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Encouraging new perspectives...

26TH ANNUAL

Current Concepts in Dentistry

▶ Nov. 7–10, 2026

▶ Earn up to 28 dental continuing education credits

UVIC
UNIVERSITY OF VICTORIA

continuingstudies.uvic.ca/28DentalCEcredits

Welcome to the 26th Annual Current Concepts in Dentistry

This year's sessions will allow you to stay current in your profession by providing you with continuing dental education on the following topics:

Day 1, Nov. 7: The All-Ceramic and CAD/CAM Update for the Contemporary Restorative Dental Practice by Dr. Ariel Raigrodski

Day 2, Nov. 8: Better Medicine, Better Dentistry: Becoming a Better Prescriber by Dr. Mark Donaldson

Day 3, Nov. 9: Understanding Orofacial Pain, TMD, and Sleep Disorders for Better Patient Care by Dr. Edmund Liem

Day 4, Nov. 10: Hot Topics in Oral Pathology by Dr. Sara Gordon

Daily schedule

Nov. 7–10, 2026

8–8:30 am	Registration and refreshments
8:30 am–noon	Presentation (with mid-morning break)
Noon–12:30 pm	Lunch (provided)
12:30–4 pm	Presentation (with mid-afternoon break)

26 years of excellence

Special acknowledgement to our academic advisory committee: Dr. William Bourque, Dr. Margaret Choy, Dr. Alex Darrach-Cottick, Serena Gardner, Dr. Anita Gadzinska-Myers, Dr. Andrea Harbeck and Dr. Kay Fung-Wang.

A special tribute to Dr. Bhardwaj, who was a practitioner, visionary and collaborator of the Current Concepts in Dentistry program.

The members of the academic advisory committee have no relevant financial relationships with commercial interests to disclose.

► Why should you attend?

- Learn from instructors who are experts in their fields
- Gain practical dental education you can apply to your practice
- Earn up to 28 CE credits in four days
- Network with colleagues from across Canada and the US
- Enjoy Victoria BC, the city of gardens

► What else will you take away?

Seven hours of continuing education credits will be awarded per day of attendance. You may attend one day, selected days, or all four days for a maximum of 28 continuing education credits.

► Where is the program held?

The sessions take place at the beautiful campus of the University of Victoria, which is about six kilometres from downtown Victoria with frequent, accessible bus services available. Those driving to campus may purchase parking permits at kiosks located in each campus parking lot. Classroom locations and a campus map will be provided in advance of the program.



A great university, a great city.



University of Victoria

uvic.ca

UVic is rated one of the top universities in Canada, welcoming over 22,000 students each year. The park-like campus is comfortable, lively and located just five minutes from the beach and 20 minutes from downtown Victoria.



City of Victoria

tourismvictoria.com

Boasting one of the mildest climates in Canada, Victoria is a year-round destination that offers a friendly, safe haven for all visitors. The wild beauty of the Pacific coast and adventures in the great outdoors are within city limits and ocean and mountain vistas will follow you wherever you go.

Basic Life Support (BLS)*



Offered on site, 4 to 8 pm
Sunday, November 8

Basic Life Support (BLS) includes the recognition of, and initial intervention or treatment given by pre-hospital or in-facility responders to a patient suffering from cardiac arrest or respiratory arrest. The BLS curriculum truly supports the delivery of high performance, team-based professional-level resuscitation. Our BLS course is industry driven, designed as a robust resuscitation training program geared toward high quality CPR in a team environment, and recognizes the nuances of multidisciplinary teams with varied experiences. This program does not cover basic CPR training—it is designed to train professionals to respond to cardiac and breathing emergencies for adults, children and infants. The Canadian Red Cross Basic Life Support certificate is valid for one year.

Fee: \$150 per person | Course Code: HPPD270

BLS Refund Policy: Course withdrawal must occur by Oct. 14, 2026 for a refund minus a \$35 administration fee. There will be no refund for withdrawal after Oct. 14, 2026.

**NOTE: This course is only offered to dental professionals attending the Current Concepts in Dentistry program.*



**Don't miss our
Early Bird savings!**

See registration details on page 10

The All-Ceramic and CAD/CAM Update for the Contemporary Restorative Dental Practice

Saturday, Nov. 7: 8:30 am to 4 pm | Code: HPDS005-1 2026F C01

The purpose of this course is to provide evidence-based knowledge addressing the evolution of all-ceramic materials (mainly zirconia and lithium-disilicate) in terms of esthetics and physical properties. It will demonstrate how to facilitate soft tissue health and esthetics with such materials for various treatment modalities with emphasis on implant-supported restorations. It will highlight how the advent of CAD/CAM technology supports the design and fabrication of these restorations in the dental laboratory, highlighting zirconia-based restorations. The course will address concepts of restoration design (layered, monolithic, and hybrid designs) for all-ceramic restorations and how appropriate restoration design may alleviate clinical complications. It will describe the newer, more translucent as well as multi-layered zirconia systems and their role in the restorative practice while enhancing more conservative patient care. Finally, this course will address the unique properties of zirconia as restorative material in implant dentistry. It will focus on the use of CAD/CAM technology as part of interdisciplinary treatment planning and for surgical and restorative treatment, enhancing treatment outcomes, patient experience, and long-term management.

Learning objectives

- Gain understanding and knowledge of various evolving mainstream contemporary all-ceramic materials
- Treatment plan patients for all-ceramic restorations while discussing their advantages and limitations, and while attaining more predictable yet conservative and esthetic results
- Gain understanding of design and fabrication techniques available and how the advent of CAD/CAM technology and digital workflow supports the design and fabrication of such restorations for both tooth-borne and implant-supported restorations



Instructor: Ariel Raigrodski, DMD, MS, FACP is a diplomate of the American Board of Prosthodontics and maintains a full-time private practice limited to aesthetic, restorative, and implants dentistry in Lynnwood, WA. He is also an affiliate professor at the Department of Restorative Dentistry at the University of Washington. He is assistant editor

of the Journal of Prosthetic Dentistry and a member of the editorial review boards of many other journals. Dr. Raigrodski is a graduate of the Hebrew University in Jerusalem, Israel. He received his certificate in prosthodontics at Louisiana State University School of Dentistry, where he also completed a fellowship in implants and esthetics, and an MS degree.

Dr. Raigrodski has no relevant financial relationships with commercial interests to disclose.

Better Medicine, Better Dentistry: Becoming a Better Prescriber

Sunday, Nov. 8: 8:30 am to 4 pm | Code: HPDS005-2 2026F C01

This course is designed to illustrate how uniting the medical, dental and pharmaceutical fields ultimately leads to “Better Medicine, Better Dentistry.” Wouldn’t it be nice to go to a continuing education course that gives you the tools to be more successful starting on Monday morning? Wouldn’t it be great to be known as the dentist who offers excellent, safe and anxiety-free dentistry? Wouldn’t you like to be more confident in all of your prescription writing knowing that you are on the cutting edge, and that you are evidence-based and guideline-driven? This is that course. In recent years, the use of oral benzodiazepines such as triazolam and lorazepam (with or without nitrous oxide) for the diminution of perioperative anxiety and fear in dental patients has increased. This interactive course reviews guideline-based and appropriate prescribing tenets to keep our patients safe and comfortable. Case studies will augment the delivery of key points, and a problem-based learning approach is encouraged so that each participant’s questions are addressed. After all, if an adverse event occurs in your office, who is more at risk—you or your patient?

Learning objectives

- Discuss the principles of pharmacokinetics and pharmacodynamics
- Describe the three key benefits of local anesthetic buffering and how this can be done at chair-side
- Understand the mechanism of action and pharmacological properties of the benzodiazepine family of medications
- Recognize the essential drugs recommended for the minimal dental emergency kit and how to use them
- Appreciate the overall safety of nitrous oxide—oxygen inhalational sedation and how to counsel and advise staff on measuring and minimizing any potential occupational exposure



Instructor: Mark Donaldson, BSP, RPH, PHARM D, FASHP, FACHE is a clinical professor at the University of Montana, clinical associate professor at the Oregon Health & Science University, and affiliate faculty in dentistry at the University of British Columbia (UBC). He has practiced as a clinical pharmacy specialist, clinical coordinator, and director of pharmacy

services at many healthcare organizations in Canada and the United States. He is currently associate principal of clinical pharmacy for Vizient’s Advisory Solutions, and lives in Whitefish, Montana.

He received his baccalaureate degree from UBC and his doctorate in clinical pharmacy from the University of Washington. He has lectured internationally to both dental and medical practitioners focusing on dental pharmacology and therapeutics and is a leader in the field.

Dr. Donaldson has no relevant financial relationships with commercial interests to disclose.

Understanding Orofacial Pain, TMD, and Sleep Disorders for Better Patient Care

Monday, Nov. 9: 8:30 am to 4 pm | Code: HPDS005-3 2026F C01

For many, the terms orofacial pain, temporomandibular disorders (TMD), and obstructive sleep apnea (OSA) are mysterious. These chronic conditions significantly impact the physical and mental health of patients. Understanding these conditions is invaluable for healthcare practitioners and their aides. This course will introduce you to these conditions and their interrelations. It will discuss their prevalence and symptomatology, illustrating how these conditions affect patients' health and quality of life. The course will also cover treatment approaches, options and prevention strategies. Several case studies will be presented.

Learning objectives

- Recognize the signs and symptoms of orofacial pain, TMD and sleep disorders
- Understand the prevalence and correlations between these conditions
- Comprehend the impact of these conditions on the physical and mental health of patients
- Gain a basic understanding of the TMJ functional anatomy
- Develop insight into treatment options and outcome expectations for these conditions



Instructor: Edmund Liem, DDS graduated from the University of Nijmegen in the Netherlands in January 1979. He practiced general dentistry privately in the city of Nijmegen until 1994. In 1994, he moved to Canada and continued his general practice in Chilliwack, BC, until 2016. He pursued his interest in orthodontics, TMD, and sleep disordered

breathing, accumulating over 2,000 hours of continuing education in these fields. He has earned six diplomates and three fellowship statuses from various organizations. Dr. Liem is a past president of the Canadian Chapter of the American Academy of Craniofacial Pain (AACFP). His current professional passion lies in disseminating knowledge about the significant and often underrated role that dentistry plays in pediatric and adult sleep disorders. He is currently retired from clinical practice. His last office was in Burnaby, BC, focusing exclusively on treating pediatric and adult craniofacial and sleep disorders.

Dr. Liem has no relevant financial relationships with commercial interests to disclose.

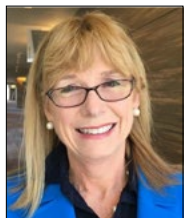
Hot Topics in Oral Pathology

Tuesday, Nov. 10: 8:30 am to 4 pm | Code: HPDS005-4 2026F C01

What brave new worlds are looming in oral pathology diagnosis and treatment? In this course, we will look at key developments pertinent to diseases of interest in dental practice, including mucosal and salivary gland conditions with an emphasis on malignancies. Some are still promising proposals that must withstand rigorous testing. Others offer true advances in understanding disease pathogenesis, diagnosis and treatment. We will also take a clinically focused look at current evidence-based links between oral cavity health and broader systemic health.

Learning objectives

- Identify key advances in understanding the pathogenesis, diagnosis, and management of oral mucosa and salivary gland diseases, especially malignancies
- Identify technologies and methods that can have an evidence-based impact on oral pathology diagnosis and treatment in dental practice
- Discuss technologies and methods that may be promising for the future but have not yet been proven effective for application to oral healthcare
- Discuss evidence-based links between oral cavity health and broader systemic health.



Instructor: Sara C. Gordon, DDS, MS, FRCD, FDS-RCS, DABOMP is a specialist in oral pathology (in the USA and Canada) and oral medicine (in Canada). Before specializing, she was a full-time general dentist in Nova Scotia for nearly a decade. She is professor emerita at the University of Washington School of Dentistry in Seattle, WA, and a former associate

dean for academic affairs. For over 40 years, Dr. Gordon has taught oral pathology, oral diagnosis, and oral medicine; practiced in oral medicine clinics and participated in oral pathology biopsy services at universities in the US and Canada (University of Illinois Chicago, University of Detroit Mercy, University of Western Ontario, and Dalhousie University). She has authored 100+ peer-reviewed papers, book chapters, and abstracts on oral health. She is a commissioner of the US Joint Commission on National Dental Examinations and a member of the dental education council for the Royal College of Surgeons of Edinburgh, Scotland, of which she is a fellow. She is also a fellow of the Royal College of Dentists of Canada and a diplomate of the American Board of Oral and Maxillofacial Pathology.

Dr. Gordon has no relevant financial relationships with commercial interests to disclose.

Savvy Early Birds can register before Oct. 16, 2026 and save up to \$400!

Fees include tuition, refreshment breaks and lunch <i>(ALL FEES IN CANADIAN DOLLARS)</i>		Early Bird fee to Oct. 16	Regular fee to Nov. 6	Early Bird savings
Dentist (per person)	1 day	\$745	\$895	17%
	2 days	\$1,490	\$1,790	17%
	3 days	\$2,235	\$2,685	17%
	4 days (Full program)	\$2,595	\$2,995	14%
Allied Professional (per person)	1 day	\$345	\$395	13%
	2 days	\$690	\$790	13%
	3 days	\$1,035	\$1,185	13%
	4 days (Full program)	\$1,195	\$1,325	12%
Nov. 8, 4–8 pm	Basic Life Support (BLS)*	—	\$150	—

*Code: HPPD270; see page 5 for details

NOTE: Walk-in registrations after Nov. 6 will be subject to an additional 10% on the regular fee.

How to register

ONLINE:
continuingstudies.uvic.ca/28DentalCEcredits

CALL:
250-472-4747

The Division of Continuing Studies reserves the right to cancel/reschedule courses or other offerings without notice and to establish special regulations for admission to non-degree programs or courses. If a course or offering is cancelled/rescheduled, the liability of the Division of Continuing Studies is limited to a refund of the course fee or, if desired, transfer to another offering. The relevant law for all matters concerning this program shall be the law of the Province of British Columbia, Canada.

If you must withdraw due to unforeseen circumstances, please phone 250-472-4747 at least five working days prior to commencement of the course to receive a refund. Dentists will be charged a \$75 administration fee per day of withdrawal, and allied personnel will be charged a \$40 administration fee per day of withdrawal.

The University of Victoria collects personal information on its registration form pursuant to the *University Act*, RSBC 1996, c.468 and section 26 of the *Freedom of Information and Protection of Privacy Act*. The information you provide is used for the purposes of admission, registration and other decisions relating to your Continuing Studies program. For details on how the information is used, contact Continuing Studies or read UVic Policy 4400, Access to Student Records at: uvic.ca/registrar.

A blue-tinted photograph of a dental clinic. In the foreground, a white dental sink with a chrome faucet is visible. In the background, a dental chair is partially visible, and various dental instruments are hanging on a wall.

**EARN 28 DENTAL
CONTINUING EDUCATION CREDITS**

A blue-tinted photograph showing a close-up of a dentist's hands in blue gloves. The dentist is using dental instruments to examine a patient's teeth. The patient is smiling and looking towards the camera.

**LEARN FROM EXPERTS
IN THE FIELD**

A blue-tinted photograph of a waterfront in Victoria, BC, at night. The water is calm, reflecting the lights from the buildings and the street. In the background, the large, ornate dome of the British Columbia Parliament Buildings is prominent. A bridge spans across the water in the middle ground.

**SPEND AN EXTENDED WEEKEND
IN VICTORIA, BC**

A blue-tinted photograph of a group of people in professional attire networking in a bright, modern indoor space. They are standing and talking to each other. The background shows large windows and a clean, minimalist design.

**NETWORK WITH
COLLEAGUES**



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The University of Victoria designates this activity for seven continuing education credits per day.