and French fatalism. In this course, we will view the classic film noirs from 1942 to 1955: This Gun for Hire, Murder My Sweet, Farewell My Lovely, In a Lonely Place, Night and the City and Kiss Me Deadly. We'll discuss elements that make up film noir, and discover how a brief

period of mostly B-movies became one of the most influential movements in film history.

Instructor: Peter Sandmark

Delivery style: Face to Face

Tuesdays, Feb. 8 to March 15 Date:

Time: 7 to 9 pm **Duration:** 6 sessions

Fee: \$119 plus \$5.95 GST Code: ASHA148 2022S C01

### NEW Strips to Graphic Novels: The **History of Comics**

Learn about the extraordinary evolution of comics from newspaper strips to graphic novels. Beginning with political satire in the 19th century, we'll discover the first comic characters, like the Yellow Kid, the battle between newspaper publishers, and the development of the weekend funnies in the '20s. We'll then look at the rise of the comic book: Superman and the superheroes in the '30s and '40s, the backlash and burning of comic books in the '50s, the '60s resurgence, and underground comics in the '70s. The course leads up to today's graphic novels — led by the Pulitzer Prize winning Maus — that have become the fastest growing section of the publishing industry, and provide stories for Hollywood blockbuster movies!

**Instructor:** Peter Sandmark

**Delivery style**: Face to Face

**Date**: Thursdays, Feb. 10 to March 17

Time: 7 to 8:30 pm

Duration: 6 sessions

**Fee**: \$90 plus \$4.50 GST **Code**: ASHA147 2022S C01

# The Group of Seven in Western Canada

We will investigate the lives and careers of these prominent artists and the significant artistic and personal relationships among the members of the Group of Seven. The role each of these artists has played in the development of Canadian art history will be examined. Particular attention will be devoted to the accomplishments of these artists in Western Canada, with sketching trips to Banff and Yoho national parks, and the coast of British Columbia. Themes of regional and national identity, spirituality and attitudes towards the environment will be addressed. Each lecture will include abundant images from public and private collections.

Instructor: Kerry Mason (MA)

**Delivery style**: Face to Face

**Date**: Tuesdays, Feb. 22 to March 29

**Time**: 1 to 3 pm **Duration**: 6 sessions

**Fee**: \$119 plus \$5.95 GST **Code**: ASHA013 2022S C01

### FOR MORE INFORMATION:

Art History 250-721-7797 lacadmin@uvic.ca

continuingstudies.uvic.ca/art-history

### **MUSIC**



### **NEW** Of Its Time, Before Its Time

Music, as with any art form, makes itself new in response to many impetuses. Sometimes music responds to social need, sometimes to technological opportunity, and sometimes simply to a course of fresh inspiration. Musicians as far-flung in time and geography as Hildegard von Bingen, Georg Phillip Telemann, Joseph Haydn and Aaron Copland have created music that is both in tune with its time and far ahead of it. In this class we will explore gems of the classical music repertoire which became trendsetters at the same time as being beautifully exemplary of their time. No music experience necessary.

**Instructor:** Mary Byrne (PhD)

Delivery style: Face to Face

**Date**: Mondays, Jan. 17 to March 14

No class Feb. 21 9:30 to 11:30 am

Time: 9:30 to 11:30

Duration: 8 sessions

**Fee**: \$150 plus \$7.50 GST **Code**: ASMU462 2022S C01

### NEW A Night at the Opera 🖵

With the continued uncertainty of live opera performances and broadcasts, you can still enjoy learning about opera. In this popular course, delivered via Zoom, we will discuss a diverse selection of operas including Verdi's Ernani, Ponchielli's La Gioconda, Massenet's Cinderella, Donizetti's Don Pasquale, Wagner's Götterdämmerung and Poulenc's Dialogue des Carmélites. From the comfort of your own home, you will learn about the history of each opera, view different stagings, and hear great singers bring each opera to life. So, dress up or dress down, select your beverage of choice and be ready to enjoy a night in at the opera.

Instructor: Mikki Reintjes (MMus)

**Delivery style**: Online Hybrid **Date**: Jan. 20 to April 7

Time: Thursdays, Jan. 20; Feb. 3 and 17; March 3 and 17; April 7,

7 to 9 pm

Register by: Sunday, Jan. 16

Duration: 6 sessions

**Fee**: \$119 plus \$5.95 GST **Code**: ASMU467 2022S D01

### The History of the Blues 🖵

In eight sessions, this course will cover the beginnings of folk blues in the Mississippi Delta, take you up the river to the Chicago scene of the 1950s, explore the British and Canadian blues explosions that followed, and celebrate key women and men who made this music an enduring part of musical culture around the world. Instructor Jan Randall is a master of blues piano, and will include live demonstrations of style and repertoire in your virtual classroom.

Instructor: Jan Randall (BMus)

Delivery style: Online Hybrid

**Date**: Tuesdays, Jan. 25 to March 15

Time:7 to 8:30 pmRegister by:Friday, Jan. 21Duration:8 sessions

**Fee**: \$119 plus \$5.95 GST **Code**: ASMU449 2022S D01

# NEW The Roots and History of The Beatles □

Do you remember where you were the first time you heard The Beatles? I do, and so does every rock musician for the past 50 years, as well as a generation of music fans. There was a freshness and energy to their music that we had never heard before—it was the perfect sound for the times. The Beatles themselves were creative, talented and funny. Add George Martin to help with the music and Brian Epstein to show them to the world, and you had BEATLEMANIA. We'll take a look at how this phenomenon came to be and the story behind those four lads from Liverpool.

Instructor: John Mitchell

**Delivery style**: Online Synchronous

**Date**: Tuesdays, Jan. 25 to March 1

Time: 11 am to 1 pm
Register by: Friday, Jan. 21
Duration: 6 sessions

**Fee**: \$119 plus \$5.95 GST **Code**: ASMU463 2022S D01

### **NEW** History of Jazz Piano

In this course, we will explore the recordings and styles of history's famous artists like Diana Krall, Oscar Peterson, Mary Lou Williams, Bill Evans, Chick Corea and Marion McParland. In-class demonstrations will be conducted by instructor and pianist Jan Randall. No musical knowledge is required.

Instructor: Jan Randall (BMus)

Delivery style: Face to Face

**Date**: Thursdays, Jan. 27 to March 3

**Time**: 2:30 to 4:30 pm **Duration**: 6 sessions

**Fee**: \$119 plus \$5.95 GST **Code**: ASMU465 2022S C01

### **Introduction to Music Theory: Level I**

This course will cover the basic rudiments of classical music theory, dealing with rhythm, time signatures, clefs and staff notation, scales and keys. You will study basic music theory, relating it to our musical perceptions, and learn that if properly used, music theory can give us a greater appreciation of music.

**Textbook**: Music Theory, Ear Training, and History Workbook, Ryan Nowlin and Bruce Pearson

**Instructor:** Debra Laprise

**Delivery style**: Face to Face

**Date**: Wednesdays, Feb. 9 to March 30

**Time**: 6:30 to 8 pm **Duration**: 8 sessions

**Fee**: \$119 plus \$5.95 GST **Code**: ASMU422 2022S C01

# NEW The Music Makers of the Movies (1930-1960)

Not everyone knows their names, but everyone knows their music. They wrote some of the best, most beautiful and most beloved songs of the 20th century. This course will examine the work of such greats as Harry Warren (Lullaby of Broadway), Vernon Duke (Autumn in New York), Yip Harburg (Over the Rainbow), Harold Arlen (The Man That Got Away), Eric Korngold (Robin Hood), Hoagy Carmichael (Ole Buttermilk Sky), Victor Young (My Foolish Heart), Max Steiner (Gone With The Wind), and many others.

Recordings of songs, movie clips, videos and live performances will enhance the discussions.

Instructor: John Lucas (PhD)

**Delivery style**: Face to Face

**Date**: Wednesdays, Feb. 16 to April 6

Time: 2:30 to 4:30 pm

Duration: 8 sessions

**Fee**: \$150 plus \$7.50 GST **Code**: ASMU447 2022S C01

### Joni Mitchell and Leonard Cohen 🖵

Two Canadian folk music icons that changed the course of musical history on the world scene: one, a prairie girl with small town roots; the other from the Jewish community in Montreal. Both artists had a lot to say and an abundance of extraordinary talent. Emerging from the folk music renaissance of the early 1960s as solo artists armed primarily with their voices and acoustic guitars, how did they influence each other? What is their legacy?

Instructor: Jan Randall (BMus)

**Delivery style**: Online Hybrid

**Date**: Tuesdays, March 22 to May 10

Time:7 to 8:30 pmRegister by:Friday, March 18Duration:8 sessions

**Fee**: \$119 plus \$5.95 GST **Code**: ASMU448 2022K D01

# Aretha Franklin and Ray Charles

Discover the music and lives of two of the most expressive and soulful singers to have ever lived. Both have inspired Hollywood movies based on their lives. But did they ever perform together? Of course! This course offers an in-depth look into their incredible musical legacies.

Instructor: Jan Randall (BMus)

**Delivery style**: Face to Face

**Date**: Thursdays, March 24 to April 28

**Time**: 2:30 to 4:30 pm **Duration**: 6 sessions

**Fee**: \$119 plus \$5.95 GST **Code**: ASMU466 2022K C01

### NEW The Music of the '70s 🖵

Critics often say that '70s music pales in comparison to the music of other decades. In this course, we're going to prove them wrong. Many of the artists who began their careers in the '60s released some of their best work in the '70s. Add to that new artists like Elton John, Fleetwood Mac and The Jackson 5—not to mention the evolution of soul music into funk with Sly and the Family Stone and the ushering in of the disco age with The BeeGees—and you have music that started the world dancing. These and other great musicians of the decade will be covered.

**Instructor:** John Mitchell

**Delivery style**: Online Synchronous **Date**: Tuesdays, April 5 to May 10

Time: 11 am to 1 pm
Register by: Thursday, March 31

**Duration**: 6 sessions

**Fee**: \$119 plus \$5.95 GST **Code**: ASMU464 2022K D01

### Let's Sing! Level 1

This is a course for anyone wanting to learn to sing. We will concentrate on the fundamentals of vocal technique, and work on developing good breath control and proper placement of the voice. The goal of this course is to develop a good understanding of basic vocal technique, which will, in turn, help produce a well-supported, stable voice. There will be opportunities to work on different genres of music: folk songs, ballads, art songs, as well as basic harmony through the use of canons and rounds. No previous music knowledge is required.

Additional COVID-19 protocols may apply.

Instructor: Debra Laprise

**Delivery style**: Face to Face

**Date**: Wednesdays, April 13 to June 29

**Time**: 6:30 to 7:30 pm **Duration**: 10 sessions

**Fee**: \$105 plus \$5.25 GST **Code**: ASMU204 2022K C01

### Let's Sing! Level 2

This course follows *Let's Sing Level 1*. We will continue to build on basic vocal techniques, and we will learn how to take and support breath correctly, and use resonance to improve vocal quality. Different genres of music in solo and choral works will be explored.

Additional COVID-19 protocols may apply.

**Instructor:** Debra Laprise **Delivery style**: Face to Face

**Date**: Thursdays, April 14 to June 30

Time: 6:30 to 7:30 pm

Duration: 10 sessions

**Fee**: \$105 plus \$5.25 GST **Code**: ASMU310 2022K C01

### FOR MORE INFORMATION:

Music 250-721-7797 lacadmin@uvic.ca

continuingstudies.uvic.ca/music

### **PHOTOGRAPHY**



# Introduction to Digital Photography

Learn how to get the best possible photographs from your digital camera and find out what all those mysterious buttons and settings really do! We'll cover topics like basic exposure theory, colour temperature of light and lens selection. Learn about visual design and composition. This is a course for the complete novice or beginners wanting to increase their understanding of digital photography.

Instructor: Tony Bounsall (BAPA)

**Delivery style**: Online Hybrid

**Date**: Wednesdays, Jan. 19 to Feb. 23

Time:6:30 to 9 pmRegister by:Saturday, Jan. 15Duration:6 sessions

**Fee**: \$165 plus \$8.25 GST **Code**: ASVA127 2022S D01

# **Documentary Photography:** Creating the Personal Project

By learning and applying the techniques of documentary photographers to your personal photo work, you will create a project that will allow you to explore your creative side while improving your general photography and camera-handling skills. Each week, you will create new images for your project and bring those images to share with the class. This can be an existing project or something new and initiated by the class experience.

This is a course about creativity, not equipment. Use whatever camera you own, digital or film. A notebook and pen is required for these sessions.

**Instructor:** Donald Denton

Delivery style: Face to Face

**Date**: Tuesdays, Jan. 25 to March 15

**Time**: 6:30 to 9 pm **Duration**: 8 sessions

**Fee**: \$190 plus \$9.50 GST **Code**: ASVA064 2022S C01

# **NEW** Digital Photography... Without Boundaries 🖵

Making (versus taking) photographs of 'things that do not exist' is now doable. If you can think it, there is likely a way to do it. Image capture in photography has customarily managed preexisting image content versus the 'blank canvas' origins of other art forms. Digital technology has changed this. We can now add, remove and alter content—by employing artistic 'phantasia'—and receive, interpret or even construct images originating in our mind's eye.

In this creative course aimed at photographers of intermediate to advanced skill levels, you'll study creative strategies and examples of altered images, plus photo-illustration as a subcategory.

The six weeks will wrap up with a pair of image assignments.

Instructor: Gerry Schallié

Delivery style: Online Hybrid

**Date**: Thursdays, Feb. 3 to March 10

 Time:
 7 to 9 pm

 Register by:
 Sunday, Jan. 30

 Duration:
 6 sessions

 Fee:
 \$140 plus \$7 GST

 Code:
 ASVA164 2022S D01

### **Garden Photography** 🖵

From the dawn of image-making, capturing gardens, plants and flowers has been one of the most enduring photographic themes. In this course, we'll explore historical and contemporary botanicals and examine how, as a subject, they can provide a viable stream of income. We'll distinguish and practice the various approaches from close-ups to wide-angle scenes, and how light and design are foundations to visually strengthen our results.

Instructor: Andrea Sirois

Delivery style: Online Hybrid

**Date**: Tuesdays, Feb. 15 to April 5

Time:6:30 to 9 pmRegister by:Friday, Feb. 11Duration:8 sessions

**Fee**: \$190 plus \$9.50 GST **Code**: ASVA151 2022S D01

### **Delivery style definitions**

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

**Online Synchronous** – When a group of students are engaging in learning at the same time, at a specific time.

**Online Hybrid** – A combination of synchronous and asynchronous learning.

**Face to Face** – When learning occurs in person, at a physical location.

**Blended** – A combination of face to face and any type of online delivery style.

### **NEW** The Other Vancouver Photographers 🖵

Vancouver has developed a reputation as a photography hotbed, however mostly based on just a few well-known photographers or lens-based artists, like Jeff Wall, Fred Herzog, lan Wall, Ken Lum and Rodney Graham. The era from which these photographers emerged, the 1960s and 1970s, was a focal point of creativity and experimentation by many other lesser-known photographers, in fields from documentary to fine art. Join us for an introduction to great works by an amazing group of photographers who left a lasting visual legacy.

This course is for anyone with an interest in photography and art history in British Columbia.

**Instructor:** Donald Denton

Time:

**Delivery style**: Online Synchronous Date: Tuesdays, Feb. 15 to 22 6:30 to 9 pm

Register by: Friday, Feb. 11 **Duration**: 2 sessions Fee: \$60 plus \$3 GST Code: ASVA163 2022S D01

### NEW Taking Great Travel Photos with Your iPhone/iPad 🖵

Your iPhone/iPad is an indispensible photographic tool for travel photography. This course covers: which apps to use and when; how to plan your itinerary with specific photo destinations; how to produce stunning 360-degree panoramas; and the creation of watercolour-style artwork images for cards. We will also discuss how and where to sell your travel images, controlling perspective for architectural photos, and creating travel books for family and friends.

Instructor: Tony Bounsall (BAPA)

Delivery style: Online Hybrid

Wednesdays, March 2 to April 6 Date:

Time: 6:30 to 9 pm Register by: Saturday, Feb. 26 **Duration**: 6 sessions

Fee: \$165 plus \$8.25 GST Code: ASVA162 2022S D01

### **Travel and Street Photography Basics**

How do I learn to overcome shyness when photographing people? Why are my landscape photos pale and lifeless? How do I select photos for Instagram or travel photo books? Pro-photographer Andrew Kielbowicz will answer those and other essential photography questions. You will also learn: what gear is best for street and travel photography; how to set up your camera for fast shooting; how to use composition rules and lighting for natural vistas or cityscapes; and how to capture the genuine emotion of people.

We will analyze masters of photography for inspiration and take a photo walk in downtown Victoria.

Prerequisites: DSLR or mirrorless camera with manual controls is required for this course, released 2016 or later.

**Instructor:** Andrew Kielbowicz

Delivery style: Face to Face

Date: March 14 to April 11 Time: Mondays, 6 to 8:30 pm

Saturday, April 2, Field Trip, 10:30 am to 1 pm

**Duration:** 6 sessions

Fee: \$165 plus \$8.25 GST ASVA133 2022S C01 Code:

### iPhone/iPad Artography 🖵

With an iPhone/iPad and a few choice apps you can push your photographs beyond the ordinary to the extraordinary. We will be covering several different apps each week and look at ways to incorporate hand made textures, collages and experimental images. Learn to collage, blend images together, add textures, colour and digitally paint elements that look like watercolour and oil paintings. You will need to purchase a small amount of art supplies as well as several apps from the App Store, which will be forwarded to you upon registration.

Instructor: Tony Bounsall (BAPA)

**Delivery style**: Online Hybrid

Date: Wednesdays, April 13 to May 18

6:30 to 9 pm Time: Register by: Saturday, April 9 **Duration**: 6 sessions

Fee: \$165 plus \$8.25 GST Code: ASVA128 2022K D01

### FOR MORE INFORMATION:

Photography 250-721-7797 lacadmin@uvic.ca

continuingstudies.uvic.ca/photography

### **THEATRE**



### S'Blood, I'm Speaking Shakespeare!

Shakespeare's plays should be fun. Shakespeare was an actor who wrote plays for actors. As such, his plays were meant to be seen and heard, and not simply read. Somewhere along the way, we lost sight of this and the result was that some of us had terrible experiences in school with Shakespeare. This course will offer you many techniques to unlock the mysteries of the text—the very same techniques actors use to understand the speeches and scenes. By the end of our sessions, you will have a heightened comprehension of the text, while experiencing the joy and genius of Shakespeare. (S'Blood = God's Blood)

Instructor: Kevin McKendrick

Delivery style: Face to Face

Date: Tuesdays, Feb. 8 to March 1

Time: 1 to 3 pm **Duration:** 4 sessions

Fee: \$85 plus \$4.25 GST Code: ASTH658 2022S C01



### **NEW** Deflowering MacBeth

Designed as a follow-up to S'Blood I'm Speaking Shakespeare, this course will use the techniques shared in those sessions to delve into Shakespeare's bloodiest and shortest play. We forget that Shakespeare was a contemporary playwright, and as such many of his plays are rife with references to the England of his day. For example, what was the Gunpowder Plot, and why does it feature so prominently in MacBeth? We will examine the play to better understand the world-of-the-play then, and how MacBeth still speaks to us today.

S'Blood I'm Speaking Shakespeare is not a mandatory prerequisite for this course, but it is recommended.

Instructor: Kevin McKendrick

**Delivery style**: Face to Face

**Date**: Tuesdays, April 5 to 26

**Time**: 1 to 3 pm **Duration**: 4 sessions

**Fee**: \$85 plus \$4.25 GST **Code**: ASTH659 2022K C01

### FOR MORE INFORMATION:

Theatre 250-721-7797 lacadmin@uvic.ca

continuingstudies.uvic.ca/theatre

### VISUAL ARTS



### Introduction to Collage 🖵

This course will inspire you, whether you are just discovering the medium of collage or would like to add to your knowledge and skills. We will cover different approaches to collage using colour, surface treatments, typographic elements, photographs, found objects, ephemera and image transfer. We'll also

explore various media and techniques used to augment finished pieces. Each class will involve demonstrations in a relaxed, fun and creative environment. No experience is required, just your enthusiasm!

Instructor: Tony Bounsall (BAPA)

Delivery style: Online Hybrid

Date: Mondays, Jan. 24 to April 4

 Time:
 6:30 to 9 pm

 Register by:
 Thursday, Jan. 20

 Duration:
 10 sessions

 Fee:
 \$240 plus \$12 GST

 Code:
 ASVA056 2022S D01

# Basic Observational Drawing with Graphite 🖵

Knowing the fundamental methods of observational drawing is an important tool for successfully and accurately depicting a subject. Using graphite, you will explore the elements of drawing through mark making, line, shape, texture and volume. We'll study basic perspective, work towards understanding positive and negative space and understand how light and shade is applied on various forms and surfaces. This course is for people who are new to drawing or who want to work on improving their basic observational drawing skills.

Instructor: Jeannette Sirois (MEd)

**Delivery style**: Online Hybrid

**Date**: Saturdays, Jan. 29 to Feb. 26

 Time:
 9:30 am to 12:30 pm

 Register by:
 Tuesday, Jan. 25

 Duration:
 5 sessions

**Fee**: \$165 plus \$8.25 GST **Code**: ASVA141 2022S D01

### **Creating Unique Art Books**

In this six-week hands-on workshop Victoria artist Trace Nelson will demonstrate various techniques for building, decorating and transforming found books into unique artist book objects. Techniques will include: monoprinting; collage transformations of found books; creating sketchbooks using simple Japanese book binding; and sketching and journaling exercises to start creating artist books of your own. Your instructor will provide key supplies used in the workshops (included in course fee). Bring a sketchbook, pen and pencils, scissors and glue stick to the first class.

Instructor: Trace Nelson (MFA)

**Delivery style**: Face to Face

**Date**: Tuesdays, Feb. 8 to March 15

**Time**: 6 to 9 pm **Duration**: 6 sessions

**Fee**: \$180 plus \$9 GST \$25 plus

\$1.25 GST for supplies

**Code**: ASVA148 2022S W01

### NEW Chasing Your Vision 🖵

The problem with making art is that vision always races ahead of execution. This course, for experienced artists in all mediums, will offer tools to help you get closer to creating the work you want to create. Using your own work as a guide, you will learn how to critique and validate your work as we look at common barriers artists face and strategies to overcome them, and then create a plan for moving forward.

This is a mentorship course, not a workshop in technique.

**Textbook**: Art and Fear: Observations On the Perils (and Rewards) of Artmaking, David Bayles and Ted Orland, 1993 (Optional)

Instructor: Joanne Thomson (MAdEd)

**Delivery style**: Online Synchronous **Date**: Wednesdays, Feb. 9 to 23

Time:7 to 9 pmRegister by:Saturday, Feb. 5Duration:3 sessions

**Fee**: \$75 plus \$3.75 GST **Code**: ASVA166 2022S D01

### **Delivery style definitions**

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

**Online Synchronous** – When a group of students are engaging in learning at the same time, at a specific time.

**Online Hybrid** – A combination of synchronous and asynchronous learning.

**Face to Face** – When learning occurs in person, at a physical location.

**Blended** – A combination of face to face and any type of online delivery style.

### **Contemporary Chinese Brush Painting**

This workshop is designed for people who are interested in the oriental painting medium. Both traditional and contemporary techniques of Chinese brush painting will be introduced. You will learn about Chinese ink, rice paper, colour, texture, composition, and the aesthetic principles of Chinese brush painting. You will also learn technical skills, such as loading the brush with ink and water, and dry and wet brush stroke control through demonstrations, discussions and hands-on practice.

A supply list will be sent to you prior to the first session (approx. cost is \$75).

Instructor: Andy Lou (MFA)

Delivery style: Face to Face Saturday, Feb. 19 Date: 10 am to 4 pm Time: **Duration:** 1 session

\$75 plus \$3.75 GST Fee: ASVA005 2022S W01 Code:

### **NEW** Drawing for **Absolute Beginners**

Have you always wanted to draw, but weren't sure where to start? In this fun, hands-on course, Victoria artist Trace Nelson will give you a working knowledge of drawing introducing a variety of different techniques and materials. Drawing from life, and from the imagination, this course will provide an opportunity for participants to use colour, line, texture and composition to explore their own creative vision. This course is designed for beginners or those who want to restart their drawing practice. A list of required materials will be explained in the first class.

Instructor: Trace Nelson (MFA)

**Delivery style**: Face to Face

Date: Thursdays, Feb. 24 to April 14

Time: 6 to 8:30 pm **Duration:** 8 sessions Fee: \$200 plus \$10 GST

ASVA165 2022S C01 Code:

### **Exploring Colour** 🖵

We take colour for granted in everyday living. It helps us identify objects and products, it orients us in our environment and enhances our sense of beauty. But colour is also a medium to create new images, and to express thoughts and emotions. We will work with water-based and oil-based colours, as well as with pigments, to try new possibilities and convey our thoughts and emotions. To deepen our understanding of this medium, we'll compare our intentions with the results of our work. This course is limited to 15 students.

You will receive a list of recommended art supplies when you register.

Instructor: Hermann Valentin Schmitt

Delivery style: Online Hybrid

Date: Saturdays, Feb. 26 to March 12

Time: 9:30 am to 12:30 pm Register by: Tuesday, Feb. 22

**Duration:** 3 sessions Fee: \$110 plus \$5.50 GST ASVA105 2022S D01

### NEW Fundamentals of Perspective Drawing 🖵

Code:

Are you looking to better understand illustration and general representational art making? From still life to environmental spaces and basic human forms, this course will give you the tools to move forward with more accuracy and realism in your art making. Learn the fundamentals of one-, two- and three-point perspective drawing, the basic concepts of horizon lines, vanishing points, and measurements in perspective, and other techniques to give your drawing more depth and perspective.

Instructor: Jeannette Sirois (MEd)

**Delivery style**: Online Hybrid

Date: Saturdays, March 5 to April 2 Time: 9:30 am to 12:30 pm

Register by: Tuesday, March 1 Duration: 5 sessions

Fee: \$165 plus \$8.25 GST Code: ASVA156 2022S D01

### NEW Draw Like a Surrealist 🖵

If you like the idea of incorporating intriguing textures and graphic imagery into your art, then this short workshop could be for you! We will be working with several drawing techniques such as frottage, entopic graphomania and automatic drawing used by surrealist artists such as Max Ernst, Andre Masson and Gherasim Luca. These surrealist methods push beyond the rational to the imaginary and fantastical. This course is suitable for beginners.

Instructor: Tony Bounsall (BAPA)

Delivery style: Online Hybrid Saturday, March 19 Date:

Time: 1 to 4 pm Register by: Tuesday, March 15

**Duration**: 1 session

Fee: \$38 plus \$1.90 GST ASVA169 2022S D01 Code:

### NEW Forest Drawing

Think of "forest bathing" amplified. This is a course for people willing to explore drawing as a way of connecting with nature. We will learn the simple drawing and observation techniques most useful for connecting to other life forms, and then we will go outside to practice them. As we return indoors, we will blend drawing with our observations, and virtually bring the forest inside so that we can enjoy it time and time again.

**Instructor:** Joanne Thomson (MAdEd)

Delivery style: Face to Face Date: Saturday, March 19 Time: 9 am to noon **Duration**: 1 session

Fee: \$38 plus \$1.90 GST ASVA167 2022S C01 Code:

**Instructor:** Joanne Thomson (MAdEd)

Delivery style: Face to Face Date: Sunday, March 27 Time: 2 to 5 pm **Duration:** 1 session

Fee: \$38 plus \$1.90 GST Code: ASVA167 2022S C02

### NEW Stepping into Mystery

This short workshop will introduce the ancient practice of movement meditation and combine it with drawing. You will learn to draw labyrinths and simple mandalas, then we will meet and transform the drawings into movement using easy traditional circle dances and just plain old walking.

Instructor: Joanne Thomson (MAdEd)

**Delivery style**: Face to Face **Date**: April 6 to 9

Time: Wednesday, April 6, 7 to 9 pm;

Saturday, April 9, 1 to 4 pm

**Duration**: 2 sessions

**Fee**: \$65 plus \$3.25 GST **Code**: ASVA168 2022K C01

# Introduction to Portrait Drawing with Graphite 🖵

In this introductory course, we will explore the complex topic of portrait drawing and break it down into manageable concepts. With easy-to-follow exercises, we'll examine the face in sections and focus on understanding how to get more accurate proportions, how to draw eyes, nose and mouth and how to put it all together in a well-proportioned drawing.

Instructor: Jeannette Sirois (MEd)

**Delivery style**: Online Hybrid

Date:Saturdays, April 23 to May 21Time:9:30 am to 12:30 pmRegister by:Tuesday, April 19

**Duration**: 5 sessions

**Fee**: \$165 plus \$8.25 GST **Code**: ASVA138 2022K D01

# Keeping a Sketchbook for Travel and Fun

In this six-week course, Victoria artist Trace Nelson will demonstrate various techniques for keeping a travel sketchbook. Whether you are planning a long awaited trip or just want to enjoy being a tourist in your own town, this workshop will give you a working knowledge of sketching with various drawing materials, which you can use to record a vacation or daily life. Techniques covered include: preparing a travel sketch pack; simple sketching and drawing techniques; colour schemes; simple perspective; pen and ink; watercolour sketching; collaging; and keeping a travel journal. A list of required materials will be explained in the first class.

Instructor: Trace Nelson (MFA)

Delivery style: Face to Face

**Date**: Saturdays, May 14 to June 18

**Time**: 1:30 to 4 pm **Duration**: 6 sessions

**Fee**: \$165 plus \$8.25 GST **Code**: ASVA149 2022K C01

### FOR MORE INFORMATION:

Visual Arts 250-721-7797 lacadmin@uvic.ca

continuingstudies.uvic.ca/visual

### ONLINE ART AND DESIGN



The Division of Continuing Studies, in partnership with the Ontario College of Art and Design University (OCAD), is pleased to offer online educational opportunities for interested, creative professionals. Registrants will have the added bonus of networking with other learners across the country who share your interest in art and design. Note: all courses are offered online.

A sample of the courses that may be offered this spring include:

- · Interior Design Fundamentals
- · Intermediate Adobe Photoshop
- · Introduction to 3D Animation with Blender
- · Introduction to Adobe Illustrator
- · Introduction to Adobe InDesign
- Introduction to Adobe Photoshop
- Introduction to SketchUp
- · Introduction to Video Editing

### FOR MORE INFORMATION:

Online Art and Design artscoord@uvic.ca

continuingstudies.uvic.ca/OCAD

### WRITING AND LITERATURE



### Navigating the Novel 🖵

If you want to write a novel but are unsure of how to pull it all together, this course will guide you through everything you need to know to complete your first draft. Discover how to: create plausible plots and subplots; build charming, compelling characters; and keep the reader interested with tension, conflict and curiosity. We'll also focus on finding assistance from editors, proofreaders and graphic designers, and how to snag an agent/publisher or to self-publish.

Classes are interactive with take-home assignments. Group participation is encouraged.

Instructor: Darcy Nybo

Delivery style: Online Hybrid

**Date**: Tuesdays, Jan. 18 to Feb. 22

Time:6:30 to 8:30 pmRegister by:Friday, Jan. 14Duration:6 sessions

**Fee**: \$140 plus \$7 GST **Code**: ASWL115 2022S D01

### **Writing Historical Fiction**

Do you know of an unsung hero from the past? Is your family history ripe for a fictional retelling? Are you a fan of historical fiction and long to create your own narratives? In this course we will focus on finding stories from the past that are destined to become compelling historical fiction. We will learn about the challenges and joys of research, the creation of world-views, the development of believable dialogue, and the role of setting and writing style in creating your own unique vision of the past. For inspiration we will look at the various genres of historical fiction: thrillers, mysteries, literary novels, YA, supernatural, and even steampunk. Classes will be divided into lectures, discussion, in class prompts, and the work-shopping of one page assignments that will lead towards the final assignment of the completion of a short story or the first chapter of a novel.

Instructor: Claire Mulligan (MFA)

Delivery style: Face to Face

Date: Thursdays, Jan. 20 to Feb. 24

6:30 to 9 pm Time: **Duration**: 6 sessions

Fee: \$165 plus \$8.25 GST Code: ASWL094 2022S C01

### **Chronicling the Stories of Your Life**

"There was never yet an uninteresting life. Such a thing is an impossibility. Inside of the dullest exterior there is a drama, a comedy and a tragedy."

- Mark Twain

Your life represents an incomparably unique story. It is a singular reflection of an unparalleled human journey that begs to be recalled and documented. This workshop will encourage you to examine significant experiences and central themes in your life. Through short presentations, guided writing exercises and small group discussions, you will have an opportunity to: sharpen your memories of pivotal events; document your life's key aspects; and explore options for your journey.

Instructor: Faye Ferguson (MA, MSc)

Delivery style: Face to Face

Date: Saturdays, Jan. 22 to Feb. 26

Time: 10 am to noon **Duration:** 6 sessions

Fee: \$135 plus \$6.75 GST Code: ASWL089 2022S C01

### **NEW** Get Paid to Write What You Love 🖵

Whether it's a novel, a collection of stories, magazine articles or blogs, you want to get paid for your writing, right? In this interactive course, we'll cover the myths on writing for pay, recognizing your passion and knowledge for profit, and ways to promote yourself online. We'll learn how to create a portfolio and bio, how to negotiate price, and we'll work on your pitch and editing. The fourth session will be novel specific.

Instructor: Darcy Nybo

**Delivery style**: Online Hybrid

Date: Thursdays, Jan. 27 to Feb. 17

Time: 6:30 to 8 pm Register by: Sunday, Jan. 23 **Duration**: 4 sessions Fee:

\$75 plus \$3.75 GST Code: ASWL120 2022S D01

### **Starting Right in Screenwriting** 🖵

Most screenplays are unmarketable. There are historic changes happening in the entertainment business. Streaming services have eclipsed the traditional studios. It's a seller's market—if you know what you are doing. This course covers the fundamentals and the common mistakes made by beginners. We'll focus on budget, demographics, distribution and other factors so that your script can meet or exceed the requirements to sell and/or co-produce your project. We'll also discuss independently financing and producing your product, and the various avenues that are open to the aspiring screenwriter including using the blockchain, crypto and NFTs.

**Instructor:** Martin Waterman

Delivery style: Online Hybrid

Thursdays, Feb. 3 to March 24 Date:

Time: 7 to 9 pm Register by: Sunday, Jan. 30 **Duration:** 8 sessions

Fee: \$170 plus \$8.50 GST Code: ASWL097 2022S D01

### **Writing From Photographs**

The photographs we keep or admire can offer rich and insightful material for non-fiction writers. Photographs are intriguing; they are images and objects that can be used as writing prompts, story-telling devices or evidence of the past. Learn how to find writing inspiration from photographs with this course, designed for students at all levels. Together, we will discuss a wide range of examples of writers who write from photographs and workshop pieces of nonfiction that you will work on between sessions.

Instructor: Alex Bertram (PhD)

Delivery style: Face to Face

Date: Tuesdays, Feb. 8 to March 1

Time: 7 to 9 pm 4 sessions **Duration:** Fee: \$100 plus \$5 GST ASWL116 2022S C01 Code:

### NEW Creative Writing: The Writer's Craft 🖵

This is a comprehensive, multi-genre course in the craft of creative writing. Through online and in-class writing exercises, cross-genre readings and engaging discussion, you will explore everything from the structural integrity of the sentence and the symbolic unity of word sounds, to the archetypal patterns in narrative and verse form. Over the course of nine weeks, you will develop the discipline and tools to hone your editorial skills, and discover your own distinct voice.

Instructor: Amanda Merritt (MFA)

Delivery style: Online Hybrid Date: Feb. 21 to April 29

Time: Synchronous Wednesday

> evening sessions of 1 or 1.5 hours from 6 pm AND approximately 2 asynchronous hours per week (may vary)

Register by: Thursday, Feb. 17

**Duration**: 10 weeks

Fee: \$325 plus \$16.25 GST ASWL200 2022S D01 Code:

### NEW Romancing the Keyboard 🖵

Romance is the most popular (sales-wise) of all the genres. Learn what sub-genre works best for you and how to create a great story line. Discover the importance of settings, character development and satisfying the reader. Learn about tropes and how to use them, as well as creating tension through action and dialogue. This is an interactive class with sharing and critique.

**Instructor:** Darcy Nybo

**Delivery style**: Online Hybrid

**Date**: Thursdays, Feb. 24 to March 31

Time: 6:30 to 8 pm

Register by: Sunday, Feb. 20

Duration: 6 sessions

**Fee**: \$110 plus \$5.50 GST **Code**: ASWL118 2022S D01

### NEW Short Shorts 🖵

Writing short stories is an art unto itself. You need to develop characters, create a plausible plot, throw in a twist and entertain your reader thoroughly, all in just a few words. This course focuses on micro, flash and short shorts from 100 to 2,000 words. You'll also learn where to submit your short stories. This is an interactive class with sharing and critique.

Instructor: Darcy Nybo

Delivery style: Online Hybrid

**Date**: Tuesdays, March 1 to 22

Time:6:30 to 8 pmRegister by:Friday, Feb. 25Duration:4 sessions

**Fee**: \$75 plus \$3.75 GST **Code**: ASWL117 2022S D01

### Screenwriting 🖵

This course is for anyone who loves movies and is interested in learning what it takes to write a screenplay. Film is a visual media, but it all starts with a great idea and a well-written script. In this course, you will learn to generate concepts, structure a screenplay, and use dialogue, conflict and characters to bring your stories to life. Fun and informative, the class incorporates film clips, creative exercises, in-class writing assignments, and samples of screenplays from successful movies.

Instructor: Joanne Wannan (MFA)

**Delivery style**: Online Hybrid

**Date**: Wednesdays, March 2 to April 20

 Time:
 6:30 to 9 pm

 Register by:
 Saturday, Feb. 26

 Duration:
 8 sessions

 Fee:
 \$200 plus \$10 GST

 Code:
 ASWL090 2022S D01

### NEW Self-publishing Your Book 🖵

Learn to navigate the world of self-publishing. In this course, we'll study how the book publishing industry has changed, where the money goes, how to organize your book, where to publish, who to use for help (editors, illustrators, proofreaders), and why you need an online presence. Course handouts will include budgeting and pricing, with information on how to market your book.

Instructor: Darcy Nybo

**Delivery style**: Online Hybrid

**Date**: Saturdays, March 5 to 26

 Time:
 9:30 to 11 am

 Register by:
 Tuesday, March 1

 Duration:
 4 sessions

 Fee:
 \$75 plus \$3.75 GST

 Code:
 ASWL119 2022S D01

# Write Now! A Creative Writing Survey

This course gives both new and experienced writers the opportunity to examine and experiment with a variety of literary forms. There will be in-class writing and suggested weekly assignments to nurture the writing genie! New writers will investigate numerous genres as they develop voice and style, exploring poetry, fiction, non-fiction, drama and songs. Experienced writers will find renewed creativity from trying new approaches.

Instructor: Carol Ann Sokoloff (BA (Hons.))

**Delivery style**: Face to Face

**Date**: Thursdays, March 10 to April 28

 Time:
 6:30 to 9 pm

 Duration:
 8 sessions

 Fee:
 \$200 plus \$10 GST

 Code:
 ASWL064 2022S C01

### Writing Your Sacred Story 🖵

This class provides an opportunity for writers at all levels to engage in the practice of spiritual memoir. Through writing exercises, reading from well-known works of spiritual memoir, and group dialogue we will explore how the ordinary experiences of our lives— triumphs, trials, confusions, longings, and so-called mistakes— are part of the patterned fabric of a sacred story.

**Instructor:** Jane Dawson (PhD)

**Delivery style**: Online Hybrid

**Date**: Saturdays, April 2 to May 7

 Time:
 10 am to noon

 Register by:
 Tuesday, March 29

 Duration:
 6 sessions

 Fee:
 \$140 plus \$7 GST

 Code:
 ASWL102 2022K D01

### FOR MORE INFORMATION:

Writing and Literature 250-721-7797 lacadmin@uvic.ca

continuingstudies.uvic.ca/writing

### **Delivery style definitions**

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

**Online Synchronous** – When a group of students are engaging in learning at the same time, at a specific time.

**Online Hybrid** – A combination of synchronous and asynchronous learning.

**Face to Face** – When learning occurs in person, at a physical location.

**Blended** – A combination of face to face and any type of online delivery style.



### **BUSINESS, MANAGEMENT** AND LEADERSHIP



Our business courses have a proven track record for providing the essentials and credentials to make you and your organization an even greater success. Whether you are an employee or an employer, or whether you want to specialize or acquire a broader understanding of business practices, we can help you achieve your goals, anticipate problems

and opportunities, and prepare for change. Our business courses can be taken as stand-alone courses or as part of our certificate and diploma programs in Business Administration (CBA, CBA Fast Track, or DBA) or our new micro-credential program in Business Communication. Specific business courses are accredited by the Canadian Institute of Management (CIM).

### FOR MORE INFORMATION:

Business, Management and Leadership 250-721-8072 bmt@uvic.ca

continuingstudies.uvic.ca/business

### **COMPUTING AND TECHNOLOGY**



### Computing Concepts 🗏 🖵

Tune up your toolkit—deepen your understanding of hardware, operating systems, productivity software and basic website design. Boost your productivity by using advanced functions of tools including Word, Excel, Access and PowerPoint. Work with an engaged

instructor who provides timely and constructive feedback on applied assignments.

Instructor: Melina Luxruel

**Delivery style**: Online Asynchronous Jan. 10 to April 10 Date: Register by: Friday, Jan. 7 **Duration:** 13 weeks Fee: \$695

Code: TECH100 2022S D01

### IT Privacy and Security 🗏 🖵

Concerned about IT security issues? Want to understand how your privacy may be at risk? Assess the risks and understand the available tools to provide a secure environment in the office and on your personal devices. An industry expert will lead you through this course, employing a variety of activities including news stories to inform and illustrate how IT security and privacy can be managed—with a plan. In this course, you will complete case studies and self-assessment exercises for reinforcement and self-evaluation of the concepts presented.

**Instructor:** Melina Luxruel

**Delivery style**: Online Asynchronous Jan. 10 to April 10 Date:

**Duration:** 13 weeks Fee: \$695

Code: TECH325 2022S D01

### Project Management 🗏 🖵

Get a handle on your project. Whatever your area of expertise, learn and apply the fundamental concepts of effective project management. A seasoned PMP designated professional will work with you throughout a project management cycle: initiating, planning, executing, monitoring, controlling and closing. You will learn how to maximize the use of MS Project software throughout this project cycle.

Instructor: Terri Cheeseman (PEng, PMP, BSc)

**Delivery style**: Online Asynchronous Date: Jan. 10 to April 10 **Duration:** 13 weeks

Fee: \$695

Code: TECH110 2022S D01

### Microsoft Office Bootcamp 🗏 🖵



Knowing the features of Microsoft Office is an important tool to successfully and accurately organize, manage, present documents, data, and figures in home, office, and schools. This course will accelerate your existing Office skillset through a mix of online instruction and selfstudy where you'll go from basic to advanced skills in Excel, Word, PowerPoint, and more in a matter of weeks.

Please visit this course page on our website for a full list of equipment and software requirements.

Instructor: Gritt Hoffmann (PhD, MA LAT, MPA, CPHR)

Delivery style: Online Hybrid

Date: Mondays, Jan. 17 to March 6

No class Monday, October 11th

Time: 6 to 8 pm Register by: Friday, Jan. 14 **Duration**: 6 sessions Fee: \$695

Code: TECH130 2022S D01

### Podcasting 🖵

In Podcasting 101, we'll learn all about what a powerful storytelling tool podcasting can be for individuals and businesses. Learn how to properly plan a new podcast series, how to prepare for and conduct interviews, record audio, edit an episode, and promote the series to your loval fans.

Instructor: Liz Pittman

**Delivery style**: Online Hybrid

Date: Thursdays, Feb. 24 to March 24

Time: 7 to 9 pm **Duration:** 5 sessions Fee: \$160 plus \$8 GST TECC028 2022S D01 Code:

### Digital Communication 🗏 🖵

In a world where we increasingly live and work online, managing our personal and professional digital communication and understanding the technology behind tools such as Zoom, Skype, Teams or Messenger has become imperative. This course will provide you with the skills, tools and plans you need to confidently navigate the digital world. Learn how to effectively use and compare video conferencing tools, mobile chat platforms, social media and more.

Instructor: Liz Pittman

Time:

Fee:

**Duration:** 

Delivery style: Online Hybrid

Date: Tuesdays and Thursdays, May 3

> to June 12 6 to 8 pm 12 sessions

\$695 TECH120 2022K D01 Code:

### **BUSINESS INTELLIGENCE** AND DATA ANALYTICS

Capitalize on your initiative and foresight. The following four courses in business intelligence and data analytics will give you the edge with the applied knowledge and skills for jobs that are in demand.

### **Business Intelligence and Data** Analytics Fundamentals 🗏 🖵

Become proficient in fundamentals of business intelligence and data analytics. This course will provide the framework for you to understand, use and evaluate a variety of techniques and skills in analyzing data sets and making appropriate interpretations of the data.

Please visit this course page on our website for a full list of equipment and software requirements.

**Instructor:** Olga Gould (MSc)

**Delivery style**: Online Hybrid

Date: Saturdays and Sundays, Jan. 8 to

Feb. 13

Time: 9 am to noon **Duration**: 12 sessions Fee. \$695

Code: BIDA301 2022S D01

Instructor: Olga Gould (MSc)

Delivery style: Online Hybrid

Date: Saturdays and Sundays, March 5

to April 10

Time: 9 am to noon Register by: Wednesday, March 2

**Duration**: 12 sessions Fee: \$695

BIDA301 2022S D11 Code:

### **Data Analytics Coding Fundamentals**

This course will explore the fundamentals of coding and scripting for Data Analytics. You will develop the ability to script and code for basic tasks in Data Analytics in common data analytic tools such as R, Python, and Excel. This will allow you to import and export data appropriately and perform fundamental data manipulations and to automate basic analysis elements.

Please visit this course page on our website for a full list of equipment and software requirements.

Instructor: Martin Monkman (MA, BSc)

**Delivery style**: Online Hybrid

Saturdays and Sundays, Jan. 8 to Date:

Feb. 13

Time: 9 am to noon **Duration:** 12 sessions Fee: \$695

Code: BIDA302 2022S D01

Instructor: Martin Monkman (MA, BSc)

Delivery style: Online Hybrid

Date: Saturdays and Sundays, March 5

to April 10

Time: 9 am to noon Register by: Wednesday, March 2

**Duration**: 12 sessions Fee: \$695

Code: BIDA302 2022S D11

### **Delivery style definitions**

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous - When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid - A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended - A combination of face to face and any type of online delivery style.

### **Predictive Data Analytics and** Modelling 🗏 🖵

Using standard, industry-accepted informatics tools, you will design and create descriptive, diagnostic and predictive data analytic models. Learn how to translate stakeholder needs into model designs and understand the ethical implications of the analytical models you use. Note: It is recommended that students are proficient in coding R, Python and JavaScript or have completed the following courses: Business Intelligence and Data Analytics Fundamentals and Data Analytics Coding Fundamentals.

Instructor: Hossen Teimoorinia (PhD, MSc, BSc)

**Delivery style:** Online Hybrid

Date: Saturdays and Sundays, March 5

to April 10

Time: 9 am to noon Register by: Wednesday, March 2

**Duration:** 12 sessions Fee: \$695

Code: BIDA406 2022S D01

### **Data Visualization and Reporting**



Time:

**Duration:** 

Develop your skills in Data Visualization and Reporting. Learn how to use common industry reporting and visualization tools such as Excel and Tableau. You will also learn how to evaluate strengths and weaknesses of various data visualization techniques and the fundamentals of dashboard design for various types of reporting.

Instructor: Philip North (MSc, BSc (Hons))

**Delivery style**: Online Hybrid

Date: Saturdays and Sundays, April 3

> to June 5 9 am to noon 12 sessions

Fee: \$695

Code: BIDA404 2022K D01

### FOR MORE INFORMATION:

Computing and Technology 250-721-8481

artssci2@uvic.ca

continuingstudies.uvic.ca/computing

### **PUBLIC RELATIONS**



Today's public relations professionals are required to serve the needs of their own organization and those of its public. PR courses offered through our online diploma program will provide you with the knowledge, skills and practical applications you need to succeed in this in-demand field.

### FOR MORE INFORMATION:

**Public Relations** 250-721-6129 prprogram@uvic.ca

continuingstudies.uvic.ca/PR





# COVID-19 health and safety update Nov. 15, 2021

The university's response to COVID-19 continues to evolve in accordance with public health guidance and orders. The university has fully implemented the core COVID-19 prevention measures recommended or required by public health for post-secondary institutions in BC. With these measures in place, the BC CDC continues to advise that post-secondary educational settings are low-risk settings for COVID-19 transmission, particularly in the context of a highly immunized population.

For current updates visit: continuingstudies.uvic.ca/covid-19







# HERITAGE AND MUSEUM STUDIES



FOR MORE INFORMATION: Heritage and Museum Studies continuingstudies.uvic.ca/culture

### INDIGENOUS LANGUAGE AND CULTURE



FOR MORE INFORMATION: Indigenous Language and Culture continuingstudies.uvic.ca/CILR

# INTERCULTURAL STUDIES AND PRACTICE



# Facilitating Intercultural Relationships ■

This course facilitates intercultural relationships within the context of deconstructing systemic structures and ideologies, which impact every aspect of our society, as well as our personal world views.

Participants and instructors will engage critically, deeply and honestly. We will aim to facilitate and create a respectful community of learners using a dialogical (dialogue) model and an action-reflection process throughout classes and assignments. Topics for critical analysis include: equity, knowledge, leadership, privilege, race, class, identity, oppression and social justice.

**Textbook**: Becoming an Ally, 3rd Edition: Breaking the Cycle of Oppression in People by Anne Bishop

Instructor: Robyn Fila

**Delivery style**: Face to Face

**Date**: Tuesdays, Jan. 10 to April 7

No class Feb. 22

 Time:
 4 to 7 pm

 Register by:
 Monday, Nov. 29

 Duration:
 12 sessions

 Fee:
 \$592.62

 Code:
 ISP430 20225 C01

# Intercultural Communication in the Workplace 🗏 🖵

As a global citizen, an understanding of cultural difference and the ability to communicate effectively with diverse communities is critical for work in both local and international settings. Learn how power imbalances can impact interactions, discover practical tools to strengthen inclusivity, and develop the interpersonal communication skills required to develop constructive relationships in a diverse workplace.

**Instructor:** Moussa Magassa (PhD, MA, BA (Hons))

Delivery style: Online Asynchronous
Date: Jan. 10 to April 10
Register by: Monday, Nov. 29
Duration: 13 weeks
Fee: \$595

Code: ISP110 2022S D01

### FOR MORE INFORMATION:

Intercultural Studies and Practice 250-721-8457 cmpasst@uvic.ca

continuing studies.uvic.ca/ISP





### INTERNATIONAL **EDUCATION**



### **Teaching English as a Foreign** Language (TEFL) 🖵

This 120-hour online, non-credit course is intended for people with little or no EFL teaching experience. It provides a survey of fundamental theoretical and practical concepts related to teaching English as a foreign language. By the end of the course, you will have acquired knowledge, skills, strategies and cultural

awareness, and be familiar with the following: methodology for teaching English language skills (reading, writing, listening, speaking, grammar and vocabulary); second language acquisition theory; classroom organization, teaching and assessment techniques; understanding cultural diversity; teaching learning strategies to maximize learning in the classroom; empowering learners to manage their own learning process.

**Prerequisites**: Previous teaching experience is not required. While not a formal prerequisite, we recommend that participants have previously completed a program of undergraduate study. Students who are not native speakers of English must meet the following language proficiency requirements or pass a TEFL entrance interview:

TOEFL(iBT) score: 94 IELTS score 7.0

**Textbook**: Learning Teaching: An Essential Guide to English Language Teaching, Third Edition, by Jim Scrivener

Instructor: Maj Britt Marttala

Delivery style: Online Hybrid Jan. 18 to April 19 Date:

Time: Synchronous Tuesday evenings

> from 6:15 to 9:15 pm AND approximately 5.5 asynchronous hours per week (may vary)

Register by: Jan. 19, 2022 **Duration**: 14 sessions

Fee: \$1,150 plus \$57.50 GST Code: EDTE125 2022S D01

Instructor: TBA

**Delivery style**: Online Hybrid **Date**: May 10 to Aug. 9

**Time**: Synchronous Tuesday evenings

from 6:15 to 9:15 pm *AND* approximately 5.5 asynchronous hours per week (may vary)

**Register by**: Wednesday, May 11

**Duration**: 14 sessions

**Fee**: \$1,150 plus \$57.50 GST **Code**: EDTE125 2022K D01

### FOR MORE INFORMATION:

International Education 250-472-4747 tefl@uvic.ca

continuingstudies.uvic.ca/TEFLcourse

# TEACHER PROFESSIONAL DEVELOPMENT



FOR MORE INFORMATION: Teacher Professional Development continuingstudies.uvic.ca/teacherprod

# TRAINING AND ADULT EDUCATION



FOR MORE INFORMATION: Training and Adult Education continuingstudies.uvic.ca/training

# KEEP IN TOUCH!

If you are a UVic grad, you are also a member of the UVic Alumni Association. You will receive the *UVic Torch Alumni Magazine* free of charge and monthly electronic news, including event invitations. You can also access benefits and services exclusive to UVic alumni. Be sure to update your contact information and stay connected!



### By Ashley Davis, Marketing Services

rom student to teacher to programming administrator, and now back to student, Susana Inés Torres Herrera's experiences in the education world have come full circle. It's no surprise that Susy (as she's known in the office) works in education as she's been surrounded by it her whole life—her father worked as an educator, her eldest brother is a university professor, and her husband has a degree in the field.

Susy started her journey by studying in a bilingual secretarial program in Barranquilla, Colombia. She was such a good student that they hired her and, over the next 15 years, Susy's interest in education flourished while teaching English to children.

"Seeing [the children] improve their knowledge and abilities in a second language was very rewarding. I enjoyed being creative in my classes and motivating them to participate, practice English, care for one another and work as a group. [I learned that] a fun and safe environment helps children to feel happy and comfortable, and happy children learn faster."

A full circle education

with Program Assistant Susana Inés Torres Herrera

latin dancer / comedy lover / optimistic soul

99

I am fortunate to meet all kinds of people in my job, from different parts of the world with different backgrounds.

Right: Susy oustide the Continuing Studies Building, University of Victoria. Next page: A keepsake with words of thanks from Susy's time teaching children in Colombia; and Susy in costume with her dance partner and husband, 2008.



Little did Susy know that years later she would continue to use those same skills, this time to help adult learners accomplish their academic goals as the program assistant for Health, Safety and Public Relations within Continuing Studies at UVic. "I am fortunate to meet all kinds of people in my job, from different parts of the world with different backgrounds. It is always comforting to be a part of their process, from the day they ask their first question to their convocation day," she says. "I am so thankful to be a part of Continuing Studies, where everyone is so welcoming and willing to assist students with all that they need."

When Susy began to work for Continuing Studies, she realized the benefits that its Public Relations program could bring her on a professional level, so she decided to apply to the program. "I can practice [learnings from the program] in both my professional and personal life. With all the changes in this world, we need to improve our communication skills using honesty and credibility. The [program] material is fascinating, and the instructors are well prepared and helpful," she explains.

As you might imagine, someone who's as fond of teaching as Susy is knows the importance of focusing on the other end of the spectrum as well—learning. To stay balanced, she enjoys dabbling in the performing arts and studying human behaviour. "I love salsa dancing and singing (although I am aware that I sound like a 'bag full of cats'!)—it makes me happy and is a stress reliever. I have also taken some Continuing Studies courses, like French Language Conversation and Sing Level 1 (just to see if my voice starts sounding any better!)."

It's easy to see where Susy gets her drive and motivation. When asked if she has any role models, she quickly answers, "I have several, most of them women! My mother, Maria Herrera, is one of them." At the young age of 16, Susy's mother already had three children and was living in a part of the world where it was difficult for women to progress in life. "Even so," she adds, "[my mother] did everything she could to finish high school and university to become an accountant, and to give my siblings and I a better life with better opportunities."

Other mentors in Susy's life include Professor Margarita Marin, who she learned strength and determination from; Mrs. Martha Iglesias, who educated her on the power of forgiveness; and Mrs. Edilsa Tobon, who taught her about compassion and sharing. "Of course, my biggest hero," Susy points out, "is my father, Alberto Torres, a retired psychologist who never stops studying and learning new things. He helped me believe in myself, to grow spiritually and to trust my instincts."

TUANO Daniela Andrade

It's no doubt these attributes learned from her mentors have proved valuable throughout Susy's life. It takes a well-rounded individual to help shape the minds of our future decision-makers—someone who understands the importance of being a lifelong learner, and that it's not just what the teacher passes onto the student that matters, but also what the student provides the teacher in return. It's a full circle education.

-cs-

### SPEEDROUND!

**My dream vacation is...** visiting my family in Colombia. **My guilty pleasure is...** the Wicked Thai chicken soup at UVic's Mystic Market.

**Happiness is...** ending my day with a calm mind, music and some chuckles.



### **GENERAL HEALTH** AND WELLNESS



### More Than Money: Making the Most of Retirement

Are you ready to retire? Have you prepared for the shift in focus from work to leisure? Do you know what it takes to achieve a healthy and sustainable retirement? This interactive workshop will explore the non-financial side of retirement planning: identifying competencies for physical, emotional and psychological wellness as well as

how to negotiate and plan for some of the pitfalls one may face in retirement. Participants will be guided through how to create a retirement lifestyle that supports well-being.

Instructor: John Meldrum (PhD)

Delivery style: Face to Face Date: Tuesday, Feb. 8 Time: 6:30 to 8:30 pm **Duration:** 1 session Fee:

\$65 plus \$3.25 GST Code: HPHE281 2022S C01

# **NEW** Taking Risks and Embracing

Participants will learn how it is possible to respond to change we initiate — or respond to change that happens that we have little or no control over. Life is a balancing act between forces for and against change. When we change, we do take risks. This course will help you evaluate or re-evaluate what changes might be needed in your life, and what risks you might be willing to take so you can adapt to and embrace change in both your personal and professional lives.

Instructor: Lara Lauzon (PhD)

Delivery style: Face to Face Date: Tuesday, Feb. 15 Time: 6:30 to 8:30 pm **Duration:** 1 session

Fee: \$65 plus \$3.25 GST HPHE315 2022S C01 Code:

### **Personalized Medicine: Epigenetics**

Genetic scientists continue to acquire a clearer picture of how DNA impacts our health and well-being. In two sessions, Dr. Gair will simplify and explore the cost, benefit and risk of directto-consumer genetic testing, highlight current Canadian legislation regarding DNA data, and explain epigenetics and its impact on medicine. Questions regarding personalized medicine, lifestyle choices, and the aging process will be analyzed through the lenses of current scientific research and the future of medical treatments.

**Instructor:** Jane Gair (PhD)

Delivery style: Face to Face

**Date**: Tuesday and Thursday, March 1

and 3

 Time:
 6:30 to 8:30 pm

 Duration:
 2 sessions

 Fee:
 \$85 plus \$4.25 GST

**Code**: HPHE285 2022S C01

### NEW Resiliency and Flourishing 🖵

A garden full of flowers can only reach its full beauty and potential if the weeds are controlled and the soil is healthy. Resilience works exactly the same way: we all face the 'weeds' – especially throughout the challenges of the COVID-19 pandemic. This course offers insights and practical skills to help you flourish in challenging times by cultivating everyday mindfulness, navigating emotions and managing negative cognitive filters. We will bring together the latest psychological research to help boost your sense of well-being and optimism, and offer you the tools to reinvigorate your post pandemic life.

Instructor: Jason Cressey (PhD)

Delivery style:Online SynchronousDate:Saturday, March 5Time:9 to 11 amDuration:1 sessionFee:\$40 plus \$2 GSTCode:HPHE309 2022S D01

# NEW Parasitic Worms: Infection Can Alter Our Susceptibility to Other Diseases 🖵

Approximately one fifth of the world's population is currently infected with parasitic worms. This can cause symptoms such as malnutrition, diarrhea, stunted growth and cognitive impairment. Evidence suggests that the presence of intestinal worms might increase the susceptibility of the infected to other microbial infections. However, in some contexts the presence of worms has shown to protect from certain conditions like allergies and inflammatory bowel diseases. This course will explain the epidemiological and experimental evidence linking worm infection with differing disease susceptibilities, and explain current research methods to help understand how modifications occur to the immune response and intestinal microbiota.

Instructor: Lisa Reynolds (PhD)

Delivery style:Online SynchronousDate:Thursday, March 10Time:6:30 to 8:30 pmDuration:1 sessionFee:\$40 plus \$2 GSTCode:HPHE312 2022S D01

# Understanding the Risks of COVID on the Brain 🖵

Regardless of getting infected, it is safe to say that the COVID-19 pandemic has left no one unscathed. Will there be long-term effects? Part of the answer might be in the brain. During this course, we will discuss what scientists are discovering about the outcomes of COVID-19 on the brain. We will examine the marks left by the virus, as well as the pandemic stress, particularly in at-risk populations, including older individuals. This course will equip learners with information to alleviate the effects of COVID-19 on brain health.

Instructor: Elisa Gonçalves de Andrade (MSc)

Delivery style:Online SynchronousDate:Wednesday, March 16Time:6:30 to 8:30 pmDuration:1 sessionFee:\$40 plus \$2 GSTCode:HPHE316 2022S D01

# NEW Addressing Climate Anxiety and Ecological Grief 🖵

Human health is threatened by pervasive global challenges: zoonotic viruses, extreme heat and wildfires, flooding, displacement, and substantial loss of biodiversity. Further still, there is growing recognition of environmental impacts on mental health. This course will review evidence-based research about the mental health impacts of climate change and environmental degradation in the context of health care systems, and explore possible community responses to climate anxiety and ecological grief. We will also challenge anthropocentric views of health and reflect on the potential role of increasing distress in relation to pressing environmental challenges.

Instructor: Liz Williams (MSc)

Delivery style:Online SynchronousDate:Wednesday, March 23Time:6:30 to 8:30 pmDuration:1 sessionFee:\$40 plus \$2 GSTCode:HPHE314 2022S D01

# NEW Allergies: Undesirable Activities of the Immune System

The prevalence of allergic diseases is rising globally in recent years. By definition, an allergy reaction is an inappropriate response by the immune system to a substance that is normally considered harmless. We will discuss the underlying mechanism of this reaction with reference to common types of allergies, the current status of therapeutic interventions, and recent insights such as the role of gut bacteria. In this course you will gain a basic understanding of the role of the immune response in allergies, recent discoveries in allergy research, and learn about current and possible future treatments.

Instructor: Ed Ishiguro (PhD)

Delivery style: Face to Face

 Date:
 Wednesday, March 30

 Time:
 6:30 to 8:30 pm

 Duration:
 1 session

**Fee**: \$65 plus \$3.25 GST **Code**: HPHE311 2022S C01

# Advanced Investing for Financial Wellness 🖵

Designed for students who have completed Investing for Financial Wellness I or those with investing experience seeking more advanced discussions, Level II starts with a focus on common behavioral biases that undermine investing success and building a framework for improved decision-making. The course takes a deeper dive into the historical behaviour of markets to draw important lessons and provide a larger perspective. We then take a detailed look at portfolio construction and the importance of building a cohesive investment process. Finally, we discuss the current market environment, asset allocation implications and how to manage risks.

Instructor: Ian Johnson (CFA)

**Delivery style**: Online Synchronous **Date**: Thursdays, April 7 to 28

 Time:
 6:30 to 9 pm

 Duration:
 4 sessions

 Fee:
 \$100 plus \$5 GST

 Code:
 HPHE310 2022S D01

### **NEW Personalized Nutrition and Metabolism: Harnessing it for Cancer Prevention**

How can we harness metabolism to fight cancer? Our diets have changed and little is known about how we can use an individual's metabolism against the disease. Using sophisticated technologies called metabolomics, researchers can now decipher the precise metabolites that are consumed by cancer cells. This research has led to surprising results - immune cells also need proper amounts of nutrients to function. This course will discuss the history of cancer, new insights into cancer growth, and ways to use nutrition and diet to reinvigorate the cancer fighting properties of the immune system.

Instructor: Julian Lum (PhD)

**Delivery style**: Face to Face

Date: Wednesday, April 13 Time: 6:30 to 8:30 pm

**Duration**: 1 session

Fee: \$65 plus \$3.25 GST Code: HPHE313 2022S C01

### FOR MORE INFORMATION:

General Health and Wellness 250-721-8558 hsadmin@uvic.ca

continuingstudies.uvic.ca/healthgeneral

### **Delivery style definitions**

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid - A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended - A combination of face to face and any type of online delivery style.

### **HEALTH PROFESSIONAL** DEVELOPMENT



# **Canadian Fall Prevention Curriculum**

This online course helps health professionals working with older adults to take an evidencebased approach to preventing falls and related injuries. Learn to design, implement and evaluate a fall-prevention program by defining the problem, assessing risk, selecting prevention strategies, understanding social and policy contexts, applying a program-planning model and evaluating effectiveness.

**Textbook**: Fall Prevention Programming (2nd ed.), by Dr. Vicky Scott (required)

Instructor: Philip Groff (PhD)

**Delivery style**: Online Asynchronous Jan. 28 to March 4 Date: Fee: \$310 plus \$15.50 GST HPCF215 2022S D01 Code:

Instructor: Bobbi Symes (MA)

**Delivery style**: Online Asynchronous Date: Feb. 25 to April 1 Fee: \$310 plus \$15.50 GST HPCF215 2022S D11 Code:

Instructor: Philip Groff (PhD)

**Delivery style**: Online Asynchronous Date: May 6 to June 10 Fee: \$310 plus \$15.50 GST Code: HPCF215 2022K D01

### **Wound Management for Health** Professionals Level I 🗏 🖵

This recently revised online course equips health professionals with the knowledge and skills to practice evidence-based wound assessment and management within an interprofessional team. Build your skill set using high-resolution images, videos, case studies and collaborative discussion. Concepts include prevention, assessment, product selection, healing, infection and patientprofessional collaboration.

**Textbook**: Acute and Chronic Wounds (5th ed.), by Ruth Bryant and Denise Nix

Instructor: Sue Bolton (MSN, RN)

**Delivery style**: Online Asynchronous Date: Jan. 28 to March 11 Fee: \$425 plus \$21.25 GST Code: HPPD257 2022S D01

Instructor: Jennifer Dunlop (RN, MSN,

ONC(C), NP(P))

**Delivery style**: Online Asynchronous Date: Feb. 25 to April 8 Fee: \$425 plus \$21.25 GST Code: HPPD257 2022S D11

Instructor: Sue Bolton (MSN, RN)

**Delivery style**: Online Asynchronous Date: May 6 to June 17 Fee: \$425 plus \$21.25 GST HPPD257 2022K D01 Code:

# Wound Management for Health Professionals Level II ■ 🗔

This recently revised online course covers pain and nutrition, arterial and venous insufficiency, ulcer management, high-risk foot, lymphedema and lipedema, burns, palliative and surgical wounds, and key therapies. Emphasis is on critical thinking for advanced wound management, and professional skills for evidence-based practice. Learn through case studies, videos, detailed picture guides and a one-day workshop.

**Textbook**: Acute and Chronic Wounds (5th ed.), by Ruth Bryant and Denise Nix

Instructor: Misty Stephens (BSN, RN, NSWOC)

Delivery style:Online HybridDate:Jan. 28 to March 25Time:Mandatory workshop:<br/>Saturday, April 2Fee:\$525 plus \$26.25 GSTCode:HPPD258 2022S D01

**Instructor:** Misty Stephens (BSN, RN, NSWOC)

 Delivery style:
 Online Hybrid

 Date:
 May 6 to July 1

 Time:
 Mandatory workshop:

Saturday, July 9

Fee: \$525 plus \$26.25 GST

Code: HPPD258 2022K D01

### Palliative Care Pharmacy 🗏 🖵

This online course equips pharmacists — including those practicing outside institutional settings — with specialized knowledge in palliative care to support patients and families, and others in the multidisciplinary team, including community-care nurses and GPs. Topics include the pharmacist's role, pain management, use of opioids and cannabis in palliative care, symptom management and drugrelated adverse effects.

Instructor: Kimberley Caouette (BScPharm,

RPharm, ACPR)

Delivery style:Online AsynchronousDate:Feb. 4 to March 18Fee:\$400 plus \$20 GSTCode:HPPD400 2022S D01

# Strategies and Actions for Independent Living (SAIL)

Practical fall-prevention training for home health care aides who provide day-to-day in-home care for frail older adults or persons with disabilities. Use case studies, videos, discussion and interactive assessments to learn to apply practical tools to help clients live at home more safely. Features the popular SAIL home-exercise program videos. Optional ongoing access to the SAIL tools and videos also available, with guidance on implementing a SAIL program.

Instructor: Bobbi Symes (MA)

**Delivery style**: Online Asynchronous

Date: Feb. 4 to 28

Code:

**Fee**: \$210 plus \$10.50 GST

Optional SAIL resources: \$50 plus \$2.50 GST for individual fee (call 250-721-8558 for

group discounts)
HPCF200 2022S D01

### High-Risk Foot, Level I 🖵

This workshop gives you the specialized knowledge and skills to assess and manage clients with high-risk foot conditions. Topics include: pathophysiology and disease of the lower leg, clinical presentations, assessment skills (including Doppler and ABPI), wound and disease management, client and family education. Designed for foot care nurses, community nurses, RNs and LPNs in other areas of practice, physiotherapists, occupational therapists, and others who care for clients with high-risk foot conditions. Learn in collaboration with an expert instructor and your peers through discussion, slide presentations, videos, preparatory readings, in-class case studies, and resources for further developing hands-on assessment and management skills.

Instructor: Misty Stephens (BSN, RN, NSWOC)

Delivery style:Online SynchronousDate:Saturday, May 14Time:2 to 5 pmDuration:1 session

**Fee**: \$175 plus \$8.75 GST **Code**: HPPD285 2022K D01

# Emergency Management for Business Continuity

Designed for non-specialists, this course takes a systematic approach to emergency management, especially as it relates to business continuity planning. Concepts include hazard and risk assessment, impact analysis, mitigation, emergency preparedness and response, and psychosocial impact of crisis. Examine a range of tools for planning and training, and consider the ethical issues, opportunities and challenges overlaying emergency management. Learners will work in small groups matched with a representative from a Canadian public sector, private sector or non-profit organization, and the group will use course concepts to develop and present business continuity recommendations to the organization.

Instructor: Laurie Pearce (PhD, MA, MSW)

Delivery style:Online AsynchronousDate:Feb. 7 to April 29Fee:\$595 plus \$29.75 GSTCode:HPPD600 2022S D01

### NEW Operational Resilience 🗏 🖵

This course equips learners to help strengthen their organization's operational resilience. Building resilience allows an organization to operate in the event of a disruption and to continue delivery of prioritized products and services. Develop your business continuity management skills to gather and analyze key information and propose solutions to prevent or minimize disruptions. Concepts include theory of risk, risk assessment, policy and program management, organizational cultural challenges, leadership for business continuity, impact analysis, business continuity plans and communicating decisions.

Instructor: Paul Breed

Delivery style:Online AsynchronousDate:Feb. 7 to April 29Fee:\$595 plus \$29.75 GSTCode:HPPD603 2022S D01

### **Crisis Communications** $\blacksquare \Box$

The COVID-19 pandemic has brought to light how important effective communication is during a crisis. With poor communication, crisis events can result in loss of business, closure, economic failure and reputational damage. This course equips learners with the tools of crisis communication to ensure business continuity in the event of an emergency. Examine strategies, tactics, messaging and leadership techniques that will enable your organization to prepare for, respond to and recover from emergencies.

Instructor: Sherrell Steele (BEd, MA, ABC)

**Delivery style**: Online Asynchronous Date: May 16 to Aug. 6 \$595 plus \$29.75 GST Fee: HPPD602 2022K D01 Code:

### NEW IT Security 🗏 🖵

Get the information technology security fundamentals you need to prepare for and maintain business continuity in the event of an emergency. Learn about security topics related to risk assessment, vulnerabilities and threats, tools and technologies, policies, user awareness, incident response and recovery planning. We will also be covering security issues and solutions in the context of modern technologies such as mobile devices, cloud computing and web applications.

Instructor: Steve Gidden (BA)

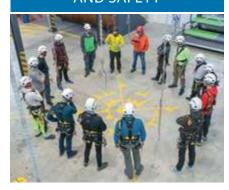
**Delivery style**: Online Asynchronous May 16 to Aug. 6 Date: \$595 plus \$29.75 GST Fee: HPPD601 2022K D01 Code:

### FOR MORE INFORMATION:

**Health Professional Development** 250-721-8558 hsadmin@uvic.ca

continuingstudies.uvic.ca/healthprod

### OCCUPATIONAL HEALTH **AND SAFETY**

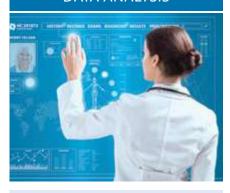


Professionals who identify health risks, prevent accidents and maintain safety regulations in the workplace are in high demand. Environmental and occupational health courses offered through our online certificate program focus on the latest dynamics of employee health and safety needs and the environmental impact of the workplace. You will explore topics related to risk assessment and management, occupational and health law, occupational health hazards, safety program management, and health protection technology.

### FOR MORE INFORMATION:

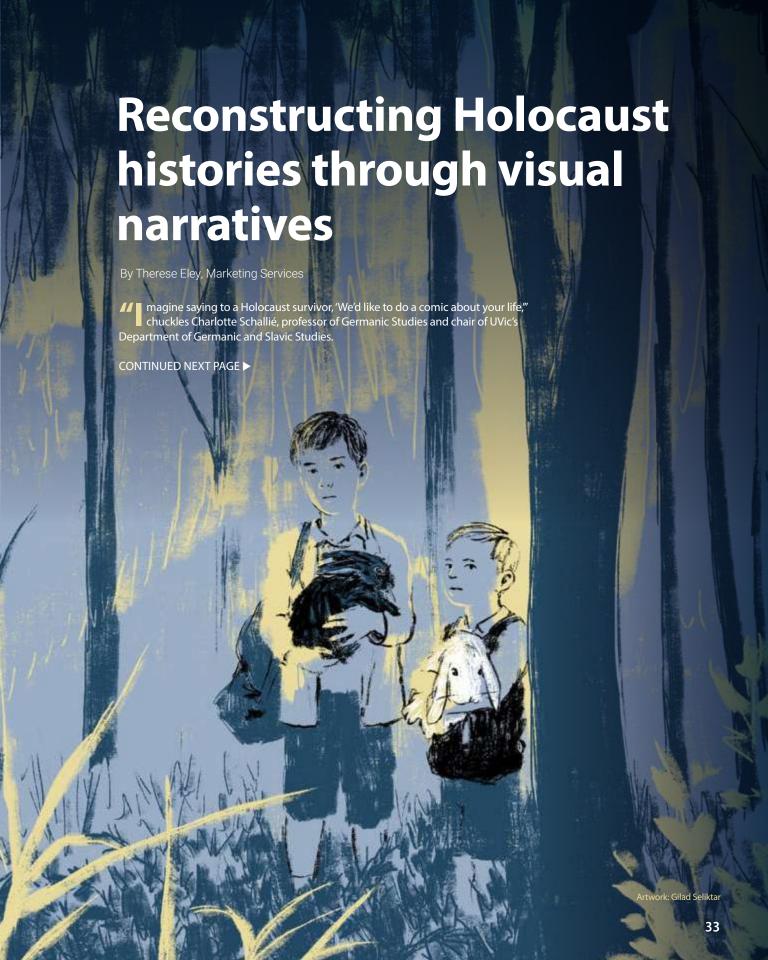
Occupational Health and Safety 250-721-6129 eohprogram@uvic.ca continuingstudies.uvic.ca/OHS

### POPULATION HEALTH **DATA ANALYSIS**



### FOR MORE INFORMATION: Population Health Data Analysis continuingstudies.uvic.ca/popdata





It seems, at the surface, like an absurd request: to take survivors' trauma and marry it to an art form that is generally associated with light-hearted comedy and even triviality. But, in truth, that is an over-simplification, and indeed a misrepresentation, of the series of graphic novels that Charlotte and her team created.

Charlotte first became interested in the graphic novel genre through her teenaged son, a reluctant reader who was really interested in graphic novels. "So, I just kept buying them for him. Then I got very interested in them and found that there is a whole host of graphic novels that deal with socially relevant issues, social justice issues," she reflects.

Eventually she came across *Maus* by American cartoonist Art Spiegelman, which depicts a son interviewing his father about his experiences as a Polish Jew and Holocaust survivor. She incorporated it into the curriculum of a Holocaust Studies course that she was teaching, and found that the students were really engaged and excited about exploring serious subject matter through this artistic form. This got her thinking about creating a project that pairs artists with child survivors to co-create three graphic narratives together.

"It is such a fascinating art form because it allows a multilayeredness of the story. It really allows us to show nonverbal elements, such as emptiness or trauma or just nothing because the survivor cannot remember, or the artist simply cannot draw such a horrific scene. As in films, sometimes what they [the survivors] don't say is as powerful as what they do

say. And the reader or the viewer complements it, so they become part of the meaning-making process as well," she says.

Like many historians, Charlotte has often used more traditional methods to interview survivors. In these projects, she realized that asking people a series of scripted questions just extracted a narrative that she was already expecting or looking for. Engaging artists in the process changed the research by actually gathering the story the survivor needed or wanted to tell.

"

This was not an easy project to complete. It required a lot of courage and trust on behalf of both the survivors and the artists.

As Charlotte describes it, "We can do a lot of harm with these interviews. With these Holocaust survivors, it is extremely difficult for them to give their testimony, even when they are experienced testimony givers, because it is so intimate and personal. But one important thing we found was artists ask very different questions than what a more traditional interviewer would ask, because if



you have to draw a scene you need to ask questions like 'What was your hairstyle at the time? What was the colour of your coat?' etc. So, the survivor has to get into different recesses of their brain and that, we saw, could bring up very difficult material that they may have repressed."

Although the project brought about three graphic novels, it is clear that, for Charlotte, a key take-away of the project is what was learned through the process of collecting these stories in a trauma-informed and ethical way.

"We cannot just say, 'Here is the finished project! Look at these beautiful graphic novels; stories of heroism, amazing work!' No. They are beautiful work, but we need to talk about the process, the costs involved in remembering stories like this. I think with this project, one important aspect is we want to share our methodological process so others can benefit from it and perhaps draw on it in their own work with trauma survivors."

This was not an easy project to complete. It required a lot of courage and trust on behalf of both the survivors and the artists. It required really understanding the impact of trauma, and a commitment to an ethics of care and compassion. There were difficult obstacles that threatened to sidetrack everything. So why do it?

"With mass atrocity, the more I know, the less I understand," Charlotte reflects. "Each testimony is of critical relevance, but it doesn't necessarily facilitate engagement. How do we really bring about change? How do we get a person who reads this to say, 'Oh my god, I need to be more attuned and more mindful to what is going on in my world! I need to do something. I cannot pretend it isn't happening.' It's so awful, so unimaginable, that it makes us shut down. It creates apathy because it is so difficult. I think art is an incredible way to humanize these testimonies and engage people because it triggers emotions in people and has them experience the testimony in a different way."



"You know how we say 'never again?' Well that's not going well, this happens all the time. So, to not tell it...I cannot *not* tell it! I guess because to some extent I have a personal obligation but also as a human being and as a scholar, I think we cannot let ourselves ever forget. The Holocaust didn't happen overnight, there were early warning signs. There was a slow process that started from targeting human beings, to segregating them, to dehumanizing them, and this can happen any time and it will happen again. We cannot afford to ever forget."

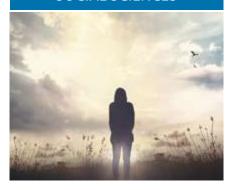
— cs —



Dr. Charlotte Schallié participated in the fall 2021 Deans' Lecture Series and presented on this research project. Watch her lecture, titled "But I Live – Three Child Survivor Stories of the Holocaust" online at continuingstudies.uvic.ca/deans-lectures



### **HUMANITIES AND SOCIAL SCIENCES**



## NEW Healing Our Past Experience

Do past harms and negative experiences play on your mind? Is there someone in your life you'd like to forgive, but can't shake the feelings of resentment? The solution lies in creating a confident, forward looking view of our potential self. We begin by recognizing that the past is truly past, like a dream that appeared vividly, but is now over. By purifying our mind of

negativity we are free to create a better future. In this course, we will explore how to let go of resentment and anger, and enjoy the courageous and compassionate mind of patient acceptance.

Instructor: Gen Kelsang Zopa

**Delivery style**: Online Synchronous Date: Saturdays, Jan. 22 to Feb. 5

Time: 10 to 11:30 am Register by: Friday, Jan. 21 **Duration:** 3 sessions

Fee: \$59 plus \$2.95 GST Code: ASHI771 2022S D01

### NEW Secrets of Ancient Egypt's **Lost Turquoise Mines**

Many have heard of King Solomon's Mines, but few know of the turquoise mines of Serabit el-Khadim. High above the Sinai Desert in Egypt lie the ruins of a mysterious temple dating back to the 12th Dynasty. Using maps, photographs, and artifacts, we explore the connection between its rare gems, the landscape and the goddess Hathor. The site also exhibits evidence of an extensive ancient trading network, and

a proto-sinaitic language with links to our modern alphabet. Most fascinating of all, Serabit el-Khadim may have been known to early Hebrew slaves, and offers tantalizing clues about the story of Moses and ideas about the Bible.

Instructor: Paul Chamberlain (PhD)

Delivery style: Face to Face Date: Tuesday, Jan. 25 Time: 2 to 4 pm **Duration**: 1 session

Fee: \$23 plus \$1.15 GST ASHI775 2022S C01 Code:

### NEW A History of Ross Bay Cemetery 🖵

Ross Bay Cemetery is a designated heritage site and one of British Columbia's most iconic Victorian era cemeteries. John Adams, author of A Historic Guide to Ross Bay Cemetery and longtime member of the Old Cemeteries Society. will trace the origins of the cemetery from 1872 to the present day. Why was the site chosen? How was the cemetery designed according to contemporary cemetery ideals? Who are some of the notable (and not so famous) people buried there? How has it evolved?

**Instructor:** John Adams

**Delivery style**: Online Synchronous **Date**: Wednesday, Jan. 26

Time: 1 to 3 pm

Register by: Tuesday, Jan. 25

Duration: 1 session

**Fee**: \$23 plus \$1.15 GST **Code**: ASHI776 2022S D01

## DIGITAL REACTIONARIES SERIES

## **SERIES REGISTRATION** 🖵

Register for all four sessions to receive a discount.

Instructor: Edwin Hodge (PhD)

**Delivery style**: Online Hybrid

**Date**: Thursdays, Feb. 3 to 24

**Time**: 7 to 9 pm **Register by**: Wednesday, Feb. 2

**Duration**: 4 sessions **Fee**: \$83 plus \$4.15 GST

**Code**: \$83 plus \$4.15 GS1 ASHI778 2022S D00

## NEW Conspiratorial Thinking in the Age of COVID 🖵

Over the past two years, our social media networks have become filled with strange claims: that Bill Gates is micro-chipping us through our COVID vaccines; that 5G cell towers are spreading the virus; that COVID itself is a hoax and our responses to it are the first steps towards a fascist dictatorship. These claims have little evidence to support them, but they've grown increasingly popular in recent months. How do some of us come to believe such wild claims? What do conspiracy theories such as these have in common? How can we identify them when we encounter them?

Instructor: Edwin Hodge (PhD)

Delivery style:Online HybridDate:Thursday, Feb. 3Time:7 to 9 pmRegister by:Wednesday, Feb. 2

**Duration**: 1 session

**Fee**: \$23 plus \$1.15 GST **Code**: ASHI778-1 2022S D01

## NEW The Storm Rises: Qanon as Conspiracy and Quasi-religious Movement

Of all the conspiratorial claims to have emerged in the past five years, perhaps the most bizarre — and dangerous — is Qanon, a paranoid, conspiratorial movement that has in recent years taken on an almost religious dynamic. What is this movement? What do its followers believe? Why do some of its more lurid elements feel so familiar?

Instructor: Edwin Hodge (PhD)

Delivery style:Online HybridDate:Thursday, Feb. 10Time:7 to 9 pmRegister by:Wednesday, Feb. 9

**Duration**: 1 session

**Fee**: \$23 plus \$1.15 GST **Code**: ASHI778-2 2022S D01

## NEW Social Networks: How Conspiracy Theories Move in Digital Spaces 🖵

While conspiratorial thinking has always been with us, the advent of the "social media age" has supercharged the spread of conspiratorial beliefs. Today, conspiracy theorists from around the world can come together, share their beliefs, and develop new ones to then be spread through our social media networks. How does this happen? Why do they spread so quickly, and what can be done about it?

Instructor: Edwin Hodge (PhD)

Delivery style:Online HybridDate:Thursday, Feb. 17Time:7 to 9 pmRegister by:Wednesday, Feb. 16

**Duration**: 1 session

**Fee**: \$23 plus \$1.15 GST **Code**: ASHI778-3 2022S D01

## NEW Skepticism and Critical Thinking in the 21st Century 🖵

In light of growing anti-intellectualism, we are faced with a daunting prospect: a world where facts matter less than popularity, and where certainty threatens to replace truth. We are entering what some scholars refer to as a "post-truth age" and it is happening at a perilous time. From political instability and economic uncertainty, to climate catastrophe and the everpresent threat of a global pandemic, we need expertise and verifiable, empirical facts more than

ever to serve as the foundation for good decision making. How can we push back against the rise of "post-truth" politics or a "post-truth" society?

Instructor: Edwin Hodge (PhD)

Delivery style:Online HybridDate:Thursday, Feb. 24Time:7 to 9 pm

**Register by**: Wednesday, Feb. 23

**Duration**: 1 session

**Fee**: \$23 plus \$1.15 GST **Code**: ASHI778-4 2022S D01

### FOR MORE INFORMATION:

Digital Reactionaries Series

250-721-8481 artssci2@uvic.ca

continuingstudies.uvic.ca/digital-

reactionaries

## NEW Reconnecting to Ourselves and Others

We are all on the same side but in times of difficulty it is easy to feel we are losing touch with ourselves and others. We can be deceived by our feelings of uniqueness and importance, to the extent that while craving happiness we actually create our own suffering. In this course you will learn a sequence of four practical ways of thinking and meditating based on Buddha's teachings on equanimity, love and compassion that can help us to reconnect and re-open our human nature.

Instructor: Gen Kelsang Zopa

**Delivery style**: Face to Face

**Date**: Saturdays, Feb. 12 to March 5

**Time**: 10 am to noon **Duration**: 4 sessions

**Fee**: \$83 plus \$4.15 GST **Code**: ASHI772 2022S C01

## NEW China's Belt and Road **Initiative: Multiple Perspectives**

China's Belt and Road Initiative involves development projects in over 100 countries. In this course, we focus on Eurasia where it includes both overland and sea routes designed to kick start regional connectivity and economic growth. To understand the global strategy driving these seemingly unconnected individual projects, we need multiple analytic lenses. We will explore: China's vision of economic development, China power projection, host country views (both governments and opposition parties), postcolonial critiques, post-western critiques, and impact on US/western geopolitical interests.

Instructor: Margaret Cornish

Delivery style: Face to Face

Date: Tuesdays, Feb. 15 to March 15

Time: 10 am to noon **Duration:** 5 sessions Fee: \$99 plus \$4.95 GST

ASHI774 2022S C01 Code:

## NEW Emily Carr's James Bay 🖵

Emily Carr was born in Victoria's James Bay neighbourhood in 1871 and died there in 1945. Her childhood years and most of her adult life were spent in an area spanning a few blocks in that district. Based mainly on Emily's own words in The Book of Small and her other autobiographical works, John Adams will bring to life the places, people and events that featured in Emily's world. The talk will be illustrated with many archival and contemporary pictures of Emily's James Bay.

Instructor: John Adams

**Delivery style**: Online Synchronous Date: Wednesday, Feb. 16

Time: 1 to 3 pm Register by: Tuesday, Feb. 15 **Duration:** 1 session

Fee: \$23 plus \$1.15 GST ASHI777 2022S D01 Code:

## Fairfield History 🖵

This presentation will cover the story of the Victoria area now known as Fairfield. Before 1843, what did the terrain look like, where were the village sites of the Indigenous inhabitants, and how were the streams and waterways used as a shortcut from Ross Bay to the Inner Harbour? Learn about the acquisition of the land by major landowners such as James Douglas, Joseph Pemberton and Isabella Ross and trace the history of farming, road development, residential growth and other aspects of this popular neighbourhood.

Instructor: John Adams

Code:

**Delivery style**: Online Synchronous Date: Wednesday, March 2

Time: 1 to 3 pm Register by: Tuesday, March 1 **Duration**: 1 session

Fee: \$23 plus \$1.15 GST

## NEW Inner Balance – Inner Peace

ASHI770 2022S D01

Others' words and actions can dampen our mood or ruin our day. How can we learn to maintain a peaceful mind and transform each interaction into a source of purpose and joy? Buddha's teachings show us how to let go of our unbalanced minds of anger, fear and jealousy. By understanding how we are all interconnected and equal in our desires, we can experience the powerful mind of equanimity that isn't disturbed by the actions of others. In this course, we will explore the methods of Buddhist psychology and meditative practice for cultivating positive and harmonious relationships.

Instructor: Gen Kelsang Zopa

**Delivery style**: Face to Face

Date: Saturdays, March 12 to April 2

Time: 10 am to noon **Duration:** 4 sessions Fee:

\$83 plus \$4.15 GST Code: ASHI773 2022S C01

## A History of the James Bay Neighbourhood 🖵

Learn about the history of James Bay, Victoria's oldest residential district, from the 1840s to today. This visual tour—illustrated with maps, paintings and photographs—will explore the first government buildings and surrounding homes, and the introduction of industry to the area, including shipyards, grain elevators and chemical plants. You will learn about First Nations' extensive use of the shoreline and the Hudson's Bay Company's establishment of company homes and Beckley Farm.

**Instructor:** John Adams

**Delivery style**: Online Synchronous Wednesday, March 16 Date:

Time: 1 to 3 pm Register by: Tuesday, March 15

**Duration**: 1 session

Fee: \$23 plus \$1.15 GST Code: ASHI594 2022S D01

## Forensic Anthropology of the **Human Skeleton**

This course will examine topics of forensic anthropology and teach you how to create an individual profile for unidentified human skeletal remains in a medico-legal context. Lectures are followed by hands-on lab exercises, in which we explore what happens to bodies when they decay, learn how to identify the deceased, study causes of death and practice processing outdoor crime scenes. This will involve the handling of human remains. One session takes place outside (rain or shine on the UVic campus) and will involve crouching, as well as searching on the hands and knees.

**Instructor:** Stephanie Calce (PhD)

Delivery style: Face to Face

Date: March 16 to April 13 Time: Classes will be as follows:

> five Wednesdays, March 16 to April 13, 6 to 8:30 pm; one Saturday, April 2, 9 am to noon

**Duration:** 6 sessions

\$155 plus \$7.75 GST Fee: Code: ASHI599 2022S C01

## **Doing Philosophy is Learning to Die**

In 1580 the French philosopher Michel de Montaigne wrote his essay Doing Philosophy is Learning to Die, recycling many passages and ideas from his favourite Latin philosophers, especially Lucretius and Seneca. Expanded new versions of this essay were published in 1588 and 1595, showing the results of Montaigne's continual reflections on the topic of death and how to die like a philosopher. In this discussion seminar we ask ourselves and each other what would count as a respectable or desirable or wise demise, applying our individual philosophies to our own mortal predicaments. We will explore the Latin sources and historical context of Montaigne's essay as well as his ways of thinking and writing. In this investigation, we will be guided by a specialist in ancient philosophy and we'll benefit from the reflections of a physician working in cancer care.

Instructors: Doug Hutchinson (DPhil),

Paula Donahue (MD)

Delivery style: Face to Face

**Date**: Mondays and Thursdays, March

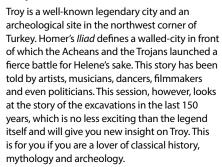
21 to April 4

**Time**: 2:30 to 4:30 pm

**Duration**: 5 sessions

**Fee**: \$149 plus \$7.45 GST **Code**: ASHI745 2022S C01

## Troy Revisited 🖵



Instructor: Deniz Unsal (PhD)

Delivery style:Online SynchronousDate:Friday, March 25Time:10 am to noonRegister by:Thursday, March 24

**Duration**: 1 session

**Fee**: \$23 plus \$1.15 GST **Code**: ASHI672 2022S D01

Instructor: Deniz Unsal, (PhD)

**Delivery style**: Face to Face **Date**: Thursday, March 31

**Time**: 7 to 9 pm **Duration**: 1 session

**Fee**: \$23 plus \$1.15 GST **Code**: ASHI672 2022S C01

## Ecclesiastes and the Meaning of Life

Ecclesiastes (Qohelet in Hebrew) is arguably the most enigmatic book of the Hebrew Bible. This course explores historical, literary and theological aspects of Ecclesiastes and its relevance in present times. Although often seen as a pessimistic book, Ecclesiastes offers rich insights into life's perplexities and how to live more fully. In each class, we will dive into a passage from the biblical text and explore its connection with contemporary culture. This course uses a combined lecture and seminar format with plenty of time for discussion and questions.

Instructor: Jane Dawson (PhD)

**Delivery style**: Online Hybrid

**Date**: Thursdays, March 31 to April 28

**Time**: 4 to 6 pm

Register by: Wednesday, March 30

**Duration**: 5 sessions

**Fee**: \$109 plus \$5.45 GST **Code**: ASHI769 2022K D01

## **How to be Fairly Cheerful**

Being in a state of constant happiness is an unrealistic hope, but a less ambitious plan can be realized: staying fairly cheerful in the face of life's disappointments, adversities and frustrations. This is the message contained in a short essay by the ancient historian and philosopher Plutarch, called *On Contentment*. In this seminar we will read this essay together, pausing to illuminate the ancient thinkers, writers and events to which *Plutarch* refers. We will apply these insights to our current situations, translating this ancient wisdom into insights that can guide thought and conduct in our modern way of life.

Instructor: Doug Hutchinson (DPhil)

**Delivery style**: Face to Face

**Date**: Mondays and Thursdays, April 7

to May 5 (No class April 14 & 18)

Time: 2:30 to 4:30 pm

Duration: 7 sessions

**Fee**: \$135 plus \$6.75 GST **Code**: ASHI753 2022K C01

### FOR MORE INFORMATION:

**Humanities and Social Sciences** 

250-721-8481 artssci2@uvic.ca

continuingstudies.uvic.ca/humanities

## IN PURSUIT OF KNOWLEDGE SERIES

## **SERIES REGISTRATION**

Designed to acquaint you with UVic faculty and their many areas of interest, this series will introduce you to a wide variety of topics. You may register for individual sessions or receive a discount for the full series registration.

**Delivery style**: Face to Face

**Date**: Thursdays, Feb. 10 to April 21

**Time**: 9:30 to 11:30 am **Duration**: 3 sessions

**Fee**: \$64 plus \$3.20 GST **Code**: ASPT007 2022S D00

## NEW Neoliberalism in Canada: Its Origins, Impact and Future

Neoliberalism has been the dominant logic of governance around much of the world for forty years, guiding not only public policy but also how we behave. In this talk, Dr. Leifso will review how neoliberal thought was mobilized in the twentieth century by thinkers such as Friedrich von Hayek and Milton Friedman before being taken up across the world in the 1970s and 1980s. Then, we'll look to Canada to explore how neoliberalism was introduced through provincial and federal policy, how it has come to define how we should live, and what the COVID-19 pandemic has meant for the future of neoliberal governance.

Instructor: Justin Leifso (PhD)

Delivery style:Face to FaceDate:Thursday, Feb. 10Time:9:30 to 11:30 amDuration:1 session

**Fee**: \$25 plus \$1.25 GST **Code**: ASPT007-1 2022S C01

## NEW How Can a Scoop of Water **Protect At-Risk Species?**

With pollution, resource development, and climate change affecting our environment, reliably tracking changes in distribution of at-risk and invasive species is paramount for good resource management practices. This is particularly challenging for species that are difficult to find. However, using cutting edge tools from molecular biology, these species can be uncovered through the detection of environmental DNA (eDNA) in a scoop of water. We will take a tour through the wonderful world of eDNA and see how it can transform our understanding of ecosystems and our impacts on them.

Instructor: Caren Helbing (PhD)

Delivery style: Face to Face

Date: Thursday, March 10 Time: 9:30 to 11:30 am **Duration**: 1 session

\$25 plus \$1.25 GST Fee: Code: ASPT007-2 2022S C01

## NEW Beyond Debt: Islamic **Experiments in Global Finance**

Recent economic crises have made the centrality of debt, and the instability it creates, increasingly apparent. This realization has led to cries for change—yet there is little popular awareness of possible alternatives. This lecture describes efforts to create a transnational economy free of debt. Based on ethnographic fieldwork in Malaysia, the lecture shows how the state, led by the central bank, seeks to make the country's capital Kuala Lumpur "the New York of the Muslim world"—a central node for global financial activity conducted in accordance with the Islamic prohibition on interest-bearing debt.

Instructor: Daromir Rudnyckyj (PhD)

**Delivery style**: Face to Face Date: Thursday, April 21 9:30 to 11:30 am Time: Duration: 1 session

Fee: \$25 plus \$1.25 GST ASPT007-3 2022K C01 Code:

### FOR MORE INFORMATION:

In Pursuit of Knowledge Series 250-721-8481 artssci2@uvic.ca

continuingstudies.uvic.ca/know-spring

## **UNIVERSITY 101**

University 101 is a program that offers free, non-credit, academic courses for people who have faced significant barriers to post-secondary education. Courses are by application only, please contact the University 101 Program if you are interested in learning more. Topics covered include a wide range of subjects in the Humanities and Social Sciences.

### FOR MORE INFORMATION:

University 101 Program 250-721-6516 uni101@uvic.ca uvic.ca/uni101

## **UVIC ON THE PENINSULA SERIES**

Plan to attend our Open House on Sunday, Jan. 23 from 2 to 4 pm at the Mary Winspear Centre in Sidney. Meet some of our course instructors, SAGE facilitators and staff from Continuing Studies. If you haven't already done so, you may register for courses at that time.

Each term we offer a selection of lectures and short courses in Sidney, most of which take place at the Mary Winspear Centre. If you wish to receive the flyer that we mail out each August and December, please call 250-721-7797 or email lacadmin@uvic.ca.

Here are just a few of the lectures and courses that we're offering this term:

- Peninsula Pursuits
- The Science of Happiness
- Secrets of Ancient Egypt's Lost **Turquoise Mines**
- The Whole Day Matters: Move More, Reduce Sedentary Time and Sleep Well
- The Sounds of Coast Salish Languages
- The Coastal Regions of Alaska and the Arctic
- SAGE Study Group

## FOR MORE INFORMATION:

UVic on the Peninsula Series 250-721-7797 artsadmin@uvic.ca

continuingstudies.uvic.ca/peninsula

## **Deans' Lecture Series**

## FREE | ONLINE



Research is continually reshaping the way we live and think. In these free online lectures, you'll hear from distinguished members of the faculties at the University of Victoria and learn about their research interests. New lectures are added regularly, and you can join our mailing list to be notified when they become available. There is no need to register. Simply visit the website for more information. Here are just a few of the fascinating talks you'll find there!

continuingstudies.uvic.ca/deans-lectures

## WHAT'S NEW IN HUMANITIES

- Indigenous Laws on Indigenous Lands: Land Back as Climate Action, JEFF CORNTASSEL
- "But I Live" Three Child Survivor Stories of the Holocaust, CHARLOTTE SCHALLIÉ

## WHAT'S NEW IN FINE ARTS

• From a Ragged Edge, Possible Futures, DANIEL LASKARIN

## WHAT'S NEW IN GRADUATE STUDIES

• Better Justice: How Data Scientists and Legal Scholars Are Collaborating to Help Canadians Solve Their Everyday Legal Problems, **KATE GOWER** 

## WHAT'S NEW IN LAW

- Law as a Responsibility: Centering Indigenous Peoples Laws and Legal Orders in Your Learning and Practice, **TRACEY LINDBERG**
- Is Global Tax Cooperation a Reality? **GEOFFREY LOOMER**

## WHAT'S NEW IN SCIENCE

• The Mathematics Behind Map Colouring, NATASHA MORRISON

The Division of Continuing Studies presents this series in partnership with the faculties of Education, Engineering and Computer Science, Fine Arts, Graduate Studies, Human and Social Development, Humanities, Law, Science and Social Sciences; and the Greater Victoria Public Library.





## FRENCH LANGUAGE



Join the 275 million people who proudly speak French around the world! French is a young, vibrant, international language. In fact, it is the only language other than English to be spoken on all five continents. Whether you have a child in French Immersion, are planning a trip to a French-speaking nation, or are looking to brush up on your working knowledge of Canada's other official language, our French language courses have just what you need to communicate

confidently with fellow Francophiles and Francophones alike. All French language courses offered by Continuing Studies are subject to enrollment. Please register early and invite a friend to join you!

## **COMPREHENSIVE FRENCH**

Improve your overall French language proficiency with our new comprehensive French courses. This non-credit series is open to adults of all levels of competency. It is designed to meet the needs of a wide audience from working professionals, to lifelong learners, to people who are new in Canada—anyone wanting to confidently and competently develop fluency in French. It features four levels, each aligned with the internationally recognised DELF benchmarks A1, A2, B1 and B2. Upon successful completion of each level, students will receive a Certificate of Completion.

You can start as a beginner and register in FREN100, but if you already know some French we offer an assessment to determine which level is appropriate for you. To book your French Language level assessment please call 250-721-8630 or e-mail languages@uvic.ca.

### Comprehensive French - Level 1 🖵

This is the introductory level of our series of four comprehensive courses for complete beginners, focusing on all four language competencies: listening, speaking, reading, and writing.

Classes feature a balance of structural and communicative activities. No experience or initial assessment is necessary for September entry. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.

Textbook: Défi A1 - Student Book Online Premium Edition (required) - instructions on how to purchase your "Espace Virtuel" account and get connected to the textbook and workbook will be provided separately.

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Instructor: Anita LaLiberté

**Delivery style**: Online Hybrid

**Date**: Mondays and Wednesdays,

Jan. 10 to April 11 No class Feb. 21 6:30 to 8:30 pm

 Time:
 6:30 to 8:30 pm

 Register by:
 Wednesday, Jan. 5

 Duration:
 26 sessions

 Fee:
 \$549

Code: FREN100 2022S D11

## Comprehensive French - Level 2 🖵

This is the beginner level of our series of four comprehensive courses focusing on all four language competencies: listening, speaking, reading, and writing.

Classes feature a balance of structural and communicative activities. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.

**Textbook**: Défi A2 - Student Book Online Premium Edition (required) - instructions on how to purchase your "Espace Virtuel" account and get connected to the textbook and workbook will be provided separately.

Instructor: Anita LaLiberté

**Delivery style**: Online Hybrid

**Date**: Tuesdays and Thursdays,

Jan. 11 to April 7

Time: 6:30 to 8:30 pm

Register by: Wednesday, Jan. 5

Duration: 26 sessions

Fee: \$549

Code: FREN200 2022S D11

## Comprehensive French - Level 3 🖵

This is the intermediate level of our series of four comprehensive French courses focusing on all four language competencies: listening, speaking, reading, and writing.

Classes feature a balance of structural and communicative activities and an important cultural content to optimize learning. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.

**Textbook**: Défi B1 - Student Book Online Premium Edition (required) - instructions on how to purchase your "Espace Virtuel" account and get connected to the textbook and workbook will be provided separately.

Instructor: Jean-Francois Groulx

Delivery style: Online Hybrid

**Date**: Mondays and Wednesdays,

Jan. 10 to April 11 No class Feb. 21

**Time**: 6:30 to 8:30 pm **Register by**: Wednesday, Jan. 5

**Duration**: 26 sessions **Fee**: \$549

**Code**: FREN300 2022S D11

## FRENCH LANGUAGE CONVERSATION CLASSES

If you are looking to hone your spoken French in a casual but dynamic setting, you'll love our French Language Conversation Classes. With these classes there is no rush to get to the next level—you and your teacher work together to decide when you are ready to move up. The main themes will vary from one session to the next so you can register in a given level multiple times to solidify your skills.

## French Language Conversation Classes: Introductory 🖵

This course is intended for complete beginners and is normally only taken once. In this class, you will become familiar with the sounds of French and gain confidence in pronunciation, and you'll acquire basic "survival" skills in French such as greetings and thanks. **Register for this course** if you have no previous knowledge or experience with French, or can recognize a few French words.

**Delivery style**: Face to Face

**Date**: Thursdays, Jan. 20 to March 24

Time:6:30 to 8:30 pmRegister by:Wednesday, Jan. 12

**Duration**: 10 sessions **Fee**: \$245

Code: FLCC051 2022S C11

Delivery style: Online Hybrid

**Date**: Thursdays, Jan. 20 to March 24

Time:6:30 to 8:30 pmRegister by:Wednesday, Jan. 12

**Duration**: 10 sessions **Fee**: \$245

Code: FLCC051 2022S D11

## French Language Conversation Classes: Beginner 🖵

This course is intended for students at the Beginner level who would like to practice their oral French at a level in which they are comfortable. It can be taken as many times as you like as themes will vary from one term to the next. This course is **not** meant to prepare you for the next level. Students who wish to take courses that will allow them to progress steadily all the way to an advanced level should register in our Comprehensive French courses.

Register for this course if you have taken the Introductory course, or if you know how to: count up to 20, spell your name, give your address and phone number, speak about yourself, your family, your work, the weather, time and date, identify basic shapes and colours, ask and answer basic yes or no questions.

**Delivery style**: Online Hybrid

**Date**: Tuesdays, Jan. 18 to March 22

**Time**: 6:30 to 8:30 pm **Register by**: Wednesday, Jan. 12

**Duration**: 10 sessions **Fee**: \$245

Code: FLCC101 2022S D11

Delivery style: Face to Face

**Date**: Thursdays, April 21 to June 23

Time:6:30 to 8:30 pmRegister by:Wednesday, April 6Duration:10 sessions

**Fee**: \$245

**Code**: FLCC101 2022K C11

**Delivery style**: Online Hybrid

Date: Thursdays, April 21 to June 23

Time: 6:30 to 8:30 pm

Register by: Wednesday, April 6

Duration: 10 sessions

**Fee**: \$245

**Code**: FLCC101 2022K D11

## **French Language Conversation** Classes: Intermediate 🖵

This course is intended for students at an Intermediate level who would like to practice their oral French at a level in which they feel comfortable. Here, you'll gain more fluency in using your French in a variety of everyday situations, such as speaking about likes and dislikes, making comparisons and telling a story in the past. It can be taken as many times as you like, as themes will vary from one term to the next. This course is **not** meant to prepare you for the next level. Students who wish to take courses that will allow them to progress steadily all the way to an advanced level should register in our Comprehensive French courses.

Register for this course if you already know how to: speak on the telephone, ask for and give directions and other information (such as say where it hurts), make reservations, give a definition, clarify a statement, tell whether a sentence is in a past, present or future tense.

Delivery style: Face to Face

Wednesdays, Jan. 19 to March 23 Date:

Time: 9:30 to 11:30 am Register by: Wednesday, Jan. 12

**Duration**: 10 sessions Fee: \$245

Code: FLCC301 2022S C01

Delivery style: Online Hybrid

Wednesdays, Jan. 19 to March 23 Date:

6:30 to 8:30 pm Time: Register by: Wednesday, Jan. 12

**Duration**: 10 sessions Fee: \$245

Code: FLCC301 2022S D11

**Delivery style**: Face to Face

Wednesdays, April 20 to June 22 Date:

Time: 9:30 to 11:30 am Wednesday, April 6 Register by: **Duration**: 10 sessions Fee: \$245

FLCC301 2022K C01 Code:

Delivery style: Online Hybrid

Date: Wednesdays, April 20 to June 22

Time: 6:30 to 8:30 pm Register by: Wednesday, April 6 **Duration**: 10 sessions

Fee: \$245

Code: FLCC301 2022K D11

## **French Language Conversation Classes: Advanced**

This course is intended to maintain and build your language skills for a broad variety of situations, such as nuancing an opinion, identifying features of different regional varieties of French and using various registers of French. It can be taken as many times as you like, as themes will vary from one term to the next.

Register for this course if you already know how to: express the relation of time between various events in the past, present and future, make hypotheses, express emotions (disappointment, empathy, surprise etc.), give advice, disagree with someone, use different registers in different contexts, identify accents from various parts of the Francophone world.

Delivery style: Face to Face

Date: Fridays, Jan. 21 to March 25

10 sessions

Time: 9:30 to 11:30 am Register by: Wednesday, Jan. 12

Fee: \$245

**Duration**:

Code: FLCC501 2022S C01

Delivery style: Face to Face

Date: Fridays, April 22 to June 24 Time: 9:30 to 11:30 am Register by: Wednesday, April 6

**Duration**: 10 sessions Fee: \$245

Code: FLCC501 2022K C01

### FOR MORE INFORMATION:

French Language 250-721-8630 languages@uvic.ca

continuingstudies.uvic.ca/french

## WORLD LANGUAGES



Our portfolio of world language courses is constantly evolving to meet a growing demand for more languages and more levels. Honing your skills in another language is like doing yoga or becoming proficient on a musical instrument: it can take a bit of practice. In our world language courses, there is no pressure to move up from one level to the next: you can repeat the same level as many times as you'd like to build your confidence, and our instructors will keep the content fresh and interesting for you each time. If you're interested in a course where more than one level is offered, but aren't sure about your level, please contact us and we would be happy to work with you.

All language courses offered by Continuing Studies are subject to enrolment. Please register early and invite a friend to join you!

## **ARABIC**

## **Arabic: Beginner**

If you have previously taken an introduction to colloquial (informal) Arabic course or have completed Arabic: Introductory and would like to express yourself in a wider variety of everyday situations, this course will help you gain confidence in speaking. You will be encouraged to fine-tune your pronunciation, reinforce your basic knowledge and develop your communication skills. Additional material will also be introduced to expand your vocabulary. Knowledge of the Arabic alphabet is required to register for this level.

Note: We recommend that you bring a recording device to class.

**Textbook**: Course manual will be provided in class: *Read and Speak Arabic for Beginners*, by Mahmoud Gaafar and Jane Wightwick, from McGraw-Hill (required)

Instructor: Nooshi Saberi

**Delivery style**: Face to Face

**Date**: Saturdays, Jan. 22 to March 26

Time: 2 to 4 pm

Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

Code: ASLA298 2022S C01

## DUTCH

## **Dutch: Introductory** 🖵

Did you know that Dutch is not spoken just in the Netherlands? It is actually the most spoken language in Belgium and the official language of Suriname. In addition, a modified form of Dutch is one of the official languages in South Africa. This introductory conversation course will familiarize you with the pronunciation of Dutch and will introduce basic vocabulary and grammar. The emphasis will be on understanding the spoken language and simple texts, as well as engaging in basic conversation in Dutch.

**Textbook**: Colloquial Dutch: A Complete Language Course, 2016 edition, by Bruce Donaldson (required)

**Instructor:** Marleen Guffens

**Delivery style**: Online Hybrid

Date: Thursdays, Jan. 27 to March 31

Time: 6:30 to 8:30 pm

Register by: Wednesday, Jan. 12

Duration: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA037 2022S D11

## **Dutch: Beginner** 🖵

This beginner course will reinforce the basics learned in *Dutch: Introductory* and build on it by introducing new vocabulary and giving you the opportunity to further develop your conversation skills.

**Textbook**: Colloquial Dutch: A Complete Language Course, 2016 edition, by Bruce

Donaldson (required)

Instructor: Anya van Zijll Langhout

Delivery style: Online Hybrid

**Date**: Wednesdays, Jan. 26 to March 30

Time:6:30 to 8:30 pmRegister by:Wednesday, Jan. 12Duration:10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA237 2022S D11

**Delivery style**: Online Hybrid

**Date**: Thursdays, April 21 to June 23

**Time**: 6:30 to 8:30 pm **Register by**: Wednesday, April 6

**Duration**: 10 sessions

Fee: \$222 plus \$11.10 GST
Code: ASLA237 2022K D11

## **Dutch: Intermediate** 🖵

This intermediate course is designed for those who have some basic knowledge of Dutch. Whether you have completed *Dutch: Beginner* or have an equivalent knowledge level, this course is for you. The focus of this course is to help you become comfortable communicating in Dutch, to continue to enrich your vocabulary, and to strengthen your language structure skills. Special attention will also be given to reading comprehension.

**Textbook**: Colloquial Dutch: A Complete Language Course, 2016 edition, by Bruce Donaldson (required)

Instructor: Anya van Zijll Langhout

**Delivery style**: Online Hybrid

Date: Mondays, Jan. 24 to April 4

No class Feb. 21 6:30 to 8:30 pm

Time:6:30 to 8:30 pmRegister by:Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA337 2022S D11

Delivery style: Online Hybrid

**Date**: Wednesdays, April 20 to June 22

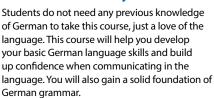
**Time**: 6:30 to 8:30 pm **Register by**: Wednesday, April 6

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA337 2022K D11

## **GERMAN**

## German: Introductory 🖵



**Textbook**: Course manual will be provided

(required)

Instructor: Joanna Schaller (MA (pedagogy))

Delivery style: Online Hybrid

**Date**: Tuesdays, Jan. 25 to March 29

**Time**: 6:30 to 8:30 pm **Register by**: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

**Code**: ASLA016 2022S D11

## **Delivery style definitions**

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

**Online Synchronous** – When a group of students are engaging in learning at the same time, at a specific time.

**Online Hybrid** – A combination of synchronous and asynchronous learning.

**Face to Face** – When learning occurs in person, at a physical location.

**Blended** – A combination of face to face and any type of online delivery style.

## German: Beginner 🖵

If you have completed German: Introductory or have equivalent grammar and conversation skills, this course will build on that foundation. Through role-playing, simulations and other exercises, you'll continue to build your essential vocabulary and your knowledge of structures, idioms and cultural etiquette.

**Textbook**: Course manual will be provided (required)

Instructor: Joanna Schaller (MA (pedagogy))

Delivery style: Online Hybrid

Date: Wednesdays, Jan. 26 to March 30

6:30 to 8:30 pm Time: Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

Fee: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

Code: ASLA216 2022S D11

Instructor: Joanna Schaller (MA (pedagogy))

Delivery style: Online Hybrid

Date: Tuesdays, April 19 to June 21

Time: 6:30 to 8:30 pm Register by: Wednesday, April 6

**Duration:** 10 sessions

\$222 plus \$11.10 GST \$25 plus Fee:

\$1.25 GST for required manual

Code: ASLA216 2022K D11

### German: Intermediate 🖵

If you have previously studied German or have completed German: Beginner and would like to refresh your knowledge at an intermediate level, this course is ideal for you. This course will strengthen your foundation in grammar, enrich your vocabulary, and improve your conversational skills and listening comprehension. Lessons are enhanced by fun videos and fascinating cultural facts.

**Textbook**: Course manual will be provided (required)

**Instructor:** Joanna Schaller (MA (pedagogy))

Delivery style: Online Hybrid

Date: Thursdays, Jan. 27 to March 31

6:30 to 8:30 pm Time: Wednesday, Jan. 12 Register by:

**Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

Code: ASLA316 2022S D11 Instructor: Joanna Schaller (MA (pedagogy))

**Delivery style**: Online Hybrid

Date: Wednesdays, April 20 to June 22

Time: 6:30 to 8:30 pm Register by: Wednesday, April 6

10 sessions **Duration:** 

\$222 plus \$11.10 GST \$25 plus Fee:

\$1.25 GST for required manual

Code: ASLA316 2022K D11

## German: Advanced 🖵

This course, conducted entirely in German, promotes fluency in the language at an advanced level. It features discussions, presentations, storytelling, or reading, as well as some written assignments. Students will feel more confident interacting with native German speakers, expressing their opinions, and will understand the language of the media more easily.

**Textbook**: Course manual will be provided (required)

Instructor: Joanna Schaller (MA (pedagogy))

**Delivery style**: Online Hybrid

Date: Mondays, Jan. 24 to April 4

> No class Feb. 21 6:30 to 8:30 pm

Time: Register by: Wednesday, Jan. 12

**Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

ASLA416 2022S D11 Code:

Instructor: Joanna Schaller (MA (pedagogy))

**Delivery style**: Online Hybrid

Date: Thursdays, April 21 to June 23

Time: 6:30 to 8:30 pm Register by: Wednesday, April 6

**Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

Code: ASLA416 2022K D11

## **ITALIAN**

## Italian: Introductory 🖵

If you have no previous knowledge of Italian and want to learn basic conversation, reading and writing skills, this course is for you. You will learn about Italian language and culture through short lectures and videos, and you will speak Italian in every class, preparing you for conversations and travel experiences in Italian.

Instructor: Estelle Kurier

Delivery style: Online Hybrid

Date: Tuesdays, Jan. 25 to March 29

Time: 12:45 to 2:45 pm Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

\$222 plus \$11.10 GST Fee: Code: ASLA049 2022S D01

## Italian: Beginner 🖵

This beginner course is intended for those who have completed Italian: Introductory or who already have some basic skills. Videos and cultural discussions will enhance your learning and strengthen your basic knowledge in a fun and interactive atmosphere.

Instructor: Estelle Kurier

Delivery style: Online Hybrid

Tuesdays, Jan. 25 to March 29 Date:

Time: 6 to 8 pm Register by: Wednesday, Jan. 12

**Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST Code: ASLA249 2022S D11

Instructor: Estelle Kurier

Delivery style: Online Hybrid

Date: Tuesdays, April 19 to June 21

Time: 12:45 to 2:45 pm Wednesday, April 6 Register by:

**Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST Code: ASLA249 2022K D01

### Italian: Intermediate 🖵

This intermediate course is intended for those who have completed *Italian: Beginner* or who feel confident with the basics and wish to explore the language further. You will advance your conversation skills and further develop your listening and reading comprehension skills while continuing to learn about various cultural topics.

Instructor: Estelle Kurier

Delivery style: Online Hybrid

**Date**: Thursdays, Jan. 27 to March 31

ASLA349 2022S D11

Time:6 to 8 pmRegister by:Wednesday, Jan. 12Duration:10 sessionsFee:\$222 plus \$11.10 GST

Instructor: Estelle Kurier

Code:

**Delivery style**: Online Hybrid

**Date**: Tuesdays, April 19 to June 21

Time: 6 to 8 pm

Register by: Wednesday, April 6

Duration: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA349 2022K D11

## NEW Italian: Advanced 🖵

This course is for students who have completed the *Italian: Intermediate* course or for those who have high intermediate experience with the Italian language and are comfortable having conversations in different verb tenses. Classes will focus on further developing speaking, listening, and reading skills, and optional assignments will encourage building written skills.

**Instructor:** Estelle Kurier

**Delivery style**: Online Hybrid

 Date:
 Fridays, Jan. 28 to April 1

 Time:
 12:45 to 2:45 pm

 Register by:
 Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA449 2022S D01

**Instructor:** Estelle Kurier

**Delivery style**: Online Hybrid

Date:Fridays, April 22 to June 24Time:12:45 to 2:45 pmRegister by:Wednesday, April 6

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA449 2022K D01

## **JAPANESE**

## Japanese: Introductory 🖵

Whether you are hosting a Japanese visitor or planning a trip to Japan, let's learn to speak Japanese! This course is designed for those who have no previous knowledge of Japanese and are eager to take up a new challenge. In addition to learning "survival" words and phrases, you'll be introduced to the "hiragana" and "katakana" characters, as well as the basics of Japanese grammar. You'll also focus on developing practical conversation skills and will be introduced to cultural aspects of life in Japan.

Textbook: Course manual will be provided (required)

**Delivery style**: Face to Face

**Date**: Tuesdays, Jan. 25 to March 29

**Time**: 6 to 8 pm

Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

Code: ASLA008 2022S C11

Instructor: Nozomi Franco Cea

Delivery style: Online Hybrid

**Date**: Tuesdays, Jan. 25 to March 29

Time: 6 to 8 pm

Register by: Wednesday, Jan. 12

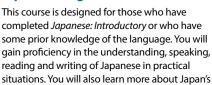
**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

Code: ASLA008 2022S D11

## Japanese: Beginner 🖵



**Textbook**: Course manual will be provided (required)

Instructor: Nozomi Franco Cea

culture and people.

**Delivery style**: Face to Face

Date: Mondays, Jan. 24 to April 4

No class Feb. 21

**Time**: 6 to 8 pm

**Register by**: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

**Code**: ASLA208 2022S C11

Delivery style: Face to Face

**Date**: Tuesdays, April 12 to June 14

**Time**: 6 to 8 pm

**Register by**: Wednesday, April 6

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

**Code**: ASLA208 2022K C11

Delivery style: Online Hybrid

Date: Tuesdays, April 12 to June 14

**Time**: 6 to 8 pm

Register by: Wednesday, April 6

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

**Code**: ASLA208 2022K D11

## Japanese: Intermediate 🖵

If you have completed Japanese: Beginner or have strong knowledge of the language with recognition of "hiragana" and "katakana" letters, this course is for you. Japanese: Intermediate further develops grammatical and conversation skills, while allowing you to further explore prominent aspects of Japanese culture.

**Textbook**: Course manual will be provided (required)

Instructor: Nozomi Franco Cea

Delivery style: Online Hybrid

Date: Thursdays, Jan. 27 to March 31

Time: 6 to 8 pm Register by: Wednesday, Jan. 12 **Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

Code: ASLA308 2022S D11

Delivery style: Online Hybrid

Date: Mondays, April 11 to June 27

No class April 18 and May 23

Time: 6 to 8 pm

Register by: Wednesday, April 6

**Duration**: 10 sessions

\$222 plus \$11.10 GST \$25 plus Fee:

\$1.25 GST for required manual

ASLA308 2022K D11 Code:

## Japanese: Advanced Part 1 🖵

This course is designed for those who have completed Japanese: Intermediate or who have a high-intermediate knowledge of the language. It will further develop your speaking, listening and reading skills. Hiragana and katakana characters will be used in the class to strengthen your writing.

Textbook: Course manual will be provided (required)

Instructor: Keiko Tachibana (BA (linguistics))

Delivery style: Online Hybrid

Date: Thursdays, Jan. 27 to March 31

Time: 6 to 8 pm Register by: Wednesday, Jan. 12 **Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

ASLA408 2022S D11 Code:

Instructor: Keiko Tachibana, (BA (linguistics))

**Delivery style**: Online Hybrid

Date: Thursdays, April 14 to June 16

Time: 6 to 8 pm Register by: Wednesday, April 6

**Duration**: 10 sessions

\$222 plus \$11.10 GST \$25 plus Fee:

\$1.25 GST for required manual

Code: ASLA408 2022K D11

## Japanese: Advanced Part 2 🖵

This course is designed for those who have completed Japanese: Advanced or who have a high ability to understand Japanese used in everyday situations, such as when traveling and/or resolving problems at work. Students interested in enrolling in this section are invited to contact us beforehand for a level assessment. The content covered in the Marugoto Pre-Intermediate A2/B1 textbook will be in continuation to the previous semester.

**Textbook**: Marugoto: Pre-Intermediate A2/B1 by Japan Foundation (required)

Instructor: Keiko Tachibana (BA (linguistics))

Delivery style: Online Hybrid

Date: Mondays, Jan. 24 to April 4

No class Feb. 21

Time: 6 to 8 pm

Register by: Wednesday, Jan. 12

**Duration:** 10 sessions

\$222 plus \$11.10 GST Fee: Code: ASLA408 2022S D21

Instructor: Keiko Tachibana (BA (linguistics))

Delivery style: Online Hybrid

Date: Mondays, April 11 to June 27

No class April 18 and May 23

Time: 6 to 8 pm Register by: Wednesday, April 6 Duration: 10 sessions

Fee: \$222 plus \$11.10 GST Code: ASLA408 2022K D21

## **KOREAN**

## Korean: Introductory 🖵

Have you been interested in learning about "한류" (Hallyu or the Korean Wave)? If you're interested in learning about the Korean language and culture, you'll love this course. Here, you'll learn to read and write "Hangul", the Korean alphabet, "survival" words, and daily expressions in modern Korean culture. By the end of the course, you will be able to carry on basic conversations on topics such as dining out and shopping.

**Textbook**: Active Korean 1, by Seoul National University Language Education Institute, Two Ponds publishing (required)

Active Korean 1 Workbook, Two Ponds publishing

(optional)

Mastering Conversational Korean: Korean for Beginner by Kyubyong Park and Henry J Amen IV (optional)

Delivery style: Online Hybrid

Tuesdays, Jan. 25 to March 29 Date.

Time: 7 to 9 pm

Register by: Wednesday, Jan. 12

**Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST ASLA009 2022S D11 Code:

## Korean: Beginner 🖵

This fun and interactive course is a continuation of Korean: Introductory. It is designed for people with some written and oral communication skills in the Korean language. Expand your fluency in speaking Korean in daily life. Learn how to set up your own appointments, ask for and follow directions, and make a phone call in Korean! We will also explore, and gain an appreciation for Korean modern pop culture.

**Textbook**: Active Korean 1, by Seoul National University Language Education Institute, Two Ponds publishing (required)

Active Korean 1 Workbook, Two Ponds publishing

(optional)

Mastering Conversational Korean: Korean for Beginner by Kyubyong Park and Henry J Amen IV (optional)





Instructor: Jaerang Lee

Delivery style: Online Hybrid

**Date**: Wednesdays, Jan. 26 to March 30

**Time**: 7 to 9 pm

**Register by**: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA209 2022S D11

Instructor: Jaerang Lee

Delivery style: Online Hybrid

**Date**: Tuesdays, April 19 to June 21

Time: 7 to 9 pm

Register by: Wednesday, April 6

Duration: 10 sessions

**Fee**: \$222 plus \$11.10 GST

Code: ASLA209 2022K D11

## Korean: Intermediate 🖵

This course is for those who have already completed *Korean: Beginner*, or who have some basic communication skills, vocabulary and sentence patterns. In this course, you will deepen your understanding of basic grammar and sentence construction, and expand your vocabulary to be able to: make inquiries about public transportation, make reservations for hotels or restaurants, and more. You will also broaden your understanding of Korean modern pop culture.

**Textbook**: Active Korean 2, by Seoul National University Language Education Institute, Two Ponds publishing (required) Active Korean 2 Workbook, Two Ponds publishing

(optional)

Instructor: Jaerang Lee

Delivery style: Online Hybrid

**Date**: Wednesdays, April 20 to June 22

Time: 7 to 9 pm

Register by: Wednesday, April 6

Duration: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA309 2022K D11

## **MANDARIN**

## **Mandarin: Introductory**

This course is a very basic introduction to the Mandarin language. You will learn "survival" words and phrases, and receive ear training for Mandarin tones to become aware of how the meaning of words change in Mandarin.

**Textbook**: Practice Makes Perfect: Basic Chinese, Premium Second Edition, from McGraw-Hill (required)

Instructor: Dawn Yuan

Delivery style: Face to Face

**Date**: Wednesdays, Jan. 26 to March 30

**Time**: 7 to 9 pm

Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA013 2022S C11

## Mandarin: Beginner 🖵

If you already have a basic knowledge of Mandarin tones and "survival" Mandarin, this course will help you master simple sentences for easy conversations. Connected to the reality of daily life, you will learn basic Chinese characters useful for email or WeChat messages.

**Textbook**: Practice Makes Perfect: Basic Chinese Premium Second Edition, from McGraw-Hill (required)

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Instructor: Dawn Yuan

**Delivery style**: Online Hybrid

**Date**: Tuesdays, Jan. 25 to March 29

**Time**: 7 to 9 pm

Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA213 2022S D11

Instructor: Dawn Yuan

**Delivery style**: Face to Face

**Date**: Thursdays, April 14 to June 16

**Time**: 7 to 9 pm

Register by: Wednesday, April 6

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA213 2022K C11

## Mandarin: Intermediate 🖵

This course is for those who have already completed *Mandarin: Beginner* (or the equivalent). Here, you'll take your basic knowledge of Chinese characters and developed tone recognition and expand your ability to build longer sentences, while continuing to learn about the culture through Chinese songs, poems, movies, and other art forms.

**Textbook**: Practice Makes Perfect: Basic Chinese Premium Second Edition, from McGraw-Hill (required)

Instructor: Dawn Yuan

Delivery style: Online Hybrid

**Date**: Mondays, Jan. 24 to April 4

No class Feb. 21

**Time**: 7 to 9 pm

**Register by**: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA313 2022S D11

Instructor: Dawn Yuan

**Delivery style**: Online Hybrid

**Date**: Wednesdays, April 13 to June 15

**Time**: 7 to 9 pm

Register by: Wednesday, April 6

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA313 2022K D11

## **Delivery style definitions**

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

**Online Synchronous** – When a group of students are engaging in learning at the same time, at a specific time.

**Online Hybrid** – A combination of synchronous and asynchronous learning.

**Face to Face** – When learning occurs in person, at a physical location.

**Blended** – A combination of face to face and any type of online delivery style.

## **RUSSIAN**

## Russian: Introductory 🖵

This interactive course will help you to learn simple introductory concepts of Russian vocabulary and grammar, as well as how to make full sentences. You will actively learn basic level Russian through four skills: listening, speaking, reading, and writing. Through a communicative approach, you will learn many historical facts about Russia and its culture, as you watch videos and participate in classroom activities.

**Textbook**: Course manual will be provided (required)

Instructor: Galina Sanaeva (PhD)

Delivery style: Online Hybrid

Date: Mondays, Jan. 24 to April 4

No class Feb. 21

Time: 6 to 8 pm

Register by: Wednesday, Jan. 12

**Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

Code: ASLA004 2022S D11

## Russian: Beginner 🖵

This course is intended for students who have completed Russian: Introductory or the equivalent. Russian: Beginner will help you to build your confidence in your Russian language communication skills using a variety of real-life scenarios (asking for directions, occupation, hobbies, small talk). We will also cover more complex aspects of Russian grammar and syntax, and use online course materials and various resources related to Russian culture to further enrich your learning.

Textbook: Course manual will be provided (required)

Instructor: Galina Sanaeva (PhD)

**Delivery style**: Online Hybrid

Tuesdays, Jan. 25 to March 29 Date:

Time: 6 to 8 pm Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

> \$222 plus \$11.10 GST \$25 plus \$1.25 GST for required manual

Code: ASLA204 2022S D11 Instructor: Galina Sanaeva (PhD)

**Delivery style**: Online Hybrid

Date: Mondays, April 11 to June 27

No class April 18 and May 23

Time: 6 to 8 pm

Wednesday, April 6 Register by:

**Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

ASLA204 2022K D11 Code:

## Russian: Intermediate 🖵

In this intermediate course, you will strengthen your conversation skills and expand your understanding of Russian grammar. We will also take advantage of online, audio and video materials to further optimize your learning. Participants are expected to have some proficiency in Russian or to have completed Russian: Beginner (or the equivalent).

Textbook: Course manual will be provided

(required)

Instructor: Galina Sanaeva, (PhD)

Delivery style: Online Hybrid

Date: Thursdays, Jan. 27 to March 31

Time: 6 to 8 pm

Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

Fee: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

Code: ASLA304 2022S D11

Instructor: Galina Sanaeva (PhD)

Delivery style: Online Hybrid

Date: Tuesdays, April 12 to June 14

Time: 6 to 8 pm

Register by: Wednesday, April 6

**Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST \$25 plus

\$1.25 GST for required manual

Code: ASLA304 2022K D11

## **SPANISH**

## Spanish: Introductory 🖵

This introduction to Spanish is designed for those who have no previous knowledge of the language. Here, you will acquire basic pronunciation, vocabulary, and grammar, as well as conversation skills through practice in pairs and small groups. Videos and audiovisual materials will enrich the content of your classes and teach important aspects of culture.

**Textbook**: Complete Spanish Step-by-Step, by Barbara Bregstein with McGraw-Hill (required)

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Online Hybrid

Date: Tuesdays, Jan. 18 to March 22

7 to 9 pm Time:

Register by: Wednesday, Jan. 12

**Duration:** 10 sessions

Fee: \$222 plus \$11.10 GST Code: ASLA025 2022S D11

Instructor: Alicia Brown (BA)

Delivery style: Face to Face

Wednesdays, Jan. 19 to March 23 Date:

Time: 7 to 9 pm

Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

Fee: \$222 plus \$11.10 GST Code: ASLA025 2022S C11

Fee:

## Spanish: Beginner 🖵

This course is for those who have completed *Spanish: Introductory*, or have a basic knowledge of the language and wish to improve their written and speaking skills. This course gives you the opportunity to participate in class and strengthen your oral skills in a friendly atmosphere. Essential grammar points will also be covered.

**Textbook**: Complete Spanish Step-by-Step, by Barbara Bregstein with McGraw-Hill (required)

Instructor: Alicia Brown (BA)

Delivery style: Online Hybrid

**Date**: Mondays, Jan. 17 to March 28

No class Feb. 21

**Time**: 7 to 9 pm

Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA225 2022S D11

Instructor: Maria Elena Cuervo-Lorens

**Delivery style**: Face to Face

**Date**: Wednesdays, Jan. 19 to March 23

Time: 9 to 11 am

Register by: Wednesday, Jan. 12

Duration: 10 sessions

**Fee**: \$222 plus \$11.10 GST

Code: ASLA225 2022S C01

Instructor: Maria Elena Cuervo-Lorens

**Delivery style**: Face to Face

Date: Wednesdays, April 13 to June 15

**Time**: 9 to 11 am **Register by**: Wednesday, April 6

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA225 2022K C01

Instructor: Alicia Brown (BA)

Delivery style: Online Hybrid

**Date**: Wednesdays, April 13 to June 15

Time: 7 to 9 pm

Register by: Wednesday, April 6

Duration: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA225 2022K D11

## Spanish: Intermediate 🖵

Do you have a basic knowledge of Spanish and you're looking to progress further? Have you recently completed *Spanish: Beginner?* This intermediate course will help you to improve your speaking abilities by giving you ample opportunities to practice conversation. An increased emphasis on grammar will also strengthen your writing skills.

**Textbook**: Complete Spanish Step-by-Step, by Barbara Bregstein with McGraw-Hill (required)

**Instructor:** Mercedes Dorrbercker Drake

**Delivery style**: Face to Face

**Date**: Thursdays, Jan. 20 to March 24

**Time**: 7 to 9 pm

Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA325 2022S C11

Instructor: Maria Elena Cuervo-Lorens

**Delivery style**: Online Hybrid

**Date**: Thursdays, Jan. 20 to March 24

10 sessions

ASLA325 2022S D01

**Time**: 9 to 11 am **Register by**: Wednesday, Jan. 12

**Fee**: \$222 plus \$11.10 GST

Instructor: Alicia Brown (BA)

**Duration**:

Code:

Delivery style: Face to Face

**Date**: Mondays, April 11 to June 27

No class April 18 and May 23

Time: 7 to 9 pm

Register by: Wednesday, April 6

Duration: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA325 2022K C11

Instructor: Maria Elena Cuervo-Lorens

**Delivery style**: Online Hybrid

**Date**: Thursdays, April 14 to June 16

**Time**: 9 to 11 am

**Register by**: Wednesday, April 6

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA325 2022K D01

## **Spanish: Advanced**

This advanced conversation class is intended for those who have completed *Spanish: Intermediate* or have a high intermediate to advanced level. This class is geared to help you maintain your fluency, further enrich your vocabulary, and introduce you to the Spanish culture. Typical activities will include oral presentations and discussion of current events.

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Face to Face

**Date**: Wednesdays, Jan. 19 to March 23

**Time**: 1 to 3 pm

Register by: Wednesday, Jan. 12

**Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST **Code**: ASLA425 2022S C01

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Face to Face

Date: Wednesdays, April 13 to June 15

**Time**: 1 to 3 pm

**Register by**: Wednesday, April 6 **Duration**: 10 sessions

**Fee**: \$222 plus \$11.10 GST

**Code**: \$222 plus \$11.10 GS **Code**: ASLA425 2022K C01

## FOR MORE INFORMATION:

World Languages 250-721-8630 languages@uvic.ca

continuing studies.uvic.ca/languages



## **Travel Tours**

JOIN OUR MAILING LIST TO BE **NOTIFIED OF FUTURE TOURS:** 

continuingstudies.uvic.ca/ enews



## **PROGRAMS**

Looking to refresh your skills or to develop new ones for our changing world? The future of your career is in your hands—set yourself apart with a certificate, diploma or micro-credential from Continuing Studies at UVic.

Visit continuingstudies.uvic.ca/programs

## **CERTIFICATES AND DIPLOMAS**

Program (A-Z)	Delivery	Credential
Adult and Continuing Education	Blended, Online	Certificate
Business Administration – Certificate	Blended, Face to Face, Online	Certificate
Business Administration – Diploma	Blended, Face to Face, Online	Diploma
Business Administration – Fast Track	Face to Face	Certificate
Canadian Studies	Blended	Diploma
Cultural Resource Management	Blended, Online	Diploma
Environmental and Occupational Health	Online	Certificate
Foundations in Indigenous Fine Arts	Face to Face	Certificate
General Studies	Blended, Face to Face, Online	Certificate
Indigenous Language Revitalization	Face to Face	Certificate
Intercultural Studies and Practice	Blended, Face to Face	Diploma
Public Relations	Online	Diploma
Restoration of Natural Systems – Certificate	Blended	Certificate
Restoration of Natural Systems – Diploma	Blended	Diploma
Social Justice Studies	Face to Face	Diploma

## **MICRO-CREDENTIALS**

Program (A-Z)	Delivery	Credential
Administrative Technology	Blended, Online	Professional Development Certificate
Business Communication	Blended, Face to Face, Online	Professional Development Certificate
Business Intelligence and Data Analytics	Online	Professional Development Certificate
Canadian Fall Prevention Curriculum	Online	Professional Development Certificate
Collections Management	Blended, Online	Professional Specialization Certificate
Community Fishers Training	Face to Face	Professional Development Certificate
Customized International Education Programs	Face to Face	Professional Development Certificate
Ecological Restoration	Online	Professional Specialization Certificate
Emergency Management for Organizational Continuity	Online	Professional Development Certificate
English as a Medium of Instruction	Face to Face	Professional Development Certificate
French Immersion Teacher Mentorship	Online	Professional Development Certificate
Green Shores™ Training	Face to Face	Professional Development Certificate
La Maison Française	Face to Face	Certificate of Completion
Online Pedagogy and Internationalization	Online	Professional Development Certificate
Palliative Care Pharmacy	Online	Professional Development Certificate
Population Health Data Analysis	Online	Professional Specialization Certificate
Strategies and Actions for Independent Living	Online	Professional Development Certificate
Teaching English as a Foreign Language – PDC	Online	Professional Development Certificate
Teaching English as a Foreign Language – PSC	Blended	Professional Specialization Certificate
Visitor and Community Engagement	Blended, Online	Professional Specialization Certificate
Wound Management for Health Professionals	Online	Professional Development Certificate

# Shifting perspectives on gardening

with horticulturalist and instructor Jeff DeJong

By Therese Eley, Marketing Services

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## "Gardening is verk!"

A t least that is what horticulturalist and Continuing Studies instructor Jeff DeJong grew up hearing from his Dutch immigrant parents.

"My parents were always gardeners—my dad did vegetables, my mom did flowers, and us kids were always told to just stay out of the way. We were never allowed to participate in the gardening. We were told to stay out of the plants and just behave ourselves," he laughs. So, the thought of gardening never really appealed to him growing up. "It always sounded so horrible! I thought 'why would I ever want to do it?" Jeff recalls.

That is until, as an adult, he took a job working with a woman who had a renowned alpine garden in Calgary. It was she who really opened his eyes to what gardening could be. "You can really enjoy it—you can be outside, you can be in nature and you can accomplish something. That is gardening too!" he remembers her saying. "That sort of opened up a whole other perspective for me and allowed me to explore my own interest in gardening. It was her influence on me that showed me that gardening is joyful. It's not work. You do activities that can be strenuous at times, but if you're not enjoying what you're doing, then why do it? That was her take."

That began Jeff's journey into horticulture and landscape design. After earning his degree in horticulture at Olds College, he taught there for a while before moving to BC. When he first arrived in BC, he took a job working at a garden centre.

"The plant selection and the types of plants are just so much more numerous on the west coast than they are in the prairies. That was a real eye-opener and a very good experience for me because you have to learn your plants very quickly in order to help people in the service industry. But I was still always interested in teaching, and I did take on teaching the Master Gardener program at the Horticultural Centre of the Pacific. I also do numerous talks for clubs all over Vancouver Island."





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## **BIRD IDENTIFICATION AND BEHAVIOUR**



## **Birding Basics I: Songbirds**

Here is an ideal opportunity for those of you interested in the pleasures of bird watching. In this series of four presentations and three field trips, you will learn about binoculars and field guides, and how to avoid frustration in identifying birds as you discover how to recognize them, not only by their physical characteristics, but also from their songs. In class, we will cover the major bird groups seen around Victoria's backyards,

forests, ponds and shoreline habitats. Each lecture will include slide and video presentations, and is followed by a two-hour field trip.

Instructor: James Clowater (BSc, MSc)

**Delivery style**: Face to Face Date: May 12 to June 2

Lectures: Thursdays, May 12 Time:

to June 2, 7 to 9 pm (4 lectures) and Sundays, May 15, 22, 29, 9 to 11 am (3 field trips in the

Victoria area)

Duration: 7 sessions

Fee: \$125 plus \$6.25 GST Code: ASSC226 2022K C01

## FOR MORE INFORMATION:

Bird Identification and Behaviour 250-721-8481

artssci2@uvic.ca

continuingstudies.uvic.ca/bird

## **ECOLOGICAL RESTORATION**



## **Green Shores™ Training**

Protecting shorelines in the face of climate change and sea level rise has largely focused on building seawalls and dikes. While these structures provide protection in the short term, they're expensive and often contribute to erosion and habitat loss at other locations along the shoreline. As an alternative to hard armouring solutions like seawalls, the Green Shores program provides practical strategies for shoreline design and management, and the promotion of healthy shoreline environments. Open to homeowners

and shoreline professionals, these one- and two day workshops provide information about the Green Shores program, including its rationale, benefits and application. Topics covered include shoreline ecology and governance, Green Shores™ credits and ratings systems, and a visit to local shorelines to consider the concepts in a practical setting.

Visit greenshores.ca or send an email to: ecorestoration@uvic.ca for information about upcoming workshops.

## **Ecosystems for the Future** $\Box$

The world's climate is out of balance and is driving ecosystem changes that few of us have seen in our lifetime. What is the scale of these changes? How will this affect our way of life? How can we adapt? The practice of ecological restoration can point the way to ground level positive actions. This course will bring into focus the practice of ecosystem restoration at the local and regional level through a series of presentations delivered by faculty from UVic's School of Environmental Studies, First Nations speakers and Elders, and professionals whose work intersects with ecology in diverse ways.

**Instructor:** Thomas Munson

**Delivery style**: Online Asynchronous **Date**: April 25 to May 6

**Duration**: 2 weeks

**Fee**: \$275 plus \$13.75 GST **Code**: ER800 2022K D01

## FOR MORE INFORMATION:

Ecological Restoration 250-721-8458 artssci1@uvic.ca

continuingstudies.uvic.ca/ECO

## GENERAL SCIENCE AND MATH



## Introduction to Biology and Natural History

This online self-study course is for people looking to gain foundational, scientifically sound, knowledge in biology and natural history. It is organized into 11 study modules outlining the general principles by which plants and animals interact with each other and their surroundings. Our course will guide you, self-paced, through each module so that you can attain a certificate of completion on successfully passing.

Delivery style:Online AsynchronousDate:Jan. 10 to Oct. 30Register by:Wednesday, March 30Duration:Up to 43 weeksFee:\$85 plus \$4.25 GSTCode:ER099 2022S D01

## Introduction to Mycology 🖵

This online self-study course will enable you to gain foundational, scientifically sound, knowledge in the field of Mycology – the study of fungi. Developed by two experts in the field, Bryce Kendrick and Shannon Berch, this course will guide you independently at your own pace through 10 units so that you can attain an understanding of the features of fungi and the roles they play in pathology, nutrient cycling, agriculture, biological control, food, medicine, forests and our urban environments. You will receive a Certificate of Completion on successfully passing the course.

**Textbook**: *The Fifth Kingdom: An Introduction to Mycology 4th ed.* By Bryce Kendrick

Delivery style:Online AsynchronousDate:Jan. 10 to Oct. 30Register by:Wednesday, March 30Duration:Up to 43 weeksFee:\$65 plus \$3.25 GSTCode:ER098 2022S D01

## **Future Explorations**

Throw out your crystal ball and tarot cards and join us for a realistic look at what the future might hold! The integration of technology and biology is on the near horizon as well as transformative cultural leaps related to Artificial Intelligence, robotics, and computer/internet technology more broadly. We will study how future forecasts are made today and some confounding factors that make future predication challenging.

**Instructor:** Donald Macdonald (BSc, MSc)

**Delivery style**: Face to Face

Date: Saturdays, Feb. 5 to 19
Time: 10 am to noon

**Duration**: 3 sessions

**Fee**: \$85 plus \$4.25 GST **Code**: ASSC308 2022S C01

## NEW Fusion and Fission: A Nuclear Physics Crash Course

Most of us are familiar with the vocabulary of nuclear science: fission, fusion, half life, alpha, beta and gamma rays. In this course, we will learn the origin and meaning of these terms. We'll examine the discoveries and developments which shaped the science throughout the 20th century, and we'll meet the people who made it happen, while gaining a deeper understanding of the nuclear world. Our approach will be conceptual, not computational, so you can leave your scientific calculator at home!

Instructor: Peter Hopkinson

**Delivery style**: Face to Face

**Date**: Wednesdays, Feb. 16 to March 9

**Time**: 9:30 to 11:30 am **Duration**: 4 sessions

**Fee**: \$126 plus \$6.30 GST **Code**: ASSC320 2022S C01

## NEW The Science of Happiness

For hundreds of years psychology has focused on studying mental disorders in humans. It is only in the past 30 years that the new sub-discipline of "positive psychology" has begun to study phenomena like love, courage and happiness. Research indicates that a number of factors contribute to happiness including: feelings of gratitude, relationships, wealth, mindfulness, health, positive emotional experiences, accomplishments, and having a meaningful life. However, while there are some common denominators, each of us needs to find our own happiness formulae. This course will examine these factors and provide hands-on practical exercises to help you find your happiness pathway.

**Instructor:** Donald Macdonald (BSc, MSc)

Delivery style: Face to Face

Date: Fridays, March 4 to 18 10 am to noon Time: **Duration:** 3 sessions

Fee: \$85 plus \$4.25 GST ASSC318 2022S C01 Code:

## The Metaphysics of **Quantum Physics**

The primary purpose of this course is to make you familiar with the concepts of metaphysics and quantum mechanics. You do not need to have a background in math or science to register for this course. We will explore the theories of existence, consciousness, space, time and free will in relation to the key concepts of quantum physics in an interactive, discussion-based learning environment.

Instructor: Skye Sen (PhD)

Delivery style: Face to Face

Wednesdays, April 6 to 27 Date:

Time: 7 to 9 pm **Duration:** 4 sessions Fee: \$120 plus \$6 GST Code: ASSC302 2022K C01

## **NEW** Heat Waves and Droughts

In today's world, it's important to be aware of the dangers related to heat waves and to be prepared to take actions that could save your life or the life of a loved one. In this course, you will learn about arid climates, like deserts, and how human activities are expanding these regions through activities like overgrazing livestock and deforestation. Other topics of discussion will include: drought regions; changes in large-scale global winds, ocean temperatures and ocean circulation patterns; and global warming and its impact on global wind patterns.

Instructor: Donald Macdonald (BSc, MSc)

**Delivery style**: Face to Face Date: Thursday, April 14 Time: 10 am to noon Duration: 1 session

Fee: \$30 plus \$1.50 GST Code: ASSC319 2022K C01

## Introduction to Chemistry 🖵

This online tutorial course is designed to provide background for those who intend to enrol in a university-level introductory chemistry course. If you do not have the equivalent of Chemistry 12, you may be allowed to use this course to fulfill that prerequisite.

**Prerequisites**: Prerequisites for this course include successful completion of Principles of Mathematics 12 or Pre-Calculus 12, and Chemistry 11, or their equivalents.

Transcripts must be provided to the Division of Continuing Studies to show completion of these courses before permission to register is granted.

Instructor: Monica Reimer

**Delivery style**: Online Asynchronous Date: May 9 to June 24 Register by: Friday, May 6 **Duration**: 7 weeks

Fee: \$182.50 plus \$9.13 GST Code: ASCH091 2022K D01

**Instructor:** Monica Reimer

**Delivery style**: Online Asynchronous July 4 to Aug. 19 Date: Register by: Friday, July 1 **Duration**: 7 weeks

Fee: \$182.50 plus \$9.13 GST ASCH091 2022K D11 Code:

### FOR MORE INFORMATION:

General Science and Math 250-721-8481 artssci2@uvic.ca

continuingstudies.uvic.ca/GEN

## HORTICULTURE AND **NATURE TOURS**



## **Landscape Design for the** Pacific Northwest 🖵

In this 8 week course, you will learn the landscape design process through online exercises, video demonstrations and a weekly live Zoom class. You will leave the course with the essential tools to design a garden landscape plan specifically for the Pacific Northwest.

**Instructor:** Jeff de Jong

Delivery style: Online Hybrid

Date: Wednesdays, Jan. 19 to March 9

Time: 6:30 to 8 pm **Duration:** 8 sessions

Fee: \$225 plus \$11.25 GST Code: ASSC309 2022S D01

## Gardens in History: History, Art and Design of Kitchen Gardens

Spring's the time to plan your kitchen garden. Over the past few years kitchen and potager gardens have become extremely popular. In this course we will explore the history of kitchen gardens from their early beginnings to their resurgence in contemporary garden trends. We will examine the basic designs including symmetrical geometrical beds, central pool incorporated irrigation features, wells, fountains and water-channels. We will also examine plant material, gardening practices including sustainable and ecological design principles, and how you can incorporate some of these ideas to create your own beautiful and bountiful kitchen garden.

**Instructor:** Susan Hawkins (MA, BA (Hons))

Delivery style: Face to Face

**Date**: Saturdays, March 12 to 26

Time: 10 am to noon

Duration: 3 sessions

Fee: \$75 plus \$3.75 GST

**Code**: ASSC301 2022S C01

## NEW Gardens in History: Ecological Gardens That Engage with Nature

Our gardens are part of an interconnected whole. By developing gardens in ecologically sensitive ways we can support the beneficial insects, birds, and animals, use less water, and provide a more biodiverse habitat. Ecological garden design is about creating and enhancing gardens, whatever the size, in a more sustainable and environmentally responsible way. Be it a balcony, a patio, a back or front yard, or an allotment, this course will guide you through the process of designing a successful 'green' haven.

Instructor: Susan Hawkins (MA, BA (Hons))

**Delivery style**: Face to Face

**Date**: Saturdays, April 2 to 16

Time: 10 am to noon

Duration: 3 sessions

Foo: \$75 plus \$2,75.0

**Fee**: \$75 plus \$3.75 GST **Code**: ASSC321 2022K C01

### **Trees of Victoria I: Conifers**

The streets and parks of Greater Victoria are adorned with many beautiful trees. While Vancouver Island has only 34 native species, in the city we can encounter over 500, and could be from anywhere. The tree you are admiring could be a Blue Atlas Cedar from Morocco, a Deodara Cedar from the western Himalayas, or a Dawn Redwood, known only from fossils until its rediscovery in China. The diversity of possible origins greatly complicates the task of identifying trees. In this series you will learn the basics of tree identification and where to find featured species in the greater Victoria area.

Instructor: James Clowaters (BSc, MSc)

**Delivery style**: Face to Face **Date**: June 9 to 26

**Time**: Thursdays, June 9, 16, 23 (3

lectures); and Sundays, June 12, 19, 26 (3 field trips). Time: Thursdays, 7 to 9 pm; and Sundays 10 am to noon

**Duration**: 6 sessions

**Fee**: \$110 plus \$5.50 GST **Code**: ASSC261-1 2022K C01

### FOR MORE INFORMATION:

Horticulture and Nature Tours 250-721-8458

artssci1@uvic.ca

continuing studies.uvic.ca/HORT

# Thinking about taking an online course?

Are you new to online learning? Take this short quiz and get answers to some of the most commonly asked questions. Find out what you can accomplish by simply taking courses online and learn about our different types of delivery styles

As an online learner, you'll be supported by our friendly staff and real-time services.

Take the quiz at: continuingstudies.uvic.ca/quiz



## General information

## **CAMPUS SERVICES**

## Academic accommodations

At Continuing Studies at UVic, we want to support all of our students towards achieving success. Sometimes this means providing academic accommodations to reduce barriers and provide different ways of meeting essential course or program requirements. Of course, fulfilling these requirements remains the responsibility of learners, but there are things that we can do to help. Some barriers could include:

- · Mobility challenges
- Visual impairment (low vision/blind)
- · Learning disability, ADHD
- · Deaf or hard of hearing
- · Chronic pain
- · Anxiety

Learners with long-term or chronic medical issues and learners with disabilities are encouraged to contact our student support coordinator as early as possible to see how we can best support their learning.

### FOR MORE INFORMATION

Student Support Coordinator: 250-721-8473 | sscoord@uvic.ca continuingstudies.uvic.ca/campus-info

## The Farquhar at UVic

The Farquhar at UVic is the largest performing arts venue located on campus, presenting high profile music, theatre, dance and performances by many community groups. It is also home to all UVic convocation ceremonies. Student Rush Tickets (\$10) are available with a valid ONECard two weeks in advance of select Farquhar Presented events. Students are encouraged to follow The Farquhar at UVic's Facebook and Twitter feeds for more information on upcoming shows and on Student Rush Tickets availability: facebook.com/UVicFarq and twitter.com/UVicFarquhar.

The Farquhar is also available for rent for recording/live streaming events.

### FOR MORE INFORMATION

250-721-8480 | uvic.ca/farquhar

## **University Food Services**

University Food Services (UNFS) operates the following:

- · Arts Place, Fine Arts Building
- · BiblioCafé, McPherson Library
- · Court Café, Fraser Building
- · Halftime, CARSA
- · Mac's, MacLaurin Building
- · MOD (Modular Dining Facility)
- Mystic Market, Jamie Cassels Centre (9 outlets)
- · Nibbles & Bytes Café, Engineering Lab Wing
- · SciCafé, Bob Wright Building

When students, faculty and staff use their ONECard Flex Funds at any UNFS outlet, they receive a 5% discount on their purchase. Please note that purchases made at the General Store are exempt from this discount. Campus guests may obtain a GUESTCard from the ONECard Office that also provides 5% off purchases at all UNFS outlets.

You may add Flex Funds to your ONECard at uvic.ca/food or in person at the ONECard or UNFS Office.

### FOR MORE INFORMATION

250-472-4777 | eat@uvic.ca | uvic.ca/food

## University of Victoria Legacy Art Galleries

At the University of Victoria Legacy Art Galleries, art works to promote dialogue around issues that matter. Our exhibitions and programs activate research and learning through university and community collaborations. Mentorship is critical to Legacy's operations while providing real-life museum and collection work experience enabling students to be better prepared for future careers.

Legacy has three main sites for rotating exhibitions including the Legacy Art Gallery Downtown, on campus at the Legacy Maltwood, and in the First Peoples House. Additionally, more than 2,000 works from the collection are on display in buildings across campus and in the community, underlining the educational and community-building roles of art. All free to enjoy!

The Legacy Art Gallery Downtown is UVic's primary gallery space. It is a lively and engaging centre for arts that is easily accessible to the community and features rotating exhibitions. The Legacy Downtown is also a site for public programs, and both university and community events.

Legacy Maltwood (at the Mearns Centre – McPherson Library on campus) is located on the lower level of the McPherson Library. Gallery hours are the same as the library. The Legacy Maltwood features rotating exhibitions and is a storage and reference facility.

## FOR MORE INFORMATION

Legacy Art Gallery Downtown, 630 Yates Street 250-721-6562 | uvic.ca/legacygalleries 10 am–4 pm, Wednesday–Saturday Free and open to the public.

## **UVic Alumni Association**

The UVic Alumni Association represents all graduates of the University of Victoria, including graduates of diploma and certificate programs. We encourage active, lifelong involvement in the university's teaching, research and community-outreach efforts.

The association offers a host of benefits and services that link alumni with their university. Visit us at alumni.uvic.ca and learn about our events, programs and services. The *UVic Torch Alumni Magazine* is mailed or emailed free of charge and we distribute a monthly electronic newsletter to all alumni who provide us with their email address.

### FOR MORE INFORMATION

250-721-6000 | alumni@uvic.ca | alumni.uvic.ca

## UVic Bookstore / Blink Print / Computer Store / Starbucks

The Bookstore offers a variety of items essential to academic success, including new and used texts and digital versions when available. All textbooks requested by faculty are stocked in store. The Bookstore's general book department carries a comprehensive selection of both academic and general titles. Textbook listings are available online three weeks before the beginning of each term.

The Bookstore also handles regalia rentals for graduates, offers a wide selection of contemporary UVic crested clothing, school and stationery supplies, and has a unique gift section.

Blink Print is a wide format print shop located on the lower level of the Bookstore. They offer the most affordable large format printing on campus which includes presentation posters, signs, banners, decals and more. Blink's services are open to the public as well as the campus community.

The Computer Store carries a wide selection of refurbished laptops, hardware, cables, connectors and other accessories.

There is a Starbucks located on the lower level of the Bookstore.

### FOR MORE INFORMATION

UVic Bookstore: 250-721-8311 | uvicbookstore.ca See up-to-date hours on website.

Blink Print: 250-472-4590 | blinkprt@uvic.ca uvic.ca/print

Computer Store: 250-721-7643

### **UVic Libraries**

The Mearns Centre for Learning – McPherson Library and the Priestly Law Library provide comfortable, positive and welcoming learning environments for students. Continuing Studies students taking any non-credit course are eligible to borrow library materials. Contact the Ask Us Desk to set up your community card and start exploring the libraries' resources and borrowing privileges.

### FOR MORE INFORMATION

UVic Libraries Ask Us Desk: 250-721-8230 askus@uvic.ca | uvic.ca/library

Students residing outside Victoria, contact Distance Learning and Research Infoline: 250-721-6488 | infoline@uvic.ca

### VISITING CAMPUS

The University of Victoria encourages visitors to use sustainable transportation to get to campus: transit, walking, cycling and carpooling. For detailed information on travel choices available, please visit: uvic.ca/sustainability/topics/transportation/drivingalternatives.

### Buses

The campus bus terminal is located beside the Campus Services Building, Finnerty Road. The campus is served by the following bus routes:

- 4 UVic/Downtown via Hillside, Douglas, Fairfield and Gorge
- UVic/Downtown via Douglas, Fairfield, May and Foul Bay
- 9 Royal Oak/UVic via Interurban, Burnside, Gorge and Hillside
- Tillicum Centre/UVic via Gorge, Fort, Oak Bay and Cadboro Bay
- 12 University Heights/UVic via Garnet, Kenmore and San Juan
- 13 Ten Mile Point/UVic via Cadboro Bay and Arbutus

- 14 Vic General/UVic via Oak Bay Junction, Yates, Craigflower and Victoria General Hospital
- 15 Esquimalt/UVic via HMC Dockyard, Esquimalt, Fort, Oak Bay and Foul Bay
- 16 Uptown/UVic via McKenzie and Carey
- 26 Dockyard/UVic via McKenzie, Saanich Road, Tillicum and HMC Dockyard
- 39 Westhills/Interurban/Royal Oak/UVic via Shelbourne, Royal Oak, Interurban, Watkiss Way, Island Hwy and Goldstream
- 51 Langford Exchange/UVic via McKenzie, Glanford and Island Hwy
- 76 Swartz Bay/UVic via McKenzie, Pat Bay Hwy and Swartz Bay Ferry Terminal

### FOR MORE INFORMATION

BC Transit: 250-382-6161 | bctransit.com For up-to-date route changes, visit the website or use Next Ride Trip Planner.

## Campus safety

Campus Security Services is committed to promoting a safe and welcoming environment to enhance the well-being of students, staff, faculty and visitors, and to protect all university property. Campus Security Services is open 24 hours a day, seven days a week. A "safe haven" is located just inside their front doors should you need help at any time. SafeWalk services are available any time to anyone wanting an escort within campus boundaries. Campus Alone is available 24 hours a day for individuals who work/study in isolated areas on campus and are concerned about their personal safety. Security Officers act as First Responders trained to handle all medical emergencies. Crime prevention, personal safety information and workshops are available.

## Reminders:

- · Be alert and aware of your surroundings
- · Trust your instincts
- Plan your route and vary it, if possible
- · Park in well-lit areas
- · Keep your vehicle locked
- Wallets and purses are attractive targets to thieves—don't leave unattended
- Have your keys ready before you get to your vehicle
- · Check interior of vehicle before entering

### FOR MORE INFORMATION

Campus Security Services / SafeWalk Services: 250-721-7599 | uvic.ca/security

Personal Safety Coordinator: 250-721-8981

## **Emergency procedures**

Although major emergencies on campus are unlikely, it's a good idea to be prepared. Here are a few tips to help you respond when the unexpected happens.

- Download the UVic SafetyApp and sign up for UVic E Alerts. Visit uvic.ca/alerts.
- Use texting, not voice calls, to tell people you're safe.
- Medical emergency? Call 911 and Campus Security Services: 250-721-7599. Provide the location of emergency.
- Fire? Pull the fire alarm and get out of the building—follow the instructions of the building emergency coordinators wearing safety vests.
- Earthquake? Drop, Cover and Hold On. Do not leave the building until the shaking stops.
   Head towards the playing fields behind CARSA and stay away from the buildings.
- Threat of violence? Protect yourself by getting out, hiding, or as a last resort—fight.
- If you evacuate a building, take your wallet, keys and cell phone with you.

## FOR MORE INFORMATION

uvic.ca/services/emergency

## **Parking**

Pay parking is in effect Monday to Saturday, 24 hours. Pay by Licence (PBL) is in effect on campus, visitors are required to enter their licence plate at the parking dispenser at the time of purchase. Parking permits may be purchased at any of the parking permit dispensers located in lots outside Ring Road or in advance online at parking.uvic.ca. Parking can also be paid for using the Honk app. Go to honkmobile.com.

These permits are valid only in the General Parking areas in numbered lots only, not at parking meters or Reserved Parking areas. The lots inside Ring Road are for Reserved permit holders until after 5 pm weekdays, at which time General permit holders may park. The "after 5 pm" rule for General Parking permits does not apply to the areas marked "24-hour Reserved." Dispensers accept both coin and credit cards.

There are a number of short-term parking meters provided for visitor use.

### FOR MORE INFORMATION

Campus Security Services 250-721-6683 | uvic.ca/security/parking

# How to register

## Online registration VISIT: continuingstudies.uvic.ca/register

To register online, please follow the secure registration process on our website. Search for a course by name or by topic and then follow the instructions for purchase via our Shop Cart.

## Walk-in registration

Register at the Continuing Studies Building (see campus map on back page). Office hours are weekdays 8:30 am to 4:30 pm.

University of Victoria 3800 Finnerty Road Continuing Studies Building (Corner of Ring and Gabriola Roads) 2nd Floor Reception Victoria, BC V8P 5C2

## Phone registration CALL: 250-472-4747

Weekdays 8:30 am to 4:30 pm

## Mail registration

Print and fill out the registration form found online at **continuingstudies.uvic.ca/RegForm** and mail to:

University of Victoria Division of Continuing Studies PO Box 1700 STN CSC Victoria, BC V8W 2Y2

## **Registration reminders**

- Provide account number, CVD number, expiry date and signature if paying by credit card.
- · Notify us of an address change.
- Make cheques payable to University of Victoria.
- If a course is full, your registration will be placed on a waiting list.

## Registration process

To avoid disappointment, register as soon as possible. Many courses fill up quickly while others will be cancelled one week prior to the start date if they do not meet their minimum enrolment. If we are unable to register you in a course because it is full, you will be placed on a waiting list and contacted if a space becomes available. Your payment will not be processed unless space is available for you in the class.

## **Registration payment**

All registrations must be accompanied by full payment: cash/debit card (in person only), cheques, money orders, Visa, MasterCard and American Express. Phone/online registrations are by credit card only.

### **Goods and Services Tax**

Some Continuing Studies courses are subject to Goods and Services Tax (GST). If GST is payable, it is indicated alongside the tuition fee in the course description.

### Confirmation and classroom location

After you register, you will receive a confirmation receipt with the classroom location, date and time (Note: no location is listed for online courses). If you have not received your confirmation receipt by the day before your start date, please call 250-472-4747 for help locating the classroom.

## Scents and perfumes

In consideration of others, please refrain from using scented products in classrooms.

## Use of educational technologies

Instructors in some courses may use a variety of educational technology in a course including, internet-based applications, cloud services and social media. The use of this technology is intended to enhance and deliver education to students and is part of student engagement at the university. Some of these technologies may collect, use, disclose and store students' personal information outside of Canada. If students do not want their personal information stored or accessed outside of Canada, instructors will try to provide privacy-protective options (such as using an alias or nickname to register). However, in some instances, courses may not be available to students if they do not consent to the disclosure of their personal information outside of Canada. If the course is required for the completion of a credential, alternatives will be provided.

## **Tuition fee tax deductions**

Keep your confirmation receipt as it is your official income tax receipt. Your tuition fees may be tax deductible if the total fees paid to UVic in a calendar year exceed \$100. You may combine the fees of more than one course so their total exceeds the \$100 minimum.

## Cancellations, withdrawals and refunds

The Division of Continuing Studies reserves the right to cancel/reschedule courses or other offerings without notice, and to establish special regulations for admission to non-degree programs or courses. If a course or offering is cancelled/rescheduled, the liability of the Division of Continuing Studies is limited to a refund of your course fee, or, if desired, transfer to another offering.

To withdraw from a course, please let us know in person, by phone (250-472-4747) or by email (uvcsreg@uvic.ca):

- At least seven days prior to the first meeting of a short-term, intensive course, workshop or conference, with limited enrolment.
- Prior to the second class when a course meets once or twice weekly over a period of several weeks.

Depending on your method of payment, a refund will be either mailed to you or credited to your credit card.

If you withdraw from a course, an administrative fee may be charged for processing. The amount may vary according to the type of course, but will be a minimum of \$15.

*Note*: Some programs have special refund policies as printed in their individual course descriptions.

## **Bursary program**

Each term the Division of Continuing Studies offers bursaries totalling \$1,000 to assist learners in furthering their education. Bursaries will be awarded to learners who can display evidence of a commitment to lifelong learning and who can demonstrate financial need.

Applications are available on our website at **continuingstudies.uvic.ca/bursary** or in person:

University of Victoria 3800 Finnerty Road Continuing Studies Building (Corner of Ring and Gabriola Roads) 2nd Floor Reception Victoria, BC V8P 5C2

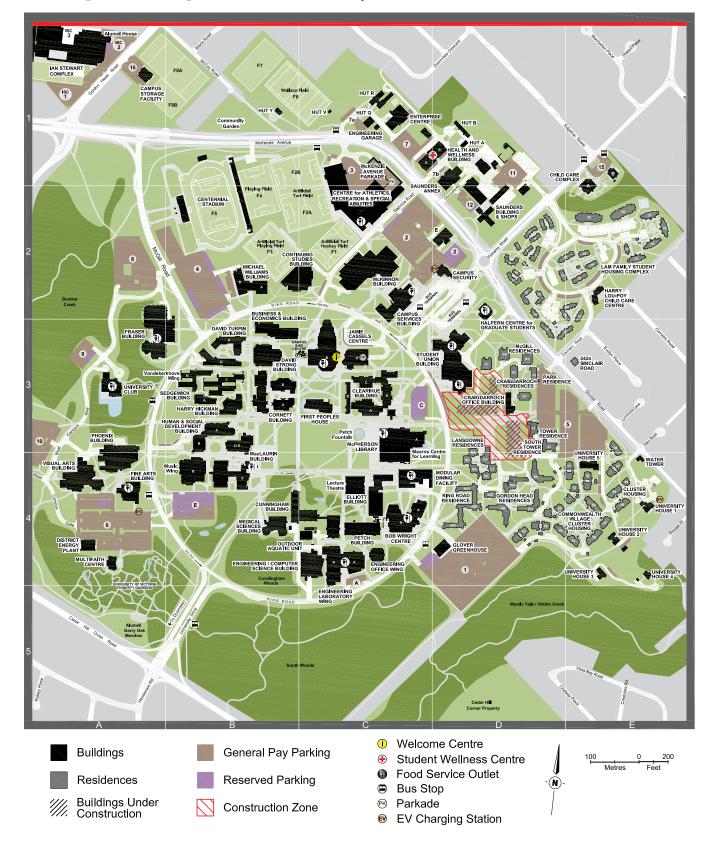
Term application deadlines: Jan. 15 and Aug. 15

## **HOLIDAY CLOSURES**

The University of Victoria is closed on statutory holidays and from Dec. 25 to Jan. 3 (inclusive). You may still register online during the holiday periods. Unless otherwise noted, classes will not be held on statutory holidays.

## FOR GENERAL INQUIRIES CALL 250-472-4747

## **Campus map – University of Victoria**





Division of Continuing Studies University of Victoria PO Box 1700 STN CSC Victoria BC V8W 2Y2



Or current addressee







## **CONTACT US**

250-472-4747 | uvcsreg@uvic.ca

# VISIT REGISTRATION

3800 Finnerty Road, Victoria BC University of Victoria 2nd Floor, Continuing Studies Building

continuingstudies.uvic.ca

# STAY CONNECTED



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