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The calendar is available online in an interactive format—nothing to download, just turn the pages and click on a course title to register:

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# Can we help you find something?

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Emily Carr on Haida Gwaii
Dates: Fridays, Jan. 18 to Feb. 22
Time: 10 am to noon
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASHA137 2019S C01
Emily Carr travelled to Haida Gwaii twice: first in 1912 and then again in 1928. Both trips resulted in a large and distinct body of work: watercolours and oils of individual poles, people and villages of Haida Gwaii. The changes and development in Carr’s style and the context for the creation of her work will be a focus of this course. Many of Carr’s stories, some of which were published in her award-winning book, Klee Wyck, will also be part of the course. In our study of Emily Carr’s work on and about Haida Gwaii we will also consider Haida Gwaii culture, historically and in Emily Carr’s lifetime. Why did she travel where and when she did? What meaning is contained in the visual records of her sketching trips and the resulting finished works? Who did she meet and what were her experiences? These are some of the themes of this 6-week course. Each lecture will incorporate many examples of Carr’s work in public and private collections.

Instructor: Kerry Mason (MA)
Kerry Mason is an instructor of art history teaching at the University of Victoria, the Victoria College of Art, and the University of Colorado. She is also a curator, author and art consultant. Since 2001, Kerry has enjoyed teaching a range of courses on topics such as First Nations (especially Northwest Coast art and culture), Emily Carr, The Group of Seven, Georgia O’Keeffe, Frida Kahlo, and survey courses of BC Art History and Canadian Painting. She regularly leads Continuing Studies Travel Tours and courses.

NEW The Life and Art of Bill Reid
Dates: Tuesdays, Jan. 22 to Feb. 19
Time: 2:30 to 4:30 pm
Duration: 5 sessions
Fee: $57 plus $2.85 GST
Code: ASHA135 2019C C01
Bill Reid, son of a Haida mother and a German/Scottish American father, did not begin to explore his Haida roots and heritage until he was an adult, a personal adventure that shaped his life and art. Reid, a broadcaster, goldsmith, wood carver, sculptor, painter and activist, is recognized internationally as one of Canada’s great artists and a bridge between two vibrant cultures. This course will examine his extraordinary life and his artistic genius.

Instructor: John Lucas (MA, BFA)
John Lucas is a teacher, actor, singer and director.
Franklin Carmichael (1890-1945) was a founding member of the Group of Seven and a driving force in the development of watercolour painting in Canada in the 20th Century. This talent and passion for watercolour technique as well as the landscape of Canada was shared by his younger colleague and later member of the Group of Seven, AJ Casson (1898-1992). In this course we will consider the life and works of both these artists and the context for the choices and development of their careers. The course is designed to include as many examples of Carmichael and Casson paintings as possible from the turn of the 20th century until 1964. A.J. Casson and Franklin Carmichael are renowned as dedicated and visionary artists and printmakers, particularly in Ontario. They were both highly influential in the development of Canadian art and artists.

Instructor: Kerry Mason (see bio under Emily Carr on Haida Gwaii)

NEW | Canadian Masterpiece Series: Franklin Carmichael and AJ Casson

Dates: Wednesdays, Jan. 23 to Feb. 27  
Time: 10 am to noon  
Location: Berwick Royal Oak  
Duration: 6 sessions  
Fee: $109 plus $5.45 GST  
Code: ASHA138 2019S E01

NEW | Everything Arctic

Dates: Wednesdays, Feb. 6 to 13  
Time: 7 to 9 pm  
Duration: 2 sessions  
Fee: $40 plus $2 GST  
Code: ASHA133 2019S C01

Robert Amos is well-known as an artist and writer in Victoria. His art is in the collections of the Art Gallery of Greater Victoria, the University of Victoria and the City of Victoria and in 1986 he was elected to the Royal Canadian Academy of the Arts. His newspaper column appeared weekly in the Times Colonist for 32 years and he is an award-winning artist. Jenn teaches at the University of Victoria and gives lectures in both Canada and the United Kingdom. Her artwork is in private and public permanent collections around the globe.

Instructor: Jennifer Whitford Robins (BFA)

Jenn Whitford Robins has completed many visits to the arctic, on occasion, providing extended workshops in Inuit traditional printmaking, by invitation of the communities. She has been artist in residence at the Uqquqmiut Centre for the Arts in Pangnirtung, Baffin Island and recently lectured on the inaugural cruise through the North-West Passage, in the capacity of Inuit Advisor. She has a degree in visual arts and is an award-winning artist. Jenn teaches at the University of Victoria and gives lectures in both Canada and the United Kingdom. Her artwork is in private and public permanent collections around the globe.

NEW | Victoria's Renowned Artists

Dates: Mondays, Feb. 25 to April 1  
Time: 1:30 to 3:30 pm  
Duration: 6 sessions  
Fee: $109 plus $5.45 GST  
Code: ASHA134 2019S C01

The recent art history of Victoria is rich with brilliant artists. This course, which presents an inside look at six of the best, will be profusely illustrated and described by an artist who knew many of them personally. These will include: Stephen Lowe, a bridge across the Pacific; Fenwick Lansdowne, world-famed ornithological artist; Maxwell Bates, homegrown expressionist; Glenn Howarth, brilliant mind with a passion for optics; Margaret Peterson, her search for the Origin of the Gods; Jack Wise; and the Language of the Brush.

Instructor: Robert Amos

Robert Amos is well-known as an artist and writer in Victoria. His art is in the collections of the Art Gallery of Greater Victoria, the University of Victoria and the City of Victoria and in 1986 he was elected to the Royal Canadian Academy of the Arts. His newspaper column appeared weekly in the Times Colonist for 32 years and he is an honorary citizen of Victoria. Robert was a featured guest at the 2017 Diasporic Joyce Conference in Toronto and has made the only spoken-word recording of Joyce’s final novel, Finnegans Wake.

NEW | Northwest Coast Masterworks: Tony Hunt, Beau Dick & Tony Hunt Jr

Dates: Wednesdays, March 6 to April 10  
Time: 10 am to noon  
Location: Berwick Royal Oak  
Duration: 6 sessions  
Fee: $109 plus $5.45 GST  
Code: ASHA139 2019S E01

In this course we will examine artistic expression from three renowned K’wakwaka’wakw carvers and artists. We’ll explore diversity in two-dimensional and three-dimensional styles, cultural contexts, relationships between artistic expression and environment and spirituality. In this course we will study the meaning and context associated with a broad range of objects from ceremonial masks and poles to bentwood boxes, silkscreen prints, jewelry, drums and rattles.

Instructor: Kerry Mason (see bio under Emily Carr on Haida Gwaii)

NEW | Art Conservation for the Collector

Date: Saturday, March 23  
Time: 1 to 4 pm  
Duration: 1 session  
Fee: $38 plus $1.90 GST  
Code: ASHA136 2019S C01

Whether you own a treasured artwork painted by an ancestor, a mysterious thrift store find, or are an avid art collector, this 3-hour introduction to the applied science of art conservation will change the way you look at paintings. The materials that paintings and frames are composed of is a fascinating world unto itself. Learn how a painting’s conservator examines and repairs damaged paintings and frames. A basic understanding of condition issues and some basic principles of conservation will help guide future purchases and assist you to maintain and display your artworks. You are encouraged to bring a small/easily transported painting to class for discussion. Market value will not be assessed but information about materials and techniques, identification and condition may be explored.

Please note: this course is limited to 15 students.

Instructor: Cyndie Lack (BFA, MAC)

Cyndie Lack is a paintings conservator in private practice with over 30 years of experience in the treatment of easel paintings and murals. Through her internship at the Courtauld Institute of Art, she developed a special interest in British 19th century artists’ materials and techniques, artists’ colourmen, and 19th century art-related technologies. Public outreach includes collaboration with contemporary artists and education of collectors in the conservation of cultural property.

FOR MORE INFO:
Art History  
250-721-7797  
art.sci@uvic.ca  
continuingstudies.uvic.ca/art-history
Prerequisite: Let's Sing Level I.

works will be explored. This course follows Let's Sing Level 1. We will continue to build on basic vocal techniques and use resonance to improve vocal quality. The goal of this course is to develop a good understanding of basic vocal technique, which will, in turn, help produce a well-supported, stable voice. There will be opportunities to work on different genres of music: folk songs, ballads, art songs, as well as basic harmony through the use of canons and rounds. No previous music knowledge is required.

Instructor: Debra Laprise

Let's Sing! Level 2

Dates: Thursdays, Jan. 10 to April 18
Time: 6:30 to 8 pm
Duration: 15 sessions
Fee: $180 plus $9 GST
Code: ASMU204 2019S C01

This course follows Let's Sing Level 1. We will continue to build on basic vocal techniques and learn how to take and support breath correctly and use resonance to improve vocal quality. Different genres of music in solo and choral works will be explored.

Prerequisite: Let's Sing Level 1.

Instructor: Debra Laprise

Let's Sing! Level 3

Dates: Tuesdays, Jan. 8 to April 16
Time: 1:30 to 3 pm
Duration: 15 sessions
Fee: $180 plus $9 GST
Code: ASMU421 2019S C02

This course is designed for those who have already taken Let's Sing! Levels 1 and 2. You will develop and take your vocal skills to a higher level and improve your confidence in performing different genres of music. Share the joy of singing with like-minded people in a positive atmosphere!

Prerequisites: Let's Sing! Level 1, Let's Sing! Level 2

Instructor: Debra Laprise

Opera Live and in High Definition

Dates: Jan. 10 to April 18
Time: Thursdays Jan. 10, Feb. 7 and Apr. 18, 7:15 to 9:15 pm
Duration: 3 sessions
Fee: $57 plus $2.85 GST
Code: ASMU381 2019S C01

If you missed the first three sessions of this course in the fall but would like to join this term’s classes, we have a few remaining spaces! Go beyond Pacific Opera Victoria’s season and explore one of the Metropolitan Opera’s 2019 high definition broadcasts, as well as the two remaining operas in POV’s repertoire. High definition jealousy fuels a poisonous revenge in Cilea’s Adriana Lecouvreur, while Dumas’s Lady with the Camellias is immortalized as Verdi’s La Traviata in POV’s February production. Mistaken identities, disguises and a lot of glorious Hungarian melodies captivate us in POV’s final production, Kálmán’s beloved operetta, The Countess of Maritza. Beginners and opera aficionados are equally encouraged to attend this entertaining and informative course.

Instructor: Mikki Reintjes (MMus)

How to Listen to Jazz

Dates: Wednesdays, Jan. 23 to Feb. 27
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASMU437 2019K C01

Dates: Thursdays, April 4 to May 9
Time: 2:30 to 4:30 pm
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASMU437 2019S C01

Instructor: Jan Randall (BMus)

Good Music in Small Packages

Dates: Mondays, Jan. 21 to March 25 (no class on Feb. 4 and 18)
Time: 9:30 to 11:30 am
Duration: 8 sessions
Fee: $175 plus $8.75 GST
Code: ASMU435 2019S C01

Classical music hands up music in supersized packages and in teeny-tiny packages. Supersized is thrilling, but small packages pack a punch on their own. Just a few players on stage create an intimacy between musician and audience. Small orchestras collaborating together without conductor have an air of excitement all their own. Brief music, mere moments, collage and mosaic together with an intensity that challenges even the most adept listener. In this class we will consider the small nuggets of classical music, considering both the small in number of performers and the small in time. No prior experience in music is required.

Instructor: Mary Byrne (PhD)

Mary Byrne is an active teacher, adjudicator, lecturer, recorded artist and published author. Mary is internationally respected for her wide-ranging work as a flute-in-hand musician and teacher. With the Victoria Conservatory of Music, Camosun College and her own Piccolino Studio, she boasts thriving studios and classrooms of students at all ages and stages of musical interest. She is a regular performer with the Victoria Symphony. Without borders or boundaries, she eagerly performs chamber, solo and small orchestra music for the full flute family. Mary is in demand as a lecturer and writer on topics of music and as a leader of music-tourism. She earned her BMus (Flute Performance and Music Education) and MMus (Flute Performance) degrees from the University of Michigan, and her PhD (Musicology) from the University of Victoria, specializing in pedagogy and performance practice of the flutists at the Paris Conservatoire during the 19th and 20th centuries.
Jan Randall is a composer and pianist, holding a degree in Theory and Composition from the University of Alberta, as well as advanced jazz studies and big band arrangement at North Texas State University. He has been a music director and composer for CBC Radio’s “The Irrelevant Show” as well as Second City and has performed with many well-known entertainers including actors like Mike Myers, Catherine O’Hara, and Bob Newhart, blues artists like Otis Rush, Bo Diddley, and Amos Garret, and classical artists like Ben Heppner and the Edmonton Symphony Orchestra. His sheet music is available through Vista Heights Music online and in music stores around the world.

**Barrel House, Boogie Woogie, Honky Tonk and Stride**

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<tr>
<th>Dates:</th>
<th>Thursdays, Jan. 24 to Feb. 28</th>
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<tr>
<td>Time:</td>
<td>2:30 to 4:30 pm</td>
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<tr>
<td>Duration:</td>
<td>6 sessions</td>
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<td>Fee:</td>
<td>$109 plus $5.45 GST</td>
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<tr>
<td>Code:</td>
<td>ASMU391 2019S C01</td>
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What is the difference between swing and Harlem stride? Did it all evolve from ragtime? Who were the greatest boogie woogie piano players of all time and where did that rocking rhythm come from? This series of lectures, accompanied by live piano performances, illustrate the rich history and evolution of piano music from the Gay Nineties; to the blues traditions of New Orleans that were popular through the Dirty 30s and continue to be a soulful influence on the music today. Featuring the music of Fats Waller, Art Tatum, Scott Joplin and Dr. John.

Instructor: Jan Randall (see bio under How to Listen to Jazz)

**Symphonic Masterpieces**

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<thead>
<tr>
<th>Dates:</th>
<th>Jan. 24 to May 9</th>
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<tr>
<td>Time:</td>
<td>Thursdays, Jan. 24, Feb. 28,</td>
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<tr>
<td></td>
<td>March 14 and May 9, 7:15 to 9:15 pm</td>
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<td>Duration:</td>
<td>4 sessions</td>
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<td>Fee:</td>
<td>$75 plus $3.75 GST</td>
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<tr>
<td>Code:</td>
<td>ASMU212 2019S C01</td>
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Limited space is available for the second half of this course, designed to help develop your listening skills and appreciation of classical music. Each lecture corresponds with the Victoria Symphony’s 2019 Masterworks series including such works as Berlioz’ Symphonie Fantastique, highlights from Wagner’s Lohengrin, and Tchaikovsky’s Variations on a Rococo Theme for cello. Featured artists this year include our brilliant concert master Terence Tam, the rising young Canadian star cellist Daniel Hass, and members from the Victoria Choral Society, all under the direction of our conductor Christian Kluxen. Through guided listening and class discussion, you will learn how to listen to the form, instrumentation and style in the selected works. By learning what to listen for, your enjoyment during concerts will increase significantly. All levels of listeners are welcome to this class.

Instructor: Mikki Reintjes, (MMus)

**Introduction to Music Theory: Level I**

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<tr>
<th>Dates:</th>
<th>Tuesdays, Jan. 29 to March 5</th>
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<td>Time:</td>
<td>6:30 to 8 pm</td>
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<td>Duration:</td>
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<td>Fee:</td>
<td>$84 plus $4.20 GST</td>
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<td>Code:</td>
<td>ASMU422 2019S C01</td>
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This course will cover the basic rudiments of classical music theory, dealing with rhythm, time signatures, clefs and staff notation, scales and keys. You will learn basic music theory, relating it to our musical perceptions and that, if properly used, music theory can give us a greater appreciation of music.

Instructor: Debra Laprise

**Saturday Mornings at the Opera**

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<tr>
<th>Dates:</th>
<th>Feb. 9 to April 13</th>
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<tr>
<td>Time:</td>
<td>Saturdays, Feb. 9 and Apr. 13,</td>
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<td></td>
<td>9:30 to 11:30 am</td>
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<td>Duration:</td>
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<td>Fee:</td>
<td>$40 plus $2 GST</td>
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<td>Code:</td>
<td>ASMU382 2019S C01</td>
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If you missed the first session of this course in the fall but would like to join this term’s classes, you are in luck! Spaces are still available in the remaining sessions, which focus on two of the season’s Pacific Opera Victoria productions. In each class we will discuss the story of each opera, compare great singers past and present in their roles, and discover how each opera was transformed from the composer’s first inspiration into a finished stage spectacle. In February, Dumas’s Lady with the Camellias is immortalized as Verdi’s tragic courtesan in La Traviata. Mistaken identities, disguises and a lot of glorious Hungarian melodies captivate us in Pov’s final production, Kalman’s beloved operetta, The Countess of Maritza. Beginners and opera aficionados are equally encouraged to attend this entertaining and informative course.

Instructor: Mikki Reintjes (MMus)

**Leonard Bernstein on Broadway**

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<tr>
<th>Dates:</th>
<th>Wednesdays, Feb. 27 to Apr 10</th>
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<tr>
<td>Time:</td>
<td>2:30 to 4:30 pm</td>
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<tr>
<td>Duration:</td>
<td>7 sessions</td>
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<tr>
<td>Fee:</td>
<td>$125 plus $6.25 GST</td>
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<td>Code:</td>
<td>ASMU436 2019S C01</td>
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Leonard Bernstein, pianist, composer and conductor, is one of the most beloved (and controversial) figures in the musical world of the 20th century. His immense talents, skills and movie star good looks catapulted him to fame at a very early age. He established a solid career in classical music and also threw himself with great gusto into the Broadway scene. It is this latter aspect of his life and career that is the focus of this course. On the Town, Wonderful Town, Candide and West Side Story, among others, will be considered, as will his ballet scores and incidental music and scores for theatre and movie works. Videos and film clips will be complemented by live performances.

Instructor: John Lucas (see bio under The Life and Art of Bill Reid)

**Two Legendary Jazz Women**

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<tr>
<th>Dates:</th>
<th>Tuesdays, April 2 to May 7</th>
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<td>Time:</td>
<td>7 to 9 pm</td>
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<td>6 sessions</td>
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<td>Fee:</td>
<td>$109 plus $5.45 GST</td>
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<td>Code:</td>
<td>ASMU438 2019K C01</td>
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Two rival big bands with two legendary singers. Billie Holiday and Ella Fitzgerald were at the top of their game and though their styles were polar opposites, the two became friends. Here is an in-depth look at the recordings and the history of these two amazing women. January 16, 1938 and the Savoy Ballroom in New York City hosts a “jazz battle”. Count Basie with bluesy diva Billie versus scat vertuoso Ella. Who will be declared a winner? This course offers samplings of their recordings with live deconstruction of the music at the piano with your instructor.

Instructor: Jan Randall (see bio under How to Listen to Jazz)

FOR MORE INFO:
Music
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/music
PHOTOGRAPHY

NEW Visual Language for Photographers

<table>
<thead>
<tr>
<th>Dates:</th>
<th>Mondays, Jan. 28 to April 8 (no class Feb. 18)</th>
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<tbody>
<tr>
<td>Time:</td>
<td>6:30 to 9 pm</td>
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<tr>
<td>Duration:</td>
<td>10 sessions</td>
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<tr>
<td>Fee:</td>
<td>$215 plus $10.75 GST</td>
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<tr>
<td>Code:</td>
<td>ASVA119 2019S C01</td>
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Photography is a form of visual communication. Over a ten-week period, we will explore the process and construct of visual messaging in photography and other art forms. Our intention will be to develop an understanding of the requirements for content and form in creating images with impact, meaning and depth. We will attempt to integrate academic as well as practical viewpoints, striving to understand the work of the great photographers and how they express their ideas visually. To do this we will compare visual language to other forms, looking not only for the similarities but also the differences that make their work timeless.

Instructor: James Emler

James Emler has been a photographer for over 40 years. In addition he has been an instructor in photography for over 12 of those years. James is the former Head Instructor at Focal Point and Department Head; Digital Photography at The Vancouver Institute of Media Arts. His professional career spanned industrial, advertising, commercial and consumer photography in Vancouver and Toronto. He is currently retired but still shoots Large Format as well as Digital.

NEW The Altered Image

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<tr>
<th>Dates:</th>
<th>Tuesdays, Jan. 29 to April 2</th>
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<tr>
<td>Time:</td>
<td>6:30 to 9 pm</td>
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<tr>
<td>Duration:</td>
<td>10 sessions</td>
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<tr>
<td>Fee:</td>
<td>$195 plus $9.75 GST</td>
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<tr>
<td>Code:</td>
<td>ASVA121 2019S C01</td>
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The Altered Image is about using photography as a departure point for creative exploration. Course projects will be supplemented with examples of historical and contemporary artists who work with altered photographic images. The course will introduce experimental approaches to image making such as print distressing, collage (with original and found images) and image transfer. This is a great course for those who love to take or collect photos and are wondering how to use these images in their work.

Instructor: Tony Bounsall (BAPA)

Tony Bounsall has been shooting professionally for thirty years and is a photo arts graduate from Ryerson Polytechnical University. He currently teaches Photo-Based Mixed Media, Collage and Printmaking at The Vancouver Island School Of Art in Victoria. Tony has also taught workshops in alternative based photography, collage, mixed media and encaustics at The Coast Collective, The Denman Island Arts Centre, The Old School House in Qualicum Beach, MISSA and Red Deer College Series Summer Art School and Camosun College Continuing Studies in Victoria BC. Over the last 15 years, Tony has worked in several different mediums, including iphoneography, digital artwork, alternative based photography, mixed media, printmaking and encaustics. His work draws inspiration from his travels, the environment, topographic mapping, medical imagery and vintage photographic imagery. He exhibits and sells his own fine art prints and mixed media work throughout North America. He is one of the founding members of The Imagists, a Victoria-based artists’ group.

NEW Photography: The Activist Image

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<th>Dates:</th>
<th>Thursdays, Feb. 7 to March 14</th>
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<td>Time:</td>
<td>7 to 9 pm</td>
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<tr>
<td>Duration:</td>
<td>6 sessions</td>
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<tr>
<td>Fee:</td>
<td>$145 plus $7.25 GST</td>
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<td>Code:</td>
<td>ASVA120 2019S C01</td>
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Magnum photographer Elliott Erwitt once remarked, “I don’t believe that photography can change the world, but it can show the world changing.” Yet there are specific examples of photography being a proverbial first domino of social change, the tools of activism. On other occasions, photography remains as Erwitt suggests a more passive bystander, a visual scribe as it was of history in the making. The adage, “the camera never lies” is seldom uttered in the era of Photoshop and “fake” news. Yet there was a time when photographs contained essential as well as inconvenient truths—often well in excess of a picture’s allotted thousand words. By exposing the world’s injustices, the deniable became undeniable in a singular decisive moment.

Lewis Hine’s early 1900s photographs for the National Child Labor Committee exposing the plight of child laborers sparked legislative reform. Similarly, Mary Ellen Mark’s landmark works Streetwise, Falkland Road and Ward 61 tackled social taboos such as homelessness, sex trafficking and the mentally ill. Edward Burtynsky’s scarred landscapes belie their initial ambiguity and nondescript titles. And photography surely helped turn public sentiment against U.S. involvement in the Vietnam War.

This course will study the role of photojournalism beginning in the early 1900s through to today. We will examine photojournalists Lewis Hine, Henri Cartier-Bresson, Mary Ellen Mark, Edward Burtynsky (Canadian), James Balog and Sebastião Salgado among others. This is a companion course to the recently introduced Photography: Behind the Scenes exploring photography’s role in documenting the Performing Arts.

Instructor: Gerry Schallie

Gerry Schallie is an accomplished photographic artist with over 20 years of gallery exhibitions in Canada and the US, represented regionally by Victoria’s Winchester Galleries.

NEW Photography Plus: Improving Your Photography Skills

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<th>Dates:</th>
<th>Wednesdays, Feb. 6 to March 27</th>
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<tr>
<td>Time:</td>
<td>6:30 to 9 pm</td>
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<tr>
<td>Duration:</td>
<td>8 sessions</td>
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<tr>
<td>Fee:</td>
<td>$170 plus $8.50 GST</td>
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<tr>
<td>Code:</td>
<td>ASVA085 2019S C01</td>
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Do you love photography, but aren’t always happy with your photographs, be they family, travel, landscape or other? This course will cover the basics of camera use and composition, and how to improve the photographs you want to take. We’ll look at photographs, talk about photography, try shooting and creative exercises, and create some new images and in the process have some fun! Bring your camera, which should ideally have a manual control setting, and a notebook and pen to class.

Instructor: Donald Denton

Don Denton is a photographer, photo editor and photography instructor. He is currently the Photo Supervisor for Black Press’ Greater Victoria newspapers and the photographer for Black Press’ Greater Victoria magazines. He is also working on a number of long term personal projects.
Image Transfer

Dates: Saturday and Sunday, April 6 and 7
Time: 10 am to 5 pm
Duration: 2 sessions
Fee: $135 plus $6.75 GST
Code: ASVA106 2019K W01

Learn a range of techniques to transfer your photographs onto printmaking paper, acrylic skins and other surfaces that can be incorporated into your paintings, collage or mixed media artwork. Discover how to blend, distress and create composite images by hand (as opposed to through a digital process). Artists, photographers and anyone interested in photo-based mixed media will find this workshop of interest. Please note that oil of wintergreen is used in one of the transfer processes. All materials included, although you should bring photocopies of your images to work with. No experience necessary. Materials fee of $30 per person is payable in cash to the instructor at the beginning of class.

Instructor: Tony Bounsall (see bio under The Altered Image)

Natural Light Portraiture Made Easy

Dates: April 12 and 13
Time: Friday, April 12, 7 to 9 pm
Saturday, April 13, 9 am to 1 pm
Duration: 2 sessions
Fee: $65 plus $3.25 GST
Code: ASVA091 2019K C01

Learn how to photograph people on location. If you have wanted to learn the professional secrets to getting a great portrait then this class is for you. We will cover the following: portrait lighting using natural light; which lens to use and when; how to maintain consistent accurate colour; and understanding your light meter. Participants should have an understanding of how their camera functions. This class is suitable for the informed novice to more advanced hobby photographers.

Instructor: Tony Bounsall (see bio under The Altered Image)

Transformational Theatre

Dates: Tuesdays, March 5 to 26
Time: 6:30 to 9 pm
Duration: 4 sessions
Fee: $95 plus $4.75 GST
Code: ASTH629 2019S C01

Based mainly on the Theatre of the Oppressed method created by Brazilian director Augusto Boal, this course integrates various techniques such as forum theatre, image creation, playback and improvisation with the objective of achieving positive social and personal transformation through theatre. Transformational Theater is designed to be experiential and fun. It will be particularly useful for theatre workers, social workers, teachers, activists, community workers and anyone interested in using theatre to address societal issues – such as bullying, racism, family and work-related problems, youth and cross-cultural concerns, or community building. Respect for privacy in a supportive, non-threatening atmosphere is assured. Please wear loose clothing suitable for movement and light shoes or slippers.

Instructor: Lina de Guevara

Lina de Guevara was born in Chile, where she received most of her professional training at the University of Chile. Lina is a director, actor, storyteller and specialist in Theatre of the Oppressed, Transformational Theatre and Commedia dell’Arte. In 1988, Lina founded PUENTE Theatre in Victoria to express through theatre the experiences of immigrants and diverse minorities in Canada. She was PUENTE’s artistic director for 23 years. At present, Lina freelances as a theatre director, teacher, performer and facilitator, and she’s conducted several applied theatre projects for the Intercultural Association of Greater Victoria. Recently, she directed River of Time for the 2016 UNO Festival and she is currently playing the role of Alice in Bell ARTE’s production of ALICE’S GIFT.

Collage – Value, Colour and Design

Dates: Mondays, Jan. 21 to April 1 (no class Feb. 18)
Time: 6:30 to 9 pm
Duration: 10 sessions
Fee: $245 plus $12.25 GST (includes supplies)
Code: ASVA104 2019S W01

This course will inspire you, whether you are just discovering the medium of collage or would like to add to your knowledge and skills. We will cover different approaches to collage using colour, surface treatments, typographic elements, photographs, found objects, ephemera and image transfer. We’ll also explore various media and techniques used to augment finished pieces. Each class will involve demonstrations in a relaxed, fun and creative environment. No experience is required, just your enthusiasm!

Instructor: Tony Bounsall (see bio under The Altered Image)
**Watercolour for Beginners Workshop**

Dates: Jan. 25 to 27  
Time:  
  - Friday, Jan. 25, 7 to 9 pm  
  - Saturday, Jan. 26, 9 am to 4 pm  
  - Sunday, Jan 27, 1 to 5 pm  
Duration: 3 sessions  
Fee: $155 plus $7.75 GST  
Code: ASVA019 2019S W01

This course introduces novice painters to watercolour painting. We will review everything from the correct side of the paper to use, to how to hold a brush, how to clean your brushes, how to mix pigments together to create an abundance of colour choices, and washes (wet on dry and wet on wet). Joanne is an experienced watercolour teacher and offers students individual attention during her workshops, as well as numerous demonstrations and re-demonstrations to help students learn basic techniques. By completion of this course, participants will be much better able to work from YouTube videos and library books to further advance their skills. Expect to have fun and learn through still-life and abstract painting. After you complete your registration, a supply list will be attached to your receipt. Please bring a bag lunch or use UVic Food Services on the Saturday.

**The Fascinating World of Stencil Imagery**

Dates: Saturday and Sunday, Feb. 2 and 3  
Time: 10 am to 3:30 pm  
Duration: 2 sessions  
Fee: $150 plus $7.50 GST (includes materials)  
Code: ASVA093 2019S W01

Designed for inquisitive minds with an artistic bent, this two-day workshop will introduce you to the world of the stencil print. Try your hand at a type of stencil printmaking that originated in Japan, known as the Kappazuri print, and was then adopted and adapted by famed Inuit printmakers. Newcomers to the process will discover an exciting way of art-making. Those who have already completed stage 1 will explore elaborate imagery and color blends. We’ll add a dash of southern imagery and flavour, experiment with inks and unique brushes, to create imagery on exquisite paper. We will guide you through the exploration of this diverse process, which is ideal for the home-based studio as no elaborate equipment is required. All supplies and equipment included.

**Yes, You Can Draw!**

Dates: Jan. 30 to March 2  
Time:  
  - Wednesdays, Jan. 30 to Feb. 27, 12:30 to 2:30 pm  
  - Saturdays, Feb. 9 and March 2, 10 am to 3:30 pm  
  - Sunday, Feb. 10, 10 am to 3:30 pm  
Duration: 8 sessions  
Fee: $235 plus $11.75 GST (includes partial supplies provided by instructor)  
Code: ASVA069 2019S C01

Whether you doubt you could ever draw, or feel you have limited drawing abilities, this course offers you the opportunity to learn to draw with confidence and achieve the accuracy you wish for while developing your own natural style. The course is designed to empower you to bring out the hidden artist. The first step is to recognize the approach to drawing that we have unconsciously followed since childhood, and then learn to see and draw what is really there. Working with inexpensive materials and using easy-to-follow exercises, you will gain hand-to-eye connectivity while exploring mark-making and tonal options. Perspective will become a natural element of your drawing. The course will include in-class drawing projects and suggested home-based assignments to bring out the artist in you. A comprehensive supply list will be sent before the course starts. A limited amount of supplies (adjustable image frames, still-life items, and some paper) will be provided by the instructor.

**Works on Paper, Fabric and Silk**

Dates: Saturday and Sunday, Feb. 23 and 24  
Time: 10 am to 3:30 pm  
Duration: 2 sessions  
Fee: $150 plus $7.50 GST (includes materials)  
Code: ASVA122 2019S W01

This workshop is a good fit for those wanting to explore various simple yet exquisite art forms that open up a new world of creative possibilities. Whether you have an art background or not, be guided with ease into this two dimensional medium. Using the simplest of images, explore one or more art processes to create your own unique art. From miniature works of art on paper to delicate wall hangings on semi-transparent silk, we’ll cover them all and look at unique methods of display. This is your chance to explore and have fun with simple tools often used in the world of printmaking. Find out how easy it is to use various combinations of mark-making, stencil, relief work and other options, while gaining a greater understanding of the use of colour. This process is ideal for the home or studio as no elaborate equipment is required. All supplies and equipment are included in the course fee. All you need to bring is a bag lunch, a notebook and pencil and some workshop clothing.

**Watercolour Pencils and Pigment Bars**

Dates: Saturday and Sunday, Feb. 16 and 17  
Time: 10 am to 3:30 pm  
Duration: 2 sessions  
Fee: $150 plus $7.50 GST (includes materials)  
Code: ASVA088 2019S W01

The watercolour pencil offers the best of both worlds - both wet and dry medium in one! Art background or not, be guided with ease through a great variety of creative alternatives using this two-dimensional medium.

In easy-to-follow steps, this introductory course covers three components:

- Creating imagery onto wet paper, drawing the image, using colour pencils and then adding a water component to vary the imagery.
- Discovering unique options such as spatter colour combinations, embossing, burnishing and ink applications. These techniques will be demonstrated and readily available to explore during the workshop.
- Explore the basics of how to approach colour, while rendering images using various mark-making techniques using multiple watercolour pencils.

Instructor: Jennifer Whitford Robins (see bio under Yes, You Can Draw!)
Exploring Colour
Dates: Saturdays, March 16 to 30
Time: 1 to 4 pm
Duration: 3 sessions
Fee: $145 plus $7.25 GST (includes supplies)
Code: ASVA105 2019S W01
We take colour for granted in everyday living. It helps us identify objects and products, it orients us in our environment and enhances our sense of beauty. But colour is also a medium to create new images and to express thoughts and emotions. Working with crayons, watercolours, oils, pastels and pigments, we will use a variety of colours to create art that conveys our thoughts and emotions. To deepen our understanding of this medium, we'll compare and contrast the results of our work. Some basic supplies are included in the cost of the course, however, please bring something to work on (paper, cardboard, canvas, wood) and, if you wish, whatever sources of colour you have used before. Please note: this course is limited to 10 students.

Instructor: Hermann Schmitt
Instructor: Hermann Valentin Schmitt has been producing art since the early 1960s in his native Germany and is founder of the Art and Media Institute Berlin.

For more VISUAL ARTS, please see:
The Altered Image under Photography

FOR MORE INFO:
Visual Arts
250-721-7797
art.sci@uvic.ca
continuingstudies.uvic.ca/visual

WRITING AND LITERATURE

Writing for Children: Releasing the Child Within
Dates: Wednesdays, Jan. 30 to March 6
Time: 6:30 to 9 pm
Duration: 6 sessions
Fee: $140 plus $7 GST
Code: ASWL041 2019S W01
Do you long to write picture books for children or stories for young adults, but don’t know where to start? Join us in exploring the delicate art of writing compelling stories in few words. Activities and discussion will focus on techniques for building character, setting, plot and perspective, and crafting an exciting story for young audiences. We will practice writing techniques, examine successful children’s books and discover why it is important to be aware of the child as audience. You will also learn what editors look for in a cover letter, and how manuscripts should be formatted for submissions to a publisher. Come with enthusiasm and bring your ideas.

Instructor: Carol Ann Sokoloff (BA, English language and literature)
Carol Ann Sokoloff, recipient of the Peabody Award for educational radio, is a poet, author, editor and songwriter. Author of two picture books and editor of the Cherubim Books imprint, she enjoys sharing the imaginative world of children’s literature and the excitement of the writing process.

Write Now! A Creative Writing Survey
Dates: Thursdays, Jan. 31 to March 7
Time: 6:30 to 9 pm
Duration: 6 sessions
Fee: $140 plus $7 GST
Code: ASWL064 2019S W01
This course gives both new and experienced writers the opportunity to examine and experiment with a variety of literary forms. There will be in-class writing and suggested weekly assignments to nurture the writing genie! New writers will investigate numerous genres as they develop voice and style, exploring poetry, fiction, non-fiction, drama and songs. Experienced writers will find renewed creativity from trying new approaches.

Instructor: Carol Ann Sokoloff (see bio under Writing for Children: Releasing the Child Within)

Chronicling the Stories of Your Life
Dates: Saturdays, Feb. 9 to March 16
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 6 sessions
Fee: $115 plus $5.75 GST
Code: ASWL089 2019S E01
“Our stories are bigger than ourselves. Future generations will have lots of sources for the official history … But to understand the way people experienced that history, they need our stories.” (Paul Willcocks)

Your life represents an incomparably unique story. It is a singular reflection of an unparalleled human journey that begs to be recalled and documented.

This workshop will encourage you to examine experiences and central themes in your life. Through short presentations, guided writing exercises, and small group discussions, you will have an opportunity to:

• sharpen your memories of pivotal and interesting events in your life;
• share your stories with others in ways that encourage exploration and understanding;
• begin the documentation of key aspects of your life story;
• have fun learning, writing and sharing;
• explore options for the continuance of your life story journey.

Instructor: Faye Ferguson (BSc, MA, MSc)
Faye Ferguson provides life story facilitation services to individuals throughout the greater Victoria region. She firmly believes that every life is compelling and worthy of documentation. In her workshops she encourages and assists individuals to capture the significant memories and experiences of their lives in a form that will keep those stories alive for generations.

Instructor: Faye Ferguson (BSc, MA, MSc)
Faye Ferguson provides life story facilitation services to individuals throughout the greater Victoria region. She firmly believes that every life is compelling and worthy of documentation. In her workshops she encourages and assists individuals to capture the significant memories and experiences of their lives in a form that will keep those stories alive for generations.
Writing Historical Fiction

Dates: Tuesdays, Feb. 12 to March 19
Time: 6:30 to 9 pm
Duration: 6 sessions
Fee: $140 plus $7 GST
Code: ASWL094 2019S C01

Do you know of an unsung hero from the past? Are you a fan of historical fiction and do you long to create your own narratives? In this class, we will focus on finding stories from the past that are crying out to become compelling historical fiction. We will learn about the challenges and joys of research, the creation of world-views, the development of believable dialogue, and the role of setting and writing style in creating your own unique vision of the past. For inspiration, we will look at the various genres of historical fiction: thrillers, mysteries, literary novels, YA, supernatural and steampunk. Classes will be divided into lectures and discussions, and the workshop of one page assignments that will lead towards the final assignment of the completion of a short story or the first chapter of a novel.

Instructor: Claire Mulligan

Claire Mulligan is the author of two novels of historical fiction: The Reckoning of Boston Jim (Giller Prize and BC Book Prize nominee) and The Dark (Canadian Author Award nominee). Her award-winning short stories have been published in over a dozen literary magazines such as Writers Magazine, The Hourglass, The Tulane Review, The Antagonist Review, and Grain. Claire recently completely MFA in screen-writing and adaptation. She is at work on her first short film.

NEW Writing Your Sacred Story: The Practice of Spiritual Memoir

Dates: Thursdays, March 14 to April 18
Time: 7 to 9 pm
Duration: 6 sessions
Fee: $140 plus $7 GST
Code: ASWL102 2019S W01

This class provides an opportunity for writers at all levels, from beginners to experienced wordsmiths, to engage in the practice of spiritual memoir. Through writing exercises, reading from well-known works of spiritual memoir, and group dialogue we will explore how the ordinary experiences of our lives—triumphs, trials—confusions, longings, and so-called mistakes are part of the patterned fabric of a sacred story. Every spiritual memoir reaches into mystery using the material of the past and present to gain a deeper understanding of the mythic dimensions of our existence. Using a variety of writing prompts and activities for reflection, and beginning with the practice of beginner’s mind as a point of departure for writing, each week we will explore a separate strand of the fabric of our life story.

Instructor: Jane Dawson (PhD)

Jane Dawson is an Associate Fellow in the Centre for Studies in Religion and Society at UVic. She is a writer, educator, and spiritual director. Jane approaches writing as a creative and spiritual practice for exploring questions of identity, meaning and purpose. She has recently published a memoir titled Thirst: A Life History of Desire.

Documenting Your Legacy of Wisdom

Dates: Saturdays, March 30 to April 20
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 4 sessions
Fee: $80 plus $4 GST
Code: ASWL086 2019S E01

“You have lived and learned in your own special way, and you have important thoughts, experiences and feelings to pass on to those around you.” (Robert Flashman)

Most of us have a Last Will and Testament for the legal allocation of our possessions, but few of us prepare equally important documents that outline the values, wisdom, and personal reflections we truly want to pass on to others. The preparation of legacy correspondences, is an effective way to achieve this important task. These documents may well be the most cherished and meaningful gifts you can give to family, friends or community.

Instructor: Faye Ferguson (see bio under Chronicling the Stories of Your Life)

Rumi, Hafiz and the Mystic Poets of Persia

Dates: Wednesdays, May 1 to June 19
Time: 7 to 9 pm
Duration: 8 sessions
Fee: $140 plus $7 GST
Code: ASWL082 2019K C01

How did a 13th century poet writing in Farsi, the language of Persia, become the best-selling poet of the present day? The poet Rumi was one of several luminaries of a golden age of Persian literature. Along with near contemporaries Hafiz, Khayyam, Attar and Sa’adi, all were steeped in Sufi philosophy which lends a timeless relevance and meaning to their work. The Sufi’s approach of direct experience and universal wisdom often led to persecution by the ruling clergy, so Sufis turned to poetry to pass on their knowledge, hiding meaning in symbol and metaphor. The class will explore the mystical poetry of these poets (in various English translations), delving into Jelaluddin Rumi’s Mathnawi, Hafiz’s Divan, The Rubaiyat of Omar Khayyam, Fariddudin Attar’s Conference of the Birds and The Rose Garden of Sa’adi, in relation to Sufi thought and practice.

Instructor: Carol Ann Sokoloff (see bio under Writing for Children: Releasing the Child Within)

NEW Writing for Screen

Dates: Thursdays, May 16 to June 20
Time: 6:30 to 8 pm
Duration: 6 sessions
Fee: $95 plus $4.75 GST
Code: ASWL101 2019K W01

This screenwriting workshop explores the fundamental aspects of dramatic writing. You will learn how to format a script, storyboard, write authentic dialogue and get to know your characters. Each class will begin with a brief discussion regarding the craft of storying, for which there may be light reading assigned the week prior. This course is open to anyone who is interested in honing their writing skills and developing a new or on-going project. The workshop is a collaborative, community-forming space for those who either have a long-standing project, or simply need the push to get an idea on the page. Participants can expect to receive in-depth feedback on their work along with practical production tips.

Instructor: Amanda Merritt (MFA)

Amanda Merritt completed her Bachelor of Arts degree in creative writing at the University of Victoria, her hometown. Recently, she completed her Master of Fine Arts degree in poetry at the University of St. Andrews, Scotland. Her book titled The Divining Pool was published by Wundor Editions in October 2017. Amanda’s work has also been published in journals such as Descant, Prairie Fire, Qwerty, Stand, Grain and Aesthetica. Amanda teaches creative writing in all four genres in community and continuing education settings throughout Victoria.

FOR MORE INFO:
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continuingstudies.uvic.ca/writing
Your first point of contact at Continuing Studies is our Student Services team. With a friendly, helpful demeanor and a combined six decades of experience, they are an irreplaceable unit within the division. So stop by and say hi!

SHEILA TAYLOR
Has worked here: 19 years

After a long day at the office, how do you unwind? I love spending time with my grandchildren, listening to music, and enjoying delicious home-cooked dinners with my husband.

What interesting hobbies do you have? I like to use chalk paint to give old ugly furniture a facelift.

I cringe when... I have to eat sea creatures.

NYKITA DOWNIE
Has worked here: 6 months

After a long day at the office, how do you unwind? I go home, let my two huskies out in the yard, leash them up and take them to the beach.

What’s your guilty pleasure food? It would have to be sushi, I can eat it forever. There is so many variations of it that it is hard to get bored.

My dream vacation is... To travel around the world, I want to visit everywhere!

ANGEL ANTONIO
Has worked here: 1.5 years

After a long day at the office, how do you unwind? I prefer to unwind by training/ teaching Jiu Jitsu or training at my CrossFit gym.

Which famous person (dead or alive) would you like to have dinner with? Michael Jackson. I loved his music and his performances. It would have been cool to get to know him.

Happiness is... Waking up in the morning after sleeping in, having a cup of coffee served to you in bed and playing an awesome video game.

KATIE MCDONALD
Has worked here: 9.5 years

What’s the best thing about your job? My amazing, funny coworkers.

How do you fill your spare time? I love going for brunch on weekends and I just started rock climbing.

My dream vacation is... Travelling through Europe. Experiencing the culture, food, and people and taking as many photos as I can.

ALESHA AKOURI
Has worked here: 13 years

What do you keep on your desk, and what does it mean to you? Helping students from all around the world, we are...
lucky to receive little mementos from students when they visit us. We all have little tokens of appreciation from all over the globe.

**How do you fill your spare time?** One word…MOM. Having little humans takes a lot of my time. When I’m not chauffeuring the littles to their activities, playdates etc, I like to take time for myself, working out, connecting with friends, date night with my hubby or splurging and hopping on the ferry to go to a concert.

**Batman or Superman…** Neither, but put an Avenger on that list and I’m a happy lady!

**CHRISTA KUTZNER**
**Has worked here:** 21 years

**Who would you consider your most influential mentor? Why?** My father! He taught me patience, to be a good listener, “what goes around – comes around.”

**How do you fill your spare time?** Gardening and enjoying spending time in the kitchen; cooking for family/friends.

**Happiness is…** When spring is here and summer is coming. Sitting on my patio, with a glass of wine/cider enjoying the peace and quiet.

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Members get all the perks!
A membership gives you the ultimate value. Get unlimited admission to our core galleries and feature exhibitions, including

**Egypt: The Time of Pharaohs**
Closes December 31, 2018

**Wildlife Photographer of the Year**
February 15 – March 24, 2019

**Maya: The Great Jaguar Rises**
May 17 – December 31, 2019

Join today at rbcm.ca/join

The exhibition has been produced as a joint venture between MuseumsPartner and the Royal BC Museum, with lending partners including the most relevant museums and collections of Guatemala and the support of the Guatemala Ministry of Culture and Sports.
Our business courses have a proven track record for providing the essentials and credentials to make you and your organization an even greater success. Whether you are an employee or an employer, or whether you want to specialize or acquire a broader understanding of business practices, we can help you achieve your goals, anticipate problems and opportunities, and prepare for change. The following courses can be taken on an individual basis or as part of the certificate or diploma programs in Business Administration (CBA or DBA). Specific business courses are accredited by the Canadian Institute of Management (CIM).

**Business Writing**

| Dates: | Monday to Friday, Jan. 8 to 17 |
| Time: | 9 am to 4:30 pm |
| Duration: | 8 sessions |
| Domestic Fee: | $595 |
| International Fee: | $695 |

Those wishing to assess and add to their business writing skills will find this course a confidence builder. Developing the self-assurance to communicate effectively in the workplace will be the main objective, and students will benefit from the practical approach to building these skills. They will identify the characteristics of effective communication and learn how to successfully critique business documents.

A repeatable writing process and strategic planning guides for specific applications will be introduced and practised through in-class learning activities. Peer support and feedback will be emphasized. Business communication formats covered will include letters, memos, business reports and email.

**Optional:** Three-Day Presentation Skills Workshop (must take Business Writing course Jan. 8 to 17 to enroll in this workshop)

| Dates: | Jan. 25 to 29 |
| Time: | 9 am to 4:30 pm |
| Duration: | 3 sessions |
| Domestic Fee: | $200 |
| International Fee: | $250 |

Please note that this is not a remedial English language course and that students are expected to have a good grasp of secondary school composition skills.


Instructor: Murray Cornish (BA)
### Business Administration

**Dates:** Jan. 14 to April 12  
**Duration:** 13 weeks  
**Fee:** $595  
**Code:** BMBA100 2019S D01  
This course introduces you to the nature and scope of decision making in business, and provides an overview of the functional areas of management, finance, marketing and organizational behaviour. Using a business case approach, you will develop a personal framework for defining and analyzing business problems and developing solutions and plans of action.  
Note: We strongly recommend you take this certificate course first in your program of studies.  
**Textbook:** Coursepack (required)  
**Instructor:** Rhordon Wikramatilleke (BA, MPA, PhD)

### Human Resource Management

**Dates:** Mondays, Jan. 14 to April 15  
(no class Feb. 18)  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Domestic Fee:** $495  
**International Fee:** $595  
**Code:** BMBA150 2019S C01  
This course focuses on personnel and human resource management in a Canadian setting. Topics include: planning staff recruitment within a business, job design, recruitment and selection, performance appraisal, employee compensation and benefits, staff development and training, health and safety issues, employee rights and labour relations.  
**Instructor:** Cheryl Thomas (M.S., B.Sc.)

### Interpersonal Business Communications

**Dates:** Jan. 14 to April 12  
**Duration:** 13 weeks  
**Fee:** $595  
**Code:** BMBA120 2019S D01  
The primary objective of this course is to assist you to improve the effectiveness of your interpersonal business communication skills. Topics include the communication process, perception, self-assessment, conflict, relationships, language and needs, beliefs and values. Emphasis is placed on developing effective approaches to personal and professional relationships.  
**Textbook:** LOOK: Looking Out, Looking In (3rd Cdn Ed), by Adler (required)  
**Instructor:** Don Caplan (BA, MEd)

### Operations Management

**Dates:** Mondays, Jan. 14 to April 15  
(no class Feb. 18)  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Domestic Fee:** $495  
**International Fee:** $595  
**Code:** BMBA260 2019S C01  
This course covers the basics of operations, the challenges encountered and the techniques required to effectively meet these challenges. The emphasis is on the service industry, but the knowledge gained is also applicable to the manufacturing industry, or support departments within the organization. Topics covered include: the characteristics of operations, process planning, facility location and layout, capacity management, scheduling, material management, human resources and quality.  
**Textbook:** Coursepack (required)  
**Instructor:** Ari Vainionpää (BA, MBA)

### Small Business Management

**Dates:** Mondays, Jan. 14 to April 15  
(no class Feb. 18)  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Domestic Fee:** $495  
**International Fee:** $595  
**Code:** BMBA290 2019S C01  
This course provides a systematic framework for recognizing the commercial potential of a product or service and for creating and managing a small business to bring that product or service to market. The characteristics of entrepreneurial activity and small business management will be explained and illustrated through lectures and related case studies. You will be expected to develop your ideas for a small business into a well-conceived and researched feasibility study and a management plan to implement your product or service. Topics include: strategic planning, venture development, market research, business plans, finance, production management, legal issues, organizational structures and management systems.  
**Textbook:** Canadian Entrepreneurship and Small Business Management, 10th Edition (required)  
**Instructor:** Frank Leonard (BA, MA)

### Strategic Leadership

**Dates:** Jan. 14 to April 12  
**Duration:** 13 weeks  
**Fee:** $595  
**Code:** BMBA410 2019S D01  
The objective of this course is to create an awareness of what constitutes the process of leadership, and the skills needed to effectively lead in a complex and constantly changing environment. This course is competency based, and emphasizes five essential elements: taking charge, strategic visioning, communications, teamwork and integrity.  
**Textbook:** HBR’s 10 Must Reads On Leadership, by Harvard Business Review (required)  
**Instructor:** Brian Leacock (MBA)

### Business Writing and Presentation Skills

**Dates:** Tuesdays, Jan. 15 to April 9  
**Time:** 7 to 10 pm  
**Duration:** 13 sessions  
**Domestic Fee:** $495  
**International Fee:** $595  
**Code:** BMBA110 2019S C01  
Those wishing to assess and add to their business writing skills will find this course a confidence builder. Developing the self-assurance to communicate effectively in the workplace will be the main objective, and students will benefit from the practical approach to building these skills. They will identify the characteristics of effective communication and learn how to successfully critique business documents. A repeatable writing process and strategic planning guides for specific applications will be introduced and practised through in-class learning activities. Peer support and feedback will be emphasized. Business communication formats covered will include letters, memos, business reports and email. Please note that this is not a remedial English language course and that students are expected to have a good grasp of secondary school composition skills.  
**Textbook:** Essentials of Business Communication BMBA110 – Custom Textbook, by Guffey (required)  
**Instructor:** Chris Simons
**Employment Law and Labour Relations**

**Dates:** Tuesdays, Jan. 15 to April 16 (no class Feb. 19)

**Time:** 7 to 10 pm

**Duration:** 13 sessions

**Domestic Fee:** $495

**International Fee:** $595

**Code:** BMBA210 2019S C01

This course is intended to combine employment relations theory, practice and skills acquisition within an integrated framework. We'll examine the historical roots of the present-day Canadian LR system, and then explore the current governing legislative regimes (in particular, the BC Labour Relations Code), and the contemporary role of collective bargaining as both a sociopolitical and an economic force in Canadian society. Course components include readings, cases, experiential exercises (including full-scale collective bargaining and grievance arbitration simulations), class discussion, guest speakers (depending on availability) and lectures.


**Instructor:** Mark Bridge

**Financial Accounting**

**Dates:** Wednesdays, Jan. 16 to April 10

**Time:** 7 to 10 pm

**Duration:** 13 sessions

**Domestic Fee:** $495

**International Fee:** $595

**Code:** BMBA140 2019S C01

This course introduces you to the essential accounting principles and techniques used in reporting and analyzing the financial aspects of a business. Particular emphasis is placed on developing a practical understanding of the preparation and interpretation of financial statements.


**Instructor:** Betty Weber (BA, BCom, MBA)

**Marketing Communications**

**Dates:** Wednesdays, Jan. 16 to April 10

**Time:** 7 to 10 pm

**Duration:** 13 sessions

**Domestic Fee:** $495

**International Fee:** $595

**Code:** BMBA330 2019S C01

Marketing Communications builds skills based on the promotion strategy concepts introduced in the Marketing course. In this course you will further explore the promotional mix, including a comprehensive review of advertising, promotion and public relations from a strategic perspective. Specific strategies to be studied include the use of special events; speeches and presentations; brochures, posters and other print media; mass media; public relations tools; paid advertising, including television, radio, newspaper and other media; and special promotion and ancillary strategies. Through project work, you will build skills in developing and implementing a workable, cost-effective promotional plan. Field work and group work may be required.

**Instructor:** Joan Yates (BA, CertPR, APR)

**Management Computing**

**Dates:** Thursdays, Jan. 17 to April 11

**Time:** 7 to 10 pm

**Duration:** 13 sessions

**Domestic Fee:** $590 (plus $25 for coursepack)

**International Fee:** $690 (plus $25 for coursepack)

**Code:** BMBA200 2019S C01

This course enables managers, professionals and business people to become educated users of computers. During the course, you will have the opportunity to develop computer applications based on word processing, spreadsheet and presentation software that you may use both in your day-to-day business activities and in other courses in the Certificate in Business Administration program. In hands-on lab sessions you will learn to use Word for Windows, Excel for Windows and PowerPoint.

Textbook: Course booklet distributed in class

**Instructor:** Tim Smith

**Management Consulting**

**Dates:** Thursdays, Jan. 17 to April 11

**Time:** 7 to 10 pm

**Duration:** 13 sessions

**Domestic Fee:** $495 (plus $85 for textbook distributed in class)

**International Fee:** $595 (plus $85 for textbook distributed in class)

**Code:** BMBA310 2019S C01

This course serves as a foundation course for those of you intending to enter into the management consulting field on a full- or part-time basis. During this course you should expect to research and develop a business plan for a consulting practice in a field of your own choosing. Topics include: professional management consulting in Canada, the management consulting process, organization and management of a consulting practice, legal issues, professional ethics, business planning, marketing, networking, client service, quality control, and personal career development and management.


**Instructor:** Reg Beniac (BA Econ, MBA, CMA)

**Marketing**

**Dates:** Monday to Friday, Feb. 12 to 19

**Time:** 9 am to 4:30 pm

**Duration:** 5 sessions

**Domestic Fee:** $595 (plus $25 for coursepack)

**International Fee:** $595 (plus $25 for coursepack)

**Code:** BMBA240 2019S E02

Marketing has two essential functions: to identify and to satisfy a buyer's needs. In this introduction to marketing management, we will examine the concepts and techniques used by business to perform these functions. Topics include: target market definition; buyer behaviour; demand forecasting; pricing and communication strategies; marketing research and market planning and organization.

**Instructor:** Cheryl Fitzpatrick
Instructor: Doug Taylor (BA, MSc, CITP)
Textbook: No text required

and establishing operations.

business in global markets, trade agreements, reaching global markets, forces impacting doing

importance of operating globally, strategies for doing so will become increasingly important

throughout the 21st century. Topics include: the environment requires more than highly

working in a complex global business
technically managed skills. Global trade is vital as companies look at how to grow their business, and the management skills required to do so will become increasingly important throughout the 21st century. Topics include: the importance of operating globally, strategies for reaching global markets, forces impacting doing business in global markets, trade agreements, and establishing operations.

Textbook: No text required
Instructor: Doug Taylor (BA, MSc, CITP)

International Business

Dates: Monday to Friday, March 18 to 22
Time: 9 am to 4:30 pm
Duration: 5 sessions
Domestic Fee: $595
International Fee: $695
Code: BMBA430 2019S E02

Business Ethics

Dates: May 6 to Aug. 2
Duration: 13 weeks
Domestic Fee: $495
International Fee: $595
Code: BMBA440 2019K D01

The objective of this course is to explore, from an ethical point of view, the relations of a corporation with its stakeholders. It examines important areas such as corporate governance and social responsibilities from both a pragmatic business and ethical point of view. Additionally, a corporation’s ethical responsibilities to its employees, customers and the global marketplace are examined. Course delivery includes short lectures, case studies and several appropriate movies.

Textbook: Required coursepack
Instructor: Reg Beniac (BA Econ, MBA, CMA)

Organizational Behaviour

Dates: Mondays, May 6 to Aug. 2
Duration: 13 weeks
Fee: $595
Code: BMBA130 2019K D01

This course focuses on the human dimension of management and is intended to provide you with an understanding of how human behaviour influences the development and operation of organizations. Topics include motivation, leadership, power, group behaviour, decision making and the dynamics of interpersonal relations in an organizational setting.

Instructor: Brian Leacock

Interpersonal Business Communications

Dates: Tuesdays, May 7 to July 9
Time: 6 to 10 pm
Duration: 10 sessions
Domestic Fee: $495
International Fee: $595
Code: BMBA120 2019K C01

The primary objective of this course is to assist you to improve the effectiveness of your interpersonal business communication skills. Topics include the communication process, perception, self-assessment, conflict, relationships, language and needs, beliefs and values. Emphasis is placed on developing effective approaches to personal and professional relationships.

Instructor: TBA

Business Writing

Dates: Monday to Friday, May 7 to 16
Time: 9 am to 4:30 pm
Duration: 8 sessions
Domestic Fee: $595 ($200 for workshop, $250 for workshop)
International Fee: $695 ($200 for workshop, $250 for workshop)
Code: BMBA110 2019K E02

Those wishing to assess and add to their business writing skills will find this course a confidence builder. Developing the self-assurance to communicate effectively in the workplace will be the main objective, and students will benefit from the practical approach to building these skills. They will identify the characteristics of effective communication and learn how to successfully critique business documents.

A repeatable writing process and strategic planning guides for specific applications will be introduced and practised through in-class learning activities. Peer support and feedback will be emphasized. Business communication formats covered will include letters, memos, business reports and email.

Optional: Three-Day Presentation Skills Workshop (must take Business Writing course May 7 to 16 to enroll in this workshop)

Dates: May 27 to 29
Time: 9 am to 4:30 pm
Duration: 3 sessions
Domestic Fee: $200
International Fee: $250

Please note that this is not a remedial English language course and that students are expected to have a good grasp of secondary school composition skills.

Textbook: Essentials of Business Communication
BMBA110 – Custom Textbook, by Guffey (required)
Instructor: Murray Cornish (BA)

Social Marketing and E-Commerce

Dates: Wednesdays, May 8 to July 10
Time: 6 to 10 pm
Duration: 10 sessions
Domestic Fee: $590
International Fee: $690
Code: BMBA450 2019K C01

This course introduces you to the electronic marketplace and the rapidly developing field of e-commerce. Combining lectures and seminars, the course provides the foundation for both the practice and theory of doing business over the Internet. We will cover topics such as: web-based business models; privacy and security concepts which are stressed from a business perspective; and technology, applications and trends in social marketing. Electronic payment systems will be explored.

Instructor: Emma Lecours (BSc Physics)

Change Management

Dates: Monday to Friday, June 3 to 7
Time: 9 am to 4:30 pm
Duration: 5 sessions
Domestic Fee: $495
International Fee: $595
Code: BMBA380 2019K C01

Change management is all about executing strategies to achieve goals and objectives. This course focuses on managing the motivation, the behaviours, the business controls and the work environment in order to introduce, stabilize and normalize changes that are necessary to implement new strategies. Topics include the types of change, change planning, organizational readiness, pacing, prioritizing objectives, monitoring progress and business controls, behavioural vs. non-behavioural considerations, leading change and change execution.

Textbook: Required custom coursepack. Please purchase from the UVic Bookstore.
Instructor: Cheryl Fitzpatrick
Marketing

Dates: Tuesday to Monday, June 11 to 17
Time: 9 am to 4:30 pm
Duration: 5 sessions
Domestic Fee: $595 (plus $25 for coursepack)
International Fee: $695 (plus $25 for coursepack)
Code: BMBA240 2019K C01

Marketing has two essential functions: to identify and to satisfy a buyer's needs. In this introduction to marketing management, we will examine the concepts and techniques used by business to perform these functions. Topics include: target market definition; buyer behaviour; demand forecasting; pricing and communication strategies; marketing research and market planning and organization.

Instructor: Cheryl Fitzpatrick

Negotiation Skills

Dates: Monday to Friday, June 24 to 28
Time: 9 am to 4:30 pm
Duration: 5 sessions
Domestic Fee: $495 (plus $40 textbook)
International Fee: $595 (plus $40 textbook)
Code: BMBA320 2019K C01

This course will enable you to develop more effective negotiation skills in your work settings. It is particularly suitable for managers who would like to improve the negotiating aspect of their work, or who are becoming more actively involved in negotiating roles. You will explore stages of negotiation and a variety of negotiation techniques, as well as alternatives to negotiation through activities, including case studies and scenarios. The course is suitable for persons in all types of organizations, including for profit and non-profit (government, not for profits, crown corporations and agencies, education, etc.). The course will be of high interest to: all levels of managers in large organizations; persons who have a management role in smaller organizations; organizations seeking to improve team working relationships; and any person who wants to improve their personal negotiations skills.

Textbook: Textbook will be handed out in class.

Instructor: Peter Johnston

Strategic Leadership

Dates: Monday to Friday, June 24 to 28
Time: 9 am to 4:30 pm
Duration: 5 sessions
Domestic Fee: $495
International Fee: $595
Code: BMBA410 2019K C01

The objective of this course is to create an awareness of what constitutes the process of leadership and the skills needed to effectively lead in a complex and constantly changing environment. This course is competency based, and emphasizes five essential elements: taking charge; strategic visioning; communications; and teamwork and integrity. A variety of approaches are used in the delivery of the course. Selected movies bring to life in the classroom different leaders from a variety of backgrounds. In addition to discussing these leaders, short lectures develop in more depth the elements of leadership. Role-playing and other experiential exercises demonstrate some of the skills that are required to lead effectively.

Textbook: Required UVic coursepack: BMBA410 2019K C01 Strategic Leadership Course Readings, Cheryl Fitzpatrick

Instructor: Cheryl Fitzpatrick

Operations Management

Dates: Monday to Friday, July 8 to 12
Time: 9 am to 3:30 pm
Duration: 5 sessions
Domestic Fee: $495
International Fee: $495
Code: BMBA260 2019K C01

This course covers the basics of operations, the challenges encountered and the techniques required to effectively meet those challenges. The emphasis is on the service industry, but the knowledge gained is also applicable to the manufacturing industry, or support departments within the organization. Topics covered include: the characteristics of operations; process planning; facility location and layout; capacity management; scheduling, material management; human resources and quality.

Textbook: Required coursepack: BMBA260 C01 Operations Management Course Readings, Ari Vainionpaa

Instructor: Ari Vainionpää (BA, MBA)

Leadership Skill Development

Dates: Monday to Friday, July 8 to 12
Time: 9 am to 3:30 pm
Duration: 5 sessions
Domestic Fee: $495
International Fee: $595
Code: BMBA420 2019K C01

I've talked to him three times already, and he's still coming to work late! "They've made an effort to improve, but the results haven't changed!" There's nothing I can do. He's a member of the union!" It's all about keeping employees engaged and motivated and about getting results! This activity rich course provides students opportunities to learn about and Practice effective and targeted management techniques to bring out the best in their work teams. It also addresses methods to address issues and to manage challenges in the workplace that require coaching or correction. Focused on applying situational management concepts to real life situations, this program will help students to grow confident in their supervisory abilities, and to be better prepared for management opportunities or roles.

Textbook: Coursepack

Instructor: Cheryl Fitzpatrick

International Business

Dates: Monday to Friday, July 15 to 19
Time: 9 am to 4:30 pm
Duration: 5 sessions
Domestic Fee: $495
International Fee: $595
Code: BMBA430 2019K C01

Today's rapidly changing and complex global business environment necessitates the need for highly competent management skills. Global trade is vital as companies look at how to grow their business, and the management skills required to do so will become increasingly important throughout the 21st century. This course covers the importance of operating globally, strategies for reaching global markets, the forces impacting doing business in global markets, trade agreements and establishing global operations.

Textbook: no text required

Instructor: Doug Taylor (BA, MSc, CITP)
### Professional Sales Skills

**Dates:** Monday to Friday, July 22 to 26  
**Time:** 9 am to 4:30 pm  
**Duration:** 5 sessions  
**Domestic Fee:** $495  
**International Fee:** $595  
**Code:** BMB270 2019K C01

Focusing on relationship selling, this course is an introduction to, review of, and update on the selling process from prospecting to close. Particular emphasis is placed on customer needs and service. This course will be of interest to those contemplating a career in sales and sales professionals wishing to learn, share and exchange ideas on their chosen career. Topics include: selling as a profession; social and ethical issues; buyer behaviour; preparation for relationship selling; the relationship selling process; time management; negotiation skills and other keys to a successful sales career.

**Instructor:** Rhordon Wikkramatileke (BA, MPA, PhD)

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### Finance

**Dates:** Monday, to Friday, July 22 to 26  
**Time:** 9 am to 4:30 pm  
**Duration:** 5 sessions  
**Domestic Fee:** $495  
**International Fee:** $595  
**Code:** BMB270 2019K C01

This course introduces issues that face financial managers and describes the environment in which they must operate (organizational, legal, social and financial). You have the opportunity to study business finance problems in depth in order to acquire a deeper understanding of financial management.

**Instructor:** Ari Vainionpää (BA, MBA)

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### Economics

**Dates:** Monday to Friday, July 29 to Aug. 2  
**Time:** 9 am to 4:30 pm  
**Duration:** 5 sessions  
**Domestic Fee:** $495  
**International Fee:** $595  
**Code:** BMB270 2019K C01

This course provides an overview of Canadian micro- and macroeconomics. Topics include: the theory of supply and demand; competitive markets; cost curves; production choices and costs; characteristics of monopolies and oligopolies; economic efficiency in the allocation of resources and markets, national output and determinants of gross national product; investment, money, prices and inflation; goals of economic policy; and international trade.

**Textbook:** no textbook required.

**Instructor:** Doug Taylor (BA, MSc, CITP)

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### Business, Management and Leadership

### Computing and Technology

### Systems Analysis and Design

**Dates:** Jan. 7 to April 5  
**Duration:** 13 weeks  
**Fee:** $695  
**Code:** TEB401 2019S D01

How do we make information systems work better for users? What are the best practices for understanding business needs and designing effective systems? Work with a systems expert, who will introduce you to the methodologies in system design. You will gain a comprehensive introduction to systems analysis and design and a working knowledge of its relationship to mainstream business and project management. Learn about: the practice of systems methodologies; the roles and elements involved in system development, implementation and support; and how to avoid the common causes of project failure. Complete applied assignments to learn how to select a project from a portfolio and propose appropriate methodologies and management techniques for its implementation. The online format of the course lets you study from anywhere, anytime.

**Textbook:** no textbook required

**Instructor:** Jason Campbell (MSc Information Systems)

Jason Campbell is an industrial researcher working in Geomatics and Remote Sensing. He has over 15 years’ progressive experience devising theory and leading development of systems supporting all aspects of the data life cycle.
NEW Online Marketing in 10 Easy Steps

Date: Tuesday and Thursday, Jan. 22 and 24
Time: 6 to 9 pm
Duration: 2 sessions
Fee: $65 plus $3.25 GST
Code: TECC007 2019S C01

Whether you have a business or are just curious about how companies market themselves in the digital space, this course will give you a great glimpse into the fascinating world of online marketing. Come and learn about topics such as branding, SEO, social media, email campaigns, and paid ads. The content is divided up into 10 easily-digestible steps. Various options will be presented to fit a variety of business types and budgets.

Instructor: Emma Lecours

Emma Lecours is Continuing Studies’ very own Web and Digital Marketing Specialist. Previously, Emma did freelance web design where she helped local businesses get their start on the web. In her free time, she enjoys flipping through magazines on her iPad, jogging and learning about new technologies.

NEW iPads 101: Get to Know Your iPad

Date: Sundays, Feb. 3 to 24 (no class Feb. 17)
Time: 10 am to noon
Duration: 3 sessions
Fee: $65 plus $3.25 GST
Code: TECC005 2019S C01

Is your iPad collecting dust on the shelf? Are you feeling frustrated whenever you’ve tried to put the iPad to good use? This course is exactly what you need! Whether you just removed the packaging or are looking for a refresher, this hands-on course will provide you with step-by-step instructions and explanations on how to work with your own device. You will become familiar with buttons and the screen of your iPad; customizing your iPad to your liking, connecting to WiFi, learning how to send email, how to surf the web using Safari, iPad security tips, as well as an introduction to apps.

Prerequisites: Students must bring their own iPad to class.

Instructor: Emma Lecours (see bio under Online Marketing in 10 Easy Steps)

NEW So, You Want to Make a Video Game?

Date: Saturdays, April 6 to May 11
Time: 2 to 4:30 pm
Duration: 6 sessions
Fee: $225 plus $11.25 GST
Code: TECC019 2019S C01

Feeling creative? How about making a video game? Video games are a convergence of so many creative components: art, music, environmental design, character development, animation, narrative, and yes, even code. Making a video game can be a wonderful and rewarding experience. Join our two experienced and passionate instructors who will guide you through the art and science of making your very first game. This course in game design is intended for people interested in 3D graphics or programming as a hobby, and those who would like to go from playing games to actually making them. Previous programming experience is not required, but you should know your way around a PC or Mac. Homework will not be assigned, but we hope that you practice at home. Module topics include: the Unity user interface and basic Unity concepts, creating an environment (level), an introduction to scripting, an in-depth look at game objects, the user interface, particle systems, animation, non-player characters, navigation, AI pathfinding, and performance optimization and deployment. Participants will work independently and we will have stretch goals for those interested in more in-depth instruction. Oh, and be prepared to have fun.

Prerequisites: Students must bring their own laptop (PC or Mac) and power cable. Students should download the following software to their laptops prior to the first class: Unity3D game engine with Visual Studio (available as a free download at https://unity3d.com/get-unity/download).

Instructor: Dylan Gedig (BSc Computer Science)

Dylan Gedig has been developing games for almost a decade, starting with text adventures and working up to releasing games for modern consoles. He loves designing and creating games because of the unique blend of technical problem solving and artistic creativity that it offers. Dylan enjoys nothing more than sharing this experience with others. Dylan’s favourite games are local-multiplayer games, or story-based adventures.

Instructor: David Ehret (PhD Plant Science)

David Ehret has been making video games as a hobby for about seven years; his games have been published on Steam and Google Play.

As a retired research scientist, his games are sprinkled with science themes. David is also an experienced teacher of undergraduate university courses.

FOR MORE INFO:
Computing and Technology
250-472-5442
bida@uvic.ca
continuingstudies.uvic.ca/computing

Interested in taking Public Relations courses? See page 23 of this calendar’s Programs booklet for specific admission requirements.
The English Language Centre (ELC) has been offering award-winning English language programs at UVic since 1970, and is now one of the largest on-campus English schools in Canada. Each year we welcome over 2,500 students from more than 35 countries for one to 12 months, depending on their needs and goals. Our dedicated teachers, staff and cultural assistants work together to create a supportive, challenging and fun environment for students to learn English and experience Canadian culture.

**Want to get involved?**

**Become a homestay host**

Take advantage of this wonderful opportunity to learn about another culture while supporting a student’s efforts to improve his/her English language skills.

We’re interviewing now to find new hosts! As a UVic Homestay host, you’ll have a unique opportunity to share your perspective on a Canadian lifestyle with young people from other countries. Make new friends, learn about other cultures, and join a very special group of people who want to make a difference in the world.

Our award-winning program staff support you every step of the way and qualifying hosts can receive up to $950/month. Contact us today and find out how to qualify.

Our hosts:
- Live within 60 mins. of UVic campus by public transit
- Provide an immersive English environment
- Offer students private furnished rooms

**Volunteer with us**

We welcome new volunteers to help our students develop English skills and adjust to life in Canada in as little as one week!

Classroom volunteers participate in activities with international students under the guidance of experienced EAL teachers. This is an ideal opportunity to meet people from different parts of the world and learn about other cultures.

Learning Centre volunteers can expect to chat with students and help them with homework assignments including reading, vocabulary and presentations. The conversation and cultural exchange that our Canadian volunteers offer provides a very special and memorable experience for our ELC students.

International Conversation Club volunteers will share English conversation and discuss Canadian culture with students from our English Language programs. Each drop-in session includes planned activities, conversation games, fun workshops and cultural or holiday-themed treats.

**Programs**

- 12-Week Intensive English (ELPI)
- Monthly English
- Summer Language and Culture
- Summer Language and Business Boost
- English for Professional Communication
- University Admission Preparation
- UVic Pathways
- TOEIC and IELTS Preparation (part-time only)
- Jason's World / Judy's World (self-study)

**Contact us:**

UVIC HOMESTAY  
250-472-4268  
homestay@uvcs.uvic.ca  
uvic.ca/elc/homestay

VOLUNTEER  
250-721-8469  
elc@uvcs.uvic.ca  
uvic.ca/elc/volunteer

ENGLISH LANGUAGE CENTRE  
250-721-8469  
elc@uvcs.uvic.ca  
uvic.ca/elc

/EnglishLanguageCentre  
/ELC_Uvic  
/EnglishLanguageUVIC  
/elc_uvic
Gain the perspective of new knowledge...

**Culture, Museums and Indigenous Studies**

### Heritage and Museum Studies

Interested in taking Heritage and Museum Studies courses? See pages 13 and 14 of this calendar’s Programs booklet for specific admission requirements.

### Indigenous Language and Culture

Interested in taking Indigenous Language and Culture courses? See page 4 of this calendar’s Programs booklet for specific admission requirements.

### Intercultural Education


- **Dates:** Wednesdays, Jan. 9 to April 3 (no class Feb. 20)
- **Time:** 4 to 7 pm
- **Duration:** 12 sessions
- **Fee:** $558.45
- **Code:** IET420 2019S C01

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**CULTURE, MUSEUMS AND INDIGENOUS STUDIES**

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This course will introduce participants to methods of theatre that can be used when working with marginalized or disempowered communities. You will participate in theatre and drama based exercises to develop an understanding of ‘theatre for development’ and ‘theatre of the oppressed’, which are two fundamental methods of Applied Theatre. Theoretical topics that will be explored are: theatre and participation, facilitator’s responsibilities applied theatre; ethical considerations when working with vulnerable and marginalized communities; measuring the impact of theatre work with communities; the role of the non-government organization (NGO) and its politico-economic implication of interventionist theatre.

Instructor: Taiwo Afolabi (PhD Candidate, UVic)

Taiwo Afolabi is a theatre practitioner who has taught and developed arts-based projects on array of social issues among diverse cultures and with community actors to engender safe and positive spaces for collaboration, communication and collective action. His doctoral research broadly focuses on forced migration, border, displacement and the role of arts in engendering effective resettlement for both refugees and internally displaced persons for citizen participation.

**Facilitating Intercultural Relationships**

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<th>Dates:</th>
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<tr>
<td>Time:</td>
<td>4 to 7 pm</td>
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<tr>
<td>Duration:</td>
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This course facilitates intercultural relationships within the context of deconstructing systemic structures and ideologies, which impact every aspect of our society as well as our personal world-views. Participants and instructors will engage critically, deeply and honestly. We will aim to facilitate and create a respectful community of learners using a dialogical (dialogue) model and an action-reflection process throughout classes and assignments. Topics for critical analysis include: equity, knowledge, leadership, privilege, race, class, identity, oppression, and social justice.

Instructor: Robyn Fila

Robyn Fila has been with UVic since 2007 and currently manages the international internship program at the Centre for Asia-Pacific initiatives. Robyn’s work focuses on migrant and refugee rights and engages with civil society organizations across South and Southeast Asia. She is responsible for partnership development, programming initiatives, education and training and monitoring and evaluation.

**FOR MORE INFO:**

Intercultural Education
250-721-8457
ie@uvic.ca
continuingstudies.uvic.ca/IE

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**February 1–7 | 2019**

**ALUMNI WEEK**

Thinkers, changers, difference-makers

Celebrate UVic grads and their impact in Victoria and around the world.

alumni.uvic.ca | @UVic_Alumni | #UVicAlumniWeek
Teaching English as a Foreign Language (TEFL)

Dates: Feb. 12 to May 16
Time: Tuesdays and Thursdays, 6:15 to 9:15 pm; Saturdays, 9 am to noon and 1 to 4 pm (full day) on Feb. 23, March 9, 23, April 6, 27 and May 4
Register by: Monday, Feb. 11
Duration: 34 sessions
Fee: $1,150 plus $57.50 GST
Code: EDTE125 2019S C01

International Students may be subject to nominal additional fees.

This 120-hour non-credit course is intended for people with little or no EFL teaching experience. It provides a survey of fundamental theoretical and practical concepts related to teaching English as a foreign language. By the end of the course you will have acquired knowledge, skills, strategies, and cultural awareness, and be familiar with the following: methodology for teaching the four skills (reading, writing, listening and speaking); second language acquisition theory; classroom organization, teaching and assessment techniques; understanding cultural diversity; teaching learning strategies to maximize learning in the classroom; and empowering learners to manage their own learning process.

Prerequisites: Previous teaching experience is not required. While not a formal prerequisite, we recommend that participants have previously completed a program of undergraduate study.

Students who are not native speakers of English must meet the following language proficiency requirements:

- TOEFL (iBT) score: 94
- TOEIC score: 850
- IELTS score 7.0

Textbook: Teaching by Principles, 4th edition
Instructor: TBA

FOR MORE INFO:
International Education
250-472-4507
tefl.admin@uvic.ca
continuingstudies.uvic.ca/TEFLcourse
The Division of Continuing Studies, in association with the Faculty of Education, works in partnership with schools and districts, teachers’ associations and communities to bring a rich and diverse range of credit and non-credit offerings to educators throughout BC. We offer:

- professional development workshops, credit courses, professional specialization certificates and credential programs
- flexible delivery: online and on site— evenings, weekends and on professional development days
- year-round programs: summer, fall and spring offerings

PROFESSIONAL DEVELOPMENT WORKSHOPS
Check our website for a range of professional development offerings: continuingstudies.uvic.ca/teacherprod or email: teacherprod@uvic.ca if you would like to be added to our email list so we can notify you about upcoming offerings.

Organization and Procedures for Instruction of English to Second Language Learners

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<th>Date</th>
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<tr>
<td>Fee</td>
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The examination of current models for the organization and instruction of ESL students at the elementary and secondary levels. The integration of language and content instruction within the regular classroom is emphasized.

Learning to Listen to Music

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What to listen for and how to listen to music of diverse styles and genres.

FOR MORE INFO:
Teacher Professional Development
250-721-8944
teacherprod@uvic.ca
continuingstudies.uvic.ca/teacherprod

NEW Train Less, Deliver Results: Building Job Aids

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<th>Date</th>
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<td>Time</td>
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<td>Register by</td>
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<tr>
<td>Duration</td>
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Loaded with training demands? It’s easy to overlook the goal - not delivery, but improved performance. Job aids are an inexpensive, effective route to accomplishing results on the job. If you’re not taking that route, you probably should: inside every oversized course there’s a job aid struggling to be free.

Instructor: Dave Ferguson

FOR MORE INFO:
Training and Adult Education
250-721-8944
cace@uvic.ca
continuingstudies.uvic.ca/training

NEW Our portfolio of world language courses is constantly evolving. Check out the languages we’re offering this term: Arabic, Finnish, French, German, Italian, Japanese, Korean, Mandarin, Russian and Spanish.

See pg. 46
Constructive Use of Anger

Date: Thursday, Feb. 7
Time: 6 to 9 pm
Duration: 1 session
Fee: $75 plus $3.75 GST
Code: HPHE252 2019S C01

Anger is a powerful and sometimes confusing emotional response. Reframing anger as a healthy emotion that reveals important aspects of ourselves and our circumstances can lead to improved and more authentic relationships. Utilizing a theory to practice approach, this course explores theoretical aspects of anger, anger management, as well as our cultural beliefs and fallacies about anger as a dangerous or bad emotion. Participants will be guided through a model which enables emotional regulation through anger, resulting in simultaneously feeling in control of ourselves and our responses to others.

Instructor: Maryse Neilson (MSW, RSW)

Maryse Neilson has worked for over 20 years as a social worker developing, facilitating and implementing programs that promote and foster change in individuals, groups and communities. She is a counsellor in private practice where she helps individuals, couples and youth develop the insight, understanding and skills to lead happy and healthy lives. She also works as the Health Promotion Manager for CFB Esquimalt.

Understanding and Coping with Social Anxiety

Dates: Thursdays, Feb. 21 to March 7
Time: 6 to 8 pm
Duration: 3 sessions
Fee: $105 plus $5.25 GST
Code: HPHE266 2019S C01

Social anxiety, a fear and avoidance of social or performance situations because of possible scrutiny by others, is a commonly diagnosed anxiety disorder. Being able to understand and manage your social fears can be life changing. You'll define social anxiety and identify its three components and possible causes. Cognitive Behavioural Therapy (CBT) strategies to cope with social anxiety, including systematic graduated exposure, and cognitive restructuring, will be introduced. This course is primarily for those with social anxiety; friends and family are also welcome to attend.

Instructor: Edward Baess (PsyD, RPsych)

Ned Baess works in Mental Health and Addiction services at Island Health with a multi-disciplinary team of psychiatrists, occupational therapists,
nurses and other specialists. He provides psychological treatment of adults with anxiety, depression, or psychosis, in both individual and group therapy.

**NEW** Healthy Aging: Supporting Balanced Immune Function

Date: Tuesday, March 5  
Time: 7 to 9 pm  
Duration: 1 session  
Fee: $55 plus $2.75 GST (register in both Healthy Aging sessions for $85)  
Code: HPHE283-1 2019S C01

The aging immune system undergoes many important and complex changes, often disturbing the balance between immune defensive activities and regulation of inflammation. This altered balance of immune system functions can in turn have a critical impact on the aging process itself. This session explores the relationship between aging immune activity and presents strategies for maintaining healthy infection protection while reducing chronic systemic inflammation using nutrition, nutritional supplements, and other natural medicine interventions.

Instructor: Maureen Williams (ND)

Maureen Williams graduated from Bastyr University in Seattle in 1995. After over 20 years in private practice, she now spends most of her time doing literature research and medical science writing, and maintains a small naturopathic practice on Cortes Island and in Victoria.

**NEW** Healthy Aging: Diet and Longevity

Date: Thursday, March 7  
Time: 7 to 9 pm  
Duration: 1 session  
Fee: $55 plus $2.75 GST (register in both Healthy Aging sessions for $85)  
Code: HPHE283-2 2019S C01

While western societies continue to see high and rising rates of obesity, diabetes, heart disease and cancer, there are useful lessons to be learned from the nutritional practices of long-lived cultures around the world. This session will investigate traditional foods of populations with high percentages of centenarians and examine the cultural contexts of their longevity. Dietary and social practices associated with healthy aging will be discussed though the lens of scientific evidence.

Instructor: Maureen Williams, (see bio under Healthy Aging: Supporting Balanced Immune Function)

**NEW** The Beneficial Role of Intestinal Bacteria

Date: Wednesday, March 6  
Time: 7 to 9 pm  
Duration: 1 session  
Fee: $65 plus $3.25 GST  
Code: HPHE256 2019S C01

Recent medical advances have shown that intestinal bacteria play an important role in the development of the immune system. In this session, Dr. Petrunia will discuss how these bacteria also contribute metabolically to diverse conditions ranging from autoimmune disease to obesity.

Instructor: Dr. Denis Petrunia (BSc, MSc, MD, FRCP(C))

Dr. Denis Petrunia is a clinical gastroenterologist practicing in Victoria. He has a special interest in inflammatory bowel diseases, having participated in international clinical trials and in the use of probiotic therapy.

**NEW** Epigenetics and Personalized Medicine

Dates: Tuesday and Thursday, March 12 to 14  
Time: 6:30 to 8:30 pm  
Duration: 2 sessions  
Fee: $85 plus $4.25 GST  
Code: HPHE285 2019S C01

Genetic scientists continue to acquire a clearer picture of how DNA impacts our health and well-being. In two sessions, Dr. Gair will simplify and explore the cost, benefit and risk of direct-to-consumer genetic testing, highlight current Canadian legislation regarding DNA data, and explain epigenetics and its impact on medicine. Questions regarding personalized medicine, lifestyle choices, and the aging process will be analyzed through the lenses of current scientific research and the future of medical treatments.

Instructor: Jane Gair (BSc, PhD)

Jane Gair earned her PhD in Medical Genetics from the University of British Columbia and immediately moved to Victoria to teach in the Island Medical Program in its inaugural year. She continues to teach genetics and other subjects to the UBC medical students and is interested in the most effective ways to teach basic science to medical undergraduates.

**NEW** Living Consciously Expanded

Dates: Saturday and Sunday, March 23 and 24  
Time: 10:30 am to 3 pm  
Duration: 2 sessions  
Fee: $150 plus $7.50 GST  
Code: HPCE181 2019S C01

Does it feel as if other people and events are largely controlling much of your life? Is your health and wellbeing impacted adversely by busyness, multi-tasking and stress? Do you ever have the sense that when I just get everything sorted out, THEN I will be happy? Mindfulness is an ancient practice that helps return us to the driver seat of our lives, lower stress levels and ultimately be more present in more moments of our lives. This expanded weekend program is based upon the work of Dr. Jon Kabat-Zinn and his Mindfulness-based Stress Reduction (MBSR) program at the University of Massachusetts, Medical School.

Instructor: David Greenshields (MA, CQSW, RSW)

David Greenshields supports people suffering a variety of hard-to-treat conditions such as chronic fatigue syndrome and fibromyalgia from a mindfulness perspective as well as working as a social worker with BC Cancer. He has undertaken MBSR facilitator training at the University of Massachusetts Medical School.

**NEW** Feeling Positive 1: Applying the Benefits of Positive Psychology

Date: Saturday, May 25  
Time: 11:30 am to 5:30 pm  
Duration: 1 session  
Fee: $105 plus $5.25 GST (register in Feeling Positive 1 and 2 for $185)  
Code: HPHE250 2019K C01

Do you want to ‘reprogram’ your brain to feel happier and calmer? Do you ever get stuck in a mood, a rut or incessant negative thoughts? Do emotions like anger or sadness sometimes overwhelm you? Do you feel you need to find more balance in your work or personal life? The world of Positive Psychology introduces simple, effective and practical tools to help you look at the world in ways that help you feel happy, optimistic and in control of your life. This is not about faith, affirmations or getting a personality transplant. Instead, it’s about really looking inside and gently challenging the way you see your life... prepare to be surprised! Presented in a lively, frank, hands-on and often humorous way, this workshop is about recognizing unconscious patterns and how we all have the potential to be the architects of our own happiness. Please note that this is not a substitute for counselling nor is it a group therapy session. The tone of the workshop will be educational, upbeat, inspiring and will offer you an ‘ahah’ moment or two!
Instructor: Jason Cressey (PhD)

Jason Cressey has lectured for UVic’s Department of Educational Psychology and Leadership Studies, and is director of ‘Motivation in Mind’ corporate seminars and motivational training. He specialises in body language, interspecies communication, social skills, interpersonal relationships and cultural differences.

Feeling Positive 2: Don’t Worry, Be Happy

Date: Sunday, May 26
Time: 10 am to 4 pm
Duration: 1 session
Fee: $105 plus $5.25 GST (register in Feeling Positive 1 and 2 for $185)
Code: HPHE258 2019K C01

Following Feeling Positive 1, this course provides you with an in-depth understanding of advanced Positive Psychology; specifically, how happiness relates to the topics of time, choice, goals, purpose, authenticity, resilience, savouring and mindfulness. You will learn a range of practical tools that will help you apply valuable concepts to your everyday life. These tools will enable you to formulate clear, attainable action plans for moving beyond obstacles and achieving greater levels of insight and well-being, helping you to be the best you can be every day.

Prerequisites: Feeling Positive Level 1 HPHE250
Instructor: Jason Cressey (see bio under Feeling Positive 1: Applying the Benefits of Positive Psychology)

FOR MORE INFO:
General Health and Wellness
250-721-6129
uvcshs1@uvic.ca
continuingstudies.uvic.ca/healthgeneral

Canadian Fall Prevention Curriculum

Dates: Jan. 11 to Feb. 15
Register by: Friday, Jan. 11
Duration: 5 weeks
Fee: $230 plus $11.50 GST
Code: HPCF215 2019S D01

For health professionals who work with older adults, this online course will help you to acquire the knowledge and skills needed to apply an evidence-based approach to the prevention of falls and fall-related injuries. In this recently updated course, you will learn to: define the scope and nature of the problem of falls; identify and assess for fall risk; use evidence-based practice to identify prevention strategies; understand social and policy context; apply a program planning model; and evaluate the effectiveness of a fall prevention program.

Textbook: Fall Prevention Programming (2nd ed.), by Dr. Vicky Scott (required)
Instructor: Philip Groff (PhD)

Wound Management for Health Professionals Level I

Dates: Jan. 11 to Feb. 22
Register by: Friday, Jan. 11
Duration: 6 weeks
Fee: $350 plus $17.50 GST
Code: HPPD257 2019S D01
Instructor: Sue Bolton (MSN, RN)

Wound Management for Health Professionals Level II

Dates: Jan. 11 to March 8
Register by: Friday, Jan. 11
Duration: 8 weeks
Fee: $475 plus $23.75 GST
Code: HPPD258 2019S D01

This blended learning course continues to develop your clinical skills and knowledge of advanced practice wound care. During eight weeks of online instruction, you will focus on pressure and vascular ulcers, VAC usage, debridement, high risk foot, lymphedema, surgical wounds, burns and oncology. The on-campus workshop enables you to learn more about debridement, demonstrate your skills and present information on a wound care product you researched during the online component of the course.

Prerequisites: Wound Management for Health Professionals Level I OR Challenge exam
Textbook: Acute and Chronic Wounds (5th ed.), by Ruth Bryant and Denise Nix
Instructor: Misty Stephens (BSN, RN, NSWOC)

Personality Disorders: Support Through Knowledge

Date: Saturday, Feb. 23
Time: 9:30 am to noon
Duration: 1 session
Fee: $95 plus $4.75 GST
Code: HPPD289 2019S C01

Terms such as personality disorders and challenging presentations are often used to describe clients in social service settings. When used arbitrarily or out of context, this vocabulary can be harmful and potentially hamper therapeutic and supportive bonds. In this session, health and helping professionals will acquire tools and skills to navigate tricky relational variables when working with clients. Dr. Anderson will analyze characteristics of various personality disorders and explain why the language used to summarize a person’s being is so important. This is a professional...
development course designed for health professionals, including, but not limited to, front line workers in shelters and clinics, social workers, counsellors, outreach and support workers, first responders, nurses and health care aides.

Instructor: Murray Anderson (Phd, RCC)

Murray Anderson is a psychologist who teaches in the Graduate Centre for Applied Psychology at the University of Athabasca. He also works in an outreach capacity for Island Health serving those dealing with mental health and substance use concerns.

An Introduction to Cognitive Behaviour Therapy

Dates: Feb. 28 to March 28
Classes are held every second Thursday: Feb. 28, March 14 and 28
Time: 6 to 9 pm
Duration: 3 sessions
Fee: $250 plus $12.50 GST
Code: HPPD254 2019S C01

Designed for health and helping professionals, this course provides an introduction to the principles and practices for using Cognitive Behaviour Therapy (CBT) to treat clients. CBT is an evidence-based form of psychotherapy that identifies and modifies problematic thought patterns, emotions and behaviors. The basic CBT frameworks and methods for treating clients who suffer from depression and panic disorder will be explored. Information about formal training and certification in CBT will be provided.

Instructor: Alice Houston Mais (BSW, MSW)

Alice Houston Mais, trained in CBT under the direction of Judith Beck and is certified as a CBT practitioner by Aaron Beck. Over the last twenty years, she has treated clients suffering from depression, anxiety and substance use disorders. She is also an accredited CBT supervisor and teacher, whose work has been published in European clinical textbooks and journals of psychiatry. She has developed courses and taught the basics of CBT to health care professionals for over two decades. Alice was recently endorsed by the University of Toronto as a CBT supervisor at the U of T CBT certification program.

NEW Palliative Care Pharmacy
COMING SOON! Pharmacists serve as integral members of multi-disciplinary efforts to deliver optimum palliative care for individuals in final stages of life. As more patients wish to remain at home for the end of life, there is an increasing need for palliative care pharmacy expertise outside of institutional settings. This online course is designed for the learning needs of pharmacists to acquire specialized knowledge to support palliative care patients, family, health and community care nurses and general practitioners. Topics covered include: the pharmacist’s role in a palliative care team; principles of pain management; use of opioids and cannabis in palliative care; symptom management and drug related adverse effects. Please visit the Continuing Studies website to sign up to receive more information.

FOR MORE INFO:
Health Professional Development
250-721-8558
healthsci@uvcs.uvic.ca
continuingstudies.uvic.ca/healthprod

Interested in taking Population Health Data Analysis courses? See page 22 of this calendar’s Programs booklet for specific admission requirements.

Interested in taking Environmental and Occupational Health and Safety courses?
See page 17 of this calendar’s Programs booklet for specific admission requirements.
TRAVEL THE WORLD WITHOUT LEAVING HOME

By Dr. Jo-Anne Clarke, Dean

When Joanne and Mike Rada retired, they weren’t quite ready for a quiet home and settled life. They were looking for a way to make a meaningful contribution that was fun and would suit their lifestyle. They had heard about the University of Victoria’s homestay program and decided to give it a try for one month. That was four years and 50 students ago!

The University of Victoria’s award-winning homestay program has been matching international students with local homestay hosts for over 30 years. I asked Paula Ceroni, manager of UVic Homestay, what she looks for in a host, and here’s what she had to say, “There is no ‘typical’ homestay provider. Our homestay providers showcase the diversity found throughout Canada. We look for someone who is flexible and patient…open; someone who is interested in the cultural exchange piece and is not just financially motivated. We look for people who are kind and friendly, and have time to be able to commit to the student.”

Joanne and Mike Rada are perfect examples. While the extra income is a nice bonus during retirement, their primary motivation is the cultural exchange aspect of the program. They know that travelling abroad can be a transformative experience for students, who are often away from home in a foreign country for the very first time. The young women who stay with them will see a very egalitarian relationship in action because that’s just how things work in the Rada household. Conversely, each student offers them a unique glimpse into a different culture that is far richer and deeper than any tourist would get. In Mike’s words, “We get to travel the world without leaving home.”

Recently I had the privilege of sharing a cup of coffee (and a to-die-for pumpkin scone) with the Radas to learn more about UVic’s homestay program from their perspective. If you’ve ever entertained the idea of opening your home to an international student, Joanne and Mike have some great stories and advice to share. Here’s just a few of their tips to make things run smoothly for everyone:

• THE SNACK CUPBOARD – the Radas have set up a self-serve snack area that students know they are welcome to peruse at any time. It’s loaded up with fruit, noodle soups, granola bars and other non-perishables that are perfect to help fill the void between meals.

• MENU PLAN – food is a great community builder and one of the best ways to learn about different cultures. Menu plan with your students when they first arrive to discover food preferences and address any food sensitivities or preferences. Joanne posts the menu plan on the fridge so everyone knows what’s for dinner and what to expect. She’s a wonderful cook and, over the years, has expanded her repertoire to include delicious Japanese and Korean dishes. Sometimes she and her students will cook together, just like a regular family.

• FOOD MARKETS – some grocery stores carry a larger selection of ethnic food than others: Fujiyua on Shelbourne, Korean Food Market on Cedar Hill, Fairway Market on Quadra, Fisgard Market and Mexican House of Spice on Douglas, are just a few examples. Bring your international students shopping with you so that you can learn what they like and they will know where they can go for a taste of home.
Joanne and Mike Rada have welcomed 50 students into their home over the years, giving them a much-needed “home away from home”.

- **MESSAGE BOARD** – on each guest’s bedroom door, they have hung a small whiteboard and marker where anyone can leave personalized messages. Posting a note keeps everyone in the loop.

- **BOARD GAMES** – playing board games together is a terrific way to socialize and practice English. Scrabble is a favourite at the Rada household and students are welcome to join in their weekly Settlers of Catan game night with extended family and friends.

- **SOCIALIZE** – sometimes prospective hosts worry that having an international student means they won’t be able to have a social life anymore. Nothing is farther from the truth. If you want to go to the gym or take in a movie, you can do that. At the same time, it’s very likely your homestay student will meet new friends and want to socialize with them. That’s ok too—just include your student like any member of the family.

- **EMBRACE IMPERFECTION** – their final piece of advice is to relax and be yourself. It doesn’t matter how big or perfect your house is. You don’t have to be a gourmet cook or be a student’s sole source of entertainment. The whole point of a homestay experience is to experience normal Canadian life in all its richness and imperfection.

If you’re curious about UVic Homestay, check out our website at uvic.ca/elc/homestay or call 250-472-4268 to chat with one of our homestay staff members.

"Our homestay providers showcase the diversity found throughout Canada. We look for people who are interested in the cultural exchange."
Interested in taking Environmental and Occupational Health and Safety courses?
See page 17 of this calendar’s Programs booklet for specific admission requirements.

Interested in taking Population Health Data Analysis courses?
See page 22 of this calendar’s Programs booklet for specific admission requirements.

Putin’s Russia

Dates: Thursdays, Jan. 10 to Feb. 14
Time: 2 to 4 pm
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASHI720 2019S C01

In lecture format, this course will introduce you to the political and economic system of the contemporary Russian Federation. We will examine the formation of a mafia state, under the leadership of Vladimir Putin, and its phased transformation from the embryonal democracy of the early ’90s to the comprador dictatorship of today. We will also explore what could have been done by the Russian people and the international community in order to follow alternative patterns of both economic and political development. Additionally, we will gain some perspective on Russia’s aggressive international politics towards its neighbours.

Instructor: Andrew Andersen (PhD)

Andrew Andersen is a political scientist and historian with a research focus on communist and post-communist studies, international and inter-ethnic conflicts, territorial disputes and ideological clashes.

The Neuroscience of Human Learning

Dates: Wednesdays, Jan. 16 to Feb. 27 (no class Feb. 20)
Time: 6:30 to 8:30 pm
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASHI731 2019S C01

In this course, Dr. Krigolson will take you through the neuroscience of human learning with a focus on providing answers to three questions: “How we learn”, “What we learn”, and “How can we improve learning”.

Instructor: Olav Krigolson (PhD)

Olav Krigolson is associate director, Centre for Biomedical Research and Associate Professor in the Neuroeconomics Laboratory at UVic.
Archaeology and Plants

Date: Saturday, Jan. 26
Time: 1:30 to 4:30 pm
Duration: 1 session
Fee: $39 plus $1.95 GST (includes coffee, tea and muffins)
Code: ASHI714 2019S C01

Plants are fundamental to the food systems, and technologies, used by First Nations in BC in archaeological contexts. Perishable technology is often overlooked when analyzing archaeological data. Perishable technology includes things like animal hair weaving and spinning, or leather items, but also includes many plant-based items, like wooden arrows, wooden house structures, cedar clothing, wooden handles and so on. One reason for this is that plant artifacts often break down very quickly in damp environments, such as on the west coast of North America. This makes wet site archaeological sites, where items such as baskets have been preserved perfectly, even more remarkable. In this session, we will explore how plant-derived items, as well as living plants themselves (growing at archaeological sites) provide archaeological evidence of past human lifeways on the landscape. This session will also include an intro to identifying a few of the important species used on the west coast which are significant indicators of past activities on the landscape. We will look at the shaping and creation of landscapes by humans as well as questions such as why plant technologies are often overlooked in archaeological investigations, and how this can be compensated for when analyzing data.

Instructor: Aurora Skala (MA)

Aurora Skala is an archaeologist who received her MA in Anthropology from the University of Victoria while working with the Heiltsuk and Wuikinuxv Nations to document their oral traditions. She has examined submerged rock art sites and excavated underwater to record ship wrecks, in addition to excavating at terrestrial sites. She wild crafts a wide variety of Native plants, and in conjunction with her archaeological work has interviewed many First Nations Elders on topics such as land management strategies and plant technology.

NEW Stop Blaming, Start Loving

Dates: Saturdays, Jan. 26 to Feb. 16
Time: 10 am to noon
Duration: 4 sessions
Fee: $83 plus $4.15 GST
Code: ASHI734 2019S C01

This world is full of difficult people and challenging situations. It is easy to blame and hard to love. When we blame others we create a world full of enemies. The poison of resentment, the fire of anger, and the quagmire of unhappiness all come from blaming others. On the other hand, love is a beautiful state of mind. It fills our heart with happiness and brings joy to our family and friends. Buddha taught simple, practical, and effective ways to cultivate love in meditation and in daily life. In this course we will look at how we can put these teachings into practice.

Instructor: Gen Kelsang Zopa

Gen Kelsang Zopa has been an ordained Buddhist monk since 1996. Since 2007, he has been Resident Teacher at Bodhichitta Kadampa Buddhist Centre in Victoria, teaching meditation classes on Vancouver Island. Renowned for the clarity and depth of his teachings, his warmth and practicality bring to life the ancient art of meditation.

A Heiltsuk First Nation Village on Triquet Island

Date: Tuesday, Jan. 29
Time: 7 to 9 pm
Duration: 1 session
Fee: $21 plus $1.05 GST
Code: ASHI727 2019S C01

EK Tb-9, a Heiltsuk First Nation village site located on Triquet Island, British Columbia, has an occupation span of ~14,000 calendar years. This presentation provides a stratigraphic chronology of the site and describes how results collected by a team of researchers involved in the Hakai Ancient Landscapes Archaeology Project couple with Heiltsuk First Nation’s rich oral traditions and system of prerogatives, to explore and build on the notion of “persistent places” and contribute to a more thorough understanding of human exploitation of the region from the early Holocene until the present day.

Instructors: Alisha Gauvreau and Larissa Dixon

Alisha Gauvreau is a PhD student at UVic whose research focuses on the subsistence and settlement history of the Triquet Island (EK Tb-9) site. Larissa Dixon is a member of the Heiltsuk First Nation and an undergraduate student and lab assistant at UVic.

A Journey through Israel

Date: Tuesday, Feb. 12
Time: 1 to 3 pm
Duration: 1 session
Fee: $21 plus $1.05 GST
Code: ASHI523 2019S C01

Israel is the promised land of the Jews, the birthplace of Christianity and the home of some of the holiest sites in Islam. Whether you are interested in exploring religion, understanding politics, or just want to relax on its hedonistic beaches, this beautiful, troubled land is guaranteed to challenge your preconceptions. In this session we will take a photographic journey through Israel to gain a deeper appreciation of its colourful history, the diversity of its people and the complex challenges facing this fascinating country.

Instructor: Paul Chamberlain (PhD)

Paul G. Chamberlain is a historical geographer who has lived and travelled widely through the area; he specializes in Middle East studies and has a special interest in history, comparative religion, and current political events in the region.

NEW Russo-Ukrainian Hybrid War

Dates: Wednesdays, Feb. 20 to March 27
Time: 2 to 4 pm
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASHI728 2019S C01

In this course you will be introduced to the so-called Hybrid War, which is now going on between the Russian Federation and Ukraine. You will learn about its historical and economic backgrounds including old territorial disputes and current economic contradictions between the two states. In lecture format, the course provides a comparative analysis of the political systems of Russia and Ukraine as well as of their armed forces and media in terms of information warfare. We will also explore international involvement in this crisis and its influence on world affairs.

Instructor: Andrew Andersen (see bio under Putin’s Russia)
In this session, Dr. Krigolson will take you through the scientific research process, study design, how inferential statistics work, and how results are disseminated. Dr. Krigolson will also talk about the current replication crisis in psychology and neuroscience, how research journals work and how research is published and ranked. The session is designed to be an overview for anyone who is curious about how scientists do research science.

Instructor: Olav Krigolson (see bio under The Neuroscience of Human Learning)

### Forensic Anthropology of the Human Skeleton

**Dates:** March 18 to April 15  
**Time:** Mondays March 18 to April 15 from 6 to 8:30 pm (5 sessions) and one Saturday, April 6 from 9 am to noon  
**Duration:** 6 sessions  
**Fee:** $149 plus $7.45 GST  
**Code:** ASH1599 2019S C01

This course was formerly titled: The Answers are Written in Bone: Forensic Anthropology of the Human Skeleton. This six-part series will examine topics of forensic anthropology, and teach you how to create an individual profile for unidentified human skeletal remains in a medicolegal context. Each lecture will be followed by a hands-on lab exercise, in which we will explore what happens to bodies when they decay in various environments, learn how to personally identify the deceased (including sex, age, stature), study causes of death from trauma or pathology, and practice processing outdoor crime scenes. This will involve the handling of human remains. One session will take place outside (rain or shine on the UVic campus) and will involve crouching, as well as searching on the hands and knees. Appropriate outdoor attire is required. You will receive more information at the first lecture.

Instructor: Stephanie Calce (PhD)

### How to be Confident without Feeling Self-Important

**Dates:** Saturdays, March 23 to April 13  
**Time:** 10 am to noon  
**Duration:** 4 sessions  
**Fee:** $83 plus $4.15 GST  
**Code:** ASHI729 2019S C01

To live a peaceful and meaningful life we need to develop our self-confidence. We can learn how to construct a positive self-view and break free from our limitations. We need practical understandings that give a grounded, genuine and stable self-confidence without feeling self-important. In this way, we can start to unlock our limitless potential for pure happiness. In this course we will explore specific toxic minds called delusions and learn how to apply their virtuous mental opponents. We will discover why these negative states of mind arise and how we can begin to eliminate them.

Instructor: Chris Mundigler

### An Introduction to Modern Psychology – Part One

**Dates:** Tuesdays and Thursdays, April 2 to 11  
**Time:** 2 to 4 pm  
**Duration:** 4 sessions  
**Fee:** $83 plus $4.15 GST  
**Code:** ASHI723 2019K C01

In this course we will survey contemporary developments in research and theory in sensation and perception, learning and memory, thought and emotion, as well as consciousness. Lectures will be followed by opportunity for discussion and no background in psychology is required.

Instructor: Douglas Wardell (PhD)

Douglas Wardell taught over 350 undergraduate courses in psychology at the University of Alberta and other institutions over the course of his career and was the recipient of several teaching awards.

### Ancient Thera – Santorini’s Other Side

**Date:** Tuesday, April 23  
**Time:** 10 am to noon  
**Duration:** 1 session  
**Fee:** $21 plus $1.05 GST  
**Code:** ASH1730 2019K C01

Thera—now generally known as Santorini—was the site of one of the most cataclysmic events in Earth’s history, as well as the apocalyptic end of the world for many Bronze Age Greeks. While Santorini may be a postcard-worthy destination for thousands of tourists today, more than 3,000 years ago it must have seemed like the gates of Hades themselves had opened up volcanic destruction of Olympian scale on an island less than half the area of Salt Spring Island. In this session, we’ll look at the toll these massive events had on the island of Thera, as well as on neighbouring Crete and as far away as North Africa and the ancient Near East. We’ll look at the geography, geology, environment and history of the island, and the extensive archaeological site of Akrotiri. Was Thera Plato’s Lost City of Atlantis as so many people long to believe, or was it just an unfortunate player in the tectonic game of the Earth? Either way, it remains one of the must-see places in the world for tourists and scholars alike.

Instructor: Chris Mundigler
Chris Mundigler is an archaeologist, ethnohistorian, explorer and photographer who has spent his career working, researching, teaching and leading tours and expeditions around the world to bring ancient and medieval history alive. Chris' work has taken him through the Middle East, North Africa, Europe, Asia, North and South America, and beyond to Easter Island and Antarctica. His work has been published with National Geographic, numerous foreign news agencies, as well as many scholarly books, journals and websites.

FOR MORE INFO:
Humanities and Social Sciences
250-721-7589
ecbowman@uvic.ca
continuingstudies.uvic.ca/humanities

AMICA AT SOMERSET HOUSE SERIES

SERIES REGISTRATION

| Dates: | Wednesdays, Jan. 23 to April 10 |
| Time: | 1 to 3 pm |
| Location: | Amica at Somerset House |
| Duration: | 5 sessions |
| Fee: | $94 plus $4.70 GST |
| Code: | ASHI552 2019S E00 |

Explore the world and history from the comfort of Amica at Somerset House, located at 540 Dallas Road, Victoria BC. This series consists of five stand-alone sessions: you may register for a single session or receive a discounted rate if you register for the entire series.

NEW One Day in Palermo

| Date: | Wednesday, Jan. 23 |
| Time: | 1 to 3 pm |
| Location: | Amica at Somerset House |
| Duration: | 1 session |
| Fee: | $22 plus $1.10 GST |
| Code: | ASHI736 2019S E01 |

In this session, illustrated with maps, paintings and photographs, you will learn about the history of James Bay, Victoria's oldest residential district from the 1840s to today. This visual tour will include the first government buildings and surrounding homes, and the introduction of industry to the area including shipyards, grain elevators and chemical plants. You will learn about First Nations' extensive use of the shoreline and the Hudson's Bay Company's establishment of company homes and Beckley Farm. The neighbourhood developed a rough reputation by the mid-20th century, but now James Bay is a vibrant area combining heritage streetscapes, seaside parks, deep-sea docks, commercial and tourism nodes nestled beside the Parliament Buildings.

Instructor: John Adams

John Adams is an historian, author and heritage consultant well known for his historical walking tours around Victoria.

NEW Chinese Victoria

| Date: | Wednesday, March 13 |
| Time: | 1 to 3 pm |
| Location: | Amica at Somerset House |
| Duration: | 1 session |
| Fee: | $22 plus $1.10 GST |
| Code: | ASHI735 2019S E01 |

In this session, you'll learn about the history of Victoria's Chinese community. Victoria's Chinatown is the oldest permanent urban Chinese community in Canada, dating to the beginnings of the 1858 gold rush on the Fraser River, when Chinese people came to get rich in the goldfields along with thousands of other people from all over the world. Many were labourers, but a number were merchants with businesses on the streets north of what is now Pandora Avenue. By the end of the nineteenth century, Chinatown occupied almost eight city blocks and the Chinese were not confined to that quarter. They established market gardens and greenhouses and worked in brickyards, fisheries and sawmills throughout the Greater Victoria area. Close to the city centre, there were many Chinese-owned businesses extending beyond Chinatown. Discrimination was very real and made life difficult for most Chinese people. Negative stereotypes of gambling, opium and slave girls in secret tunnels under Chinatown pervaded the columns of local newspapers. In this session, discover the true story behind these reports.

Instructor: John Adams (see bio under A History of the James Bay Neighbourhood)
Ancient Thera—now generally known as Santorini—was the site of one of the most cataclysmic events in Earth’s history, as well as the apocalyptic end of the world for many Bronze Age Greeks. While Santorini may be a postcard-worthy destination for thousands of tourists today, more than 3,000 years ago it must have seemed like the gates of Hades themselves had opened up—volcanic destruction of Olympian scale, on an island less than half the area of Salt Spring Island. In this session, we’ll look at the toll these massive events had on the island of Thera, as well as on neighbouring Crete and as far away as North Africa and the ancient Near East. We’ll look at the geography, geology, environment and history of the island, and the extensive archaeological site of Akrotiri. Was Thera Plato’s “Lost City of Atlantis” as so many people long to believe, or was it just an unfortunate player in the tectonic game of the Earth? Either way, it remains one of the must-see places in the world for tourists and scholars alike.

Instructor: Chris Mundigler (see bio under Ancient Thera, Santorini’s Other Side, on page 38)

For More Info:
Amica at Somerset House Series
250-721-7589
ecbowman@uvic.ca
continuingstudies.uvic.ca/amica-spring

Canadian Masterpiece Series: Franklin Carmichael and AJ Casson

Dates: Wednesdays, Jan. 23 to Feb. 27
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASHA138 2019E01

Franklin Carmichael (1890-1945) was a founding member of the Group of Seven and a driving force in the development of watercolour painting in Canada in the 20th Century. This talent and passion for watercolour technique as well as the landscape of Canada was shared by his younger colleague and later member of the Group of Seven, A.J. Casson (1898-1992). In this course we will consider the life and works of both these artists and the context for the choices and development of their careers. The course is designed to include as many examples of Carmichael and Casson paintings as possible from the turn of the 20th century until 1964. A.J. Casson and Franklin Carmichael are renowned as dedicated and visionary artists and printmakers, particularly in Ontario. They were both highly influential in the development of Canadian art and artists.

Instructor: Kerry Mason (see bio under Canadian Masterpiece Series: Franklin Carmichael and AJ Casson on page 8)

Chronicling the Stories of Your Life

Dates: Saturdays, Feb. 9 to March 16
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 6 sessions
Fee: $115 plus $5.75 GST
Code: ASWL089 2019E01

“Our stories are bigger than ourselves. Future generations will have lots of sources for the official history... but to understand the way people experienced that history, they need our stories.” (Paul Willcock)

Your life represents an incomparable unique story. It is a singular reflection of an unparalleled human journey that begs to be recalled and documented.

This workshop will encourage you to examine experiences and central themes in your life. Through short presentations, guided writing exercises, and small group discussions, you will have an opportunity to:

• sharpen your memories of pivotal and interesting events in your life;
• share your stories with others in ways that encourage exploration and understanding;
• begin the documentation of key aspects of your life story;
• have fun, learning, writing and sharing;
• explore options for the continuance of your life story journey.

Instructor: Faye Ferguson (see bio under Chronicling the Stories of Your Life on page 14)

Northwest Coast Masterworks: Tony Hunt, Beau Dick & Tony Hunt Jr

Dates: Wednesdays, March 6 to April 10
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASHA139 2019E01

In this course we will examine artistic expression from three renowned Kwakwaka’wakw carvers and artists. We’ll explore diversity in two-dimensional and three-dimensional styles, cultural contexts, relationships between artistic expression and environment and spirituality. In this course we will study the meaning and context associated with a broad range of objects from ceremonial masks and poles to bentwood boxes, silkscreen prints, jewelry, drums and rattles.

Instructor: Kerry Mason (see bio under Canadian Masterpiece Series: Franklin Carmichael and AJ Casson)

Documenting Your Legacy of Wisdom

Dates: Saturdays, March 30 to April 20
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 4 sessions
Fee: $80 plus $4 GST
Code: ASWL086 2019E01

“You have lived and learned in your own special way, and you have important thoughts, experiences and feelings to pass on to those around you.” (Robert Flashman)

Most of us have a Last Will and Testament for the legal allocation of our possessions, but few of us prepare equally important documents that outline the values, wisdom, and personal reflections we truly want to pass on to others. The preparation of legacy correspondences, is an effective way to achieve this important task. These documents may well be the most cherished and meaningful gifts you can give to family, friends or community.

Instructor: Faye Ferguson (see bio under Chronicling the Stories of Your Life on page 14)

Ancient Thera – Santorini’s Other Side

Date: Thursday, April 18
Time: 2 to 4 pm
Location: Berwick Royal Oak
Duration: 1 session
Fee: $21 plus $1.05 GST
Code: ASII730 2019K02

NEW Ancien Thera - Santorini's Other Side

Date: Wednesday, April 10
Time: 1 to 3 pm
Location: Amica at Somerset House
Duration: 1 session
Fee: $22 plus $1.10 GST
Code: ASII730 2019K01

NEW Canadian Masterpiece Series: Franklin Carmichael and AJ Casson

Date: Wednesdays, Jan. 23 to Feb. 27
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASHA138 2019E01

NEW Northwest Coast Masterworks: Tony Hunt, Beau Dick & Tony Hunt Jr

Date: Wednesdays, March 6 to April 10
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASHA139 2019E01

NEW Documenting Your Legacy of Wisdom

Date: Saturdays, March 30 to April 20
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 4 sessions
Fee: $80 plus $4 GST
Code: ASWL086 2019E01

NEW Ancient Thera – Santorini’s Other Side

Date: Thursday, April 18
Time: 2 to 4 pm
Location: Berwick Royal Oak
Duration: 1 session
Fee: $21 plus $1.05 GST
Code: ASII730 2019K02

NEW New West Coast Masterworks: Tony Hunt, Beau Dick & Tony Hunt Jr

Date: Wednesdays, March 6 to April 10
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 6 sessions
Fee: $109 plus $5.45 GST
Code: ASHA139 2019E01

NEW Documenting Your Legacy of Wisdom

Date: Saturdays, March 30 to April 20
Time: 10 am to noon
Location: Berwick Royal Oak
Duration: 4 sessions
Fee: $80 plus $4 GST
Code: ASWL086 2019E01

NEW Ancient Thera – Santorini’s Other Side

Date: Thursday, April 18
Time: 2 to 4 pm
Location: Berwick Royal Oak
Duration: 1 session
Fee: $21 plus $1.05 GST
Code: ASII730 2019K02
Thera—now generally known as Santorini—was the site of one of the most cataclysmic events in Earth’s history, as well as the apocalyptic end of the world for many Bronze Age Greeks. While Santorini may be a postcard-worthy destination for thousands of tourists today, more than 3,000 years ago it must have seemed like the gates of Hades themselves had opened up—volcanic destruction of Olympian scale on an island less than half the area of Salt Spring Island. In this session, we’ll look at the toll these massive events had on the island of Thera, as well as on neighbouring Crete and as far away as North Africa and the ancient Near East. We'll look at the geography, geology, environment and history of the island, and the extensive archaeological site of Akrotiri. Was Thera Plato's “Lost City of Atlantis” as so many people long to believe, or was it just an unfortunate player in the tectonic game of the Earth? Either way, it remains one of the must-see places in the world for tourists and scholars alike.

Instructor: Chris Mundigler (see bio under Ancient Thera, Santorini’s Other Side on page 38)
The Big Melt? Canada’s Interests in a Changing Arctic

Date: Thursday, Feb. 28  
Time: 9:30 to 11:30 am  
Duration: 1 session  
Fee: $25 plus $1.25 GST  
Code: ASPT007-2 2019S C01

The Arctic continues to experience unprecedented ecological, political, and social transformation, compounding the already dramatic changes which occurred over the 20th century. But the post-Cold War optimism around the possibilities for greater Arctic cooperation have given way to a period of prolonged uncertainty in which new economic and political opportunities have run headlong into geopolitical and geophysical challenges which, though still unfolding, threaten to undo much of the collaboration of the last two decades. In addition to new tensions among the eight Arctic states, non-Arctic countries, notably China, are pursuing robust circumpolar policies that call further into question whether the institutions for regional governance will be able to manage Arctic affairs in the coming years. In this context, what are Canada’s interests in the Arctic, and how can they be achieved? What is the state of Canadian Arctic policy under the Trudeau Government? And what are the challenges and opportunities that are likely to confront Canada in the changing Arctic in the near future? This will place a Canadian perspective on the political, security, environmental, economic and social aspects of the “race for the Arctic” and assess whether to expect a polar gold-rush for the resources of tomorrow, or a continuing struggle for survival in one of the most challenging and isolated regions of the world.

Instructor: Cedric Littlewood

Cedric Littlewood is an associate professor in the Department of Greek and Roman Studies.

FOR MORE INFO:  
In Pursuit of Knowledge Series  
250-721-7589  
ecbowman@uvic.ca  
continuingstudies.uvic.ca/know-spring

Plan to attend our Open House on Sunday, Jan. 20 from 2 to 4 pm at the Mary Winspear Centre in Sidney. Meet some of our course instructors, SAGE facilitators and staff from Continuing Studies. If you haven't already done so, you may register for courses at that time. Refreshments will be served.

Each term we offer a selection of lectures and short courses in Sidney, most of which take place at the Mary Winspear Centre. Here are just a few of the lectures and courses that we’re offering this term:

- Peninsula Pursuits
- Ancient Thera – Santorini’s Other Side
- A Journey Through Israel
- Lawrence of Arabia
- Islamic Art and Architecture
- Glenn Gould – His Life and Art
- Birding Basics I: Song Birds
- SAGE Study Group

Myths and Omissions: A Textbook History of British Columbia

Date: Thursday, Jan. 31  
Time: 9:30 to 11:30 am  
Duration: 1 session  
Fee: $25 plus $1.25 GST  
Code: ASPT007-1 2019S C01

What did our province’s early textbooks teach us about what it meant to be a British Columbian? Through an exploration of textbooks used in BC schools during the first fifty years of the province (1871-1921), this lecture will discuss the common myths and omissions included in these early historical narratives written for children. How might these textbooks have shaped social ideas such as Indigenous-settler relations, women’s experiences, conceptions of race, and notions of an ideal “British Columbian” childhood? Throughout the lecture, important issues of the present will be linked to educational practices of the past. Particular focus will explore the historical textbook representations of Indigenous peoples and cultures and what this means in the context of Truth and Reconciliation today.

Instructor: Pia Russell

Pia Russell is UVic’s librarian for Education, Children’s Literature, Indigenous Studies and Gender Studies.

Saturizing Socrates: Philosophy and Its Ancient Caricature

Date: Thursday, March 14  
Time: 9:30 to 11:30 am  
Duration: 1 session  
Fee: $25 plus $1.25 GST  
Code: ASPT007-3 2019S C01

Plato’s Alcibiades once likened Socrates to a satyr, his undeniably ugly exterior concealing inner divinity. In this talk, Dr. Littlewood will discuss how Roman satire remembers Socrates, how it speaks philosophically, and how it mocks the figure of the philosopher.

Instructor: Cedric Littlewood

Cedric Littlewood is an associate professor in the Department of Greek and Roman Studies.
The University 101 Program makes knowledge more accessible to those who have faced significant barriers to education. There are no tuition fees, however, applicants must apply and be accepted into the program. Application deadlines are mid-November for the January course and mid-August for the September course.

The program is sponsored by the faculties of Humanities and Social Sciences and the Division of Continuing Studies, and it receives essential support from the Office of the Vice-President Academic and Provost and other UVic faculties and divisions, as well as from the Students’ Society, Graduate Students’ Society, and many individual and business donors. In 2017, the program also benefited from a generous grant from the Victoria Foundation.

University 201
University 201 is a course for people who have completed at least one of the University 101 or University 102 courses. The course runs in all three academic terms and covers a wide range of different topics on a monthly basis. This program is sponsored by the Division of Continuing Studies and the Faculties of Graduate Studies, Humanities, Social Sciences and Science.

Why study Canada? A country as vast, diverse and ever-changing as Canada offers near limitless opportunities for study and reflection. Multicultural and multilingual, with a unique political, economic and social history, Canada defies easy definitions and continues to fuel debate about its identity as a nation.

Our Canadian Studies courses can be taken individually or as part of the Canadian Studies Diploma Program. They are designed for anyone who wants to broaden their knowledge and understanding of Canada.

Courses can be taken for credit (1.5 units) or for non-credit. Proficiency in English is required.

FOR MORE INFO:
University 101 Program
250-721-6516
uni101@uvic.ca
uvic.ca/uni101

Introduction to Canadian Culture

Dates: Jan. 7 to April 5
Duration: 13 weeks
Fee: $660
Code: CS101 2019S D01

An introduction to the multidisciplinary study of cultural structures and expression in Canada, including such forms as literature, the fine arts, mass media and communications. Note: This is an online course. If you are interested in taking this course for credit, and are not currently a UVic student, please call Gina Anderson at 250-721-8458 for more information.

Instructor: Maleea Acker, (PhD Candidate)
Department of Geography, UVic

Introduction to Canadian Contemporary Issues

Dates: Tuesdays, Jan. 8 to April 2 (no class Feb. 19)
Time: 6 to 8:50 pm
Duration: 12 sessions
Fee: $660
Code: CS102 2019S C01

An introduction to contemporary issues in Canadian society, including politics, economic and social structures, cultural and arts policy, science and technology, multiculturalism, bilingualism, First Nations and women’s issues. Note: If you are interested in taking this course for credit, and are not currently a UVic student, please call Gina Anderson at 250-721-8458 for more information.

Instructor: Norm Fennema (PhD) Department of History, UVic

FOR MORE INFO:
Canadian Studies
250-721-8458
csdp@uvic.ca
continuingstudies.uvic.ca/CSDP
Blossoming in a new LIFE

with instructor Jaerang Lee

Jaerang is inspired by the beauty and tranquility of Finnerty Gardens on the UVic campus.
For Jaerang Lee, Continuing Studies at UVic is like a home. “It’s the first place, when I came to Canada, that welcomed me. And it was that experience that drew me back to Canada.”

Jaerang now teaches Korean language courses at Continuing Studies, but not too long ago, her life was on a very different path.

In Korea, Jaerang was an elementary school teacher and young mom. But with the breakdown of her marriage and the death of her mother, Jaerang found herself working hard to build a new life for herself and her young daughter, while dreaming of something more.

Jaerang recalls her daughter, aged eight or nine at the time, saying to her, “You are a flower. You need to enjoy your life before you fade away. I am just a sprout—I have lots of time.” That made her question how she was living her life, so she made a decision.

“I decided to come to Canada, to Victoria, to study English for a year. I brought my daughter with me so together we could see a different part of the world and how people think differently, with a different world view.”

She studied at the English Language Centre at Continuing Studies, and was so inspired by her experience that she decided to pursue her masters in leadership studies with UVic’s Faculty of Education.

Shortly after finishing her degree, she met Didier Bergeret who was the program coordinator for the language programs at Continuing Studies. She later approached him about the possibility of teaching Korean courses, which had not been offered at that point. He decided to give her a chance and she is now in her third year of teaching, and really enjoying it.

“More people are becoming interested in Korean language and culture because of media exposure. They genuinely want to learn more about Korean history and culture, not just pop culture. They’re seeking the subtleties of the language and culture and it challenges me to become a better resource for them. I learn more about Korea because of teaching this course.”

While she’s always thought of herself as open-minded, reflecting on her life experiences, she sees how it all comes down to perspectives. “I was watching a video about how westerners versus Asians see things differently. I think everyone should learn to see things from another perspective. For instance, when looking at a painting, there is perspective, the closer things are in front and further things are behind. But there are paintings that flip that perspective around. If you can see things from others’ perspectives, not just your own, it gives you more understanding, more compassion. It makes you more generous.”

Today, Jaerang is happily remarried and enjoys giving back by volunteering her time to help refugees and Korean immigrants integrate into the community.

By Therese Eley, Marketing Services
Join the nearly 10 million Canadians who proudly speak French! Whether you have a child in French Immersion, are planning a trip to a French-speaking nation, or are looking to brush up on your working knowledge of Canada's other official language, our French Language Conversation Classes have just what you need to communicate confidently with fellow Francophiles and Francophones alike.

When you register in our conversation classes, there is no rush to get to the next level—you decide when you are ready to move up. The main themes will vary from one session to the next, based on your interests, needs and goals, so you can register in a given level multiple times to solidify and hone your skills.

All French language courses offered by Continuing Studies are subject to enrolment. Please register early and invite a friend to join you!

**FRENCH LANGUAGE CONVERSATION CLASSES (FLCC)**

Join the nearly 10 million Canadians who proudly speak French! Whether you have a child in French Immersion, are planning a trip to a French-speaking nation, or are looking to brush up on your working knowledge of Canada’s other official language, our French Language Conversation Classes have just what you need to communicate confidently with fellow Francophiles and Francophones alike.

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All French language courses offered by Continuing Studies are subject to enrolment. Please register early and invite a friend to join you!

**FLCC: Introductory**

Dates: Mondays, Jan. 21 to April 1
(no class Feb. 18)
Time: 7 to 9 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $245
Code: FLCC051 2019S C02

This course is intended for complete beginners and is normally only taken once. In this class, you will become familiar with the sounds of French and gain confidence in pronunciation, and you’ll acquire basic survival skills in French such as greetings and thanks.

**Register for Introductory if...**

You have no previous knowledge or experience with French, or can recognize a few French words.
FLCC: Beginner

Dates: Tuesdays, Jan. 22 to March 26
Time: 7 to 9 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $245
Code: FLCC101 2019S C02

Dates: Thursdays, Jan. 24 to March 28
Time: 9:15 to 11:15 am
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $245
Code: FLCC101 2019S C01

Dates: Tuesdays, April 16 to June 18
Time: 7 to 9 pm
Register by: Friday, April 5
Duration: 10 sessions
Fee: $245
Code: FLCC101 2019K C02

This course is intended for students at the Beginner level, who would like to practice their oral French at a level in which they are comfortable. It can be taken as many times as you like, as themes will vary from one term to the next. This course is not meant to prepare you for the next level. Students who wish to take courses that will allow them to progress steadily all the way to an advanced level should register in our French Language Diploma Program.

Register for Beginner if...

You have taken the Introductory course, or if you know how to: count up to 20, spell your name, give your address and phone number, speak about yourself, your family, your work, the weather, time and date, identify basic shapes and colours, ask and answer basic yes or no questions.

FLCC: Conversant

Dates: Mondays, Jan. 21 to April 1
Time: 7 to 9 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $245
Code: FLCC301 2019S C02

Dates: Wednesdays, Jan. 23 to March 27
Time: 9:15 to 11:15 am
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $245
Code: FLCC301 2019S C01

Dates: Wednesdays, April 17 to June 19
Time: 9:15 to 11:15 am
Register by: Friday, April 5
Duration: 10 sessions
Fee: $245
Code: FLCC301 2019K C01

This course is intended for students at an intermediate level who would like to practice their oral French at a level in which they feel comfortable. Here, you’ll gain more fluency using your French in a variety of everyday situations, such as speaking about likes and dislikes, making comparisons and telling a story in the past. It can be taken as many times as you like, as themes will vary from one term to the next. This course is not meant to prepare you for the next level. Students who wish to take courses that will allow them to progress steadily all the way to an advanced level should register in our French Language Diploma Program.

Register for Conversant if...

You already know how to: speak on the telephone, ask for and give directions and other information (such as say where it hurts), make reservations, give a definition, clarify a statement and tell whether a sentence is in a past, present or future tense.

FLCC: Advanced

Dates: Thursdays, Jan. 24 to March 28
Time: 7 to 9 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $245
Code: FLCC501 2019S C02

Dates: Fridays, Jan. 25 to March 29
Time: 9:15 to 11:15 am
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $245
Code: FLCC501 2019S C01

Dates: Fridays, April 12 to June 21
Time: 9:15 to 11:15 am
Register by: Friday, April 5
Duration: 10 sessions
Fee: $245
Code: FLCC501 2019K C01

This course is intended to maintain and build your language skills for a broad variety of situations, such as nuancing an opinion, identifying features of different regional varieties of French and using various registers of French. It can be taken as many times as you like, as themes will vary from one term to the next.

Register for Advanced if...

You already know how to: express the relation of time between various events in the past, present and future, make hypotheses, express emotions (disappointment, empathy, surprise etc.), give advice, disagree with someone, use different registers in different contexts, identify accents from various parts of the Francophone world.

FOR MORE INFO:
French Language
250-721-8630
gulch@uvcs.uvic.ca
continuingstudies.uvic.ca/FLCC

LANGUAGES AND TRAVEL
Our portfolio of world language courses is constantly evolving to meet a growing demand for more languages and more levels. Honing your skills in another language is like doing yoga or becoming proficient on a musical instrument: it can take a bit of practice. In our world language courses, there is no pressure to move up from one level to the next: you can repeat the same level as many times as you like to build your confidence, and our instructors will keep the content fresh and interesting for you each time.

If you're interested in one of our courses where more than one level is offered, but aren't sure about your level, please contact us and we'd be happy to work with you.

All language courses offered by Continuing Studies are subject to enrolment. Please register early and invite a friend to join you!

## ARABIC

### Arabic: Introductory

<table>
<thead>
<tr>
<th>Dates</th>
<th>Saturdays, Jan. 26 to March 30</th>
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<tr>
<td>Time</td>
<td>2 to 4 pm</td>
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<td>Register by</td>
<td>Tuesday, Jan. 15</td>
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<tr>
<td>Duration</td>
<td>10 sessions</td>
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<td>Fee</td>
<td>$247 plus $12.35 GST (includes required manual)</td>
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<td>Code</td>
<td>ASLA098 2019S C01</td>
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This course is a very basic introduction to the Arabic language. You will learn survival words and phrases, as well as how to read and write both words and practical sentences in the Arabic alphabet. Note: We recommend that you bring a recording device to class.

Textbook: *Read and Speak Arabic for Beginners* by McGraw-Hill (mandatory)

Instructor: Nooshafarin Saberi

Nooshafarin Saberi was born in Kuwait to a Persian family and grew up speaking, reading and writing Persian and Arabic. She also became fluent in English after spending a year in England, followed by 22 years in Luxembourg, where she added another three languages to her palette. Nooshafarin and her family came to Canada in 2002, and she has enjoyed teaching at Continuing Studies since 2006.

### Arabic: Beginner

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<tr>
<th>Dates</th>
<th>Tuesdays, Jan. 22 to March 26</th>
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<tr>
<td>Time</td>
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<td>Code</td>
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If you have previously taken an introduction to colloquial (informal) Arabic course or have completed Arabic: Introductory and would like to express yourself in a wider variety of everyday situations, this course will help you gain confidence in speaking. You will be encouraged to fine-tune your pronunciation, reinforce your basic knowledge and develop your communication skills. Additional material will also be introduced to expand your vocabulary. Knowledge of the Arabic alphabet is required to register for this level. Note: We recommend that you bring a recording device to class.

Textbook: *Read and Speak Arabic for Beginners* by McGraw-Hill (mandatory)

Instructor: Belaid Moa (Jan. 22)

Belaid is originally from Morocco. He is currently an advanced research computing specialist with Compute Canada, WestGrid, and the University of Victoria (Victoria, BC, Canada), where he trains, mentors, guides and collaborates with researchers from various fields to make use of advanced research computing tools, technologies and systems, including Clouds, Big data, Parallel computing and Advanced Machine Learning.

He studied Arabic, French and English as part of his academic journey. Arabic phonics, poetry, and grammar were one of his favorite topics and he studied them intensively. He shares the beauty of Arabic by teaching to others. He taught the Arabic language to the Arabic community, especially kids and youth, at different levels and holds workshops on the proper reading of Arabic texts in France and Canada. His passion towards Arabic shows in his systematic way of teaching how to read in Arabic.

Instructor: Nooshafarin Saberi (April 13) (see bio under Arabic: Introductory)

## FINNISH

### Finnish: Beginner

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<tr>
<th>Dates</th>
<th>Wednesdays, Jan. 23 to March 27</th>
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<td>Time</td>
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<td>Fee</td>
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<td>Code</td>
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This course is intended for those who have completed Finnish: Introductory (or the equivalent). We will look at more complex aspects of Finnish grammar and syntax, and we will work to further hone your conversational skills in a friendly, entertaining environment. Online resources will be used to enrich in-class study.

Textbooks: *Suomea Suomeksi 1*, by Olli Nuutinen (mandatory); *Teach Yourself Finnish Complete Course Package* (Book + 2 CDs), by Terttu Leney (mandatory)

Instructor: Ari Vainionpää (BA, MBA)

Ari Vainionpää has been an instructor in Continuing Studies Business and Management Fast Track and International Programs at the University of Victoria since 2006. He was born in Vaasa, Finland and moved to a multi-cultural town in Northern Ontario where Finnish speakers had a close and active community. Although business became his vocational choice, he retains a love for his Finnish heritage.

## GERMAN

### German: Introductory

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<tr>
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<th>Wednesdays, Jan. 23 to March 27</th>
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<tr>
<td>Time</td>
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<td>Fee</td>
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<td>Code</td>
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Instructor: Ari Vainionpää (BA, MBA)

Ari Vainionpää has been an instructor in Continuing Studies Business and Management Fast Track and International Programs at the University of Victoria since 2006. He was born in Vaasa, Finland and moved to a multi-cultural town in Northern Ontario where Finnish speakers had a close and active community. Although business became his vocational choice, he retains a love for his Finnish heritage.
Students do not need any previous knowledge of German to take this course, just a love of the language. This course will help you develop your basic German language skills and build up confidence when communicating in the language. You will also gain a solid foundation of German grammar.

Instructor: Joanna Schaller (MA, pedagogy)

Joanna Schaller has a passion for languages and cultural awareness. She completed her master's degree in German language and literature, as well as in pedagogy. She worked as an interpreter, tour guide and language teacher in Germany and Poland before moving to Canada in 2004. In Victoria, Joanna has been teaching German, translating, interpreting and tutoring.

**German: Beginner**

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<tr>
<th>Dates</th>
<th>Thursdays, Jan. 24 to March 28</th>
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<tr>
<td>Time</td>
<td>5 to 7 pm</td>
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<tr>
<td>Register by</td>
<td>Tuesday, Jan. 15</td>
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<td>Duration</td>
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<tr>
<td>Fee</td>
<td>$247 plus $12.35 GST (includes required manual)</td>
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<tr>
<td>Code</td>
<td>ASLA216 2019S C02</td>
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If you have previously studied German or have completed German: Beginner and would like to refresh your knowledge at an intermediate level, this course is ideal for you. This course will strengthen your foundation in grammar, enrich your vocabulary, and improve your conversational skills and listening comprehension. Lessons are enhanced by fun videos and fascinating cultural facts.

Instructor: Joanna Schaller (see bio under German: Introductory)

**German: Conversant**

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<tr>
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<td>Code</td>
<td>ASLA316 2019S C02</td>
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If you have no previous knowledge of Italian and want to learn basic conversation, reading and writing skills, this course is for you. Here, you'll learn about Italy and Italian culture through short lectures and videos, and there will be plenty of opportunities to speak in Italian. Oral participation is encouraged.

Instructor: Estelle Kurier

**Italian: Beginner**

<table>
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<tr>
<th>Dates</th>
<th>Thursdays, April 18 to June 20</th>
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<tr>
<td>Time</td>
<td>6 to 8 pm</td>
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<tr>
<td>Register by</td>
<td>Tuesday, April 5</td>
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<tr>
<td>Duration</td>
<td>10 sessions</td>
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<td>Fee</td>
<td>$222 plus $11.10 GST (includes required manual)</td>
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<td>Code</td>
<td>ASLA249 2019K C02</td>
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This beginner course is intended for those who have completed Italian: Introductory or who already have some basic skills. Videos and cultural discussions will enhance your learning and strengthen your basic knowledge in a fun and interactive atmosphere.

Instructor: Estelle Kurier (see bio under Italian: Introductory)

**Japanese: Introductory**

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<tr>
<th>Dates</th>
<th>Mondays, Jan. 21 to April 1</th>
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<tr>
<td>Time</td>
<td>7 to 9 pm</td>
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<tr>
<td>Fee</td>
<td>$247 plus $12.35 GST (includes required manual)</td>
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<tr>
<td>Code</td>
<td>ASLA008 2019S C02</td>
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Whether you are hosting a Japanese visitor or planning a trip to Japan, let's learn to speak Japanese! This course is designed for those who have no previous knowledge of Japanese and are eager to take up a new challenge. In addition to learning survival words and phrases, you'll be introduced to the hiragana and katakana characters, as well as the basics of Japanese grammar. You'll also focus on developing practical conversation skills and will be introduced to cultural aspects of life in Japan.

Instructor: Keiko Tachibana (BA (linguistics))

Keiko Tachibana was born in Osaka, Japan. She came to Canada in 1995 and studied linguistics at UVic, where she started working as a teaching assistant when she was a graduate student. She genuinely cares about her students and their learning, providing them with an encouraging environment to learn Japanese. She has enjoyed teaching at Continuing Studies since 2007.
Japanese: Beginner

Dates: Tuesdays, Jan. 22 to March 26
Time: 7 to 9 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA208 2019S C02

This course is designed for those who have completed Japanese: Introductory or who have some prior knowledge of the language. You will gain proficiency in the understanding, speaking, reading and writing of Japanese in practical situations. You will also learn more about Japan's culture and people.

Instructor: Keiko Tachibana (see bio under Japanese: Introductory)

Japanese: Conversant

Dates: Wednesdays, April 17 to June 19
Time: 7 to 9 pm
Register by: Friday, April 5
Duration: 10 sessions
Fee: $247 plus $12.35 GST (includes required manual)
Code: ASLA208 2019K C02

This course is for you. Japanese: Conversant further develops grammatical and conversation skills, while allowing you to further explore prominent aspects of Japanese culture.

Instructor: Keiko Tachibana (see bio under Japanese: Introductory)

Korean: Introductory

Dates: Wednesdays, Jan. 23 to March 27
Time: 7 to 9 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA009 2019S C02

Have you been interested in learning about Hallyu (or the Korean Wave)? If you’re interested in learning about the Korean language and culture, you’ll love this course. Here, you’ll learn to read and write “Hangul”, the Korean alphabet, “survival” words, and daily expressions in modern Korean culture. By the end of the course, you will be able to carry on basic conversations on topics such as dining out and shopping.

Textbook: Active Korean 1, by Language Education Institute, Seoul National University, from Moonjinmedia publishing (mandatory).

Korean: Conversant

Dates: Tuesdays, April 16 to June 18
Time: 7 to 9 pm
Register by: Friday, April 5
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA309 2019K C02

This course is for those who have already completed Korean: Beginner, or who have some basic communication skills, vocabulary and sentence patterns. In this course, you will deepen your understanding of basic grammar and sentence construction, and expand your vocabulary to be able to: make inquiries about public transportation, make reservations for hotels or restaurants, and more. You will also broaden your understanding of Korean modern pop culture.

Textbook: Active Korean 2, by Language Education Institute - Seoul National University, from Two Ponds publishing (mandatory); Active Korean 2 Workbook, by Moonjinmedia (optional).

Korean: Beginner

Dates: Thursdays, Jan. 24 to March 28
Time: 7 to 9 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA209 2019S C02

If you have completed Korean: Introductory or have strong knowledge of the language with recognition of hiragana and katakana letters, this course is for you. Korean: Conversant further develops grammatical and conversation skills, while allowing you to further explore prominent aspects of Korean culture.

Instructor: Jaerang Lee (see bio under Korean: Introductory)

Korean: Conversant

Dates: Tuesdays, April 16 to June 18
Time: 7 to 9 pm
Register by: Friday, April 5
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA309 2019K C02

This fun and interactive course is a continuation of Korean: Introductory. It is also designed for people with some written and oral communication skills in the Korean language. At the end of the course, students will be able to communicate a bit more fluently in Korean in daily life. For example, they will be able to set up their own appointments, ask for and follow directions, and make a phone call in Korean! Finally, students will also be able to enjoy Korean modern pop culture.

Textbook: Active Korean 1, by Language Education Institute, Seoul National University, from Moonjinmedia publishing (mandatory); Mastering Conversational Korean: Korean for Beginners, by Kyubyong Park & Henry J Amen IV, from Tuttle Publishing (optional).

Korean: Introductory

Dates: Tuesdays, April 16 to June 18
Time: 7 to 9 pm
Register by: Friday, April 5
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA209 2019K C02

This course is a very basic introduction to the Mandarin language. You will learn survival words and phrases, and receive ear training for Mandarin tones to become aware of how the meaning of words change in Mandarin.

Mandarin: Beginner

Dates: Wednesdays, Jan. 23 to April 3 (no class Feb. 6)
Time: 7 to 9 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA213 2019S C02

Instructor: Ye (Dawn) Yuan

This course is for those who have already completed Mandarin: Beginner (or the equivalent). Here, you'll take your basic knowledge of Chinese characters and developed tone recognition and expand your ability to build longer sentences, while continuing to learn about the culture through Chinese songs, poems, movies, and other art forms.


Instructor: Ye (Dawn) Yuan (see bio under Mandarin: Introductory)

Mandarin: Advanced

Dates: Mondays, Jan. 21 to April 1 (no class Feb. 18)
Time: 7 to 9 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA213 2019K C02

Instructor: Ye (Dawn) Yuan (see bio under Mandarin: Introductory)

RUSSIAN

Russian: Beginner

Dates: Mondays, Jan. 21 to April 1 (no class Feb. 18)
Time: 5:30 to 7:30 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA204 2019S C02

This course is for those who have already completed Russian: Beginner (or the equivalent). Here, you'll take your basic knowledge of Russian grammar and syntax, and you'll also cover more complex aspects of Russian grammar and syntax, and you'll use online resources to further enrich your learning. In this interactive course, students will have access to free online course materials and other various resources related to Russian culture.


Instructor: Galina Sanaeva

Galina Sanaeva was born and raised in Russia and moved to Canada in 2010. In Russia, she chose an academic career and completed her MA in Languages, Literature and Education and then acquired a PhD at A.M. Gorky Institute of World Literature in the Russian Academy of Sciences in Moscow. Galina also holds a certificate in Training Methods of Teaching Russian as Foreign Language from the Peoples' Friendship University of Russia.

Literature in the Russian Academy of Sciences. Galina also holds a certificate in Training Methods of Teaching Russian as Foreign Language from the Peoples' Friendship University of Russia.

Russian: Conversant

Dates: Mondays, Jan. 21 to April 1 (no class Feb. 18)
Time: 7:30 to 9:30 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA304 2019S C02

In this intermediate course, you will strengthen your conversation skills and expand your understanding of Russian grammar. We will also take advantage of online resources to further optimize your learning. Participants are expected to have some proficiency in Russian or to have completed Russian: Beginner (or the equivalent).


Instructor: Galina Sanaeva (see bio under Russian: Beginner)
Spanish: Introductory

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This introduction to Spanish is designed for those who have no previous knowledge of the language. Here, you will acquire basic pronunciation, vocabulary and grammar, as well as conversation skills through practice in pairs and small groups. Videos and audiovisual materials will enrich the content of your classes and teach important aspects of culture.


Instructor: Maria Elena Cuervo-Lorens (Jan. 22)

Maria Elena Cuervo-Lorens was born and raised in Mexico City, where she taught ESL before moving to Canada in 1976. She has always been connected with the education field, and has been teaching Spanish for more than 20 years in community schools and 11 years through Continuing Studies. She is also the author of Maria Elena’s Mexican Cuisine and Mexican Culinary Treasures.

Instructor: Alicia Brown (BA) (Jan. 23)

Alicia Brown was born in Mexico, where she worked as a civil engineer and a tutor before she came to Canada in 1992. Her involvement at UVic began in 1993, when she started as a lab monitor for the Hispanic and Italian Studies Department. Alicia has been teaching Spanish at Continuing Studies since 1998.

Spanish: Beginner

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This course is for those who have completed Spanish: Introductory, or have a basic knowledge of the language and wish to improve their written and speaking skills. This course gives you the opportunity to participate in class and strengthen your oral skills in a friendly atmosphere. Essential grammar points will also be covered.


Instructor: Dr. Gabriela McBee (Jan. 22)

Dr. Gabriela McBee was born in Cuba and raised in Mexico. After living in Germany and the United States she came to Canada and has been teaching at UVic since 1998. Dr. McBee has a PhD in Curriculum and Instruction and a BC Teaching Certificate. She also teaches Spanish language and a course on Indigenous Peoples in Latin America with the Department of Hispanic and Italian Studies. Dr. McBee has also taught German and English and worked in interpretation and translation. She enjoys teaching, and her greatest motivation is watching students grow as they learn.

Instructor: Maria Elena Cuervo-Lorens (Jan. 23, April 16) (see bio under Spanish: Introductory)

Instructor: Alicia Brown (April 16) (see bio under Spanish: Introductory)
Spanish: Advanced

Instructor: Gabriela McBee (Jan. 24, April 18) (see bio under Spanish: Conversant)
Instructor: Maria Elena Cuervo-Lorens (April 5) (see bio under Spanish: Introductory)

Dates: Thursdays, Jan. 24 to March 28
Time: 7 to 9 pm
Register by: Tuesday, Jan. 15
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA425 2019K C02

Dates: Wednesdays, April 17 to June 19
Time: 1 to 3 pm
Register by: Friday, April 5
Duration: 10 sessions
Fee: $222 plus $11.10 GST
Code: ASLA425 2019K C01

This advanced conversation class is intended for those who have completed Spanish: Conversant or have a high intermediate to advanced level. This class is geared to help you maintain your fluency and further enrich your vocabulary. Typical activities will include oral presentations and discussion of current events.

Instructor: Gabriela McBee (Jan. 24, April 18) (see bio under Spanish: Conversant)
Instructor: Maria Elena Cuervo-Lorens (April 5) (see bio under Spanish: Introductory)

DISCOVER THE WORLD WITH OUR GUIDED EDUCATIONAL TOURS

Discover the pleasures of learning while you explore fascinating and spectacular areas of the world where you and a small group of fellow travelers are led by academic guides, who share their knowledge of and enthusiasm for the destinations.

What makes our Travel Tours unique?

- Each tour is accompanied by an academic guide who is an expert in their field
- Pre-tour classes where you’ll learn about your tour’s focus, get answers to all your practical questions and meet your travel companions
- Small groups – maximum of 25 passengers per tour
- An experienced tour coordinator travels with you to ensure that everything runs smoothly
- Gratuities to drivers and guides are included in the tour price

Our Travel Study program offers educational travel to destinations around the globe. Itineraries are chosen carefully to offer a safe and comprehensive way to explore history, culture, nature, and the arts through visits to sites not usually available to travelers and to those well-known sites.

Join us! We welcome all interested persons, regardless of educational background – you don’t need a prerequisite for this university program! These tours will appeal to you if you want more from your travel experience than standing in lines or shopping for souvenirs.

Included in your tour:

- Return airfare and comfortable land transportation
- Accommodation
- All admissions and excursions
- Many meals, as indicated in tour itinerary
- Baggage handling at hotels, where available

FOR MORE INFO:
World Languages
250-721-8630
uvcs.languages@uvic.ca
continuingstudies.uvic.ca/languages

Berlin: City and Culture

May 7 to 20, 2019

Join us on this 14-day adventure to explore Berlin's vibrant culture, history, art, architecture, music, film and fashion scenes. The tour is designed for anyone interested in Berlin and its cultural and historical heritage. Discover the city through literary and musical references and by visits to various museums, collections, monuments, memorials and historical buildings.

As you experience the marvels of this city you will gain an appreciation of the diversity that historical and contemporary Berlin has to offer. As the capital of the former Prussian Empire, Berlin was divided by the Allies into four zones after WWII and served as the backdrop of many Cold War films. Check Point Charlie is only one of the memorable locations where history is on display in a museum and on the street.

Along with the city’s rich repertoire of theatre, opera, ballet, symphony and other concerts and performances, there are also many free public events to explore.
Amsterdam to Paris, A Musical Journey
Sept. 18 to Oct. 1, 2019

Join us on this 14-day musical adventure to two of Europe's best-loved cities of culture: Amsterdam and Paris. Among the highlights of our trip will be a performance of Amsterdam's Concertgebouw Orchestra, in one of the world's acoustically outstanding concert halls. We plan to include a Paris National Opera production and a concert of the Radio Philharmonique de Paris. There may also be opportunities to attend performances by the Jazz Orchestra of the Concertgebouw, the Prazak String Quartet in the Concertgebouw Recital Hall and chamber music concerts in venues such as the stunning Sainte-Chapelle and the Salle Pleyel in Paris.

Our journey between Amsterdam and Paris will enable a stop in Antwerp as well as a stop-over in Brussels. Day trips outside of Amsterdam and Paris will be included in the itinerary. Our visits to the superb musical instrument museums in Paris and Brussels with your knowledgeable academic guide will bring a new appreciation and understanding to the world of the performing musician.

Academic Resource: Mary Byrne, PhD, is an active teacher, adjudicator, lecturer, recorded artist and published author. With the Victoria Conservatory of Music, Camosun College and her own Piccolino Studio, she boasts thriving studios and classrooms of students at all ages and stages of musical interest. She is a regular performer with the Victoria Symphony.

FOR MORE INFO:
Travel Tours
250-721-8827
jaking@uvic.ca
continuingstudies.uvic.ca/travel

DO THESE TOURS INTEREST YOU?
The following tours are being considered for 2020.

Georgia O'Keeffe in New Mexico,
Spring 2020

Academic Resource: Kerry Mason (MA) is an art historian and author who lectures in the Department of History in Art, UVic.
Dive in and explore nature's perspectives...

Science and Ecological Restoration

**Marine Birds**

- **Dates:** Feb. 7 to March 7
- **Time:** Lectures: Thursdays, Feb. 7 to March 7 (5 lectures), 7 to 9 pm
- **Field Trips:** Sundays, Feb. 24 and March 3 (2 field trips), 9 to 11 am
- **Duration:** 7 sessions
- **Fee:** $125 plus $6.25 GST
- **Code:** ASSC201 2019S C01

This series of lectures, illustrated with slides and dramatic video presentations, is ideal for birders and naturalists interested in learning more about local marine birds and bird behaviour. Discover fascinating secrets about how marine birds live and feed. We will focus on unique and interesting biological and behavioural information that will capture the imagination of both amateurs and professionals.

Instructor: James Clowater (BSc, MSc)

James Clowater is an ornithologist who specializes in the behavioural ecology of marine birds.

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**Love Among the Feathers and Diving Birds Revealed**

- **Date:** Sunday, Feb. 9
- **Time:** Lecture: 10 am to noon
- **Field Trip:** 2 to 3:30 pm
- **Duration:** 2 sessions
- **Fee:** $45 plus $2.25 GST
- **Code:** ASSC213 2019S C01

The romantic adventures of resident waterbirds are examined in this power point and video presentation by local ornithologist James Clowater. Birds rely on a beautiful visual language of displays to defeat their rivals and impress their mates. Slow motion video helps to reveal the complex syntax of postures that is the language of love to birds. Diving birds have adapted to an underwater environment that is often dark, dangerous, and demanding. Learn about the challenges presented by the ocean and adaptive solutions. Why do cormorants have to dry their wings? How can a murre dive to 212 metres and survive the pressure? Can birds fly underwater? These questions and more will be answered in this entertaining presentation.

Instructor: James Clowater (see bio under Marine Birds)
Birding Basics I: Songbirds
Dates: April 25 to May 16
Time: Lectures: Thursdays, April 25 to May 16 (4 lectures), 7 to 9 pm
Field Trips: Sundays, May 5 to 19, (3 field trips) 9 to 11 am
Duration: 7 sessions
Fee: $125 plus $6.25 GST
Code: ASSC226 2019K C01
This is a series of four two-hour lectures and three field trips, ideal for those interested in discovering the pleasures of bird-watching. Learn about choosing binoculars, the best field guides, identification by visual and auditory cues (songs and calls). Classes will cover the major bird groups seen around Victoria’s backyards, forests, ponds and shoreline habitats.
Instructor: James Clowater (see bio under Marine Birds)

FOR MORE INFO:
Bird Identification and Behaviour
250-472-5442
bida@uvic.ca
continuingstudies.uvic.ca/bird

ECOLOGICAL RESTORATION

Green Shores™ Training
Protecting shorelines in the face of climate change and sea level rise has largely focused on building seawalls and dikes. While these structures provide protection in the short term, they’re expensive and often contribute to erosion and habitat loss at other locations along the shoreline. As an alternative to hard armouring solutions like seawalls, the Green Shores program provides practical strategies for shoreline design and management, and the promotion of healthy shoreline environments. Open to homeowners and shoreline professionals, these one- and two-day workshops provide information about the Green Shores program, including its rationale, benefits and application. Topics covered include shoreline ecology and governance, Green Shores™ credits and ratings systems, and a visit to local shorelines to consider the concepts in a practical setting.

FOR MORE INFO:
Ecological Restoration
250-721-8458
artssci1@uvic.ca
continuingstudies.uvic.ca/ECO

Tuning Forks to Rainbows: The Science of Sound, Light and Colour
Dates: Mondays, Jan. 28 to Feb. 25
(no class Feb. 18)
Time: 3 to 5 pm
Duration: 4 sessions
Fee: $80 plus $4 GST
Code: ASSC250 2019S C01
Leave any lingering physics phobia at the door as you participate in these engaging presentations on sound, light and colour. We’ll explore wave phenomena from sound waves to spectrosopes, and enjoy learning the scientific laws that govern our lives. Classes include anecdotes of well-known scientists: their lives, methods, discoveries and foibles. Each session combines interactive demonstrations with student participation. Bring your questions and curiosity!

Instructor: Peter Hopkinson
Peter Hopkinson taught introductory physics to adults for many years at Vancouver Community College and has recently taught Continuing Education physics courses at UVic. He promotes an understanding of the underlying concepts rather than traditional computation.

Introduction to Chemistry
Dates: May 13 to June 28
Duration: 7 weeks
Fee: $182.50 plus $9.13 GST
Code: ASCH091 2019K D01
This online tutorial course is designed to provide background for those who intend to enrol in a university-level introductory chemistry course. If you do not have the equivalent of Chemistry 12, you may be allowed to use this course to fulfill that prerequisite.

Prerequisites: successful completion of Principles of Mathematics 12 or Pre-Calculus 12, and Chemistry 11, or their equivalents. Transcripts must be provided to the Division of Continuing Studies to show completion of these courses before permission to register is granted.

Instructor: Monica Reimer

FOR MORE INFO:
General Science and Math
250-472-5442
bida@uvic.ca
continuingstudies.uvic.ca/GEN
adapt and change, but planning a garden design need not be a complicated task. With some simple tools and the right sequence of steps, even the novice gardener can achieve a workable plan. Jeff de Jong teaches landscape design courses, and has developed this class to assist the gardener who wants to learn how to create their own garden design. This class will teach you the steps needed to complete the process and be able to apply these tools to your own garden project no matter how big or small. This class is a stand alone class but it is recommended that you may find the class "In the Mood" to be of great benefit.

Instructor: Jeff de Jong (see bio under Turn Work Into Play)

### In the Mood

- **Date**: Wednesday, March 20
- **Time**: 7 to 9 pm
- **Duration**: 1 session
- **Fee**: $28 plus $1.40 GST
- **Code**: ASSC282 2019S C01

Every time you purchase a plant or object for the garden you are indirectly adding to the mood of the garden space. A garden is many things to many people. Not all of us want to experience the space in the same manner. When you create a space that is your own expression of self you should capture the mood of that space. There are some subtle and obvious ways that this can be achieved. Jeff de Jong will take you on this journey to explore the way your self expression is influenced by living and non-living elements. Learn why even the smallest choices may have big consequences and effects.

Instructor: Jeff de Jong (see bio under Turn Work Into Play)

### Medieval to Renaissance: The Evolution of Botanical Illustration

- **Dates**: Wednesdays, April 10 to 24
- **Time**: 7 to 9 pm
- **Duration**: 3 sessions
- **Fee**: $70 plus $3.50 GST
- **Code**: ASSC245 2019K C01

This course surveys the astonishing historical range and visual diversity of the art of depicting flowers and other plants in paintings, prints and drawings. From early times through the Medieval and the Renaissance, plants have been an important theme for artists and illustrators in Europe, the Americas and the East. We will explore this fascinating history from early rather stiff and unnatural illustrations of medieval herbal and codices into the 18th Century when the Linnaean style of drawing brought a more accurate and clinical portrayal of plants inspiring what came to be known as the ‘golden period’ of botanical illustration.

Instructor: Susan Hawkins (BA, MA, PhD)

Susan Hawkins has a BA, MA, and PhD (abd) in Art History and Visual Studies. She is a certified Landscape Horticulturist and Master Gardener, garden designer and horticultural historian. Her passion for plants and gardens has inspired her work as a horticulture professional in private and public gardens and in the restoration of historical gardens at Government House, St. Ann’s Academy and the Art Gallery of Great Victoria’s Japanese Shinto Garden.

### Nature Explorations at Yellow Point Lodge

- **Dates**: Monday to Friday, April 22 to 26
- **Location**: Yellow Point Lodge
- **Fee**: $995 plus $49.75 GST (based on double occupancy)
- **Code**: ASRP012 2019K E01

This program is now full—please contact us if you would like to be on the wait list.

Coordinator: Anne L. Fraser

### Trees of Victoria I: Conifers

- **Dates**: Thursdays and Sundays, June 13 to July 7
- **Time**: 7 to 9 pm
- **Duration**: 6 sessions
- **Fee**: $110 plus $5.50 GST
- **Code**: ASSC261-1 2019K C01

The streets and parks of Greater Victoria are adorned with many beautiful trees. While Vancouver Island has only 34 native species of trees, in the city we can encounter over 500 species. Trees in horticultural plantings could be from anywhere in the world. The tree you are admiring could be a blue atlas cedar from the Atlas Mountains of Morocco, a deodara cedar from the western Himalayas, or even a dawn redwood, a tree only known from fossils until its rediscovery in China in 1944. The vast diversity of possible origins greatly complicates the task of identifying trees in an urban environment. In this series you will learn the basics of tree identification and where to find featured species in Victoria and the surrounding area.

Instructor: James Clowater (see bio under Marine Birds)

### FOR MORE INFO:

Horticulture and Nature Tours
250-721-8458
artsci1@uvic.ca
continuingstudies.uvic.ca/HORT
to a symbol of the coast and its survival. We are now faced with using scientific knowledge and protective measures to prevent their small population from declining into extinction.

Instructor: Rianna Burnham (see bio under Evolution, Biology and Ecology of Marine Mammals)

FOR MORE INFO:
Marine Science
250-472-5442
bida@uvic.ca
continuingstudies.uvic.ca/MAR

OUR CHANGING OCEANS SERIES

SERIES REGISTRATION
Dates: Thursdays, March 7 to 28
Time: 10 am to noon
Duration: 4 sessions
Fee: $75 plus $3.75 GST
Code: ASSC257 2019S C00

This course consists of four stand-alone sessions: you can register for a single session or receive a discounted rate if you register for the entire series.

Humans are intimately connected to the global ocean: we rely on it for food, energy, transportation, jobs, recreation and even oxygen. Despite covering over 70 percent of the planet, providing a home to two million of Earth’s species, and containing some of the world’s tallest mountains and deepest valleys, the ocean is largely unexplored and holds many secrets to fully understanding our planet. Increasing human population and world economic activity have resulted in accelerated exploitation of Earth’s resources and direct and indirect impacts to the global ocean. Additionally, as population densities in coastal areas increase, so too does the need to better understand and respond to ocean-related natural disasters such as earthquakes and tsunamis. Linking elements of chemistry, physics, biology and geology, these sessions will look at a number of ocean issues of societal concern and how technology is allowing us to better understand our changing ocean. Each session will include a 1.5-hour lecture followed by 30 minutes of discussion.

Life Below Water: The UN’s Sustainable Development Goal 14
Date: Thursday, March 7
Time: 10 am to noon
Duration: 1 session
Fee: $21 plus $1.05 GST
Code: ASSC257-1 2019S C01

The world’s oceans; their temperature, chemistry, currents and life; make the Earth habitable for humankind. How we manage this vital resource is essential for humanity as a whole. The UN Sustainable Development Goals (SDGs) aim to protect the planet, end poverty and ensure that all people enjoy peace and prosperity. Goal 14, Life Below Water, strives to sustainably manage and protect marine and coastal ecosystems from pollution, as well as address the impacts of ocean acidification. This talk introduces the goal and how we can all help achieve it.

Instructor: Dwight Owens (BA, MA, University of Colorado)

Dwight Owens has over 25 years’ experience in design and development of rich media and interactive education, largely science-related. An Ocean Networks Canada member since 2008, he is immersed in ocean science, working with geophysicists, marine ecologists, oceanographers, seismologists and tsunami modellers.

Seeing in the Deep Sea
Date: Thursday, March 14
Time: 10 am to noon
Duration: 1 session
Fee: $21 plus $1.05 GST
Code: ASSC257-2 2019S C01

Ocean Networks Canada has been operating cabled deep-sea observatories in the northeast Pacific since 2006, with many sites collecting video and still imagery data. Manual analysis has revealed many exciting discoveries in this data set, from the feeding behaviour of elephant seals at 1000 m to ecosystem response to changes in oxygen. The ever-growing archive of imagery data now holds over 90,000 hours of video—far too much for manual analysis—which has motivated the development of crowd-sourcing and automated methods. Come and find out what we see in the deep sea!

Evolution, Biology and Ecology of Marine Mammals

This course will cover the who’s who of marine mammals: who they are, where they came from, how they live and how to identify them. We will explore the adaptions and life histories that make marine mammals so superbly tailored to ocean life. Lectures will use the instructor’s collection of skulls and other bones, as well as slides, video and other visual aids to help describe ecology and life processes, including how marine mammals breathe, keep warm, travel and find food. The course will focus on marine mammals common to the BC coast; however, there will also be examples of the more rare and fascinating visitors.

Instructor: Rianna Burnham (BSc, MSc)

Rianna Burnham is an environmental scientist specializing in marine ecosystems and mammal ecology.

NEW Resident Killer Whales: Their Story is Not That Black and White

Date: Thursday, March 21
Time: 7 to 9 pm
Duration: 1 session
Fee: $45 plus $2.25 GST
Code: ASSC283 2019S C01

This presentation is a primer to understanding the situation faced by southern resident killer whales in our coastal waters. The discussion will start by looking at the natural history of the group, followed by its history of threats, complemented by a look at the evolving human appreciation of the species, where attitudes have changed from seeing them as deadly pests
Instructor: Dr. Maia Hoeberechts

Dr. Maia Hoeberechts is the Associate Director, Learning Community Engagement at Ocean Networks Canada. She is active in building Ocean Networks Canada’s involvement in community-based research, citizen science and community-university engagement.

**Introduction to Sounds in the Sea and How It Impacts Marine Life**

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This lecture will introduce sound in the sea, with lots of pictures, sounds, video and no math. The lecture will address why sound is important to sea life, how sound can travel great distances in the ocean, and where the sound comes from. Example sounds from different species, including humans will be played. We will discuss and demonstrate the echolocation used by orca to hunt and the impact of shipping noise on the orca’s ability to hunt and communicate.

Instructor: Dr. Tom Dakin

Dr. Tom Dakin started his career in the Canadian Forces trying to track Russian submarines during the Cold War. He then took over research and development of ocean sensors at AML Oceanographic for 17 years. He is now the Sensor Technologies Development Officer at Ocean Networks Canada.

**Thunderbird and Whale: BC’s Next Big Earthquake and Tsunami**

<table>
<thead>
<tr>
<th>Date:</th>
<th>Thursday, March 28</th>
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<tbody>
<tr>
<td>Time:</td>
<td>10 am to noon</td>
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<tr>
<td>Duration:</td>
<td>1 session</td>
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<tr>
<td>Fee:</td>
<td>$21 plus $1.05 GST</td>
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<td>Code:</td>
<td>ASSC257-4 2019S C01</td>
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On the evening of 26 January 1700, the West Coast of North America was rumbling and shaking, and very large ocean waves washed far inland. Several First Nations remember this as the battle between a Thunderbird and a whale. If modern geologists understood these stories earlier, it would not have taken until the late 1980’s to realize that the greatest earthquakes and coupled tsunamis on earth are actually happening right off our coast. This is a lecture on ghost forests, strange marine deposits and our modern understanding for how the next big one will unfold. Are we prepared?

Instructor: Dr. Angela Schlesinger

Dr. Angela Schlesinger completed her PhD at the University of Victoria’s School of Earth and Ocean Sciences from 2007 to 2013 in marine geophysics. She is a scientific data specialist at Ocean Networks Canada supporting projects related to seismology and tectonics. She has previously taught an ESL geology and environmental sciences course at Royal Roads University. Before that Angela worked as a marine acoustician for JASCO Applied Sciences Ltd. for three years (2014-2017).

Instructor: Dr. Teron Moore (MA, BA)

Teron Moore is an emergency manager and planner dedicated to earthquake, tsunami, and marine safety programs. After earning a Bachelor’s degree from the University of Victoria and working as a forest fire fighter in BC’s interior, he earned his Master’s degree in Disaster and Emergency Management from Royal Roads University. His role at Ocean Networks Canada includes exploring the practical application of science and technology towards enhancing public safety.

Instructor: Dr. Martin Scherwath

Dr. Martin Scherwath is a senior staff scientist at Ocean Networks Canada supporting research projects on gas hydrates and seabed dynamics.

**FOR MORE INFO:**

Our Changing Ocean Series
250-472-5442
bida@uvic.ca
continuingstudies.uvic.ca/changing-oceans
CAMPUS SERVICES

Centre for Accessible Learning
The Centre for Accessible Learning (CAL) is responsible for providing leadership in the delivery of student-focused accessible learning models and delivers training and education to further the university’s commitment to provide equal access to all academic programs. CAL provides advice and consultation on the university’s legal and regulatory compliance with the BC Human Rights Code, the Ministry of Advanced Education, and University policy and procedures. CAL is a core academic support unit for both students and faculty and as such, consults in areas such as universal instructional design to increase accessibility on campus.

Students who encounter barriers to their academic work may require academic accommodations. Appropriate documentation is required to register with the CAL, and in order to request academic accommodations. A diagnosis of disability alone does not guarantee academic accommodations.

The Learning Assistance Programs (LAP) offer fee-based programs for all students:
- Learning Strategist program
- Tutor Matching program
- Note-taking program

FOR MORE INFO
Campus Services Building Hours: 8 am–4 pm, Monday through Friday
250-472-4947 | infocal@uvic.ca
uvic.ca/services/cal

University Centre Farquhar Auditorium
University Centre Farquhar Auditorium is the largest performing arts venue located on campus, presenting high profile music, theatre, dance and performances by many community groups. It is also home to all UVic convocation ceremonies. Student Rush Tickets are available for select shows 10 minutes prior to showtime for $10. Students are encouraged to follow the Farquhar Auditorium’s Facebook and Twitter for more information on upcoming shows and on Student Rush Tickets availability (facebook.com/UVicFarq and twitter.com/UVicFarquhar).

FOR MORE INFO
250-721-8480 | uvic.ca/farquhar

University Food Services
University Food Services (UNFS) operates the following:
- Arts Place, Fine Arts Building
- BiblioCafé, McPherson Library
- Cap's Bistro & Village Market, Cadboro Commons
- Commons Kitchen, Cadboro Commons
- Court Café, Fraser Building
- Halftime, CARSA
- Mac's, MacLaurin Building
- Mystic Market, University Centre (10 outlets)
- Nibbles & Bytes Café, Engineering Lab Wing
- SciCafé, Bob Wright Building
- Village Greens, Cadboro Commons

When students, faculty and staff use their ONECard Flex Funds at any UNFS outlet*, they receive a 5% discount on their purchase. Campus guests may obtain a GUESTCard from the ONECard Office that also provides 5% off purchases at all UNFS outlets*.

You may add Flex Funds to your ONECard at uvic.ca/food or in-person at the ONECard or UNFS Office.

*Please note that purchases made at the Village Market or General Store are exempt from the 5% discount.

Food Services also has a registered dietician on staff who oversees menu development, teaches cooking classes, and coaches students and the campus community on various dietary needs. To provide feedback or book a complimentary appointment with the dietician, email eat@uvic.ca.

FOR MORE INFO
250-472-4777 | eat@uvic.ca | uvic.ca/food

University of Victoria Legacy Art Galleries
The Legacy Art Gallery Downtown is UVic's primary gallery space and is free and open to the public. The gallery presents rotating exhibitions and programs that focus on the university’s remarkable art collection. Teaching and research spaces have been added to the facility, which continues to showcase the Michael C. Williams collection, as well as other material from the university's rich and diverse collections. The Legacy Art Gallery is a lively and engaging centre for art that is easily accessible to the community and enables students to study both art and curatorial practice.

Legacy Maltwood (at the Mearns Centre—McPherson Library on campus) is located on the lower level of the McPherson Library. Gallery hours are the same as the library. This gallery is a storage, reference and exhibition facility dedicated to the permanent collection of works of art on paper. Exhibitions draw from the permanent Collection and rotate regularly. The Legacy Maltwood Gallery is free and open to the public.

FOR MORE INFO
Legacy Art Gallery Downtown
630 Yates Street, Victoria
Gallery hours: 10 am–4 pm, Wednesday–Saturday
250-721-6562 | legacy.uvic.ca

UVic Alumni Association
The UVic Alumni Association represents all graduates of the University of Victoria, including graduates of diploma and certificate programs. We encourage active, lifelong involvement in the university’s teaching, research and community outreach efforts.

The association offers a host of benefits and services that link alumni with their university. Visit us and learn about our events, programs and services. The UVic Torch Alumni Magazine is mailed free of charge twice each year and we distribute a monthly electronic newsletter to all alumni who provide us with their email address.

FOR MORE INFO
250-721-6000 | alumni@uvic.ca | alumni.uvic.ca

UVic Bookstore/Blink Print/Computer Store/Finnerty Express Café
A variety of items essential to academic success are on hand. We stock new and used texts, as well as digital versions when available. All textbooks requested by faculty are stocked in the store. Textbook listings are available in-store and online, three weeks before the beginning of each term. At the beginning and end of each term, the Bookstore buys back used texts at up to 50% of the new retail price if they are in demand. Texts in demand are listed on our website.

The Bookstore’s general book department carries a comprehensive selection of both academic and general titles and can special order any book currently in print that is not currently stocked. The Bookstore also handles regalia rentals for graduates, offers a wide selection of contemporary UVic crested clothing, school and stationery supplies, and has a unique gift section.

Blink Print is a wide format print shop located on the lower level of the Bookstore. They offer the most affordable large format printing on campus which includes presentation posters, signs, banners, decals and more. Blink’s services are open to the public as well as the campus community.

FOR MORE INFO
250-721-6565 | bookstore.uvic.ca

For more information, please visit our website at uvic.ca.
The Computer Store carries a wide selection of laptops, hardware and accessories.

Finnerty Express Café, located on the lower level, sells organic, fair-trade Salt Spring coffee, a variety of teas, locally baked goods, lunch selections and cold drinks.

FOR MORE INFO
Bookstore/Computer Store: Monday–Friday, 8:30 am–5:30 pm; Saturday, 11 am–5 pm 250-721-8311 | uvicbookstore.ca

Finnerty Express Café: Monday–Friday, 7:30 am–7 pm; Saturday, 11 am–5 pm 250-472-4594

Mearns Centre for Learning – McPherson Library

The Mearns Centre for Learning – McPherson Library provides a comfortable, positive and welcoming learning environment for students and allows cold food and covered drinks in most areas. Continuing Studies students taking any non-credit course are eligible to borrow library materials. Visit the Loan Desk to set up your free community card and start exploring the libraries’ resources with borrowing privileges.

FOR MORE INFO
UVic Libraries, borrowing and resources: uvic.ca/library
Loan Desk: 250-721-8230 | loandesk@uvic.ca
Students residing outside Victoria, contact Distance Learning and Research (Infoline): 250-721-6488 | infoline@uvic.ca

VISITING THE UVIC CAMPUS

The University of Victoria encourages visitors to use sustainable transportation to get to campus: transit, walking, cycling and carpooling. For detailed information on travel choices available to you, please visit: uvic.ca/sustainability/topics/transportation/drivingalternatives.

Buses

The campus bus terminal is located beside the Campus Services Building, Finnerty Road. The campus is served by the following bus routes:
4 UVic/Downtown via Douglas, Hillside and Henderson
7 UVic/Downtown via Fairfield, Foul Bay and Henderson
11 UVic/Tillicum Mall via Arbutus, Uplands, Cadboro Bay, Fort, Douglas and Gorge
12 UVic/University Heights via Cedar Hill, Kenmore, Tyndall, San Juan, Arbutus and Finnerty
13 Ten Mile Point/University Heights via McKenzie, UVic, Finnerty, Sinclair, Cadboro Bay, Arbutus

14 UVic/Vic. General via Cedar Hill X-Road, Richmond, Fort, Douglas, Bay, Craigflower and Helmcken
15X UVic/Downtown
Esquimalt via Foul Bay, Yates/Fort and Douglas Esquimalt
16X Limited Stop Service—UVic/Uptown via McKenzie, Pat Bay Highway to Uptown
17 Cedar Hill Special—Mon. to Fri.
26 UVic/Dockyard via McKenzie, Saanich Road, Boleskine, Harriet, Burnside, Tillicum, Lampson and Esquimalt Road
33 UVic from James Bay via Fort, Richmond and Cedar Hill X Road—when UVic is in full session
39 UVic/Royal Roads via McKenzie, Shelbourne, Mt. Doug Park, Royal Oak, Interurban, Helmcken, Wilkinson, Old Island Highway and Western Exchange—evening and weekend trips to Royal Oak Exchange only
51 UVic/Langford Exchange via McKenzie, Trans Canada Hwy, Old Island Hwy and Kelly Road
76X Swartz Bay Express: UVic/Swartz Bay Ferry Terminal via McKenzie and Pat Bay Highway—early Fri. afternoon from UVic, and late Sun. afternoon and evening from Swartz Bay only. Operates only when UVic is in full session

FOR MORE INFO
BC Transit: 250-382-6161 | bctransit.com
For the most current changes to routes, visit the website and use Google trip planner.

Campus safety

Campus Security Services is committed to promoting a safe and welcoming environment to enhance the well-being of students, staff, faculty and visitors, and to protect all university property. Campus Security Services is open 24 hours a day, seven days a week. A “safe haven” is located just inside their front doors should you need help at any time. SafeWalk services are available any time to anyone wanting an escort within campus boundaries. Campus Alone is available 24 hours a day for individuals who work/study in isolated areas on campus and are concerned about their personal safety. Security Officers act as First Responders trained to handle all medical emergencies. Crime prevention, personal safety information and workshops are available.

Reminders:
• Be alert and aware of your surroundings
• Trust your instincts
• Plan your route and vary it, if possible
• Park in well-lit areas
• Keep your vehicle locked
• Wallets and purses are attractive targets to thieves—don’t leave unattended
• Have your keys ready before you get to your vehicle
• Check interior of vehicle before entering

FOR MORE INFO
Campus Security Services: 250-721-7599 | web.uvic.ca/security
Personal Safety Coordinator: 250-721-8981

Emergency procedures – just in case

Although major emergencies on campus are unlikely, it’s a good idea to be prepared. Here are a few tips to help you respond when the unexpected happens.

1. If you have access to My Page, sign up for UVic Emergency Alerts and receive emergency text messages. Visit uvic.ca/alerts for more info.
2. Use texting, not calls, to tell people you’re safe.
3. At the time of an emergency, check the UVic website at uvic.ca for information.
5. Fire? Pull the fire alarm and get out of the building—follow the instructions of the emergency coordinators wearing safety vests.
6. Damaging earthquake? Drop, Cover and Hold On. Do not leave the building until the shaking stops. Go to the playing fields behind CARSA and stay away from the buildings.
7. Threat of violence? Protect yourself by getting out, hiding or as a last resort—fight.
8. If you evacuate a building take your wallet, keys and mobile phone with you.
9. If you see something, say something—call 911 or Campus Security Services: 250-721-7599 to report an emergency or unusual behaviour.

Parking

Pay parking is in effect Monday to Saturday, 24 hours. Pay by Licence (PBL) is now in effect on campus, visitors will be required to enter their licence plate at the parking dispenser at the time of purchase. Parking permits may be purchased at any of the parking permit dispensers located in lots outside Ring Road or in advance online at parking.uvic.ca.

These permits are valid only in the General Parking areas in numbered lots only, not at parking meters or Reserved Parking areas. The lots inside Ring Road are for Reserved permit holders until after 4:30 pm weekdays, at which time General permit holders may park. The “after 4:30” rule for General Parking permits does not apply to the areas marked “24-hour Reserved.” Dispensers accept both coin and credit cards.

There are a number of short-term, coin-operated parking meters provided for visitor use.

FOR MORE INFO
Campus Security Services: 250-721-6683
uvic.ca/security/parking
How to register

Online registration
VISIT: continuingstudies.uvic.ca/register
To register online, please visit the secure registration process on our website. Search for a course by name or by topic and then follow the instructions for purchase via our Shop Cart.

Walk-in registration
Register at the Continuing Studies Building (see campus map on back page). Office hours are weekdays, 8:30 am to 4:30 pm.
University of Victoria
3800 Finnerty Road
Continuing Studies Building
(Corner of Ring and Gabriola Roads)
2nd Floor Reception
Victoria, BC V8P 5C2

Phone registration
CALL: 250-472-4747
Weekdays 8:30 am to 4:30 pm

Mail registration
Print and fill out the registration form found online at continuingstudies.uvic.ca/RegForm and mail to:
University of Victoria
Division of Continuing Studies
PO Box 1700 STN CSC
Victoria, BC V8W 2Y2

Registration reminders
• Provide account number, CVD number, expiry date and signature if paying by credit card.
• Notify us of an address change.
• Make cheques payable to University of Victoria.
• If a course is full, your registration will be placed on a waiting list.

Registration process
To avoid disappointment, register as soon as possible. Many courses fill up quickly while others will be cancelled one week prior to the start date if they do not meet their minimum enrolment. If we are unable to register you in a course because it is full, you will be placed on a waiting list and contacted if a space becomes available. Your payment will not be processed unless space is available for you in the class.

Registration payment
All registrations must be accompanied by full payment: cash/debit card (in person only), cheques, money orders, Visa, MasterCard and American Express. Phone/online registrations are by credit card only.

Goods and Services Tax
Some Continuing Studies courses are subject to Goods and Services Tax (GST). If GST is payable, it is indicated alongside the tuition fee in the course description.

Confirmation and classroom location
After you register, you will receive a confirmation receipt with the classroom location, date and time. Most courses are held on campus. If you have not received your confirmation receipt by the day before the class begins, please call 250-472-4747 for help locating the classroom.

Scents and perfumes
In consideration of others, please refrain from using scented products in classrooms.

Tuition fee tax deductions
Keep your confirmation receipt as it is your official income tax receipt. Your tuition fees may be tax deductible if the total fees paid to UVic in a calendar year exceed $100. You may combine the fees of more than one course so their total exceeds the $100 minimum.

Cancellations, withdrawals, refunds
The Division of Continuing Studies reserves the right to cancel/reschedule courses or other offerings without notice, and to establish special regulations for admission to non-degree programs or courses. If a course or offering is cancelled/rescheduled, the liability of the Division of Continuing Studies is limited to a refund of your course fee, or, if desired, transfer to another offering.
To withdraw from a course, let us know in person or by phone (250-472-4747), at least:
1. Seven days prior to the first meeting of a short-term, intensive course, workshop or conference, with limited enrolment.
2. Prior to the second class when a course meets once or twice weekly over a period of several weeks.

Depending on your method of payment, a refund will be either mailed to you or credited to your credit card. The Canada Revenue Agency requires that we request the return of your original receipt.
If you withdraw from a course, an administrative fee may be charged for processing. The amount may vary according to the type of course, but will be a minimum of $15.

Note: Some programs have special refund policies as printed in their individual course descriptions.

Bursary program
Each term the Division of Continuing Studies offers bursaries totalling $1,000 to assist learners in furthering their education. Bursaries will be awarded to learners who can display evidence of a commitment to lifelong learning and who can demonstrate financial need.
Applications are available on our website at: continuingstudies.uvic.ca/bursary or in person:
University of Victoria
3800 Finnerty Road
Continuing Studies Building
(Corner of Ring and Gabriola Roads)
2nd Floor Reception
Victoria, BC V8P 5C2

Term application deadlines:
Jan. 15 and Aug. 15

HOLIDAY CLOSURE
The University of Victoria is closed on statutory holidays and from Dec. 25 to Jan. 1 (inclusive). You may still register online during the holiday periods.

Unless otherwise noted, classes will not be held on statutory holidays.

FOR GENERAL INQUIRIES
CALL 250-472-4747