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NEW  Classics of Film Noir II
Date: Wednesdays, Jan. 29 to March 4
Time: 7 to 8:30 pm
Duration: 6 sessions
Fee: $90 plus $4.50 GST
Code: ASHA142 2020S C01

In this follow-up to the Film Noir course offered this past fall, we will view clips from six classic “film noir” films from the years 1941 to 1949, starting with *The Maltese Falcon* followed by *Shadow of a Doubt*, *Mildred Pierce*, *Detour*, *The Blue Dahlia* and ending with Rudolph Maté’s film, *D.O.A.*, all considered key films of the classic period.

The course will provide an opportunity to analyze and discuss elements that make up film noir, and discover how a brief period of mostly B-movies—derided at the time by American movie critics—became one of the most influential movements in film history. It is not necessary for you to have taken the previous course in order to fully benefit from and enjoy Classics of Film Noir II.

Instructor: Peter Sandmark

Peter Sandmark is the Executive Director of MediaNet, a non-profit independent film centre in Victoria, since 2005. Over the past 10 years he has also been a sessional instructor at the University of Victoria, teaching courses in the Fine Arts Faculty such as The Economy of Art and Culture, The History of Comic Book Art, Creative Being, and Art and Digital-media Technology. He has taught Video Art, and Comic Art at the Vancouver Island School of Art, and was a part-time film production and cinematography teacher at Concordia University, between 1985 and 2004. Sandmark has directed over 20 short films, with works showing in numerous festivals, and on TV, and also draws a comic strip, ROACTOWN, for the Fernwood Village Vibe paper.
Northwest Coast Masterworks: Tony Hunt, Beau Dick and Tony Hunt Jr

In this course we will examine artistic expression from three renowned K’wakwaka’wakw carvers and artists. We’ll explore diversity in two-dimensional and three-dimensional styles, cultural contexts, relationships between artistic expression and environment and spirituality. We will also study the meaning and context associated with a broad range of objects from ceremonial masks and poles to bentwood boxes, silkscreen prints, jewellery, drums and rattles.

Instructor: Kerry Mason, (MA)

Kerry Mason is an instructor of art history, teaching at the University of Victoria, the Victoria College of Art, and the University of Colorado. She is also a curator, author and art consultant. Since 2001, Kerry has enjoyed teaching a range of courses on topics such as First Nations (especially Northwest Coast art and culture), Emily Carr, The Group of Seven, Georgia O’Keeffe, Frida Kahlo, and survey courses of BC Art History and Canadian Painting. She regularly leads Continuing Studies Travel Tours.

Everything Arctic

Date: Thursdays, Jan. 30 to March 5
Time: 10 am to noon
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASHA139 2020S C01

In this course we will “meet” people who took the route north: Rae and Franklin, Hudson Bay factors such as Maud Watt and Duncan Pryde. We’ll also meet some of the unsung heroes and heroines of the north.

Instructor: Jennifer Whitford Robins, (BFA)

Jenn Whitford Robins has completed many visits to the arctic, on occasion, providing extended workshops in Inuit traditional printmaking, by invitation of the communities. She has been artist in residence at the Uqqurmiut Centre for the Arts in Pangnirtung, Baffin Island and recently lectured on the inaugural cruise through the North-West Passage, in the capacity of Inuit Art Advisor. She has a degree in visual arts and is an award-winning artist. Jenn teaches at the University of Victoria and gives lectures in both Canada and the United Kingdom. Her artwork is in private and public permanent collections around the globe.

FOR MORE INFORMATION:
Art History
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/art-history

MUSIC

NEW Silent Too Soon: Part I

Date: Mondays, Jan. 13 to Feb. 10
Time: 9:30 to 11:30 am
Duration: 4 sessions
Fee: $95 plus $4.75 GST
Code: ASMU443-1 2020S C01

Instructor: Mary Byrne, (PhD)

Mary Byrne is an active teacher, adjudicator, lecturer, recorded artist and published author. With the Victoria Conservatory of Music, Camosun College and her own Piccolino Studio, she boasts thriving studios and classrooms of students at all ages and stages of musical interest. She is a regular performer with the Victoria Symphony. She earned her BMus (Flute Performance and Music Education) and MMus (Flute Performance) degrees from the University of Michigan, and her PhD (Musicology) from the University of Victoria, specializing in pedagogy and performance practice of the flutists at the Paris Conservatoire during the 19th and 20th centuries.

NEW Silent Too Soon: Part II

Date: Mondays, March 16 to April 6
Time: 9:30 to 11:30 am
Duration: 4 sessions
Fee: $185 plus $9.25 GST
Code: ASMU443-2 2020S C01

Instructor: Mary Byrne, (PhD)

Silent Too Soon: Series Registration

NEW SILENT TOO SOON: SERIES REGISTRATION

Date: Mondays, Jan. 13 to April 6
Time: 9:30 to 11:30 am
Duration: 8 sessions
Fee: $185 plus $9.25 GST (includes refreshments)
Code: ASMU443 2020S C00

Due to the instructor’s schedule, this course will be offered in two four-session parts. You may register for one or both parts.

Countless classical musicians have a prodigious youthful career and shine brilliantly into adulthood, only to exhaust their energies early. A shocking number of composers and performers of renown never see their 40th or even their 30th birthdays. Despite shortness of creative years, the brightest of these musical stars have left us a wealth of beauty in manuscript, in print, and on recording. The music is all the more precious because of the unanswerable and untimely question: what might have been? In this class we will explore the music of a group of select musicians and composers whose careers were cut unexpectedly early. No prior experience in music is required.

Instructor: Mary Byrne, (see bio under Silent Too Soon: Series Registration)
Let's Sing! Level 1

Date: Thursdays, Jan. 16 to April 2
Time: 5:30 to 7 pm
Duration: 12 sessions
Fee: $170 plus $8.50 GST
Code: ASMU204 2020S C01

This is a course for anyone wanting to learn to sing. We will concentrate on the fundamentals of vocal technique, and work on developing good breath control and proper placement of the voice. The goal of this course is to develop a good understanding of basic vocal technique, which will, in turn, help produce a well-supported, stable voice. There will be opportunities to work on different genres of music: folk songs, ballads, art songs, as well as basic harmony through the use of canons and rounds. No previous music knowledge is required.

Instructor: Debra Laprise

Let's Sing! Level 2

Date: Fridays, Jan. 10 to April 3 (no class March 20)
Time: 12:30 to 2 pm
Duration: 12 sessions
Fee: $170 plus $8.50 GST
Code: ASMU310 2020S C01

Different genres of music in solo and choral works will be explored. Prerequisite: Let's Sing Level 1.

Instructor: Debra Laprise

Let's Sing! Level 3

Date: Tuesdays, Jan. 14 to March 31
Time: 12:30 to 2 pm
Duration: 12 sessions
Fee: $170 plus $8.50 GST
Code: ASMU421 2020S C01

This course is designed for those who have already taken Let's Sing! Levels 1 and 2. You will develop and take your vocal skills to a higher level and improve your confidence in performing different genres of music. Share the joy of singing with like-minded people in a positive atmosphere!

Instructor: Debra Laprise

Opera Live and in High Definition

Date: Jan. 23 to May 7
Time: Thursdays, Jan. 23, Feb. 13 and May 7, 7:15 to 9:15 pm
Duration: 3 sessions
Fee: $65 plus $3.25 GST
Code: ASMU381 2020S C01

If you missed the first three sessions of this course in the fall but would like to join this term's classes, we have a few remaining spaces! Go beyond Pacific Opera Victoria's season and explore two of the Metropolitan Opera's 2020 high definition broadcasts, as well as one of the remaining operas in POV's repertoire. We begin with a star-studded cast in Gershwin's Porgy and Bess, followed by POV's production of Jonathan Dove's Flight, a modern story, both humorous and profound, of a refugee stranded in an airport. Finally, dueling queens vie for the affections of the same man in Donizetti's Maria Stuarda showing in theatres in May. In each class, you will be presented with the story and background of each opera, and listen to and watch great moments in audio and video examples, all to prepare you to attend and enjoy a live performance of these operas. Beginners and opera aficionados are equally encouraged to attend this entertaining and informative course.

Instructor: Mikki Reintjes, (MMus)

Saturday Mornings at the Opera

Date: Jan. 25 to Feb. 15
Time: Saturdays, Jan. 25 and Feb. 15, 9:30 to 11:30 am
Duration: 2 sessions
Fee: $45 plus $2.25 GST
Code: ASMU382 2020S C01

If you missed the first session of this course in the fall, but would like to join this term's classes, you are in luck! Spaces are still available in the remaining sessions, which focus on one of the Metropolitan Opera's Live in HD series and the second production from the 2019/20 Pacific Opera Victoria's season. In January, Gershwin's remarkable Porgy and Bess fills the screen in Cineplex theatres in high definition. In February, POV is staging Flight, a modern story both humorous and profound, of a refugee stranded in an airport. Together we will discuss the story and background of each opera, learn about their composers, and listen to and watch great moments in audio and video, all to prepare you to attend and enjoy a live performance of these operas. Beginners and opera aficionados are equally encouraged to attend this entertaining and informative course.

Instructor: Mikki Reintjes, (MMus)

Barrel House, Boogie Woogie, Honky Tonk and Stride

Date: Tuesdays, Jan. 28 to March 3
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU391 2020S C01

What is the difference between swing and Harlem stride? Did it all evolve from ragtime? Who were the greatest boogie woogie piano players of all time and where did that rocking rhythm come from? Find out this and more with this series of lectures that illustrate the rich history and evolution of early popular piano styles dating back to the beginnings of the twentieth century. Featuring live piano performances of the music of Fats Waller, Scott Joplin and Dr. John and more.

Instructor: Jan Randall, (BMus)

Composer and pianist Jan Randall holds a degree in Theory and Composition from the University of Alberta as well as advanced jazz studies and big band arranging at North Texas State University. He has been a Music Director and composer for CBC Radio’s “The Irrelevant Show” as well as Second City and has performed with many well-known entertainers including actors like Mike Myers, Catherine O’Hara, and Bob Newhart, blues artists like Otis Rush, Bo Diddley and Amos Garret, and classical artists like Ben Heppner and the Edmonton Symphony Orchestra. His sheet music is available through Vista Heights Music online and in music stores around the world.
Baroque Music
Date: Wednesdays, Jan. 29 to March 4
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU417 2020S C01
Baroque music represents outrageously expressive and epic forms of communication. Join us as we tour Europe at a time when the pomp and splendor of Baroque music unfolds amid the glory of tension between two opposing masses: poverty-luxury, idealism-oppression. Meet some of the main revolutionaries, who bolstered music to new heights of virtuosity and opulence – bold in gesture and conception, vigorous, decorative, and monumental. Through a series of easy and fun exercises, we examine how the novel development of musical elements (rhythm, melody, harmony), and the creation of important new musical forms – the opera, the instrumental sonata, and the concerto – unfold and intertwine to create music that is unique to the Baroque spirit.

No previous musical knowledge necessary.

Instructor: Allison Star, (PhD)

Dr. Allison Star is an internationally recognized classical pianist, adjudicator and a published musicologist. She has served as Professor of Music on faculty with the School of Music at Brandon University; Dominican University of San Rafael (San Francisco Bay); and is currently a lecturer at the University of Victoria. She has performed widely across North America and is active as a researcher who specializes in French Romanticism and Beethoven. She is a long-time senior examiner and member of the College of Examiners of the Royal Conservatory of Music. As a nationally certified music teacher, and an executive member of the BC Registered Music Teachers Victoria branch, Dr. Star also runs a flourishing private studio.

How to Listen to Classical Music
Date: Thursdays, Jan. 30 to March 5
Time: 2:30 to 4:30 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU400 2020S C01
Are you a non-musician wondering if you are missing something when you listen to classical music? The truth is that no two people hear the same thing when they listen to music, and even when you listen to the same recording twice in a row, you can hear different things. This course offers an in-depth tour of the workings of harmony, rhythm, melody, form and more, in easy-to-understand language for people without musical training. Learn why different chords and rhythms trigger different emotions, and unlock the mysteries of the styles of the masters. Your instructor will demonstrate concepts live at the piano.

Instructor: Jan Randall, (see bio under Barrel House, Boogie Woogie, Honky Tonk and Stride)

Symphonic Masterpieces
Date: Jan. 30 to May 14
Time: Thursdays, Jan. 30, March 5, April 2 and May 14, 7:15 to 9:15 pm
Duration: 4 sessions
Fee: $81 plus $4.05 GST
Code: ASMU212 2020S C01
Limited space is available for the second half of this course (which began in September 2019), designed to help develop your listening skills and appreciation of classical symphonic music. Each lecture corresponds with a different concert selected from the Victoria Symphony’s 2020 Masterworks series including such works as Tchaikovsky’s Pathétique and Mahler’s 3rd Symphony. Through guided listening and class discussion, you will learn how to listen to the form, instrumentation and style of the selected works. By learning what to listen for, your enjoyment during concerts will increase significantly. All levels of listeners—from novice to knowledgeable—are welcome.

Instructor: Mikki Reintjes, (MMus)

NEW The Girl Groups
Date: Wednesdays, Feb. 19 to March 25
Time: 2:30 to 4:30 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU442 2020S C01
In the 50’s and 60’s, a style of Doo-Wop-infused Rock ’n’ Roll music known as the “Girl Group” sound was all over the airwaves. The baby-boomer generation lived their formative experiences to the songs of the Shirelles, the Crystals, the Ronettes, the Shangri-Las, and the Supremes.

It was music that teemed with electricity, passion and life. It was also one of the only places in pop culture where young girls could go to hear their own stories, concerns, and traumas, sung back to them by some of the most exciting performers of the Rock ’n’ Roll era.

Songwriters like Carole King, Gerry Goffin, Ellie Greenwich, Jeff Barry, Cynthia Weil, and Barry Mann were tackling difficult and provocative issues, such as alienation, sexuality, class-consciousness, poverty, death, war, and domestic abuse.

Despite all this, today the genre is largely dismissed and relegated to oldies stations. People are unaware of the emotional depth, social commentary, and scope of vision in this music.

With the use of audio, video, and live demonstration, we will revisit the genre, exploring the performers, writers, producers, production trends, and lyrical and musical content that made the “Girl Group” sound such a compelling and relevant style of music.

Instructor: Jesse Thomas Brown

Jesse Thomas Brown is a dedicated musical artist who in the last 23 years has written in excess of 100 songs for piano, voice and other accompaniment.

The principal element of Jesse’s approach is the absolute commitment to song itself. Early rock ‘n’ roll, country, show tunes, protest music, and elements of jazz are ever present in his work. Jesse never fails to communicate a unique blend of youthful optimism, wicked humour and dark cynicism, all of which combine to create an uplifting and honest experience.

Introduction to Music Theory: Level I
Date: Mondays, Feb. 24 to March 30
Time: 6:30 to 8 pm
Duration: 6 sessions
Fee: $90 plus $4.50 GST
Code: ASMU422 2020S C01
This course will cover the basic rudiments of classical music theory, dealing with rhythm, time signatures, clefs and staff notation, scales and keys. You will learn basic music theory, relating it to our musical perceptions and that, if properly used, music theory can give us a greater appreciation of music.

Instructor: Debra Laprise

ARTS
Two Legendary Jazz Women

Date: Tuesdays, March 10 to April 14
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU438 2020S C01

Two rival big bands with two legendary singers. Billie Holiday and Ella Fitzgerald were at the top of their game and though their styles were polar opposites, the two became friends. Here is an in-depth look at the recordings and the history of these two amazing women.

January 16, 1938 and the Savoy Ballroom in New York City hosts a ‘jazz battle’. Count Basie with bluesy diva Billie versus scat vertuoso Ella. Who will be declared a winner?

This course offers samplings of their recordings with live deconstruction of the music at the piano with your instructor.

Instructor: Jan Randall (see bio under Barrel House, Boogie Woogie, Honky Tonk and Stride)

How to Listen to Jazz

Date: Thursdays, March 12 to April 16
Time: 2:30 to 4:30 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU437 2020S C01

Ever wonder why your favorite jazz songs and artists might be different from the opinions of your friends and family? Do you think a deeper understanding of jazz might enhance your enjoyment of the music?

Learn about the different layers of experience in music with this listening survey of jazz from swing to modern. This course includes demonstrations of the workings of jazz styles with samplings from dixieland, swing, bebop and beyond. Includes group discussions and listening to excerpts of recordings. No musical experience or knowledge required.

Instructor: Jan Randall (see bio under Barrel House, Boogie Woogie, Honky Tonk and Stride)

The String Quartets of Beethoven

Date: Tuesdays, April 14 to May 19
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $145 plus $7.25 GST
Code: ASMU444 2020S C01

Imagine sitting in the audience on opening night of a brand new piece of music. In this course, you'll learn about the setting, music, and first performance of four masterworks. We’ll consider the political, artistic, and intellectual trends of the day, framing the music as if you are part of the original audience hearing these masterworks for the first time. Tuxedos optional.

Here are the performances we will study:
- October 29, 1787, Prague: Mozart's Don Giovanni
- March 13, 1845, Leipzig: Mendelssohn's Violin Concerto in E Minor
- March 29, 1862, Paris: Clara Schumann Performs Robert Schumann's Carnival
- December 15, 1893, New York: Dvořák's Symphony No. 9 in E Minor

Instructor: John Anderson, (MA, Musicology)

John Anderson is an award-winning educator. With more than 25 years experience in education, he was the Director of the Calgary Philharmonic Orchestra and has created instructional design and taught more than 10,000 learners.

Songwriting: An Introduction

Date: Wednesdays, May 6 to June 10
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASMU446 2020K C01

“Without a song, the road would never end...” Whether you are a musician, singer, composer or author, the world may be waiting to hear your song! The song is a versatile and timeless art form which conveys meaning deeply and instantly and remains in the memory long after the music fades. Studying the common elements of outstanding popular songs from the American Songbook onwards the course will examine how great songs work. While a song is a marriage of words and music in which the sum is greater than the parts, each class will focus on one of the elements involved. These include the writing of engaging and singable lyrics, the understanding of harmonic (or chordal) structure, the exploration of melody and scales as well as rhythmic approaches to song-crafting. Students will be supported to write new songs and share them for feedback and encouragement. Some knowledge of music is suggested, although writers who wish to collaborate with musicians are also welcome.

Instructor: Carol Ann Sokoloff, (BA)

An author, editor, composer and jazz vocalist, Carol Ann Sokoloff has been called a ‘multi-talented creative force’ (Victoria News). Writing songs since a teen she has created theme songs for CBC radio and continues to write in many genres including pop, folk, jazz, choral, theatre and children’s music.

FOR MORE INFORMATION:
Music
250-721-7797
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continuingstudies.uvic.ca/music
Photographers in his spare time. He works on documentary photo projects and is compiling a history of British Columbia newspapers across western Canada for over 40 years. He works as a photographer and/or photo editor for the company’s magazines. He has worked as a photographer and/or photo editor for newspapers across western Canada for over 40 years. He works on documentary photo projects and is compiling a history of British Columbia photographers in his spare time.

Instructor: Donald Denton

Don Denton is the photo supervisor for Black Press Victoria and a photographer for the company’s magazines. He has worked as a photographer and/or photo editor for newspapers across western Canada for over 40 years. He works on documentary photo projects and is compiling a history of British Columbia photographers in his spare time.

Instructor: Tony Bounsall, (BAPA)

Tony has been shooting professionally for thirty years and is a photo arts graduate (BAPA) from Ryerson Polytechnical University. He currently teaches Photo-Based Mixed Media, Collage and Printmaking at The Vancouver Island School Of Art in Victoria. Tony has also taught workshops in alternative based photography, collage, mixed media and encaustics at The Coast Collective, The Denman Island Arts Centre, The Old School House in Qualicum Beach, MISSA and Red Deer College Series Summer Art School and Camosun College Continuing Studies in Victoria BC. Over the last 15 years, Tony has worked in several different mediums, including iphoneography, digital artwork, alternative based photography, mixed media, printmaking and encaustics. His work draws inspiration from his travels, the environment, topographic mapping, medical imagery and vintage photographic imagery. He exhibits and sells his own fine art prints and mixed media work throughout North America. He is one of the founding members of “The Imagists”, a Victoria-based artists’ group.
NEW Photography Skills for the Real World

Date: Saturdays, Feb. 22 to 29
Time: 10 am to 2:30 pm
Duration: 2 sessions
Fee: $100 plus $5 GST
Code: ASVA131 2020S C01

This course is for those who already have a basic understanding of their camera operation. Combining classroom and field study, we’ll initially meet at a UVic classroom and spend two hours reviewing some basics of camera operation, as well as techniques and composition. After a lunch break, we’ll head outside and practice our photography around the campus. The following weekend, we’ll meet downtown to photograph in the city core.

We often learn about creating photographs in ideal conditions, however real life is not like that. You’ll learn to make the best images you can with the locations and light we find. Your instructor will direct you to different sites, discuss what we see before we shoot, take some photos and talk about what each person is seeing and finding to photograph.

Taking your camera from the classroom to the outside world will allow you to build on your basic skills and become comfortable with your camera in a real world situation. We’ll find a variety of locations that will allow you to work on your compositional skills, your exposure technique and your ability to look for light and the best location and angles to create your photographic art.

Bring your camera gear and dress for the weather. We will be walking with our gear, so only bring as much camera equipment as you feel comfortable carrying. Students are responsible for their own lunches and refreshments; we suggest you bring a bag lunch to the first session.

Instructor: Donald Denton (see bio under Documentary Photography: Creating the Personal Project)

NEW Travel and Street Photography Basics

Date: March 16 to April 20
Time: Mondays, March 16 to April 20, 6:30 to 8:45 pm (no class April 13) and Saturday, April 4, 10:30 am to 12:45 pm
Duration: 6 sessions
Fee: $155 plus $7.75 GST
Code: ASVA133 2020S C01

How do I learn to overcome shyness when photographing people? Why are my landscape photos pale and lifeless? How do I select photos for Instagram or travel photo albums?

Your instructor, a pro-photographer and traveller with forty years of experience, will answer those and other essential travel and street photography questions. You will also learn:

- how to set up your camera for travel photography
- how to use composition rules and lighting for gorgeous natural vistas or cityscapes
- how to capture the true emotion of people you will meet on your journey.

We will analyze the work of masters of photography for inspiration and have a practical photo walk through Chinatown—the travel destination for many tourists from all over the world.

Prerequisites: DSLR or mirrorless camera is required for this course or high quality new smartphone (released fall 2017 and later) with at least two cameras and some manual settings — i.e. Google Pixel 2 and up, Huawei P30, Samsung 10, iPhone 8plus and up.

Instructor: Andrew Kielbowicz

Andrew Kielbowicz has been a professional photographer and graphic designer for over 40 years. He started his career as a photojournalist in his early twenties, working as a staff photographer with major illustrated magazines in Warsaw, Poland. Later he was a photo editor, art director and graphic designer in Toronto, Warsaw and Victoria. Ten years ago he started a new chapter in his career and became a digital photography instructor. His photos are included in the collection of the Museum of Photography in Krakow, Poland. In October 2019 his photojournalist work was exposed in solo exhibition at Inter-national Foto Art Festival in Bielsko Biala, Poland. His travel photography from South East Asia has been printed in a form of four books.

NEW Natural Light Portraiture Made Easy

Date: May 1 and 2
Time: Friday, May 1, 7 to 9 pm and Saturday, May 2, 9 am to 1 pm
Duration: 2 sessions
Fee: $70 plus $3.50 GST
Code: ASVA091 2020K C01

Learn how to photograph people on location. If you have wanted to learn the professional secrets to getting a great portrait then this class is for you. We will cover the following: portrait lighting using natural light; which lens to use and when; how to maintain consistent accurate colour; and understanding your light meter.

Participants should have an understanding of how their camera functions. This class is suitable for the informed novice to more advanced hobby photographers.

Instructor: Tony Bounsall (see bio under The Altered Image)

Image Transfer

Date: Saturday and Sunday, May 9 and 10
Time: 10 am to 5 pm
Duration: 2 sessions
Fee: $160 plus $8 GST
Code: ASVA106 2020K W01

Learn a range of techniques to transfer your photographs onto printmaking paper, acrylic skins and other surfaces that can be incorporated into your paintings, collage or mixed media artwork. Discover how to blend, distress and create composite images by hand (as opposed to through a digital process). Artists, photographers and anyone interested in photo-based mixed media will find this workshop of interest. (Please note that oil of wintergreen is used in one of the transfer processes). All materials included although you should bring photocopies of your images to work with to the workshop. No experience necessary.

Materials fee of $30 per person is payable in cash to the instructor at the beginning of class.

Instructor: Tony Bounsall (see bio under The Altered Image)

FOR MORE INFORMATION:
Photography
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/photography

continuingstudies.uvic.ca • 250-472-4747
Acting for Change

Date: Tuesdays, Feb. 4 to March 3
Time: 6:30 to 9 pm
Duration: 5 sessions
Fee: $125 plus $6.25 GST
Code: ASTH657 2020S W01

This course is designed for beginning actors and those who are interested in theatre in general. You’ll learn warm-up exercises, improvisation, movement, voice and scene work. These basic acting techniques can positively change the way you feel about yourself and how you relate to others. The course is designed to be experiential and fun. Respect for privacy in a supportive, non-threatening atmosphere is assured.

Instructor: Lina de Guevara

Lina de Guevara was born in Chile, where she received most of her professional training at the University of Chile. Lina is a director, actor, storyteller and a specialist in Theatre of the Oppressed, Transformational Theatre and Commedia dell’Arte. In 1988, Lina founded PUENTE Theatre in Victoria to express through theatre the experiences of immigrants and diverse minorities in Canada. She was PUENTE’s artistic director for 23 years. At present, Lina freelances as a theatre director, teacher, performer and facilitator, and she’s conducted several applied theatre projects for the Intercultural Association of Greater Victoria. Recently, she directed “River of Time” for the 2016 UNO Festival and she is currently playing the role of Alice in Bell ARTE’s production of “ALICE’S GIFT”.

Story Telling Workshop

Date: Saturday, March 7
Time: 9 am to 1 pm
Duration: 1 session
Fee: $45 plus $2.25 GST
Code: ASTH655 2020S W01

The oldest art form can be practiced by all! Learn how to tell stories and where to find them. Improve your articulation, expression and connection with the audience. Practice telling stories to small and large groups. In this workshop, you will discover how to develop personal stories and what to look for in traditional ones. Learn to prepare for a storytelling session: memorizing, pacing, creating characters, adding props and music, and exploring all avenues to create a great story. Learn how stories can be a powerful tool in education, research and healing.

Instructor: Lina de Guevara (see bio under Acting for Change)

FOR MORE INFORMATION:
Theatre
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/theatre

Watercolour for Beginners Workshop

Date: Jan. 24 to 26
Time: Friday, Jan. 24, 7 to 9 pm; Saturday, Jan. 25, 9 am to 4 pm; and Sunday, Jan. 26, 1 to 5 pm
Duration: 3 sessions
Fee: $160 plus $8 GST
Code: ASVA019 2020S W01

This course introduces novice painters to watercolour painting. We will review everything from the correct side of the paper to use, to how to hold a brush, how to clean your brushes, how to mix pigments together to create an abundance of colour choices, and washes (wet on dry and wet on wet). Joanne is an experienced watercolour teacher and offers students individual attention during her workshops, as well as numerous demonstrations and re-demonstrations to help students learn basic techniques. By completion of this course, participants will be much better able to work from YouTube videos and library books to further advance their skills. Expect to have fun and learn through still-life and abstract painting.

After you complete your registration, a supply list will be attached to your receipt. Please bring a bag lunch or use UVic Food Services on the Saturday.

Please note: this course is limited to 10 students.

Instructor: Joanne Thomson, (MAEd)

Joanne Thomson is a full-time visual artist specializing in watercolour for illustration and fine art. Her quiet and contemplative approach to art making is evident in her landscapes, illustrations and in her new ‘mason jar’ series. Joanne holds a masters degree in Adult Education and is active in the community as an artist advocate, mentor and facilitator.

Watercolour Pencil Crayons and Water-soluble Pigment Bars

Date: Saturday and Sunday, Jan. 25 and 26
Time: 10 am to 3:30 pm
Duration: 2 sessions
Fee: $147 plus $7.35 GST (includes partial supplies provided by instructor)
Code: ASVA088 2020S W01

The watercolour pencil crayons offer the best of both worlds—both wet and dry medium in one! The water-soluble pigment bars offer additional variety. Art background or not, be guided with ease through a great variety of creative alternatives using this two-dimensional medium.

In easy-to-follow steps, this introductory course covers three components:

- Creating imagery onto wet paper, drawing the image, using colour pencil crayons and then adding a water component to vary the imagery.
- Discovering unique options such as spatter colour combinations, embossing, burnishing and adding fine marker applications. These techniques will be demonstrated and readily available to explore during the workshop.
- Explore the basics of how to approach colour, while rendering images using various mark-making techniques multiple watercolour pencil crayons.

Instructor: Jennifer Whitford Robins
Jenn is an award-winning artist who has taught various art forms at UVic for many years. She also teaches and lectures in Britain and other parts of Canada. Her specialty is working with traditional and innovative forms of printmaking, which includes her proprietary process of works on metal.

Yes, You Can Draw!

Date: Jan. 29 to Feb. 29
Time: Wednesdays, Jan. 29 to Feb. 26, 2 to 4 pm; Saturday, Feb. 8 and Sunday, Feb. 9, 10 am to 3:30 pm; and Saturday, Feb. 29, 10 am to 2 pm
Duration: 8 sessions
Fee: $240 plus $12 GST (includes partial supplies)
Code: ASVA069 2020S C01

Whether you doubt you could ever draw, or feel you have limited drawing abilities, this course offers you the opportunity to learn to draw with confidence and achieve the accuracy you wish for while developing your own natural style. The course is designed to empower you to bring out the hidden artist.

The first step is to recognize the approach to drawing that we have unconsciously followed since childhood, and then learn to see and draw what is really there. Working with inexpensive materials and using easy-to-follow exercises, you will gain hand-to-eye connectivity while exploring mark-making and tonal options. Perspective will become a natural element of your drawing. The course will include in-class drawing projects and suggested home-based assignments to bring out the artist in you. A comprehensive supply list will be sent before the course starts. A limited amount of supplies (adjustable image frames, still-life items, and some paper) will be provided by the instructor.

Instructor: Jennifer Whitford Robins (see bio under Watercolour Pencil Crayons and Water-soluble Pigment Bars)

Ink Collage: Art-Making with a Hybrid Twist!

Date: Saturday and Sunday, Feb. 1 and 2
Time: 10 am to 4 pm
Duration: 2 sessions
Fee: $175 plus $8.75 GST (includes all supplies)
Code: ASVA111 2020S W01

Grind, push and pull the materials. Hand-build the imagery, freely explore and create art; that’s what this workshop is about.

Art background or not, look to refresh your creativity, and be guided with ease into this two-dimensional medium. Just pack a notebook, a pencil, and your enthusiasm. Everything else will be waiting for you.

The workshop offers the delight of a hybrid art form that hints of the sumptuous colors of oil painting, the translucency of watercolor, collage and the lights and darks of etching—all rolled into one. The process is based upon print-making, collage and collagraph. Whether your work speaks in a calm voice or throbs with wild abandon; whether you work small or huge, you’ll push your creativity to its limit… and back again. Please note: time will be allotted in class for students to assist with studio setup and take down.

Instructor: Jennifer Whitford Robins (Watercolour Pencil Crayons and Water-soluble Pigment Bars)

Exploring Relief Printmaking

Date: Thursdays, Feb. 6 to March 12
Time: 6:30 to 9 pm
Duration: 6 sessions
Fee: $165 plus $8.25 GST
Code: ASVA129 2020S W01

Printmaking is an art form using transference of an image as its mode of expression. It has a rich tradition that continues to this day with contemporary materials, techniques and themes. This course will offer a few types of relief printing, such as linocut using a soft carving block, stencilling and monoprinting using gelli pads. Students will learn to edition as well as create serials from their images. Some of the offshoots that we will encounter include: rainbow rolls, colour blending, chine collé, and ghost printing. The good news is that you don’t need a press to print. Your instructor will offer possible themes to explore. There will be lectures on the history of print media as well as a focus on interesting contemporary practitioners.

This course is for all skill levels from beginner to advanced. Materials to purchase include various printmaking paper, inks as well as a linocut block. Some linocut tools and gelli pads will be available for students to share although you are welcome to bring along or purchase your own. We will discuss materials in the first class.

By the end of the course students will have a portfolio of prints. For the last class, we will share our printing efforts with one another through group discussion about process, technique and conceptual development.

Instructor: Karen Hibbard, (MFA)

Karen Hibbard is a contemporary visual artist/illustrator with 15 years of teaching experience at various universities and colleges. She is currently employed at the University of Victoria, teaching a variety of art studio courses. She completed her Masters in Visual Arts Studio at Concordia University with a specialty in print media. She is also a published illustrator and her most recent publication is NiMoshom and His Bus, by author Penny M. Thomas, Portage & Main Press. She is a member of both CWILL and SODRAC. Her visual art work is included in many collections including Bio-Diversity Museum, UBC and MOMA, Artist Book Collection. Her video work is distributed by Video Pool, Winnipeg.

NEW Low Impact Basketry

Date: Saturdays, Feb. 8 to 22
Time: 10 am to 3:30 pm
Duration: 3 sessions
Fee: $260 plus $13 GST (includes materials)
Code: ASVA136 2020S W01

In addition to hands-on learning of basketry techniques, we will consider ethical/sustainable collection of basketry materials. Using non-native, and non-endemic, plant species (previously collected by the instructor) you will be supported through the process of making a beautiful basket in each class. Often unwanted or overlooked plant materials deemed invasive, readily found in the Victoria area, can yield fantastic results!

Don’t worry if you are “all thumbs”. This class is appropriate for both learners with no previous basket weaving experience, as well as advanced students. Please wear comfortable clothing. We will take frequent stretch breaks, but please be prepared to be sitting most of the day.

In each class you will walk away with a small basket, and the techniques to create larger baskets in the future.

Note: this course is limited to 10 students.

Instructor: Aurora Skala, (MA)

Aurora Skala is an archaeologist who received her MA in Anthropology from the University of Victoria while working with the Heiltsuk and Wuikinuxv Nations to document their rock art. She has examined submerged rock art sites and excavated underwater to record shipwrecks, in addition to excavating at terrestrial sites. She wild crafts a wide variety of Native plants, and in conjunction with her archaeological work has interviewed many First Nations Elders on topics such as land management strategies and plant technology.
Collage – Value, Colour and Design

Date: Mondays, Feb. 10 to April 27 (no class Feb. 17 and April 13)
Time: 6:30 to 9 pm
Duration: 10 sessions
Fee: $275 plus $13.75 GST (includes partial supplies)
Code: ASVA104 2020S W01

This course will inspire you, whether you are just discovering the medium of collage or would like to add to your knowledge and skills. We will cover different approaches to collage using colour, surface treatments, typographic elements, photographs, found objects, ephemera and image transfer. We’ll also explore various media and techniques used to augment finished pieces. Each class will involve demonstrations in a relaxed, fun and creative environment. No experience is required, just your enthusiasm!

Instructor: Tony Bounsall (see bio under The Altered Image)

Exploring Colour

Date: Saturdays, Feb. 15 to 29
Time: 1 to 4 pm
Duration: 3 sessions
Fee: $145 plus $7.25 GST (includes some basic supplies)
Code: ASVA105 2020S W01

We take colour for granted in everyday living. It helps us identify objects and products, it orients us in our environment and enhances our sense of beauty. But colour is also a medium to create new images and to express thoughts and emotions. Working with crayons, watercolours, oils, pastels and pigments, we will use a variety of colours to create art that conveys our thoughts and emotions. To deepen our understanding of this medium, we’ll compare and contrast the results of our work.

Some basic supplies are included in the cost of the course, however, please bring something to work on (paper, cardboard, canvas, wood) and, if you wish, whatever sources of colour you have used before.

Please note: this course is limited to 10 students.

Instructor: Hermann Schmitt

Hermann Valentin Schmitt has been producing art since the early 1960s in his native Germany and is founder of the Art and Media Institute Berlin.

The Fascinating World of Stencil Imagery

Date: Saturday and Sunday, Feb. 15 and 16
Time: 10 am to 3:30 pm
Duration: 2 sessions
Fee: $158 plus $7.90 GST (includes all supplies)
Code: ASVA093 2020S W01

Designed for inquisitive minds with an artistic bent, this workshop will introduce you to the world of the stencil print...with an added flair! Try your hand at a type of stencil printmaking that originated in Japan, known as the Kappazuri print, and was adopted and adapted by famed Inuit printmakers. We’ll add a dash of southern imagery and flavour, experiment with inks and unique brushes, to create imagery on exquisite paper. You’ll also learn the art of creating subtle gradations in two to three colours, adding an “otherworldliness” to your art. You’ll be guided with ease, while exploring this diverse process, which is ideal for the home-based studio as elaborate equipment is not required.

The course also explores a version of chine colle, where delicate paper is applied to the matrix paper prior to applying the image.

All supplies and equipment included in the course fee. All you need to bring is a bag lunch, a notebook and pencil.

Please note: time will be allotted in class for students to assist with studio setup and take down.

Instructor: Jennifer Whitford Robins, (see bio under Watercolour Pencil Crayons and Water-soluble Pigment Bars)

Illustration: Marrying Image to Text

Date: Thursdays, Feb. 19 to March 25
Time: 6:30 to 9 pm
Duration: 6 sessions
Fee: $165 plus $8.25 GST
Code: ASVA130 2020S W01

In this introductory studio course, we will explore aspects of illustration through drawing exercises that involve contemporary themes, styles and techniques. You will learn a bit about the industry and marketplace, however, this is primarily a studio course. The course features studio work, one-on-one discussion, group critique and demos – all designed to develop your own imagery.

While this class is introductory, it can accommodate all skill-levels. We will begin with several exercises to build confidence. Materials are the choice of the student but please bring to class your favourite media, such as pencil, marker, paper, pen and ink or watercolour. Our first class will include a demonstration of various media.

Over the six classes, you will appreciate how illustrators interpret text by enhancing meaning via visual language. Illustration is a marriage of both text and image and it is the illustrator’s job to entice the potential reader.

Instructor: Karen Hibbard, (see bio under Exploring Relief Printmaking)

NEW Introduction to Portrait Drawing with Graphite

Date: Saturday and Sunday, Feb. 29 to March 1
Time: 9:30 am to 4 pm
Duration: 2 sessions
Fee: $135 plus $6.75 GST
Code: ASVA138 2020S W01

This is a basic course, which breaks down the complex topic of portrait drawing into manageable concepts. With easy-to-follow exercises from attaining accuracy in drawing to basic exercises in blending and line use, we’ll break down the face into sections and focus on understanding how to get more accurate proportions, how to draw eyes, nose and mouth and how to put it all together in a well-proportioned drawing. We’ll learn how to attain good tonal ranges with graphite for accuracy of dimension and shading and along the way discuss a variety of tools and methods from hatching to blending.

Instructor: Jeannette Sirois, (MEd)

Jeannette is a professional artist working full time with colour pencil in creating large scale portraits and botanical drawings. She offers workshops in basic to advanced drawing, as well as colour pencil botanical and portrait drawing at her studio on Salt Spring Island. She has twice been a finalist for the Kingston Portrait Prize and her work can be found in numerous private and public collections nationally and internationally. Jeannette has a BFA with distinctions and a MEd from UBC.

NEW Watercolour for Beginners: Level 2

Date: March 6 to 8
Time: Friday, March 6, 7 to 9 pm; Saturday, March 7, 9 am to 4 pm; and Sunday, March 8, 1 to 5 pm.
Duration: 3 sessions
Fee: $160 plus $8 GST
Code: ASVA030 2020S W01

This course will build upon the Watercolour for Beginners workshop offered by Joanne Thomson. There will be emphasis on experimenting with composition and balance, using line and colour, as well as strategies and tips for moving to a larger format. We will also...
discuss how to go about finding your own style. Students should have previously completed Watercolour for Beginners Workshop.

Instructor: Joanne Thomson (see bio under Watercolour for Beginners Workshop)

NEW Creating the Personal Archive

Date: Saturday, March 14
Time: 10 am to 2:30 pm
Duration: 1 session
Fee: $55 plus $2.75 GST
Code: ASVA132 2020S C01

If you are a photographer, an artist, a family historian or a collector, you probably have a body of work that needs to be organized and protected. This may range from artworks to invoices. How do you determine what is important? How can you take that box in the closet and turn it into an organized record of your (or someone else’s) life?

This one-day session is an introduction to the world of personal archiving. Your instructor will help you to decide what your archive is, what is important to keep and what you might edit out. We’ll consider certain things you may want to add to your archive to add value and also talk about organizing and protecting or preserving your work and files.

You’ll learn about institutional archives, what they look for when they acquire collections and what you have to do to make your collection more appealing to an outside archive. We’ll look at examples of how artists and photographers organize and store their work. And finally we’ll discuss the value of archives and why it is important to make long-range plans for the future of your archives.

Please bring a bag lunch and pen/paper, laptop or other note-taking equipment.

Instructor: Donald Denton (see bio under Documenting Photography: Creating the Personal Project)

NEW Drawing What We Imagine

Date: Saturdays, March 14 to 28
Time: 1 to 4 pm
Duration: 3 sessions
Fee: $130 plus $6.50 GST (includes some basic supplies)
Code: ASVA135 2020S W01

We have all experienced the desire to portray an idea, a concept or an image we have in mind with a sketch. Is it because we find that words fail us? Or, is it because we believe that a picture is worth “a thousand words”? Or, maybe we want to capture something we see in our mind’s eye? How can we find the right strokes to convey that idea or image? What are some principles that can help us draw what we can see so clearly in our mind?

In this workshop, through brief lectures, discussions and actual practice, we will explore the scope of drawing, try out new approaches, as well as learn some basic techniques.

While some basic supplies are included, you are encouraged to bring along your favourite materials and tools: paper, canvass, cardboard, pen, ink, writing brushes, pencils, ball point pens or charcoal.

Instructor: Hermann Schmitt (see bio under Exploring Colour)

Writing for Children: Releasing the Child Within

Date: Wednesdays, Jan. 22 to Feb. 26
Time: 6:30 to 9 pm
Duration: 6 sessions
Fee: $155 plus $7.75 GST
Code: ASWL041 2020S W01

Do you long to write picture books for children or stories for young adults, but don’t know where to start? Join us in exploring the delicate art of writing compelling stories in few words. Activities and discussion will focus on techniques for building character, setting, plot and perspective, and crafting an exciting story for young audiences. We will practice writing techniques, examine successful children’s books and discover why it is important to be aware of the child as audience. You will also learn what editors look for in a cover letter, and how manuscripts should be formatted for submissions to a publisher. Come with enthusiasm and bring your ideas.

Instructor: Carol Ann Sokoloff

Carol Ann Sokoloff, recipient of the Peabody Award for educational radio, is a poet, author, editor and songwriter. Author of two picture books and editor of the Cherubim Books imprint, she enjoys sharing the imaginative world of children’s literature and the excitement of the writing process.

FOR MORE INFORMATION:
Visual Arts
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/visual
Write Now! A Creative Writing Survey

Date: Thursdays, Jan. 23 to Feb. 27
Time: 6:30 to 9 pm
Duration: 6 sessions
Fee: $155 plus $7.75 GST
Code: ASWL064 2020S W01

This course gives both new and experienced writers the opportunity to examine and experiment with a variety of literary forms. There will be in-class writing and suggested weekly assignments to nurture the writing genie! New writers will investigate numerous genres as they develop voice and style, exploring poetry, fiction, non-fiction, drama and songs. Experienced writers will find renewed creativity from trying new approaches.

Instructor: Carol Ann Sokoloff (see bio under Writing for Children: Releasing the Child Within)

NEW Screenwriting for Features, TV and Streaming Services

Date: Wednesdays, Feb. 5 to March 25
Time: 7 to 9 pm
Duration: 8 sessions
Fee: $160 plus $8 GST
Code: ASWL109 2020S C01

The screenwriting market has changed; streaming services have eclipsed the studios. With three of the largest companies in the world—Amazon, Google and Apple—now into streaming content, as well as hundreds of others, it's a seller's market—if you know what you are doing.

It's one thing to write a great story for film, television or new media, but it's another matter to get it produced. In this course, we'll cover the fundamentals and the common mistakes made by beginners. We'll discuss how to avoid unnecessary issues, endless rewrites, and eliminate pre-conceived notions about the art and business. Treatments and pitch documents are covered in depth.

You'll learn how to create a commercially viable story that will meet the requirements for potential success. This includes: choosing the best genres, creating characters that will attract bankable actors, writing for budget and distribution, understanding what makes a profitable script, proper structure and formatting and creating a strong emotional connection with the audience.

You'll be given a number of exercises in which you will analyse scripts and compare them with finished productions to get a better understanding of the evolution of the writing process. You'll learn how to outline your stories so you can create a treatment in various formats to register your ideas and to serve as a pitch documents. Students will be encouraged to write a short, producible script of at least ten minutes and/or to create the structure for a full length feature film or television pilot.

Instructor: Martin Waterman

Martin P. Waterman has a background in journalism, new media and business. He has been a writer for over thirty years. Currently he has a feature film in development which is a biographical mafia crime drama. He is also the producer and director of three reality crime episodes that are currently being filmed. In the past Waterman wrote, produced and directed a reality show pilot that was represented by E-One and William Morris. He is also a co-founder, producer and writer for Taking Back Justice Television (takingbackjustice.com) a U.S. based reality crime drama that chronicles those who are wrongfully accused or convicted and fighting back. The shows are unique as they enlist the audience and teach them how to get judicially and democratically involved to help correct injustices.

Writing Historical Fiction

Date: Tuesdays, Feb. 11 to March 17
Time: 6:30 to 9 pm
Duration: 6 sessions
Fee: $155 plus $7.75 GST
Code: ASWL094 2020S C01

Do you know of an unsung hero from the past? Is your family history ripe for a fictional retelling? Are you a fan of historical fiction and long to create your own narratives? In this course we will focus on finding stories from the past that are destined to become compelling historical fiction. We will learn about the challenges and joys of research, the creation of world-views, the development of believable dialogue, and the role of setting and writing style in creating your own unique vision of the past. For inspiration we will look at the various genres of historical fiction: thrillers, mysteries, literary novels, YA, Supernatural, and even steampunk. Classes will be divided into lectures, discussion, in class prompts, and the work-shopping of one page assignments that will lead towards the final assignment of the completion of a short story or the first chapter of a novel.

Instructor: Claire Mulligan, (MFA)

Claire Mulligan is the author of two novels of historical fiction—The Reckoning of Boston Jim (Giller Prize and BC Book Prize nominee) and The Dark (Canadian Author Award nominee). Her award-winning short stories have been published in over a dozen literary magazines such as Writers Magazine, The Hourglass, The Tulane Review, The Antigonish Review, and Grain. Claire recently completed MFA in screen-writing and adaptation. She is at work on her first short film.

Chronicling the Stories of Your Life

Date: Fridays, Feb. 14 to March 20
Time: 10 am to noon
Duration: 6 sessions
Fee: $135 plus $6.75 GST
Code: ASWL089 2020S C01

“Our stories are bigger than ourselves. Future generations will have lots of sources for the official history… But to understand the way people experienced that history, they need our stories.”

– Paul Wilcocks

Your life represents an incomparably unique story. It is a singular reflection of an unparalleled human journey that begs to be recalled and documented. This workshop will encourage you to examine experiences and central themes in your life. Through short presentations, guided writing exercises, and small group discussions, you will have an opportunity to:

• Sharpen your memories of pivotal and interesting events in your life
• Share your stories with others in ways that encourage exploration and understanding
• Begin the documentation of key aspects of your life story
• Have fun learning, writing and sharing
• Explore options for the continuance of your life story journey

Please note: this course is limited to 10 students.

Instructor: Faye Ferguson, (MA, MSc)

Faye Ferguson has been assisting individuals and groups interested in life-story writing since 2011. Prior to this, she had a successful career in healthcare and adult education, as well as being a freelance writer for local and regional magazines. Her experience has shown her that every life is compelling and worthy of documentation. She is exceedingly grateful for the opportunity to assist individuals to capture their memories in ways that keep these stories alive for generations.

FOR MORE INFORMATION:
Writing and Literature
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/writing
Our business courses have a proven track record for providing the essentials and credentials to make you and your organization an even greater success. Whether you are an employee or an employer, or whether you want to specialize or acquire a broader understanding of business practices, we can help you achieve your goals, anticipate problems and opportunities, and prepare for change. The following courses can be taken on an individual basis or as part of the certificate or diploma programs in Business Administration (CBA or DBA). Specific business courses are accredited by the Canadian Institute of Management (CIM).

**Business Administration**
- **Date:** Mondays, Jan. 6 to April 6 (no class Feb. 17)
- **Time:** 7 to 10 pm
- **Duration:** 13 sessions
- **Fee:** $495
- **Code:** BMBA100 2020S C01
- **Instructor:** JM Ledet

This course introduces you to the nature and scope of decision making in business, and provides an overview of the functional areas of management, finance, marketing and organizational behaviour. Using a business case approach, you will develop a personal framework for defining and analyzing business problems and developing solutions and plans of action.

**Note:** We strongly recommend you take this certificate course first in your program of studies.

**BUSINESS, TECHNOLOGY AND PUBLIC RELATIONS**
**Business Administration**

**Date:** Jan. 6 to April 5  
**Duration:** 13 weeks  
**Fee:** $595  
**Code:** BMBA100 2020S D01

This course introduces you to the nature and scope of decision making in business, and provides an overview of the functional areas of management, finance, marketing and organizational behaviour.

Using a business case approach, you will develop a personal framework for defining and analyzing business problems and developing solutions and plans of action.

**Note:** We strongly recommend you take this certificate course first in your program of studies.

Instructor: Cheryl Thomas, (MS., BSc)

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**Human Resource Management**

**Date:** Mondays, Jan. 6 to April 6  
(no class Feb. 17)  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Fee:** $495  
**Code:** BMBA150 2020S C01

This course focuses on personnel and human resource management in a Canadian setting.

Topics include: planning staff recruitment within a business, job design, recruitment and selection, performance appraisal, employee compensation and benefits, staff development and training, health and safety issues, employee rights and labour relations.

Instructor: Betty Weber, (BA, BCom, MBA, CPA)

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**Interpersonal Business Communications**

**Date:** Jan. 6 to April 5  
**Duration:** 13 weeks  
**Fee:** $595  
**Code:** BMBA120 2020S D01

The primary objective of this course is to assist you to improve the effectiveness of your interpersonal business communication skills. Topics include the communication process, perception, self-assessment, conflict, relationships, language and needs, beliefs and values. Emphasis is placed on developing effective approaches to personal and professional relationships.

Instructor: Frank Leonard, (BA, MA)

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**Operations Management**

**Date:** Mondays, Jan. 6 to April 6  
(no class Feb. 17)  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Fee:** $495  
**Code:** BMBA260 2020S C01

This course covers the basics of operations, the challenges encountered and the techniques required to effectively meet these challenges. The emphasis is on the service industry, but the knowledge gained is also applicable to the manufacturing industry, or support departments within the organization.

Topics covered include: the characteristics of operations, process planning, facility location and layout, capacity management, scheduling, material management, human resources and quality.

Instructor: Ari Vainionpää, (BA, MBA)

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**Small Business Management**

**Date:** Mondays, Jan. 6 to April 6  
(no class Feb. 17)  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Fee:** $495  
**Code:** BMBA290 2020S C01

This course provides a systematic framework for recognizing the commercial potential of a product or service and for creating and managing a small business to bring that product or service to market.

The characteristics of entrepreneurial activity and small business management will be explained and illustrated through lectures and related case studies. You will be expected to develop your ideas for a small business into a well-conceived and researched feasibility study and a management plan to implement your product or service.

Topics include: strategic planning, venture development, market research, business plans, finance, production management, legal issues, organizational structures and management systems.

Instructor: Frank Leonard, (BA, MA)

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**Strategic Leadership**

**Date:** Jan. 6 to April 5  
**Duration:** 13 weeks  
**Fee:** $595  
**Code:** BMBA410 2020S D01

The objective of this course is to create an awareness of what constitutes the process of leadership, and the skills needed to effectively lead in a complex and constantly changing environment. This course is competency based, and emphasizes five essential elements: taking charge, strategic visioning, communications, teamwork and integrity.

Instructor: Brian Leacock, (MBA)

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**Management Accounting**

**Date:** Tuesdays, Jan. 7 to March 31  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Fee:** $495  
**Code:** BMBA220 2020S C01

This course is an introduction to the fundamental concepts of management accounting. It complements concepts covered in *Financial Accounting* by focusing on the accounting functions internal to the organization. *Management Accounting* is concerned with the data and techniques used in the decision-making process. This includes the analysis and accounting for costs, exposure to cost behaviour (cost-volume-profit), the contribution approach, variance analysis, differential cash flows and budgeting. The course will also discuss recent developments such as activity-based costing.

Prerequisites: BMBA140 - Financial Accounting

Instructor: Betty Weber, (BA, BCom, MBA, CPA)
**Business Writing**

**Date:** Tuesdays, Jan. 7 to March 31  
**Time:** 7 to 10 pm  
**Register by:** Call 250-472-7272 to be waitlisted  
**Duration:** 13 sessions  
**Fee:** $495  
**Code:** BMBA110 2020S C01

Those wishing to assess and add to their business writing skills will find this course a confidence builder. Developing the self-assurance to communicate effectively in the workplace will be the main objective, and students will benefit from the practical approach to building these skills. They will identify the characteristics of effective communication and learn how to successfully critique business documents.

A repeatable writing process and strategic planning guides for specific applications will be introduced and practised through in-class learning activities. Peer support and feedback will be emphasized. Business communication formats covered will include letters, memos, business reports and email.

Please note that this is not a remedial English language course and that students are expected to have a good grasp of secondary school composition skills.

Instructor: Misty Cozac (Jan. 7)  
Instructor: TBA (Jan. 8)

**Social Marketing and E-Commerce**

**Date:** Tuesdays, Jan. 7 to April 7  
(no class March 24)  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Fee:** $590  
**Code:** BMBA450 2020S C01

This course introduces you to the e-commerce marketplace, consumer behaviour, and social media marketing. Combining lectures and seminars, the course explores the framework for conducting business over the internet. We will cover topics such as:
- web-based business models
- social media technologies
- social media marketing strategies
- privacy and security considerations

Instructor: Emma Lecours

**Financial Accounting**

**Date:** Wednesdays, Jan. 8 to April 1  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Fee:** $495  
**Code:** BMBA140 2020S C01

This course introduces you to the essential accounting principles and techniques used in reporting and analyzing the financial aspects of a business. Particular emphasis is placed on developing a practical understanding of the preparation and interpretation of financial statements.

Instructor: Betty Weber, (BA, BCom, MBA, CPA)

**Management Computing**

**Date:** Wednesdays, Jan. 8 to April 1  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Fee:** $590 (plus $25 for course pack)  
**Code:** BMBA200 2020S C01A

A repeatable writing process and strategic planning guides for specific applications will be introduced and practised through in-class learning activities. Peer support and feedback will be emphasized. Business communication formats covered will include letters, memos, business reports and email.

Please note that this is not a remedial English language course and that students are expected to have a good grasp of secondary school composition skills.

Instructor: Misty Cozac (Jan. 7)  
Instructor: TBA (Jan. 8)

**Economics**

**Date:** Thursdays, Jan. 9 to April 2  
**Time:** 7 to 10 pm  
**Register by:** Call 250-472-7272 to be waitlisted  
**Duration:** 13 sessions  
**Fee:** $495  
**Code:** BMBA230 2020S C01

This course provides an overview of Canadian micro- and macroeconomics.

Topics include: the theory of supply and demand; competitive markets; cost curves; production choices and costs; characteristics of monopolies and oligopolies; economic efficiency in the allocation of resources and markets, national output and determinants of gross national product; investment, money, prices and inflation; goals of economic policy; and international trade.

Instructor: TBA

**Employment Law and Labour Relations**

**Date:** Thursdays, Jan. 9 to April 2  
(no class Feb. 20)  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Fee:** $495  
**Code:** BMBA210 2020S C01

This course is intended to combine employment relations theory, practice and skills acquisition within an integrated framework. We’ll examine the historical roots of the present-day Canadian IR system, and then explore the current governing legislative regimes (in particular, the BC Labour Relations Code), and the contemporary role of collective bargaining as both a sociopolitical and an economic force in Canadian society.

Course components include readings, cases, experiential exercises (including full-scale collective bargaining and grievance arbitration simulations), class discussion, guest speakers (depending on availability) and lectures.

Instructor: Mark Bridge
Management Consulting

Date: Thursdays, Jan. 9 to April 2
Time: 7 to 10 pm
Duration: 13 sessions
Fee: $495 (plus $85 for text distributed in class)
Code: BMBA310 2020S C01

This course serves as a foundation course for those of you intending to enter into the management consulting field on a full- or part-time basis. During this course you should expect to research and develop a business plan for a consulting practice in a field of your own choosing.

Topics include: professional management consulting in Canada, the management consulting process, organization and management of a consulting practice, legal issues, professional ethics, business planning, marketing, networking, client service, quality control, and personal career development and management.

Prerequisites: BMBA100 - Business Administration, BMBA140 - Financial Accounting, BMBA240 - Marketing

Instructor: Reg Beniac, (BA Econ, MBA, CMA)

Interpersonal Business Communications

Date: Monday to Friday, Jan. 20 to 24
Time: 9 am to 4:30 pm
Duration: 5 sessions
Fee: $495
Code: BMBA120 2020S C01

The primary objective of this course is to assist you to improve the effectiveness of your interpersonal business communication skills. Topics include the communication process, perception, self-assessment, conflict, relationships, language and needs, beliefs and values. Emphasis is placed on developing effective approaches to personal and professional relationships.

Instructor: Joan Yates, (BA, CertPR, APR)

Change Management

Date: Monday to Friday, Feb. 10 to 14
Time: 9 am to 4:30 pm
Duration: 5 sessions
Fee: $545
Code: BMBA380 2020S C01

Change management is all about managing motivation, behaviors, business controls and the work environment in order to introduce, stabilize and normalize changes that are necessary to implement new strategies. It addresses the emotional, situational and contextual requirements of the change process. Topics include the types of change, change planning, employee response and readiness, change leadership and change implementation.

Instructor: Cheryl Fitzpatrick

Marketing

Date: Monday to Friday, March 2 to 6
Time: 9 am to 3:30 pm
Duration: 5 sessions
Fee: $495
Code: BMBA240 2020S C01

Marketing has two essential functions: to identify and to satisfy a buyer's needs. In this introduction to marketing management, you will examine the concepts and techniques used by business to perform these functions. Topics include: target market definition; buyer behaviour; demand forecasting; product, pricing, communications, and distribution strategies; marketing research; and market planning and organization.

Instructor: Ari Vainionpää, (BA, MBA)

Organizational Behaviour

Date: May 4 to July 31
Duration: 12 weeks
Fee: $595
Code: BMBA130 2020K D01

This course focuses on the human dimension of management and is intended to provide you with an understanding of how human behaviour influences the development and operation of organizations.

Topics include motivation, leadership, power, group behaviour, decision making and the dynamics of interpersonal relations in an organizational setting.

Instructor: Brian Leacock, (MBA)

Business Ethics

Date: May 4 to July 31
Duration: 12 weeks
Fee: $595
Code: BMBA440 2020K D01

The objective of this course is to explore, from an ethical point of view, the relations of a corporation with its stakeholders. It examines important areas such as corporate governance and social responsibilities from both a pragmatic business and ethical point of view. Additionally, a corporation’s ethical responsibilities to its employees, customers and the global marketplace are examined. Course delivery includes short lectures, case studies and several appropriate movies.

Textbook: Coursepack (required)

Instructor: Reg Beniac, (BA Econ, MBA, CMA)
Strategy Execution
Date: Monday to Friday, July 13 to 17
Time: 9 am to 4:30 pm
Duration: 5 sessions
Fee: $495
Code: BMBA460 2020K C01

Using an intensive workshop format, this course explores the art of executing strategy in organizational settings. Topics include: strategy identification and risk assessment; strategy mapping; stakeholder identification and management; management and control frameworks; resource identification, acquisition, and management; change management; and adapting and refining strategy execution in dynamic environments.

Instructor: Rhordon Wikramatilake, (BA, MPA, PhD)

Human Resource Management
Date: Monday to Friday, July 20 to 24
Time: 9 am to 4:30 pm
Duration: 5 sessions
Fee: $495
Code: BMBA150 2020K C01

This course focuses on personnel and human resource management in a Canadian setting.

Instructor: Cheryl Thomas, (MS, BSc)

FOR MORE INFORMATION:
Business, Management and Leadership
250-721-8073
uvcsbmt1@uvic.ca
continuingstudies.uvic.ca/business

Strategic Leadership
Date: Monday to Friday, May 25 to 29
Time: 9 am to 4:30 pm
Duration: 5 sessions
Fee: $495
Code: BMBA410 2020K C01

The objective of this course is to create an awareness of what constitutes the process of leadership and the skills needed to effectively lead in a complex and constantly changing environment. This course is competency based, and emphasizes five essential elements: taking charge; strategic visioning; communications; and teamwork and integrity.

Instructor: Cheryl Fitzpatrick

Change Management
Date: Monday, to Friday, June 1 to 5
Time: 9 am to 4:30 pm
Duration: 5 sessions
Fee: $545 (includes course pack)
Code: BMBA380 2020K C01

Change management is all about managing motivation, behaviors, business controls and the work environment in order to introduce, stabilize and normalize changes that are necessary to implement new strategies. It addresses the emotional, situational and contextual requirements of the change process. Topics include the types of change, change planning, employee response and readiness, change leadership and change implementation.

Instructor: Cheryl Fitzpatrick

International Business
Date: Monday to Friday, July 13 to 17
Time: 9 am to 4:30 pm
Duration: 5 sessions
Fee: $495
Code: BMBA430 2020K C01

Working in a complex global business environment requires more than highly competent management skills. Global trade is vital as companies look at how to grow their business, and the management skills required to do so will become increasingly important throughout the 21st century. Topics include: the importance of operating globally, strategies for reaching global markets, forces impacting doing business in global markets, trade agreements, and establishing operations.

Instructor: TBA

Business Ethics
Date: Monday, to Friday, July 6 to 10
Time: 9 am to 4:30 pm
Duration: 5 sessions
Fee: $495
Code: BMBA440 2020K C01

The objective of this course is to explore, from an ethical point of view, the relations of a corporation to its stakeholders. We'll examine a corporation's ethical responsibilities to its employees, customers and the global market place. Course delivery includes short lectures, case studies and several appropriate movies.

Instructor: Sheryl Karras, (BA, MEd)

Negotiation Skills
Date: Monday to Friday, June 22 to 26
Time: 9 am to 4:30 pm
Duration: 5 sessions
Fee: $535 (includes course pack)
Code: BMBA320 2020K C01

This course will enable you to develop more effective negotiation skills in your work settings. It is particularly suitable for managers who would like to improve the negotiating aspect of their work, or who are becoming more actively involved in negotiating roles. You will explore stages of negotiation and a variety of negotiation techniques, as well as alternatives to negotiation through activities, including case studies and scenarios.

The course is suitable for persons in all types of organizations, including for profit and non-profit (government, not for profits, crown corporations and agencies, education, etc.).

The course will be of high interest to: all levels of managers in large organizations; persons who have a management role in smaller organizations; organizations seeking to improve team working relationships; and any person who wants to improve their personal negotiations skills.

Instructor: TBA
Intensive

Certificate/diploma

Credit options

Online

Project Management

Date: Jan. 6 to April 5
Register by: Friday, Jan. 3
Duration: 13 weeks
Fee: $695
Code: TECJ410 2020S D01

Get a handle on your project. Whatever your area of expertise, learn and apply the fundamental concepts of effective project management. A seasoned PMP designated professional will work with you throughout a project management cycle: initiating, planning, executing, monitoring, controlling and closing. You will learn how to maximize the use of MS Project software throughout this project cycle.

You will learn: how to maximize the use of MS Project software; the concepts and methodologies needed to plan, manage and track performance over a complete project life cycle; cost–benefit analysis; change control management; quality control; risk management; performance tracking and corrective action.

The online format of the course lets you study from anywhere, anytime.

Required software: Microsoft Project 2013 or Microsoft Project 2016. Students are responsible for obtaining their own software. MS Project is not compatible with the Mac OS.

Instructor: Terri Cheeseman, (BSc, PEng, PMP)

Terri Cheeseman is a principal in JRC Associates Inc., a consulting company specializing in program and project management training. She has managed a variety of projects including the design and implementation of automated systems and videoconferencing facilities, and the development of new telecommunications products and services.

Systems Analysis and Design

Date: Jan. 6 to April 5
Register by: Friday, Jan. 3
Duration: 13 weeks
Fee: $695
Code: TECB401 2020S D01

How do we make information systems work better for users? What are the best practices for understanding business needs and designing effective systems?

Work with a systems expert, who will introduce you to the methodologies in system design. You will gain a comprehensive introduction to systems analysis and design and a working knowledge of its relationship to mainstream business and project management.

Learn about: the practice of systems methodologies; the roles and elements involved in system development, implementation and support; and how to avoid the common causes of project failure.

Complete applied assignments to learn how to select a project from a portfolio and propose appropriate methodologies and management techniques for its implementation.

The online format of the course lets you study from anywhere, anytime.

Instructor: Jason Campbell, (MSc in Information Systems)

Jason Campbell is an industrial researcher working in Geomatics and Remote Sensing. He has over 15 years' progressive experience devising theory and leading development of systems supporting all aspects of the data life cycle.

Leveling Up: Video Games for a Better World

Date: Saturday, Feb. 8
Time: 10 am to noon
Duration: 1 session
Fee: $29.95 plus $1.50 GST
Code: TECC025 2020S C01

In 2019 the United Nations Environment Programme (UN Environment) released a report documenting how video games are empowering people around the world to protect the environment and, in fact, contribute to every one of the 17 UN Sustainable Development goals. This is a tremendously encouraging sign because it shows that the most ubiquitous form of entertainment on the planet can also be harnessed to promote justice, equality and conservation—and on a grand scale.

Using the UN document as a starting point, this course will demonstrate the value of video games in promoting a more sustainable and just planet. Examples of games will be provided to counter the common misconception that video games are useless or bad. Games are entering a new era, and just how they got to this point will be explained. Video games are now used to help with medical and psychological issues, promote good health and well-being, solve important puzzles in science and motivate people towards climate action and other worthy causes. The demographic for gamers is broadening—their age, gender and personal circumstances are getting more diverse. Games can be truly transformative for individuals and for societies.

Instructor: David Ehret

David Ehret has been making video games as a hobby for about seven years. His games have been published on Steam and Google Play, among others. One common thread that runs through all of them is that they are sprinkled with science. Perhaps that comes from his lifelong passion for the subject (he is a recently-retired research scientist with a PhD in Plant Science). David is no stranger to teaching: he’s taught undergraduate university courses and made numerous presentations to K-12 classes. His other interests—gardening and drumming. And his favourite games to play are those with strong, emotive stories.
So, You Want to Make a Video Game?

Date: Saturdays, Feb. 29 to March 21
Time: 1 to 4 pm
Duration: 4 sessions
Fee: $180 plus $9 GST
Code: TECC019 2020S C01

Feeling creative? How about making a video game? Video games are a convergence of so many creative components: art, music, environmental design, character development, animation, narrative and yes, even code. Making a video game can be a wonderful and rewarding experience. Join our two experienced and passionate instructors who will guide you through the art and science of making your very first game.

This course in game design is intended for people interested in 3D graphics or programming as a hobby, and those who would like to go from playing games to actually making them. Previous programming experience is not required, but you should know your way around a PC or Mac.

Software requirements: Students must bring their own laptop (PC or Mac) and power cable. Students must have a valid NetLink ID in order to participate in the class. Students should download the following software to their laptops prior to the first class:

Unity3D game engine with Visual Studio (available as a free download https://unity3d.com/get-unity/download)

Instructor: Dylan Gedig (BSc)

Dylan Gedig has been developing games for almost a decade, from text adventures to releasing games for modern consoles. He loves designing and creating games because of the unique blend of technical problem solving and artistic creativity and enjoys sharing this experience with others. Dylan’s favourite games are local-multiplayer games or story-based adventures.

BUSINESS INTELLIGENCE AND DATA ANALYTICS SERIES

Capitalize on your initiative and foresight. The following five courses in Business Intelligence and Data Analytics will give you the edge with the applied knowledge and skills for jobs that are in demand.

Business Intelligence and Data Analytics Fundamentals

Date: Saturdays, Jan. 11 to Feb. 15
Time: 9 am to 4 pm
Register by: Friday, Jan. 10
Duration: 6 sessions
Fee: $695
Code: BIDA301 2020S C01

Become proficient in the fundamentals of Business Intelligence and Data Analytics. This course will provide the framework for you to understand, use and evaluate a variety of techniques and skills in analyzing data sets and making appropriate interpretations of the data.

Upon completion of this course, you will be able to:

- Explain the fundamentals of business intelligence and data analytics
- Describe the abilities and limitations of Excel in Data Analytics
- Evaluate different techniques and tools that can be used in Business Intelligence and Data Analytic activities
- Describe the differences and applications of descriptive and inferential statistics
- Appropriately apply fundamental statistical logic to data interpretation
- Apply fundamental data analytic heuristics
- Effectively make insights from data

Instructor: Martin Monkman

Olga Gould is a business development consultant with over 22 years of experience applying Business Intelligence and Data Analytics in different areas such as corporate finance, operations, project management and marketing to support business decision-making processes.

Olga studied MSc. Industrial Engineering in Operations Research and Statistics. In 2019, she will obtain another graduate degree in Computer Science at the University of Victoria.

Olga is the instructor of Entrepreneurship and Project Management to Newcomers at the Greater Victoria Public Library and Vancouver Island Counselling Centre for Immigrants and Refugees. She is also a Member of the Board of Governors and Chair of the Enterprise Risk Management Committee at St. Margaret’s School, Victoria BC.

NEW Data Analytics Coding Fundamentals

Date: Saturdays, Feb. 29 to April 4
Time: 9 am to 4 pm
Duration: 6 sessions
Fee: $695
Code: BIDA302 2020S C01

This course will explore the fundamentals of coding and scripting for Data Analytics. You will develop the ability to script and code for basic tasks in Data Analytics in common data analytic tools such as R, Python, and Excel. This will allow you to import and export data appropriately and perform fundamental data manipulations and to automate basic analysis elements.

Upon completion of this course, you will be able to perform the following basic tasks in R, Python, and Excel:

- Perform basic data manipulations
- Create variables
- Apply key concepts of variables, constants and functions
- Calculate descriptive statistics
- Perform basic logical formula functions
- Group and ungroup data
- Data Importing
- Data Exporting
- Extract and combine data
- Create what-if scenarios

Instructor: Olga Gould

Olga is the instructor of Entrepreneurship and Project Management to Newcomers at the Greater Victoria Public Library and Vancouver Island Counselling Centre for Immigrants and Refugees. She is also a Member of the Board of Governors and Chair of the Enterprise Risk Management Committee at St. Margaret’s School, Victoria BC.

Building on his previous experience analyzing data in a variety of contexts, Martin first joined BC Stats (British Columbia’s statistics bureau) in 1993. In subsequent years, Martin has built a wide range of experience using data science to support evidence-based policy and business management decisions. Now the Provincial Statistician & Director at BC Stats, Martin leads a dynamic and innovative team of data scientists in analyzing statistical information about the economic and social conditions of British Columbia, and measuring public sector organizational performance. Martin holds Bachelor of Science and Master of Arts degrees in Geography from the University of Victoria.
NEW Data Visualization and Reporting

Date: Saturdays, April 18 to May 23
Time: 9 am to 4 pm
Duration: 6 sessions
Fee: $695
Code: BIDA404 2020K C01

Develop your skills in Data Visualization and Reporting. Learn how to use common industry reporting and visualization tools such as Excel, Tableau, PowerBi and Shiny. You will also learn how to evaluate strengths and weaknesses of various data representation techniques and the fundamentals of dashboard design for various types of monitoring, analyzing and reporting.

Upon completion of this course you will be able to:

• Recognize the difference in purpose between real-time reporting, scheduled reporting and on-demand reporting
• Evaluate different strengths and weaknesses of various data representation techniques and demonstrate how these representations assist with decision making
• Apply heuristics to ‘report design’ based on need.
• Apply BI fundamentals of goals, objectives, measures, metrics, KPIs, performance statistics
• Apply judgement to data visualization regarding ethical concerns and practices
• Perform the following basic tasks in Excel, PowerBI, Shiny, Tableau and Python:
  • Import cleaned and compiled data
  • Perform conditional formatting functions
  • Present data in usable charts, graphs and tables to enable effective interpretation
  • Create dashboards and reports to meet specific user needs

Prerequisites: It is recommended students complete BIDA 301 and 302 or have basic coding in R or Python, plus formulas in Excel, plus foundational knowledge of business intelligence.

FOR MORE INFORMATION:
Business Intelligence and Data Analytics Series
250-721-8481
artssc2@uvic.ca
continuingstudies.uvic.ca/BIDA

PUBLIC RELATIONS

Today's public relations professionals are required to serve the needs of their own organization and those of its public. PR courses offered through our online diploma program will provide you with the knowledge, skills and practical applications you need to succeed in this in-demand field.

FOR MORE INFORMATION:
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250-721-6129
prprogram@uvic.ca
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Accepting new perspectives...

Culture, Museums and Indigenous Studies

HERITAGE AND MUSEUM STUDIES

FOR MORE INFORMATION:
Heritage and Museum Studies
continuingstudies.uvic.ca/culture

INDIGENOUS LANGUAGE AND CULTURE

FOR MORE INFORMATION:
Indigenous Language and Culture
continuingstudies.uvic.ca/CILR
Facilitating Intercultural Relationships

Date: Jan. 7 to March 31
Time: Tuesdays 4 to 7 pm; (no class Feb. 11)
Duration: 12 sessions
Fee: $569.63
Code: ISP430 2020S C01

This course facilitates intercultural relationships within the context of deconstructing systemic structures and ideologies, which impact every aspect of our society, as well as our personal world views. Participants and instructors will engage critically, deeply and honestly. We will aim to facilitate and create a respectful community of learners using a dialogical (dialogue) model and an action-reflection process throughout classes and assignments. Topics for critical analysis include: equity, knowledge, leadership, privilege, race, class, identity, oppression and social justice.

Textbook: Becoming an Ally, 3rd Edition: Breaking the Cycle of Oppression in People by Anne Bishop

Instructor: Robyn Fila

Robyn Fila is the internship program manager at the Centre for Asia-Pacific Initiatives. Robyn has an extensive background in experiential learning and curriculum development as it pertains to global and international and intercultural education. She started her career in Indonesia in her work with street entrenched youth and continued on with social change movements focusing on reproductive rights and justice in the Czech Republic. She has an undergraduate degree from UVic in Geography and a MA in Adult Education and Global Change from Linkoping University in Sweden.

FOR MORE INFORMATION:
Intercultural Studies and Practice
250-721-8457
cmpass@uvic.ca
continuingstudies.uvic.ca/ISP
The English Language Centre (ELC) has been offering award-winning English language programs at UVic since 1970, and is now one of the largest on-campus English schools in Canada. Each year, about 2,500 students from over 35 countries attend ELC programs to pursue their academic, professional and personal goals. Our staff is dedicated to creating a supportive, challenging and fun environment for students to learn English and experience Canadian culture.

Want to get involved?

**Become a homestay host**
Take advantage of this wonderful opportunity to learn about another culture while supporting a student’s efforts to improve his/her English language skills.

We’re interviewing now to find new hosts! As a UVic Homestay host, you’ll have a unique opportunity to share your perspective on a Canadian lifestyle with young people from other countries. Make new friends, learn about other cultures, and join a very special group of people who want to make a difference in the world.

Our award-winning program staff support you every step of the way and qualifying hosts can receive up to $950/month. Contact us today and find out how to qualify.

Our hosts:
- Live within 60 mins. of UVic campus by public transit
- Provide an immersive English environment
- Offer students private furnished rooms
- Provide students with food for all meals and snacks

**Volunteer with us**
We welcome new volunteers to help our students develop English skills and adjust to life in Canada.

**Classroom volunteers** participate in activities with international students under the guidance of experienced EAL teachers. This is an ideal opportunity to meet people from different parts of the world and learn about other cultures.

**Learning Centre volunteers** can expect to chat with students and help them with homework assignments including reading, vocabulary and presentations. The conversation and cultural exchange that our Canadian volunteers offer provides a very special and memorable experience for our ELC students.

**International Conversation Club volunteers** will share English conversation and discuss Canadian culture with students from our English Language programs. Each drop-in session includes planned activities, conversation games, fun workshops and cultural or holiday-themed treats.
Teaching English as a Foreign Language (TEFL)

**Date:** Feb. 4 to May 7

**Time:** Tuesday and Thursday evenings from 6:15 to 9:15 pm and every other Saturday from 9 am to 4 pm (Feb. 15 and 29, March 14 and 28, April 18, May 2) (no class April 11)

**Register by:** Wednesday, Feb. 5

**Duration:** 34 sessions

**Fee:** $1,150 plus $57.50 GST

**Code:** EDTE125 2020S C01

This 120-hour non-credit course is intended for people with little or no EFL teaching experience. It provides a survey of fundamental theoretical and practical concepts related to teaching English as a foreign language. By the end of the course you will have acquired knowledge, skills, strategies, and cultural awareness, and be familiar with the following:

- methodology for teaching the four skills (Reading, Writing, Listening, Speaking);
- second language acquisition theory;
- classroom organization, teaching, and assessment techniques;
- understanding cultural diversity;
- teaching learning strategies to maximize learning in the classroom;
- empowering learners to manage their own learning process.

**COURSE OBJECTIVES:**

- teach classes of all sizes and all ages;
- teach the four skills (Reading, Writing, Listening, Speaking), plus Grammar, Vocabulary, and Pronunciation;
- teach different levels of English, such as Beginner, Intermediate, Advanced;
- create meaningful activities;
- develop task and situation-specific lesson plans and curriculum;
- select a course-appropriate textbook.

Participants will have access to UVic's Netlink and Library facilities.

A Division of Continuing Studies certificate of completion and transcript will be issued upon completion.
Prerequisites: Previous teaching experience is not required. While not a formal prerequisite, we recommend that participants have previously completed a program of undergraduate study. Students who are not native speakers of English must meet the following language proficiency requirements or pass a TEFL entrance interview:

TOEFL(IBT) score: 94
IELTS score: 7.0

Considering that most of us spend eight hours per day, roughly 250 days per year, at work, the old adage that “variety is the very spice of life” begins to ring true.

Luckily for Misty Cozac, variety is a big part of her job: “I love that I never have an average day. My job involves program creation and delivery as well as business development and international travel. One day I could be welcoming groups from countries such as China, Japan and Colombia. The next day, I could be travelling there myself. As someone who has spent many years living out of a suitcase abroad, this job is obviously a great fit for me.”

As the program coordinator for the Division of Continuing Studies’ International Education unit, Misty works with international partners and educators to bring the University of Victoria’s high quality teacher training to international classrooms.

“I meet many pre-service and in-service teachers and instructors from all over the world. I feel fortunate to meet such dedicated educators who are continuously developing professionally to better their pedagogy and methodology for their students. There are so many committed educational professionals out there; it’s very inspiring.”
Before moving to Victoria in the spring of 2018, Misty had worked for over a decade as a college and university instructor in Vancouver. She’s also taught and lived around the world including in Japan, Italy and Mexico, and has spent time working in the Canadian theatre scene. “I feel like everything I’ve done in the past has led to helping me do my current work,” she explains.

Not only is variety important in her professional life, but Misty values what it can bring on a personal level too: “I think the most interesting thing about my hobbies is how different they are from one another, yet how they all work together to balance my life. I love to hike, run, read, do yoga and meditate. I’m an avid film-goer, [and] I also volunteer with the Big Brothers and Big Sisters and do fun activities with my ‘little’ every week.”

When asked to name her greatest extravagance, Misty doesn’t even skip a beat: “Travel—I would spend every dollar I have on seeing the world. I have two prints above my computer. One says ‘Wanderlust’ and the other ‘Inhale/Exhale.’ It reminds me of what I’m passionate about and the importance of staying grounded.”

From working in theatre to a career in international education—and to once working as a singing server in a sushi restaurant (“the less said about that job, the better,” Misty jokes)—this program-coordinator-by-day-and-activity-seeker/volunteer-by-night has led a pretty fascinating (and varied) life.
Constructive Use of Anger
Date: Thursday, Feb. 6
Time: 6 to 9 pm
Duration: 1 session
Fee: $75 plus $3.75 GST
Code: HPHE252 2020S C01

Anger is a powerful and sometimes confusing emotional response. Reframing anger as a healthy emotion that reveals important aspects of ourselves and our circumstances can lead to improved and more authentic relationships. Utilizing a theory to practice approach, this course explores theoretical aspects of anger, anger management, as well as our cultural beliefs and fallacies about anger as a dangerous or bad emotion. Participants will be guided through a model which enables emotional regulation through anger, resulting in simultaneously feeling in control of ourselves and our responses to others.

Instructor: Maryse Neilson, (MSW, RSW)

Maryse Neilson has worked for over 20 years as a social worker developing, facilitating and implementing programs that promote and foster change in individuals, groups and communities.

She is a counsellor in private practice where she helps individuals, couples and youth develop the insight, understanding and skills to lead happy and healthy lives. She also works as the Health Promotion Manager for CFB Esquimalt.

Forgiveness: Escaping Your Own Alcatraz
Date: Wednesday, Feb. 12
Time: 6 to 9 pm
Duration: 1 session
Fee: $75 plus $3.75 GST
Code: HPHE290 2020S C01

Although on paper, forgiveness seems like a wonderful, virtuous thing to do, in reality, it can be an extremely difficult and lengthy process. This course is meant to broaden the way you think about forgiveness by providing a brief introduction to interpersonal forgiveness and providing clarity around what is and isn’t forgiveness. While learning how to forgive takes more than a single session, tools to help you will be shared. Topics will include misconceptions of forgiveness and why they’re dangerous, factors that increase the likelihood you will forgive, and health benefits of forgiveness.
Living Mindfully
Dr. Mark Sherman

Effectiveness specializing in Mindfulness and Organizational BA, MIR, Leadership Educator
Patricia Galaczy, Worker, MSW, LICSW, Clinical Social Worker, BC Children's Hospital, Department of Pediatrics, at BC Children's, MD, FAAP , FSAHM, Head of the Department of Pediatrics, at BC Children's.

Panelists:
Jessica Rourke began studying forgiveness in 2002. She currently teaches at UVic and Thompson Rivers University and is a complex case manager at Restorative Justice Victoria, facilitating interactions between victims and offenders of crime.


NEW How to Create a Mindful Society: A Panel Discussion

Date: Friday, Feb. 21
Time: 7 to 9 pm
Duration: 1 session
Fee: $40 plus $2 GST
Code: HPPD500 2020S C01

Mindfulness is a skill of paying attention, on purpose, to what is here in the present moment without judgement. Mindfulness and meditation skills have been used in schools, corporations, sports, and in health care to nurture focus, concentration, performance, empathy and compassion. Studies on mindfulness-based clinical interventions have demonstrated reduced depression and anxiety, improvements in chronic pain, lower burnout rates, improved sleep and a greater sense of overall wellness and resilience.

In this interdisciplinary panel, experts from the fields of medicine, mental health, education and leadership will offer the most current research indicating that mindfulness and meditation are important skills in order to foster a sense of empowerment, connection, innovation, and compassion.

This panel discussion is open to the community and is also part of the inaugural BC Mindfulness Summit. For more information on the summit please refer to page 40 of the Continuing Studies Calendar.

Panelists:
Dr. Dzung Vo, MD, FAAP, FSAHM, Head of the Division of Adolescent Health and Medicine, Department of Pediatrics, at BC Children's Hospital
Susan Woods, MSW, LICSW, Clinical Social Worker
Patricia Galaczy, BA, MIR, Leadership Educator specializing in Mindfulness and Organizational Effectiveness
Dr. Mark Sherman, MD CM, CCFP, Executive Director and a founder of the BC Association for Living Mindfully

NEW Replacing Missing Teeth: Dental Implants and Their Alternatives

Date: Tuesday, Feb. 25
Time: 6 to 8 pm
Duration: 1 session
Fee: $65 plus $3.25 GST
Code: HPHE292 2020S C01

Tooth loss occurs as a result of many factors and can impact various aspects of a person's life including esthetics, speech and nutrition. In this course, reasons for tooth loss will be discussed, as well as the different options to replace missing teeth. Dental implants are generally considered to be the ideal solution, however they are not always a viable option. Dental implants will be discussed in detail including a brief overview of their development, situations where they may be of benefit, as well as potential complications and associated maintenance. Participants will leave well-informed about dental implants and have a good understanding of the alternatives that exist for replacing missing teeth.

Instructor: Robert Walker, (DMD)
Robert Walker graduated from the College of Dentistry at the University of Saskatchewan in 2005 and is currently in private family practice. Dr. Walker places and restores dental implants, while working closely with other specialists in the community.

NEW Striving to Thrive: Principles of Motivation, Goals and Self-Regulation

Date: Wednesday, Feb. 26
Time: 7 to 9 pm
Duration: 1 session
Fee: $65 plus $3.25 GST
Code: HPHE294 2020S C01

We all want to eat better, exercise more, get more sleep, or cut down on unhealthy habits—but it's not easy. All too often we encounter obstacles, temptations and disruptions to our routines. At times it can be difficult to motivate ourselves, and even more difficult to motivate the people we care about. In this course, we will discuss principles of motivation, goals and self-regulation, recent advances in these research areas, and how it applies to our health. This course will include small group discussions on common misconceptions, and how course concepts can be applied to improve efforts towards our own health-related goals.

Instructor: Myles Maillet, (Msc)
Myles Maillet is currently pursuing his doctorate at the University of Victoria, specializing in Social Psychology. In his research, Myles aims to improve our understanding of how motivation works and when and why we fail at self-control.

He has collaborated on projects spanning a variety of topics including healthy eating, safe driving behaviours, student alcohol consumption and engaging with nature.

The Beneficial Role of Intestinal Bacteria

Date: Wednesday, March 4
Time: 7 to 9 pm
Duration: 1 session
Fee: $65 plus $3.25 GST
Code: HPHE256 2020S C01

Recent medical advances have shown that intestinal bacteria play an important role in the development of the immune system. In this session, Dr. Petrunia will discuss how these bacteria also contribute metabolically to diverse conditions ranging from autoimmune disease to obesity.

Instructor: Denis Petrunia, (BSc, MSc, MD, FRCP(C))
Dr. Petrunia is a clinical gastroenterologist practicing in Victoria. He has a special interest in inflammatory bowel diseases, having participated in international clinical trials and in the use of probiotic therapy.

NEW Microplastics and Human Health: What We Know and What We Don’t

Date: Thursday, March 5
Time: 7 to 9 pm
Duration: 1 session
Fee: $65 plus $3.25 GST
Code: HPHE289 2020S C01

Microplastics are tiny synthetic particles that have been found to contaminate every corner of the planet, from arctic snow to the air we breathe. They are a complex suite of contaminants that can come in many shapes, sizes, colours and chemical compositions. These contaminants also act as sponges for other pollutants in the environment. We are eating, drinking and breathing them. Should we be worried? This course will dive into the science behind microplastics, from what they are and how they get into the environment, to how we determine whether they might be a risk to human health. We will also explore what can be done to minimize the quantity of plastic we consume.

Instructor: Garth Covernton, (BSc)
Garth Covernton is a PhD candidate at the University of Victoria studying the source, fate and ecological implications of microplastic contamination in the marine environment. He has also published on microplastic in the human diet.
Understanding and Coping with Persistent and Chronic Pain

Date: Wednesday, March 11
Time: 7 to 9 pm
Duration: 1 session
Fee: $65 plus $3.25 GST
Code: HPHE293 2020S C01

Chronic pain can affect our health and wellness in many ways. This course is for those who experience chronic or persistent pain, as well as their friends, family and caregivers. Participants will learn about the biology of pain and will gain Cognitive Behavioural Therapy (CBT) techniques to help manage the pain experience. Being able to deal with something as difficult as chronic pain is incredibly challenging. While this course is not intended to replace individualized advice from your doctor, it will provide knowledge on how to better understand and cope with pain. Note, these techniques are NOT recommended for acute pain or the new onset of pain conditions.

Instructor: Edward Baess, (PsyD, RPsych)
Instructor: Katalin Piller, (OT)

Dr. Ned Baess works in mental health at the Royal Jubilee Hospital and provides psychological treatment to adults for a variety of conditions. He is the lead instructor for the therapy mentorship at the hospital, teaching psychiatrists, occupational therapists, nurses and other specialists.

Katalin Piller works at the Pain Clinic at the Royal Jubilee Hospital. She provides her patients with many years of experience with a background in occupational therapy and has studied and practiced various styles of therapies to help people manage pain conditions.

Healthy Aging and the Anti-Inflammatory Diet

Date: Tuesday and Thursday, March 24 to 26
Time: 7 to 9 pm
Duration: 2 sessions
Fee: $85 plus $4.25 GST
Code: HPE246 2020S C01

Inflammation is now recognized as a common contributor to a range of chronic health problems, including some that we associate with aging. Heart disease, cancer, arthritis, colitis, asthma and many other conditions have been linked to inflammation. In this class, you will learn how and why inflammation occurs, how certain health conditions can perpetuate chronic inflammation, how to identify food allergies that may be contributing to inflammation and poor health, and how to explore dietary strategies for preventing and treating conditions associated with inflammation.

Instructor: Maureen Williams, (ND)

Maureen Williams graduated from Bastyr University in Seattle, 1995. After more than 20 years in private practice, she now spends most of her time doing literature research and health science writing and maintains a small naturopathic practice on Cortes Island.

Living Consciously Expanded

Date: Saturday and Sunday, March 28 and 29
Time: 10:30 am to 3 pm
Duration: 2 sessions
Fee: $150 plus $7.50 GST
Code: HPCE181 2020S C01

Does it feel as if other people and events are largely controlling much of your life? Is your health and wellbeing impacted adversely by busyness, multi-tasking and stress? Do you ever have the sense that “when I just get everything sorted out, THEN I will be happy”? If so, then the practice of mindfulness may speak to you. An ancient practice that helps return us to the driver seat of our lives, lower stress levels, and ultimately be more present in many moments of our lives. This expanded weekend program is based upon the work of Dr. Jon Kabat-Zinn and his Mindfulness-based Stress Reduction (MBSR) program at the University of Massachusetts, Medical School.

Instructor: David Greenshields, (MA, CQSW, RSW)

David Greenshields is a social work practice leader with BC Cancer. He has undertaken MBSR facilitator training at the University of Massachusetts Medical School.

Nonverbal Communication: Understand the Power of Body Language

Date: May 9 and 10
Time: Saturday, May 9: 11:30 am to 5:30 pm Sunday, May 10: 10 am to 4 pm
Duration: 2 sessions
Fee: $150 plus $7.50 GST
Code: HPCE181 2020S C01

Would you like to understand more about developing effective body language, and how nonverbal communication can impact our social encounters? This interactive, weekend course looks at skills to develop confidence, communication clarity and connection with others. Course topics will include: “reading” and “production” skills in the areas of facial expression; paralanguage (speed, pitch, tone, volume of voice); gestures; eye contact; and personal space. Participants will also review the way body language affects our own emotions and reactions to events.

Textbook: Fall Prevention Programming (2nd ed.), by Dr. Vicky Scott (required)
Instructor: Philip Groff, (PhD [psychology])

Jason Cressy has lectured for UVic’s Department of Educational Psychology and Leadership Studies, and is director of ‘Motivation in Mind’ corporate seminars and motivational training. He specialises in body language, social skills, interpersonal relationships and cultural differences.
Wound Management for Health Professionals Level I

Date: Jan. 17 to Feb. 28
Duration: 6 weeks
Fee: $425 plus $21.25 GST
Code: HPPD257 2020S D01

Mandatory one-day workshop on campus: Saturday, March 21

This blended learning course continues to develop your clinical skills and knowledge of advanced practice wound care. During eight weeks of online instruction, you will focus on pressure and vascular ulcers, VAC usage, debridement, high risk foot, lymphedema, surgical wounds, burns and oncology. The on-campus workshop enables you to learn more about debridement, demonstrate your skills and present information on a wound care product you researched during the online component of the course.

Prerequisites: HPPD257 OR HPPD333 - Wound I or Challenge exam
Textbook: Acute and Chronic Wounds (5th ed.), by Ruth Bryant and Denise Nix
Instructor: Misty Stephens, (BSN, RN, NSWOC) (Jan. 17)
Instructor: Jennifer Dunlop, (RN, MSN, ONC[C], NP[P]) (Feb. 28)

Wound Management for Health Professionals Level II

Date: Jan. 17 to March 13
Duration: 8 weeks
Fee: $525 plus $26.25 GST
Code: HPPD258 2020S D01

Mandatory one-day workshop on campus: Saturday, March 21

This blended learning course continues to develop your clinical skills and knowledge of advanced practice wound care. During eight weeks of online instruction, you will focus on pressure and vascular ulcers, VAC usage, debridement, high risk foot, lymphedema, surgical wounds, burns and oncology. The on-campus workshop enables you to learn more about debridement, demonstrate your skills and present information on a wound care product you researched during the online component of the course.

Prerequisites: HPPD257 OR HPPD333 - Wound I or Challenge exam
Textbook: Acute and Chronic Wounds (5th ed.), by Ruth Bryant and Denise Nix
Instructor: Misty Stephens, (BSN, RN, NSWOC) (Jan. 17)
Instructor: Jennifer Dunlop, (RN, MSN, ONC[C], NP[P]) (Feb. 28)

Palliative Care Pharmacy

Date: Jan. 27 to March 6
Duration: 6 weeks
Fee: $400 plus $20 GST
Code: HPPD400 2020S D01

Mandatory one-day workshop on campus: Saturday, March 21

Pharmacists serve as integral members of multidisciplinary teams to deliver optimum palliative care for individuals in final stages of life. As more patients wish to remain at home for the end of life, there is an increasing need for palliative care pharmacy expertise outside of institutional settings. This online course is designed for the learning needs of pharmacists to acquire specialized knowledge to support palliative care patients, family, health and community care nurses and general practitioners. Topics covered include: the pharmacist's role in a palliative care team; principles of pain management; use of opioids and cannabis in palliative care; symptom management and drug related adverse effects.

Instructor: Anna Maruyama, (BSc[Pharm], MSc, PharmD, Clinical Pharmacy Specialist [ICU, CCU, CVU])

Anna Maruyama has worked as a pharmacist for 20 years, working in a multitude of practice settings including the community and hospital across the country. She received her Bachelor of Science in Pharmacy and post Graduate PharmD at the University of British Columbia and her Masters of Science in Health Information Science at the University of Victoria. Currently, she works as a clinical pharmacy specialist in Critical Care at the Royal Jubilee Hospital in Victoria, BC. She's had a long interest in palliative care medicine and has completed additional training in the field.

Instructor: Ashley Mollison, (BSN, RN, NSWOC) (Jan. 17)
Instructor: Hatti Stajduhar, (RN, PhD) (Feb. 28)

Instructor: Kelli Stajduhar, (RN, PhD) (March 30 to May 8)

Instructor: Ashley Mollison, (BSN, RN, NSWOC) (June 13 to July 23)

Instructor: Kelli Stajduhar, (RN, PhD) (July 27 to Aug 13)

NEW Equity-Informed Palliative Care: Research and Strategies

Date: Tuesday, Feb. 18
Time: 6 to 9 pm
Duration: 1 session
Fee: $95 plus $4.75 GST
Code: HPPD292 2020S C01

Palliative care is an approach to care that focuses on quality of life, and the physical, social, emotional and spiritual aspects of the dying experience. When someone is dying who is also homeless or barely housed, access to palliative care services can become difficult. People who are impacted by structural inequities such as inadequate housing, racialization, classism, stigmatization of substance use and mental illness continue to experience persistent health and health care inequities and challenges accessing health care services. Access to health care services at the end of life (EOL) is especially problematic for those who are “structurally vulnerable”. Higher incidences of substance use, severe mental illness, and homelessness and unstable housing, contribute to barriers accessing the health services needed to ensure quality EOL care. This course engages participants to consider what it takes to create equity for all at the end-of-life, drawing on current research findings and clinical experiences of working with structurally vulnerable people at the end of life.

This is a professional development course for health and helping professionals and volunteers engaged with structurally vulnerable populations.

Instructor: Kelli Stajduhar, (RN, PhD)
Instructor: Ashley Mollison, (MA)
NEW Building Harmony: An Approach to Conflict Management in Healthcare

Date: Saturdays, March 14 to 21
Time: 9 am to noon
Duration: 2 sessions
Fee: $175 plus $8.75 GST
Code: HPPD293 2020S C01

Healthcare environments are complex, dynamic and outcome focused. As a result, relationships between patients and providers, or among health professionals, may be susceptible to misunderstanding. Building harmony in healthcare systems begins with identification of conflict risk factors and appropriate early interventions. In this course, recurrent sources and types of conflict, including inter-professional practice, cultural collisions and ethico-legal issues, will be categorized and explored. Through case studies and discussion, learners will apply, analyze and evaluate systematic measures to prevent conflict escalation in a variety of situations.

Recognizing that patient care has largely become team-based, learners will acquire practical and constructive measures to improve cross-functional communication and collaboration. The course material is underpinned by ethico-legal and communications principles, and organized into a “four-zone framework”: external interfaces, internal conflict, legal regulations and cultural considerations. This approach supports individual learners in exploring and applying the concepts to a variety of healthcare contexts and environments.

Instructor: Richard Veerapen, (MD, PhD)

Richard Veerapen is a former neurosurgeon with a medical career spanning close to three decades. He practiced in the UK and Malaysia, prior to acquiring legal training, which culminated in him obtaining a PhD in Law and Society from UVic’s Faculty of Law. He has co-founded and developed a new medical malpractice defence organization offering indemnity defence for Malaysian physicians, and has taught extensively on conflict management in healthcare to clinical professionals and leaders, and health science undergraduates. Veerapen has also previously worked in the independent medical examination (IME) field for personal injury assessment as a med-legal consultant for a Canadian corporation.

An Introduction to Cognitive Behaviour Therapy

Date: Wednesdays, March 25 to April 8
Time: 6 to 9 pm
Duration: 3 sessions
Fee: $250 plus $12.50 GST
Code: HPPD254 2020S C01

Designed for health and helping professionals, this course provides an introduction to the principles and practices for using Cognitive Behaviour Therapy (CBT) to treat clients. CBT is an evidence-based form of psychotherapy that identifies and modifies problematic thought patterns, emotions and behaviours. The basic CBT frameworks and methods for treating clients who suffer from depression and panic disorder will be explored. Information about formal training and certification in CBT will be provided.

Instructor: Alice Houston Mais, (BSW, MSW)

Alice Houston Mais trained in CBT under the direction of Judith Beck and is certified as a CBT practitioner by Aaron Beck. Over the last twenty years she has treated clients suffering from depression, anxiety and substance use disorders. She is also an accredited CBT supervisor and teacher, whose work has been published in European clinical textbooks and journals of psychiatry. She has developed courses and taught the basics of CBT to health care professionals for over two decades. Alice was recently endorsed by the University of Toronto as a CBT supervisor at the U of T CBT certification program.

FOR MORE INFORMATION:
Health Professional Development
250-721-8558
healthprograms@uvic.ca
continuingstudies.uvic.ca/healthprod

FOR MORE INFORMATION:
Dental Professional Development
250-721-8558
healthprograms@uvic.ca
continuingstudies.uvic.ca/28dentalCEcredits
Professionals who identify health risks, prevent accidents and maintain safety regulations in the workplace are in high demand. Environmental and occupational health courses offered through our online certificate program focus on the latest dynamics of employee health and safety needs and the environmental impact of the workplace. You will explore topics related to risk assessment and management, occupational and health law, occupational health hazards, safety program management, and health protection technology.

FOR MORE INFORMATION:
Occupational Health and Safety
250-721-6129
eohprogram@uvic.ca
continuingstudies.uvic.ca/EOH

FOR MORE INFORMATION:
Population Health Data Analysis
continuingstudies.uvic.ca/popdata
The BC Mindfulness Summit, developed in partnership with the British Columbia Association for Living Mindfully, is a weekend educational event for health and helping professionals to develop and enrich their personal and professional mindfulness practices.

**THEME**
‘Creating a Mindful Society’ is the theme for the inaugural year. The dialogue will focus on how the skills of presence and compassion can help our culture and society shift to meet the political, environmental and public health challenges we currently face. The summit will be an opportunity to celebrate and nurture positive examples of change.

**FORMAT**
The BC Mindfulness Summit includes a panel discussion, plenary presentations and experiential workshops. These sessions will reinforce the embodiment of a mindfulness practice and provide tools and resources to support the facilitation of mindfulness in a professional setting. There will also be opportunity to participate in mindful movement and meditation to replenish and connect.

**WHO SHOULD ATTEND?**
The summit is a continuing professional development opportunity for those who identify as working or volunteering in areas where a mindfulness approach to care may be valuable, including but not limited to:
- health care providers
- researchers
- counsellors and therapists
- clergy
- educators
- trauma-exposed workers

FEB. 21-23, 2020 | $450

**FEATURED SPEAKERS:**
- Dr. Andrea Grabovac
- Dr. Mark Sherman
- Dr. Dzung Vo
- Lisa Baylis
- Marcia Burton
- Ameeta Dudani
- Patricia Galaczy
- Sarah Kinsley
- Margo McLoughlin
- Chris Reck
- Genevieve Stonebridge
- Susan Woods

FOR MORE INFORMATION: BC Mindfulness Summit
250-721-8558 | healthprograms@uvic.ca | continuingstudies.uvic.ca/BCMS
Explore the world and history from the comfort of Amica at Somerset House, located at 540 Dallas Road, Victoria BC. This series consists of four stand-alone sessions; you may register for a single session or receive a discounted rate if you register for the entire series.

**Industrial Victoria**

**Date:** Wednesday, Jan. 29  
**Time:** 1 to 3 pm  
**Location:** Amica at Somerset House  
**Duration:** 1 session  
**Fee:** $23 plus $1.15 GST  
**Code:** ASHI410 2020S E01

Within recent memory Victoria was a major industrial city, boasting busy railways, docks and factories. Illustrations promoting the city featured smokestacks ringing the harbour, each sending a black plume into the sky. Today we might grumble about the noise and pollution they caused, but in the 1800s and early 1900s Victorians basked in the prosperity they hoped would result from such enterprises. Who were the captains of industry and what did they produce? Everything seemed to be manufactured here: lumber, shingles, textiles, rope, boots, carriages, iron products, coal gas, beer, wine, vinegar, paint, cigars and opium. What led to the growth of these firms and what caused their decline and disappearance? To answer these questions, historian John Adams has gathered pictures showing lost industries, the people who owned them and the workers who toiled for them. He will use them to illustrate his talk about this fascinating but often overlooked part of our history.

Instructor: John Adams

John Adams is an historian, author and heritage consultant well known for his historical walking tours around Victoria.
NEW Trouble with Peace: A History of the Israeli-Palestinian Conflict

Date: Wednesday, Feb. 26
Time: 1 to 3 pm
Location: Amica at Somerset House
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI750 2020S E01

This session is an update to a similar session last offered in 2015. When Gaza orchestrated its Great March of Return in 2018 we were reminded that 70 years after its inception the State of Israel still does not have peace with its neighbours, and the Palestinians still do not have an independent country, even though there have been strenuous efforts in recent years to find solutions to this vexing problem. In this lecture we will take a detailed look at the history of this struggle from its inception in the nineteenth century to the creation of the State of Israel in 1948, to the wars that followed, to the controversial building of Jewish settlements on the West Bank and to the successes and failures of numerous peace talks over the years that have so far failed to solve the conflict.

Instructor: Paul Chamberlain, (PhD)
Paul G. Chamberlain is a historical geographer who has lived and travelled widely through the area; he specializes in Middle East studies and has a special interest in history, comparative religion, and current political events in the region.

A History of the James Bay Neighbourhood

Date: Wednesday, March 11
Time: 1 to 3 pm
Location: Amica at Somerset House
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI594 2020S E01

In this session, illustrated with maps, paintings and photographs, you will learn about the history of James Bay—Victoria’s oldest residential district—from the 1840s to today. This visual tour will include the first government buildings and surrounding homes, and the introduction of industry to the area including shipyards, grain elevators and chemical plants. You will learn about First Nations’ extensive use of the shoreline and the Hudson’s Bay Company’s establishment of company homes and Beckley Farm. The neighbourhood developed a rough reputation by the mid-20th century, but now James Bay is a vibrant area combining heritage streetscapes, seaside parks, deep-sea docks, commercial and tourism nodes nestled beside the Parliament Buildings.

Instructor: John Adams (see bio under Industrial Victoria)

NEW Monasteries and Manuscripts II – An Austrian Odyssey

Date: Wednesday, April 8
Time: 1 to 3 pm
Location: Amica at Somerset House
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI756 2020K E01

In this second of a multi-part series on Austrian monasteries, we’ll continue our investigations into the libraries, scriptoria and “cabinets of curiosities” that brought together and preserved the expanding universe of science and exploration for medieval and Renaissance Europe. While devotion to God was paramount, a deep devotion and curiosity to nature and the written word were often obsessive within the same stone walls. Monks may have lived and breathed the Word of God, but their blood and sweat went into the natural history collections, libraries and books housed there, no matter if they were sacred, secular or sometimes even heretical. From the largest monastic library in the world to the scientific instruments that showed us the inner workings of Creation itself, Austrian monasteries were not just dark, dank hallways of religious devotion, but also illuminating institutions of learning and education.

Instructor: Christian Mundigler, (ACA, BA)
Christian Mundigler is an archaeologist, ethno-historian, explorer and photographer who’s spent his career working, researching, teaching and leading tours and expeditions around the world to bring ancient and medieval history alive. Christian’s work has taken him through the Middle East, North Africa, Europe, Asia, North and South America, and beyond to Easter Island and Antarctica. His work has been published with National Geographic, numerous foreign news agencies, as well as many scholarly books, journals and websites.

FOR MORE INFORMATION:
Canadian Studies
250-721-8458
csdp@uvic.ca
continuingstudies.uvic.ca/CSDP

HUMANITIES AND SOCIAL SCIENCES
Why is there a War in Syria?

Date: Mondays, Jan. 6 to Feb. 10
Time: 6:30 to 8:30 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASHI759 2020S C01

This course will cover the historical, ethnic, cultural, and economic backgrounds of the ongoing multi-sided armed conflict in Syria. It will name the external players involved and analyse what might happen next. It will cover the history of Syria within the context of the Middle Eastern region from ancient times to the beginning of the 21st century with an emphasis on the events of the 20th century that preceded the formation of this nation.

Instructor: Andrew Andersen, (PhD)

Dr. Andrew Andersen is a political scientist and historian whose research focuses on communist and post-communist studies, international and inter-ethnic conflicts, territorial disputes and ideological clashes.

Politics and Society in Russia and Eurasia

Date: Saturdays, Jan. 11 to Feb. 15
Time: 1 to 3 pm
Duration: 6 sessions
Fee: $119 plus $5.95 GST
Code: ASHI752 2020S C01

In this course you will learn about recent changes in Russian politics and society. We will focus on the relationship between the state, business and the people, and on Russia’s relations with other post-Soviet states. The focus of analysis will be explicitly comparative. We will compare developments in post-communist Russia to the neighboring countries in Eastern Europe (Belarus, Ukraine) and Central Asia. We will discuss politics and economics across the range of the post-Soviet states trying to understand why their trajectories diverged. The course will go beyond the country-by-country comparisons to look at regional institutions and the post-Soviet states’ relations with the world. We will also examine a crucial nexus between domestic and international politics, as provided by international political economy, power politics, nationalism and ethnicity.

Instructor: Mikhail Molchanov, (PhD)

Mikhail Molchanov is a scholar of international relations and comparative politics of Eastern Europe and Eurasia. He was born and educated in Ukraine, where he obtained his first PhD in Philosophy. He later earned an MPA from New York University and PhD in Political Science from the University of Alberta. He has worked for the federal and provincial governments in Canada and taught political science at several universities in Canada, Kazakhstan and the UAE. Dr. Molchanov guest lectured in the USA and Japan, where, between several research stays and visits, he has spent nearly three years of his life.

A History of Israel

Date: Tuesday, Jan. 14
Time: 7 to 9 pm
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI559 2020S C01

In the first part of this lecture we will take a glimpse at the sweeping history of the Israelites from the time of Abraham to the destruction of Jerusalem during the 1st century CE. In the second part, we will focus our attention on the modern state of Israel by exploring some of the crucial events that have shaped the region in the past century. Maps, photographs and artifacts will be used to illustrate the session.

Instructor: Paul Chamberlain (see bio under Trouble with Peace: A History of the Israeli-Palestinian Conflict, in Amica section)

Artificial Intelligence and the Future of Employment and Humanity

Date: Thursdays, Jan. 16 to Feb. 13
Time: 6:30 to 8:30 pm
Duration: 5 sessions
Fee: $99 plus $4.95 GST
Code: ASHI722 2020S C01

Artificial intelligence (AI) has exploded over the news, provoking great optimism, pessimism, and confusion. Do thinking machines precipitate Utopia or Armageddon? What do you make of half the workforce being automated into unemployment, or a future AI destroying us? We will unpack these issues to understand what AI is, isn’t, and what it might become.

In this course, we will cover the history of AI through recent developments including self-driving cars, look at AI in the news, and explore the positions of figures such as Elon Musk, Stephen Hawking, and Ray Kurzweil. We will review studies of employment automation to see who will be most affected, and how to protect careers. (No understanding of computers required.)

We will also discuss what will happen when a computer even appears to be thinking and explore the implications for psychology, philosophy, and our survival. Will we need to evolve along a transhumanist path in symbiosis with AI?

Instructor: Peter Scott, (MA)

Born in the United Kingdom, Peter Scott received a master’s degree in Computer Science from Cambridge University and went to NASA’s Jet Propulsion Laboratory (JPL) in Pasadena, California, helping advance our exploration of the solar system. Since 1999 he has worked independently, continuing to serve JPL but also writing and speaking. He also works in the “soft” fields of human development. Bridging these disparate worlds positions him to envisage a delicate solution to the existential threats facing humanity arising from exponential technology progress.
**Archaeology and Textiles**

Date: Saturday, Jan. 25

Time: 1 to 3 pm

Duration: 1 session

Fee: $29 plus $1.45 GST (includes coffee, tea and cookies)

Code: ASHI754 2020S C01

Some of the oldest textiles in the world can tell us a lot about how people were living in the past. Unlike stone and metal, threads and cloth often break down fairly quickly at archaeological sites, and dyes and paints can disappear or change colour through time. Archaeological evidence of textiles can still exist, even if the textile is gone (e.g. imprints in clay; remains of weaving and spinning technology like looms and spindle whorls). By considering historical and contemporary textile practices, archaeologists can sometimes gain insights about archaeological contexts and artifacts. In this class we will examine case studies and also include a bit of hands-on learning to help inform our understanding of the archaeological record. Although information in this class can be applied around the world, most case studies discussed will be from European and North American archaeological contexts.

Instructor: Aurora Skala

Aurora Skala is an archaeologist who received her MA in Anthropology from the University of Victoria while working with the Heiltsuk and Wuikinuxv Nations to document their rock art. She has examined submerged rock art sites and excavated underwater to record ship wrecks, in addition to excavating at terrestrial sites.

**Is it Love or Attachment? A Buddhist Perspective on Relationships**

Date: Saturdays, Jan. 25 to Feb. 15

Time: 10 am to noon

Duration: 4 sessions

Fee: $85 plus $4.25 GST

Code: ASHI751 2020S C01

If we wish to enjoy good relationships, it is essential that we learn to distinguish between love and attachment. Pure love is a beautiful state of mind and never causes any pain. It fills our heart with happiness and brings joy to our family and friends. It costs nothing, yet is the most powerful method to improve the world we live in. However, our love is often mixed with attachment, which makes us possessive, anxious and easily hurt.

Why is it that so often our relationships and interactions with others result in a storm of painful emotions? Why do we feel so much grief when we are separated from those we care for?

And why does what appears to be a “perfect match” so often end in conflict? The answer to all these questions is uncontrolled desire and attachment. While love brings good results and happiness, attachment brings problems and suffering such as craving, jealousy, dependence and suffering.

In this course we will learn how to distinguish between the minds of attachment and love and how to practically free ourselves from attachment while cultivating pure love for others.

Instructor: Gen Kelsang Zopa

Gen Kelsang Zopa has been an ordained Buddhist monk since 1996. He has studied and practiced Kadampa Buddhism for over 25 years under the guidance of Geshe Kelsang Gyatso, the Founder of the New Kadampa Tradition. He was Resident Teacher at Chandrakirti Buddhist Centre in Toronto from 1999-2007 and served as the NKT Nation al Spiritual Director from 2000-2004, traveling and teaching throughout Canada. Since 2007 he has been Resident Teacher at Bodhicitta Kadampa Buddhist Centre in Victoria, teaching meditation classes on Vancouver Island. Renowned for the clarity and depth of his teachings, his warmth and practicality bring to life the ancient art of meditation.

**Why We Do the Things We Do: Advanced Topics in Neuroscience**

Date: Tuesdays, Jan. 28 to March 10

Time: 6:30 to 8:30 pm

Duration: 6 sessions

Fee: $119 plus $5.95 GST

Code: ASHI636 2020S C01

In this course, you will learn about high level neural processes, such as learning, decision-making, emotion, love and even why we are sometimes “evil”. This course is grounded in the latest neuroscience research, so you can learn how complex behaviours stem from the firing of neurons within the brain. We will discuss rare neural dysfunctions—such as the Capgras delusion and anosognosia—and you will get a chance to observe a functional neuroimaging laboratory and take part in a neuroimaging experiment. We will also look at research methodologies and current issues in neuroscience. Although this course builds on material taught in An Introduction to Neuroscience, it is not necessary to have any previous experience to enjoy this course.

Instructor: Olav Krigolson, (PhD)

Olav Krigolson is Associate Director, Centre for Biomedical Research and Associate Professor in the Neuroeconomics Laboratory at UVic.

**Witnessing Life and Protest in Palestine**

Date: Tuesdays, Feb. 4 to March 10

Time: 7 to 9 pm

Duration: 6 sessions

Fee: $119 plus $5.95 GST

Code: ASHI749 2020S C01

In this course we will examine traditions of Palestinian popular struggle. While the course includes basic historical background on the Israel-Palestine conflict, our focus will be on the contemporary period and the West Bank in particular. We will go inside the occupied Palestinian territories to witness the realities of life under Israeli military occupation and the perseverance and solidarity generated by traditions of popular struggle. Popular struggle includes the distinctly Palestinian simoud, or steadfastness on the land, as well as diverse social movements, and popular resistance committees that lead direct action campaigns. Popular struggle is grassroots and mostly nonviolent. The major exception is the common practice of throwing stones at occupation forces. In the last 15 years, armed resistance has mostly vanished from the West Bank. In the Gaza Strip, mass protests against the Israeli blockade have become the norm.

This course will include lectures and multi-media presentations and the instructor will draw heavily on his first-hand experience living and working in the West Bank for a 6 month period. There will be time for questions and discussion in each class. Discussions may include sensitive and controversial topics and will be facilitated within strict parameters of respectful and measured dialogue. Session topics will include: contested histories, life under occupation, and historical and contemporary Palestinian popular struggle.

Instructor: Michael Carpenter, (PhD)

Michael J. Carpenter has a PhD in Political Science from the University of Victoria. He teaches and writes about popular protest movements, the Middle East and international borders. He lived in the West Bank for six months, including three months of fieldwork with popular resistance committees and is the author of Palestinian Popular Struggle: Unarmed and Participatory, published by Routledge, 2019.
### The Road Less Travelled: My Journeys in the Andes

**Date:** Wednesday, Feb. 5  
**Time:** 6:30 to 8:30 pm  
**Duration:** 1 session  
**Fee:** $23 plus $1.15 GST  
**Code:** ASH1639 2020S C01

While most associate the Peruvian Andes with Machu Picchu, some of the world’s best and most remote trekking occurs a bit further north in the Cordillera Blanca and Cordillera Huayhuash. The Cordillera Huayhuash is the home of Siula Grande, one of the hardest mountains to climb in the world and the setting for the story **Toucing the Void**. In this talk, Dr. Krigolson will take you on a journey through his recent trekking and climbing experiences in the Peruvian Andes. This is a voyage of summits, high mountain passes and some of the best back country trekking in the world as ranked by National Geographic magazine. Dr. Krigolson will also touch on his experiences in Lima, a city with a population that equals one third of Canada and give you a quick glimpse of Machu Picchu and the Inca Trail.

Instructor: Olav Krigolson (see bio under Why We Do the Things We Do: Advanced Topics in Neuroscience)

### Everything Arctic

**Date:** Wednesdays, Feb. 5 to 12  
**Time:** 7 to 9 pm  
**Duration:** 2 sessions  
**Fee:** $45 plus $2.25 GST  
**Code:** ASHA133 2020S C01

Take an armchair exploration of some of the wonders of the arctic. Visit a landscape as richly diverse as its seasons: flat sweeping vistas of the western arctic, gentle rolling hills of Cape Dorset and the glorious fiords of Baffin Island. We’ll also visit Greenland to discover its icy beauty. These illustrated talks offer the rare opportunity to meet the hardy, yet gentle, Inuit of the arctic and catch a glimpse of their way of life. This two-lecture series is rich in description and visuals, while short on historic dates. Some cultural treasures of the north will be introduced: the original hand-pulled prints of the Canadian arctic and their makers, along with the historical backdrop of the printmaking tradition. An important aspect of the art of the Canadian north. We’ll “meet” people who took the route north: Rae and Franklin, Hudson Bay factors such as Maud Watt and Duncan Pryde. We’ll also meet some of the unsung heroes and heroines of the north.

Instructor: Jennifer Whitford Robins (see bio under same course title in Arts section)

### Doing Philosophy is Learning to Die

**Date:** Mondays and Wednesdays, Feb. 19 to March 4  
**Time:** 2:30 to 4:30 pm  
**Duration:** 5 sessions  
**Fee:** $149 plus $7.45 GST  
**Code:** ASHI745 2020S C01

In 1580 the French philosopher Michel de Montaigne wrote his essay “**Doing Philosophy is Learning to Die**,” recycling many passages and ideas from his favourite Latin philosophers, especially Lucretius and Seneca. Expanded new versions of this essay were published in 1588 and 1595, showing the results of Montaigne’s continual reflections on the topic of death and how to die like a philosopher. In this discussion seminar we ask ourselves and each other what would count as a respectable or desirable or wise demise, applying our individual philosophies to our own mortal predicaments. In this investigation we will be guided by the experience of two instructors, a retired physician and cancer specialist and a specialist in ancient philosophy who will illuminate the Latin sources of Montaigne’s essay, as well as its historical context and his ways of thinking and writing.

Instructor: Paula Donahue, (MD)  
Instructor: Doug Hutchinson, (DPhil)

Doug Hutchinson studied at Queen’s University and Oxford University (BPhil 1978 and DPhil 1983). He then spent most of his 37-year career teaching ancient philosophy at the University of Toronto. Doug is associate editor of *Plato: Complete Works* (1997) and editor/translator of Carlo Natali’s *Aristotle: His Life and School* (2013).

Paula Donahue is an internal medicine specialist with a special interest in medical oncology. She is semi-retired and divides her time between St. Thomas, Ontario and Victoria, BC.
Empire and Desire: The Ottoman Palace in Western Imagination

Topkapi Palace served as the seat of Ottoman imperial power for 400 years. Built in the 15th century following the conquest of Constantinople by the Ottomans, the Palace was not only the focus of political power, intrigues and riots. In Western imagination, it was the materialization of an Oriental desire. The Harem occupied the fantasy of the travelers, authors, artists and musicians, most of whom have never been inside. The Palace, now a museum, welcomes more than three million visitors each year. The stories of its past inhabitants still enthuse tourists and filmmakers. Inspired by art, architecture, history, music and popular culture, this lecture invites you on a short visit to the courtyards, chambers and secret passages of the palace to explore its past and present.

Instructor: Deniz Unsal (see bio under Troy Revisited)

Trouble with Peace: A History of the Israeli-Palestinian Conflict

This session is an update to a similar session last offered in 2015. When Gaza orchestrated its Great March of Return in 2018 we were reminded that 70 years after its inception the State of Israel still does not have peace with its neighbours, and the Palestinians still do not have an independent country, even though there have been strenuous efforts in recent years to find solutions to this vexing problem. In this lecture we will take a detailed look at the history of this struggle from its inception in the nineteenth century to the creation of the State of Israel in 1948, to the wars that followed, to the controversial building of Jewish settlements on the West Bank and to the successes and failures of numerous peace talks over the years that have so far failed to solve the conflict.

Instructor: Paul Chamberlain (see bio under same course title in Amica section)

A Brief History of China Part One

This course is an overview of Chinese history from the Neolithic period to the first Opium War (1839-42). You will learn about major Chinese dynasties, such as: Shang, Zhou, Qin, Han, Jin, Sui, Tang, Yuan and Ming as well as the establishment and decline of the Manchu Qing dynasty which was the last ruling dynasty of China. The course will cover the Mongol and Manchu conquests of China, Chinese expansion in Asia, Chinese emigration and the beginning of the conflict between China and the West that occurred in the middle of the 19th century. We will also look at some aspects of Chinese culture including Buddhism, Confucianism and Zhonghua minzu. The course also offers an overview of Chinese arts, culture and traditional Chinese medicine. Please note that this course was previously offered as a Brief History of China and has now been expanded into two parts.

Instructor: Andrew Andersen (see bio under Why Is There a War in Syria?)
How to be Fairly Cheerful

Date: Tuesdays and Thursdays, March 10 to 31
Time: 2:30 to 4:30 pm
Duration: 7 sessions
Fee: $135 plus $6.75 GST
Code: ASHI753 2020S C01

Instructor: Doug Hutchinson (see bio under Doing Philosophy is Learning to Die)

Cutting Edge Wisdom

Date: Saturdays, March 14 to April 4
Time: 10 am to noon
Duration: 4 sessions
Fee: $85 plus $4.25 GST
Code: ASHI755 2020S C01

Instructor: Stephanie Calce, (PhD)

Forensic Anthropology of the Human Skeleton

Date: April 7 to May 5
Time: Tuesdays April 7 to May 5 from 6 to 8:30 pm (5 sessions) and Saturday, April 25 from 9 am to noon
Duration: 6 sessions
Fee: $149 plus $7.45 GST
Code: ASHI599 2020K C01

This six-part series will examine topics of forensic anthropology and teach you how to create an individual profile for unidentified human skeletal remains in a medico-legal context. Each lecture will be followed by a hands-on lab exercise, in which we will explore what happens to bodies when they decay in various environments, learn how to personally identify the deceased (including sex, age and stature), study causes of death from trauma or pathology and practice processing outdoor crime scenes. This will involve the handling of human remains. One session will take place outside (rain or shine on the UVic campus) and will involve crouching, as well as searching on the hands and knees. Appropriate outdoor attire is required. You will receive more information at the first lecture.

Instructor: Stephanie Calce, (PhD)

Monasteries and Manuscripts II

– An Austrian Odyssey

Date: Thursday, April 16
Time: 1 to 3 pm
Duration: 1 session
Fee: $23 plus $1.15 GST
Code: ASHI756 2020K C01

This in second of a multi-part series on Austrian monasteries, we’ll continue our investigations into the libraries, scriptoria and “cabinets of curiosities” that brought together and preserved the expanding universe of science and exploration for medieval and Renaissance Europe. While devotion to God was paramount, a deep devotion and curiosity to nature and the written word were often obsessive within the same stone walls. Monks may have lived and breathed the Word of God, but their blood and sweat went into the natural history collections, libraries and books housed there, no matter if they were sacred, secular or sometimes even heretical. From the largest monastic library in the world to the scientific instruments that showed us the inner workings of Creation itself, Austrian monasteries were not just dark, dank hallways of religious devotion, but also illuminating institutions of learning and education.

Instructor: Christian Mundigler (see bio under same course title in Amica section)
Muscular Nationalism in Contemporary India

Date: Thursday, Feb. 6
Time: 9:30 to 11:30 am
Duration: 1 session
Fee: $25 plus $1.25 GST
Code: ASPT007-1 2020S C01

Traits used to describe a powerful nation are almost always synonymous with those used to depict a strong man. Indeed, the images of and behaviour associated with a dominant interpretation of masculinity line up nicely with a nation perceived as powerful on the global stage. Dr. Banerjee has termed this link between nation and manhood: muscular nationalism. Briefly put, muscular nationalism is an intersection of a specific vision of masculinity with the political doctrine of nationalism. This idea of nation is animated by an idea of manhood associated with martial prowess, muscular strength and toughness.

In this talk, Dr. Banerjee will explore the contemporary expression of muscular nationalism in India which has been shaped by a historical legacy of being constructed as “effeminate” by the British colonial powers and by an attempt to reimagine a martial past that will provide a fitting background for a ‘manly’ modern India. She will also discuss how the nationalist confidence of an assertive global middle class and the prominence of Hindu nationalist politics has provided a cultural context within which muscular nationalism has had a powerful popular resonance.

Instructor: Sikata Banerjee, (PhD)

Dr. Sikata Banerjee is a political scientist and professor in the Department of Gender Studies. Her research focuses on examining masculinities in nationalism and she is the author of numerous publications on masculinity and nationalism in India: Globalizing Muscular Nationalism (Routledge, 2017).

Dirty Money, Secret Sex: Political Scandals in Canada

Date: Thursday, April 2
Time: 9:30 to 11:30 am
Duration: 1 session
Fee: $25 plus $1.25 GST
Code: ASPT007-3 2020K C01

There have been thousands of political scandals in Canadian history, but they have rarely been examined as a collective – it’s always been far too gratifying to witness the stumbles of the powerful to give much thought to the scandals after the fact. In this presentation, UVic History Professor Penny Bryden shows how scandals have evolved since Confederation by tracing the continuities and the changes over time, examining the changing definition of scandal and drawing some conclusions about the peculiarities of Canadian political culture. Ranging from the railway scandals of the 19th century to the most recent transgressions of the current government, this talk offers a new way of thinking both about scandal and about Canada.

Instructor: Penny Bryden, (PhD)

Dr. Penny Bryden is a professor in the Department of History. She specializes in Post-Confederation Canadian political and constitutional history.

The Religious Origins of Fake News and Alternative Facts

Date: Thursday, March 12
Time: 9:30 to 11:30 am
Duration: 1 session
Fee: $25 plus $1.25 GST
Code: ASPT007-2 2020S C01

During the 2016 Presidential Election and since the election of Donald Trump, much has been written and discussed about fake news and alternative facts. In this presentation, Dr. Douglas describes how our fake news world has been shaped by the Christian fundamentalism emerging in the early 20th century.

Instructor: Christopher Douglas, (PhD)

Christopher Douglas is a professor in the Department of English and the author of If God Meant to Interfere: American Literature and the Rise of the Christian Right

FOR MORE INFORMATION:
In Pursuit of Knowledge Series
250-721-7589
hscoord@uvic.ca
continuingstudies.uvic.ca/know-spring

SAGE STUDY GROUPS

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SAGE: Stimulate, Advance and Guide Education

The most active component of SAGE is our study groups. Study groups are not taught by instructors; rather, a facilitator assists in coordinating the presentations of group members and in moderating the discussions.

An important aspect of study groups is their small size (maximum 15 participants). Group members quickly get to know each other, and learning takes place in a relaxed, friendly atmosphere.

There is a limited number of fee waivers available for all study groups. Study groups happen through your initiative, so if there is a subject you would love to learn more about and you are willing to facilitate a group next term, please contact Janet McDonald at 250-721-8827

THE FOLLOWING STUDY GROUPS ARE OFFERED THIS TERM:

NEW I Have Seen the Future and it is…?

Date: Wednesdays, Jan. 22 to March 11
Time: 10 am to noon
Duration: 8 sessions
Fee: $85 plus $4.25 GST
Code: ASSG184 2020S C01

Yuval Harari has become a global sensation as a challenging public intellectual with his three volumes on the brief history of humankind, the future, and concluding with his lessons for the 21st century. In this study group, we will focus on his latest book, 21 Lessons for the 21st Century, and in particular, critically examine his considerations of the future from an anthropological and ecological perspective. Each person will select one of Harari’s points from this book and share their understanding and interpretation of that point in a brief presentation. Group discussion will follow.

Join us for an opportunity to explore and share ideas in a positive, relaxed atmosphere.

Facilitator: Saul Arbess
Something I Want to Share...

**Date:** Thursdays, Feb. 6 to March 26  
**Time:** 10 am to noon  
**Location:** Goward House  
 (2495 Arbutus Rd, Victoria, BC)  
**Duration:** 8 sessions  
**Fee:** $115 plus $5.75 GST  
**Code:** ASSG180 2020S E01

This SAGE study group offers an attentive audience for your presentation on a topic you find fascinating. You may want to share unique experiences along with related research or you may be looking for an excuse to do new research. Your topic could be anything: the history of cheese, Canada’s role in international development, Victorian women adventurers, technology’s impact on the performing arts, artificial intelligence and human morality… the possibilities are virtually endless! Last term, group members researched and discussed such diverse topics as: history of Argentinian tango; heterodoxy (the opposite of orthodoxy); critical thinking as a daily practice; synesthesia (overlapping or mixing of senses); stoicism and Montaigne; the far-reaching implications of our food choices; tales of Prairie immigration; the impacts of exponential change; our changing relationship with machines; memory, reading and learning; individuation; and the psychology of false beliefs.

Space is limited so register early to avoid disappointment. The only prerequisites are curiosity and a desire to learn and share!

Facilitator: Judy Baldwin

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**UNIVERSITY 101**

The University 101 Program makes knowledge more accessible to those who have faced significant barriers to education. There are no tuition fees, however applicants must apply and be accepted into the program. Application deadlines are mid-November for the January course and Mid-August for the September course.

The program is sponsored by the faculties of Humanities and Social Sciences and the Division of Continuing Studies, and it receives essential support from the Office of the Vice-President Academic and Provost and other UVic faculties and divisions, as well as from the Students’ Society, Graduate Students’ Society, and many individual and business donors.

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**University 102**

A desire to learn is all you need for University 102. This non-credit course in the social sciences is for you if your economic and social circumstances normally pose obstacles to university education (e.g. low income, mental health challenges, single parenthood, homelessness). Classes are presented by UVic instructors and include topics such as critical thinking, geography, sociology and political science, along with additional topics.

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**University 201**

University 201 is a course for people who have completed at least one of the University 101 or University 102 courses. The course runs in all three academic terms and covers a wide range of different topics on a monthly basis. This course is sponsored by the Division of Continuing Studies and the faculties of Graduate Studies, Humanities, Social Sciences and Science.

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**FOR MORE INFORMATION:**  
SAGE Study Groups  
250-721-7797  
art.sci@uvic.ca  
continuingstudies.uvic.ca/SAGE

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**FOR MORE INFORMATION:**  
University 101 Program  
250-721-6516  
uni101@uvic.ca  
uvic.ca/uni101

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**UVIC ON THE PENINSULA SERIES**

Plan to attend our Open House on Sunday, Jan. 19 from 2 to 4 pm at the Mary Winspear Centre in Sidney. Meet some of our course instructors, SAGE facilitators and staff from Continuing Studies. If you haven’t already done so, you may register for courses at that time. Refreshments will be served.

Each term we offer a selection of lectures and short courses in Sidney at the Mary Winspear Centre. If you wish to receive the flyer that is mailed out each August and December, please contact us.

HERE ARE JUST A FEW OF THE COURSES BEING OFFERED THIS TERM:  
- Peninsula Pursuits  
- Monasteries and Manuscripts II – An Austrian Odyssey  
- The Trouble with Peace: A History of the Israeli-Palestine Conflict  
- Emily Carr in France  
- Backyard Botany  
- Evolution and Extinction Series  
- Levelling Up: Video Games for a Better World  
- Birding Basics I: Song Birds  
- SAGE Study Group

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**FOR MORE INFORMATION:**  
UVic on the Peninsula Series  
250-721-7797  
art.sci@uvic.ca  
continuingstudies.uvic.ca/peninsula

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**HUMANITIES AND SOCIAL SCIENCES**

continuingstudies.uvic.ca • 250-472-4747  
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Deans' Lunchtime Lecture Series

Research is reshaping the way we live and think. Meet distinguished members of the faculties at the University of Victoria and learn about their research interests. Find out what kind of fascinating work is being done as you gain a fresh perspective.

Admission to these popular lectures is free, but you must register to reserve your seat. If you are unable to attend, please let us know so that we can offer your seat to someone on the waitlist. Parking is available underground and you are welcome to bring a bag lunch. This series is presented by Continuing Studies at UVic in partnership with the Greater Victoria Public Library, and the faculties of Education, Engineering, Fine Arts, Graduate Studies, Human and Social Development, Humanities, Law, Science and Social Sciences. Photo credit: Aliya Daniels for Wits University

### What’s New in Science?
**The Sea Inside the Seed: Cycad Sperm Gotta Swim**
- **Date:** Friday, Jan. 10
- **Code:** ASDS268-1 2020S E01
- **Instructor:** Patrick von Aderkas, PhD, Department of Biology

### What’s New in Law? (2 lectures)
- **Date:** Friday, Jan. 17
- **Code:** ASDS255-1 2020S E01
- **Instructor:** Jeremy Webber, FRSC, Faculty of Law

**On Gaia Democracy: Seeing Ourselves as Citizens of the Living Earth**
- **Date:** Friday, April 24
- **Code:** ASDS255-1 2020K E01
- **Instructor:** James Tully, FRSC, Emeritus Distinguished Professor of Political Science, Law, and Philosophy

### What’s New in Fine Arts?
**The Disembodied Stage: Blending Virtual Reality and Theatre**
- **Date:** Friday, Jan. 24
- **Code:** ASDS267-1 2020S E01
- **Instructor:** Kevin Kerr, BA, Department of Writing

### What’s New in Grad Studies?
**The Low-Carbon Energy Revolution and its Land Area Challenge**
- **Date:** Friday, Jan. 31
- **Code:** ASDS279-1 2020S E01
- **Instructor:** Kevin Palmer-Wilson, PhD Candidate, Department of Mechanical Engineering

### What’s New in Human and Social Development?
**Shifting Families: Conceptions of the African Family in the Context of Migration**
- **Date:** Friday, Feb. 7
- **Code:** ASDS282-1 2020S E01
- **Instructor:** Zaheera Jinnah, PhD, School of Social Work

**Children’s Health: Powered by Community**
- **Date:** Friday, Feb. 28
- **Code:** ASDS280-1 2020S E01
- **Instructor:** Patti-Jean Naylor, PhD, School of Exercise Science, Physical and Health Education

### What’s New in Education?
**Good Food, Bad Sex: A History of Illicit Appetites, 1750 – Today**
- **Date:** Friday, March 13
- **Code:** ASDS259-1 2020S E01
- **Instructor:** Rachel Cleves, PhD, Department of History

**Decarbonizing Canada’s Electricity System**
- **Date:** Friday, March 27
- **Code:** ASDS281-1 2020S E01
- **Instructor:** Madeleine McPherson, PhD, Department of Civil Engineering

**Space-based Observations of the Rapidly Changing Arctic Ocean**
- **Date:** Friday, April 3
- **Code:** ASDS240-1 2020K E01
- **Instructor:** Randy Scharien, PhD, Department of Geography

FOR MORE INFORMATION:
Deans’ Lunchtime Lecture Series
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/deans-lectures
Looking to further develop your skillset?

Our certificate and diploma programs are an ideal way to earn the credential you need to advance your career. Our online and blended delivery formats are designed to fit your busy life, and with many of our programs leveraging UVic faculty, industry and community partnerships and recognitions, you can feel confident that you are earning a credential that is respected in your field. Visit [continuingstudies.uvic.ca/programs](http://continuingstudies.uvic.ca/programs) to learn more.

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RELECTING ON 50 YEARS OF ELC 1970-2020
The year 2020 marks the UVic English Language Centre’s (ELC) 50th anniversary. Like many of my long-time ELC colleagues, this milestone has me shaking my head, wondering where the years have gone and eagerly anticipating the next steps of the ELC’s journey.

The ELC started in 1970 as part of UVic’s Linguistics department, offering English as an Additional Language (EAL) to small groups (30 to 75 students) each summer. The biggest group attending ELC programs in those days was sent by the government-funded ‘Explore’ program, from French Canada. Explore students still join our programs to this day and we look forward to hosting them every May.

I joined the ELC as an instructor in the summer of 1993 and have been here ever since. At that time, for me to keep my teaching position, the ELC needed to have 150 students in the program. We had 10 teachers who worked full-time and we hired a few additional teachers for August programs. Part of the teachers’ duties was to have lunch together with the students every day and we knew each one of them by name. By that time we had grown to about 850 enrollments per year, and all classes were organized manually using an Excel spreadsheet.

Today, over 3,200 student enrollments each year necessitate an instructional staff of 32 full-time instructors, 34 part-time instructors and 80 Cultural Assistants (CA) in peak seasons. Amazingly, we still know most of the students by name, as our dedicated Registration team works closely with them before their arrival. As well, our CAs remain a crucial source of support to our students throughout their studies. Steady growth in our student numbers over the years has allowed the ELC to expand its programs, services and facilities exponentially. ELC programs now begin every month and offer an increasingly diverse range of activities which allow students to learn more about Canadian culture while practicing their English skills.

When the Division of Continuing Studies (of which the ELC is a proud part) opened the doors to its own building in 2003, previously separate services and program areas were united. Having a centrally located ‘home base’ on campus made a tremendous impact on the ELC student experience and the 2016 addition of a third wing to our building has been a similar ‘game-changer’ for the ELC. The central atrium is a favourite study space for our students seven days a week and has given us the capacity to offer more creative and ambitious social activities than ever before. The building expansion also facilitated a community-oriented re-imagining of what was previously known as the Study Centre and Pronunciation Clinic. In 2018, we launched the ELC Learning Centre, a flexible, welcoming drop-in facility where our students have conversation practice with Canadian volunteers, attend workshops or get extra help with homework from ELC instructors. The Learning Centre offers an excellent example of student-centred innovation that comes with so many years of experience.

As host to over 30 nationalities per year (and over 80 in our long history), we have become a global community, and embrace the opportunity and challenge that this entails. While teaching English and facilitating cultural exchange has always been at the heart of the ELC, when I reflect on our past, I know that the team behind our programs has spent just as much time learning as have our students. We’ve come a long way: from small summer programs in tiny campus buildings that are now slated for demolition, to year-round programming in one of UVic’s most beautiful facilities. Overhead projectors have been replaced by smart screens and our students now use Moodle, blogs, work on laptops and submit assignments online. Still, the fundamental work we do has not changed: we welcome people from all over the world, help them to meet their language and life goals, and facilitate the formation of lifelong friendships and intercultural understanding. I know that we will continue this pursuit far beyond our 50th year and we look forward to continuing to learn and grow alongside our students so that they will always enjoy the most rewarding experience possible at the University of Victoria.
Join the 275 million people who proudly speak French around the world! French is a young, vibrant, international language. In fact, it is the only language other than English to be spoken on five continents. Whether you have a child in French Immersion, are planning a trip to a French-speaking nation, or are looking to brush up on your working knowledge of Canada’s other official language, our French language courses have just what you need to communicate confidently with fellow Francophiles and Francophone alike. All French language courses offered by Continuing Studies are subject to enrolment. Please register early and invite a friend to join you!

**FRENCH LANGUAGE CONVERSATION CLASSES (FLCC)**

If you are looking to hone your spoken French in a casual but dynamic setting, you’ll love our French Language Conversation Classes. With these classes there is no rush to get to the next level—you and your teacher work together to decide when you are ready to move up. The main themes will vary from one session to the next so you can register in a given level multiple times to solidify your skills.

**FLCC: Introductory**
- **Date:** Thursdays, Jan. 23 to March 26
- **Time:** 9:15 to 11:15 am
- **Register by:** Friday, Jan. 10
- **Duration:** 10 sessions
- **Fee:** $245
- **Code:** FLCC051 2020S C01

**FLCC: Introductory**
- **Date:** Thursdays, Jan. 23 to March 26
- **Time:** 7 to 9 pm
- **Register by:** Friday, Jan. 10
- **Duration:** 10 sessions
- **Fee:** $245
- **Code:** FLCC051 2020S C11

**FLCC: Introductory**
- **Date:** Thursdays, April 16 to June 18
- **Time:** 9:15 to 11:15 am
- **Register by:** Friday, April 10
- **Duration:** 10 sessions
- **Fee:** $245
- **Code:** FLCC051 2020K C01
FLCC: Beginner
Date: Tuesdays, Jan. 21 to March 24
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $245
Code: FLCC101 2020S C01

Date: Tuesdays, April 14 to June 16
Time: 7 to 9 pm
Register by: Friday, April 10
Duration: 10 sessions
Fee: $245
Code: FLCC101 2020K C01

This course is intended for complete beginners and is normally only taken once. In this class, you will become familiar with the sounds of French and gain confidence in pronunciation, and you'll acquire basic "survival" skills in French such as greetings and thanks.

Register for this level if you have no previous knowledge or experience with French, or can recognize a few French words.

FLCC: Intermediate
Date: Wednesdays, Jan. 22 to March 25
Time: 9:15 to 11:15 am
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $245
Code: FLCC301 2020S C01

Date: Wednesdays, April 15 to June 17
Time: 9:15 to 11:15 am
Register by: Friday, April 10
Duration: 10 sessions
Fee: $245
Code: FLCC301 2020K C01

Date: Wednesdays, April 15 to June 17
Time: 7 to 9 pm
Register by: Friday, April 10
Duration: 10 sessions
Fee: $245
Code: FLCC301 2020K C11

This course is intended for students at the Beginner level who would like to practice their oral French at a level in which they feel comfortable. Here, you'll gain more fluency in using your French in a variety of everyday situations, such as speaking about likes and dislikes, making comparisons and telling a story in the past. It can be taken as many times as you like, as themes will vary from one term to the next.

Register for this course if you already know how to: speak on the telephone, ask for and give directions and other information (such as say where it hurts), make reservations, give a definition, clarify a statement, tell whether a sentence is in the past, present or future tense.

FLCC: Advanced
Date: Mondays, Jan. 20 to March 30
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $245
Code: FLCC501 2020S C01

Date: Fridays, Jan. 24 to March 27
Time: 9:15 to 11:15 am
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $245
Code: FLCC501 2020K C01

Date: Fridays, April 17 to June 19
Time: 9:15 to 11:15 am
Register by: Friday, April 10
Duration: 10 sessions
Fee: $245
Code: FLCC501 2020K C11

This course is intended to maintain and build your language skills for a broad variety of situations, such as nuanced opinion, identifying features of different regional varieties of French and using various registers of French. It can be taken as many times as you like, as themes will vary from one term to the next.

Register for this course if you already know how to: express the relation of time between various events in the past, present and future, make hypotheses, express emotions (disappointment, empathy, surprise etc.), give advice, disagree with someone, use different registers in different contexts, identify accents from various parts of the Francophone world.
COMPREHENSIVE FRENCH

Improve your overall French language proficiency with our new Comprehensive French courses. This non-credit series is open to adults of all levels of competency. It is designed to meet the needs of a wide audience from working professionals, to lifelong learners, to people who are new in Canada—anyone wanting to confidently and competently develop fluency in French. It features four levels, each aligned with the internationally recognised DELF benchmarks A1, A2, B1 and B2. Upon successful completion of each level, students will receive a Certificate of Completion.

You can start as a beginner and register in FREN100 in September. To join in January or start at a higher level we require a French Language Assessment ($15 fee, refundable when you register for a course) to determine your current proficiency. To book your assessment please call 250-721-8630 or email languages@uvic.ca.

Comprehensive French - Level 1

Date: Mondays and Wednesdays, Jan. 13 to April 8
(no class Feb. 17)
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 25 sessions
Fee: $549
Code: FREN100 2020S C11

This is the introductory level of our series of four comprehensive courses for complete beginners, focusing on all four basic language skills: listening, speaking, reading, and writing.

Classes feature a balance of structural and communicative activities. No experience or initial assessment is necessary for September entry. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.


Comprehensive French - Level 2

Date: Tuesdays and Thursdays, Jan. 14 to April 9
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 26 sessions
Fee: $549
Code: FREN200 2020S C11

This is the second level of our series of four comprehensive courses focusing on all four basic language skills: listening, speaking, reading, and writing.

Classes feature a balance of structural and communicative activities. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.


Comprehensive French - Level 3

Date: Mondays and Wednesdays, Jan. 13 to April 8
(no class Feb. 17)
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 25 sessions
Fee: $549
Code: FREN300 2020S C11

This is the intermediate level of our series of four comprehensive courses focusing on all four basic language skills: listening, speaking, reading, and writing.

Classes feature a balance of structural and communicative activities and an important cultural content to optimize learning. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.


Comprehensive French - Level 4

Date: Tuesdays and Thursdays, Jan. 14 to April 9
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 26 sessions
Fee: $549
Code: FREN400 2020S C11

This is the advanced level of our series of four comprehensive courses focusing on all four basic language skills: listening, speaking, reading, and writing.

Classes feature a balance of structural and communicative activities and an important cultural content to optimize learning. Entrance at midpoint in January is possible if your initial level is sufficient. Small classes (maximum 18) enhance individual participation.


FOR MORE INFORMATION:
Comprehensive French
250-721-8630
languages@uvic.ca
continuingstudies.uvic.ca/french

WORLD LANGUAGES

Our portfolio of world language courses is constantly evolving to meet a growing demand for more languages and more levels. Honing your skills in another language is like doing yoga or becoming proficient on a musical instrument: it can take a bit of practice. In our world language courses, there is no pressure to move up from one level to the next: you can repeat the same level as many times as you like to build your confidence, and our instructors will keep the content fresh and interesting for you each time.

If you’re interested in one of our courses where more than one level is offered, but aren’t sure about your level, please contact us and we’ll be happy to work with you. All language courses offered by Continuing Studies are subject to enrolment. Please register early and invite a friend to join you!
ARABIC

Arabic: Introductory
Date: Saturdays, Jan. 25 to March 28
Time: 2 to 4 pm
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA098 2020S C01
This course is a very basic introduction to the Arabic language. You will learn “survival” words and phrases, as well as how to read and write both words and practical sentences in the Arabic alphabet.

Note: We recommend that you bring a recording device to class.

Textbook: Course manual will be provided in class (required); Read and Speak Arabic for Beginners by McGraw-Hill (optional)

Instructor: Nooshi Saberi

Nooshafarin Saberi was born in Kuwait to a Persian family and grew up speaking, reading and writing Persian and Arabic. She also became fluent in English after spending a year in England, followed by 22 years in Luxembourg, where she added another three languages to her palette. Nooshafarin and her family came to Canada in 2002, and she has enjoyed teaching at Continuing Studies since 2006.

Arabic: Beginner
Date: Saturdays, April 18 to June 20
Time: 2 to 4 pm
Register by: Friday, April 10
Duration: 10 sessions
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA298 2020K C01
If you have previously taken an introduction to colloquial (informal) Arabic course or have completed Arabic: Introductory and would like to express yourself in a wider variety of everyday situations, this course will help you gain confidence in speaking. You will be encouraged to fine-tune your pronunciation, reinforce your basic knowledge and develop your communication skills. Additional material will also be introduced to expand your vocabulary. Knowledge of the Arabic alphabet is required to register for this level.

Note: We recommend that you bring a recording device to class.

Textbook: Course manual will be provided in class (required); Read and Speak Arabic for Beginners by McGraw-Hill (required)

Instructor: Nooshi Saberi (see bio under Arabic: Introductory)

DUTCH

Dutch: Introductory
Date: Thursdays, Jan. 23 to March 26
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA037 2020S C11
Did you know that Dutch is not spoken just in the Netherlands? It is actually the most spoken language in Belgium and the official language of Suriname. In addition, a modified form of Dutch is one of the official languages in South Africa. This introductory conversation course will familiarize you with the pronunciation of Dutch and will introduce basic vocabulary and grammar. The emphasis will be on understanding the spoken language and simple texts, as well as engaging in basic conversation in Dutch.


Dutch: Beginner
Date: Tuesdays, Jan. 21 to March 24
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA237 2020S C11

Date: Thursdays, April 16 to June 18
Time: 7 to 9 pm
Register by: Friday, April 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA237 2020K C11

This beginner course will reinforce the basics learned in Dutch: Introductory and build on it by introducing new vocabulary and giving you the opportunity to further develop your conversation skills.


Instructor: Catherine Verhaegen

Catherine Verhaegen worked as a language teacher in Brussels for 10 years before moving to Canada in early 2014. Education and language training have always been her passion. She uses a conversational approach in her classes and is always keen on sharing her culture with others.

GERMAN

German: Introductory
Date: Thursdays, Jan. 23 to March 26
Time: 5 to 7 pm
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $247 plus $1.35 GST (includes required manual)
Code: ASLA016 2020S C11
Students do not need any previous knowledge of German to take this course, just a love of the language. This course will help you develop your basic German language skills and build up confidence when communicating in the language. You will also gain a solid foundation of German grammar.

Textbook: Course manual will be provided in class (required)

Instructor: Joanna Schaller, (MA [pedagogy])

Joanna Schaller has a passion for languages and cultural awareness. She completed her master’s degree in German language and literature, as well as in pedagogy. She worked as an interpreter, tour guide and language teacher in Germany and Poland before moving to Canada in 2004. In Victoria, Joanna has been teaching German, translating, interpreting and tutoring.
**German: Beginner**

Date: Thursdays, Jan. 23 to March 26  
Time: 7 to 9 pm  
Register by: Friday, Jan. 10  
Duration: 10 sessions  
Fee: $247 plus $12.35 GST (includes required manual)  
Code: ASLA216 2020S C11

If you have completed German: Beginner or have equivalent grammar and conversation skills, this course will build on that foundation. durch role-playing, simulations and other exercises, you'll continue to build your essential vocabulary and your knowledge of structures, idioms and cultural etiquette.

We encourage students to participate in our language courses more than one time in order to truly learn the material taught in only 10 lessons. It also gives you additional exposure to varying activities within each topic.

Textbook: Course manual will be provided in class (required)

Instructor: Joanna Schaller (see bio under German: Introductory)

**German: Intermediate**

Date: Tuesdays, Jan. 21 to March 24  
Time: 5 to 7 pm  
Register by: Friday, Jan. 10  
Duration: 10 sessions  
Fee: $247 plus $12.35 GST (includes required manual)  
Code: ASLA216 2020K C11

If you have previously studied German or have completed German: Beginner and would like to refresh your knowledge at an intermediate level, this course is ideal for you. This course will strengthen your foundation in grammar, enrich your vocabulary, and improve your conversational skills and listening comprehension. Lessons are enhanced by fun videos and fascinating cultural facts.

We encourage students to participate in our language courses more than one time in order to truly learn the material taught in only 10 lessons. It also gives you additional exposure to varying activities within each topic.

Textbook: Information sheets will be provided in class (required)

Instructor: Joanna Schaller (see bio under German: Introductory)

**German: Advanced**

Date: Tuesdays, April 14 to June 16  
Time: 5 to 7 pm  
Register by: Friday, April 10  
Duration: 10 sessions  
Fee: $222 plus $11.10 GST  
Code: ASLA216 2020K C11

This course, conducted entirely in German, promotes fluency in the language at an advanced level. It features discussions, presentations, storytelling or reading, as well as some written assignments. Students will feel more confident interacting with native German speakers, expressing their opinions, and will understand the language of the media more easily.

Textbook: No textbook required.

Instructor: Joanna Schaller (see bio under German: Introductory)

**Italian: Beginner**

Date: Fridays, Jan. 24 to March 27  
Time: Noon to 2 pm  
Register by: Friday, Jan. 10  
Duration: 10 sessions  
Fee: $222 plus $11.10 GST  
Code: ASLA249 2020S C11

This beginner course is intended for those who already have some basic skills. Videos and cultural discussions will enhance your learning and strengthen your basic knowledge in a fun and interactive atmosphere.

Textbook: Information sheets will be provided in class.

Instructor: Estelle Kurier (see bio under Italian: Introductory)

**Italian: Intermediate**

Date: Thursdays, Jan. 23 to March 26  
Time: 6 to 8 pm  
Register by: Friday, Jan. 10  
Duration: 10 sessions  
Fee: $222 plus $11.10 GST  
Code: ASLA249 2020K C11

This intermediate course is intended for those who have completed Italian: Introductory or who already have some basic skills. Videos and cultural discussions will enhance your learning and strengthen your basic knowledge in a fun and interactive atmosphere.

Teaching people about Italian language, travel, and culture. She is an experienced instructor, translator, and tutor of Italian, Spanish, and French, and she is currently pursuing a PhD in Hispanic and Italian Studies at UVic, focusing on comparative aspects of Dante's Divine Comedy. Estelle looks forward to helping you expand your language abilities and feel confident communicating in Italian to prepare you for travel or to fulfill a lifelong dream of learning Italian.
**Japanese: Introductory**

**Date:** Tuesdays, Jan. 21 to March 24  
**Time:** 1 to 3 pm  
**Register by:** Friday, Jan. 10  
**Duration:** 10 sessions  
**Fee:** $247 plus $12.35 GST (includes required manual)  
**Code:** ASLA008 2020S C11

**Date:** Tuesdays, Jan. 21 to March 24  
**Time:** 7 to 9 pm  
**Register by:** Friday, Jan. 10  
**Duration:** 10 sessions  
**Fee:** $247 plus $12.35 GST (includes required manual)  
**Code:** ASLA008 2020S C11

**Date:** Mondays, April 20 to June 29  
**Time:** 7 to 9 pm  
**Register by:** Friday, April 10  
**Duration:** 10 sessions  
**Fee:** $247 plus $12.35 GST (includes required manual)  
**Code:** ASLA008 2020K C11

Whether you are hosting a Japanese visitor or planning a trip to Japan, let's learn to speak Japanese! This course is designed for those who have no previous knowledge of Japanese and are eager to take up a new challenge. In addition to learning “survival” words and phrases, you will be introduced to the “hiragana” and “katakana” characters, as well as the basics of Japanese grammar. You will also focus on developing practical conversation skills and be introduced to cultural aspects of life in Japan.

Textbook: Course manual will be provided in class (required)

**Instructor:** Hajime Kataoka (Jan. 21; 1 to 3 pm)

Hajime Kataoka is a learning experience designer at the University of Victoria, primarily designing online courses. He holds a MA degree in Pacific and Asian Studies from the University of Victoria, specializing in the use of technology for learning and teaching language.

**Instructor:** Nozomi Franco Cea, PhD (Jan. 21, April 20; 7 to 9 pm)

Nozomi Franco Cea has a PhD (Child and Youth Care); MEd (Counselling Psychology and Special Education); and BA (Education). She was born in Ehime, Japan, where she worked as an elementary school teacher for eight years. She came to Canada in 2004, and obtained a master's degree at UBC and a PhD at UVic. She has been teaching undergraduate courses as a sessional instructor at UVic since 2014. Nozomi is very passionate about teaching and assisting students, and she finds that teaching, accommodating and supporting adult learners is inspiring and rewarding.

**Japanese: Beginner**

**Date:** Mondays, Jan. 20 to March 30  
**Time:** 1 to 3 pm  
**Register by:** Friday, Jan. 10  
**Duration:** 10 sessions  
**Fee:** $247 plus $12.35 GST (includes required manual)  
**Code:** ASLA008 2020S C01

**Date:** Mondays, Jan. 20 to March 30  
**Time:** 7 to 9 pm  
**Register by:** Friday, Jan. 10  
**Duration:** 10 sessions  
**Fee:** $247 plus $12.35 GST (includes required manual)  
**Code:** ASLA008 2020S C11

If you have completed Japanese: Beginner or who have strong knowledge of the language with recognition of “hiragana” and “katakana” letters, this course is for you. Japanese: Intermediate further develops grammatical and conversation skills, while allowing you to further explore prominent aspects of Japanese culture.

Textbook: Course manual will be provided in class (required)

**Instructor:** Keiko Tachibana, (BA [linguistics])

Keiko Tachibana was born in Osaka, Japan. She came to Canada in 1995 and studied linguistics at UVic, where she started working as a teaching assistant when she was a graduate student. She genuinely cares about her students and their learning, providing them with an encouraging environment to learn Japanese. She has enjoyed teaching at Continuing Studies since 2007.
KOREAN

Korean: Introductory
Date: Wednesdays, Jan. 22 to March 25
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA009 2020S C11

Instructor: Jaerang Lee

Jaerang Lee has over 15 years’ experience as a teacher in the public school system in South Korea. Since immigrating to Canada, she has completed her MEd in Leadership Studies at UVic. Jaerang loves teaching and believes that education is life itself. She also loves to share her culture with her students and learn from others.

This course is a very basic introduction to the Korean language. At the end of the course, students will be able to communicate a bit more fluently in Korean in daily life. For example, they will be able to set up their own appointments, ask for and follow directions, and make a phone call in Korean! Finally, students will also be able to enjoy Korean modern pop culture.

Textbook: Active Korean 1, by Language Education Institute, Seoul National University, from Moonjinmedia publishing (required)
Mastering Conversational Korean: Korean for Beginners, by Kyubyong Park & Henry J Amen IV, from Tuttle Publishing (optional)

Korean: Intermediate
Date: Thursdays, April 16 to June 18
Time: 7 to 9 pm
Register by: Friday, April 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLAB09 2020S C11

Instructor: Jaerang Lee (see bio under Korean: Introductory)

This course is for those who have already completed Korean: Beginner, or who have some basic communication skills, vocabulary and sentence patterns. In this course, you will deepen your understanding of basic grammar and sentence construction, and expand your vocabulary to be able to: make inquiries about public transportation, make reservations for hotels or restaurants, and more. You will also broaden your understanding of Korean modern pop culture.

Textbook: Active Korean 3, by Language Education Institute - Seoul National University, from Two Ponds publishing (required)
Active Korean 3 Workbook, by Moonjinmedia (optional)

Instructor: Jaerang Lee (see bio under Korean: Introductory)
**Mandarin: Beginner**

Date: Tuesdays, Jan. 21 to March 24  
Time: 7 to 9 pm  
Register by: Friday, Jan. 10  
Duration: 10 sessions  
Fee: $222 plus $11.10 GST  
Code: ASLA213 2020K C11

**Mandarin: Intermediate**

Date: Mondays, Jan. 20 to March 30  
(no class Feb. 17)  
Time: 7 to 9 pm  
Register by: Friday, Jan. 10  
Duration: 10 sessions  
Fee: $222 plus $11.10 GST  
Code: ASLA313 2020S C11

**Mandarin: Advanced**

Date: Thursdays, Jan. 23 to March 26  
Time: 7 to 9 pm  
Register by: Friday, Jan. 10  
Duration: 10 sessions  
Fee: $222 plus $11.10 GST  
Code: ASLA413 2020S C11

**Polish: Beginner**

Date: Tuesdays, Jan. 21 to March 24  
Time: 10 am to noon  
Register by: Friday, Jan. 10  
Duration: 10 sessions  
Fee: $247 plus $12.35 GST (includes required manual)  
Code: ASLA218 2020S C01

**Polish: Introductory**

Date: Wednesdays, Jan. 22 to March 25  
Time: 10 am to noon  
Register by: Friday, Jan. 10  
Duration: 10 sessions  
Fee: $247 plus $12.35 GST (includes required manual)  
Code: ASLA418 2020S C01

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**Textbook:** Course manual will be provided in class (required)

Instructor: Dawn Yuan (see bio under Mandarin: Introductory)

Instructor: Dorota Lockyer

Dorota Lockyer is a bilingual English-Polish speaker with a passion for Slavic languages and cultures. She has an MA in Slavic Studies (UVic) and a PhD from UBC. Dorota has taught Polish, Russian and Slavic culture at UVic and aims to make learning a Slavic language fun and easy by providing a friendly and supportive classroom environment.

Instructor: Dorota Lockyer

Dorota Lockyer is a bilingual English-Polish speaker with a passion for Slavic languages and cultures. She has an MA in Slavic Studies (UVic) and a PhD from UBC. Dorota has taught Polish, Russian and Slavic culture at UVic and aims to make learning a Slavic language fun and easy by providing a friendly and supportive classroom environment.

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**Textbook:** Course manual will be provided in class (required)
**Russian: Introductory**

**Date:** Mondays, Jan. 20 to March 30 (no class Feb. 17)

**Time:** 5 to 7 pm

**Register by:** Friday, Jan. 10

**Duration:** 10 sessions

**Fee:** $222 plus $11.10 GST

**Code:** ASLA004 2020S C11

This interactive course will help you to learn simple introductory concepts of Russian vocabulary and grammar, as well as how to make full sentences. You will actively learn basic level Russian through four skills: listening, speaking, reading and writing. Through a communicative approach, you will learn many historical facts about Russia and its culture, as you watch videos and participate in classroom activities.

**Textbook:** Sputnik: An Introductory Russian Language Course, Part 1, by J. Rochtchina (optional).

**Sputnik Workbook:** An Introductory Russian Language Course, Part 1, by J. Rochtchina (optional).

**Instructor:** Galina Sanaeva, (PhD)

Galina Sanaeva was born and raised in Russia and moved to Canada in 2010. In Russia, she chose an academic career and completed her MA in Languages, Literature and Education and then acquired a PhD at A.M. Gorky Institute of World Literature in the Russian Academy of Sciences in Moscow. Galina also holds a certificate in Training Methods of Teaching Russian as Foreign Language from the Peoples’ Friendship University of Russia.

**Russian: Beginner**

**Date:** Mondays, Jan. 20 to March 30 (no class Feb. 17)

**Time:** 5 to 7 pm

**Register by:** Friday, Jan. 10

**Duration:** 10 sessions

**Fee:** $222 plus $11.10 GST

**Code:** ASLA204 2020S C11


**Sputnik Workbook:** An Introductory Russian Language Course, Part 1 & 2, by J. Rochtchina, from TLT Network Inc. (optional).

**Instructor:** Galina Sanaeva (see bio under Russian: Introductory)

This course is intended for students who have completed Russian: Introductory or the equivalent.

**Spanish: Introductory**

**Date:** Tuesdays, Jan. 21 to March 24

**Time:** 9:15 to 11:15 am

**Register by:** Friday, Jan. 10

**Duration:** 10 sessions

**Fee:** $222 plus $11.10 GST

**Code:** ASLA025 2020S C01

**Textbook:** Complete Spanish Step-by-Step, by Barbara Bregstein with McGraw-Hill (required)

**Instructor:** Maria Elena Cuervo-Lorens (Jan. 21)

Maria Elena Cuervo-Lorens was born and raised in Mexico City, where she taught ESL before moving to Canada in 1976. She has always been connected with the education field, and has been teaching Spanish for more than 20 years in community schools and 11 years through Continuing Studies. She is also the author of Maria Elena’s Mexican Cuisine and Mexican Culinary Treasures.

**Instructor:** Alicia Brown, (BA) (Jan. 22)

Alicia Brown was born in Mexico, where she worked as a civil engineer and a tutor before she came to Canada in 1992. Her involvement at UVic began in 1993, when she started as a lab monitor for the Hispanic and Italian Studies Department. Alicia has been teaching Spanish at Continuing Studies since 1998.
Spanish: Beginner

Date: Mondays, Jan. 20 to March 30
(no class Feb. 17)
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA225 2020S C11

Date: Wednesdays, Jan. 22 to March 25
Time: 9:15 to 11:15 am
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA225 2020S C01

Date: Wednesdays, April 15 to June 17
Time: 7 to 9 pm
Register by: Friday, April 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA225 2020K C01

This course is for those who have completed Spanish: Introductory, or have a basic knowledge of the language and wish to improve their written and speaking skills. This course gives you the opportunity to participate in class and strengthen your oral skills in a friendly atmosphere. Essential grammar points will also be covered.

Textbook: Complete Spanish Step-by-Step, by Barbara Bregstein with McGraw-Hill (required)

Instructor: Alicia Brown, (BA) (see bio under Spanish: Introductory) (Jan. 20, April 15; 7 to 9 pm)

Instructor: Maria Elena Cuervo-Lorens (see bio under Spanish: Introductory) (Jan. 22, April 15; 9:15 to 11:15 am)

Spanish: Intermediate

Date: Tuesdays, Jan. 21 to March 24
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA325 2020S C11

Date: Thursdays, Jan. 23 to March 26
Time: 9:15 to 11:15 am
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA325 2020S C01

Date: Mondays, April 20 to June 29
(no class May 18)
Time: 7 to 9 pm
Register by: Friday, April 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA325 2020K C11

Do you have a basic knowledge of Spanish and are looking to progress further, or have you recently completed Spanish: Beginner? This intermediate course will help you improve your speaking abilities by giving you ample opportunities to practice conversation. An increased emphasis on grammar will also strengthen your writing skills.

Textbook: Complete Spanish Step-by-Step, by Barbara Bregstein with McGraw-Hill (required)

Instructor: Maria Elena Cuervo-Lorens (see bio under Spanish: Introductory) (Jan. 23, April 16; 9:15 to 11:15 am)

Instructor: Alicia Brown (see bio under Spanish: Introductory) (April 20; 7 to 9 pm)

Spanish: Advanced

Date: Thursdays, Jan. 23 to March 26
Time: 7 to 9 pm
Register by: Friday, Jan. 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA425 2020S C11

Date: Wednesdays, April 15 to June 17
Time: 1 to 3 pm
Register by: Friday, April 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA425 2020K C01

Date: Thursdays, April 16 to June 18
Time: 7 to 9 pm
Register by: Friday, April 10
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA425 2020K C11

This advanced conversation class is intended for those who have completed Spanish: Intermediate or have a high intermediate to advanced level. This class is geared to help you maintain your fluency and further enrich your vocabulary. Typical activities will include oral presentations and discussion of current events.

Textbook: No textbook required.

Instructor: Maria Elena Cuervo-Lorens (see bio under Spanish: Introductory) (April 15, 1 to 3 pm)

FOR MORE INFORMATION:
World Languages
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Uncover the pleasures of learning while you explore fascinating and spectacular areas of the world where you and a small group of fellow travellers are led by academic guides, who share their knowledge of and enthusiasm for the destinations.
From Mexico City to Oaxaca: Art and Food

April 21 to May 10, 2020

From the architecture of ancient civilizations to the galleries of modern design, this tour will take you on an exciting adventure through Mexico to experience highlights of its rich artistic heritage and award-winning cuisine.

On this 20-day tour, you will be guided through the museums of Mexico City, from the impressive Museum of Anthropology and the elegant Museo de Bellas Artes, to Frida Kahlo’s charming Casa Azul. We will then travel by bus to San Miguel de Allende, known for its active artists’ colonies; and Guanajuato, one of the most vibrant and colourful towns in the Americas.

From there, we continue by coach to the beautiful towns of Puebla and Cholula, with its famed 365 churches (one for each day of the year), talavera ceramics, and culinary specialties like mole poblano. We then head to the southern state of Oaxaca to experience the diverse regional cuisine and production of mezcal, while exploring the workshops of local tapestry, black ceramic and alebrije artisans. We fly back to Mexico City for one night before our return journey.

Co-Academic Resources: Christine Forster is a Continuing Sessional Instructor in the Department of Hispanic and Italian Studies at UVic. Rosa Stewart is an Assistant Teaching Professor in the Department of Hispanic and Italian Studies at UVic.

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**From Paris to Bayeux and the Loire Valley**

**May 26 to June 13, 2020**

On this 19-day travel tour of la Belle France, we will discover three of its beautiful regions. Our first destination will be the medieval city of Bayeux, in Normandy. Here we will view the extraordinary Bayeux Tapestry, and the nearby historic World War II sites, focusing particularly on Juno Beach, site of the Canadian landings, and honouring our fallen at the very moving Canadian cemetery.

From there we will head to the lovely Loire Valley, where we will explore several jewels of Renaissance architecture, such as the castles at Chenonceau, Chambord, Amboise et Blois. We will end our trip with five days in Paris, enjoying both the most popular tourist hotspots, such as the Musée du Louvre, as well as some lesser-known Parisian treasures, such as an evening classical concert at the Sainte Chapelle, with its dazzling stained-glass windows, and an entertaining tour of the famous and infamous residents of Père Lachaise Cemetery.

In every city we will enjoy the regional wines, cheeses and culinary specialties. You will also have some free time to explore on your own. Our pre-trip classes will offer historical and cultural insights that will deepen and enrich your travel experience. Join us for a memorable exploration of French history, wine, food and joie de vivre!

**Academic Resource:** Betty-Joan Traverse, MA, Professor Emerita, University of the Fraser Valley

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**Music and Theatre in London – with Visits to Oxford, Stratford-upon-Avon and Bath**

**June 15 to 30, 2020**

On this leisurely 16-day tour to London and surrounding cities, we will enjoy a combination of music, theatre and historical and cultural tours. Upon arrival, we will board our coach and head straight to Oxford for a three-night stay. During our time here we’ll have a walking tour of Oxford University and visit the Bate Collection of musical instruments and the Oxford Botanical Gardens, the UK’s oldest, founded in 1621.

From Oxford we travel to Stratford-upon-Avon, the birthplace of William Shakespeare and home to the Royal Shakespeare Company. We plan to attend a play and enjoy an excursion to Coventry Cathedral. We then take a scenic drive through the Cotswolds to the UNESCO World Heritage city of Bath, where we will have a walking tour, including a visit to the Roman Baths and take a day trip to Salisbury and Stonehenge.

Our final stop for five nights is London, where we will attend a play and a musical in the West End, two classical musical performances, visit the Victoria and Albert Museum and take a boat trip on the Thames to Greenwich.

**Academic Resource:** Robert Holliston is an accompanist and chamber player, and is currently Keyboard Department Head and a vocal coach at the Victoria Conservatory of Music, as well as Curator, Public Engagement, Pacific Opera Victoria.
**Art History of our Northwest Coast: Emily Carr and First Nations**

**Aug. 6 to 18, 2020** (SOLD OUT! Call 250-472-4747 to be waitlisted)

**Academic Resource:** Kerry Mason is an art historian and author who lectures at the University of Victoria in the Department of History in Art and for the Division of Continuing Studies. Her courses focus on various topics of Canadian and B.C. Art History with a particular emphasis on Emily Carr and Northwest Coast Art. Kerry has led four previous tour to Northern British Columbia and two to Georgia O’Keeffe’s New Mexico.

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**Journey to Israel, with a Visit to Petra, Jordan**

**Nov. 17 to Dec. 4, 2020**

A journey to Israel is an unforgettable experience that encompasses the promised land of the Jews, the birthplace of Christianity and some of the holiest sites in Islam. However, whether you visit for religious, political or hedonistic reasons, this beautiful, troubled land is undoubtedly going to challenge your preconceptions. Our journey begins with a tour of Jerusalem that will include a visit to the City of David, the Temple Mount and the Church of the Holy Sepulchre, the traditional site of the crucifixion.

From there we have a day trip to Bethlehem and Jericho, before travelling along the shores of the Dead Sea where we will visit Qumran and take a ride in a gondola to the top of Masada. After a rest stop in Eilat, Israel's favourite beach resort, we head into Jordan for a two-day excursion to Petra and Wadi Rum. We then make our way back into Israel, north to Beer Sheva, and return to the Dead Sea. From there we continue to Tiberias on the Sea of Galilee, where we’ll visit the amazing Baha’i gardens. We’ll tour Caesarea, an ancient Herodian port city, to view the archaeological remains, including the restored Roman amphitheatre, on our way back to Tel Aviv for two nights before we return home.

**Academic Resource:** Dr. Paul G. Chamberlain is a historical geographer, who teaches at the University of Victoria; he specializes in Middle East Studies and has a special interest in the history, comparative theology and current political events in the region. He has travelled extensively throughout Israel three times.

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**Do these tours interest you?**

The following tours are being considered for 2021:

- **Highlights of the Andes: Colombia, Peru and Northern Argentina** – May 2021
- **New York, New York “Start Spreadin’ the News…”** – May 2021
- **Jewels of the Habsburgs: Prague, Vienna, Budapest** – May/June 2021
- **Art History of Newfoundland: 500 Years of Inspiration and Creativity** – June 2021
- **Highlights of Scandinavia, with an Excursion to St. Petersburg** – June 2021
- **Georgia O’Keeffe in New Mexico** – September 2021

**LET US KNOW IF YOU’RE INTERESTED:**
250-721-7797 | art.sci@uvic.ca | continuingstudies.uvic.ca/upcoming-tours
Marine Birds

Date: Feb. 20 to March 19
Time: Thursdays, Feb. 20 to March 19, 7 to 9 pm (5 lectures); and Sundays, March 1 and 8, 9 to 11 am (2 field trips)
Duration: 7 sessions
Fee: $125 plus $6.25 GST
Code: ASSC201 2020S C01

This series of lectures, illustrated with slides and dramatic video presentations, is ideal for birders and naturalists interested in learning more about local marine birds and bird behaviour. Discover fascinating secrets about how marine birds live and feed. We will focus on unique and interesting biological and behavioural information that will capture the imagination of both amateurs and professionals.

Instructor: James Clowater, (BSc, MSc)

James Clowater is an ornithologist who specializes in the behavioural ecology of marine birds.

Birding Basics I: Songbirds

Date: April 30 to May 21
Time: Thursdays, April 30 to May 21, 7 to 9 pm (4 lectures) and Sundays, May 10 to 24, 9 to 11 am (3 field trips)
Duration: 7 sessions
Fee: $125 plus $6.25 GST
Code: ASSC226 2020K C01

This is a series of four two-hour lectures and three field trips, ideal for those interested in discovering the pleasures of bird-watching. Learn about choosing binoculars, the best field guides, identification by visual and auditory cues (songs and calls), Classes will cover the major bird groups seen around Victoria’s backyards, forests, ponds and shoreline habitats.

Instructor: James Clowater (see bio under Marine Birds)
Green Shores™ Training

Protecting shorelines in the face of climate change and sea level rise has largely focused on building seawalls and dikes. While these structures provide protection in the short term, they’re expensive and often contribute to erosion and habitat loss at other locations along the shoreline. As an alternative to hard armoring solutions like seawalls, the Green Shores program provides practical strategies for shoreline design and management, and the promotion of healthy shoreline environments. Open to homeowners and shoreline professionals, these one- and two-day workshops provide information about the Green Shores program, including its rationale, benefits and application. Topics covered include shoreline ecology and governance, Green Shores™ credits and ratings systems, and a visit to local shorelines to consider the concepts in a practical setting. Visit greenshores.ca or send an email to: ecorestoration@uvic.ca for information about upcoming workshops.

Introduction to Biology and Natural History

Date: Jan. 6 to April 10
Duration: 14 weeks
Fee: $85 plus $4.25 GST
Code: ER099 2020S D01

This online self-study course is for people looking to gain foundational, scientifically sound, knowledge in biology and natural history. It is organized into eleven study units outlining the general principles by which plants and animals interact with each other and their surroundings. Our course will guide you, self-paced, through each unit so that you can attain a Certificate of Completion on successfully passing the course. If you're planning to apply to the Ecological Restoration or the Restoration of Natural Systems programs, this course will fulfill our requirements of a biology course equivalent.

Down the Rabbit Hole - Quantum Physics for Nonphysicists

Date: Tuesdays, Feb. 4 to March 10
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $140 plus $7 GST
Code: ASSC284 2020K C01

What does this word “quantum” even mean? Sounds daunting, doesn’t it? Forget about everything you have learned about the nature of reality and be prepared for a fun ride down the rabbit hole! We will explore the key concepts of quantum physics, such as the elementary particles, the fundamental forces, the dual nature of matter, non-locality, superposition, quantum tunneling, and the mystery of dark matter. These concepts provide a liberating lens to perceive the world around you differently. This course is not limited to the classroom – we will also explore some hands-on aspects through field trips at UVic. Once you enter this magical world, you will be astounded by the possibilities!

Instructor: Skye Sen, (PhD)
NEW SERIES REGISTRATION
Date: April 2 to 16
Time: 2 to 3:30 pm
Duration: 3 sessions
Fee: $68 plus $3.40 GST
Code: ASSC295-2020K C01

These sessions offer participants a deeper understanding of various government programs to reduce greenhouse gas emissions. The talks provide participants with simple analytical tools to help assess claims, going well beyond media summaries of the issues. With these tools, participants will be able to more confidently engage in discussions and make choices related to this critical issue. We will also discuss questions about economic growth, consumption and equity in the context of reducing carbon emissions. Any single session or combination can be taken.

Instructor: Lee Thiessen

Lee Thiessen is an environmental researcher focusing on climate change and air pollution. He began his career working as an economist for the Bank of Canada and later with the BC Ministry of Energy. He continued his provincial government career with the BC Ministry of Environment where his final posting was executive director of policy in the Climate Change Secretariat. There he guided much of the development of BC’s climate change plan of 2007 that changed the provincial direction on this issue and established the province as a national leader in climate action.

NEW Climate Plans
Date: April 2
Time: 2 to 3:30 pm
Duration: 3 sessions
Fee: $68 plus $3.40 GST
Code: ASSC295-2020K C01

We will focus on how to assess the robustness and completeness of climate plans. This session will examine federal and selected provincial climate plans, looking at plan components such as greenhouse gas targets, baselines, actions and carbon accounting.

Instructor: Lee Thiessen (see bio under Understanding Carbon Reduction Series).

NEW Carbon Pricing
Date: April 9
Time: 2 to 3:30 pm
Duration: 1 session
Fee: $24 plus $1.20 GST
Code: ASSC295-2 2020K C01

This session is devoted to a centrally important climate reduction strategy, carbon pricing. It will compare the British Columbia carbon tax with the federal and other carbon pricing schemes. Different design choices will be critically examined, including expected future price/tax levels and use of revenues.

Instructor: Lee Thiessen (see bio under Understanding Carbon Reduction Series).

NEW Carbon Reduction Programs and Policies
Date: April 16
Time: 2 to 3:30 pm
Duration: 1 session
Fee: $24 plus $1.20 GST
Code: ASSC295-3 2020K C01

We will look at other greenhouse gas reduction policies, such as low carbon fuel standards, vehicle carbon emission standards or subsidy programs for building upgrades and clean emission vehicle purchases. We will examine why such policies are necessary if one already has a comprehensive carbon tax and what distinguishes stronger from weaker policies.

Instructor: Lee Thiessen (see bio under Understanding Carbon Reduction Series).

NEW Woody Plant Care
Date: Wednesday, March 4
Time: 7 to 9 pm
Duration: 1 session
Fee: $28 plus $1.40 GST
Code: ASSC297 2020S C01

From the moment you plant a young tree/shrub in the garden, its entire life will depend on you. Caring for a young plant takes time and specific practices must come into play in order to create a healthy strong plant. A woody plant will indeed react to anything you do with it. The more you know what is actually occurring within the actual plant, the better you are prepared. Pruning, watering and fertilizing are just some of the topics that will be explored. This is not a “how to” class but rather a “what to do” class. David Whiting and Jeff de Jong will lead you on a journey to find what happens inside that tree/shrub.

Instructor: Jeff de Jong

Jeff de Jong has been teaching gardening classes for over 20 years in Canada and abroad, and hosts Victoria’s only radio gardening program on CFAX, Gardening 101. He writes for numerous gardening magazines and leads garden tours throughout the world.

Instructor: David Whiting

David Whiting is a retired university professor from Colorado State University who now lives in Port Angeles. He has taught horticulture classes and was the coordinator for the Sate Master Gardener Program.

NEW Gardens in History: History, Art and Design of Kitchen Gardens
Date: Saturdays, March 7 to 21
Time: 10 am to noon
Duration: sessions
Fee: $75 plus $3.75 GST
Code: ASSC301 2020S C01

Spring’s the time to plan your kitchen garden! Over the past few years, kitchen and potager gardens have become extremely popular.
From their humble beginnings in antiquity to the medieval château gardens of France and the grand walled gardens of Victorian and Edwardian Britain, they have played a central role in garden and landscape history. In this course, we will explore the history of kitchen gardens from their humble beginnings to the resurgence in contemporary garden trends. We will examine the basic designs, including symmetrical geometrical beds, irrigation features that incorporate central pools, wells, fountains and water-channels. We will also examine plant material, gardening practices, and how you can incorporate some of these ideas to create your own beautiful and bountiful kitchen garden, whether in a plot or in a pot.

Instructor: Susan Hawkins (BA, MA)

Susan Hawkins completed both her BA and MA in Art History and Visual Studies at the University of Victoria, where she also completed a program in Heritage Landscapes & Gardens. She is a Landscape Horticulturalist, Master Gardener, garden designer and garden historian, and has worked on the restoration of the gardens at Government House, St. Ann’s Academy, and the Japanese Shinto Tea Garden at the Art Gallery of Greater Victoria.

NEW Garden Myths/Ideas and Folklore

Date: Wednesday, March 11
Time: 7 to 9 pm
Duration: 1 session
Fee: $28 plus $1.40 GST
Code: ASSC298 2020S C01

Over the centuries countless myths, ideas and folklore surrounding gardens get passed down and it can become confusing. There is something alluring about these pervasive ideas from the past and while some have been proven to have sound scientific information, others are completely inaccurate. Jeff de Jong and David Whiting will show you what myths and ideas we should keep and which we must let go. Get ready to discover some great pointers for your garden.

Instructor: Jeff de Jong (see bio under Woody Plant Care)

NEW The Bold and the Brilliant Garden

Date: Wednesday, March 18
Time: 7 to 9 pm
Duration: 1 session
Fee: $28 plus $1.40 GST
Code: ASSC299 2020S C01

There’s no time like the present to make your garden the best it can be. A garden does not often need a complete makeover, but rather a new addition that will catch the eye. This class will benefit the gardener who wants to add drama to the garden. Intense colour combinations, dramatic plants and spectacular scale are the three topics we will address to build a brilliant garden. Jeff de Jong will help your garden be bold and brilliant no matter how large or small your space.

Instructor: Jeff de Jong (see bio under Woody Plant Care)

NEW Backyard Botany

Date: Saturday, April 18
Time: 10 am to noon
Duration: 1 session
Fee: $28 plus $1.40 GST
Code: ASSC300 2020K C01

As a gardener, have you ever wondered why your plants behave the way they do? Why companion planting works so well? Or why some plants prefer shade but others full sun? This workshop will let you in on the science behind gardening. We’ll cover everything from how plants get along together (or not) to how they protect themselves from pests; how they sense the world around them to why they grow at different rates. Come explore the fascinating world of plant behaviour and garden natural history!

Instructor: Jeff de Jong (see bio under Woody Plant Care)

Trees of Victoria I: Conifers

Date: June 11 to 28
Time: Thursdays, June 11, 18, 25, 7 to 9 pm (4 lectures); and Sundays, June 14, 21, 28, 10 am to noon (3 field trips)
Duration: 6 sessions
Fee: $110 plus $5.50 GST
Code: ASSC261-1 2020K C01

The streets and parks of Greater Victoria are adorned with many beautiful trees. While Vancouver Island has only 34 native species of trees, in the city we can encounter over 500. Trees in horticultural plantings could be from anywhere in the world. The tree you are admiring could be a Blue Atlas Cedar from the Atlas Mountains of Morocco, a Deodara Cedar from the western Himalayas, or even a Dawn Redwood, a tree only known from fossils until its rediscovery in China in 1944. The vast diversity of possible origins greatly complicates the task of identifying trees in an urban environment.

We start by learning to recognize conifer genera like pines, firs, spruces, cedars, junipers and cypresses and then move on to separating individual species. In classroom sessions we will follow identification keys and see examples of the characteristics (both macro and micro) that help to define each genera and species. On field trips to local parks, we will look for the important features and practice the identification of trees.

Instructor: James Clowater (see bio under Marine Birds)

FOR MORE INFORMATION:
Horticulture and Nature Tours
250-721-8458
artsci1@uvic.ca
continuingstudies.uvic.ca/HORT

continuingstudies.uvic.ca • 250-472-4747
**NEW SERIES REGISTRATION**

**Who's Bugging Whom? Insects around the Home and Garden**

- **Date:** Saturday, June 6
- **Time:** 10 am to noon
- **Duration:** 1 session
- **Fee:** $28 plus $1.40 GST
- **Code:** ASSC296-3 2020K C01

In this course, you will meet your tiny neighbours—whether they are sting (even fewer) and which ones are providing real useful work. We will talk briefly about Integrated Pest Management practices for your home and garden as well as how to support pollinators and other beneficial insects. In the second half of this session, we will be outside for a field “meet and greet.” Please come dressed for variable weather and bring a hand lens or magnifying glass if possible.

Instructor: Cara Gibson (see bio under Insect and Nature Series)

**FOR MORE INFORMATION:**

Insect and Nature Series
250-721-8458
artssci1@uvic.ca
continuingstudies.uvic.ca/insect

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**NEW**

**Silent Labours of our Tiny Neighbours**

- **Date:** Saturday, May 30
- **Time:** 10 am to noon
- **Duration:** 1 session
- **Fee:** $28 plus $1.40 GST
- **Code:** ASSC296-2 2020K C01

Humans are reliant on the environment for our well-being, but have you thought about how insects are vital for ecosystem health? Without pollinators we would be missing not only foodplants for ourselves, but of equal importance, gone would be the landscape plants that provide food and shelter for fish, birds and other mammals. From critical processes such as pollination, decomposition and regulating pests, insects are key for the delivery of many underappreciated services. Further, insects provide us with food, fibre, and many cultural benefits. In this course we will talk about the myriad ways that insects are important to us, discuss the recent “insect apocalypse” research and share practical suggestions to support the work of our tiny neighbours.

Instructor: Cara Gibson (see bio under Insect and Nature Series)

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**NEW**

**Love Them or Loathe Them: Insects in Human Culture**

- **Date:** Saturday, May 23
- **Time:** 10 am to noon
- **Duration:** 1 session
- **Fee:** $28 plus $1.40 GST
- **Code:** ASSC296-1 2020K C01

Insects and humans have had a love-hate relationship since our earliest days. This is not surprising since they pre-date our time on this planet by several hundred million years! Here we will explore how insects have both enriched and extinguished human lives throughout our history and around the globe. This course includes a brief introduction to insect diversity and natural history. We then explore our relationships with insects in a variety of contexts: domestication (food and other products), destruction (pests), disease (carriers of illness) and design (inspiration). Please come ready to share your favourite examples of insects you have loved and/or loathed!

Instructor: Cara Gibson (see bio under Insect and Nature Series)

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**OUR CHANGING OCEAN SERIES**

**NEW SERIES REGISTRATION**

**Our Changing Ocean**

- **Date:** Thursdays, March 12 to April 2
- **Time:** 10 am to noon
- **Duration:** 4 sessions
- **Fee:** $75 plus $3.75 GST
- **Code:** ASSC257 2020S C00

Humans are intimately connected to the global ocean: we rely on it for food, energy, transportation, jobs, recreation and even oxygen. Despite covering over 70 percent of the planet, providing a home to two million of Earth’s species, and containing some of the world’s tallest mountains and deepest valleys, the ocean is largely unexplored and holds many secrets to fully understanding our planet.

Increasing human population and world economic activity have resulted in accelerated exploitation of Earth’s resources and direct and indirect impacts to the global ocean. Additionally, as population densities in coastal areas increase, so too does the need to better understand and respond to ocean-related natural disasters such as earthquakes and tsunamis.

Linking elements of chemistry, physics, biology and geology, these sessions will look at a number of ocean issues of societal concern and how technology is allowing us to better understand our changing ocean. Each session will include a 1.5-hour lecture followed by 30 minutes of discussion.

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**SERIES REGISTRATION**

**Intensive**

**Certificate/diploma**

**Credit options**

**Online**

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Dr. Cara Gibson is a scientist, educator and illustrator. She holds a BSc from the University of Toronto and MSc and PhD from the University of Arizona. Cara has taught in higher education for nearly 20 years and has created award-winning entomology courses and community engagement events. To learn more about her work visit: CaraGibson.com.
From Coast to Coast to Coast: Partnerships with Indigenous Communities to Advance Ocean Monitoring

Ocean Networks Canada (ONC) holds an organizational commitment to Indigenous engagement with communities across Canada. Indigenous engagement is about connecting with communities early, often and on an ongoing basis to try to develop an understanding of community priorities, complexities, values, beliefs, interests, issues and concerns. This presentation will highlight some of ONC’s experiences in supporting Indigenous-led projects and highlight some of ONC’s recent partnerships for ocean monitoring, education and engagement programs.

Instructor: Maia Hoeberechts

Dr. Maia Hoeberechts is the Associate Director, Learning and Community Engagement at Ocean Networks Canada (ONC). Maia and her team lead ONC’s organizational commitment to meaningful, ongoing engagement of Indigenous communities; develop formal and informal ocean learning opportunities for youth and adults; and conduct community-based research, citizen science and community-based monitoring programs. Maia is passionate about increasing involvement of underrepresented groups in science and engineering.

Climate Change and the Ocean

As our planet warms, the global ocean is feeling it. Marine heat waves and coral bleaching events are on the increase while Arctic sea ice shrinks and oxygen levels decline. Meanwhile, carbon dioxide emissions that contribute to climate change are also changing ocean chemistry. This talk outlines these interrelated impacts and suggests actions we can take to counteract them.

Instructor: Dwight Owens (BA, MA)

Dwight Owens has a BA in Chinese and MA in Educational Technology, both from the University of Colorado. He has over 25 years’ experience in design and development of rich media and interactive education. Much of this work has been science-related. Since joining Ocean Networks Canada in 2008, Dwight has been immersed in the fascinating world of ocean sciences, supporting communications, outreach and engagement with geophysicists, marine biologists, oceanographers, seismologists and acousticians.

Powerful Earthquakes and Tsunamis, and How to Tackle Them

Even though the west coast of North America is a beautiful, pristine, quiet and relaxing environment, it has also been subject to powerful earthquakes triggering devastating tsunamis. How do we actually know about these? What are their traces? Where lies our traditional and modern knowledge of these past events? When will they occur again? And what do we actually need to know and do about them? How can we best prepare ourselves? This lecture will provide some answers, through the history of research and modern understanding of our tectonic settings, and the latest recommendations to survive the next big one.

Instructor: Angela Schlesinger

Dr. Angela Schlesinger completed her PhD at the University of Victoria's School of Earth and Ocean Sciences from 2007 to 2013 in marine geophysics. She is a scientific data specialist at Ocean Networks Canada supporting projects related to seismology and tectonics. She has previously taught an ESL geology and environmental sciences course at Royal Roads University. Before that Angela worked as a marine acoustician for JASCO Applied Sciences Ltd. for three years (2014-2017).

Instructor: Martin Scherwath

Dr. Martin Scherwath is a senior staff scientist at Ocean Networks Canada and in 2017 was the national tour speaker for the Canadian Meteorological and Oceanographic Society.

FOR MORE INFORMATION:
Our Changing Oceans Series
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/oceans

Includes exploring the practical application of science and technology towards enhancing public safety.

Southern Resident Killer Whales: Assessment of How They Are Doing

The southern resident killer whale (SRKW) population is under pressure from a number of assaults, including toxins, noise and a lack of food. Their numbers have been in steady decline, and despite renewed efforts to assess their environment, they remain on the endangered species list. This lecture will review their behaviours and natural tendencies, and assess the three stressors impacting their survival.

Instructor: Richard Dewey

Dr. Richard Dewey is an oceanographer who studies ocean dynamics on all scales. He is the Associate Director for Science with Ocean Networks Canada and in 2017 was the national tour speaker for the Canadian Meteorological and Oceanographic Society.

FOR MORE INFORMATION:
Our Changing Oceans Series
250-721-8481
artssci2@uvic.ca
continuingstudies.uvic.ca/oceans

Includes exploring the practical application of science and technology towards enhancing public safety.
“Tea is on,” shouts Cam Culham, the learning support instructor at the English Language Centre’s Learning Centre. “Today is mint—come on in and help yourself.” A seasoned language teacher and professional actor in Victoria, Cam is a natural community builder who has a gift for helping people connect. Each day he helps anywhere between 15 and 20 volunteers connect with 60 to 95 international students who come to the Learning Centre to hone their English language skills. For students of all levels, the Learning Centre is a safe place to learn and practice.

For volunteers like Jane Usher, it’s an opportunity to put her experience and skills to use. “I have been volunteering at the well-run Learning Centre for eight years and it is the best volunteering job I have ever had. Not only do I enjoy meeting interesting students from around the world, but I also like the rewarding, sometimes challenging, process of assessing their levels of fluency and helping them to improve.”

Brian Woodend is a retired high school ESL teacher and the resident expert in grammar and editing. He has been volunteering with the Learning Centre for 20 years. According to Brian, “Time flies when you are having fun—and it is fun! It really is. When I had been retired for a couple of years, I realized that I missed teaching something once in a while.”

Although a number of volunteers are former teachers, it is certainly not required. All you need is an interest in meeting a wide variety of young people and a willingness to engage. And for those people who need some help getting started, the Learning Centre has plenty of resources to help. There are games to play, maps and brochures to refer to, teaching resources, and even a card set of conversation prompts to draw upon at each table.
Some volunteers, like Bill Radlein, are regulars who have made the Learning Centre part of their weekly routine. Bill is the Learning Centre’s very first volunteer and after 29 years, he still enjoys meeting young people and swapping stories.

For others like Pam Munch, the flexibility to drop in is a real asset. “I am not committed to a particular day to volunteer, but the day I work will guarantee me the joy of seeing a set of friends (some even older than I) who have pulled themselves out of warm beds to take a bus, walk or drive to the Learning Center, only to be greeted with a pot of warm tea by Cam. He always remembers names and makes us volunteers understand by example that it isn’t what you say that matters in the long run but how you make others feel.”

This feeling of community is really the magic of the Learning Centre; it’s a place where everyone feels welcome, respected and valued. Beverly Suzuki started volunteering with the English language programs three years ago. Reflecting on her experience, she says, “I am encouraged when I see the students mixing with each other, learning about each other’s countries and cultures. I picture them returning to their home countries and being ambassadors for tolerance, respect, and understanding of different cultures and peoples. Since meeting so many young people from the English language programs, I have become more optimistic about the future.” What could be better than that?

The Learning Centre is open from 10 am to 4 pm Monday through Thursday and located on the second floor of UVic’s Continuing Studies Building. If you are interested in volunteering, email us at tlc@uvic.ca or drop in for tea.
General information

CAMPUS SERVICES

Academic accommodations
At Continuing Studies at UVic, we want to support all of our students towards achieving success. Sometimes this means providing academic accommodations to reduce barriers and provide different ways of meeting essential course or program requirements. Of course, fulfilling these requirements remains the responsibility of learners, but there are things that we can do to help. Some barriers could include:

• Mobility challenges
• Visual impairment (low vision/blind)
• Learning disability, ADHD
• Deaf or hard of hearing
• Chronic pain
• Anxiety

Learners with long-term or chronic medical issues and learners with disabilities are encouraged to contact our student support coordinator as early as possible to see how we can best support their learning.

FOR MORE INFORMATION
Student Support Coordinator
250-721-8473 | sscoord@uvic.ca
continuingstudies.uvic.ca/campus-info

Mearns Centre for Learning – McPherson Library

The Mearns Centre for Learning – McPherson Library provides a comfortable, positive and welcoming learning environment for students and allows cold food and covered drinks in most areas. Continuing Studies students taking any non-credit course are eligible to borrow library materials. Visit the Loan Desk to set up your free community card and start exploring the libraries’ resources with borrowing privileges.

FOR MORE INFORMATION
UVic Libraries, borrowing and resources:
Loan Desk: 250-721-8230 | loandesk@uvic.ca
uvic.ca/library

Students residing outside Victoria, contact
Distance Learning and Research Infoline:
250-721-6488 | infoline@uvic.ca

The Farquhar at UVic

The Farquhar at UVic is the largest performing arts venue located on campus, presenting high profile music, theatre, dance and performances by many community groups. It is also home to all UVic convocation ceremonies. Student Rush Tickets ($10) are available with a valid ONECard two weeks in advance of select Farquhar Presented events. Students are encouraged to follow The Farquhar at UVic’s Facebook and Twitter feeds for more information on upcoming shows and on Student Rush Tickets availability: facebook.com/UVicFarq and twitter.com/UVicFarquhar.

FOR MORE INFORMATION
250-721-8480 | uvic.ca/farquhar

University Food Services

University Food Services (UNFS) operates the following:

• Arts Place, Fine Arts Building
• BiblioCafé, McPherson Library
• Cap’s Bistro & Village Market, Cadboro Commons*
• Commons Kitchen, Cadboro Commons*
• Court Café, Fraser Building
• Halftime, CARSA
• Mac’s, MacLaurin Building
• Mystic Market, University Centre (10 outlets)
• Nibbles & Bytes Café, Engineering Lab Wing
• SciCafé, Bob Wright Building
• Village Greens, Cadboro Commons*

When students, faculty and staff use their ONECard Flex Funds at any UNFS outlet, they receive a 5% discount on their purchase. Please note that purchases made at the Village Market or General Store are exempt from this discount. Campus guests may obtain a GUESTCard from the ONECard Office that also provides 5% off purchases at all UNFS outlets.

You may add Flex Funds to your ONECard at uvic.ca/food or in person at the ONECard Office that also provides 5% off purchases at all UNFS outlets.

* Note: these locations are scheduled for permanent closure at the end of April 2020 (for construction of the new residence).

FOR MORE INFORMATION
250-472-4777 | eat@uvic.ca | uvic.ca/food

University of Victoria Legacy Art Galleries

The Legacy Art Gallery Downtown is UVic’s primary gallery space and is free and open to the public. The gallery presents rotating exhibitions and programs that focus on the university’s remarkable art collection. Teaching and research spaces have been added to the facility, which continues to showcase the Michael C. Williams collection, as well as other material from the university’s rich and diverse collections. The Legacy Art Gallery is a lively and engaging centre for art that is easily accessible to the community and enables students to study both art and curatorial practice.

Legacy Maltwood (at the Mearns Centre – McPherson Library on campus) is located on the lower level of the McPherson Library. Gallery hours are the same as the library. This gallery is a storage, reference and exhibition facility dedicated to the permanent collection of works of art on paper. Exhibitions draw from the permanent collection and rotate regularly. The Legacy Maltwood Gallery is free and open to the public.

FOR MORE INFORMATION
Legacy Art Gallery Downtown, 630 Yates Street
Wednesday–Saturday 10 am–4 pm
250-721-6562 | legacy.uvic.ca

UVic Alumni Association

The UVic Alumni Association represents all graduates of the University of Victoria, including graduates of diploma and certificate programs. We encourage active, lifelong involvement in the university’s teaching, research and community outreach efforts.

The association offers a host of benefits and services that link alumni with their university. Visit us and learn about our events, programs and services. The UVic Torch Alumni Magazine is mailed free of charge twice each year and we distribute a monthly electronic newsletter to all alumni who provide us with their email address.

FOR MORE INFORMATION
250-721-6000 | alumni@uvic.ca | alumni.uvic.ca

UVic Bookstore / Blink Print / Computer Store / Starbucks

The Bookstore offers a variety of items essential to academic success, including new and used texts, and digital versions when available. All textbooks requested by faculty are stocked in the store. Textbook listings are available in-store and online, three weeks before the beginning of each term. At the beginning and end of each term, the Bookstore buys back used texts at up to 50% of the new retail price if they are in demand. Texts in demand are listed on the website.
The Bookstore's general book department carries a comprehensive selection of both academic and general titles and can special order any book currently in print that is not currently stocked. The Bookstore also handles regalia rentals for graduates, offers a wide selection of contemporary UVic crested clothing, school and stationery supplies, and has a unique gift section.

Blink Print is a wide format print shop located on the lower level of the Bookstore. They offer the most affordable large format printing on campus which includes presentation posters, signs, banners, decals and more. Blink's services are open to the public as well as the campus community.

The Computer Store carries a wide selection of laptops, hardware and accessories.

In September 2019, the Bookstore was proud to open Starbucks, so stop by for a coffee or just to relax with friends.

FOR MORE INFORMATION
Bookstore/Computer Store: Monday–Friday 8:30 am–5 pm; Saturday 11 am–5 pm 250-721-8311 | uvicbookstore.ca
Starbucks: Monday–Friday 7:30 am–7pm; Saturday–Sunday 11 am–5 pm 250-472-4594 | starbucks.ca

VISITING THE UVIC CAMPUS
The University of Victoria encourages visitors to use sustainable transportation to get to campus: transit, walking, cycling and carpooling. For detailed information on travel choices available, please visit: uvic.ca/sustainability/topics/transportation/drivingalternatives.

Buses
The campus bus terminal is located beside the Campus Services Building, Finnerty Road. The campus is served by the following bus routes:

4 UVic/Downtown via Hillside, Douglas, Fairfield and Gorge
7 UVic/Downtown via Douglas, Fairfield, May and Foul Bay
9 Royal Oak/UVic via Interurban, Burnside, Gorge and Hillside
11 Tillicum Centre/UVic via Gorge, Fort, Oak Bay and Cadboro Bay
12 University Heights/UVic via Garnet, Kenmore and San Juan
13 Ten Mile Point/UVic via Cadboro Bay and Arbutus
14 Vic General/UVic via Oak Bay Junction, Yates, Craigflower and Victoria General Hospital
15 Esquimalt/UVic via HMC Dockyard, Esquimalt, Fort, Oak Bay and Foul Bay
16 Uptown/UVic via McKenzie and Carey
26 Dockyard/UVic via McKenzie, Saanich Road, Tillicum and HMC Dockyard
39 Westhills/Interurban/Royal Oak/UVic via Shelbourne, Royal Oak, Interurban, Watkiss Way, Island Hwy and Goldstream
51 Langford Exchange/UVic via McKenzie, Glanford and Island Hwy
76 Swartz Bay/UVic via McKenzie, Pat Bay Hwy and Swartz Bay Ferry Terminal

FOR MORE INFORMATION
BC Transit: 250-382-6161 | bctransit.com
For up-to-date route changes, visit their website or use Next Ride Trip Planner.

Campus safety
Campus Security Services is committed to promoting a safe and welcoming environment to enhance the well-being of students, staff, faculty and visitors, and to protect all university property. Campus Security Services is open 24 hours a day, seven days a week. A “safe haven” is located just inside their front doors should you need help at any time. SafeWalk services are available any time to anyone wanting an escort within campus boundaries. Campus Alone is available 24 hours a day for individuals who work/study in isolated areas on campus and are concerned about their personal safety. Security Officers act as First Responders trained to handle all medical emergencies. Crime prevention, personal safety information and workshops are available.

Reminders:
• Be alert and aware of your surroundings
• Trust your instincts
• Plan your route and vary it, if possible
• Park in well-lit areas
• Keep your vehicle locked
• Wallets and purses are attractive targets to thieves—don’t leave unattended
• Have your keys ready before you get to your vehicle
• Check interior of vehicle before entering

FOR MORE INFORMATION
Campus Security Services / SafeWalk Services: 250-721-7599 | web.uvic.ca/security
Personal Safety Coordinator: 250-721-8981

Emergency procedures – just in case
Although major emergencies on campus are unlikely, it’s a good idea to be prepared. Here are a few tips to help you respond when the unexpected happens.

• If you have access to My Page, sign up for UVic Emergency Alerts and receive emergency text messages. Visit uvic.ca/alerts for more info.
• Use texting, not calls, to tell people you’re safe.
• Medical emergency? Call 911 and Campus Security Services: 250-721-7599. Provide the location of emergency.
• Fire? Pull the fire alarm and get out of the building—follow the instructions of the emergency coordinators wearing safety vests.
• Earthquake? Drop, Cover and Hold On. Do not leave the building until the shaking stops. Head towards the playing fields behind CARSA and stay away from the buildings.
• Threat of violence? Protect yourself by getting out, hiding, or as a last resort—fight.
• If you evacuate a building, take your wallet, keys and cell phone with you.
• If you see something, say something—call 911 or Campus Security Services: 250-721-7599 to report an emergency or unusual behaviour.

Parking
Pay parking is in effect Monday to Saturday, 24 hours. Pay by Licence (PBL) is now in effect on campus, visitors will be required to enter their licence plate at the parking dispenser at the time of purchase. Parking permits may be purchased at any of the parking permit dispensers located in lots outside Ring Road or in advance online at parking.uvic.ca.

These permits are only valid in the General Parking areas in numbered lots only, not at parking meters or Reserved Parking areas. The lots inside Ring Road are for Reserved permit holders until after 4:30 pm weekdays, at which time General permit holders may park. The “after 4:30” rule for General Parking permits does not apply to the areas marked “24-hour Reserved.” Dispensers accept both coin and credit cards.

There are a number of short-term, coin-operated parking meters provided for visitor use.

FOR MORE INFORMATION
Campus Security Services 250-721-6683 | uvic.ca/security/parking
How to register

Online registration
VISIT: continuingstudies.uvic.ca/register
To register online, please follow the secure registration process on our website. Search for a course by name or by topic and then follow the instructions for purchase via our Shop Cart.

Walk-in registration
Register at the Continuing Studies Building (see campus map on back page). Office hours are weekdays 8:30 am to 4:30 pm.
University of Victoria
3800 Finnerty Road
Continuing Studies Building
(Corner of Ring and Gabriola Roads)
2nd Floor Reception
Victoria, BC V8P 5C2

Phone registration
CALL: 250-472-4747
Weekdays 8:30 am to 4:30 pm

Mail registration
Print and fill out the registration form found online at continuingstudies.uvic.ca/RegForm and mail to:
University of Victoria
Division of Continuing Studies
PO Box 1700 STN CSC
Victoria, BC V8W 2Y2

Registration reminders
• Provide account number, CVD number, expiry date and signature if paying by credit card.
• Notify us of an address change.
• Make cheques payable to University of Victoria.
• If a course is full, your registration will be placed on a waiting list.

Registration process
To avoid disappointment, register as soon as possible. Many courses fill up quickly while others will be cancelled one week prior to the start date if they do not meet their minimum enrolment. If we are unable to register you in a course because it is full, you will be placed on a waiting list and contacted if a space becomes available. Your payment will not be processed unless space is available for you in the class.

Registration payment
All registrations must be accompanied by full payment: cash/debit card (in person only), cheques, money orders, Visa, MasterCard and American Express. Phone/online registrations are by credit card only.

Goods and Services Tax
Some Continuing Studies courses are subject to Goods and Services Tax (GST). If GST is payable, it is indicated alongside the tuition fee in the course description.

Confirmation and classroom location
After you register, you will receive a confirmation receipt with the classroom location, date and time. Most courses are held on campus. If you have not received your confirmation receipt by the day before the class begins, please call 250-472-4747 for help locating the classroom.

Scents and perfumes
In consideration of others, please refrain from using scented products in classrooms.

Use of educational technologies
Instructors in some courses may use a variety of educational technology in a course including, internet-based applications, cloud services and social media. The use of this technology is intended to enhance and deliver education to students and is part of student engagement at the university. Some of these technologies may collect, use, disclose and store students’ personal information outside of Canada. If students do not want their personal information stored or accessed outside of Canada, instructors will try to provide privacy-protective options (such as using an alias or nickname to register). However, in some instances, courses may not be available to students if they do not consent to the disclosure of their personal information outside of Canada. If the course is required for the completion of a credential, alternatives will be provided.

Tuition fee tax deductions
Keep your confirmation receipt as it is your official income tax receipt. Your tuition fees may be tax deductible if the total fees paid to UVic in a calendar year exceed $100. You may combine the fees of more than one course so their total exceeds the $100 minimum.

Cancellations, withdrawals, refunds
The Division of Continuing Studies reserves the right to cancel/reschedule courses or other offerings without notice, and to establish special regulations for admission to non-degree programs or courses. If a course or offering is cancelled/rescheduled, the liability of the Division of Continuing Studies is limited to a refund of your course fee, or, if desired, transfer to another offering.

To withdraw from a course, let us know in person or by phone (250-472-4747):
• At least seven days prior to the first meeting of a short-term, intensive course, workshop or conference, with limited enrolment.
• Prior to the second class when a course meets once or twice weekly over a period of several weeks.

Depending on your method of payment, a refund will be either mailed to you or credited to your credit card. The Canada Revenue Agency requires that we request the return of your original receipt.

If you withdraw from a course, an administrative fee may be charged for processing. The amount may vary according to the type of course, but will be a minimum of $15.

Note: Some programs have special refund policies as printed in their individual course descriptions.

Bursary program
Each term the Division of Continuing Studies offers bursaries totalling $1,000 to assist learners in furthering their education. Bursaries will be awarded to learners who can display evidence of a commitment to lifelong learning and who can demonstrate financial need.

Applications are available on our website at continuingstudies.uvic.ca/bursary or in person:
University of Victoria
3800 Finnerty Road
Continuing Studies Building
(Corner of Ring and Gabriola Roads)
2nd Floor Reception
Victoria, BC V8P 5C2

Term application deadlines:
Jan. 15 and Aug. 15

HOLIDAY CLOSURES
The University of Victoria is closed on statutory holidays and from Dec. 25 to Jan. 1 (inclusive). You may still register online during the holiday periods. Unless otherwise noted, classes will not be held on statutory holidays.

FOR GENERAL INQUIRIES
CALL 250-472-4747