Explore changing perspectives

See course and program listings inside

continuingstudies.uvic.ca/calendar
Explore changing perspectives.

When the world is changing, it can bring opportunities for a shift in perspective. It can inspire us to try new things, challenge our pre-existing beliefs, or awaken a desire to better understand the world around us.

At Continuing Studies at the University of Victoria, we offer an ever-evolving selection of courses and programs each term; and our online delivery styles make it easy to explore a world of changing perspectives, from the comfort of home.

Find the calendar online!
The calendar is available online in an interactive format—nothing to download, just flip the pages and click on a course title to register.
continuingstudies.uvic.ca/calendar
Can we help you find something?

Courses are categorized by topic area

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Welcome to Online Learning

HOW IT WORKS – Three online delivery styles to suit different learning needs

Synchronous 🕒 When a group of students are engaging in learning at the same time, at a specific time.

Asynchronous 📣 When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Hybrid 🕒牢固树立 A combination of Synchronous and Asynchronous learning.

WHAT YOU WILL NEED

1️⃣ An Internet-connected computer running Windows or macOS
2️⃣ Speakers or a headset
3️⃣ A web browser with JavaScript and cookies enabled

PLUS, if the course includes online video-conferencing, you will need a webcam with microphone

MOBILE DEVICES: Not all required course features are available on tablets or smartphones.

RECOMMENDED WEB BROWSERS

- Chrome
- Firefox
- Safari
- Edge

TIPS TO GET STARTED

GET ORGANIZED
Keep a calendar, weekly chart or list of all course work. Create a regular study and assignment schedule.

MAKE TIME
Give yourself extra time to complete assignments. Start assignments right away, so if issues come up, you have time to seek clarification.

LEARN THE TECHNOLOGY
Read course guides for technology requirements. Watch for instructor emails and course site announcements.

STAY IN TOUCH
Use your instructor’s virtual office hours, email or phone; and use classroom discussion forums to build community with your classmates.

BE ACCOUNTABLE
Set goals and check in with yourself weekly. Or pair up with a fellow classmate as accountability partners.

GET HELP
Don’t wait until the last minute to reach out. Contact your instructor or a classmate. For technical issues, contact the TIL Support Desk.

AVOID MULTI-TASKING
Multi-tasking often ends up causing us to take longer to complete projects. Focus on one task at a time.

TAKE BREAKS
Take regular breaks from sitting, by standing, stretching or walking. Unplug for periods during the day to keep a healthy balance.
Alfred Hitchcock defined the concept of pure cinema, during his career in the time of silent films, developing ways to tell stories using only pictures. He stated that he was putting pieces of film together like notes of music in a melody. His films used montage to create ideas but also to create action and emotions, becoming a master of using the camera’s gaze, revealing what characters in his stories were looking at, and what they were thinking. We will examine six public domain classic films by Hitchcock that showcase his style, and his work in the style of film later called film noir. You will gain insight into the techniques that Hitchcock employed, and the impact his work had on cinema. The films include The 39 Steps (1935), The Lady Vanishes (1938), Rebecca (1940), Shadow of a Doubt (1943), Notorious (1946) and Strangers on a Train (1951).

Instructor: Peter Sandmark

Delivery style: Online Hybrid
Date: Wednesdays, Jan. 27 to March 3
Time: 7 to 8:30 pm
Register by: Saturday, Jan. 23
Duration: 6 sessions
Fee: $90 plus $4.50 GST
Code: ASHA145 2021S D01
**NEW The 60s: Talkin’ ‘bout My Generation**

The 60s was a decade of cultural and societal revolution, changes that have reverberated to the present day, and the soundtrack of that decade was the seed containing so much of the music that followed. Was it just because the largest demographic, the Baby Boomers, lived it and loved it or was it truly great music? We will go back and take a closer look at the different genres that dominated the music of the 60s and make our own determinations. We'll ask the question “Does art in the form of music change society or does it merely reflect the times?”

**Instructor:** John Mitchell

**Delivery style:** Online Hybrid  
**Date:** Tuesdays, Jan. 26 to March 2  
**Time:** 12:30 to 2:30 pm  
**Register by:** Friday, Jan. 22  
**Duration:** 6 sessions  
**Fee:** $119 plus $5.95 GST  
**Code:** ASMU455 2021S D01

**NEW Third Time's a Charm**

Threes are ubiquitous in music. The language of music uses terms like triad, trio, stacked thirds, raised third, flat third, tertiary harmony, three-voice texture and ternary form. To explore the changes in how musicians use threes and thirds is to trace the evolution of music. To uncover the processes by which composers use threes to achieve final results is to illuminate one of the origin points for musical impact.

In this class we will explore the inner workings of threes in music through some of the great “no. 3” compositions of classical music. No prior experience in music is required.

**Instructor:** Mary Byrne (PhD)

**Delivery style:** Online Hybrid  
**Date:** Mondays, Jan. 25 to March 22  
(no class Feb. 15)  
**Time:** 9:30 to 11:30 am  
**Register by:** Thursday, Jan. 21  
**Duration:** 8 sessions  
**Fee:** $150 plus $7.50 GST  
**Code:** ASMU453 2021S D01

**NEW The Life and Times of Bob Dylan**

Is Bob Dylan a poet or a songwriter? Did he nearly die in a 1966 motorcycle accident? What do his lyrics mean? There are more questions than answers about the enigmatic Mr. Zimmerman, but the only things that do matter are his music and his lyrics. He doesn't care for labels like “the voice of a generation,” but there is no doubt that Bob Dylan had a monumental impact on the struggle for Civil Rights and the Anti-War movement of the 1960s. In this course, we'll explore the life and music of “His Bobness.”

**Instructor:** John Mitchell

**Delivery style:** Online Hybrid  
**Date:** Wednesdays, Jan. 27 to March 3  
**Time:** 12:30 to 2:30 pm  
**Register by:** Saturday, Jan. 23  
**Duration:** 6 sessions  
**Fee:** $119 plus $5.95 GST  
**Code:** ASMU456 2021S D01

**MUSIC**

**Opera in High Definition**

Pacific Opera Victoria's 2020/21 season may be cancelled but opera performances live on through digital recordings from the Met and other major opera houses. In this course we will look at a broad selection of opera favorites from the Baroque period through Verdi with an emphasis on fantastic singers in their roles. This online course will explore the major stylistic trends in opera through watching excerpts from great performances.

**Instructor:** Mikki Reintjes (MMus)

**Delivery style:** Online Hybrid  
**Date:** Jan. 14 to March 25  
**Time:** Thursdays, Jan. 14 and 28; Feb. 11 and 25; March 11 and 25, 7:15 to 9:15 pm  
**Register by:** Sunday, Jan. 10  
**Duration:** 6 sessions  
**Fee:** $119 plus $5.95 GST  
**Code:** ASMU452 2021S D01

**Joni Mitchell and Leonard Cohen**

Two Canadian folk music icons that changed the course of musical history on the world scene: one, a prairie girl with small town roots; the other from the Jewish community in Montreal. Both artists had a lot to say and an abundance of extraordinary talent. Emerging from the folk music renaissance of the early 1960s as solo artists armed primarily with their voices and acoustic guitars, how did they influence each other? What is their legacy?

**Instructor:** Jan Randall (BMus)

**Delivery style:** Online Hybrid  
**Date:** Tuesdays, Jan. 26 to April 13  
**Time:** 7:30 to 8:30 pm  
**Register by:** Friday, Jan. 22  
**Duration:** 12 sessions  
**Fee:** $119 plus $5.95 GST  
**Code:** ASMU448 2021S D01

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**ARTS**

9
Buffy Sainte-Marie and Gordon Lightfoot both placed in the top five of CBC’s recent list of Greatest Canadian Songwriters of All Time. Born within three years of each other, they burst into the music scene with hit songs in the early 1960s and have since continued with many more. Explore their lives and their music to discover why these artists and their works continue to endure as legendary.

**Instructor:** Jan Randall (BMus)

**Delivery style:** Online Hybrid

**Date:** Thursdays, Jan. 28 to March 4

**Time:** 2:30 to 4:30 pm

**Register by:** Sunday, Jan. 24

**Duration:** 6 sessions

**Fee:** $119 plus $5.95 GST

**Code:** ASMU454 2021S D01

Billie Holiday and Ella Fitzgerald

Two rival big bands with two legendary singers. Billie Holiday and Ella Fitzgerald were at the top of their game and though their styles were polar opposites, the two became friends. This course provides an in-depth look at the recordings and the history of these two amazing women.

Samplings of their recordings and live deconstruction of the music at the piano by your instructor will be included.

**Instructor:** Jan Randall (BMus)

**Delivery style:** Online Hybrid

**Date:** Thursdays, March 11 to April 15

**Time:** 2:30 to 4:30 pm

**Register by:** Sunday, March 7

**Duration:** 6 sessions

**Fee:** $119 plus $5.95 GST

**Code:** ASMU438 2021S D01

FOR MORE INFORMATION:
Music
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/music

Digital photography has made pressing the shutter release effortless. This fast-paced method can be a stumbling block to refining technical and artistic results. In this course you will build your picture step-by-step by layering your subject, light and composition. Assignments will focus on researching and implementing your ideas to generate signature work.

We will begin by examining the five properties of light to really see light and shape it into the desired results. We will address the challenges of both artificial and natural lighting experimenting with methods and modifiers.

We will identify compositional principles and organize them to support your ideas. Your results will be planned photographs where the elements of composition and light come together to meet your artistic vision.

**Instructor:** Andrea Sirois

**Delivery style:** Online Hybrid

**Date:** Tuesdays, Jan. 26 to March 17

**Time:** 6:30 to 9 pm

**Register by:** Saturday, Jan. 23

**Duration:** 8 sessions

**Fee:** $190 plus $9.50 GST

**Code:** ASVA150 2021S D01

Documentary Photography: Creating the Personal Project

Learn to apply the techniques of documentary photographers to your personal photo work, and create a project that will allow you to explore your creative side while improving your general photography and camera handling skills. Each week you will create new images for your project and bring those images to share with the class. This is a course about creativity, not equipment. Use whatever camera you own, digital or film.

**Instructor:** Donald Denton

**Delivery style:** Online Hybrid

**Date:** Wednesdays, Jan. 27 to March 17

**Time:** 6:30 to 9 pm

**Register by:** Saturday, Jan. 31

**Duration:** 8 sessions

**Fee:** $190 plus $9.50 GST

**Code:** ASVA064 2021S D01


This course will help you understand the theory behind various camera modes, thereby sidestepping photographic 'tripwires' when taking pictures. Each evening we will cover one to two key camera settings (Exposure, White Balance, Color, Dynamic Range, JPEG versus RAW, etc.), weighing the pros and cons of Automatic versus Manual/Auto overrides. The key goal of this course is to understand and simplify—more importantly select—the menu options of modern digital cameras with confidence.

**Instructor:** Gerry Schallié

**Delivery style:** Online Hybrid

**Date:** Thursdays, Feb. 4 to March 11

**Time:** 7 to 9 pm

**Register by:** Sunday, Jan. 31

**Duration:** 6 sessions

**Fee:** $135 plus $6.75 GST

**Code:** ASVA134 2021S D01
VISUAL ARTS

**Garden Photography**

From the dawn of image-making, capturing gardens, plants and flowers has been one of the most enduring photographic themes. In this course, we’ll explore historical and contemporary botanicals and examine how, as a subject, they can provide a viable stream of income. We’ll distinguish and practice the various approaches from close-ups to wide-angle scenes, and how light and design are foundations to visually strengthen our results.

Assignments will range from tabletop set-ups to landscapes incorporating compositional layering using either artificial or natural light. You’ll be encouraged to explore and incorporate your research and vision into your work.

**Instructor:** Andrea Sirois  
**Delivery style:** Online Hybrid  
**Date:** Saturdays, Feb. 20 to April 17  
(no class April 3)  
**Time:** 2 to 4:30 pm  
**Register by:** Tuesday, Feb. 16  
**Duration:** 8 sessions  
**Fee:** $190 plus $9.50 GST  
**Code:** ASVA151 2021S D01

**iPhone/iPad Artography**

With an iPhone/iPad and a few choice apps you can push your photographs beyond the ordinary to the extraordinary. We will be covering several different apps each week and look at ways to incorporate hand made textures, collages and experimental images. Learn to collage, blend images together, add textures, colour and digitally paint elements that look like watercolour and oil paintings. You will need to purchase a small amount of art supplies for this class.

All materials are included. Note: this course is limited to eight students.

**Instructor:** Tony Bounsall (BAPA)  
**Delivery style:** Online Hybrid  
**Date:** Tuesdays, March 9 to April 13  
**Time:** 6:30 to 8:30 pm  
**Register by:** Friday, Jan. 15  
**Duration:** 6 sessions  
**Fee:** $135 plus $6.75 GST  
**Code:** ASVA152 2021S D01

**Low Impact Basketry**

In addition to hands-on learning of basketry techniques, we will consider ethical/sustainable collection of basketry materials. Using non-native, and non-endemic, plant species (previously collected by the instructor) you will be supported through the process of making a beautiful woven object. Often unwanted or overlooked plant materials deemed invasive, readily found in the Victoria area, can yield fantastic results!

Don’t worry if you are “all thumbs”. This class is appropriate for both learners with no previous basket weaving experience, as well as advanced students. Please wear comfortable clothing. We will take frequent stretch breaks, but please be prepared to be sitting most of the day.

In each class you will walk away with a small woven basket or other object, and the techniques to create larger baskets in the future.

All materials are included. Note: this course is limited to eight students.

**Instructor:** Aurora Skala (MA)  
**Delivery style:** Face to Face  
**Date:** Sundays, Jan. 17 to 31  
**Time:** 10 am to 3:30 pm  
**Register by:** Monday, Jan. 18  
**Duration:** 6 sessions  
**Fee:** $165 plus $8.25 GST  
**Code:** ASVA136 2021S W01

**Surrealism: Ideas, Methods, and Techniques**

Focusing on one of the most influential and provocative art movements of the 20th Century, this course introduces many of the ways the Surrealists tapped into the unconscious mind to liberate and express imagery that still continues to inspire.

Weekly, we will examine different Surrealists, their methodology and art processes that include: automatic drawing, collage, frottage, grattage, cubomania and many other techniques that will push your own art practice into uncharted waters. You will need to purchase a small amount of art supplies for this class.

**Instructor:** Tony Bounsall (BAPA)  
**Delivery style:** Online Hybrid  
**Date:** Tuesdays, Jan. 19 to Feb. 23  
**Time:** 6:30 to 8:30 pm  
**Register by:** Friday, Jan. 15  
**Duration:** 8 sessions  
**Fee:** $190 plus $9.50 GST  
**Code:** ASVA152 2021S D01

**Delivery style definitions**

- **Online Asynchronous** – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

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- **Blended** – A combination of face to face and any type of online delivery style.
Basic Observational Drawing with Graphite

Knowing the fundamental methods of observational drawing is an important tool for successfully and accurately depicting a subject. Using graphite, you will explore the elements of drawing through mark making, line, shape, texture and volume. We'll study basic perspective, work towards understanding positive and negative space and understand how light and shade is applied on various forms and surfaces. This course is for people who are new to drawing or who want to work on improving their basic observational drawing skills.

Instructor: Jeannette Sirois (MEd)

Delivery style: Online Hybrid
Date: Saturdays, Jan. 23 to Feb. 20
Time: 9:30 am to 12:30 pm
Register by: Tuesday, Jan. 19
Duration: 5 sessions
Fee: $165 plus $8.25 GST
Code: ASVA141 2021S D01

Instructor: Jeannette Sirois (MEd)

Delivery style: Face to Face
Date: Saturday, Jan. 23
Time: 10 am to 4 pm
Duration: 1 session
Fee: $70 plus $3.50 GST
Code: ASVA143 2021S W01

Instructor: Joanne Thomson (MAdEd)

Delivery style: Face to Face
Date: Saturday, March 13
Time: 10 am to 4 pm
Duration: 1 session
Fee: $70 plus $3.50 GST
Code: ASVA143 2021S W02

Creating Unique Art Books

In this six-week hands-on workshop Victoria artist Trace Nelson will demonstrate various techniques for building, decorating and transforming found books into unique artist book objects. Techniques will include: mono-printing; collage transformations of found books; creating sketchbooks using simple Japanese book binding; and sketching and journaling exercises to start creating artist books of your own. Your instructor will provide key supplies used in the workshops (included in course fee). Bring a sketchbook, pen and pencils, scissors and glue stick to the first class.

Instructor: Trace Nelson (MFA)

Delivery style: Face to Face
Date: Wednesday, Jan. 27 to March 3
Time: 6 to 9 pm
Duration: 6 sessions
Fee: $205 plus $10.25 GST (includes materials)
Code: ASVA148 2021S W01

Easy Mini Watercolours: Glazing and Negative Space – Leaves and Flowers

These little paintings will explore methods to layer colours using glazing to produce decorative paintings of leaves and flowers. Colour theory will be introduced. Suitable for beginners.

All materials supplied; please bring $20 to class to pay your instructor.

Instructor: Joanne Thomson (MAdEd)

Delivery style: Face to Face
Date: Saturday, Jan. 23
Time: 10 am to 4 pm
Duration: 1 session
Fee: $70 plus $3.50 GST
Code: ASVA144 2021S W01

Instructor: Joanne Thomson (MAdEd)

Delivery style: Face to Face
Date: Saturday, March 27
Time: 10 am to 4 pm
Duration: 1 session
Fee: $70 plus $3.50 GST
Code: ASVA144 2021S W02

Easy Mini Watercolours: Washes – Mist and Islands

These little paintings will explore washes—wet on wet and wet on dry—to create mist effects using islands and clouds as the subjects. It is recommended that you spend time at the beach looking at islands and clouds and drawing the outlines of some islands to use in the paintings, before the class. Suitable for beginners.

All materials supplied; please bring $20 to class to pay your instructor.

Instructor: Joanne Thomson (MAdEd)

Delivery style: Face to Face
Date: Saturday, Jan. 30
Time: 10 am to 4 pm
Duration: 1 session
Fee: $70 plus $3.50 GST
Code: ASVA144 2021S W01

Instructor: Joanne Thomson (MAdEd)

Delivery style: Face to Face
Date: Saturday, March 27
Time: 10 am to 4 pm
Duration: 1 session
Fee: $70 plus $3.50 GST
Code: ASVA144 2021S W02

Easy Mini Watercolours: Volume – Pebbles

These little paintings will explore layering to create volume using pebbles as our subject. We will create shadows, volume and texture using a combination of washes, dry brush and glazing techniques. Some experience using watercolours is suggested for this workshop.

All materials supplied; please bring $20 to class to pay your instructor.

Instructor: Joanne Thomson (MAdEd)

Delivery style: Face to Face
Date: Saturday, Feb. 6
Time: 10 am to 4 pm
Duration: 1 session
Fee: $70 plus $3.50 GST
Code: ASVA145 2021S W01
Watercolour for Beginners Workshop

This course introduces novice painters to watercolour painting. We will review everything from the correct side of the paper to use, to how to hold a brush, how to clean your brushes, how to mix pigments together to create an abundance of colour choices, and washes. Expect to have fun and learn through still-life and abstract painting!

Note: Our first and last classes will be held in person at the UVic campus. The four Tuesday evening sessions will be taught through UVic’s secure Zoom site. A supply list will be attached to your receipt.

Instructor: Joanne Thomson (MAEd)

Delivery style: Blended
Date: Feb. 20 to March 20
Time: Saturdays, Feb. 20 and March 20, 1 to 4 pm (in class); Tuesdays, Feb. 23 to March 16, 6 to 9 pm (Zoom)
Register by: Tuesday, Feb. 16
Duration: 6 sessions
Fee: $185 plus $9.25 GST
Code: ASVA019 2021S B01

Eyes Wide Shut: Drawing What We Imagine

We have all experienced the desire to portray an idea, concept or image we have in mind with a sketch. Maybe we want to capture something we see in our mind's eye. In this workshop, through brief lectures, discussions and practice, we'll explore the scope of drawing, try out new approaches and learn basic techniques.

This workshop also welcomes those with diminished eye-sight.

Instructor: Hermann Schmitt

Delivery style: Face to Face
Date: Saturdays, Feb. 27 to March 13
Time: 1 to 4 pm
Duration: 3 sessions
Fee: $130 plus $6.50 GST (includes some basic supplies)
Code: ASVA135 2021S W01

Introduction to Portrait Drawing with Graphite

In this introductory course, we will explore the complex topic of portrait drawing and break it down into manageable concepts. With easy-to-follow exercises, we will examine the face in sections and focus on understanding how to get more accurate proportions, how to draw eyes, nose and mouth and how to put it all together in a well-proportioned drawing.

Instructor: Jeannette Sirois (MEd)

Delivery style: Online Hybrid
Date: Saturdays, Feb. 27 to March 27
Time: 9:30 am to 12:30 pm
Register by: Tuesday, Feb. 23
Duration: 5 sessions
Fee: $165 plus $8.25 GST
Code: ASVA138 2021S D01

NEW Advanced Methods in Portrait Drawing with Graphite

This class is for students who have a good grasp of portrait drawing but would like to challenge themselves in developing their facial drawing skills. We'll work on three main areas: eyes, mouth and skin and look at details from veins, to water edges, to reflections and iris details. Students will also be shown how to work on the skin textures such as wrinkles and pores and learn how to successfully use contouring and tonal ranges to depict accuracy in three dimensional facial structures.

Instructor: Jeannette Sirois (MEd)

Delivery style: Online Hybrid
Date: Saturdays, April 10 to May 8
Time: 9:30 am to 12:30 pm
Register by: Tuesday, April 6
Duration: 5 sessions
Fee: $165 plus $8.25 GST
Code: ASVA153 2021K D01

Keeping a Sketchbook: Be a Tourist in Your Own Town

While we won't be travelling far anytime soon, this six-week workshop will give you a working knowledge of sketching with various drawing materials, which you can use in keeping a travel sketchbook or to record daily life in your home town. Techniques covered: preparing a travel sketch pack, simple sketching and drawing techniques, colour schemes, simple perspective, pen and ink, watercolour sketching, collaging and keeping a travel diary.

Some supplies are required and will be explained in the first session.

Instructor: Trace Nelson (MFA)

Delivery style: Face to Face
Date: Saturdays, April 10 to May 15
Time: 1:30 to 4 pm
Duration: 6 sessions
Fee: $165 plus $8.25 GST
Code: ASVA149 2021K C01

FOR MORE INFORMATION:
Visual Arts
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/visual

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The Division of Continuing Studies, in partnership with the Ontario College of Art and Design University (OCAD), is pleased to offer online educational opportunities for interested, creative professionals. Registrants will have the added bonus of networking with other learners across the country who share your interest in art and design. Note: all courses are offered online.

The courses that will be available for registration this spring are:

- **Introduction to Adobe Photoshop**
  Jan. 18 to Feb. 8, $345 plus GST
- **Introduction to SketchUp**
  Jan. 18 to 25, $195 plus GST
- **Introduction to Adobe Illustrator**
  Jan. 19 to Feb. 23, $445 plus GST
- **Introduction to Video Editing**
  Jan. 19 to Feb. 23, $445 plus GST
- **Advanced Web Design, CSS and JavaScript Frameworks**
  Jan. 19 to Feb. 23, $445 plus GST
- **Illustration Essentials**
  Jan. 20 to Feb. 24, $445 plus GST
- **The Art of Type**
  Jan. 27 to March 3, $445 plus GST
- **Introduction to Adobe InDesign**
  Feb. 3 to March 10, $445 plus GST
- **Interior Design Fundamentals**
  Feb. 3 to March 10, $445 plus GST
- **Intermediate Adobe Photoshop**
  Feb. 22 to March 29, $445 plus GST
- **Social Media Marketing for Creative Professionals**
  March 1 to April 5, $445 plus GST
- **Intermediate Adobe Illustrator**
  March 2 to 23, $345 plus GST

FOR MORE INFORMATION:
Online Art and Design
artscoord@uvic.ca
continuingstudies.uvic.ca/OCAD

WRITING AND LITERATURE

**Writing Flash Nonfiction**

Flash non-fiction is a tightly written form of creative non-fiction that packs maximum meaning into a minimum of words (generally 500 to 750 or less). In this course, we’ll read and discuss examples of flash non-fiction by a wide range of writers; explore venues that publish flash non-fiction; do guided writing exercises; and exchange feedback on the pieces that participants will write each week between sessions.

**Instructor:** Frances Backhouse (MFA)

**Delivery style:** Online Hybrid
**Date:** Mondays, Jan. 18 to March 1 (no class Feb. 15)
**Time:** 6:30 to 9 pm
**Register by:** Thursday, Jan. 14
**Duration:** 6 sessions
**Fee:** $155 plus $7.75 GST
**Code:** ASWL110 2021S D01

**Writing Your Sacred Story**

This class provides an opportunity for writers at all levels to engage in the practice of spiritual memoir. Through writing exercises, reading from well-known works of spiritual memoir, and group dialogue we will explore how the ordinary experiences of our lives—triumphs, trials, confusions, longings, and so-called mistakes—are part of the patterned fabric of a sacred story.

**Instructor:** Jane Dawson (PhD)

**Delivery style:** Online Hybrid
**Date:** Wednesdays, Feb. 3 to March 24
**Time:** 6:30 to 9 pm
**Register by:** Saturday, Jan. 30
**Duration:** 8 sessions
**Fee:** $180 plus $9 GST
**Code:** ASWL090 2021S D01

**Screenwriting**

This course is for anyone who loves movies and is interested in learning what it takes to write a screenplay. Film is a visual media, but it all starts with a great idea and a well-written script. In this course, you will learn to generate concepts, structure a screenplay, and use dialogue, conflict and characters to bring your stories to life. Fun and informative, the class incorporates film clips, creative exercises, in-class writing assignments, and samples of screenplays from successful movies.

**Instructor:** Joanne Wannan (MFA)

**Delivery style:** Online Hybrid
**Date:** Wednesdays, Feb. 3 to March 24
**Time:** 6:30 to 9 pm
**Register by:** Saturday, Jan. 30
**Duration:** 8 sessions
**Fee:** $180 plus $9 GST
**Code:** ASWL090 2021S D01
Creating Illustrated Children’s Books

This course will assist you in creating books for children aged one to eight. They can be fiction or non-fiction, read-aloud and/or early readers books. Students will learn about plot, content, heroes and villains, and themes that are age appropriate for their readers. Learn how to use words efficiently and how to create a flow and rhythm that is pleasing to both children and adults. There are in-class and take home assignments, as well as group discussions. Students will also learn about the publishing side of children’s books and if/when to use an illustrator.

Instructor: Darcy Nybo

Delivery style: Online Hybrid
Date: Thursdays, Feb. 18 to March 11
Time: 6:30 to 8:30 pm
Register by: Sunday, Feb. 14
Duration: 4 sessions
Fee: $95 plus $4.75 GST
Code: ASWL113 2021S D01

Fabulous Fiction

Did you know that there are over 140 types of fiction? In this course, you’ll learn which types best suit your ideas. From there, it’s all about plots and subplots, outlines, point of view, timelines, information dumps, character development, flow and pace. These six interactive classes will offer a trove of information to take your ideas from “flop” to fabulous, with assignments that range from simple iambic pentameter to writing hooks and creating surreal settings. By the end of the course, you’ll have a solid understanding of what goes into your novel of choice, and how to create a novel that readers will love.

Instructor: Darcy Nybo

Delivery style: Online Hybrid
Date: Saturdays, March 13 to April 24
Time: 9 to 11 am
Register by: Tuesday, March 9
Duration: 6 sessions
Fee: $135 plus $6.75 GST
Code: ASWL114 2021S D01
The theme for this issue of the calendar is “explore changing perspectives”. Although that phrase would have been meaningful at any time in our history, it’s taken on new meaning this year. I would even say that it’s become our mantra at the Division of Continuing Studies.

We never questioned our commitment to bringing great learning experiences to the community—COVID-19 or not—but we did question how we were going to manage this feat amid massive change. We definitely had to change our perspective. Here are the top five things this experience has taught us:
Many of our courses can be delivered online. Our entire team rolled up their sleeves, beefed up their digital literacy skills and found a way to deliver. I am proud, and grateful to them, for their resilience and for their commitment to meeting the needs of our local and global communities with great online courses.

Some people actually prefer to learn online. It’s pretty nice to be able to learn from the comfort of your home. We get it! And we’re listening to our learners. You can look forward to a range of delivery styles (face to face, online and blended) now and into the post-COVID future.

Face to face is great—when it’s safe. Many people have told us that they’d like to be back on campus. We feel the same and dearly miss our vibrant community of learners. To facilitate a return to campus, we’ve introduced a wide range of safety measures and have even added some new in-person classes to our course calendar. Sign up for our Continuing Studies E-News to ensure you receive information about new courses as they are added. Visit continuingstudies.uvic.ca/enews.

Our technology and systems need to be more user-friendly. COVID-19 certainly put our online systems to the test and we quickly discovered that they are not as user-friendly as they need to be. We’ve made big changes and there are more to come. You’ll find it easier than ever to take online classes.

Continuing Studies has an important role to play in our region’s economic recovery. We are working closely with government, business and non-profit partners to prepare workers for a post-COVID economy. In the months ahead, you will hear a lot more about “micro-credentials”—bite-sized knowledge and qualifications that give people and organizations the boost they need to compete. A good example is our new Professional Development Certificate in Administrative Technology, which includes a bundle of three courses that give learners the flexibility to focus on developing the digital skills they need most.

Change makes us grow in ways we never expected. I would not want to repeat the year 2020, but there’s always a silver lining. At Continuing Studies, we have gained a new perspective about what learners want, what our communities need, and how we can deliver. And that’s a good thing. We are choosing to embrace and explore it.

— CS —
Our business courses have a proven track record for providing the essentials and credentials to make you and your organization an even greater success. Whether you are an employee or an employer, or whether you want to specialize or acquire a broader understanding of business practices, we can help you achieve your goals, anticipate problems and opportunities, and prepare for change. The following courses can be taken on an individual basis or as part of the certificate or diploma programs in Business Administration (CBA or DBA). Specific business courses are accredited by the Canadian Institute of Management (CIM).

**Business Administration**

This course introduces you to integrated decision making in business, and provides an overview of the functional areas of management, finance, marketing and organizational behaviour. Using a business case approach, you will develop a personal framework for defining and analyzing business problems, and developing solutions and plans of action.

Note: We strongly recommend you take this certificate course first in your program of studies.

**Instructor:** Rhordon Wikramatilake (BA, MPA, PhD)

**Delivery style:** Online Asynchronous
**Date:** Jan. 11 to April 9
**Duration:** 13 weeks
**Fee:** $595
**Code:** BMBA100 2021S D01

**Business Ethics**

This course will explore, from an ethical point of view, the relations of a corporation with its stakeholders. It examines important areas such as corporate governance and social responsibilities from both a pragmatic business and ethical point of view. Additionally, a corporation’s ethical responsibilities to its employees, customers and the global marketplace are examined. Course delivery includes short lectures, case studies and several appropriate movies.

**Instructor:** Reg Beniac (BA Econ, MBA, CMA)

**Delivery style:** Online Asynchronous
**Date:** May 10 to July 30
**Duration:** 13 weeks
**Fee:** $595
**Code:** BMBA100 2021K D01
Delivery style: Online Asynchronous  
Date: Jan. 11 to April 9  
Duration: 13 weeks  
Fee: $595  
Code: BMBA440 2021S D01

Business Law

During your business career you will undoubtedly be faced with many legal issues about which all managers should be knowledgeable. This course will expose you to several legal concepts such as the Canadian legal system, civil dispute resolution including alternative dispute resolution processes, negligence and professional liability, fiduciary relationships, contract law, agency law, employment and labour law, forms of business organization (proprietorships, general partnerships, limited partnerships and corporations) and directors' and officers' liability. Course components will include readings, cases, class discussion, experiential exercises and lectures.

Instructor: Mark Bridge

Delivery style: Online Asynchronous  
Date: Jan. 11 to April 9  
Duration: 13 weeks  
Fee: $595  
Code: BMBA300 2021S D01

Business Writing

The main objective of this course is developing the self-assurance to communicate effectively in the workplace. You will benefit from a practical approach to identifying the characteristics of effective communication, and learn how to successfully produce and critique business documents. A repeatable writing process and strategic planning guides for specific document formats will be practised through in-class learning activities. Peer support and feedback will be emphasized.

Instructor: Tim Mitchell (BA, MFA)

Delivery style: Online Asynchronous  
Date: Jan. 11 to April 9  
Duration: 13 weeks  
Fee: $595  
Code: BMBA110 2021S D01

Financial Accounting

This course introduces you to the essential accounting principles and techniques used in reporting and analyzing the financial aspects of a business. Particular emphasis is placed on developing a practical understanding of the preparation and interpretation of financial statements.

Instructor: Betty Weber (BA, BCom, MBA, CPA)

Delivery style: Online Asynchronous  
Date: Jan. 11 to April 9  
Duration: 13 weeks  
Fee: $595  
Code: BMBA140 2021S D01

Change Management

Change management is all about managing motivation, behaviors, business controls and the work environment in order to introduce, stabilize and normalize changes that are necessary to implement new strategies. It addresses the emotional, situational and contextual requirements of the change process. Topics include the types of change, change planning, employee response and readiness, change leadership and change implementation.

Instructor: Cheryl Fitzpatrick

Delivery style: Online Asynchronous  
Date: Jan. 11 to April 9  
Duration: 13 weeks  
Fee: $595  
Code: BMBA380 2021S D01

Economics

This course provides an overview of Canadian micro and macro economics. Topics include:

- the theory of supply and demand
- competitive markets
- costs curves
- production choices and costs
- characteristics of monopolies and oligopolies
- economic efficiency in the allocation of resources and markets, national output and determinants of gross national product
- investment, money, prices and inflation
- goals of economic policy
- international trade

Instructor: Laurie Phipps (BA, MA [Econ], MA [Distributed Learning])

Delivery style: Online Asynchronous  
Date: Jan. 11 to April 9  
Duration: 13 weeks  
Fee: $595  
Code: BMBA230 2021S D01

Delivery style definitions

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Blended – A combination of face to face and any type of online delivery style.
Human Resource Management
This course focuses on personnel and human resource management in a Canadian setting.

Topics include: planning staff recruitment within a business, job design, recruitment and selection, performance appraisal, employee compensation and benefits, staff development and training, health and safety issues, employee rights and labour relations.

Instructor: Megan Glancey (MA, CPHR)

Delivery style: Online Asynchronous
Date: Jan. 11 to April 9
Duration: 13 weeks
Fee: $595
Code: BMBA150 2021S D01

Interpersonal Business Communication
The primary objective of this course is to assist you to improve the effectiveness of your interpersonal business communication skills. Topics include the communication process, perception, self-assessment, conflict, relationships, language and needs, beliefs and values. Emphasis is placed on developing effective approaches to personal and professional relationships.

Instructor: Don Caplan (BA, MEd)

Delivery style: Online Asynchronous
Date: Jan. 11 to April 9
Duration: 13 weeks
Fee: $595
Code: BMBA120 2021S D01

Management Practices
This course provides managers and students who aspire to obtain management positions with an opportunity to assess and enhance their own use of contemporary management techniques and practices.

Based on the extensive use of simulations in a workshop setting, the course focuses on strategic management, decision making, leadership and supervision, group process, conflict resolution, employee development and performance planning and review.

Prerequisites: BMBA100

Instructor: Rhordon Wikramatiloke (BA, MPA, PhD)

Delivery style: Online Asynchronous
Date: Jan. 11 to April 9
Duration: 13 weeks
Fee: $595
Code: BMBA250 2021S D01

Managing in the Digital Economy
The impact of the digital economy on today’s business, government and other forms of organizations present an opportunity for those who spend the appropriate resources on both technology and their workforce. Innovative technologies harnessing data analytics, robotics, digitization and artificial intelligence impact many facets of organizations, but managerial understanding of the impact of these changes and the leadership skills to take advantage of potentially unprecedented opportunities are required.

Instructor: Ben Akoh (PhD)

Delivery style: Online Asynchronous
Date: Jan. 11 to April 9
Duration: 13 weeks
Fee: $595
Code: BMBA470 2021S D01

Marketing
Marketing has two essential functions: to identify and to satisfy a buyer’s needs. In this introduction to marketing management, you will examine the concepts and techniques used by business to perform these functions. Topics include: target market definition; buyer behaviour; demand forecasting; product, pricing, communications, and distribution strategies; marketing research; and market planning and organization.

Instructor: Joan Yates (BA, CertPR, APR)

Delivery style: Online Asynchronous
Date: Jan. 11 to April 9
Duration: 13 weeks
Fee: $595
Code: BMBA240 2021S D01

Instructor: TBA

Date: May 10 to July 30
Duration: 13 weeks
Fee: $595
Code: BMBA240 2021K D01
Organizational Behaviour

This course focuses on the human dimension of management and is intended to provide you with an understanding of how human behaviour influences the development and operation of organizations.

Topics include motivation, leadership, power, group behaviour, decision making and the dynamics of interpersonal relations in an organizational setting.

Instructor: Brian Leacock (MBA)

Delivery style: Online Asynchronous
Date: Jan. 11 to April 9
Duration: 13 weeks
Fee: $595
Code: BMBA130 2021S D01

Social Media Marketing

As the internet has evolved to play a larger role in our daily lives, it has also developed into a powerful tool for businesses. But with so many possible platforms and technologies available online, where should a business focus its digital marketing efforts? In this course you will learn about web-based business models, social media technologies and strategies, and digital marketing trends. We will also examine privacy and security considerations.

Instructor: Emma Lecours

Delivery style: Online Asynchronous
Date: Jan. 11 to April 9
Duration: 13 weeks
Fee: $595
Code: BMBA450 2021S D01

Small Business Management

Small businesses represent a vital economic activity in Canada, and small business owners and managers must quickly develop a broad range of entrepreneurial and managerial skills in order to prosper and grow their companies. This course provides essential business skill development in marketing, business modelling and strategic planning, scaling up, understanding customers and delivering value, managing cash flow, funding and financing, intellectual property protection, and government compliance.

Prerequisites: BMBA100

Instructor: Leslie McGeough (BCom, MBA, PhD)

Delivery style: Online Asynchronous
Date: Jan. 11 to April 9
Duration: 13 weeks
Fee: $595
Code: BMBA290 2021S D01

Strategic Leadership

The objective of this course is to create an awareness of what constitutes the process of leadership, and the skills needed to effectively lead in a complex and constantly changing environment. This course is competency based, and emphasizes five essential elements: taking charge, strategic visioning, communications, teamwork and integrity.

Instructor: Brian Leacock (MBA)

Delivery style: Online Asynchronous
Date: Jan. 11 to April 9
Duration: 13 weeks
Fee: $595
Code: BMBA410 2021S D01

Finance

This course introduces issues that face financial managers and describes the environment in which they must operate (organizational, legal, social and financial). You have the opportunity to study business finance problems in depth in order to acquire a deeper understanding of financial management.

Prerequisites: BMBA140

Instructor: TBA

Delivery style: Online Asynchronous
Date: May 10 to July 30
Duration: 13 weeks
Fee: $595
Code: BMBA360 2021K D01

FOR MORE INFORMATION:
Business, Management and Leadership
250-721-8072
bmt@uvic.ca
continuingstudies.uvic.ca/business
### Computing Concepts

Tune up your toolkit—deepen your understanding of hardware, operating systems, productivity software and basic website design. Boost your productivity by using advanced functions of tools including Word, Excel, Access, and PowerPoint. Work with an engaged instructor who provides timely and constructive feedback on applied assignments.

Please visit this course page on our website for a full list of equipment and software requirements.

**Instructor:** Caroline Rissley (MEd)

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<tr>
<td>TECJ100 2021S D01</td>
<td>$695</td>
<td>12 weeks</td>
<td>Tuesday and Thursday, Jan. 5 to Feb. 11</td>
<td>Jan. 11 to April 4</td>
<td>Friday, Jan. 8</td>
<td>Online Asynchronous</td>
<td>Online Asynchronous</td>
<td>Jan. 11 to April 4</td>
<td>$695</td>
<td>TECJ100 2021S D01</td>
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### Project Management

Get a handle on your project. Whatever your area of expertise, learn and apply the fundamental concepts of effective project management. A seasoned PMP designated professional will work with you throughout a project management cycle: initiating, planning, executing, monitoring, controlling and closing. You will learn how to maximize the use of MS Project software throughout this project cycle.

You will learn: how to maximize the use of MS Project software; the concepts and methodologies needed to plan, manage and track performance over a complete project life cycle; cost–benefit analysis; change control management; quality control; risk management; performance tracking and corrective action.

**Prerequisites:** Microsoft Project 2013 or Microsoft Project 2016. Students are responsible for obtaining their own software. MS Project is not compatible with the Mac OS.

**Instructor:** Terri Cheeseman (BSc, PEng, PMP)

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<td>$695</td>
<td>12 weeks</td>
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<td>Jan. 11 to April 4</td>
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<td>Online Asynchronous</td>
<td>Online Asynchronous</td>
<td>Jan. 11 to April 4</td>
<td>$695</td>
<td>TECJ100 2021S D11</td>
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### New! Podcasting

In Podcasting 101, we’ll learn all about what a powerful storytelling tool podcasting can be for individuals and businesses. We’ll cover how to properly plan a new podcast series, learn how to prepare for and conduct interviews, record audio, edit an episode, and promote the series to your loyal fans.

**Instructor:** Liz Pittman

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<td>TECJ410 2021S D01</td>
<td>$160 plus $8 GST</td>
<td>4 weeks</td>
<td>Thursday, Feb. 25 to March 25</td>
<td>Mondays, May 3 to June 14</td>
<td>(no class on Monday, May 24)</td>
<td>Online Hybrid</td>
<td>Online Hybrid</td>
<td>Monday, May 3 to June 14</td>
<td>$160 plus $8 GST</td>
<td>TECJ410 2021S D01</td>
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### New! Microsoft Office Bootcamp

Microsoft Office is essential to the day-to-day operations of our life. Whether you are an employee who knows the basics or wants to change your career to work in an administrative environment, knowing the features of MS office is an important tool to successfully and accurately organize, manage, present documents, data, and figures in home, office, and schools. This course will accelerate your existing Office skillset through a mix of online instruction and self-study where you’ll go from basic to advanced skills in Excel, Word, PowerPoint, and more in a matter of weeks.

Please visit this course page on our website for a full list of equipment and software requirements.

**Instructor:** Gritt Hoffman

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<td>TECC028 2021S D01</td>
<td>$695</td>
<td>6 weeks</td>
<td>Thursday, Feb. 25 to March 25</td>
<td>Mondays, May 3 to June 14</td>
<td>(no class on Monday, May 24)</td>
<td>Online Hybrid</td>
<td>Online Hybrid</td>
<td>Monday, May 3 to June 14</td>
<td>$695</td>
<td>TECC028 2021S D01</td>
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NEW Digital Communication

In a world where we increasingly live and work online, managing our personal and professional digital communications and understanding the technology behind digital communication tools such as Zoom, Skype, Teams, or Messenger has become imperative. This course will provide you with the skills, tools and plans you need to confidently navigate the digital world. Learn how to effectively use and compare video conferencing tools, mobile chat platforms, social media and more.

Instructor: Liz Pittman

Delivery style: Online Hybrid
Date: Tuesdays and Thursdays, May 4 to June
Time: 6 to 8 pm
Duration: 6 weeks
Fee: $695
Code: TECC029 2021K D01

Data Analytics Coding Fundamentals

This course will explore the fundamentals of coding and scripting for Data Analytics. You will develop the ability to script and code for basic tasks in Data Analytics in common data analytic tools such as R, Python, and Excel. This will allow you to import and export data appropriately and perform fundamental data manipulations and to automate basic analysis elements.

Please visit this course page on our website for a full list of equipment and software requirements.

Instructor: Martin Monkman

Delivery style: Online Hybrid
Date: Saturdays and Sundays, March 6 to April
Time: 9 am to noon
Register by: Wednesday, March 3
Duration: 7 weeks
Fee: $695
Code: BIDA301 2021S D01

NEW Predictive Data Analytics and Modelling

Using standard, industry-accepted informatics tools, you will design and create descriptive, diagnostic and predictive models. Learn how to translate stakeholder needs into model designs and understand the ethical implications of the analytical models you use. Upon completion of this course you will be able to use data analytic and presentation tools to model problems, create and prepare diagnostic and predictive analytic models, and more.

Prerequisites: Recommended completion of BIDA301, BIDA404 and BIDA405 (or proficient coding in R or Python and experience using formulas in Excel)

Instructor: TBA

Delivery style: Online Hybrid
Date: Saturdays and Sundays, March 6 to April
Time: 9 am to noon
Register by: Wednesday, March 3
Duration: 7 weeks
Fee: $695
Code: BIDA406 2021S D01

Data Visualization and Reporting

Develop your skills in Data Visualization and Reporting. Learn how to use common industry reporting and visualization tools such as Excel, Tableau, PowerBi and Shiny. You will also learn how to evaluate strengths and weaknesses of various data representation techniques and the fundamentals of dashboard design for various types of monitoring, analyzing and reporting.

Prerequisites: Recommended completion of BIDA301, BIDA302, basic coding in R or Python and experience using formulas in Excel

Instructor: Philip North

Delivery style: Online Hybrid
Date: Saturdays and Sundays, April 24 to May 30
Time: 9 am to noon
Duration: 6 weeks
Fee: $695
Code: BIDA404 2021K D01

FOR MORE INFORMATION:
Computing and Technology
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/computing

Business Intelligence and Data Analytics

Data on its own is like “a diamond in the rough”—its true value is only uncovered once you polish it to a shine. Our courses in Business Intelligence and Data Analytics provide you with the tools, plans and methods to help you give value and meaning to data, and guide you and your organization to success. As a professional who is naturally curious about the world of numbers, you’ll learn to convert raw data into valuable information and to use this insight to solve real business problems. The following courses can be taken on an individual basis or as part of the professional development certificate.

BUSINESS INTELLIGENCE AND DATA ANALYTICS

Become proficient in fundamentals of Business Intelligence and Data Analytics. This course will provide the framework for you to understand, use and evaluate a variety of techniques and skills in analyzing data sets and making appropriate interpretations of the data.

Instructor: Olga Gould

Please visit this course page on our website for a full list of equipment and software requirements.

Busines Intelligence and Data Analytics Fundamentals

Please visit this course page on our website for a full list of equipment and software requirements.

Instructor: Olga Gould

Delivery style: Online Hybrid
Date: Saturdays and Sundays, Jan. 9 to Feb. 14
Time: 9 am to noon
Register by: Monday, Jan. 4
Duration: 6 weeks
Fee: $695
Code: BIDA301 2021S D01

Delivery style definitions

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.
Today’s public relations professionals are required to serve the needs of their own organization and those of its public. PR courses offered through our online diploma program will provide you with the knowledge, skills and practical applications you need to succeed in this in-demand field.

FOR MORE INFORMATION:
Public Relations
250-721-6129
prprogram@uvic.ca
continuingstudies.uvic.ca/PR
Coping with Stress in Unprecedented Times

with instructor Maryse Neilson
"Change is the one thing we can always count on, right? And I know for myself, the more flexible and adaptable I can be, the easier my life is and the happier I am."

That is the inspiration behind popular instructor, Maryse Neilson’s newest course offering with Continuing Studies at UVic, *Riding it Out: Stress, Coping and Change in the New Normal* (Feb. 16, 6 to 8 pm).

This is a particularly pertinent topic in our current state of the global COVID-19 pandemic, as many of us have been faced with an unprecedented amount of change, and with it, stress.

“One of the interesting things about COVID-19 is we don’t really know when it will end, and we don’t really know how it’s going to look when it’s over. Is life going to change completely forever? Will there be some things that we can return to? Will social norms and ways of being change forever? How is this all going to end? Those are some of the questions on people’s minds,” Maryse explains.

“There are so many things—weddings, graduations, celebrations of life—that we’ve been taking for granted that are changing right now. We’re having to be creative and renegotiate what is meaningful to each of us and how we are going to live in this new reality. How are we going to have these important relationships, meet new partners, maintain friendships, or see family and celebrate events in this new reality? We need tools and we need to know how to do that as well as possible.”

But Maryse sees opportunity amidst all of this change. “There are things that we can do—some ways of thinking, ways of organising our thoughts and maintaining perspective—that can make coping a lot easier for people.”

That is what she is hoping to bring to learners in this class.

By Therese Eley, Marketing Services
Change is the one thing we can always count on, right? And I know for myself, the more flexible and adaptable I can be, the easier my life is and the happier I am.

“The benefit to taking a course like this is that [learners] can do a bit of an inventory on how stress is affecting them and how they can work on managing their thinking a little differently. They’re going to learn about the stress response, they’re going to learn about ways of mitigating it, and handling it differently, and increasing their resilience to it. They’re going to develop a personalised action plan that may be specific to COVID-19, but can also then be applied to any challenging time that they face. So, it’s really going to give them a bit of a blueprint for increasing their capacity for handling stress better, differently, and maybe unlocking some potential gifts that these things can sometimes bring.”

“I always want people to leave my courses feeling like they’ve learned something about themselves and that they feel empowered to make changes—that there are things they can do differently to make their experience better. I don’t just want to impart information; I want them to experience change. This course is no different that way; I want them to walk away with a bit of a plan for how they can start adapting and using some of these skills to change their relationship with stress and to maybe feel like they’re able to handle more.”

In a world where change is constant, skills around managing stress can serve us all, well beyond the pandemic.
Encouraging new perspectives...

Culture, Museums and Indigenous Studies

HERITAGE AND MUSEUM STUDIES

INDIGENOUS LANGUAGE AND CULTURE

INTERCULTURAL STUDIES AND PRACTICE

FOR MORE INFORMATION:
Heritage and Museum Studies
continuingstudies.uvic.ca/culture

FOR MORE INFORMATION:
Indigenous Language and Culture
continuingstudies.uvic.ca/CILR

Facilitating Intercultural Relationships
This course facilitates intercultural relationships within the context of deconstructing systemic structures and ideologies, which impact every aspect of our society, as well as our personal world views.
Participants and instructors will engage critically, deeply and honestly. We will aim to facilitate and create a respectful community of learners using a dialogical (dialogue) model and an action-reflection process throughout classes and assignments. Topics for critical analysis include: equity, knowledge, leadership, privilege, race, class, identity, oppression and social justice.

**Textbook:** *Becoming an Ally, 3rd Edition: Breaking the Cycle of Oppression in People* by Anne Bishop

**Instructor:** Robyn Fila

**Delivery style:** Face to Face (remote learning option available)

**Date:** Jan. 6 to April 7

**Time:** Tuesdays 4 to 7 pm (no class Feb 16)

**Register by:** Wednesday, Nov. 25

**Duration:** 13 weeks

**Fee:** $581.01

**Code:** ISP430 2021S C01

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This course offers an exploration into historical and contemporary experiences of “Black” people in Canada. How do particular people and institutions influence the way in which Black Canadians may perceive themselves as citizens of this country, and how do we work towards creating more equitable and socially just communities in Canada?

Using a dialectical approach imbedded in documentary films and scholarly articles, this course engages students in higher order thinking discussions with guest speakers of various cultural and professional backgrounds to share stories of marginalisation, discrimination, racism, ethnic struggles and/or integration successes into the mainstream Canadian culture.

**Instructor:** Moustapha Fall

**Delivery style:** Online Hybrid

**Date:** Jan. 6 to April 7 (Reading Break Feb. 15 to 19; no class Feb. 18)

**Register by:** Wednesday, Nov. 25

**Duration:** 13 weeks

**Fee:** $581.01

**Code:** ISP420 2021S C01

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**NEW** Understanding “Black Identity” in the Context of Canadian Mainstream Culture

Identity is often referred to as the “loudest talk in town, the burning issue in everybody's mind and tongue.”

As a global citizen, an understanding of cultural difference and ability to communicate effectively with diverse communities is critical for work in both local and international settings. Find out how power imbalances can impact interactions, discover practical tools to strengthen inclusivity, and develop the interpersonal communication skills required to develop constructive relationships in a diverse workplace.

**Instructor:** TBA

**Delivery style:** Online Asynchronous

**Date:** May 10 to Aug. 8

**Duration:** 13 weeks

**Fee:** $595

**Code:** ISP110 2021K D01

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**NEW** Intercultural Communication in the Workplace

As a global citizen, an understanding of cultural difference and ability to communicate effectively with diverse communities is critical for work in both local and international settings. Find out how power imbalances can impact interactions, discover practical tools to strengthen inclusivity, and develop the interpersonal communication skills required to develop constructive relationships in a diverse workplace.

**Instructor:** TBA

**Delivery style:** Online Asynchronous

**Date:** May 10 to Aug. 8

**Duration:** 13 weeks

**Fee:** $595

**Code:** ISP110 2021K D01

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**FOR MORE INFORMATION:**
Intercultural Studies and Practice
250-721-8457
cmpasst@uvic.ca
continuingstudies.uvic.ca/ISP

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**KEEP IN TOUCH!**

If you are one of our UVic Alumni, please keep us posted on your life changes, contact updates and successes to remain connected with your UVic friends.

**FIND US:** uvic.ca/alumni  |  **EMAIL US:** alumni@uvic.ca

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continuingstudies.uvic.ca  •  250-472-4747

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CULTURE, MUSEUMS AND INDIGENOUS STUDIES
Guiding new perspectives...

Education, Learning and Development

INTERNATIONAL EDUCATION

Teaching English as a Foreign Language (TEFL)

This 120-hour online, non-credit course is intended for people with little or no EFL teaching experience. It provides a survey of fundamental theoretical and practical concepts related to teaching English as a foreign language. By the end of the course you will have acquired knowledge, skills, strategies and cultural awareness, and be familiar with the following:

- methodology for teaching English language skills (reading, writing, listening, speaking, grammar and vocabulary);
- second language acquisition theory;
- classroom organization, teaching and assessment techniques;
- understanding cultural diversity;
- teaching learning strategies to maximize learning in the classroom;
- empowering learners to manage their own learning process.

COURSE OBJECTIVES:

- prepare lessons for all class sizes and ages;
- demonstrate teaching English language skills (reading, writing, listening, speaking, grammar and vocabulary);
- apply techniques to teach different levels of English, such as Beginner, Intermediate, Advanced;
- create meaningful activities;
- develop task and situation-specific lesson plans and curriculum;
- choose course-appropriate textbooks.

Participants will have access to both asynchronous and synchronous platforms, UVic's Netlink and library facilities.

A Division of Continuing Studies Certificate of Completion and a transcript letter will be issued upon completion.

Prerequisites: Previous teaching experience is not required. While not a formal prerequisite, we recommend that participants have previously completed a program of undergraduate study. Students who are not native speakers of English must meet the following language proficiency requirements or pass a TEFL entrance interview:

- TOEFL(iBT) score: 94
- IELTS score 7.0


EDUCATION, LEARNING AND DEVELOPMENT
Instructor: TBA

Delivery style: Online Hybrid

Date: Jan. 19 to April 22

Time: Synchronous Tuesday evenings from 6:15 to 9:15pm

AND approximately 5.5 asynchronous hours per week (may vary)

Register by: Wednesday, Jan. 20

Duration: 14 weeks

Fee: $1,150 plus $57.50 GST

Code: EDTE125 2021S C01

FOR MORE INFORMATION:
International Education
250-472-4507
cmpasst2@uvic.ca
continuingstudies.uvic.ca/INED

STRATEGIES AND ACTIONS FOR INDEPENDENT LIVING (SAIL)©

This new, three-week, practical online course offers fall prevention training to home health care aides who provide day-to-day, in-home care for frail older adults or persons with disabilities. With an option for graduates to access resources after course completion, it could be just the professional development you need!

REGISTER TODAY
continuingstudies.uvic.ca/SAIL

FOR MORE INFORMATION:
Teacher Professional Development
continuingstudies.uvic.ca/teacherprod

FOR MORE INFORMATION:
Training and Adult Education
continuingstudies.uvic.ca/training
NEW Riding it Out: Stress, Coping and Change in the New Normal

COVID-19 has brought unprecedented changes to all our lives. You may have heard the expression that we’re all in the same storm but we’re not all in the same boat. This course will help you understand why this is so hard for some of us and how we can increase our coping and capacity to “ride it out”.

Instructor: Maryse Neilson (MSW, RSW)
Delivery style: Online Synchronous
Date: Tuesday, Feb. 16
Time: 6 to 8 pm
Duration: 1 session
Fee: $40 plus $2 GST
Code: HPHE299 2021S D01

NEW Hakomi Mindfulness-Based Psychotherapy Skills

We all can think of someone who “presses our buttons”. Despite our best intentions, we find ourselves reacting to the person. In this course, you will learn more about this reactive response. Through the application of experiential, mindfulness-based, body-centered Hakomi skills, participants will learn to interrupt and better understand the multiplicity of experiences involved in our reactions.

Instructor: Marcia Burton (MA)
Delivery style: Face to Face
Date: Saturday, March 6
Time: 10 am to noon
Duration: 1 session
Fee: $85 plus $4.25 GST
Code: HPHE301 2021S C01
Living Consciously Expanded
Do you ever have the sense that “when I just get everything sorted out, THEN I will be happy”? If so, then the practice of mindfulness may speak to you. An ancient practice that helps return us to the driver seat of our lives, lower stress levels, and ultimately be more present in more moments of our lives.

Instructor: David Greenshields (MA, CQSW, RSW)

Delivery style: Face to Face
Date: Tuesday and Thursday, March 9 to 11
Time: 6 to 8 pm
Duration: 2 sessions
Fee: $85 plus $4.25 GST
Code: HPHE302 2021S C00

Part 1: Changes in the Gut Microbiota Over the Human Lifespan
Have you ever wondered (or questioned) why a good diet may not be enough to ensure good health? About 30 trillion bacteria representing hundreds of species colonize the gut in stages from birth to senior years. The resulting species composition collectively called the gut microbiota varies from person to person and may reflect an individual’s overall health. At the end of this course you will learn what is currently known about a healthy microbiota and how to maintain it.

Instructor: Ed Ishiguro (PhD, Professor Emeritus, Department of Biochemistry and Microbiology, UVic)

Delivery style: Face to Face
Date: Tuesday, March 9
Time: 6 to 8 pm
Duration: 1 session
Fee: $50 plus $2.50 GST
Code: HPHE302-1 2021S C01

Part 2: Probiotics to Restore and Maintain a Healthy Gut
Prebiotics, synbiotics and postbiotics. How do you make sense of them all? In this course, you will learn about these products and the scientific validity for claims related to them. Claims that live bacterial cultures, known as probiotics, are beneficial to human health date back over 100 years. The claims associated with these products range from improved digestive function to bolstered immune systems, and the scientific validity for these claims will be critically examined.

Instructor: Ed Ishiguro (PhD, Professor Emeritus, Department of Biochemistry and Microbiology, UVic)

Delivery style: Face to Face
Date: Thursday, March 11
Time: 6 to 8 pm
Duration: 1 session
Fee: $50 plus $2.50 GST
Code: HPHE302-2 2021S C11

Current Concepts in Gut Health Series
FOR MORE INFORMATION:
Current Concepts in Gut Health Series
250-721-8558
healthprograms@uvic.ca
continuingstudies.uvic.ca/gut-health

Delivery style definitions
Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.
## Canadian Fall Prevention Curriculum

This online course helps health professionals working with older adults to take an evidence-based approach to preventing falls and related injuries.

Learn to design, implement and evaluate a fall-prevention program by defining the problem, assessing risk, selecting prevention strategies, understanding social and policy contexts, applying a program-planning model and evaluating effectiveness.

**Textbook:** *Fall Prevention Programming (2nd ed.),* by Dr. Vicky Scott (required)

**Instructor:** Philip Groff (PhD)

**Delivery style:** Online Asynchronous

**Date:** Jan. 22 to Feb. 26

**Duration:** 5 weeks

**Fee:** $310 plus $15.50 GST

**Code:** HPCF215 2021S D01

**Instructor:** Bobbi Symes (MA)

**Delivery style:** Online Asynchronous

**Date:** Feb. 26 to April 2

**Duration:** 5 weeks

**Fee:** $310 plus $15.50 GST

**Code:** HPCF215 2021S D11

**Instructor:** Philip Groff (PhD)

**Delivery style:** Online Asynchronous

**Date:** May 7 to June 11

**Duration:** 5 weeks

**Fee:** $310 plus $15.50 GST

**Code:** HPCF215 2021K D01

## Wound Management for Health Professionals Level I

This newly revised online course equips health professionals with the knowledge and skills to practice evidence-based wound assessment and management within an interprofessional team. Build your skill set using high-resolution images, videos, case studies and collaborative discussion. Concepts include prevention, assessment, product selection, healing, infection and patient-professional collaboration.

**Textbook:** *Acute and Chronic Wounds (5th ed.),* by Ruth Bryant and Denise Nix

**Instructor:** Misty Stephens (BSN, RN, NSWOC)

**Delivery style:** Online Asynchronous

**Date:** Jan. 22 to March 5

**Duration:** 6 weeks

**Fee:** $425 plus $21.25 GST

**Code:** HPPD257 2021S D01

**Instructor:** Jennifer Dunlop (RN, MSN, ONC[C], NP[P])

**Delivery style:** Online Asynchronous

**Date:** Feb. 26 to April 9

**Duration:** 6 weeks

**Fee:** $425 plus $21.25 GST

**Code:** HPPD257 2021S D11

## Wound Management for Health Professionals Level II

This newly revised online course covers pain and nutrition, arterial and venous insufficiency, ulcer management, high-risk foot, lymphedema and lipedema, burns, palliative and surgical wounds, and key therapies. Emphasis is on critical thinking for advanced wound management, and professional skills for evidence-based practice. Learn through case studies, videos, detailed picture guides, and a half-day workshop.

**Prerequisites:** HPPD257

**Textbook:** *Acute and Chronic Wounds (5th ed.),* by Ruth Bryant and Denise Nix

**Instructor:** TBA

**Delivery style:** Online Asynchronous

**Date:** May 7 to June 11

**Duration:** 6 weeks

**Fee:** $310 plus $15.50 GST

**Code:** HPPD257 2021K D01

## Palliative Care Pharmacy

This online course equips pharmacists—including those practicing outside institutional settings—with specialized knowledge in palliative care to support patients and families, and others in the multidisciplinary team, including community-care nurses and GPs. Topics include the pharmacist's role, pain management, use of opioids and cannabis in palliative care, symptom management and drug-related adverse effects.

**Instructor:** Kimberley Caouette (BScPharm, RPharm, ACPR)

**Delivery style:** Online Asynchronous

**Date:** Jan. 29 to March 12

**Duration:** 6 weeks

**Fee:** $400 plus $20 GST

**Code:** HPPD400 2021S D01

**Instructor:** TBA

**Delivery style:** Online Asynchronous

**Date:** May 7 to June 11

**Duration:** 6 weeks

**Fee:** $400 plus $20 GST

**Code:** HPPD400 2021K D01
NEW Strategies and Actions for Independent Living (SAIL©)

Practical fall-prevention training for home health care aides who provide day-to-day in-home care for frail older adults or persons with disabilities. Using case studies, videos, discussion and interactive assessments, we will explore how to apply practical tools to help clients live at home more safely. This online course also features the popular SAIL home-exercise program videos. Optional ongoing access to the SAIL tools and videos also available, with guidance on implementing a SAIL program.

Instructor: Bonni Devlin (BA, Dip. Gero)

Delivery style: Online Asynchronous
Date: Feb. 12 to March 8
Duration: 3 weeks
Fee: $210 plus $10.50 GST
Optional SAIL resources: $50 plus $2.50 GST for individual fee (call 250-721-8558 for group discounts)
Code: HPCF200 2021S D01

NEW Introduction to Emergency Management for Business Continuity

Preparing your organization to continue operating during and after an emergency demands planning in multiple areas, including information technology security, crisis communications, and finance and operations management. Learn the principles of risk management and integrate your strategic planning and implementation across organizational areas. Build on a risk-management framework to mitigate risk, prepare for emergencies, and respond to and recover from crisis.

Instructor: TBA

Delivery style: Online Asynchronous
Date: March 22 to June 11
Duration: 12 weeks
Fee: $595 plus $29.75 GST
Code: HPPD600 2021S D01

FOR MORE INFORMATION:
Health Professional Development
250-721-8558
healthprograms@uvic.ca
continuingstudies.uvic.ca/healthprod

FOR MORE INFORMATION:
Occupational Health and Safety
250-721-6129
eohprogram@uvic.ca
continuingstudies.uvic.ca/OHS

FOR MORE INFORMATION:
Population Health Data Analysis
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/popdata

OCCUPATIONAL HEALTH AND SAFETY

Professionals who identify health risks, prevent accidents and maintain safety regulations in the workplace are in high demand. Environmental and occupational health courses offered through our online certificate program focus on the latest dynamics of employee health and safety needs and the environmental impact of the workplace. You will explore topics related to risk assessment and management, occupational and health law, occupational health hazards, safety program management, and health protection technology.

Instructor: TBA

Delivery style: Online Asynchronous
Date: May 28 to June 21
Duration: 3 weeks
Fee: $210 plus $10.50 GST
Optional SAIL resources: $50 plus $2.50 GST for individual fee (call 250-721-8558 for group discounts)
Code: HPCF200 2021K D01

Delivery style definitions

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.
PROGRAMS

Looking to develop new skills for a changing world?

The future of your career is in your hands—set yourself apart with a certificate or diploma from Continuing Studies at UVic. You'll gain the credential you need to advance your career. Our online and blended delivery styles are designed to fit your busy life, and with many of our programs leveraging UVic faculty, industry and community partnerships and recognitions, you can feel confident that you're earning a credential that is respected in your field.

Visit: continuingstudies.uvic.ca/programs

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Learning the way forward

with student Susan Purney Mark
While the pandemic may have put a damper on some learners’ spirits, people like Susan Purney Mark have been able to take advantage of its silver linings. Susan, a 65-year-old textile artist and avid gardener living on BC’s Pender Island, recently completed the Beginner Spanish language course through Continuing Studies at UVic and is currently taking the intermediate level online. “Since we live on Pender Island and access to face-to-face learning—while possible—can be expensive, online learning works very well for both my husband and myself. I enjoy not having [to manage] any commuting time, parking issues or […] inclement weather,” she explains.

Susan is using the courses to upgrade her Spanish fluency so that when international travel is safe once again, she can return to Spain—where she has already successfully completed two journeys on the Camino de Santiago, across the northern part of the country and up through Portugal.

“I want to return to Spain, hopefully next year for another pilgrimage, and my husband and I hope to travel to South America in the future. As a student between high school and university, I lived in Mexico, and I have enjoyed returning to the [Spanish] language and being reminded of the importance of learning [about] other cultures and societies.”

By Ashley Davis, Marketing Services
I have enjoyed returning to the [Spanish] language and being reminded of the importance of learning [about] other cultures and societies.

As somewhat of a veteran in the online learning world, with experience in both teaching and taking classes online, Susan appreciates the sense of community and the interaction with fellow students that comes with the experience. “In the class, we are encouraged to talk on a variety of topics to improve our verbal skills—often, it’s our family, our work, our travels—so it’s getting to know each other that is helpful,” she says. “We had breakout sessions, which were incredibly helpful to practise our verbal skills with other students. In addition, one of the teachers invited her Spanish-speaking friends to be part of the sessions, and we could chat with them on a variety of topics.”

Susan says that between her husband Henry and her, their home became “a bit of a study centre” this past fall. With Susan’s classes on Tuesdays and Thursdays, and Henry taking the Quantum Physics for Nonphysicists course through Continuing Studies on Wednesdays, it’s hard to believe there’s anything about online learning they don’t already know—which makes it all the more interesting that she recently received an online tip from a five-year-old!

“During the spring, our grandsons lived with us for two months as their parents were essential workers [during the pandemic]—I learned lots from the five-year-old about his approach to online learning,” Susan admits, “including how to create a virtual background!”

So with a new era of learning on the horizon (with no apparent age limitations!), it seems Susan has found a learning style well suited to her life: “I appreciate being able to learn from home […] and working at my own pace. I enjoy it very much and will continue to look for other opportunities. While for many, online learning will be their second choice, for me, I think it’ll be the way forward.”
The Art of Self-Acceptance

Buddhist teachings on self-acceptance show us how to be our own friend, teacher and guide. Each session will include a lecture, question period and guided contemplation.

**Instructor:** Gen Kelsang Zopa

**Delivery style:** Online Hybrid

**Date:** Saturdays, Jan. 16 to Feb. 6

**Time:** 10 to 11:30 am

**Register by:** Tuesday, Jan. 12

**Duration:** 4 sessions

**Fee:** $69 plus $3.45 GST

**Code:** ASHI761 2021S D01

Archaeology and Plants

Plants are fundamental to the food systems, and technologies, used by First Nations in BC in archaeological contexts. Perishable technology is often overlooked when analyzing archaeological data. Perishable technology includes things like animal hair weaving and spinning, or leather items, but also includes many plant-based items, like wooden arrows, wooden house structures, cedar clothing, wooden handles and so on. One reason for this is that plant artifacts often break down very quickly in damp environments, such as on the west coast of North America. This makes wet site archaeological sites, where items such as baskets have been preserved perfectly, even more remarkable. In this session, we will explore how plant-derived items, as well as living plants themselves (growing at archaeological sites) provide archaeological evidence of past human lifeways on the landscape. This session will also include an intro to identifying a few of the important species used on the west coast which are significant indicators of past activities on the landscape. We will look at the shaping and creation of landscapes by humans as well as questions such as why plant technologies are often overlooked in archaeological investigations, and how this can be compensated for when analyzing data.

**Instructor:** Aurora Skala (MA)

**Delivery style:** Online Hybrid

**Date:** Wednesday, Jan. 27

**Time:** 7 to 8:30 pm

**Register by:** Saturday, Jan. 23

**Duration:** 1 session

**Fee:** $19 plus $.95 GST

**Code:** ASHI714 2021S D01
Black History in Victoria
February is Black History Month and Victoria has many associations with Black pioneers in British Columbia. In this talk, historian John Adams will discuss Governor Sir James Douglas’ Black ancestry and why there was an exodus of Black people, from California to Victoria in 1858 at the time of the Fraser River Gold Rush. You’ll study the profiles of many of the city’s Black business owners, as well as the prospectors, farmers, carpenters and politicians. The focus of this illustrated talk will be on Victoria, but Salt Spring Island and other places in British Columbia will be included.

Instructor: John Adams
Delivery style: Online Synchronous
Date: Wednesday, Feb. 3
Time: 1 to 3 pm
Register by: Saturday, Jan. 30
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI519 2021S D01

Forensic Anthropology of the Human Skeleton
This six-part series will examine topics of forensic anthropology and concepts relating to the recovery and analysis of unidentified human remains in a medico-legal context. Through online lectures and lab exercises, we will explore the ethical treatment of human remains, how bodies decay in various environments, how to personally identify the deceased, and causes of death. You will examine real human remains from actual forensic cases, and use your skills of deductive reasoning to determine what happened to these individuals, and who they might be.

Instructor: Stephanie Calce (PhD)
Delivery style: Online Hybrid
Date: Tuesdays, Feb. 9 to March 16
Time: 4 to 5:30 pm
Register by: Friday, Feb. 5
Duration: 6 sessions
Fee: $149 plus $7.45 GST
Code: ASHI599 2021S D01

Artificial Intelligence and You
Artificial intelligence (AI) has exploded over the news, provoking great optimism, pessimism, and confusion. In this course, we will cover the history of AI through recent developments including self-driving cars, get a useful understanding of just what AI is—and is not—and explore the positions of figures from Elon Musk to Ray Kurzweil. We will review studies to see which jobs will be most affected, and how to protect careers.

Instructor: Gen Kelsang Zopa
Delivery style: Online Synchronous
Date: Tuesdays, Feb. 9 to March 16
Time: 4 to 5:30 pm
Register by: Friday, Feb. 5
Duration: 6 sessions
Fee: $149 plus $7.45 GST
Code: ASHI599 2021S D01

How to be Guided by Love
Imagine the world filled with loving kindness, with no fighting, violence, hostility or prejudice. Changing the world starts with changing ourselves. Start your journey to loving kindness by becoming familiar with the mind of equanimity—a warm and friendly feeling towards all living beings. Most of us have some people we hold close and dear, some we dislike, and some we feel indifferent about. As a result, our mind is like a pendulum that swings back and forth between feelings of attachment and aversion. In this course, we’ll focus on developing the experience of equanimity. Each session will include a lecture, question period and guided contemplation.

Instructor: Gen Kelsang Zopa
Delivery style: Online Asynchronous
Date: Tuesdays, Feb. 9 to March 16
Time: 4 to 5:30 pm
Register by: Friday, Feb. 5
Duration: 6 sessions
Fee: $149 plus $7.45 GST
Code: ASHI599 2021S D01

Chinese Victoria: History of Victoria’s Chinatown
Victoria’s Chinatown is the oldest, permanent, urban Chinese community in Canada—dating back to the 1858 Gold Rush on the Fraser River. By the end of the 19th century, Chinatown occupied almost eight city blocks and the Chinese were not confined to that quarter. Discrimination was very real, with negative stereotypes of gambling, opium and slave girls pervading the columns of local newspapers. In this course, you’ll discover the true story behind these reports and learn about the history of Victoria’s Chinese community.

Instructor: John Adams
Delivery style: Online Synchronous
Date: Wednesday, Feb. 10
Time: 1 to 3 pm
Register by: Saturday, Feb. 6
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI735 2021S D01

Archaeology and Textiles
Some of the oldest textiles in the world can tell us a lot about how people were living in the past. Unlike stone and metal, threads and cloth often break down fairly quickly at archaeological sites, and dyes and paints can disappear or change colour through time. Archaeological evidence of textiles can still exist, even if the textile is gone (e.g. imprints in clay; remains of weaving and spinning technology like looms and spindle whorls). By considering historical and contemporary textile practices, archaeologists can sometimes gain insights about archaeological contexts and artifacts. In this class we will examine case studies to help inform our understanding of the archaeological record. Although information in this class can be applied around the world, most case studies discussed will be from European and North American archaeological contexts.

Instructor: Aurora Skala (MA)
Delivery style: Online Synchronous
Date: Thursday, Feb. 10
Time: 1 to 3 pm
Register by: Saturday, Feb. 6
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI735 2021S D01

Delivery style definitions

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

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Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.
**NEW** The Changing Face of Victoria’s Chinatown in the 21st Century

In 1995 Victoria’s Chinatown was designated a national historic site of Canada because it is the oldest surviving Chinatown in Canada, it was the largest urban centre of Chinese population in Canada until the first decade of the twentieth century, and it retains the largest cohesive grouping of heritage buildings of any Chinatown in North America. During the Exclusion Era (1923–1947) Chinatown’s population declined. It increased again in the 1950s but steadily dropped again through the 1960s and 1970s. Demolition of some buildings and closing of Chinese-owned businesses saw significant changes to the appearance and demographics of Chinatown. However, in the late twentieth century and early years of the present century, urban renewal, heritage conservation and social programs applied to Chinatown have resulted in the re-emergence of Chinatown as a dynamic part of downtown Victoria. Civic policies, private developers and citizen engagement are some of the factors leading to changes. John Adams will look at the history of Chinatown with emphasis on heritage issues, design guidelines and the changing role of Chinatown’s residents, business owners and traditional Chinese organizations that have been part of the process.

**Instructor:** John Adams

**Delivery style:** Online Synchronous

**Date:** Wednesday, March 24

**Time:** 1 to 3 pm

**Register by:** Saturday, March 20

**Duration:** 1 session

**Fee:** $23 plus $1.15 GST

**Code:** ASHI466 2021S D01

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**NEW** How to be Your Own Protector

Buddha said: “You are your own protector, you are your own enemy. If we have deep compassion and wisdom, we can protect ourself from suffering and danger, and so become our own protector; but if we allow anger and ignorance to destroy our happiness and good fortune, we are harming ourself, and so become our own enemy. Whether we are our own protector or our own enemy is our choice, our responsibility.” In this course, learn to use compassion and wisdom to uplift your mind and eliminate negative states of mind such as attachment, hatred and ignorance. Each session will include a lecture, question period and guided contemplation.

**Instructor:** Gen Kelsang Zopa

**Delivery style:** Online Hybrid

**Date:** Saturdays, March 27 to April 17

**Time:** 10 to 11:30 am

**Register by:** Tuesday, March 23

**Duration:** 4 sessions

**Fee:** $69 plus $3.45 GST

**Code:** ASHI765 2021K D01

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**Victorian Cities of the Dead**

Some of BC’s most impressive 19th century cemeteries are located in Victoria, and instructor John Adams knows them intimately. In this talk, we’ll explore the history, symbolism, architecture and cultural trends of Victoria’s earliest burial grounds. We’ll follow the development of most of the city’s cemeteries right up until the First World War. Places such as Ross Bay Cemetery, undoubtedly the most famous Victorian-era cemetery in the province, were laid out according to popular ideals of the mid-1800s. We’ll also look at the Jewish Cemetery, Chinese Cemetery, Old Burying Ground (Pioneer Square), Veterans Cemetery and numerous churchyards in Metchosin and Saanich.

**Instructor:** John Adams

**Delivery style:** Online Synchronous

**Date:** Wednesday, March 10

**Time:** 1 to 3 pm

**Register by:** Saturday, March 6

**Duration:** 1 session

**Fee:** $23 plus $1.15 GST

**Code:** ASHI762 2021S D01

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**The Big Melt? Canada’s Interests in a Changing Arctic**

The Arctic continues to experience unprecedented ecological, political and social transformation, compounding the already dramatic changes of the 20th century. But the post-Cold War optimism around the possibilities for greater Arctic cooperation have given way to a period of prolonged uncertainty. In addition to new tensions among the eight Arctic states, non-Arctic countries—notably China—are pursuing robust circumpolar policies that call further into question whether the institutions for regional governance will be able to manage Arctic affairs in the coming years. In this context, what are Canada’s interests in the Arctic, and how can they be achieved? This presentation will place a Canadian perspective on the political, environmental, economic, social and security aspects of the “race for the Arctic”.

**Instructor:** Will Greaves (PhD), Department of Political Science

**Delivery style:** Online Synchronous

**Date:** Thursdays, Jan. 21 to March 30

**Time:** 9:30 to 11:30 am

**Duration:** 4 sessions

**Fee:** $87 plus $4.35 GST

**Code:** ASPT007 2021S D00

**FOR MORE INFORMATION:**

Humanities and Social Sciences 250-721-7589
hsscoord@uvic.ca
continuingstudies.uvic.ca/humanities

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**SERIES REGISTRATION**

This series is designed to acquaint you with UVic faculty and their many areas of interest and introduce you to a wide variety of topics. You may register for individual sessions or receive a discount for all four.

**Delivery style:** Online Synchronous

**Date:** Tuesdays and Thursdays, Jan. 21 to March 30

**Time:** 9:30 to 11:30 am

**Duration:** 4 sessions

**Fee:** $23 plus $1.15 GST

**Code:** ASPT007-1 2021S D00
Kids These Days and the Ongoing Evolution of Language

Current language practices are simultaneously a reflection of historical linguistic states and a window to future linguistic states. In this talk Dr. Alex D’Arcy explores this relationship between past, present and future, problematizing the fact that language change unfolds as a continuous succession of present moments. The resulting variation layers older and newer linguistic forms in ways that reflect their roots. At the same time, the linguistic system is regularly reorganized as children participate in ongoing change. Through case studies, Dr. D’Arcy showcases the insights that are possible when evidence from the community (past), caregivers (present) and children (future) are harnessed together.

Instructor: Alexandra D’Arcy (PhD), Department of Linguistics
Delivery style: Online Synchronous
Date: Thursday, Feb. 25
Time: 9:30 to 11:30 am
Duration: 1 session
Fee: $25 plus $1.25 GST
Code: ASPT007-4 2021S D01

America and the Palestinian-Israeli Conflict

In this talk, Dr. Bunton will review the history of the Israeli-Palestinian conflict in the Trump era, situating recent developments within both the broader context of US policy towards the Middle East over the last three decades, as well as changes in the regional dynamics among Arab states.

Instructor: Martin Bunton (DPhil), Department of History
Delivery style: Online Synchronous
Date: Tuesday, March 23
Time: 9:30 to 11:30 am
Duration: 1 session
Fee: $25 plus $1.25 GST
Code: ASPT007-2 2021S D01

The Beginning of Colonialism in Mowachaht Territory: The Spanish in the North Pacific

This presentation will give an overview of Spanish imperial activity at Nootka Sound in the summer of 1789 when Captain Esteban José Martínez built and dismantled a naval outpost on Nootka Island. As Great Britain and Spain came close to war, Chief Maquinna and the Mowachaht experienced the beginnings of European colonialism in their territory.

Instructor: Pablo Restrepo-Gautier (PhD), Department of Hispanic and Italian Studies
Delivery style: Online Synchronous
Date: Tuesday, March 30
Time: 9:30 to 11:30 am
Duration: 1 session
Fee: $25 plus $1.25 GST
Code: ASPT007-4 2021S D01

FOR MORE INFORMATION:
In Pursuit of Knowledge Series
250-721-7589
hscoord@uvic.ca
continuingstudies.uvic.ca/know-spring

NEW\SERIES REGISTRATION

Each of the sessions in this series builds upon the others, but each class is also a distinct stand-alone topic, so you may register for a single session or the entire series.

Instructor: Edwin Hodge (PhD)
Delivery style: Online Hybrid
Date: Monday, March 1
Time: 7 to 9 pm
Register by: Thursday, Feb. 25
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI763-1 2021S D0

DIGITAL REACTIONARIES: CONSPIRACISM AND EXTREMISM IN ONLINE SPACES SERIES

In this first lecture, we’ll establish the framework for our future discussions. What do borders look like in the 21st Century? Does it make sense to talk about borders in digital spaces, and if so, what do they look like? How do online social movements and ideologies engage in “bordering processes”? Our discussions in this lecture will lay the foundation for our examination of Far Right extremism (such as Qanon, Proud Boys, the three percenters, Incels and Oath Keepers).

Instructor: Edwin Hodge (PhD)
Delivery style: Online Hybrid
Date: Monday, March 1
Time: 7 to 9 pm
Register by: Thursday, Feb. 25
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI763-1 2021S D0

NEW SERIES REGISTRATION

Each of the sessions in this series builds upon the others, but each class is also a distinct stand-alone topic, so you may register for a single session or the entire series.

Instructor: Edwin Hodge (PhD)
Delivery style: Online Hybrid
Date: Mondays, March 1 to 22
Time: 7 to 9 pm
Register by: Thursday, Feb. 25
Duration: 4 sessions
Fee: $83 plus $4.15 GST
Code: ASHI763 2021S D00

Delivery style definitions

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

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Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.
NEW **Networks of Rage: Far-Right Extremism Online**

In this lecture, we will assess how far-right activism in North America has used digital landscapes to effectively transcend national borders. We will examine some of the ways that far-right ideologies emerge, how they use the internet and social media first to organize, and then to spread internationally. We will look at how social researchers understand these movements, and how they are being tracked—and why such efforts often fail.

**Instructor:** Edwin Hodge (PhD)

**Delivery style:** Online Hybrid

**Date:** Monday, March 8

**Time:** 7 to 9 pm

**Register by:** Thursday, March 4

**Duration:** 1 session

**Fee:** $23 plus $1.15 GST

**Code:** ASHI763-2 2021S D01

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NEW **“The Storm Rises”: Contemporary Extremism in North America**

When Canadian extremists attack mosques and pedestrians in Canadian cities, there is often a digital trail that leads investigators to international, a-territorial networks. What are these groups? How do they recruit and who are their targets? In this lecture, we will examine the beliefs of some of the more prominent far-right movements currently operating in Canada and the United States, and we’ll discuss how they’ve been able to grow so quickly.

**Instructor:** Edwin Hodge (PhD)

**Delivery style:** Online Hybrid

**Date:** Monday, March 15

**Time:** 7 to 9 pm

**Register by:** Thursday, March 11

**Duration:** 1 session

**Fee:** $23 plus $1.15 GST

**Code:** ASHI763-3 2021S D01

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NEW **Conspiracy in the Age of COVID**

The global COVID-19 pandemic has had significant impacts on our lives, and one of the most troubling aspects of this has been the sharp rise in COVID-related conspiracy theories. What does it mean to say a person “believes in conspiracy theories?” What makes these beliefs different from others? Who believes them, and why?

**Instructor:** Edwin Hodge (PhD)

**Delivery style:** Online Hybrid

**Date:** Monday, March 22

**Time:** 7 to 9 pm

**Register by:** Thursday, March 18

**Duration:** 1 session

**Fee:** $23 plus $1.15 GST

**Code:** ASHI763-4 2021S D01

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FOR MORE INFORMATION:

Digital Reactionaries: Conspiracism and Extremism in Online Spaces Series
250-721-7589
hscoord@uvic.ca
continuingstudies.uvic.ca/digital-reactionaries

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**UNIVERSITY 101**

University 101 is a program that offers free, non-credit, academic courses for people who have faced significant barriers to post-secondary education. Courses are by application only, please contact the University 101 Program if you are interested in learning more. Topics covered include a wide range of subjects in the Humanities and Social Sciences.

**FOR MORE INFORMATION:**
University 101 Program
250-721-6516
uni101@uvic.ca
uvic.ca/uni101
Research is continually reshaping the way we live and think. In these online lectures, you’ll hear from distinguished members of the faculties at UVic and learn about their research interests. New lectures are added regularly, and you can sign up to be notified when they are available.

Visit [continuingstudies.uvic.ca/deans-lectures](http://continuingstudies.uvic.ca/deans-lectures)

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<td>Sound Studies: What Is It, Who Does It, and Why Do We Care?</td>
<td>Dr. Joseph Salem</td>
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The Division of Continuing Studies presents this series in partnership with the faculties of Education, Engineering, Fine Arts, Graduate Studies, Human and Social Development, Humanities, Law, Science and Social Sciences; and the Greater Victoria Public Library.
Join the 275 million people who proudly speak French around the world! French is a young, vibrant, international language. In fact, it is the only language other than English to be spoken on all five continents. Whether you have a child in French Immersion, are planning a trip to a French-speaking nation, or are looking to brush up on your working knowledge of Canada’s other official language, our French language courses have just what you need to communicate confidently with fellow Francophiles and Francophone alike. All French language courses offered by Continuing Studies are subject to enrollment. Please register early and invite a friend to join you!

**FRENCH LANGUAGE**

**COMPREHENSIVE FRENCH**

Improve your overall French language proficiency with our new comprehensive French courses. This non-credit series is open to adults of all levels of competency. It is designed to meet the needs of a wide audience from working professionals, to lifelong learners, to people who are new in Canada—anyone wanting to confidently and competently develop fluency in French. It features four levels, each aligned with the internationally recognised DELF benchmarks A1, A2, B1 and B2. Upon successful completion of each level, students will receive a Certificate of Completion.

You can start as a beginner and register in FREN100, but if you already know some French we offer a $15 assessment (refundable when you register for a course) to determine which level is appropriate for you. To book your French Language level assessment please call 250-721-8630 or e-mail languages@uvic.ca.

**Comprehensive French – Level 1**

**Second semester**

This is the second semester of the introductory level of our series of four comprehensive courses for complete beginners, focusing on all four language competencies: listening, speaking, reading, and writing.

Classes feature a balance of structural and communicative activities. No experience or initial assessment is necessary for September entry. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes to enhance individual participation.

**Prerequisites:** First semester of FREN100 or French Language Assessment

**Textbook:** Défi A1 - Student Book Online Premium Edition (required)
Continuing Studies

Instructor: Anita LaLiberté

Delivery style: Online Hybrid

Date: Tuesdays and Thursdays, Jan. 12 to April 8

Time: 7 to 9 pm

Register by: Sunday, Jan. 10

Duration: 13 weeks

Fee: $549

Code: FREN100 2021S D11

**Comprehensive French – Level 2**

Second semester

This is the second semester of the beginner level of our series of four comprehensive courses focusing on all four language competencies: listening, speaking, reading and writing.

Classes feature a balance of structural and communicative activities. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes to enhance individual participation.

**Prerequisites:** First semester of FREN200 or French Language Assessment

**Textbook:** Défi A2 - Student Book Online Premium Edition (required)

**Instructor:** Anita LaLiberté

**Delivery style:** Online Hybrid

**Date:** Mondays and Wednesdays, Jan. 11 to April 14 (no class Feb. 15)

**Time:** 7 to 9 pm

**Register by:** Sunday, Jan. 10

**Duration:** 13 weeks

**Fee:** $549

**Code:** FREN200 2021S D11

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**French Language Advanced Course**

This course is intended for students who have either completed the French Language Diploma Program (FLDP500), the Comprehensive French - Level 4 (FREN400) or have reached a comparable level and wish to further study the language at an advanced level, with a structured course featuring grades and written work but no exams.

**Prerequisites:** French Language Assessment

**Instructor:** TBA

**Delivery style:** Online Hybrid

**Date:** Wednesdays, April 7 to June 30

**Time:** 6:30 to 8:30 pm

**Register by:** Thursday, April 1

**Duration:** 12 weeks

**Fee:** $295

**Code:** FLAC600 2021K D11

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**Comprehensive French – Level 3**

Second semester

This is the intermediate level of our series of four comprehensive courses focusing on all four language competencies: listening, speaking, reading and writing.

Classes feature a balance of structural and communicative activities and an important cultural content to optimize learning. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes to enhance individual participation.

**Prerequisites:** First semester of FREN300 or French Language Assessment

**Textbook:** Défi B1 - Student Book Online Premium Edition (required)

**Instructor:** Marie Roulleau

**Delivery style:** Online Hybrid

**Date:** Tuesdays and Thursdays, Jan. 12 to April 8

**Time:** 7 to 9 pm

**Register by:** Sunday, Jan. 10

**Duration:** 13 weeks

**Fee:** $549

**Code:** FREN300 2021S D11

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**FRENCH LANGUAGE CONVERSATION CLASSES**

If you are looking to hone your spoken French in a casual but dynamic setting, you’ll love our French Language Conversation Classes. With these classes there is no rush to get to the next level—you and your teacher work together to decide when you are ready to move up. The main themes will vary from one session to the next so you can register in a given level multiple times to solidify your skills.

**French Language Conversation Classes: Introductory**

This course is intended for complete beginners and is normally only taken once. In this class, you will become familiar with the sounds of French and gain confidence in pronunciation, and you’ll acquire basic “survival” skills in French such as greetings and thanks.

**Register for this level** if you have no previous knowledge or experience with French, or can recognize a few French words.

**Instructor:** TBA

**Delivery style:** Online Hybrid

**Date:** Thursdays, Jan. 21 to March 25

**Time:** 7 to 9 pm

**Register by:** Friday, Jan. 15

**Duration:** 10 weeks

**Fee:** $245

**Code:** FLCC051 2021S D11

**Instructor:** TBA

**Delivery style:** Online Hybrid

**Date:** Thursdays, April 22 to June 24

**Time:** 7 to 9 pm

**Register by:** Thursday, April 1

**Duration:** 10 weeks

**Fee:** $245

**Code:** FLCC051 2021K D11

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**Delivery style definitions**

**Online Asynchronous** – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

**Online Synchronous** – When a group of students are engaging in learning at the same time, at a specific time.

**Online Hybrid** – A combination of synchronous and asynchronous learning.

**Face to Face** – When learning occurs in person, at a physical location.

**Blended** – A combination of face to face and any type of online delivery style.

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**Languages and Travel**

continuingstudies.uvic.ca • 250-472-4747
French Language Conversation Classes: Beginner

This course is intended for students at the Beginner level who would like to practice their oral French at a level in which they are comfortable. It can be taken as many times as you like as themes will vary from one term to the next. This course is not meant to prepare you for the next level. Students who wish to take courses that will allow them to progress steadily all the way to an advanced level should register in our Comprehensive French courses.

Register for this course if you have taken the introductory course, or if you know how to: count up to 20, spell your name, give your address and phone number, speak about yourself, your family, your work, the weather, time and date, identify basic shapes and colours, ask and answer basic (or no questions).

Instructor: TBA
Delivery style: Online Hybrid
Date: Tuesdays, Jan. 19 to March 23
Time: 7 to 9 pm
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $245
Code: FLCC101 2021S D11

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French Language Conversation Classes: Advanced

This course is intended to maintain and build your language skills for a broad variety of situations, such as nuances an opinion, identifying features of different regional varieties of French and using various registers of French. It can be taken as many times as you like, as themes will vary from one term to the next.

Register for this course if you already know how to: express the relation of time between various events in the past, present and future, make hypotheses, express emotions (disappointment, empathy, surprise etc.), give advice, disagree with someone, use different registers in different contexts, identify accents from various parts of the Francophone world.

Instructor: TBA
Delivery style: Online Hybrid
Date: Wednesdays, April 21 to June 23
Time: 7 to 9 pm
Register by: Thursday, April 1
Duration: 10 weeks
Fee: $245
Code: FLCC301 2021K D11

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French Language Conversation Classes: Intermediate

This course is intended for students at an Intermediate level who would like to practice their oral French at a level in which they are comfortable. Here, you'll gain more fluency in using your French in a variety of everyday situations, such as speaking about likes and dislikes, making comparisons and telling a story in the past. It can be taken as many times as you like, as themes will vary from one term to the next. This course is not meant to prepare you for the next level. Students who wish to take courses that will allow them to progress steadily all the way to an advanced level should register in our Comprehensive French courses.

Register for this course if you already know how to: speak on the telephone, ask for and give directions and other information (such as say where it hurts), make reservations, give a definition, clarify a statement, tell whether a sentence is in a past, present or future tense.

Instructor: TBA
Delivery style: Online Hybrid
Date: Fridays, April 16 to June 18
Time: 9:15 to 11:15 am
Register by: Thursday, April 1
Duration: 10 weeks
Fee: $245
Code: FLCC501 2021K D01

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FOR MORE INFORMATION:
French Language
250-721-8630
languages@uvic.ca
continuingstudies.uvic.ca/french

WORLD LANGUAGES

Our portfolio of world language courses is constantly evolving to meet a growing demand for more languages and more levels. Honing your skills in another language is like doing yoga or becoming proficient on a musical instrument: it can take a bit of practice. In our world language courses, there is no pressure to move up from one level to the next: you can repeat the same level as many times as you'd like to build your confidence, and our instructors will keep the content fresh and interesting for you each time. If you're interested in a course where more than one level is offered, but aren't sure about your level, please contact us and we would be happy to work with you.

All language courses offered by Continuing Studies are subject to enrolment. Please register early and invite a friend to join you!
**DUTCH**

**Dutch: Introductory**

Did you know that Dutch is not spoken just in the Netherlands? It is actually the most spoken language in Belgium and the official language of Suriname. In addition, a modified form of Dutch is one of the official languages in South Africa. This introductory conversation course will familiarize you with the pronunciation of Dutch and will introduce basic vocabulary and grammar. The emphasis will be on understanding the spoken language and simple texts, as well as engaging in basic conversation in Dutch.

**Textbook:** *Colloquial Dutch: A Complete Language Course, 2016 edition*, by Bruce Donaldson (required)

**Instructor:** Marleen Guffens

**Delivery style:** Online Hybrid

**Date:** Tuesdays, Jan. 26 to March 30

**Time:** 6:30 to 8:30 pm

**Register by:** Friday, Jan. 15

**Duration:** 10 weeks

**Fee:** $222 plus $11.10 GST

**Code:** ASLA037 2021S D11

**Dutch: Beginner**

This beginner course will reinforce the basics learned in *Dutch: Introductory* and build on it by introducing new vocabulary and giving you the opportunity to further develop your conversation skills.

**Textbook:** *Colloquial Dutch: A Complete Language Course, 2016 edition*, by Bruce Donaldson (required)

**Instructor:** Marleen Guffens

**Delivery style:** Online Hybrid

**Date:** Tuesdays, April 13 to June 15

**Time:** 6:30 to 8:30 pm

**Register by:** Thursday, April 1

**Duration:** 10 weeks

**Fee:** $222 plus $11.10 GST

**Code:** ASLA237 2021K D11

**GERMAN**

**German: Introductory**

Students do not need any previous knowledge of German to take this course. If you have previously studied German or have completed German: Beginner and would like to refresh your knowledge at an intermediate level, this course is ideal for you. This course will strengthen your foundation in grammar, enrich your vocabulary, and improve your conversational skills and listening comprehension. Lessons are enhanced by fun videos and fascinating cultural facts.

**Textbook:** Course manual will be provided (required)

**Instructor:** Joanna Schaller (MA [pedagogy])

**Delivery style:** Online Hybrid

**Date:** Thursdays, Jan. 28 to April 1

**Time:** 7 to 9 pm

**Register by:** Friday, Jan. 15

**Duration:** 10 weeks

**Fee:** $247 plus $12.35 GST (includes required manual)

**Code:** ASLA016 2021S D11

**German: Beginner**

If you have completed German: Introductory or have equivalent grammar and conversation skills, this course will build on that foundation. Through role-playing, simulations and other exercises, you'll continue to build your essential vocabulary and your knowledge of structures, idioms and cultural etiquette.

**Textbook:** Course manual will be provided (required).

**Instructor:** Joanna Schaller (MA [pedagogy])

**Delivery style:** Online Hybrid

**Date:** Thursdays, April 14 to June 16

**Time:** 6:30 to 8:30 pm

**Register by:** Thursday, April 1

**Duration:** 10 weeks

**Fee:** $247 plus $12.35 GST (includes required manual)

**Code:** ASLA216 2021K D11

**German: Intermediate**

If you have previously studied German or have completed German: Beginner and would like to refresh your knowledge at an intermediate level, this course is ideal for you. This course will strengthen your foundation in grammar, enrich your vocabulary, and improve your conversational skills and listening comprehension. Lessons are enhanced by fun videos and fascinating cultural facts.

**Textbook:** Course manual will be provided (required)

**Instructor:** Joanna Schaller (MA [pedagogy])

**Delivery style:** Online Hybrid

**Date:** Thursdays, April 15 to June 17

**Time:** 7 to 9 pm

**Register by:** Thursday, April 1

**Duration:** 10 weeks

**Fee:** $247 plus $12.35 GST (includes required manual)

**Code:** ASLA316 2021K D11

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**Delivery style definitions**

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**Face to Face** – When learning occurs in person, at a physical location.

**Blended** – A combination of face to face and any type of online delivery style.
ITALIAN

**Italian: Introductory**

If you have no previous knowledge of Italian and want to learn basic conversation, reading and writing skills, this course is for you. You will learn about Italian language and culture through short lectures and videos, and you will speak Italian in every class, preparing you for conversations and travel experiences in Italian.

**Instructor:** Estelle Kurier  
**Delivery style:** Online Hybrid  
**Date:** Thursdays, Jan. 28 to April 1  
**Time:** 6 to 8 pm  
**Register by:** Friday, Jan. 15  
**Duration:** 10 weeks  
**Fee:** $222 plus $11.10 GST  
**Code:** ASLA049 2021S D11

**Italian: Beginner**

This beginner course is intended for those who have completed **Italian: Introductory** or who already have some basic skills. Videos and cultural discussions will enhance your learning and strengthen your basic knowledge in a fun and interactive atmosphere.

**Instructor:** Estelle Kurier  
**Delivery style:** Online Hybrid  
**Date:** Fridays, Jan. 22 to March 26  
**Time:** 12:30 to 2:30 pm  
**Register by:** Friday, Jan. 15  
**Duration:** 10 weeks  
**Fee:** $222 plus $11.10 GST  
**Code:** ASLA249 2021S D01

**Italian: Intermediate**

This intermediate course is intended for those who have completed **Italian: Beginner** or who feel confident with the basics and wish to explore the language further. You will advance your conversation skills and further develop your listening and reading comprehension skills while continuing to learn about various cultural topics.

**Instructor:** Estelle Kurier  
**Delivery style:** Online Hybrid  
**Date:** Fridays, April 16 to June 18  
**Time:** 12:30 to 2:30 pm  
**Register by:** Thursday, April 1  
**Duration:** 10 weeks  
**Fee:** $222 plus $11.10 GST  
**Code:** ASLA349 2021K D11

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**Emergency Management for Organizational Continuity**

**PROFESSIONAL DEVELOPMENT CERTIFICATE**

This new, four-course program equips learners with the knowledge and skills to plan for and maintain business continuity in the event of an emergency such as a natural disaster, pandemic, conflict or cyber-attack. Students will develop the skills to prevent, respond to and manage threats to business continuity relevant to their industry, sector and organization.

**LEARN MORE**
continuingstudies.uvic.ca/EMOC
Japanese: Introductory

Whether you are hosting a Japanese visitor or planning a trip to Japan, let’s learn to speak Japanese! This course is designed for those who have no previous knowledge of Japanese and are eager to take up a new challenge. In addition to learning “survival” words and phrases, you’ll be introduced to the “hiragana” and “katakana” characters, as well as the basics of Japanese grammar. You’ll also focus on developing practical conversation skills and will be introduced to cultural aspects of life in Japan.

Textbook: Course manual will be provided (required)

Instructor: Nozomi Franco Cea

Delivery style: Online Hybrid
Date: Tuesdays, Jan. 26 to March 30
Time: 6 to 8 pm
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA008 2021K D11

Japanese: Beginner

This course is designed for those who have completed Japanese: Introductory or who have some prior knowledge of the language. You will gain proficiency in the understanding, speaking, reading and writing of Japanese in practical situations. You will also learn more about Japan’s culture and people.

Textbook: Course manual will be provided (required)

Instructor: Nozomi Franco Cea

Delivery style: Online Hybrid
Date: Thursdays, Jan. 28 to April 1
Time: 6 to 8 pm
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA308 2021S D11

Japanese: Intermediate

If you have completed Japanese: Beginner or who have strong knowledge of the language with recognition of “hiragana” and “katakana” letters, this course is for you. Japanese: Intermediate further develops grammatical and conversation skills, while allowing you to further explore prominent aspects of Japanese culture.

Textbook: Course manual will be provided (required)

Instructor: Keiko Tachibana (BA [linguistics])

Delivery style: Online Hybrid
Date: Thursdays, Jan. 28 to April 1
Time: 6 to 8 pm
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA308 2021K D11

Japanese: Advanced

This course is designed for those who have completed Japanese: Intermediate or who have a high-intermediate knowledge of the language. It will further develop your speaking, listening and reading skills. Hiragana and katakana characters will be used in the class to strengthen your writing.

Textbook: Course manual will be provided (required)

Instructor: Keiko Tachibana (BA [linguistics])

Delivery style: Online Hybrid
Date: Wednesdays, Jan. 27 to March 31
Time: 6 to 8 pm
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA408 2021K D11

Japanese: Advanced

This course is designed for those who have completed Japanese: Intermediate or who have a high-intermediate knowledge of the language. It will further develop your speaking, listening and reading skills. Hiragana and katakana characters will be used in the class to strengthen your writing.

Textbook: Course manual will be provided (required)

Instructor: Keiko Tachibana (BA [linguistics])

Delivery style: Online Hybrid
Date: Wednesdays, April 14 to June 16
Time: 6 to 8 pm
Register by: Thursday, April 1
Duration: 10 weeks
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA408 2021K D11

Delivery style definitions

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Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.
KOREAN

Korean: Introductory

Have you been interested in learning about “한류” (Hallyu or the Korean Wave)? If you’re interested in learning about the Korean language and culture, you’ll love this course. Here, you’ll learn to read and write “Hangul”, the Korean alphabet, “survival” words, and daily expressions in modern Korean culture. By the end of the course, you will be able to carry on basic conversations on topics such as dining out and shopping.

Textbook: Active Korean 1, by Language Education Institute, Seoul National University, from Moonjinmedia publishing (required), Mastering Conversational Korean: Korean for Beginners, by Kyubyong Park & Henry J Amen IV, from Tuttle Publishing (optional)

Instructor: Jaerang Lee

Delivery style: Online Hybrid
Date: Mondays, Jan. 18 to March 29
Time: 7 to 9 pm
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $222 plus $11.10 GST
Code: ASLA009 2021S D11

Korean: Beginner

This fun and interactive course is a continuation of Korean: Introductory. It is also designed for people with some written and oral communication skills in the Korean language. At the end of the course, students will be able to communicate a bit more fluently in Korean in daily life. For example, they will be able to set up their own appointments, ask for and follow directions, and make a phone call in Korean! Finally, students will also be able to enjoy Korean modern pop culture.

Textbook: Active Korean 2, by Language Education Institute, Seoul National University, from Moonjinmedia publishing (required), Mastering Conversational Korean: Korean for Beginners, by Kyubyong Park & Henry J Amen IV, from Tutte Publishing (optional)

Instructor: Jaerang Lee

Delivery style: Online Hybrid
Date: Wednesdays, April 12 to June 21
Time: 7 to 9 pm
Register by: Thursday, April 1
Duration: 10 weeks
Fee: $222 plus $11.10 GST
Code: ASLA209 2021K D11

Korean: Intermediate

This course is for those who have already completed Korean: Beginner, or who have some basic communication skills, vocabulary and sentence patterns. In this course, you will deepen your understanding of basic grammar and sentence construction, and expand your vocabulary to be able to: make inquiries about public transportation, make reservations for hotels or restaurants, and more. You will also broaden your understanding of Korean modern pop culture.

Textbook: Active Korean 3, by Language Education Institute - Seoul National University, from Two Ponds publishing (required), Active Korean 3 Workbook, by Moonjinmedia (optional)

Instructor: Jaerang Lee

Delivery style: Online Hybrid
Date: Thursdays, April 15 to June 17
Time: 7 to 9 pm
Register by: Thursday, April 1
Duration: 10 weeks
Fee: $222 plus $11.10 GST
Code: ASLA309 2021S D11

MANDARIN

Mandarin: Introductory

This course is a very basic introduction to the Mandarin language. You will learn “survival” words and phrases, and receive ear training for Mandarin tones to become aware of how the meaning of words change in Mandarin.


Instructor: Dawn Yuan

Delivery style: Online Hybrid
Date: Mondays, Jan. 18 to March 29
Time: 7 to 9 pm
Register by: Friday, Feb. 15
Duration: 10 weeks
Fee: $222 plus $11.10 GST
Code: ASLA013 2021K D11

Mandarin: Beginner

If you already have a basic knowledge of Mandarin tones and “survival” Mandarin, this course will help you master simple sentences for easy conversations. Connected to the reality of daily life, you will learn basic Chinese characters useful for email or WeChat messages.


Instructor: Dawn Yuan

Delivery style: Online Hybrid
Date: Mondays, April 12 to June 21
Time: 7 to 9 pm
Register by: Thursday, Apr. 1
Duration: 10 weeks
Fee: $222 plus $11.10 GST
Code: ASLA213 2021K D11

Mandarin: Intermediate

This course is for those who have already completed Mandarin: Beginner (or the equivalent). Here, you’ll take your basic knowledge of Chinese characters and developed tone recognition and expand your ability to build longer sentences, while continuing to learn about the culture through Chinese songs, poems, movies, and other art forms.


Instructor: Dawn Yuan

Delivery style: Online Hybrid
Date: Wednesdays, April 14 to June 16
Time: 7 to 9 pm
Register by: Thursday, April 1
Duration: 10 weeks
Fee: $222 plus $11.10 GST
Code: ASLA313 2021K D11
RUSSIAN

Russian: Introductory

This interactive course will help you to learn simple introductory concepts of Russian vocabulary and grammar, as well as how to make full sentences. You will actively learn basic level Russian through four skills: listening, speaking, reading and writing. Through a communicative approach, you will learn many historical facts about Russia and its culture, as you watch videos and participate in classroom activities.

Textbook: Course manual will be provided (required)

Instructor: Galina Sanaeva (PhD)

Delivery style: Online Hybrid
Date: Mondays, Jan. 12 to June 21
(no class May 24)
Time: 6 to 8 pm
Register by: Thursday, April 1
Duration: 10 weeks
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA204 2021K D11

Russian: Beginner

This course is intended for students who have completed Russian: Introductory or the equivalent.

Russian: Beginner will help you to build your confidence in your Russian language communication skills using a variety of real-life scenarios (asking for directions, occupation, hobbies, small talk). You'll also cover more complex aspects of Russian grammar and syntax, and you'll use online resources to further enrich your learning.

In this interactive course, students will have access to free online course materials and other various resources related to Russian culture.

Textbook: Course manual will be provided (required)

Instructor: Galina Sanaeva (PhD)

Delivery style: Online Hybrid
Date: Thursdays, Jan. 21 to March 25
Time: 6 to 8 pm
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA004 2021S D11

Russian: Intermediate

In this intermediate course, you will strengthen your conversation skills and expand your understanding of Russian grammar. We will also take advantage of online, audio and video materials to further optimize your learning. Participants are expected to have some proficiency in Russian or to have completed Russian: Beginner (or the equivalent).

Textbook: Course manual will be provided (required).

Instructor: Galina Sanaeva (PhD)

Delivery style: Online Hybrid
Date: Thursdays, April 15 to June 17
Time: 6 to 8 pm
Register by: Thursday, April 1
Duration: 10 weeks
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA304 2021K D11

SPANISH

Spanish: Introductory

This introduction to Spanish is designed for those who have no previous knowledge of the language. Here, you will acquire basic pronunciation, vocabulary and grammar, as well as conversation skills through practice in pairs and small groups. Videos and audiovisual materials will enrich the content of your classes and teach important aspects of culture.

Textbook: Complete Spanish Step-by-Step, by Barbara Bregstein with McGraw-Hill (required)

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Online Hybrid
Date: Tuesdays, Jan. 19 to March 23
Time: 9:15 to 11:15 am
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $222 plus $11.10 GST
Code: ASLA025 2021S D11

Spanish: Intermediate

In this intermediate course, you will strengthen your conversation skills and expand your understanding of Spanish grammar. You will also take advantage of online, audio and video materials to further optimize your learning. Participants are expected to have some proficiency in Spanish or to have completed Spanish: Beginner (or the equivalent).

Textbook: Course manual will be provided (required).

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Online Hybrid
Date: Thursdays, April 15 to June 17
Time: 6 to 8 pm
Register by: Thursday, April 1
Duration: 10 weeks
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA304 2021K D11

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

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Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.
Spanish: Beginner

This course is for those who have completed Spanish: Introductory, or have a basic knowledge of the language and wish to improve their written and speaking skills. This course gives you the opportunity to participate in class and strengthen your oral skills in a friendly atmosphere. Essential grammar points will also be covered.

Textbook: Complete Spanish Step-by-Step, by Barbara Bregstein with McGraw-Hill (required)

Instructor: Alicia Brown (BA)

Delivery style: Online Hybrid
Date: Mondays, Jan. 18 to March 29
Time: 7 to 9 pm
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $222 plus $11.10 GST
Code: ASLA225 2021S D11

Spanish: Intermediate

Do you have a basic knowledge of Spanish and are looking to progress further, or have you recently completed Spanish: Beginner? This intermediate course will help you improve your speaking abilities by giving you ample opportunities to practise conversation. An increased emphasis on grammar will also strengthen your writing skills.

Textbook: Complete Spanish Step-by-Step, by Barbara Bregstein with McGraw-Hill (required)

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Online Hybrid
Date: Thursdays, Jan. 21 to March 25
Time: 7 to 9 pm
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $222 plus $11.10 GST
Code: ASLA325 2021S D11

Spanish: Advanced

This advanced conversation class is intended for those who have completed Spanish: Intermediate or have a high intermediate to advanced level. This class is geared to help you maintain your fluency, further enrich your vocabulary and introduce you to the Spanish culture. Typical activities will include oral presentations and discussion of current events.

Instructor: Maria Elena Cuervo-Lorens

Delivery style: Online Hybrid
Date: Wednesdays, Jan. 20 to March 24
Time: 1 to 3 pm
Register by: Friday, Jan. 15
Duration: 10 weeks
Fee: $222 plus $11.10 GST
Code: ASLA425 2021S D01

FOR MORE INFORMATION:
World Languages
250-721-8630
languages@uvic.ca
continuingstudies.uvic.ca/languages
Discover the world with our guided educational tours

While we may not be able to travel far in the immediate future, we are planning some exciting educational tours for when we are able to do so again. Our tours are open to everyone, regardless of educational background. Detailed information will be available later this year. For updates, please visit continuingstudies.uvic.ca/travel

Discover the world with our guided educational tours

From Mexico City to Oaxaca: Art and Food
New York, New York “Start Spreadin’ the News…”
Art History of Newfoundland: 500 Years of Inspiration and Creativity
Georgia O’Keeffe in New Mexico

The following tours are being considered for 2022/2023:

<table>
<thead>
<tr>
<th>Highlights of Scandinavia</th>
<th>Art History of our Northwest Coast: Emily Carr and First Nations</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 2022</td>
<td>August 2022</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Jewels of the Habsburgs: Prague, Vienna, Budapest</th>
<th>Journey to Israel, with a Visit to Petra, Jordan</th>
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</thead>
<tbody>
<tr>
<td>August/September 2022</td>
<td>November/December 2022</td>
</tr>
</tbody>
</table>

What makes our travel tours unique?

- Academic guides
- Pre-tour classes
- Small groups
- Travelling tour coordinator

LET US KNOW IF YOU’RE INTERESTED:
250-721-7797 | art.sci@uvic.ca | continuingstudies.uvic.ca/upcoming-tours
When the world first went into lockdown last March, we at Continuing Studies at UVic were already in the midst of delivering our spring courses and planning our course selections for September. It seemed as though the whole world had suddenly come to a crashing halt.

All face-to-face classes were immediately cancelled. Several of our professional programs were able to proceed as scheduled, as many of them were already being offered online, but for our community programming, we had virtually no online course offerings. Historically, our community programming had predominantly been taught through face-to-face delivery styles, but now that left our entire audience of community learners out of luck.

As a division, we knew we had to pivot and evolve. And we did. Immediately.

Our program staff and instructors put a tremendous amount of effort into making courses available to learners, as quickly as possible, despite the chaos that was going on around us. The very initial community course offerings that we were able to convert to an online delivery style were our World Languages courses, the first of which started just a few weeks after lockdown began.

World Languages instructors Maria Elena Cuervo-Lorens and Estelle Kurier were among the first of our instructors to make the switch to the online delivery style.
Maria Elena was born and raised in Mexico City where she taught English as a Second Language for several years before moving to Canada in 1976. After retiring from a career at the Saanich School District, she was approached by a friend, Didier Bergeret, who happened to be the program coordinator for the World Languages courses at Continuing Studies. He asked her if she would be interested in teaching Spanish courses and she agreed. That was in 2006, and she’s been teaching with us ever since.

What do you enjoy about teaching at Continuing Studies?
I am a very active person and teaching motivates me to learn more, it keeps me active physically and mentally.

How is teaching at Continuing Studies different from other kinds of teaching that you do?
I published two cookbooks and for about 15 years I taught cooking classes at Camosun College and in many different cooking schools on Vancouver Island, and in Vancouver, Calgary and Toronto. My books are not only recipes, but they also contain some history, providing a glimpse into the Spanish culture. Teaching Spanish at Continuing Studies gives me the opportunity to teach more than the grammar of the language, but also the customs, arts and culture of the Spanish world.

What surprises you about some of the people who participate in the course(s) you teach?
It never ceases to amaze me how interested people are in learning another language, how much they study, and how much research they do on the internet when faced with something or somebody they have never heard of. What also surprises me is their interest in new technology and how much time they devote to learning new things.
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Estelle Kurier
Italian Language Instructor

Estelle is a PhD candidate in Hispanic and Italian Studies at UVic, where she also teaches Italian courses on campus. She heard through the department that Continuing Studies was looking for an instructor for Italian courses and she has been teaching with us since January 2019. She is also a wife and mother to a young son and when she's not working, she loves flamenco dancing.

How did you find teaching your class online for the first time?
This was the first time that I [have ever] taught online. I must say that it was quite a challenge but I was willing to learn. I think some of the benefits of the online courses are that we can reach students from other parts of BC. Last term I had a [former] student [who lives] in Vancouver now, and this term I have a student from Cowichan Bay, one from Prince George and another from Mill Bay.

How have your students been responding to the new online format?
I am amazed at their response. They are willing to learn, no matter how difficult it is, and they do it with interest.

If you could, what one thing would you like to change/improve about the way we all experience life in the world today?
I find it almost impossible not to talk about [the pandemic] because it is something we have never experienced before. The lockdown and isolation we experienced when all this began was not at all something nice. We need contact with people, family, friends, neighbours, etc. This is an aspect of life, in general, that we can always improve.

Maria Elena Cuervo-Lorens
I love when students have breakthrough moments and are able to say and do things they didn’t expect they could.

What surprises you about some of the people who participate in the courses you teach?
I am often surprised [with the reasons] why some students are learning Italian. Some plan to do walking trips in Italy, while others want to learn some Italian to communicate with relatives they have never met before. Others want to learn a new language for “brain exercise”. It’s great for that!

What do you see as the challenges or benefits of teaching online?
Benefits: Everyone stays safe and students can take the course from anywhere (the fall introductory course had students from all around BC!).

Challenges: Making sure that everyone feels comfortable with participating online, and audio/video issues (fortunately, they do not happen too often).

Is there a formative experience from your past that maintains its relevance to your work or life now?
When I was little, I loved looking at my French mother’s large, hardcover art books with beautiful colour images of great works of art. The Italian ones were my favourite, even as a child. My mom taught me about the Italian artists (and others) in French, but said that maybe one day I would go to Italy and see the great works of art in person. As an adult I was lucky enough to do so many times! This early development of language skills and exposure to the culture of other countries has stayed with me, and these are skills and interests that I continue to develop today.
Science and Ecological Restoration

Foreseeing new perspectives...

Green Shores™ Training
Protecting shorelines in the face of climate change and sea level rise has largely focused on building seawalls and dikes. While these structures provide protection in the short term, they're expensive and often contribute to erosion and habitat loss at other locations along the shoreline. As an alternative to hard armouring solutions like seawalls, the Green Shores program provides practical strategies for shoreline design and management, and the promotion of healthy shoreline environments. Open to homeowners and shoreline professionals, these one and two day workshops provide information about the Green Shores program, including its rationale, benefits and application.

Topics covered include shoreline ecology and governance, Green Shores™ credits and ratings systems, and a visit to local shorelines to consider the concepts in a practical setting.

Visit greenshores.ca or send an email to ecorestoration@uvic.ca for information about upcoming workshops.

Ecosystems for the Future
The world’s climate is out of balance, and it is driving ecosystem changes—from fire/flood/drought/rainstorm/insect infestation/sea level rise—that few of us have seen in our lifetimes. This online learning experience will explore the complexity of BC’s biodiversity, basic drivers of change in ecosystems and the challenges they present in different types of ecosystems. Learn how climate change models help us understand what the future scale of change might be and how the practice of ecological restoration can point the way to positive actions at the ground level.

Instructor: Thomas Munson
Delivery style: Online Asynchronous
Date: April 26 to May 7
Duration: 2 weeks
Fee: $275 plus $13.75 GST
Code: ER800 2021K D01

FOR MORE INFORMATION:
Ecological Restoration
250-721-8458
artssci1@uvic.ca
continuingstudies.uvic.ca/ECO
GENERAL SCIENCE
AND MATH

Introduction to Biology and Natural History

This online self-study course is for people looking to gain foundational, scientifically sound, knowledge in biology and natural history. It is organized into 11 study units outlining the general principles by which plants and animals interact with each other and their surroundings. Our course will guide you, self-paced, through each module so that you can attain a Certificate of Completion on successfully passing.

Who should take this course:

- Anyone interested in natural history and natural resource management or ecology
- Volunteers for nature programs and associations
- Beginning naturalists
- Nature artists
- Ecotourism operators and adventure tour guides
- Summer camp naturalists and educators

Delivery style: Online Asynchronous
Date: Jan. 4 to Nov. 1
Register by: Sunday, Feb. 28
Duration: Up to 43 weeks
Fee: $85 plus $4.25 GST
Code: ER099 2021S D01

Introduction to Chemistry

This online tutorial course is designed to provide background for those who intend to enrol in a university-level introductory chemistry course. If you do not have the equivalent of Chemistry 12, you may be allowed to use this course to fulfill that prerequisite.

Prerequisites: Prerequisites for this course include successful completion of Principles of Mathematics 12 or Pre-Calculus 12, and Chemistry 11, or their equivalents. Transcripts must be provided to the Division of Continuing Studies to show completion of these courses before permission to register is granted.

Instructor: Monica Reimer

Delivery style: Online Asynchronous
Date: May 10 to June 25
Register by: Friday, May 7
Duration: 7 weeks
Fee: $182.50 plus $9.13 GST
Code: ASCH091 2021K D01

Instructor: Monica Reimer

Delivery style: Online Asynchronous
Date: July 5 to Aug. 20
Register by: Friday, July 2
Duration: 7 weeks
Fee: $182.50 plus $9.13 GST
Code: ASCH091 2021K D02

Mathematical Skills

This non-credit preparatory course provides a review of the fundamental concepts and problem-solving skills taught prior to Grade 12. Topics include fractions, ratios and proportions; shape, space and geometry; right triangle trigonometry; exponents; lines, polynomials and factoring; functions; co-ordinate systems; graphing functions and solving equations and inequalities.

If you successfully complete this course, you may apply to the UVic Department of Mathematics and Statistics for permission to take Math 120, Math 151 or Math 161.

Instructor: Morgan Sargent

Delivery style: Online Hybrid
Date: Tuesdays and Thursdays, July 6 to Aug. 26
Time: 4:30 to 6:30 pm
Duration: 8 weeks
Fee: $325 plus $16.25 GST
Code: ASMA099 2021K D01

FOR MORE INFORMATION:
General Science and Math
250-721-8458
artssci2@uvic.ca
continuingstudies.uvic.ca/GEN

FOR MORE INFORMATION:

General Science and Math
250-721-8458
artssci2@uvic.ca
continuingstudies.uvic.ca/GEN

DELIVERY STYLE DEFINITIONS

Online Asynchronous – When learning does not occur in the same place or at the same time. It uses resources that facilitate information sharing outside the constraints of time and place among a network of people.

Online Synchronous – When a group of students are engaging in learning at the same time, at a specific time.

Online Hybrid – A combination of synchronous and asynchronous learning.

Face to Face – When learning occurs in person, at a physical location.

Blended – A combination of face to face and any type of online delivery style.
The Future: The Near Future

The drive to overcome death, enhanced humans 2.0, and surviving disasters over the next 100 years will be topics in this second course in this series. We will also look at our cultural future including: technology developments such as autonomous cars and weapons, the rise of AI and supercomputers, and employment, economy, religion and social structural changes.

Instructor: Donald Macdonald (BSc, MSc)

Delivery style: Online Hybrid
Date: Feb. 11
Time: 11 am to 2 pm
Duration: 1 session
Fee: $30 plus $1.50 GST
Code: ASSC308-2 2021S D01

The Future: The Distant Future

Over the next thousand years, humanity is likely to move beyond the Earth and explore the stars. This third course in the series will examine potential colonization of the moon and Mars, plus reaching out to other planets and moons in the solar system. Exploring the galaxy may be possible if we learn much more about the physics of the universe. We will wrap-up the course, and the series, by looking at the Earth, solar system and the universe billions of years into the future.

Instructor: Donald Macdonald (BSc, MSc)

Delivery style: Online Hybrid
Date: Feb. 18
Time: 11 am to 2 pm
Duration: 1 session
Fee: $30 plus $1.50 GST
Code: ASSC308-3 2021S D01

FOR MORE INFORMATION:
The Future Series
250-721-8481
artsc12@uvic.ca
continuingstudies.uvic.ca/future

Garden Design for the Pacific Northwest

Have you always wanted to be able to create your own accurate and professional looking garden design plans? Join Jeff de Jong for this online course that guarantees to be inspiring, challenging and rewarding. Starting from the basics, you will learn the design process and complete manageable assignments to practice your new skills.

Each class follows in sequence to allow you the best possible likelihood for a successful outcome. You will leave this course with essential tools to design a garden landscape plan. This course is designed for the personal use of the home gardener. A list of suggested supplies will be provided.

Instructor: Jeff de Jong

Delivery style: Online Synchronous
Date: Mondays and Thursdays, Jan. 21 to Feb. 8
Time: 7 to 9 pm
Duration: 3 weeks
Fee: $120 plus $6 GST
Code: ASSC309 2021S D01
A BC Park Ranger once told me, “people need to know and understand nature before they can care about it, and they won’t fight to protect what they do not love.” Societies today are increasingly disconnected from nature and plugged into technology. What does this disconnect mean for conservation in British Columbia? With case study examples from Galiano Island as a starting point, you will learn about work happening on this Gulf Island to encourage community stewardship and mentor environmental stewards of the future. Every community faces unique challenges and opportunities—come share your stories and ideas for helping to nurture a conservation ethic in your community.

**Instructors:** Jenna Falk and Paige Erickson-McGee

**NEW Gardens in History: Japanese Gardens**

Throughout garden history Japanese gardens have been revered for their flawless design details and inspirational compositions, properties which have elevated them from mere gardens to havens of peace, serenity and introspection. Join landscape horticulturalist and master gardener Susan Hawkins as we explore the history, philosophy, horticulture and design elements of Japanese gardens including Zen gardens, tea gardens and stroll gardens. We will examine some of the best-known Japanese Gardens of Victoria and Vancouver including; Butchart Gardens, Hatley Park, Gorge Rd. Park, the Horticulture Centre of the Pacific, and the Nitobe Gardens at UBC. This course will also provide practical knowledge for today’s gardeners on water features, placing stones, specific design techniques, selecting plant material and inspiration to create your own magnificent garden sanctuary whether in a pot, patio or a yard.

**Instructor:** Susan Hawkins

**Delivery style:** Online Hybrid

**Date:** Wednesdays, April 7 to 21

**Time:** 2 to 4 pm

**Duration:** 2 weeks

**Fee:** $75 plus $3.75 GST

**Code:** ASSC311 2021S D01

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For more information:

Horticulture and Nature Tours
250-721-8458
artssc1@uvic.ca
continuingstudies.uvic.ca/HORT

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Thinking about taking an online course?

Are you new to online learning? Take this short quiz and get answers to some of the most commonly asked questions. Find out what you can accomplish by simply taking courses online and learn about our different types of delivery styles.

To take the quiz, visit: continuingstudies.uvic.ca/quiz
General information

CAMPUS SERVICES

Academic accommodations
At Continuing Studies at UVic, we want to support all of our students towards achieving success. Sometimes this means providing academic accommodations to reduce barriers and provide different ways of meeting essential course or program requirements. Of course, fulfilling these requirements remains the responsibility of learners, but there are things that we can do to help. Some barriers could include:

- Mobility challenges
- Visual impairment (low vision/blind)
- Learning disability, ADHD
- Deaf or hard of hearing
- Chronic pain
- Anxiety

Learners with long-term or chronic medical issues and learners with disabilities are encouraged to contact our student support coordinator as early as possible to see how we can best support their learning.

FOR MORE INFORMATION
Student Support Coordinator: 250-721-8473 | sscoord@uvic.ca
continuingstudies.uvic.ca/campus-info

The Farquhar at UVic
The Farquhar at UVic is the largest performing arts venue located on campus, presenting high profile music, theatre, dance and performances by many community groups. It is also home to all UVic convocation ceremonies. Student Rush Tickets ($10) are available with a valid ONECard two weeks in advance of select Farquhar Presented events. Students are encouraged to follow The Farquhar at UVic’s Facebook and Twitter feeds for more information on upcoming shows and on Student Rush Tickets availability: facebook.com/UVicFaqr and twitter.com/ UVicFarquhar.

While closed to audiences due to COVID-19 restrictions, The Farquhar is available for rent for recording/live streaming events.

FOR MORE INFORMATION
250-721-8480 | uvic.ca/farquhar

University Food Services
University Food Services (UNFS) operates the following:

- Arts Place, Fine Arts Building
- BiblioCafé, McPherson Library
- Court Café, Fraser Building
- Halftime, CARSA
- Mac’s, MacLaurin Building
- MOD (Modular Dining Facility)
- Mystic Market, University Centre (10 outlets)
- Nibbles & Bytes Café, Engineering Lab Wing
- SciCafé, Bob Wright Building

When students, faculty and staff use their ONECard Flex Funds at any UNFS outlet, they receive a 5% discount on their purchase. Please note that purchases made at the General Store are exempt from this discount. Campus guests may obtain a GUESTCard from the ONECard Office that also provides 5% off purchases at all UNFS outlets.

You may add Flex Funds to your ONECard at uvic.ca/food or in person at the ONECard Office.

Note: Some UNFS outlets may be closed temporarily due to reduced student numbers as a result of COVID-19.

FOR MORE INFORMATION
250-472-4777 | eat@uvic.ca | uvic.ca/food

University of Victoria Legacy Art Galleries
At the University of Victoria Legacy Art Galleries, art works to promote dialogue around issues that matter. Our exhibitions and programs activate research and learning through university and community collaborations. Mentorship is critical to Legacy’s operations while providing real-life museum and collection work experience enabling students to be better prepared for future careers.

Legacy has three main sites for rotating exhibitions including the Legacy Art Gallery Downtown, on campus at the Legacy Maltwood, and in the First Peoples House. Additionally, more than 2,000 works from the collection are on display in buildings across campus and in the community, underlining the educational and community-building roles of art. All free to enjoy!

The Legacy Art Gallery Downtown is UVic’s primary gallery space. It is a lively and engaging centre for arts that is easily accessible to the community and features rotating exhibitions. The Legacy Downtown is also a site for public programs, and both university and community events.

FOR MORE INFORMATION
250-721-6000 | alumni@uvic.ca | alumni.uvic.ca

UVic Alumni Association
The UVic Alumni Association represents all graduates of the University of Victoria, including graduates of diploma and certificate programs. We encourage active, lifelong involvement in the university’s teaching, research and community-outreach efforts.

The association offers a host of benefits and services that link alumni with their university. Visit us at alumni.uvic.ca and learn about our events, programs and services. The UVic Torch Alumni Magazine is mailed free of charge and we distribute a monthly electronic newsletter to all alumni who provide us with their email address.

FOR MORE INFORMATION
250-721-6000 | alumni@uvic.ca | alumni.uvic.ca

UVic Bookstore / Blink Print / Computer Store / Starbucks
The Bookstore offers a variety of items essential to academic success, including new and used texts and digital versions when available. All textbooks requested by faculty are stocked in store. The Bookstore’s general book department carries a comprehensive selection of both academic and general titles. Textbook listings are available online three weeks before the beginning of each term.

The Bookstore also handles regalia rentals for graduates, offers a wide selection of contemporary UVic crested clothing, school and stationery supplies, and has a unique gift section.

Blink Print is a wide format print shop located on the lower level of the Bookstore. They offer the most affordable large format printing on campus which includes presentation posters, signs, banners, decals and more. Blink’s services are open to the public as well as the campus community.
The Computer Store carries a wide selection of laptops, hardware and accessories.

There is a Starbucks located on the lower level of the Bookstore.

FOR MORE INFORMATION
UVic Bookstore / Computer Store: 250-721-8311 | uvicbookstore.ca
For up-to-date hours, visit the website.

Blink Print: 250-472-4590
blinkprt@uvic.ca | uvic.ca/print

UVic Libraries
The Mearns Centre for Learning – McPherson Library and the Priestly Law Library provide comfortable, positive and welcoming learning environments for students. Continuing Studies students taking any non-credit course are eligible to borrow library materials. Contact the Loan Desk to set up your community card and start exploring the libraries' resources and borrowing privileges.

FOR MORE INFORMATION
UVic Libraries Loan Desk: 250-721-8230
askus@uvic.ca | uvic.ca/library

Students residing outside Victoria, contact Distance Learning and Research Infoline: 250-721-6488 | infoline@uvic.ca

VISITING CAMPUS
The University of Victoria encourages visitors to use sustainable transportation to get to campus: transit, walking, cycling and carpooling. For detailed information on travel choices available, please visit: uvic.ca/sustainability/topics/transportion/drivingalternatives.

Buses
The campus bus terminal is located beside the Campus Services Building, Finnerty Road. The campus is served by the following bus routes:

4 UVic/Downtown via Hillside, Douglas, Fairfield and Gorge
7 UVic/Downtown via Douglas, Fairfield, May and Foul Bay
9 Royal Oak/UVic via Interurban, Burnside, Gorge and Hillside
11 Tillicum Centre/UVic via Gorge, Fort, Oak Bay and Cadboro Bay
12 University Heights/UVic via Garnet, Kenmore and San Juan
13 Ten Mile Point/UVic via Cadboro Bay and Arbutus
14 Vic General/UVic via Oak Bay Junction, Yates, Craigflower and Victoria General Hospital
15 Esquimalt/UVic via HMC Dockyard, Esquimalt, Fort, Oak Bay and Foul Bay
16 Uptown/UVic via McKenzie and Carey
26 Dockyard/UVic via McKenzie, Saanich Road, Tillicum and HMC Dockyard
39 Westhills/Interurban/Royal Oak/UVic via Shelbourne, Royal Oak, Interurban, Watkiss Way, Island Hwy and Goldstream
51 Langford Exchange/UVic via McKenzie, Glanford and Island Hwy
76 Swartz Bay/UVic via McKenzie, Pat Bay Hwy and Swartz Bay Ferry Terminal

FOR MORE INFORMATION
BC Transit: 250-382-6161 | bctransit.com
For up-to-date route changes, visit the website or use Next Ride Trip Planner.

Campus Safety
Campus Security Services is committed to promoting a safe and welcoming environment to enhance the well-being of students, staff, faculty and visitors, and to protect all university property. Campus Security Services is open 24 hours a day, seven days a week. A "safe haven" is located just inside their front doors should you need help at any time. SafeWalk services are available any time to anyone wanting an escort within campus boundaries. Campus Alone is available 24 hours a day for individuals who work/study in isolated areas on campus and are concerned about their personal safety. Security Officers act as First Responders trained to handle all medical emergencies. Crime prevention, personal safety information and workshops are available.

Reminders:
• Be alert and aware of your surroundings
• Trust your instincts
• Plan your route and vary it, if possible
• Park in well-lit areas
• Keep your vehicle locked
• Wallets and purses are attractive targets to thieves—don't leave unattended
• Have your keys ready before you get to your vehicle
• Check interior of vehicle before entering

FOR MORE INFORMATION
Campus Security Services / SafeWalk Services: 250-721-7599 | web.uvic.ca/security
Personal Safety Coordinator: 250-721-8981

Emergency procedures – just in case
Although major emergencies on campus are unlikely, it's a good idea to be prepared. Here are a few tips to help you respond when the unexpected happens.

• Download the UVic SafetyApp and sign up for UVic Emergency Alerts. Visit uvic.ca/alerts.
• Use texting, not calls, to tell people you're safe.
• Medical emergency? Call 911 and Campus Security Services: 250-721-7599. Provide the location of emergency.
• Fire? Pull the fire alarm and get out of the building—follow the instructions of the emergency coordinators wearing safety vests.
• Earthquake? Drop, Cover and Hold On. Do not leave the building until the shaking stops. Head towards the playing fields behind CARSA and stay away from the buildings.
• Threat of violence? Protect yourself by getting out, hiding, or as a last resort—fight.
• If you evacuate a building, take your wallet, keys and cell phone with you.
• If you see something, say something—call 911 or Campus Security Services: 250-721-7599 to report an emergency or unusual behaviour.

PARKING
Pay parking is in effect Monday to Saturday, 24 hours. Pay by Licence (PBL) is in effect on campus, visitors are required to enter their licence plate at the parking dispenser at the time of purchase. Parking permits may be purchased at any of the parking permit dispensers located in lots outside Ring Road or in advance online at parking.uvic.ca.

These permits are valid only in the General Parking areas in numbered lots only, not at parking meters or Reserved Parking areas. The lots inside Ring Road are for Reserved permit holders until after 5 pm weekdays, at which time General permit holders may park. The “after 5 pm” rule for General Parking permits does not apply to the areas marked “24-hour Reserved.” Dispensers accept both coin and credit cards.

There are a few tips to help you respond when the unexpected happens.

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• If you see something, say something—call 911 or Campus Security Services: 250-721-7599 to report an emergency or unusual behaviour.
How to register

Online registration
VISIT: continuingstudies.uvic.ca/register
To register online, please follow the secure registration process on our website. Search for a course by name or by topic and then follow the instructions for purchase via our Shop Cart.

Walk-in registration
Register at the Continuing Studies Building (see campus map on back page). Office hours are weekdays 8:30 am to 4:30 pm.
University of Victoria
3800 Finnerty Road
Continuing Studies Building
(Corner of Ring and Gabriola Roads)
2nd Floor Reception
Victoria, BC V8P 5C2

Phone registration
CALL: 250-472-4747
Weekdays 8:30 am to 4:30 pm

Mail registration
Print and fill out the registration form found online at continuingstudies.uvic.ca/RegForm and mail to:
University of Victoria
Division of Continuing Studies
PO Box 1700 STN CSC
Victoria, BC V8W 2Y2

Registration reminders
• Provide account number, CVD number, expiry date and signature if paying by credit card.
• Notify us of an address change.
• Make cheques payable to University of Victoria.
• If a course is full, your registration will be placed on a waiting list.

Registration process
To avoid disappointment, register as soon as possible. Many courses fill up quickly while others will be cancelled one week prior to the start date if they do not meet their minimum enrolment. If we are unable to register you in a course because it is full, you will be placed on a waiting list and contacted if a space becomes available. Your payment will not be processed unless space is available for you in the class.

Registration payment
All registrations must be accompanied by full payment: cash/debit card (in person only), cheques, money orders, Visa, MasterCard and American Express. Phone/online registrations are by credit card only.

Goods and Services Tax
Some Continuing Studies courses are subject to Goods and Services Tax (GST). If GST is payable, it is indicated alongside the tuition fee in the course description.

Confirmation and classroom location
After you register, you will receive a confirmation receipt with the classroom location, date and time (Note: no location is listed for online courses). If you have not received your confirmation receipt by the day before your start date, please call 250-472-4747 for help locating the classroom.

Scents and perfumes
In consideration of others, please refrain from using scented products in classrooms.

Use of educational technologies
Instructors in some courses may use a variety of educational technology in a course including, internet-based applications, cloud services and social media. The use of this technology is intended to enhance and deliver education to students and is part of student engagement at the university. Some of these technologies may collect, use, disclose and store students’ personal information outside of Canada. If students do not want their personal information stored or accessed outside of Canada, instructors will try to provide privacy-protective options (such as using an alias or nickname to register). However, in some instances, courses may not be available to students if they do not consent to the disclosure of their personal information outside of Canada. If the course is required for the completion of a credential, alternatives will be provided.

Tuition fee tax deductions
Keep your confirmation receipt as it is your official income tax receipt. Your tuition fees may be tax deductible if the total fees paid to UVic in a calendar year exceed $100. You may combine the fees of more than one course so their total exceeds the $100 minimum.

Cancellations, withdrawals, refunds
The Division of Continuing Studies reserves the right to cancel/reschedule courses or other offerings without notice, and to establish special regulations for admission to non-degree programs or courses. If a course or offering is cancelled/rescheduled, the liability of the Division of Continuing Studies is limited to a refund of your course fee, or, if desired, transfer to another offering.

To withdraw from a course, please let us know in person, by phone (250-472-4747) or by email (uvcsreg@uvic.ca):
• At least seven days prior to the first meeting of a short-term, intensive course, workshop or conference, with limited enrolment.
• Prior to the second class when a course meets once or twice weekly over a period of several weeks.

Depending on your method of payment, a refund will be either mailed to you or credited to your credit card.

If you withdraw from a course, an administrative fee may be charged for processing. The amount may vary according to the type of course, but will be a minimum of $15.

Note: Some programs have special refund policies as printed in their individual course descriptions.

Bursary program
Each term the Division of Continuing Studies offers bursaries totalling $1,000 to assist learners in furthering their education. Bursaries will be awarded to learners who can display evidence of a commitment to lifelong learning and who can demonstrate financial need.

Applications are available on our website at continuingstudies.uvic.ca/bursary or in person:
University of Victoria
3800 Finnerty Road
Continuing Studies Building
(Corner of Ring and Gabriola Roads)
2nd Floor Reception
Victoria, BC V8P 5C2

Term application deadlines:
Jan. 15 and Aug. 15

HOLIDAY CLOSURES
The University of Victoria is closed on statutory holidays and from Dec. 25 to Jan. 1 (inclusive). You may still register online during the holiday periods. Unless otherwise noted, classes will not be held on statutory holidays.

FOR GENERAL INQUIRIES
CALL 250-472-4747
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